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27 SEPT-3 OCT 2025

TV & Satellite Week

EXCLUSIVE!

Blue Lights

Grace and the gang return to take down Belfast's crime lords

NEW

THE LOST BUS

Matthew McConaughey and **America Ferrera** are caught in a deadly wildfire

NEW

NINE BODIES IN A MEXICAN MORGUE

Don't miss this twisted survival drama!

HotList This week's 28

Saturday 27

Panda Plan

***COMEDY** Sky Premiere, 9am & 6.20pm*

Despite being 70 during filming, Jackie Chan (above) still does his own stunts in this comedy that sees him play a version of himself who adopts a baby panda, not knowing a crime syndicate is after the bear...

Premier League

***FOOTBALL** TNT Sports 1 & Sky Sports Premier League*

In a busy day of action, there's Brentford v Manchester United (k-o 12.30pm), Nottingham Forest v Sunderland (k-o 5.30pm) and Spurs v Wolves (k-o 8pm).

Strictly Come Dancing

***ENTERTAINMENT** BBC1, 6.55pm*

This year's pro-celebrity pairings take to the dance floor for their first routine in front of the judges, who will be keeping their eyes peeled for natural movers and those with two left feet. *See feature, p12*

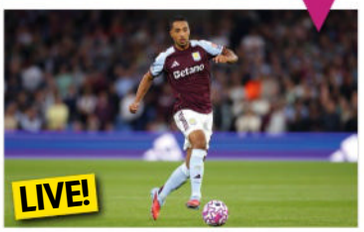
Nine Bodies in a Mexican Morgue

***DRAMA** BBC1, 9.25pm (box set, BBC iPlayer)*

Eric McCormack (above) stars in a thriller about strangers who are marooned after a plane crash. *See feature, page 6*

Full listings start on **p35**

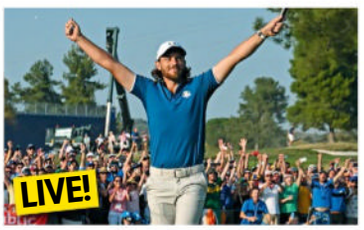
Sunday 28



Premier League

***FOOTBALL** Sky Sports Main Event & Sky Sports Premier League*

Today's Super Sunday matches are Aston Villa against Fulham at Villa Park (k-o 2pm) before Newcastle United entertain Arsenal at St James' Park (k-o 4.30pm).



Ryder Cup

***GOLF** Sky Sports Golf & Sky Sports Main Event, from 5pm*

On the final day at Bethpage Black in New York, can Team Europe pull off a win on US soil for the first time since their historic comeback at Medinah in 2012?

Eva Longoria: Searching for Spain

***FACTUAL** BBC2, 8.20pm (box set, BBC iPlayer)*

The actor (above) takes a pilgrimage to explore Spain's culture, history and cuisine in this eight-part travelogue.

The Disappearance of Jay Slater

***DOCUMENTARY** C4, 9pm*

The family of 19-year-old Jay Slater, who disappeared after a night out in Tenerife last summer, search for answers about what happened to him in his final hours.

Full listings start on **p45**

Monday 29

Blue Lights

***CRIME DRAMA** BBC1, 9pm (box set, BBC iPlayer)*

The Belfast-set police drama returns for a third series, with response officers Grace, Annie and Tommy drawn into the world of organised crime. *See feature, page 4*

Secrets of the Brain

***DOCUMENTARY** BBC2, 9pm (box set, BBC iPlayer)*

Professor Jim Al-Khalili (above) takes us on a two-part journey as he traces the evolution of the brain, from basic building blocks to today's sophisticated organ.

Task

***THRILLER** Sky Atlantic, 9pm*

Tom (Mark Ruffalo, above right) is suspicious that someone on his team is not being truthful, as the operation to track down drugs gang the Dark Hearts continues. *See feature, page 12*

Will & Ralf Should Know Better

***FACTUAL** U&Dave, 10pm (box set, U)*

Ralf Little and Will Mellor (both above) take on more challenges, starting with some tank driving and wheelchair basketball. *See Documentaries, page 21*

Full listings start on **p55**

Tuesday 30

Chad Powers

***COMEDY** Disney+*

Glen Powell (above) stars as a promising footballer who, after his arrogance leads to an unforgivable mistake in a crucial game, dons a disguise to make a sporting comeback. *See Your Watchlist, page 16*

Women's World Cup

***CRICKET** Sky Sports Main Event & Sky Sports Cricket, from 10am*

The 50-overs-a-side competition gets under way with a group match between the two host nations, India and Sri Lanka. *See Sport Week, page 28*

Champions League

***FOOTBALL** TNT Sports & Prime Video*

Matchday two begins – Bodo/Glimt host Tottenham Hotspur, Chelsea face Benfica at Stamford Bridge (both TNT Sports, k-o 8pm), and Liverpool travel to Turkey to play Galatasaray (Prime Video, k-o 8pm).

Taylor

***DOCUMENTARY** C4, 9.15pm & 10.15pm*

Two-part documentary looking at the career and cultural impact of singer-songwriter Taylor Swift (above), who has transcended the realm of pop star to become a global icon like no other.

Full listings start on **p65**

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Wednesday 1

Champions League
***FOOTBALL** TNT Sports*
Three English teams are in action again this evening – Newcastle United travel to Belgium to play Union Saint-Gilloise (5.45pm), Arsenal host Olympiakos and Monaco entertain Manchester City (8pm).

Portrait Artist of the Year
***FACTUAL** Sky Arts, Sky Mix & Sky Showcase, 8pm*
The 12th edition of the painting contest hosted by Stephen Mangan (above, right). Tonight's sitters include *The One Show* host Alex Jones and singer Yungblud.

Grand Designs
***FACTUAL** C4, 9pm*
As Kevin McCloud (above) returns to document more self-build journeys he meets artist Sarah who wants to return to her roots and create a home/studio/gallery using sustainable materials.

Perfect Pub Walks with Alexander Armstrong
***FACTUAL** More4, 9pm*
The presenter (above) sets off on a series of scenic walks around Britain, in the company of some familiar faces, starting with James May. *See Documentaries, p20*

Full listings start on **p75**

Thursday 2

Europa League & Conference League
***FOOTBALL** TNT Sports*
Celtic host SC Braga (k-o 5.45pm). The 8pm kick-offs include Feyenoord v Aston Villa, Sturm Graz against Rangers and Nottingham Forest v FC Midtjylland.

George Clarke's Homes in the Wild
***FACTUAL** C4, 8pm*
For this new series, Clarke (above) is in Australia and New Zealand to discover creatively designed homes that fit in with their rugged and isolated surroundings.

Sharon & Ozzy Osbourne: Coming Home
***DOCUMENTARY** BBC1, 9pm*
Following the death of the rock star in July, this film charts the final chapter of his life, including footage of his last performance and contributions from his family.

All Creatures Great and Small
***DRAMA** 5, 9pm*
As the drama continues, James (above) is run ragged, splitting his time between Heston and Skeldale, while Siegfried is displaying some unusual behaviour...

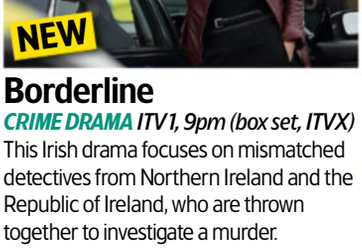
Full listings start on **p85**

Friday 3

The Lost Bus
***DRAMA** Apple TV+*
Matthew McConaughey (above, right) stars in a fact-based drama as a bus driver who has to get children to safety through a wildfire in 2018 – the deadliest fire in California history. *See Your Watchlist, p14*

Bridget Jones: Mad About the Boy
***ROMANTIC COMEDY** Sky Premiere, 6am, 2.10pm & 8pm*
The mother of two (Renée Zellweger, above) is not short of offers as she re-enters the dating game. *See review, p23*

Borderline
***CRIME DRAMA** ITV1, 9pm (box set, ITVX)*
This Irish drama focuses on mismatched detectives from Northern Ireland and the Republic of Ireland, who are thrown together to investigate a murder.
• ***Previously shown on MGM+***



How Are You? It's Alan (Partridge)
***COMEDY** BBC1, 9.30pm (box set, BBC iPlayer)*
Steve Coogan's broadcaster is back in Norfolk after a year in Saudi Arabia – and he's got a new girlfriend. *See feature, p8*

Full listings start on **p95**

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Hard-hitting police drama *Blue Lights* is back on the streets of Belfast

Shadow force

NEW CRIME DRAMA

Blue Lights

Monday, 9pm, BBC1 (box set, BBC iPlayer)

Writers Declan Lawn and Adam Patterson sit in a small meeting room on the first floor of (fictional) Blackthorn Police Station and consider the incredible journey they've been on over the past couple of years.

Since *Blue Lights* first appeared on our screens in 2023, the creators have seen the Belfast-based cop show become one of BBC1's most popular dramas, picking up a BAFTA for Best Drama Series earlier this year.

Following that success, Season 3 is set to be one of this autumn's most unmissable TV events, so when *TV&Satellite Week* was invited on set to watch filming, we jumped at the chance.

'Winning the BAFTA was such an overwhelming moment,' says Lawn. 'I hadn't anticipated that kind of recognition. *Blue Lights* is quite different, so I thought it would take a bit longer for people to work out what it's all about.'

MIDDLE-CLASS CRIME

Previously, the show – which follows new recruits in the Police Service of Northern Ireland (PSNI) – has focused on a republican crime family and a feud within the city's loyalist community. This time, however, the new six-parter takes us into a world of middle-class crime as the appetite for cocaine among Belfast's wealthiest residents causes a ripple effect that sees some of the city's most vulnerable being horribly exploited.

'It's our most ambitious season yet,' explains Lawn. 'Belfast is like a patchwork quilt of stories and we didn't want to just continually concentrate on working class areas, because that's not the truth of what the police are dealing with.'

In the opening episode, Shane Bradley (Frank Blake) and fellow PSNI officer Tommy Foster (Nathan Braniff) receive a call about an accountant collapsing at a private members' club after taking cocaine (see panel, right).

'Shane is a very different person to Tommy and they're still butting heads,' says Braniff. 'Tommy tries to play it by the book as much as he can, but sometimes if you bend the rules, you get more done and faster. We see him toying with that a little bit – what can he get away with without overstepping the mark?'

> **'It's our most ambitious season yet – and definitely darker'**
> DECLAN LAWN

Tommy, Grace Ellis (Siân Brooke) and Annie Conlon (Katherine Devlin) are about to end their probation and become 'real peelers'. However, after two years on the force, the trio are beginning to question their role and are considering where their future really lies.

'We spoke to a lot of PSNI officers to research the series and heard about a phenomenon called "two-year fade,"' explains Patterson. 'It's where people realise the job is a

WORDS: SEAN MARLAND. PHOTOS: BBC/TWO CITIES TELEVISION, ROMAN1998866/STOCK.ADOBE.COM

Tommy (Nathan Braniff), Annie (Katherine Devlin), Stevie (Martin McCann) and Grace (Siân Brooke)

Lindsay has a run-in with Grace

Sandra (Andi Osho), Aisling and Annie

constant roundabout of trauma, grief and violence, which begins to seep into their souls.'

Annie's thoughts are consumed by the plight of her terminally ill mother Bridie, who's just been discharged from hospital. She's also worried she's getting under the feet of Tommy and his girlfriend, officer Aisling Byrne (Dearbháile McKinney), with whom she shares a flat.

POWERFUL THEMES

Elsewhere, Grace and fellow constable Stevie Neil (Martin McCann), who have now been together for a year, find themselves at odds when they cross paths with Lindsay Singleton (Aoife Hughes), a runner for a local drug dealer.

'Grace remembers Lindsay from her time as a social worker,' explains Brooke. 'She thought she'd set Lindsay on the right path when she left to join the police. Her past life collides with her current one and through that, we start to understand where her determination to change things comes from.'

With its themes of child exploitation, cross-border trafficking and PTSD among police officers, the new series looks set to be the most gritty since the show began. But with a fourth instalment already commissioned by the BBC, the writers say the third season is part of a much larger story arc.

'It's definitely darker than the first two seasons,' admits Lawn. 'I think of it as like *The Empire Strikes Back* and Season 4 will be *Return of the Jedi*. *Blue Lights* still has that humour, solidarity and teamwork, but it begins to show the deep, personal cost of committing to the job.'

HEROES AND VILLAINS

Boiling Point **star Cathy Tyson (right) joins the cast this time around to play Dana Morgan, the manager of a Belfast private members' club, who has connections with ruthless drug dealer Fogerty (Charlie Maher).**

'Dana runs a club, but she's so much more than that,' reveals Tyson. 'Chillingly, she seems just like everybody else, but there's a sociopathic aspect to her personality. There's also a vulnerability. She's very rich, but she's trapped.'

Meanwhile, *Bad Sisters'* Michael Smiley (left) takes on the role of Paul 'Colly' Collins, an intelligence officer who's determined to penetrate Fogerty's criminal network.

'*Blue Lights* is different because it concentrates on the lives of its characters,' explains Smiley. 'The stories are fantastic, beautifully written and well researched. When I talked to some of the ex-police advisers that were on set, they said that everything on the page is what they do. It hasn't been made up by anybody. You can tell it's authentic.'

Plane crash survivors are targeted by a killer in a tense whodunnit starring **Eric McCormack and David Ajala**

Kevin Anderson
Eric McCormack
The fidgety medical equipment procurer has some useful skills, but is reluctant to step up under pressure.

Fight or flight

NEW DRAMA

Nine Bodies in a Mexican Morgue

Saturday, 9.25pm, BBC1 (box set, BBC iPlayer)

The survivors of a plane crash discover that the rainforests of Mexico are a hostile place to land in BBC1's gripping new thriller *Nine Bodies in a Mexican Morgue*. However, the biggest threat to their survival isn't the dangerous wildlife or the inhospitable surroundings – it's actually one of their own group, who is systematically murdering all of the others…

The six-part series is the latest project from *Magpie Murders* and *Foyle's War* creator Anthony Horowitz, and if the subject matter sounds significantly darker than his recent work, that's very much intentional on the writer's part.

'I have been keen for a very long time to break away from what's been called cosy crime,' Horowitz, 70, tells *TV&Satellite Week*. 'It's something I'm often accused of, but it's a term that I'm not particularly fond of, because I don't know of any way to murder somebody cosily. So I decided to write something a little more out there, more shocking – and I wanted a title that was really quite visceral.'

Eric McCormack as Kevin Anderson

David Ajala as Zack Ellis

DEADLY TWISTS

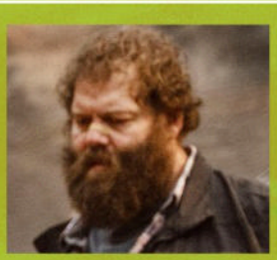
In the wake of the crash, insurance investigator Zack Ellis, played by *Star Trek: Discovery*'s David Ajala, takes charge of the survivors in a bid to keep them alive long enough for them to be found and rescued.

'Zack has some reluctance to become the leader, because he's just thinking about survival,' says Ajala, 39. 'He's not trying to take power or claim the limelight. He is just trying to be very pragmatic to sort out this situation. He's someone who is

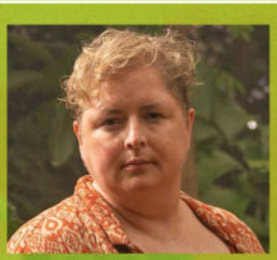
WORDS: STEVEN PERKINS. PHOTOS: BBC

WHO'S WHO IN *NINE BODIES IN A MEXICAN MORGUE*?

Sonja
Lydia Wilson
The enigmatic Brit doesn't want her fellow survivors to know anything about her life before the crash.



Travis Davies
Ólafur Darri Ólafsson
The co-owner of a chain of motels in Kansas and Oklahoma, who has recently experienced some health problems.



Lisa Davies
Siobhán McSweeney
Travis' wife and business partner is a fellow Trump supporter and has a tendency to be judgmental of others in the group.

Carlos Gárcia Méndez
Peter Gadiot
A professional Mexican wrestler, whose quiet and reserved demeanour creates suspicion.

Dan Maclean
Adam Long
Amy's protective husband, whose main priority is shielding her from whatever danger lurks in the jungle.

Zack Ellis
David Ajala
A level-headed insurance investigator whose calm, rational approach makes him the de facto leader of the survivors.

Amy Maclean
Jan Le
The newly-wed struggles to deal with the trauma of the crash, but cares about her fellow survivors' safety.

A murder mystery unfolds...

quite confident in what he speaks about, but that can be perceived in quite a negative way.'

At first, the group chalk the deaths up to natural causes, but panic begins to spread when they realise there could be a killer among them. The identity of the murderer is kept a mystery from the characters and viewers alike until the final episode – and Ajala decided that he would prefer not to know in advance either.

'I literally read each episode as we were shooting them, so from the start, I didn't know if I was the killer or not,' he says.

'I really liked the healthy challenge that brought. When my character is explaining things, he could absolutely be telling the truth, or he could be an impeccable liar, and having that kind of energy worked so well for me. I didn't realise who the killer was until I read the final episode a few days before we started to film it.'

Although the series is set in Mexico, filming actually took place in Gran Canaria, where the location lent itself perfectly to the diverse settings required by the script.

INTO THE JUNGLE

'The original idea was to film in the Mexican jungle, but there were many reasons why that was impractical, not least the health and safety of the actors,' says Horowitz. 'We started looking around and it was quite a tall order, because a mountain is a big part of the story, but we also needed to film a little bit in Houston, we needed a Lucha libre wrestling arena, and a Mexican army base with a morgue in it. In the end, Gran Canaria had the lot!'

The six episodes tell a self-contained story, but Horowitz hasn't ruled out the possibility of a follow-up if the series is a hit.

'It could be a franchise – the next one could be Nine Bodies in a Marseille Morgue!' he suggests. 'I like the format of showing a group of dead people, then flashing back to find out how they died. If this does well in the UK, who knows what I could be writing next?'

NEW COMEDY

How Are You? It's Alan (Partridge)

Friday, 9.30pm, BBC1
(box set, BBC iPlayer)

After four years away, veteran TV personality Alan Partridge bounces back this week when Steve Coogan's irascible comedy character returns to our screens.

Having left the BBC under a cloud, Alan has spent the past 12 months living in Saudi Arabia. Now back in his beloved Norfolk, he has loyal personal assistant Lynn (Felicity Montagu) by his side and new girlfriend Katrina (Katherine Kelly) on his arm, as he examines the nation's mental health for a six-part documentary series.

In this week's opening episode, the broadcaster volunteers at a soup kitchen, conducts a vox pop on the streets of Norwich and heads to his old radio station, North Norfolk Digital, to clear the air with former colleague 'Sidekick Simon' (Tim Key). But will he find the answers he's looking for? Here, Coogan, 59, tells us more…

Our **favourite broadcaster** is back in his beloved Norfolk

Partridge country

WORDS: SEAN MARLAND, ALISON SLADE. PHOTOS: BBC, ITV

Steve Coogan and Felicity Montagu

It's great to see Alan back. Would you like to meet him in real life? I wouldn't want to hang out with him. I don't think he's mean – just misguided. There are far worse people in Alan's world. He's pompous and thinks he's cleverer than he is, but everyone knows he's an idiot.

Tell us more about his new girlfriend, Katrina... Alan often bullies his assistant Lynn because he's quite misogynistic, but Katrina can put Alan on the back foot and wear the trousers.

Tim Key as Sidekick Simon

You created the series with Rob and Neil Gibbons. Why is it the right time to bring Alan back? If Rob, Neil and I have an appetite for it and we can keep the standard up, then we do it. We always want to do something different from previous series. Now Alan's been invented, we might as well run with it from time to time, because he's a good conduit to talk about popular culture and say things that are perhaps taboo.

How careful are you about the things that Alan can and can't say? Sometimes Alan says stuff that I find repellent – but sometimes he says stuff that I secretly agree with…

Is he scared of being cancelled? He can feel the walls closing in, so he's rapidly trying to think of an escape plan. In the movies they escape from Colditz by putting on Nazi uniforms and he believes he can put on a millennial uniform and slip by unnoticed.

You've played Alan for three decades. Does he ever feel like an albatross around your neck? At one stage he did, but then I went off and did some other stuff that had success [including a BAFTA for *The Trip* and an Oscar nomination for *Philomena*] and I felt like I'd got the monkey off my back. Now I come back and do Alan because I want to, not because I have to.

Do the lines sometimes blur? Sometimes I'll speak as Alan in my own head and then laugh at myself. There was actually a day during filming this series when I came in wearing a checked shirt and I went into the costume room and Alan's costume for the day was the exact same shirt. I thought, 'I guess it's finally happened.'

LOVE MATCH

Alan describes his girlfriend Katrina as 'one of the fittest women over 40 in Norfolk', but Katherine Kelly, who plays his new love interest, is keeping her character under wraps for now.

'I'm not allowed to say much about Katrina, but I wish I was, because it was such a joy to shoot the series,' says Kelly, 45, who became a Partridge fan in her teens. 'I was at school and everybody used to quote Alan's lines to each other. So I was really flattered when Steve said he had a part for me in this series.'

Katherine Kelly as Katrina

STORY OF THE WEEK

SOAP WEEK

This week's soaps at a glance

Will anyone be pleased to see Max?

EASTENDERS

Max returns... on Lauren and Peter's wedding day

» **Lauren and Peter** have been on and off more times than a faulty light bulb, and though the parents-of-two are now engaged, Lauren's left with doubts about their future after a chat with Penny… which makes things all the more awkward when she then heads to The Vic with her cousin and discovers that Peter has arranged a surprise wedding.

Stacey reaches a decision

Faced with her fiancé on bended knee and the locals all dressed up, Lauren reluctantly agrees to get hitched, and heads home to change into a bridal gown that Peter has bought her. Overwhelmed, she makes to flee, but later arrives at the pub, where more drama is on the cards thanks to estranged dad Max pitching up.

As Lauren works out whether to say 'I do', Max follows former lover Stacey back to the Slater house, but the latter is gobsmacked when she later catches him and Zoe in a clinch. Reminded of love rat Max's true colours, will Stacey finally accept brother Sean's invitation to make a fresh start with him in Brazil?

» **PLUS** Harry begs Nicola to help him escape Ravi's clutches, newcomer Jasmine makes an enemy of the Slaters, Priya helps Jean as she suffers a panic attack, and Cindy vies to confront Max for causing her son Steven's death.

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ALSO IN THE SOAPS THIS WEEK...

CORONATION STREET

» Debbie busts Abi and Carl's affair (above), Bethany returns from London, Theo goes AWOL after a row with Todd, Becky's presence irks Carla, Jenny tells a lie to get George's attention, and Tyrone returns home in a wheelchair.

EMMERDALE

» Robert has a mystery visitor (above), Vinny fears his secret will be exposed at Mike's trial, April's drug dealing puts Leo in danger, Aaron feels guilty when he forgets late sister Grace's birthday, and Celia upsets Paddy with a cruel joke.

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UC Universal Credit

Captains of comedy

Paul Merton and Ian Hislop celebrate 35 years of *Have I Got News for You*

NEW ENTERTAINMENT

Have I Got News for You

Friday, 9pm, BBC1

With its razor-sharp wit, irreverent attitude to current affairs and a revolving door of quality guests, *Have I Got News for You* has been must-see Friday-night TV ever since its debut on 28 September 1990. As the show returns to celebrate its 35th anniversary (and 70th series), Victoria Coren Mitchell is in the hosting hot seat as team captains Ian Hislop and Paul Merton take a satirical look at the week's biggest news stories.

Here, the duo share their highlights from working together…

What are your standout moments from the show's history?

Merton Ian once told a joke in Latin – there's no other series on the BBC that masquerades as a prime-time show and would feature a joke in Latin.

Hislop My favourite was when US comedian Jackie Mason thought I was a runner. I was walking around the studio with a cup of tea and he came up and took it. When we appeared on the set later, he looked at me and said, 'Why are you on?'

William Shatner (above) and Peter Cook

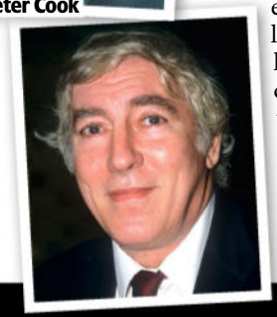
What makes for a good guest?

Hislop I really enjoyed William Shatner. He managed to libel Ilfracombe, for which he had to apologise.

Merton He didn't apologise…

Hislop We apologised! But he was a brilliant host.

Merton He did a very good job considering he had no idea who we or the people in the news were. Generally actors are great at it because they are used to sharing the stage with other people. David Tennant is superb.



Who's the one guest that thrilled you both?

Merton Peter Cook. When you have a comic hero from when you're young, and you then meet them, nothing quite beats that thrill.

Hislop It was incredibly exciting. He was like Paul in that he answered no questions about the news. It was just brilliant and reminded me why some people are geniuses.

Apparently Sir Paul McCartney is a huge fan of the show…

Merton That's great. I mean, Paul McCartney has given me a great deal of personal pleasure over the years… and I like his music as well! I've met him five times and it was only on the fifth time that I was able to talk like a normal person. For Ian, it would be like meeting [Tory MP and newspaper editor] Bill Deedes who was on the show.

Hislop I was incredibly excited.

Merton He didn't take a selfie; he had a brass rubbing done.

Do you wind down together after filming?

Merton Yes, I drink Irish stout.

Hislop And I'll have a glass of sherry, possibly… We once went out for a drink with Carol Vorderman and Steph McGovern after a recording and I made it into the tabloids!

WORDS: ELAINE REILLY. PHOTOS: ALAMY, BBC

LOOK WHO'S BACK...

A familiar face appearing in a new role this week

Eva Longoria

NEW **Eva Longoria: Searching for Spain**

Sunday, 8.20pm, BBC2 (box set, BBC iPlayer)

Born in Texas in 1975, Eva Longoria began as a soap star on *The Young and the Restless* before her breakthrough role as cheating Gabrielle Solis in *Desperate Housewives* (2004-12). Since then, she's guest-starred in *Brooklyn Nine-Nine*, *Empire* and *Only Murders in the Building* and toured Mexico for food travelogue *Eva Longoria: Searching for Mexico*.

HER NEW APPEARANCE

This week, Longoria explores her roots again as she begins a culinary trip around Spain, tasting its flavours and immersing herself in its culture. In this first of eight episodes, she heads to Barcelona where she makes meatballs and squid in a restaurant kitchen, before exploring the surrounding region, sampling seafood and enjoying a dish rustled up by world-renowned chef Ferran Adrià. 'Eleven generations ago, one of my ancestors left Spain for the New World,' says Longoria. 'Now, 400 years later I'm back to see how the land and its people have created one of the world's most exciting cuisines.'

Longoria in Spain

WORDS: HANNAH DAVIES, NATASHA HOLT, RICHARD MCCLURE. PHOTOS: BBC, ITV, SHUTTERSTOCK, SKY

Dancing queen

Doctor Who star **Alex Kingston** gets set for *Strictly*

LIVE ENTERTAINMENT

Strictly Come Dancing

Saturday, 6.55pm, BBC1

Alex Kingston has had an extraordinary career ranging from Dr Elizabeth Corday in *ER* to time-travelling River Song in *Doctor Who*, but she's always wanted to grace the iconic *Strictly* dance floor.

Now, following the launch show that saw her partnered with Johannes Radebe, she's getting ready for her dance debut in the BBC1 extravaganza's first live show this week. And, although there's no elimination until next week, that won't stop her feeling the pressure…

Kingston in *Doctor Who*

Here, Kingston, 62, tells us about her preparation…

Is *Strictly* something you've always wanted to do? Yes. Funnily enough Sarah Hadland [*Miranda*] and I did a play together in 2021 and at the time we both admitted that we'd wanted to do *Strictly* for ages. And then when I saw her on the show last year, I just thought, 'Wow!'

Did she give you any advice? Yes, I reached out to her because I wanted to speak to somebody who'd actually gone through it. She was really honest about the pros and cons of the journey and it was great because it allowed me to make a really well-judged decision. She obviously had *such fun*!

How are you finding the dance training so far? It's tough. There's no room to be distracted.

How are your nerves ahead of this week's first live show? I thought when we got onto the studio floor that I'd suddenly feel very intimidated because, even though it's almost like a theatre, you've got the TV cameras. But actually, I felt quite comfortable in the space. The only worry is the stairs because they're twice as long as they look on telly!

Is there a dance you're most looking forward to? Anything Latin. But my plan is to create a character and a story for every dance so that it's like I'm doing a scene in a play. That's the only way I'm going to get through it.

Agent Tom Brandis (Mark Ruffalo) heads up the unit

DRAMA

Task

Monday, 9pm, Sky Atlantic

Troubled FBI agent Tom Brandis (Mark Ruffalo) suspects there's a mole within the heart of his ragtag task force as Sky Atlantic's gritty seven-part US crime drama *Task* continues this week.

Violent drugs gang the Dark Hearts seem to be one step ahead of Tom's rookie team, with both sides of the law frantically trying to hunt down drug-house robbers Robbie (Tom Pelphrey)

Is there a **secret informant** in Tom's FBI task force?

Broken trust

Alex Kingston takes to the floor

and Cliff (Raúl Castillo), while also tracing the whereabouts of Sam, the six-year-old who survived the botched heist.

But when Tom's task force edges closer to the perpetrators by faking a drugs deal with Cliff, the Dark Hearts once again end up beating them to their target. Can Tom identify the informant before his whole operation falls apart?

NATURAL ABILITY

'The Dark Hearts put pressure on Tom as the walls close in around him,' explains *Task* showrunner Brad Ingelsby. 'Tom's superpower isn't that he's a great agent – he's not exceptionally perceptive or an ace interrogator – it's his view of the world that makes him different from every other agent. His superpower is his empathy. He's a spiritual guy, a thinker.'

The Wisconsin-born Ruffalo spent hours working with a voice coach to perfect his character's distinctive Philadelphia dialect.

'There's nothing like it. It's like the north meets the south, with a bit of mid-Atlantic – it's the craziest dialect I've ever heard,' says the 57-year-old, who also put on nearly three stones to play the role of the grief-stricken and damaged law enforcer.

'I ate a lot of Philly cheesesteak sandwiches and I just put a bunch of weight on,' he reveals. 'Then when I went in for my camera test, the producers saw me and their jaws hit the ground. They were like, "We don't want to see Mark Ruffalo like this!" But I think it's these impediments that make Tom such a dynamic FBI agent because he makes up for it in other ways. Tom is a good agent because of his compassion with people and his ability to interview them.'

WHAT ELSE CAN I WATCH?

We search the TV schedules to uncover the shows you might have missed...

NEW Borderline

Friday, 9pm, ITV1 (box set, ITVX)

When a body is discovered on the Irish border, strait-laced Ulster detective Philip Boyd (Eoin Macken) is forced to team up with his foul-mouthed Republic of Ireland counterpart Aoife Regan (Amy De Bhrun). Can they put aside their clashing personalities to solve the case?

• *Previously shown on MGM+*

Portrait Artist of the Year

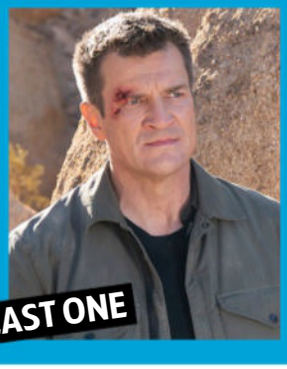
Wednesday, 8pm, Sky Arts, Sky Mix & Sky Showcase

NEW

As the art competition returns, Stephen Mangan (right) is joined by judges Tai Shan Schierenberg, Kathleen Soriano and Kate Bryan. Among the sitters will be James May, Jack Dee and Dame Mary Berry, while the first batch of artists are tasked with capturing presenter Alex Jones, musician Yungblud, and *We Might Regret This* star Kyla Harris.

The Rookie

Tuesday, 9pm, Sky Witness



LAST ONE

Season 7 of the US procedural signs off with John Nolan (Nathan Fillion, right) and Nyla Harper (Mekia Cox) on the trail of jewel thief Oscar Hutchinson, who has escaped from prison. When Nolan is held hostage in the desert by the dangerous criminal, Harper must resort to an ingenious way to save her cop colleague. The show has been renewed for Season 8 and will return next year.

TV&Satellite Week newsletter

SUBSCRIBE to our weekly newsletter to get top TV picks on what to watch.

PLUS US drama guide – discover which US series are on which day, channel and season!

What are you waiting for?

SCAN THE CODE or visit bit.ly/TVSWnews

NETFLIX

prime

BBC iPLAYER

Disney+

4

sky box sets

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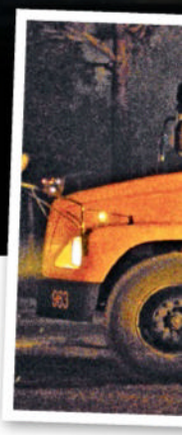
Mary and Kevin face a battle

America Ferrera and **Matthew McConaughey** must lead a busload of schoolchildren through a deadly wildfire

Driving into DANGER



tv+ The Lost Bus

NEW *Available:* *Friday 3 October*
Genre: *Action drama*

On 8 November 2018, a faulty power line sparked the deadliest and most destructive wildfire in California history, reducing the town of Paradise to ashes and resulting in 85 deaths.

Yet amid the tragedy, stories of heroism emerged. Among them, how two strangers – bus driver Kevin McKay and teacher Mary Ludwig – were thrown together, risking their lives to guide more than 20 children on a school bus through the raging inferno to safety.

Now, the stirring tale has been turned into an Apple TV+ action movie, *The Lost Bus*, starring *True Detective*'s Matthew McConaughey as Kevin and *Ugly Betty*'s America Ferrera as Mary.

As the movie begins, driver Kevin's life is full of turmoil. His father has just died, his mother Sherry (McConaughey's real mother Kay McCabe McConaughey) has failing health, and his teenage son Shaun (McConaughey's actual son Levi McConaughey) hates him. On a rare overtime shift on his bus, Kevin races home to his family as soon as he hears about the wildfire engulfing Paradise.

UNCONTROLLABLE FLAMES

'Kevin is driving the bus home to get Sherry and Shaun to safety – then he gets a call from dispatch to say 23 kids are stranded at a school across town,' says McConaughey, 55.

Brought to life with jaw-dropping special effects, *The Lost Bus* takes the viewer on a rollercoaster ride as Kevin hits the gas to rescue the children, driving at breakneck speed through acres of burning forest.

'Kevin's failed in so many areas of his life because he didn't follow through with something. Now, with the fire coming towards them, he realises if you want to get through hell, you've got to keep going,' says McConaughey, who won a Best Actor Oscar in 2014 for *Dallas Buyers Club*.

The movie is co-written and directed by Paul Greengrass (the Bourne franchise) and produced by Hollywood star Jamie Lee Curtis, who was inspired by author Lizzie Johnson's book about the tragedy.

'I'd read an article about Lizzie's book, then the next day, heard her on the radio – it felt like kismet,' says Curtis, 66, whose own neighbourhood of Pacific Palisades was caught up in the California wildfires

earlier this year. 'I called producer Jason Blum and told him, "I want to turn this story into a film – it will be the most important thing we'll ever do as filmmakers."'

Since the fire, Paradise has begun the long process of rebuilding. It now has a new high school and thousands of new homes, along with an emergency alert system to warn of future fires.

'Every person in Paradise was a hero – from the first responders and every mother who evacuated her kids, to the 85 people who lost their lives trying to save others,' says Curtis. 'It's a story of resilience, with Paradise now a surviving, thriving community.'

What we're watching...

The shows being enjoyed by the *TVSW* team

NCIS: Tony & Ziva

Genre: Drama Season: 1
Episodes: 10 (released weekly)

Fans of *NCIS*'s on-off couple Tony DiNozzo (Michael Weatherly) and Ziva David (Cote de Pablo) finally get their longed-for spin-off series and the chemistry between the pair is as sizzling as ever in this bright and breezy show. Flashbacks reveal what happened after Tony was reunited with Ziva, who had faked her own death to protect their young daughter. Now living in Paris, but not together, the pair are soon racing around Europe as fugitives from Interpol after being framed.

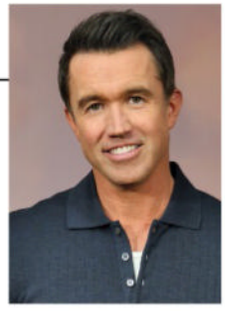
Highest 2 Lowest

Genre: Thriller
Episodes: One-off

Denzel Washington (right) gives a solid performance as a music mogul faced with the dilemma of whether to pay a fortune to get back the kidnapped son of his trusted chauffeur in Spike Lee's thriller.

It's Always Sunny in Philadelphia

Genre: Comedy
Season: 17 Episodes: 8



A crossover episode with *Abbott Elementary* kicks off the latest season of the acerbic comedy created by and starring *Welcome to Wrexham*'s Rob McElhenney (right).

Now in production...

Three upcoming shows to look out for soon

Charlie Brooker

The writer (above) has penned an as-yet-untitled Netflix series, which offers a comic take on the crime-thriller genre and follows a detective on the trail of a twisted serial killer. Paddy Considine, Lena Headey and Georgina Campbell will star.

The Choir

Gavin & Stacey's Ruth Jones and James Corden (both above) will reportedly team up again to create and star in Apple TV+'s comedy, which will centre on a man who has been living abroad until troubled times lead him to come back to the UK and reunite with his sister.

Grown Ups

Adrian Dunbar (above), Sinéad Cusack and Sarah Greene will appear in Netflix's Dublin-set drama, based on Marian Keyes' novel about an Irish family who are left reeling when their son dies. Barry Ward, Robert Sheehan and Aisling Bea will also feature.

WORDS: CAREN CLARK; JUDY EWENS, VICTORIA WILSON. PHOTOS: APPLE TV+, GETTY, NETFLIX, PARAMOUNT+

A **disgraced sports star** plots his comeback... in disguise

Game FACE

Glen Powell as Russ (left) and Chad

Powell as Chad Powers

Disney+ Chad Powers

NEW *Available: Tuesday 30 Sept Genre: Comedy Season: 1 Eps: 6 (first two episodes from Tue 30 Sept, then weekly)*

When cocky American Football player Russ Holliday disgraces himself by missing an easy touchdown and getting into a tussle with the father of a young fan in a wheelchair, it's suddenly the end of his stellar career.

Russ (played by *Hit Man* star Glen Powell) finds his shameful antics broadcast to millions and he's soon plastered across the tabloids and social media for all the wrong reasons.

'The show is about a guy in the most masculine arena who makes a mistake,' says Powell. 'A normal, well-adjusted man would apologise and move on but Russ doesn't have that ability. He takes zero accountability, doubles down on his bad habits, and goes to the furthest lengths to not say sorry.'

SMOKESCREEN

Eight years later, when the media furore surrounding him has faded, Russ is desperate to resurrect his career. When he hears about trials for a struggling team, the South Georgia Catfish, he decides to use facial prosthetics to disguise himself and create a new identity in order to take another shot at glory.

Enlisting the help of the team mascot, Danny (Frankie A Rodriguez), and with new nose, hair and facial features in place, Russ adopts the name Chad Powers and shows up to the trials where he is soon impressing the coaches with his talent.

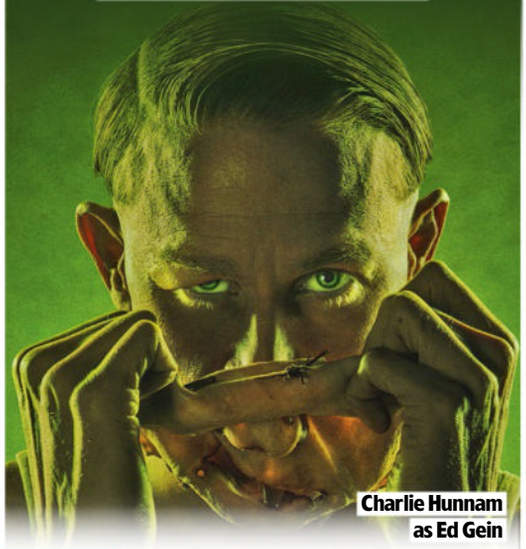
NEW PERSONALITY

'He's the worst dude on the planet who puts on the mask of the most genial Southern guy you've ever seen,' says Powell, who worked with American Football coaches to improve his technique, and consulted with *Top Gun: Maverick* co-star Tom Cruise about the use of prosthetics.

'We really looked at things like *Mrs Doubtfire* and *Tootsie* as our biggest inspirations,' adds series co-creator Michael Waldron. 'The show is about flawed characters who put on a mask, and by playing a different character, learn a lesson that they maybe never could have without wearing the mask.'

House of horrors

Charlie Hunnam plays the serial killer who inspired Hannibal Lecter



Charlie Hunnam as Ed Gein

NETFLIX Monster: The Ed Gein Story

NEW *Available: Friday 3 October Genre: Horror Season: 3 Episodes: 8*

British actor Charlie Hunnam (*Sons of Anarchy*) portrays real-life American serial killer Ed Gein in the latest, and by far the most chilling, instalment of Ryan Murphy's *Monster* anthology series.

Following on from the story of Jeffrey Dahmer and the case of Lyle and Erik Menendez, *Monster: The Ed Gein Story* is set in rural 1950s Wisconsin, home to seemingly mild-mannered recluse Gein, who gains notoriety when it is discovered that he robbed graves and used women's body parts in horrific ways.

His chilling house of horrors and macabre legacy inspired films like *The Silence of the Lambs* and *Psycho*, and in a separate narrative, the drama switches to the bright lights of Hollywood to focus on *Psycho*'s director Alfred Hitchcock (Tom Hollander).

Gein with date, Adeline

Meanwhile, Hunnam says he initially struggled to get into the mind of such an evil character.

'I read every book that's been written on Gein and I didn't find many of them very useful. They were all grossly sensationalist,' says Hunnam, 45. 'But then I was able to get access to the only known recording of him, made two days after he was arrested. It's an interview with him while he's in custody, and I was able to extract his inflection, his choice of words, and where his energy sat.'

WORDS: CAREN CLARK, HANNAH DAVIES, TESS LAMACRAFT, REBECCA MAHONEY. PHOTOS: 5, BBC, ©2025 DISNEY AND ITS RELATED ENTITIES, ITV, NETFLIX, SKY

Life lessons

Cillian Murphy is a head teacher battling school closure and personal demons

Cillian Murphy stars as Steve

Steve with deputy Amanda (Tracey Ullman)

NETFLIX **Steve**

NEW *Available:* *Friday 3 Oct*

Genre: *Drama*

A big-hearted, frazzled head teacher grapples with volatile students, dwindling resources and his own mental health in a powerful 1990s-set drama starring Cillian Murphy.

Writer Max Porter has adapted his 2023 novella (titled *Shy*, and which follows a struggling student) to shift the focus onto head teacher Steve during one long, critical day at Stanton Wood, a 'last chance' reform school for troubled boys.

But just as a documentary crew arrives to film a social-interest piece, the staff discover the school will be closing in a matter of months, sending Steve into a spiral of despair and a battle with addiction.

DIFFERENT PERSPECTIVE

'Both my mother and father are retired teachers, my grandfather was a head teacher, and all my aunts and uncles are teachers, so I felt I had it in my gene pool,' reveals Oscar-winning *Oppenheimer* star Murphy, 49. 'But this is a more extreme world because you're dealing with unpredictable and damaged kids.

'The way the film is structured is that it's a day in the life. Steve is doing his absolute best, but he's carrying an awful lot of weight, psychologically and emotionally. He has a deficit of time, sleep and budget, and he's over-caffeinated.'

The story of student Shy (Jay Lycurgo) also unfolds as the seemingly tough teen crumbles following a heartbreaking phone call with his mother.

'It was Max's idea to change the perspective and flip it to the head teacher. The same events happen, just through a different lens,' explains Murphy. 'We knew Jay had to be this kid, though, because everyone was weeping watching his audition tape. He broke our hearts.'

The cast also includes Tracey Ullman as deputy Amanda, Simbi Ajikawo (AKA rapper Little Simz) as new teacher Shola, plus Murphy's *Small Things Like These* co-star Emily Watson as therapist Jenny.

'It's important to make stories like this,' says Watson, 58. 'So much of the conversation [around troubled young men] can be conducted in a way that's condemning. It's urgent that we pay attention to the love and care we give young men, and how we neglect that at our peril.'

EVERYONE'S TALKING ABOUT...

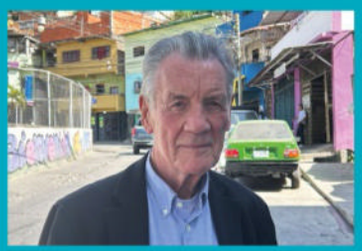
We point you towards the TV moments you won't want to miss on catch-up

BBC iPLAYER **Rob & Rylan's Passage to India**

As the pals explore India's culture in their BBC2 travelogue, the opener sees them perform on the streets with rapper Naveen Koomar. They also try puppetry when they meet artists living near a rubbish dump.

ITVX **Coldwater**

ITV1's thriller follows John (Andrew Lincoln, above) as he moves his family to a rural Scottish town, but when an incident with a youth results in John losing his temper, he finds himself beholden to his enigmatic neighbour Tommy (Ewen Bremner).



5 **Michael Palin in Venezuela**

As the broadcaster travels to one of South America's most dangerous but stunning countries on 5, he visits a poverty-stricken neighbourhood and a luxury hotel in Caracas. He also dines with a Pemón family.

sky box sets / Virgin / NOW **Doc**

In the Sky Witness drama, brusque medic Amy Larsen (Molly Parker) is involved in a car crash that leads her to forget the past eight years, including her split from husband Michael (Omar Metwally) and the actions of her colleague Richard.

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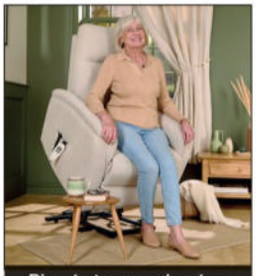

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Pick of the new releases

The best new shows to enjoy this week on streaming services...

Billy the Kid
Sunday 28 September

Tom Blyth returns as gunfighter and outlaw Henry McCarty, AKA Billy the Kid, in the third and final season of the western drama. Billy is still at large and Sheriff Pat Garrett (Alex Roe) is determined to capture him – dead or alive.

The Art of Living with Niklas Ekstedt
Monday 29 September

The Swedish chef travels the world to uncover the secrets of longevity. He visits places where the expectation of reaching 100 years old is particularly high, mainly due to dietary choices.

Chad Powers
Tuesday 30 September

Comedy starring *Top Gun: Maverick*'s Glen Powell as narcissistic Russ Holliday whose promising college football career imploded after an unforgivable mistake in a championship game. In an attempt to make a comeback, Russ disguises himself as Chad Powers, a talented oddball. See feature, page 16.

Ozark Law
Tuesday 30 September

Docuseries following local law-enforcement officers in the Lake of the Ozarks area of Missouri. For nine months of the year, the towns are home to just a few thousand residents, but in the summer the area becomes a popular tourist destination, putting extra pressure on officers.

Love is Blind
Wednesday 1 October

The ninth season of the reality series goes to Denver, Colorado, where a new batch of singles are hoping to improve their love lives. Nick and Vanessa Lachey again host.

Beyond the Borders
Friday 3 October

After killing a cartel member in self-defence, Mexican strip-club dancer Esmee (Zoe Saldaña) flees with the aim of crossing the border into the United States with other undocumented immigrants. On the way, a young mother she befriended is torn from the group, forcing Esmee to safeguard the woman's daughter, which sets her on a harrowing fight for survival.

Mission Alarum
Saturday 27 September

Thriller. Scott Eastwood and Willa Fitzgerald play assassins who fall in love during a mission and get married. But while on a romantic getaway, they witness a plane crash and retrieve a top-secret flash drive, only to discover that several organisations want it. Sylvester Stallone co-stars as mysterious agent Chester.

Play Dirty
Wednesday 1 October

Action thriller. A thief (Mark Wahlberg) gets a shot at the biggest heist of his career which requires him outsmarting a South American dictator, the New York Mob and the world's richest man. With *The Changeling*'s LaKeith Stanfield and *Undone*'s Rosa Salazar.

Geordie Stories: Nathan & Dad
Wednesday 1 October

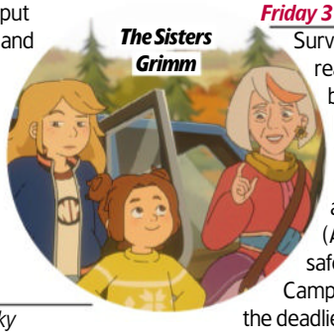
This special follows *Geordie Shore*'s Nathan Henry as he embarks on a life-changing journey with his father Glen, who is living with terminal cancer. They go to Glen's birthplace in Jamaica, where they open up about masculinity and illness. Previously shown MTV's YouTube channel.

Dudes
Thursday 2 October

German comedy. Four 40-something friends try to adjust to what masculinity means in an era of equality, but their best efforts only make things worse.

Borderline
Friday 3 October

Irish/British crime drama. Two detectives, Philip Boyd (Eoin Macken) of Northern Ireland's Police Service and his Republic of Ireland counterpart, Aoife Regan (Amy De Bhrún) of the Garda Síochána, must put their differences aside and collaborate to solve a crime that appears to straddle the border between the two countries. Previously shown on MGM+.



Steve
Friday 3 October

Oppenheimer and *Peaky Blinders*' Cillian Murphy stars in a drama depicting an intense 24 hours in the pressurised life of a head teacher at a school for boys with societal and behavioural difficulties. With Tracey Ullman, Emily Watson and Jay Lycurgo. See feature, page 17.

Monster: The Ed Gein Story
Friday 3 October

The subject of the third instalment of Ryan Murphy and Ian Brennan's anthology series is convicted murderer and suspected serial killer and grave robber Ed Gein (played by *Sons of Anarchy*'s Charlie Hunnam) who committed his crimes in 1950s rural Wisconsin. See feature, page 16.

The Sisters Grimm
Friday 3 October

Animated fantasy adventure series. Two orphaned sisters navigate a world of fairy-tale characters, meeting both heroes and villains, while trying to solve the mystery of their missing parents.

The Lost Bus
Friday 3 October

Survival drama inspired by real-life events. A school bus driver (Matthew McConaughey) has to navigate a bus carrying 22 children and their teacher (America Ferrera) to safety through the 2018 Camp Fire, which became the deadliest fire in California history. See feature, page 14.

Genie, Make a Wish
Friday 3 October

South Korean romcom. After a millennium, a flamboyant genie awakens to grant wishes to an emotionally guarded young woman, and the pair are unexpectedly drawn into an electrifying romance.

The New Force
Friday 3 October

Netflix's first Swedish period drama is inspired by real-life events. An understaffed police district in 1950s Stockholm launches a bold experiment – to include women officers in the force. But the small group of pioneers face resistance from their colleagues.

WORDS: JUDY EWENS. PHOTOS: APPLE TV+, PARAMOUNT+, PRIME VIDEO

James May joins Armstrong in the first episode

Booze crews

Alexander Armstrong takes four famous faces for a stroll, a chat and a pint

NEW TRAVELOGUE

Perfect Pub Walks with Alexander Armstrong

Wednesday, 9pm, More4

Is there anything more enjoyable than a relaxing walk in the beautiful British countryside? Well, perhaps a country walk that ends in a pub...

That's exactly what's on the itinerary in *Perfect Pub Walks with Alexander Armstrong*, which follows the *Pointless* host as he is joined over four episodes by ex-*Top Gear* host James May, naturalist Chris Packham, comedy legend Sir Lenny Henry and comic and *Strictly* winner Chris McCausland for a leisurely stroll, a chat and a well-earnt pint.

'Each week I take a much-loved national treasure for a series of walks in a stunning location,' says Armstrong of the series, which was previously hosted by Bill Bailey. 'It's a nice, relaxed way of spending time with somebody, and actually getting to know them.'

As with the hit angling show *Mortimer & Whitehouse: Gone Fishing*, Armstrong says there's something about being in the great outdoors that encourages men of a certain age to open up a little.

Sir Lenny Henry joins Armstrong in Shropshire

SHARING TRUTHS

'Over the course of each programme, in each interview, you see the guard come down as we get to know each other a bit better. We become a bit less inhibited, and keener to share more intimate truths,' he explains.

As well as reflecting on their lives and careers, all of Armstrong's travel companions touch on the subjects of physical and mental health.

'We're men of a certain age, and we don't half love banging on about our health,' he smiles. 'But mental health is one of those things that we don't talk about enough.'

With comedian Chris McCausland

Brought up in Northumberland, Armstrong says he has always enjoyed getting out and about for a good yomp in the countryside.

'A walk is a wonderful thing,' he says. 'I use walking if I've got stuff to work out or problems to solve. Even if you're on your own, it's a terrific crucible for constructive thinking.'

INSPIRING

He also hopes that watching these man-to-man chats on hikes across picturesque Yorkshire, Kent, Shropshire and Monmouth will inspire viewers.

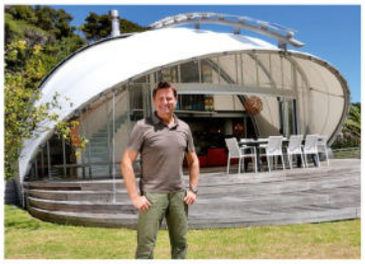
'It would be wonderful if it inspired more conversation, more walks and more drinking in pubs,' he says. 'Because all of these things need support.'

WORDS: NATASHA HOLT, IAN MACEWAN. PHOTOS: BBC, C4, U&DAVE

Secrets of the Brain

Mon, 9pm, BBC2 (box set, BBC iPlayer)

Professor Jim Al-Khalili (above) traces the evolution of the brain in this two-part series, from basic building blocks found in worms 560 million years ago, to the more complex brains that evolved in the vertebrates which transitioned from the sea to the land, and the evolutionary leaps that changed the human brain's shape and abilities.



George Clarke's Homes in the Wild

Thursday, 8pm, C4

Architect George Clarke (above) heads Down Under to discover incredible homes in isolated locations in Australia and New Zealand. The opener follows him to Aotea Great Barrier Island off the coast of New Zealand, where he visits a home that is only accessible at low tide.

Sharon & Ozzy Osbourne: Coming Home

Thursday, 9pm, BBC1

Filmed over three years, this intimate documentary follows rocker Ozzy Osbourne, who sadly died in July, as he moves back to the UK. Cameras follow the family, including wife Sharon (above, with Ozzy) and children Jack and Kelly, as Ozzy battles serious health issues to perform a final homecoming gig with Black Sabbath in Birmingham.

Taylor

Tuesday, 9.15pm & 10.15pm, C4

This two-part documentary takes a dive into the life and career of pop superstar Taylor Swift (above) – from growing up on a Christmas-tree farm in Pennsylvania and her breakthrough as a country singer in her teens to her record-breaking, 149-night *Eras* tour and recent engagement to American-football star Travis Kelce.

The Disappearance of Jay Slater

Sunday, 9pm, C4

Jay Slater was 19 when he went missing last summer in Tenerife, sparking a media frenzy. Now, his family tell their story for the first time. Cameras are given access to Jay's funeral and the recent inquest into his death, revealing a story of tragedy, grief and the devastating impact of social-media sleuths.

Trying out a tank

Brothers in arms

Ralf Little and Will Mellor take on more unusual challenges

NEW FACTUAL

Will & Ralf Should Know Better

Mon, 10pm, U&Dave (box set, U)

Mellor and Little join a witches' coven

Will Mellor and Ralf Little have been friends since they co-starred in BBC sitcom *Two Pints of Lager and a Packet of Crisps* – and last year the pals teamed up for a TV travelogue in which they took on challenges designed to help them adapt to and thrive in midlife.

Now, the dynamic duo are heading out of their comfort zones once more in a new three-part series of *Will & Ralf Should Know Better*. From tank driving and sleeping in a haunted building to performing as a drag act, the unlikely lads are once again up for anything.

'Will and I were Britain's archetypal lads 20 years ago. Now we're Britain's middle-aged men,' smiles *Death in Paradise* star Little. 'Not only have we changed, the world around us has. This show makes us think about what we make of it, and how to exist in it without losing our identity.'

Mr Bates vs the Post Office star Mellor adds that the reaction to Series 1 encouraged them to head out for more adventures.

'Viewers enjoyed the music, nostalgia and banter, but also the emotional moments,' he says. 'That's what we wanted: something that could make people laugh and sing along, but also feel something.'

First up, Mellor reveals to Little that their initial challenge will take place in a field in Northamptonshire, where a military-vehicle enthusiast has amassed more than 300 tanks. There's a further surprise when their instructor reveals that, to test their communication skills, one will drive blindfolded while the other gives instructions using animal noises!

'It was a lot more difficult than either of us expected,' says Little, while Mellor admits he struggled and ended up stalling. 'I definitely wouldn't be good in a combat situation,' he says. 'I'd just panic and shoot everybody!'

Mellor and Little as drag artists

Films Our pick of this

Liam Neeson and **Pamela Anderson** show their funny side in this hilarious reboot

NAKED GUN

COMEDY

From Tuesday, buy or rent from digital stores including Prime Video and Sky Store ★★★★

Perfectly cast Liam Neeson and Pamela Anderson prove more than game for a laugh in this relentlessly silly revival of the hit 1980s/1990s cop comedy series. Neeson's two-decade run of playing super-competent action heroes in the *Taken* movies and their successors gives an extra comic spin to his role here as blundering Los Angeles detective Frank Drebin Jr, son of Leslie Nielsen's bungling officer in the original films. And Anderson's blonde bombshell past makes her a good fit for her femme fatale character here, true-crime author Beth Davenport.

The plot that brings the two of them together – Beth's brother has been murdered by Danny Huston's evil tech billionaire – is decidedly ramshackle, but it holds up well enough to support a stream of goofy sight gags, dopey puns and loopy crime-film parodies.

Some jokes fail to land, but there are more than enough to keep us chuckling and the best have a puerile genius, as when Drebin, struggling in a club to invent a fake name for Beth, takes his cue from what he can see and comes up with 'Miss Cherry Roosevelt Fat Bozo Chowing Down on Spaghetti'. It's also worth staying through to the end for a string of daft but clever jokes hidden in the written credits themselves. 2025, 15, 85MIN

STAR RATINGS ★★★★★ **Excellent** ★★★★ **Very good** ★★★ **Good** ★★ **Average** ★ **Poor**

WORDS: JASON BEST, NIGEL PIZEY

More premieres and Day by Day planner›››

week's Best Movies

MYSTERY HORROR

Bring Her Back

Available now to buy or rent from digital stores ★★★★

Australian film-making siblings Danny and Michael Philippou follow up their break-out hit *Talk To Me* with another terrifying concoction. After the sudden death of their dad, 17-year-old Billy Barratt and his partially sighted tween stepsister Sora Wong are taken into care by ex-therapist Sally Hawkins, whose own child died recently. In her house there's another foster child, the eerie, near catatonic Jonah Wren Phillips... With Hawkins' overly cheerful demeanour occasionally slipping, we sense that something is very wrong, especially as she attempts to create conflict between Barratt and Wong. A chilling, genuinely creepy atmosphere inhabits the movie, helped by Hawkins delivering a simply stellar performance. 2025, 18, 104MIN

Dark minds: Jonah and Sally

Choice: Renée, Chiwetel, Leo and Hugh

ROMANTIC COMEDY

Bridget Jones: Mad About the Boy

Friday, 2.10pm & 8pm, Sky Premiere ★★★★

Almost a quarter of a century since she first played Helen Fielding's klutzy, calorie-counting diarist on screen, Renée Zellweger is back for her fourth outing in the role – and the result is the best since the character's debut. Bridget is no longer a boozy singleton but a middle-aged single mum with two school kids. Four years ago, Bridget's husband, dashing barrister Mark Darcy (Colin Firth), was killed, but now she's dating again and has two very different potential suitors: a hunky 29-year-old park ranger (Leo Woodall) and her son's fussy science teacher (Chiwetel Ejiofor). Naturally, Bridget gets into comic scrapes (and, of course, there's a scene-stealing turn by Hugh Grant), but the film extracts more heartfelt elements, too, as she grapples with her grief. 2024, 15, 125MIN

ACTION COMEDY

Panda Plan

Saturday, 9am & 6.20pm, Sky Premiere ★★★

Incredible as it is, but Jackie Chan (70 when he made this) is still doing his own stunts. Yes, they're a little slower and less gob-smacking than previously, but the man is nothing if not committed. Here he plays a caricature of himself, as Chan the star adopts a baby panda. For reasons never really explained, a horde of henchmen descend on the zoo determined to take the animal, with only Chan and panda keeper Ce Shi in their way. Tonally odd (slapstick and fart gags mixed with the odd f-bomb and blood), this still has enough Chan charm to make it worthwhile. 2024, 15, 105MIN

Hold on: Jackie

MUSICAL

Juliet & Romeo

Sunday, 6.10am & 4.10pm, Sky Premiere ★★★

Using just the bare bones of Shakespeare's oft-filmed play, this musical take for the TikTok generation could be just what's needed to get kids into The Bard. It adds extra plot to the proceedings, too, as well as delivering a cheeky twist on the famous finale. The two leads, Clara Rugaard and Jamie Ward, are charming enough, while the pop tunes vary from catchy to cloying. Filmed in real Italian castles and featuring stellar adult support, including Derek Jacobi, Jason Isaacs, Rupert Graves and Rebel Wilson, this is better than it should be. 2025, 12, 122MIN

Star-crossed: Clara and Jamie

Films

Sense of wonder: Elio and Gordon

ANIMATION

Elio

Available now, Disney+ ★★★★

Another heartfelt cracker from Pixar, once again combining frenetic adventure, sparkling animation and a deeply emotional finale. It concerns 11-year-old Elio (voiced by Yonas Kibreab), a space-obsessed orphan who feels so alone in the world he spends all his time trying to contact aliens in the hope they will take him away, much to the despair of his loving, but put-upon aunt (Zoe Saldaña).

Trouble is, aliens have heard him and whisk him away, thinking he's the leader of Earth. Their peaceful, UN-esque committee then puts Elio in charge of negotiations with war-mongering Lord Grigon (Brad Garrett), who wants to conquer them...

Although the movie takes its time setting the stage, once Elio is up in outer space this zings merrily along. It may not be breaking any new ground in the way some Pixar movies (*Toy Story*, *The Incredibles* or *WALL·E)* have done, but there is so much heart and warmth here that it's impossible not to be swept along with it. And by the end, when Elio is hugging his new best friend, Glordon (Remy Edgerly) – essentially a giant maggot with spiky teeth – you'll end up in tears. The best Pixar films have that effect on you. 2025, PG, 98MIN

Hidden gems Great movies you might have missed...

WESTERN

Meek's Cutoff

Mubi ★★★★

Michelle Williams, Zoe Kazan and Shirley Henderson remind us that cowboys didn't have the Wild West all to themselves in this fine western. They play doughty pioneer women whose mettle is tested when their wagon train gets lost crossing forbidding terrain in 19th-century Oregon. This doesn't have any of the action usually associated with the genre, but it conveys an authentic account of what life was really like on the frontier trail. 2010, PG, 102MIN

DRAMA

Still Alice

MGM+ ★★★★

Julianne Moore is remarkable as a linguistics professor with early-onset Alzheimer's. The first sign that her 50-year-old Alice has the disease is a tiny conversational slip at a party with her husband (Alec Baldwin) and grown-up children (Kate Bosworth, Hunter Parrish and Kristen Stewart). Then the disease takes hold, gradually stripping her of the skills and memories that make her who she is. A shocking and heartbreaking drama. 2014, 12, 101MIN

FANTASY

Troll Hunter

Shudder ★★★★

Kooky and offbeat, this quirky Norwegian horror comedy follows a group of students as they track Otto Jespersen's shady hunter Hans while probing a series of mysterious bear killings. But it is not long before they discover the truth: it isn't bears Hans is after, it's trolls. Jespersen excels as the shady lone rider of the secretive Troll Security Service, while director André Øvredal's shaky camera work adds to the thrill of the chases. An unexpected treat. Subtitled. 2010, 15, 103MIN

Saturday 27 September

SUPERHERO

Joker

9.50pm, ITV1 ★★★★

Sex ●●● Violence ●●● Language ●●●

Batman's cackling archenemy the Joker gets his own big-screen origin story, and it's no laughing matter. Controversial and divisive, Todd Phillips' nightmarish drama departs from Hollywood's usual comic-book style to deliver a disturbingly compelling movie. Joaquin Phoenix lost three stone to play the film's mentally fragile central character, Arthur Fleck, a clown-for-hire by day who aspires to be a stand-up comic. And he is absolutely riveting. Repellent and pitiful at the same time, his performance is every bit the equal of Heath Ledger's scene stealing turn in *The Dark Knight*. Also on Friday. 2019, 15, 122MIN

Stairway to hell: Joaquin

CLASSIC WESTERN

My Darling Clementine

12.30pm, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Monument Valley provides the eye-catching backdrop and Henry Fonda delivers a heroic performance as Wyatt Earp, the reluctant lawman whose arrival in Tombstone, Arizona, leads to a gunfight at the OK Corral. Despite its historical inaccuracies, John Ford's film remains unsurpassed in the way in which it shapes the Earp saga into a perfect western fable. Fonda's integrity is ideally showcased, Victor Mature's Doc Holliday speaking a little Shakespeare is a magic moment, and Cathy Downs adds sweetness and light as Clementine. 1946, U, 100MIN

WORLD CINEMA

Evil Does Not Exist

10.05pm, BBC4 ★★★★

Sex ●●● Violence ●●● Language ●●●

PREMIERE The quiet life of a village outside of Tokyo is shaken when PR pair Ryûji Kosaka and Ayaka Shibutani turn up to discuss a 'glamping' site with the locals. Worries of water pollution are paramount to widower Hitoshi Omika, who lives with his adventurous 9-year-old daughter (Ryô Nishikawa). From these small seeds, director Ryûsuke Hamaguchi creates a beautiful, contemplative drama about the effect we have on nature, with a truly shocking finale that will have you scratching your head for a long time after. 2023, 12, 106MIN

ACTION COMEDY

Kingsman: The Secret Service

9pm, C4 ★★★★

Sex ●●● Violence ●●● Language ●●●

This cocky James Bond pastiche fizzes with tongue-in-cheek humour and larky ultra-violence. Brace yourselves as Colin Firth's urbane toff transforms Taron Egerton's south London hoodie into a debonair agent for the Kingsman secret service, while striving to foil the megalomaniac schemes of Samuel L Jackson's lisping billionaire. Brought to you by the team behind *Kick-Ass* (comic-book author Mark Millar, director Matthew Vaughn and screenwriter Jane Goldman), this thrills right through to its explosive finale. 2015, 15, 129MIN

CHILLER

Scary Stories to Tell in the Dark

12.10am, BBC1 (not Scotland) ★★★

Sex ●●● Violence ●●● Language ●●●

A bunch of small-town teens in 1968 Pennsylvania, headed by Zoe Colletti's budding writer, stumble upon a book of ghost stories in an abandoned mansion that come to terrifying life. Based on the macabre tales by Alvin Schwartz – and, in places, Stephen Gammell's even creepier illustrations that originally accompanied them – this horror does what it says on the tin. The misfit heroes are a bit bland, but the monsters are the stuff of nightmares. 2019, 15, 107MIN

■ Full listings start on p35

Sunday 28 September

COMEDY DRAMA

American Fiction

10pm, BBC2 (not Northern Ireland) ★★★★

Sex ●●● Violence ●●● Language ●●●

Jeffrey Wright plays Thelonius 'Monk' Ellison, an academic author whose lofty new book has left publishers cold, as he watches fellow middle-class black novelist Sintara Golden (Issa Rae) scoop up the plaudits for her debut novel, *We's Lives in Da Ghetto*. In a fit of pique, Monk writes a stereotype-laden rejoinder and the book is soon picked up by a major publisher, with white executives desperate to cash in on its gritty milieu. A wincingly acute comedy drama by writer-director Cord Jefferson (his debut feature), with a third act that delivers one of the best payoffs you'll ever see – it's hard not to swoon over a film this daring. 2023, 15, 117MIN

Writer blocked: Jeffrey

CLASSIC MUSICAL

Sweet Charity

12noon, BBC2 ★★★★★

Sex ●●● Violence ●●● Language ●●●

Inventive and exhilarating, Bob Fosse's marvellous musical is a delight throughout but comes into its own whenever the smashing singing and dancing starts. Sammy Davis Jr gets into *The Rhythm of Life*, Shirley MacLaine dresses up as a toy soldier and belts out *If My Friends Could See Me Now*, Stubby Kaye loves to cry at weddings and there's a great version of the show's most famous number, *Big Spender* (which became a chart hit for Shirley Bassey). MacLaine is ideally cast as the dancehall hostess who dreams of love. 1968, PG, 149MIN

BIOPIC

Father Stu

11.20pm, C4 ★★★

Sex ●●● Violence ●●● Language ●●●

The eventful life of Stuart Long – an ex-boxer and failed actor who defied illness to become a Catholic priest – feels cramped within this reverential biopic. But there's no doubting Mark Wahlberg's commitment to this passion-project role, particularly in later scenes that see him put on 30lbs of extra weight. The star's abrasive energy stops Rosalind Ross' feature debut surrendering to faith-based sanctimony, while Mel Gibson gives his strongest turn in years as Stu's ill-tempered dad. Still, it's a long preach for the unconverted. 2022, 15, 24MIN

CLASSIC MUSICAL

The Sound of Music

4.35pm, BBC2 (5.35pm Wales) ★★★★★

Sex ●●● Violence ●●● Language ●●●

The biggest box-office success in movie musical history. *Climb Every Mountain* and *Do-Re-Mi* are two of Rodgers and Hammerstein's favourite things, Julie Andrews is perfectly cast as the trainee nun who discovers her true calling when she becomes a governess to seven unruly children, Christopher Plummer's Captain Von Trapp sings *Edelweiss* and adds some subtle sexual tension, Charmian Carr is *Sixteen Going on Seventeen* and the colourful Alpine scenery is beautifully captured in glorious Technicolor. 1965, U, 174MIN

WORLD CINEMA

Close

1.20am, BBC2 ★★★★

Sex ●●● Violence ●●● Language ●●●

Two childhood pals (Eden Dambrine and Gustav De Waele, giving guileless performances) drift inexorably apart during their first year at big school in Lukas Dhont's heart-tugging, accolade-laden Belgian coming-of-age tale. While needy De Waele sticks out, Dambrine's instinct is to fit in, even if it means cold-shouldering his best friend. But there's a price to be paid for his betrayal, one he'll spend the rest of the year, and maybe his life, atoning for. Subtitled. 2022, 12, 104MIN

■ Full listings start on p45

Weekday movies over page

Films Weekday movies

Monday 29 September

BIOPIC

Raging Bull

11pm, BBC2 (not Northern Ireland) ★★★★★

Sex ●●● Violence ●●● Language ●●●

A raw, open wound of a film, this is possibly Martin Scorsese's finest hour and Robert De Niro has rarely been better. It is a dark, relentless depiction of the downward slide of middleweight boxing champion Jake LaMotta from trim, arrogant contender in 1941 to a revoltingly obese, pathetic figure telling bad jokes and introducing strippers at a sleazy nightclub in 1964. The mostly black-and-white photography lends a grainy documentary edge and De Niro is mesmerising as La Motta. 1980, 15, 119MIN

Boxed in: Robert

THRILLER

American Star

6.30am, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

An ageing hitman, Wilson (Ian McShane), lands in the Canary Islands for one last job that starts to feel more like a retirement holiday. But trouble arrives in the form of Adam Nagaitis' younger assassin, when the nature of Wilson's brief is revealed. Until the inevitable violent climax, this is a beguilingly languid mood piece, distinguishing itself via the twin landscapes of McShane's rugged features and the lush scenery. 2023, 15, 106MIN

ACTION COMEDY

Midnight Run

9pm, Legend Xtra ★★★★

Sex ●●● Violence ●●● Language ●●●

What makes this comedy thriller such a delight is the perfect chemistry between Robert De Niro's hangdog bounty hunter and Charles Grodin's prissy accountant who has embezzled a fortune from the Mob and whom De Niro is attempting to get to LA from New York. With such brilliant casting, all director Martin Brest has to do is ensure the action keeps moving at a breakneck pace, so strap yourself in for a fun ride. 1988, 18, 122MIN

COMEDY DRAMA

The Holdovers

8.55am, Sky Cinema Comedy ★★★★★

Sex ●●● Violence ●●● Language ●●●

At a posh 1970s boarding school in New England, strict teacher Paul Giamatti has to supervise angry pupil Dominic Sessa, who is unable to go home for Christmas. But, along with Oscar-winning Da'Vine Joy Rudolph's grieving cook, they connect. As the characters let down their guard, director Alexander Payne's film becomes a subtle and moving testament to the power of the human spirit. 2023, 15, 133MIN

CRIME THRILLER

Dead Man's Shoes

10.50pm, Film4 ★★★★

Sex ●●● Violence ●●● Language ●●●

Brooding ex-soldier Paddy Considine turns up in a Midlands town and takes revenge on the drug dealers who targeted his brother (Toby Kebbell). An engrossing, gripping British thriller, writer-director Shane Meadows' brutal film makes every second count. The acting is superb (including a strong turn from ex-boxer Gary Stretch as the villain) and the plot's full of chilling twists. 2004, 18, 90MIN

Full listings start on p55

Tuesday 30 September

THRILLER

The Surfer

6.15am & 4.30am, Sky Thriller ★★★★

Sex ●●● Violence ●●● Language ●●●

Taking his son (Finn Little) to the Australian beach where he grew up in order to surf, Nicolas Cage encounters hostile locals, led by Julian McMahon, who humilate him and order him off of their territory. And so begins a cycle of insanity that descends upon Cage – bit by bit – as he starts to lose everything, including his mind. Beautifully directed by Lorcan Finnegan, a deranged Cage dominates this tense sweaty fever dream, but McMahon's OTT take on toxic masculinity is also a sight to see. 2024, 15, 99MIN

Living the nightmare: Nicolas

DRAMA

The Big Chill

8.05am & 12.15am, Sky Feel-Good ★★★★

Sex ●●● Violence ●●● Language ●●●

Lawrence Kasdan's perceptive, touching and witty film reunites a group of 1960s college pals in the 1980s at the funeral of a friend. During the course of a weekend, they talk, eat, drink, jog, flirt and reconnect. Glenn Close, Tom Berenger, William Hurt, Kevin Kline, Meg Tilly and JoBeth Williams are all excellent, but Kevin Costner's 'breakthrough' role as the dead pal ended up on the cutting room floor. 1983, 15, 115MIN

DRAMA

Vanilla Sky

8pm, Sky Hits ★★★

Sex ●●● Violence ●●● Language ●●●

While this mind-bending thriller was a brave choice for Tom Cruise, who spends a lot of it hidden behind heavy make-up and a plastic mask, his general aloofness works against the story. Any movie which toys with conventional notions of reality must use stealth to get the viewer to share its delusion, but here you're kept at arm's length by the unsympathetic characters and their vacuously wealthy lifestyle. 2001, 15, 136MIN

BIOPIC

One Life

8pm, Sky Drama ★★★★

Sex ●●● Violence ●●● Language ●●●

In 1988, BBC's *That's Life!* aired a famous episode featuring unsung hero Nicholas Winton, who helped save 669 Jewish children in Czechoslovakia from the Nazis, having helped organise visas, transport and foster families for them in the UK. What happened on the show is a real tear-jerker, but that's just part of this finely crafted film. As the younger and older Winton, Johnny Flynn and Anthony Hopkins both play a blinder. 2023, PG, 109MIN

COMEDY HORROR

Get Away

9.45pm, Sky Icons ★★★★

Sex ●●● Violence ●●● Language ●●●

A typical British family (amiable dad Nick Frost, wife Aisling Bea and teen kids Sebastian Croft and Maisie Ayres) go on holiday to an isolated Swedish island to see a bizarre festival there. The locals, led by a wild-eyed Anitta Suikkari, are not pleased, but Eero Milonoff, the owner of the family's rental, is more welcoming. The result is a wildly entertaining, pitch-black comedy. 2024, 15, 86MIN

Full listings start on p65

Wednesday

PSYCHOLOGICAL THRILLER

The Gift

12m't, BBC1 (not NI/Scotland) ★★★★

Sex ●●● Violence ●●● Language ●●●

A creepy outsider disturbs the lives of a well-to-do married couple in this cunningly wrapped psychological thriller, the directing debut of co-star and writer Joel Edgerton. He plays the story's socially

Friend or foe? Rebecca, Jason and Joel

ACTION

Twist

2.20pm, Sky Family ★★★★

Sex ●●● Violence ●●● Language ●●●

This fast-paced and fresh-faced modern take on Charles Dickens' *Oliver Twist* will leave you begging for more. In his first major role, Raff Law (son of Jude) proves a charismatic screen presence as Oliver, an agile, Parkour-loving orphan who gets embroiled with a gang of thieves run by the inimitable Fagin (Michael Caine). Joining them are Rita Ora as Dodge and Lena Headey as evil Sikes in clever gender swaps. 2021, 12, 90MIN

CLASSIC HORROR

The Shining

9pm, Sky Halloween ★★★★★

Sex ●●● Violence ●●● Language ●●●

Director Stanley Kubrick's film of Stephen King's bestseller is set in a snowbound, shut-for-the-winter Colorado hotel. Though King famously disliked Kubrick's version, it is an eerie, chilling masterpiece. An unhinged Jack Nicholson arrives as caretaker, but is soon talking to ghosts, wife Shelley Duvall is terrified of his erratic behaviour and their psychic son Danny Lloyd is having scary visions. 1980, 15, 139MIN

1 October

awkward interloper, who starts pestering an old school fellow (Jason Bateman) and his wife (Rebecca Hall) with unwanted visits and gifts after a chance encounter. The film turns out to have a lot more layers than you expect, and Edgerton does a terrific job of racking up the tension as the story unfolds. 2015, 15, 108MIN

MYSTERY

The Burnt Orange Heresy

1.25am, C4 ★★★

Sex ●●○ Violence ●○○ Language ●●○

Art and intrigue elegantly fuse in this sophisticated mystery thriller, kicking off when art critic Claes Bang, along with new lady friend Elizabeth Debicki, spend a few days at the luxury Lake Como pad of a wealthy collector (Mick Jagger). But with a super-reclusive artist (Donald Sutherland) also on site, murky ulterior motives soon become apparent as the film slips comfortably into film noir territory. 2019, 15, 99MIN

CLASSIC THRILLER

Taxi Driver

2.15am, Sky Greats ★★★★★

Sex ●○○ Violence ●●● Language ●●●

Director Martin Scorsese's masterful depiction of urban alienation. Robert De Niro delivers one of his defining performances as Vietnam veteran-turned-vigilante New York cabbie Travis Bickle, whose infamous 'You talkin' to me?' soliloquy is one of cinema's most quoted scenes. Equally remarkable is Jodie Foster as a child prostitute he wants to help. 1976, 18, 110MIN

■ Full listings start on p75

Thursday 2 October

WHODUNNIT

See How They Run

9pm, Film4 ★★★★

Sex ○○○ Violence ●○○ Language ○○○

Here's a delight, a comedy murder-mystery set in 1950s London that boasts a starry ensemble and, at its heart, hilarious and lovable duo Inspector Stoppard (Sam Rockwell) and Constable Stalker (Saoirse Ronan). Just as Agatha Christie's *The Mousetrap* racks up its 100th performance, US director Leo Kopernick (Adrien Brody) is murdered backstage. This captivating, chuckle-chocked movie also stars David Oyelowo, Ruth Wilson and Reece Shearsmith, but it's Rockwell and Ronan's show. 2022, 12, 98MIN

Getting a clue... Sam and Saoirse

BIOPIC

Priscilla

Starts today, Netflix ★★★

Sex ●●○ Violence ●●○ Language ●●○

Writer-director Sofia Coppola's adaptation of *Elvis and Me*, Priscilla Presley's tell-all tale of her difficult life with Elvis Presley, kicks off with 14-year-old Priscilla (Cailee Spaeny) stationed in 1959 Germany with her family. But sparks fly when the 24-year-old Elvis (Jacob Elordi) enters the picture. Coppola excels in creating atmosphere and emotion and the stars are convincing in a beguiling but muted movie. 2023, 15, 113MIN

HORROR

Sinister

5.05pm, Sky Halloween ★★★

Sex ○○○ Violence ●●● Language ●○○

A spooky chiller from the people who brought you *Insidious* and *Paranormal Activity*. Ethan Hawke plays a true-crime writer who moves his wife and kids into the home of his latest subject: a missing girl whose family were found hanging from a tree outside the house. But when he comes across a box of old home movies that prove to be snuff films, he realises that he has placed his family in mortal danger. 2012, 15, 110MIN

SCI-FI

Arrival

8pm, Sky Sci-Fi/Horror ★★★★★

Sex ○○○ Violence ○○○ Language ●○○

This tense, intelligent sci-fi suggests that wonder and humility would be a smarter response than gung-ho bluster if aliens turned up. Dotted about the globe are 12 extraterrestrial spacecraft. Amy Adams' linguist is brought to Montana to find out what the visitors want. But she and scientist Jeremy Renner have to race against time, as the world's military leaders have itchy trigger fingers. 2016, 12, 116MIN

PERIOD DRAMA

Till

11pm, BBC2 ★★★★

Sex ○○○ Violence ●●○ Language ●●○

In this powerful true-story drama, Danielle Deadwyler is electrifying as Mamie Till-Mobley, the mother of a 14-year-old Chicago boy killed in 1955 for allegedly whistling at a white woman. Rather than sensationalise the murder, the film concentrates on Mamie's heroic struggle for justice as she tries to get the world to see what a Mississippi lynching mob did to her son. 2022, 12, 130MIN

■ Full listings start on p85

Friday 3 October

ROMCOM

Rye Lane

9pm, BBC2 ★★★★

Sex ●●○ Violence ●●○ Language ●●○

Just when the romcom looked out of juice, along comes Raine Allen-Miller's debut feature: a winning meet-cute on the streets of south London that feels like a perkier *Notting Hill*. *Rye Lane*'s depiction of one of the city's most vibrant quarters makes this 82-minute amuse-bouche as satisfying as a banquet. Nothing links meek David Jonsson and free-spirited Vivian Oparah, but when she gatecrashes his awkward lunch date with his ex, it sets in motion an exuberant jaunt around Peckham and Brixton. 2023, 15, 82MIN

London love story: David and Vivian

FAMILY

Sonic the Hedgehog 3

4pm, Sky Family ★★★

Sex ○○○ Violence ●○○ Language ○○○

The videogame character is back again, serving up a family-friendly mix of live-action and animation that is as manic and silly as you would expect. Jim Carrey is also back, in a dual role as a mad scientist and his crazier grandfather, while the plot pitches Sonic (Ben Schwartz) and his pals against vengeful hedgehog Shadow (Keanu Reeves), who's putting the planet in peril. 2024, PG, 110MIN

ACTION COMEDY

The Other Guys

8pm, Sky Cinema Comedy ★★★★

Sex ○○○ Violence ●○○ Language ●○○

Despite having the flimsiest of plots, this splendid farce is a triumph. Will Ferrell and Mark Wahlberg form a great comedy double act as mismatched New York City detectives who have to step up to tackle the baddies – including Steve Coogan's conman – when the city's arrogant top cops (Samuel L Jackson and Dwayne Johnson) are put out of action. Plenty of great action and big laughs throughout. 2010, 12, 107MIN

THRILLER

L.A. Confidential

9pm, Legend Xtra ★★★★★

Sex ●○○ Violence ●●● Language ●●○

Set in a sleazy LA in the 1950s, this homage to old-style Hollywood police stories oozes style. Russell Crowe, Guy Pearce and Kevin Spacey are very different detectives playing key roles in a complicated tale, based on James Ellroy's crime novel, that takes in corruption and murder. It's expertly directed by Curtis Hanson and the acting is superb, with Kim Basinger winning an Oscar as a film-star lookalike hooker who falls for Crowe. 1997, 18, 132MIN

FANTASY ADVENTURE

Highlander

11pm, BBC2 ★★★★

Sex ●○○ Violence ●●○ Language ●●○

After being subjected to two feeble sequels and a lacklustre TV series, one could be forgiven for forgetting how much fun this debut movie adventure for Connor MacLeod (Christopher Lambert) is. Director Russell Mulcahy zipped backwards and forwards in time with some imaginative editing, while the climactic swordfights were exhilaratingly staged. 1986, 15, 111MIN

■ Full listings start on p95

Sport week

Your **ultimate guide** to the best of the week's live action

Australia claimed the top prize in 2022

Women's World Cup

Can **England** topple formidable champions Australia?

LIVE CRICKET

From Tuesday, Sky Sports Cricket & Sky Sports Main Event

After stunning performances from the England women in football and rugby union over the summer, it's the turn of the cricketers to enjoy the spotlight as the Women's World Cup begins in India and Sri Lanka this week.

Eight nations will compete in the 50-overs tournament, with Australia defending the title they won last time out in New Zealand in 2022, when they defeated England by 71 runs in the final.

Here, we look ahead to the white-ball action...

THE TEAMS

Sky Sports is showing every match live, beginning on Tuesday when co-hosts India and Sri Lanka meet in Guwahati (play begins 10.30am). Coach Charlotte Edwards' England are the only home nation to qualify after Scotland and Ireland missed out, and begin their campaign at the same venue against South Africa on Friday (10.30am), while the tournament also features champions Australia, New Zealand, Pakistan and Bangladesh. The eight sides play each other once in the league stage with the top four advancing to the semi-finals. The final takes place on Sunday 2 November.

Rachael Heyhoe Flint captained England to victory in 1973

THE HISTORY

This is the 13th edition of the World Cup, with Australia having won seven titles and England four. The first event took place in England in 1973 and saw the home nation, captained by Rachael Heyhoe Flint, lift the trophy at Edgbaston.

PLAYERS TO WATCH

Australia, who open their campaign against New Zealand on Wednesday (10.30am), begin the tournament as clear favourites. The Aussies' talented squad is captained by wicketkeeper-batter Alyssa Healy, who recently returned from injury, and includes seam bowler Megan Schutt, plus opener Phoebe Litchfield and all-rounder Annabel Sutherland, who both played starring roles as they powered Northern Superchargers to victory in The Hundred over the summer.

England fans will be hoping that captain

Australia's Megan Schutt

WORDS: RICHARD MCCLURE. PHOTOS: GETTY

THE MAIN EVENT

England star Nat Sciver-Brunt

Nat Sciver-Brunt is fully fit, while batter and former skipper Heather Knight is also returning from injury. Elsewhere, ODI cricketer of the year Smriti Mandhana shone as India outclassed England in three ODIs in the summer, while South Africa's Laura Wolvaardt and Sri Lanka's Chamari Athapaththu could also catch the eye.

Smriti Mandhana of India

LIVE GOLF

The Ryder Cup

Sat & Sun, Sky Sports Golf & Sky Sports Main Event

Tommy Fleetwood secured the winning point in Rome as Europe regained the Ryder Cup two years ago and the Southport golfer will be in the thick of the action again at Bethpage State Park on Long Island, New York over the weekend. Rory McIlroy contributed four points to that 2023 triumph and the Masters champion could play a vital role in Saturday's foursomes and four-balls, followed by the singles on Sunday. If the tournament ends in a 14-14 tie, Europe retains the trophy, while the USA need 14.5 points to regain it.

Tommy Fleetwood raises the Ryder Cup in 2023

Title holders New Zealand

LIVE RUGBY UNION

Women's World Cup final

Saturday, kick-off 4pm, BBC1

More than seven million people watched the pool stage across the BBC, and there's sure to be another big TV audience as the tournament comes to an end. Saturday's double-header will take place at Twickenham and begins with the bronze final (kick-off 12.30pm) before the showpiece at 4pm. Three years ago, hosts New Zealand lifted the trophy in Auckland, defeating England 34-31. Who will be crowned world champions this time?

Crystal Palace striker Jean-Philippe Mateta

LIVE FOOTBALL

Conference League

Thursday, TNT Sports

Crystal Palace and Aberdeen begin against Ukrainian opposition when the league phase kicks off this week, with each of the 36 teams playing six matches in a bid to reach the knockout stage. Having been demoted from the Europa League, Oliver Glasner's Palace are among the favourites to win the competition and face Dynamo Kyiv in Lublin, Poland (k-o 5.45pm, TNT Sports 3), while Aberdeen host Shakhtar Donetsk at Pittodrie (k-o 8pm, TNT Sports 4). Despite winning the Scottish Cup last season to qualify for Europe, the Dons have been in poor form domestically and coach Jimmy Thelin has brought in Kevin Nisbet and Stuart Armstrong.

Tadej Pogačar

LIVE CYCLING

UCI Road World Championships

Saturday & Sunday, BBC2, TNT Sports 1 & TNT Sports 3

The World Championships conclude in Rwanda over the weekend. Saturday's elite women's road race features rivals Pauline Ferrand-Prévot of France and Demi Vollering of the Netherlands racing over 164.6km, while the elite men's contest on Sunday sees Tour de France winner Tadej Pogačar defend his title over 267.5km – the most demanding road race for years, with more than 5,000m of climbing.

Sport A-Z and football planner »»

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Sport week A-Z GUIDE

American football
The Pittsburgh Steelers' Aaron Rodgers faces the Minnesota Vikings on Sunday as the NFL heads to Dublin for the first time

AMERICAN FOOTBALL

LIVE Pittsburgh Steelers v Minnesota Vikings
Sun 2pm 5 & Sky Sports NFL
NFL week four match at Croke Park.

LIVE Detroit Lions v Cleveland Browns
Sun 5.30pm 5 & Sky Sports NFL
NFL week four game at Ford Field.

LIVE Atlanta Falcons v Washington Commanders
Sun 5.30pm Sky Sports Football
The NFL week four match at Mercedes-Benz Stadium.

LIVE San Francisco 49ers v Jacksonville Jaguars
Sun 9.05pm Sky Sports Football
The NFL fixture at Levi's Stadium.

LIVE Kansas City Chiefs v Baltimore Ravens
Sun 9.15pm Sky Sports NFL & 11pm Sky Sports Main Event
NFL match at Arrowhead Stadium.

LIVE Dallas Cowboys v Green Bay Packers
Sun 1.10am Sky Sports Main Event & Sky Sports NFL
The NFL fixture at AT&T Stadium.

LIVE Miami Dolphins v New York Jets
Mon 12m't Sky Sports Main Event & Sky Sports NFL
NFL game at Hard Rock Stadium.

LIVE Denver Broncos v Cincinnati Bengals
Mon 1am Sky Sports+, 3.30am Sky Sports Main Event & Sky Sports NFL
The NFL week four match from Empower Field at Mile High.

LIVE Los Angeles Rams v San Francisco 49ers
Thu 12m't Sky Sports Main Event & Sky Sports NFL
The NFL game from SoFi Stadium.

AUSTRALIAN RULES

LIVE Adelaide Crows Women v Sydney Swans Women
Sun 6am TNT Sports 3

LIVE Brisbane Lions Women v Richmond Tigers Women
Sun 6.30am TNT Sports 1

LIVE West Coast Eagles Women v GWS Giants Women
Sun 8am TNT Sports 1

LIVE Hawthorn Hawks Women v Fremantle Dockers Women
Thu 10am TNT Sports 1

LIVE Melbourne Demons Women v Essendon Bombers Women
Fri 10am TNT Sports 2

LIVE GWS Giants Women v St Kilda Saints Women
Fri 4am TNT Sports 1

BASEBALL

LIVE New York Yankees v Baltimore Orioles
Sat 6pm TNT Sports 1
The MLB match at Yankee Stadium.

LIVE Boston Red Sox v Detroit Tigers
Sat 9pm TNT Sports 1
The MLB game from Fenway Park.

LIVE MLB
Sun 8pm TNT Sports 2

LIVE MLB Postseason
Tue 7.30pm & 10.30pm, Thu 10.15pm & 1.30am TNT Sports 4; Tue 1.30am, Wed & Thu 12.30am TNT Sports 1; Wed 1.30am TNT Sports 2

BASKETBALL

LIVE WNBA
Sun 8pm TNT Sports 4
Game four of the play-off semi-finals.

LIVE WNBA
Fri 1am TNT Sports 1
Game one from the finals.

COMBAT SPORTS

LIVE UFC Fight Night Prelims
Sat 1am TNT Sports 1

LIVE Carlos Ulberg v Dominick Reyes
Sat 3am TNT Sports 1
The light heavyweight bout from RAC Arena.

LIVE Prajanchai PK Saenchai v Jonathan Di Bella
Fri 2am Sky Sports Mix
The ONE strawweight kickboxing world title bout in Bangkok.

CRICKET

LIVE Asia Cup
Sun 3.15pm TNT Sports 2 & 6pm TNT Sports 1
The final in Dubai.

LIVE India v Sri Lanka
Tue 10am Sky Sports Main Event & Sky Sports Cricket
The opening Women's World Cup group match from Barsapara Cricket Stadium, Guwahati. See p28.

LIVE New Zealand v Australia
Wed 7am TNT Sports 1
The first T20 from Bay Oval.

LIVE Australia v New Zealand
Wed 10am Sky Sports Main Event & Sky Sports Cricket
Both teams' first Women's World Cup group match at Holkar Stadium.

LIVE India v West Indies
Wed-Fri 4.45am TNT Sports 3
Days one to three of the first Test from Narendra Modi Stadium.

LIVE Bangladesh v Pakistan
Thu 10am Sky Sports Cricket & 5pm Sky Sports Main Event
The Women's World Cup group game from R.Premadasa Stadium.

LIVE New Zealand v Australia
Fri 7am TNT Sports 1
The second T20 from Blake Park.

LIVE England v South Africa
Fri 10am Sky Sports Main Event & Sky Sports Cricket
The Women's World Cup group game at Barsapara Cricket Stadium.

CYCLING

LIVE World Championship
Sat 7.15am & 10.45am, Sun 8.30am TNT Sports 3; Sat 3.15pm TNT Sports 1; Sun 2.25pm BBC2
Road races from Rwanda. See p29.

LIVE Tour of Langkawi
Mon & Tue 6.45am, Thu 6.15am & 3.45am TNT Sports 1; Wed 6.15am TNT Sports 2
The second to sixth stages.

LIVE CRO Race
Tue-Thu 1pm, Fri 12noon TNT Sports 1
The first to fourth stages.

LIVE Tour of Munsterland
Fri 3pm TNT Sports 1
The one-day race from Germany.

LIVE UCI Mountain Bike World Series
Fri 8.45pm TNT Sports 2

EQUESTRIAN

LIVE Longines Global Champions Tour
Sun 5pm TNT Sports 4

GOLF

LIVE Ryder Cup
Sat 12noon & Sun 6.30pm Sky Sports Main Event; Sat 12noon & Sun 5pm Sky Sports Golf
Days two and three at Bethpage Black in New York. See p29.

LIVE LOTTE Championship
Wed & Fri 12m't Sky Sports Main Event; Wed-Fri 12m't Sky Sports Golf
Days one to three staged at Hoakalei Country Club in Hawaii.

LIVE Alfred Dunhill Links Championship
Thu 12noon Sky Sports Main Event; Thu & Fri 12noon Sky Sports Golf
The first and second days staged at the Old Course, St. Andrews.

LIVE Sanderson Farms Championship
Thu & Fri 5pm Sky Sports Golf; Thu 10.30pm & Fri 10.45pm Sky Sports Main Event
Days one and two at the Country Club of Jackson in Mississippi.

HORSE RACING

LIVE Newmarket
Sat 1.30pm ITV

ICE HOCKEY

LIVE Toronto Maple Leafs v Montreal Canadiens
Sat 12m't Premier Sports 2

LIVE Edmonton Oilers v Vancouver Canucks
Sun 1am Premier Sports 2

LIVE Florida Panthers v Carolina Hurricanes
Mon 11pm Premier Sports 2

LIVE Skelleftea v Lulea
Tue 5.55pm Premier Sports 1

MINORITY SPORTS

LIVE IFSC Climbing World Championship
Sat & Sun 11am TNT Sports 4; Sat 2am TNT Sports 3

MOTORCYCLING

LIVE Grand Prix of Japan MotoGP sprint race
Sat 6.45am TNT Sports 2

LIVE Asia Talent Cup
Sat 8am TNT Sports 4 & 12.30am TNT Sports 2

LIVE Superbike World Championship
Sat 8am, 9.30am & 11am, Sun 9.30am, 11am TNT Sports 2

LIVE MotoGP warm-up
Sat 1.30am TNT Sports 2

LIVE The Grand Prix of Japan Moto3 race
Sat 2am TNT Sports 2

LIVE The Grand Prix of Japan Moto2 race
Sat 4am TNT Sports 2

LIVE The Grand Prix of Japan MotoGP race
Sun 5.15am TNT Sports 2
The 17th round of the season staged at Mobility Resort Motegi.

LIVE MotoGP
Thu 2am TNT Sports 2
The Grand Prix of Indonesia first free practice sessions.

LIVE MotoGP
Fri 6.15am TNT Sports 2
Grand Prix of Indonesia MotoGP, Moto2 and Moto3 first practices.

LIVE MotoGP
Fri 1.30am TNT Sports 2
Grand Prix of Indonesia Moto2 and Moto3 second practice sessions.

LIVE MotoGP
Fri 3am TNT Sports 2
The Grand Prix of Indonesia MotoGP qualifying session.

LIVE MotoGP
Fri 5.45am TNT Sports 2
The Grand Prix of Indonesia Moto3 and Moto2 qualifying sessions.

MOTORSPORT

LIVE FIA World Endurance Championship
Sat 2.30am TNT Sports 4
The Six Hours of Fuji in Japan.

LIVE NASCAR
Sun 7.30pm Premier Sports 2
The Hollywood Casino 400.

LIVE F1 Academy
Fri 8.05am & 11.55am Sky Sports F1

LIVE Formula 1
Fri 10am Sky Sports F1
Singapore Grand Prix first practice.

LIVE Formula 1
Fri 1.45pm Sky Sports F1
The Singapore Grand Prix second practice from Marina Bay Circuit.

POOL

LIVE Ultimate Pool
Mon 6pm TNT Sports 2

RUGBY LEAGUE

LIVE NRLW first semi-final
Sat 6am Sky Sports Mix

LIVE NRLW second preliminary final
Sat 10.50am Sky Sports Mix

LIVE Super League play-offs
Sat 7.30pm Sky Sports+

LIVE NRLW second semi-final
Sun 6am Sky Sports Mix

LIVE Super League opening semi-final
Fri 7.30pm Sky Sports+ (kick-off 8pm) Two teams contest a place in the Grand Final.

RUGBY UNION

LIVE New Zealand v Australia
Sat 6am Sky Sports Main Event & Sky Sports+ (kick-off 6.05am)
The Rugby Championship game staged at Eden Park in Auckland.

LIVE Bulls v Ospreys
Sat 12.30pm Premier Sports 2 (kick-off1pm) The United Rugby Championship match.

LIVE Women's World Cup
Sat 3pm BBC1 (kick-off 4pm)
The final from Twickenham in London. See p29.

LIVE Zebre v Edinburgh
Sat 3pm Premier Sports 2 (kick-off 3.05pm) The United Rugby Championship fixture.

LIVE South Africa v Argentina
Sat 4pm Sky Sports+ & Sky Sports Mix (kick-off 4.10pm)
The Rugby Championship match from Kings Park in Durban.

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HOW TO STREAM TV

Everything you need to know about all the channels available to stream...

FREE TO WATCH

BBC iPlayer

A free video-on-demand service from the BBC, featuring BBC dramas including *Luther*, *Doctor Who* and *Line of Duty*, as well as hits including *The Responder* and *This City Is Ours*. There are many comedies, too, from *Not Going Out* to *Ghosts* and *Mrs. Brown's Boys*, plus all episodes of *The Traitors* and *Race Across the World*. You can also watch BBC channels live. It's available online and on devices including mobile phones, tablets and smart TVs.

ITVX

This free streaming channel is the home for all ITV shows, films and much more – from drama box sets such as *Trigger Point* to *Love Island* episodes and James Bond movies. It can be accessed on smart TVs and an app to download. You can upgrade to ITVX Premium for an extra fee for even more content and ad-free viewing.

Channel 4 Streaming

A free streaming channel for all C4 content, this is home to shows from *Location, Location, Location* to *Celebrity Gogglebox*, plus a huge selection of true-crime series and documentaries, including *24 Hours in A&E*, as well as box-set comedies such as *Friday Night Dinner*, *Peep Show* and *Derry Girls*. You can access online via channel4.com, your smart TV or an app download. An upgrade to Channel 4+ for an extra fee also gives you more shows, early access and ad-free viewing.

5 Streaming

A free video-on-demand service from 5 that features bingeable box sets of American shows such as *Dexter* and *The Good Wife*, plus top British dramas including *All Creatures Great & Small*. There's also a huge selection of police documentaries, from *Traffic Cops* to *Police Interceptors*, plus kids' shows from *Peppa Pig* to *Paw Patrol*. The service is available on smart TVs, through channel5.com and as an app download.

U

The free streaming service offers drama, comedy and entertainment, from recent shows like *The Marlow Murder Club* and *Bergerac* to classic series such as *Pride and Prejudice*. There are also US box sets including *Mad Men*, plus lots of true-crime documentaries and favourites such as *Canal Boat Diaries*. It can be accessed via an app and on smart TVs.

SUBSCRIPTION SERVICES

Netflix

This paid-for streaming channel features plenty of original content, with shows from *The Four Seasons* and *Toxic Town* to *Con Mum* and *The Real Fatal Attraction*. There is also a host of new and classic films such as *Grease* and *Mean Girls*, plus it's the home of all seasons of *Friends*. You can access Netflix via smart TVs, the website and an app to download.

Prime Video

The paid-for subscription channel features plenty of original TV shows like *Clarkson's Farm* and *Nine Perfect Strangers*. There are also comedy shows such as *Last One Laughing*, plus plenty of newly released films available to stream, buy or rent including BAFTA-winner *Conclave*. Prime Video can be accessed on TVs, mobiles, tablets and more.

Disney+

The home of most Disney content is a paid-for streaming channel that has classic movies such as *Mary Poppins* and *Dumbo*, recent films including *A Complete Unknown*, top dramas like *A Thousand Blows*, plus a large selection of National Geographic documentaries such as *Ocean* with Sir David Attenborough. There's every Star Wars film and spin-off series such as *Andor*, plus the Muppets' catalogue of films and shows. It's available on smart TVs, an app download and online.

Apple TV+

There's a selection of high-quality, exclusive, original-production films and TV series called Apple Originals. Content includes top dramas *Slow Horses*, *Smoke* and *Severance*, comedies like *Ted Lasso* and *Bad Sisters*, plus films *Napoleon* and *Blitz*. This paid-for streaming channel is available on smart TVs and the Apple TV app.

Paramount+

This is the home to blockbuster Paramount movies, new originals and hit shows, primarily from the libraries of American TV station CBS, with TV series including *Yellowstone* and *Star Trek: Discovery*. There's also a huge selection of Smithsonian documentaries, MTV series and Nickelodeon shows including *SpongeBob SquarePants*. The paid-for streaming service is available on desktop, smart TVs and an app, and is also available free for Sky Cinema subscribers.

Discovery+

This is a paid-for streaming service that focuses on factual programming and original series. There's a library of real-life entertainment with eye-opening docuseries such as *Celebrity Help! My House Is Haunted*. It's also home to sports via the TNT Sports channels, including cricket, football, French Open tennis and Premiership rugby union. The service is available via the app and smart TVs. The basic version (without sport) is also included at no extra cost on Sky.

Sky Store

This paid-for streaming service is home to the latest blockbuster movies straight from the cinema, either to buy or rent, as well as TV shows to buy and keep including *The White Lotus* and *The Last of Us*. It's independent from Sky's TV service, meaning a Sky TV subscription isn't required, but you must create an account to access products and services.

MGM+

This is a paid-for streaming service that features a variety of content including titles from Lionsgate and US channel Starz as well as original MGM+ series. Shows and films include *Godfather of Harlem* and *Legally Blonde*, plus all the James Bond movies. Subscribe to MGM+ via Prime Video for a monthly fee.

Acorn TV

Many favourite dramas, murder mysteries and comedies from around the world appear here first. Current hit series include *Whitstable Pearl*, *Harry Wild*, *Darby and Joan*, *Signora Volpe* and *Recipes for Love & Murder*. The paid-for streaming service is available on smart TVs and via a mobile app.

NOW

There is a host of Sky TV shows and box sets to watch on this paid-for streaming service including *The Day of the Jackal*, *Brassic*, *Gangs of London* and *The White Lotus*. A choice of plans means you can also stream Sky Sports to enjoy Formula One and events such as the British & Irish Lions rugby series, and even watch the latest movies and Sky Original films. It's available to stream via your smart TV.

DAZN

This paid-for steaming sports service features boxing, NFL, kick-boxing, LIV Golf and women's football, as well as the FIFA Club World Cup. It broadcasts both live and on-demand. You can access it via its mobile app and on smart TVs. It's also available as a Prime Video channel at an additional subscription cost.

WORDS: NICK CANNON, HANNAH DAVIES. PHOTO: ADOBE STOCK

Football planner

LIVE Scarlets v Munster
Sat 5.15pm Premier Sports 1 (kick-off 5.30pm) The United Rugby Championship match.

LIVE Cardiff v Lions
Sat 7.15pm S4C & 8.15pm Premier Sports 2 (kick-off 7.45pm) The United Rugby Championship game from Cardiff Arms Park.

LIVE Connacht v Benetton
Sat 7.40pm Premier Sports 1 (kick-off 7.45pm) The United Rugby Championship match.

LIVE Northampton Saints v Exeter Chiefs
Sun 12.30pm TNT Sports 1 (kick-off 1pm) Prem action at Franklin's Gardens.

LIVE Bristol Bears v Leicester Tigers
Sun 3.15pm TNT Sports 1 (kick-off 3.30pm) Prem coverage from Ashton Gate.

LIVE North Harbour v Southland
Fri 7am Sky Sports Mix (kick-off 7.10am) The NPC match.

LIVE Stormers v Ospreys
Fri 5.30pm Premier Sports 2 (kick-off 6pm) The United Rugby Championship game at DHL Stadium.

LIVE Bath v Sale Sharks
Fri 7pm TNT Sports 1 (kick-off 7.45pm) Coverage of the Prem fixture.

LIVE Edinburgh v Ulster
Fri 7.30pm Premier Sports 1 (kick-off 8.05pm) The United Rugby Championship fixture.

LIVE Dragons v Sharks
Fri 7.50pm S4C & 8pm Premier Sports 2 (kick-off 8.05pm) The United Rugby Championship match at Rodney Parade.

SNOOKER

LIVE British Open
Sat 12.45pm & 6.45pm ITV4 The semi-finals at the Centaur.

LIVE British Open
Sun 12.45pm & 6.45pm ITV4 The final at the Centaur, Cheltenham.

TENNIS

LIVE ATP Tokyo Open
Tue 11am Sky Sports Tennis The final from Ariake Coliseum.

LIVE ATP Beijing Open
Wed 12noon Sky Sports Tennis The final at National Tennis Center.

LIVE ATP Shanghai Masters
Wed & Thu 5.30am Sky Sports Main Event; Wed 5.30am, Thu & Fri 1pm & 5.30am Sky Sports+ & Sky Sports Tennis Days two to four staged at Qizhong Forest Sports City Arena.

LIVE ATP Shanghai Masters and WTA Beijing Open
Thu & Fri 8am Sky Sports Main Event, Sky Sports+ & Sky Sports Tennis

WHEELCHAIR RUGBY

LIVE Halifax Panthers v London Roosters
Sun 5pm Sky Sports+ (kick-off 5.30pm) The Wheelchair Super League Grand Final from Manchester Basketball Centre.

LIVE PREMIER LEAGUE

Nottingham Forest v Sunderland

Saturday, kick-off 5.30pm, Sky Sports Premier League

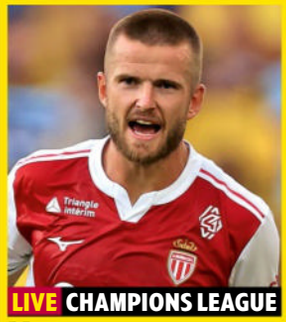
After a shaky start to the season, Nottingham Forest fans get their first chance to welcome new coach Ange Postecoglou to the City Ground as their side face Sunderland in the top flight for the first time since March 1997.

LIVE CHAMPIONS LEAGUE

Galatasaray v Liverpool

Tue, kick-off 8pm, Prime Video

As Liverpool travel to Turkey in the league phase, Galatasaray are seeking to reach the Champions League knockout stage for the first time in more than a decade, having recruited former Manchester City teammates Ilkay Gündogan (above) and Leroy Sané.



LIVE CHAMPIONS LEAGUE

Monaco v Manchester City

Wednesday, kick-off 8pm, TNT Sports 2

The only previous meeting between these sides saw a two-leg Champions League thriller in 2017 when Monaco progressed to the quarter-finals 6-6 on away goals. Their current squad features former England star Eric Dier.

Saturday 27

LIVE Coventry City v Birmingham City
11am Sky Sports Football (kick-off 12.30pm) The Championship match.

LIVE Brentford v Manchester United
11am TNT Sports 1 (kick-off 12.30pm) The Premier League fixture from Gtech Community Stadium.

LIVE Arsenal v Aston Villa
11.30am Sky Sports Premier League & Sky Showcase (kick-off 12noon) The Women's Super League game.

LIVE Wrexham v Derby County
12.25pm Sky Sports+ (kick-off 12.30pm) The Championship match.

LIVE Getafe v Levante
12.55pm Premier Sports 1 (kick-off 1pm) The LaLiga game.

LIVE Nottingham Forest v Sunderland
5pm Sky Sports Premier League (kick-off 5.30pm) Premier League match staged at The City Ground.

LIVE Motherwell v Aberdeen
5.15pm Premier Sports 2 (kick-off 5.45pm) The Scottish Premiership fixture from Fir Park.

LIVE Borussia Moenchengladbach v Eintracht Frankfurt
5.20pm Sky Sports Football (kick-off 5.30pm) The Bundesliga match staged at Borussia Park.

LIVE Tottenham Hotspur v Wolverhampton Wanderers
7.45pm Sky Sports Premier League (kick-off 8pm) The Premier League match from Tottenham Hotspur Stadium.

LIVE Villarreal v Athletic Bilbao
8pm Disney+ (kick-off 8pm) The LaLiga match staged at Estadio de la Cerâmica.

Sunday 28

LIVE Liverpool v Manchester United
11am Sky Sports Main Event, Sky Sports Football & Sky Showcase (kick-off 12noon) The Women's Super League game.

LIVE Manchester City v London City Lionesses
11am Sky Sports Mix (kick-off 12noon) The Women's Super League game at Joie Stadium.

LIVE NEC Nijmegen v AZ Alkmaar
11.10am Premier Sports 2 (kick-off 11.15am) Eredivisie.

LIVE Rayo Vallecano v Sevilla
12.55pm Premier Sports 1 (kick-off 1pm) The LaLiga match.

LIVE Aston Villa v Fulham
1pm Sky Sports Main Event & Sky Sports Premier League (kick-off 2pm) The Premier League fixture from Villa Park.

LIVE Livingston v Rangers
2.30pm Sky Sports Football (kick-off 3pm) The Scottish Premiership match.

LIVE Elche v Celta Vigo
3.10pm Premier Sports 1 (kick-off 3.15pm) LaLiga fixture.

LIVE Rangers v Glasgow City
4pm BBC Alba (kick-off 4.10pm) The Scottish Women's PL match.

LIVE Newcastle Utd v Arsenal
4pm Sky Sports Main Event & Sky Sports Premier League (kick-off 4.30pm) The Premier League game from St James' Park.

LIVE Real Betis v Osasuna
5.25pm Premier Sports 1 (kick-off 5.30pm) LaLiga match.

LIVE Washington Spirit v Houston Dash
6pm TNT Sports 3 (kick-off 6pm)

LIVE AC Milan v Napoli
7.30pm TNT Sports 1 (kick-off 7.45pm) Serie A fixture.

LIVE Barcelona v Real Sociedad
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga match.

LIVE River Plate v Deportivo Riestra
10pm Premier Sports 1

LIVE Corinthians v Flamengo
12.25am Premier Sports 1

Monday 29

LIVE Everton v West Ham United
6.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League match staged at Hill Dickinson Stadium.

LIVE Genoa v Lazio
7.30pm TNT Sports 1 (kick-off 7.45pm) Serie A fixture.

LIVE Valencia v Oviedo
7.55pm Premier Sports 1 (kick-off 8pm) The LaLiga match.

Tuesday 30

LIVE Chelsea U19 v Benfica U19
3pm TNT Sports 1 (kick-off 3pm) The Youth League game.

LIVE Kairat Almaty v Real Madrid
5.30pm TNT Sports 2 (kick-off 5.45pm) The game in the league phase of the Champions League at Pavlodar Central Stadium.

LIVE Atalanta v Club Brugge
5.45pm TNT Sports 3 (kick-off 5.45pm) The Champions League fixture in the league phase.

LIVE Chelsea v Benfica
7pm TNT Sports 1 (kick-off 8pm) The Champions League game in the league phase at Stamford Bridge.

LIVE Derby County v Charlton Athletic
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) Championship game at Pride Park.

LIVE Middlesbrough v Stoke City
7.35pm Sky Sports+ (kick-off 7.45pm) Championship.

LIVE Bodo/Glimt v Tottenham Hotspur
7.45pm TNT Sports 2 (kick-off 8pm) The fixture in the league phase of the Champions League from Aspmyra Stadion.

LIVE Galatasaray v Liverpool
8pm Prime Video (kick-off 8pm) The game in the league phase of the Champions League at Rams Park.

Wednesday 1

LIVE Union Saint-Gilloise v Newcastle United
5pm TNT Sports 2 (kick-off 5.45pm) The fixture in the league phase of the Champions League staged at Lotto Park.

LIVE Qarabag v Copenhagen
5.45pm TNT Sports 3 (kick-off 5.45pm) The Champions League match in the league phase.

LIVE Arsenal v Olympiacos
7pm TNT Sports 1 (kick-off 8pm) The Champions League game in the league phase at Emirates Stadium.

LIVE Hibernian v Glasgow City
7.25pm BBC Alba (kick-off 7.35pm) The Scottish Women's Premier League match.

LIVE QPR v Oxford United
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm) The Championship fixture.

LIVE Norwich City v West Bromwich Albion
7.35pm Sky Sports+ (kick-off 7.45pm) Championship.

LIVE Barcelona v PSG
7.45pm TNT Sports 4 (kick-off 8pm) The Champions League game in the league phase.

LIVE Monaco v Manchester City
7.45pm TNT Sports 2 (kick-off 8pm) The Champions League fixture in the league phase.

LIVE Internacional v Corinthians
11.25pm Premier Sports 1

LIVE Santos v Gremio
1.25am Premier Sports 1

Thursday 2

LIVE Celtic v SC Braga
5pm TNT Sports 2 (kick-off 5.45pm) Europa League.

LIVE Dynamo Kyiv v Crystal Palace
5pm TNT Sports 3 (kick-off 5.45pm) The fixture in the league phase of the Conference League. See p29.

LIVE AS Roma v Lille
5.45pm TNT Sports 4 (kick-off 5.45pm) Europa League.

LIVE Rotherham United v Bradford City
7.30pm Sky Sports Main Event & Sky Sports Football (kick-off 8pm)

LIVE Nottingham Forest v FC Midtjylland
7.30pm TNT Sports 1 (kick-off 8pm) The Europa League game staged at The City Ground.

LIVE Aberdeen v Shakhtar Donetsk
7.45pm TNT Sports 4 (kick-off 8pm) Conference League.

LIVE Sturm Graz v Rangers
7.45pm TNT Sports 2 (kick-off 8pm) Europa League.

LIVE Feyenoord v Aston Villa
7.45pm TNT Sports 3 (kick-off 8pm) Europa League.

Friday 3

LIVE Manchester United v Chelsea
7.05pm BBC3 (kick-off 7.30pm) The Women's Super League match.

LIVE Hoffenheim v FC Köln
7.30pm BBC iPlayer (kick-off 7.30pm) Bundesliga.

LIVE Scottish Championship
7.30pm BBC Scotland (kick-off 7.45pm)

LIVE Bournemouth v Fulham
7.30pm Sky Sports Main Event & Sky Sports Premier League (kick-off 8pm) The Premier League match at Vitality Stadium.

LIVE Wrexham v Birmingham City
7.30pm Sky Sports Football (kick-off 8pm) Championship.

PHOTOS: GETTY

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Saturday

27 September

Evening Planner

Comedy

Panda Plan

Sky Premiere, 9am & 6.20pm

Slapstick comedy, impressive stuntwork from Jackie Chan and a cute panda (even if it is CGI) – the family will love this one.

Football

Premier League

TNT Sports & Sky Sports

Today's live coverage features Brentford v Manchester United, Nottingham Forest v Sunderland and Spurs v Wolves.

Entertainment

Strictly Come Dancing

BBC1, 6.55pm

The pro-celebrity couples perform their first dance routines for the judges, who won't be voting anyone off this week.

Drama

Nine Bodies in a Mexican Morgue

BBC1, 9.25pm (box set, BBC iPlayer)

Nine bodies are recovered after a plane crash – but only one died in the accident...

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	‹ 6.55 Strictly Come Dancing				9.25 Nine Bodies in a Mexican...		10.10 News	10.30 Match of the...
	102 BBC2	‹ 6.30 Michael Portillo's...	7.35 Deep Ocean: Kingdom of the...		8.25 Secrets of the Jurassic Dinosaurs	9.25 Banned in the 80s: Moments That...			10.20 More Dangerous...
	103 ITV1	7.00 Win Win		8.00 Who Wants to Be a Millionaire?		9.00 The Jonathan...	9.30 News	9.50 Film: Joker	
	104 CHANNEL 4		7.10 Mysteries of Sink Holes			9.00 Film: Kingsman: The Secret Service			
	105 5	‹ 6.25 Secrets of the Royal Palaces			8.25 The Savoy: London's First Luxury Hotel	9.25 William & the King: Like Father, Like Son			
	106 SKY SHOWCASE	7.00 The Simpsons			8.25 An Idiot Abroad 2	9.25 Film: Bridget Jones's Baby			
ENTERTAINMENT	115 BBC3		7.10 Doctor Who			9.00 Gavin & Stacey		10.00 RuPaul's Drag Race UK	
	116 BBC4	7.05 The Yorkshire...	7.35 The Cult of All Creatures Great...		8.25 All Creatures Great and Small			10.05 Film: Evil Does Not Exist	
	118 ITV2		7.10 Film: Legally Blonde			9.00 Film: Mean Girls			
	136 MORE4	‹ 6.50 Four in a Bed				9.00 24 Hours in A&E			
	135 E4	7.00 Film: Sister Act 2: Back in the Habit					9.05 Celebrity Gogglebox		10.15 Gogglebox
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Blue Bloods		10.00 Elsbeth	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones						10.05 The White Lotus	
	110 U&GOLD	‹ 6.20 Only Fools and...	7.35 Fawlty Towers						10.15 Bottom
	111 U&DAVE	7.00 Red Dwarf				9.00 Parks and Recreation			10.30 Not Going Out
	119 ITV3	7.00 Midsomer Murders				9.00 Vera			
	120 ITV4	‹ 6.45 British Open Snooker – Live: The second semi-final							10.15 Film: The Taking of Pelham...
	112 COMEDY CENTRAL	7.00 Bradley & Barney Walsh: Breaking Dad		8.00 Michael McIntyre's Big Show		9.00 Film: R.I.P.D			
	139 SKY SCI-FI	7.00 Star Trek: Enterprise							
	113 SKY MAX	7.00 The Walking Dead		8.00 An Idiot Abroad 2		9.00 Brassic		10.00 Romesh: Can't Knock the Hustle	
	109 U&ALIBI	7.00 The Coroner		8.00 Father Brown		9.00 Shakespeare & Hathaway		10.00 Death in Paradise	
	124 SKY ARTS		7.10 Luther Vandross at the Royal Albert Hall			9.00 Film: Luther: Never Too Much			
	132 U&W	7.00 Pete Wicks: For Dogs' Sake				9.00 One Born: What Happened Next?			
DOCUMENTARY	125 DISCOVERY	7.00 Gold Divers				9.00 In the Eye of the Storm		10.00 Marooned with Ed Stafford	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Extinct or Alive		9.00 The Zoo		10.00 Tanked	
	129 NAT GEO	7.00 Top Guns: The Next Generation		8.00 Car S.O.S.					
	123 SKY HISTORY	7.00 Secrets in the Ice				9.00 JFK: The Final Evidence			
	155 U&YESTERDAY	7.00 Bangers & Cash							
	121 SKY DOCS	7.00 Film: Spitfire				9.00 Have You Got It Yet? The Story of Syd Barrett and Pink Floyd			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.20 Panda Plan		8.00 Novocaine				10.00 Nosferatu	
	302 20S	‹ 6.00 Godzilla x Kong: The New Empire		8.00 Twisters				10.05 Novocaine	
	303 HITS	‹ 6.05 Cleaner		8.00 Bad Boys: Ride or Die				10.10 Saturday Night Fever	
	304 FEEL GOOD	‹ 5.15 Wicked		8.00 Wonka				10.00 Ella Enchanted	
	305 KUNG FU PANDA	‹ 6.20 Kung Fu Panda 3		8.00 Kung Fu Panda 4			9.40 Kung Fu Panda		
	306 FAMILY	‹ 6.00 Jumanji		8.00 IF				10.00 Nutty Professor II: The Klumps	
	307 FAST	‹ 5.15 Fast & Furious...	7.35 The Fast and the Furious				9.30 2 Fast 2 Furious		
	308 COMEDY	‹ 6.10 Horrible Bosses		8.00 Brewster's Millions				9.45 You've Got Mail	
	309 THRILLER	‹ 5.55 Inferno		8.00 The Beekeeper				10.00 True Romance	
	310 DRAMA	‹ 6.20 Rurangi		8.00 Joker: Folie à Deux					10.25 The Danish Girl
	311 SCI-FI	‹ 6.15 A Quiet Place: Day One		8.00 The Ring Two				10.00 Chappie	
	313 FILM4	‹ 6.45 Cowboys & Aliens				9.00 Plane			
SPORT	401 MAIN EVENT	‹ 5.00 Ryder Cup Golf – Live: Coverage of the fourballs matches on day two							
	402 PREMIER LEAGUE	‹ 5.00 SNF – Live		7.45 SNF – Live: Tottenham Hotspur v Wolverhampton Wanderers (Kick-off 8.00)					
	403 FOOTBALL	‹ 5.20 Bundesliga...	7.30 EFL				9.30 WSL	10.00 EFL Highlights	
	405 CRICKET	7.00 ICC Women's...	7.30 ICC Women's World Cup			9.00 ICC Women's...	9.30 Women's ICC...	10.00 Women's International One-Day Cricket	
	410 TNT SPORTS 1	‹ 6.00 MLB – Live: New York Yankees v Baltimore Orioles (Start-time 6.05)				9.00 MLB – Live: Boston Red Sox v Detroit Tigers (Start-time 9.10)			
	411 TNT SPORTS 2	‹ 6.30 Snooker...	7.30 UEFA...	8.00 UEFA Europa League & Conference...		9.00 Too Good to Go Down			

‹ Denotes programmes starting before 7.00pm † Regions vary

SATURDAY

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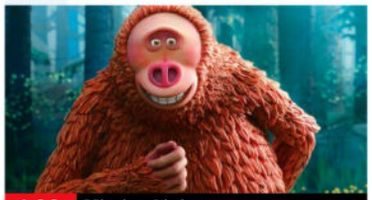
BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
10.00 **Saturday Kitchen Live** New edition With author and presenter Richard Osman. (S)
11.30 **Rick Stein's Cornwall** (S)(R)(AD)
12.00 NOON **Football Focus** (S)
12.45 PM **BBC News** (S)
1.00 **FILM** **Missing Link** Animation with the voice of Hugh Jackman. An explorer helps a Bigfoot-like creature find his long-lost relatives in the fabled valley of Shangri-La. (S)(AD) (2019, PG, 90min) ★★★
2.30 **Money for Nothing** Audio engineer Mark Phillips tries to turn a kitchen cabinet into a speaker. (S)(R)
3.00 **LIVE** **Rugby Union: Women's Rugby World Cup** Coverage of the final, which comes from Allianz Stadium Twickenham in London. Kick-off is at 4.00. (S)


1.00 Missing Link

6.35 **BBC News** (S)
6.45 **Local News** (S)
6.55 **Strictly Come Dancing** New edition Tess Daly and Claudia Winkleman present the first live edition of the ballroom dancing show. The celebrities and their partners perform their opening routines, safe in the knowledge that no one is being voted off this week, although judges Shirley Ballas, Craig Revel Horwood, Motsi Mabuse and Anton Du Beke will offer their comments – good or bad. *See feature, page 12.* (S)(AD)

9.25 **NEW SERIES** **Nine Bodies in a Mexican Morgue** *Dead Reckoning:* 1/6. Mystery starring Eric McCormack. The survivors of a plane crash in the Mexican jungle are unaware that a murderer lurks in their midst. *See feature, page 6.* (S)(AD)
■ Entire series on BBC iPlayer
10.10 **BBC News** (S)
10.30 **Match of the Day** Highlights of the latest Premier League matches, including Crystal Palace v Liverpool and Manchester City v Burnley. (S)
■ More tomorrow at 10.30pm
11.55 **The Football Interview** New edition With Bournemouth manager Andoni Iraola. (S)
12.10 AM **FILM** **Scary Stories to Tell in the Dark** Horror starring Zoe Margaret Colletti. A woman turns her tortured life and horrible secrets into a series of scary stories. (S) (2019, 15, 100min) ★★★
1.50 **Weather for the Week Ahead** (S)
1.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.40 AM **Children's Programmes**
9.10 **Prayer and Reflection** (S)(R)
9.40 **Christine's Garden** (S)(R)
10.10 **Gardeners' World** (S)(R)
11.10 **Japan's Northern Wilderness** (R)
12.00 NOON **The Hairy Bikers' Bakeation** Si and Dave visit Norway. (S)(R)
12.30 PM **FILM** **My Darling Clementine** John Ford Western starring Henry Fonda and Victor Mature. (S) (1946, b/w, U, 90min) ★★★★★
2.00 **FILM** **How the West Was Won** Epic Western chronicling the development of the American frontier. Stars Gregory Peck. (S)(AD) (1962, PG, 150min) ★★★
4.30 **Final Score** Results round-up. (S)
5.30 **Natural World: H Is for Hawk – A New Chapter** Author and falconer Helen Macdonald trains a new goshawk. (S)(R)(AD)

2.00 How the West Was Won

6.30 **Michael Portillo's 200 Years of the Railways** 2/2. Michael looks at the transformative effect of railways on Britain by travelling the world's first intercity line between Liverpool and Manchester. (S)(R)

7.35 **Deep Ocean: Kingdom of the Coelacanth** David Attenborough narrates a documentary about a team using submersibles to attempt to film a group of coelacanths, primeval fish considered to be living fossils. (S)(R)(AD)

8.25 **Secrets of the Jurassic Dinosaurs** 1/2. Liz Bonnin joins a team of palaeontologists in the remote badlands of Wyoming as they investigate a mysterious dinosaur graveyard packed with over a dozen skeletons. (S)(R)(AD)

9.25 **NEW** **Banned in the 80s: Moments That Shook Music** Documentary revealing the stories behind the most controversial music of the 1980s, featuring Frankie Goes to Hollywood, Queen, George Michael, NWA and Madonna. (S)

10.20 **More Dangerous Songs: And the Banned Played On** A compilation of songs previously banned from broadcast on the BBC, including music by The Kinks, Scott Walker and Heaven 17. (S)(R)
11.20 **Britain's Most Dangerous Songs: Listen to the Banned** Songs that were banned by the BBC. (S)(R)
12.20 AM **Golf: Ryder Cup Highlights** Action from the second day. (S)
1.50 **Sign Zone: The Guest** (S)(R)(AD)
2.50 **Sign Zone: Great British Railway Journeys** (S)(R)(AD)
3.20 **Sign Zone: The Big Cases** (S)(R)
3.50 **to 6.10** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Simply Raymond Blanc** (S)(R)
6.50 **James Martin's Great British Adventure** Pembrokeshire. (S)(R)
7.45 **FILM** **Madagascar** Animation. (S)(AD) (2005, U, 100min) ★★★★
9.25 **ITV News** (S)
9.30 **James Martin's Saturday Morning** New edition With Russell Watson.
11.40 **Nisha Katona's Home Kitchen** New edition Dishes include Hungarian plum dumplings. (S)
12.40 PM **Ainsley's Good Mood Food** Seaside-inspired dishes. (S)(R)(AD)
1.10 **ITV News** (S)
1.30 **LIVE** **Racing** Coverage from Newmarket and Haydock Park. (S)
4.00 **Tipping Point: Best Ever Finals** Dramatic endgames. (S)(R)
4.30 **ITV News** (S)
4.45 **Local News** (S)
5.00 **The Chase Celebrity Special** (S)(R)

6.00 You Bet! on Tour

6.00 **You Bet! on Tour** New edition 5/6. Stephen Mulhern hosts the game show as it travels around the UK to find ordinary people taking on extraordinary challenges for the chance to win £5,000. (S)(AD)

7.00 **Win Win** New edition Mel Giedroyc and Sue Perkins host the interactive quiz show in which three viewers get the chance to win the same prizes as the 40 contestants playing in the studio. (S)

8.00 **Who Wants to Be a Millionaire?** Jeremy Clarkson hosts the big-money quiz, giving contestants the chance to take their place in the hot seat. (S)(R)

9.00 **The Jonathan Ross Show: Special Guests** Including interviews with Britney Spears, Ed Sheeran and Michael Bublé. (S)(R)
9.30 **ITV News** (S)
9.50 **FILM** **Joker** Drama starring Joaquin Phoenix. In Gotham City, Arthur Fleck's mental health issues cause him to embark on a downward spiral of revolution and bloody crime. With Robert De Niro and Zazie Beetz. (S) (2019, 15, 125min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.55 **English Football League Highlights** Action from the latest EFL matches, including Southampton v Middlesbrough. (S)
1.15 AM **Teleshopping**
3.00 **The Twelve** 10/10. The jury's verdict is handed down. (S1) (S)(SL)(R)(AD)
4.00 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Fern Britton: Inside the Vet's** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.10 AM **Cheers** (S10&11) (S)(R)
7.55 **Everybody Loves Raymond** 16&17/25. (S5) (S)(R)(AD)
8.55 **Frasier** 1&2/24. (S5) (S)(R)(AD)
9.55 **The Simpsons** (S)(R)(AD)
10.55 **Come Dine with Me: The Professionals** (S)(R)
11.55 **A Place in the Sun** (S)(R)
12.55 PM **Four in a Bed** Five editions of the B&B challenge. (S)(R)
3.35 **Kirstie and Phil's Love It or List It** Kirstie Allsopp and Phil Spencer help Aneri and Nihar in Radlett, Hertfordshire. (S)(R)(AD)
4.35 **Worst House on the Street** Stuart and Scarlette Douglas work on a property in Leicester. (S)(R)(AD)
5.40 **Jamie: What to Eat This Week** New edition Jamie Oliver chooses a selection of some of his favourite autumn meals. (S)(AD)

9.00 Kingsman: The Secret Service

6.40 **News** (S)

7.10 **Mysteries of Sink Holes** 3/3. Documentary exploring the history of sinkholes, examining incidents throughout history from high in the mountains of south west China to hundreds of metres underwater in the Gulf of Mexico. Cutting-edge technology reveals living environments deep within sinkholes, while cavers and divers pursue archaeological expeditions 80 metres deep. (S)(R)(AD)

9.00 **FILM** **Kingsman: The Secret Service** Action comedy based on a comic book, starring Colin Firth and Taron Egerton. A streetwise teenager is given the opportunity to work with a super-secret spy organisation. With Samuel L Jackson, Mark Strong and Michael Caine. (S) (AD) (2015, 15, 155min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.35 **FILM** **Oasis: Supersonic** The Manchester band's early years. (S)(AD) (2016, 15, 140min) ★★★
1.55 AM **Ramsay's Kitchen Nightmares USA** (S)(SL)(R)
2.50 **Travel Man: 48 Hours in Antwerp** Joe Lycett is joined by Katherine Parkinson. (S)(SL)(R)(AD)
3.15 **Celebrity Undercover Boss USA**
4.05 **Location, Location, Location** (R)
5.05 **to 5.55** AM **The Simpsons** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.10 **Entertainment News** (S)
9.20 **Cruising with Jane McDonald** Jane's tour of Alaska. (S)(R)
9.35 **Ben Fogle: New Lives in the Wild** Triple bill of editions. (S)(R)
12.30 PM **Susan Calman's Grand Day Out** Triple bill. (S)(R)
3.35 **Michael Portillo in Andalucia** Michael visits Huelva and heads to the mines of Rio Tinto. (S)(R)
4.30 **Michael Portillo in Andalucia** A visit to Andalucía's Atlantic coast to explore Cádiz, Europe's oldest inhabited city. (S)(R)
5.30 **News** (S)
5.35 **Only Fools and Horses: Secrets & Scandals** The secrets behind the making of the much-loved comedy. (S)(R)

9.25 William & the King

6.25 Secrets of the Royal Palaces
A look at St James's Palace, which was built between 1531 and 1536 on the orders of Henry VIII and is still the business centre of the Royal Family today. (S)(R)

7.25 Secrets of the Royal Palaces
Behind-the-scenes tales of Osborne House on the Isle of Wight, which was bought by Queen Victoria and Prince Albert in 1840 and was turned into their perfect renaissance hideaway. (S)(R)

8.25 The Savoy: London's First Luxury Hotel
A look at the 140-year history of the world-renowned hotel, how it has changed the hospitality industry and the famous faces that have visited it over the years. (S)(R)

9.25 NEW William & the King: Like Father, Like Son
One-off documentary exploring the evolving bond between King Charles and the Prince of Wales, a father and son united not just by family, but by the future of the monarchy itself. (S)

10.55 When 70s TV Goes Horribly Wrong
A look back at less-than-perfect moments from the 1970s' biggest shows. (S)(R)

1.00 AM **PlayOJO Live Casino Show**
3.00 **Elvis: The Man Who Shook Up the World** Exploring the story of Elvis Presley's remarkable success. (S)(R)
4.15 **Friends** (S2) (S)(R)(AD)
4.40 **The Highland Vet** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Boosnoo! Mega Mashups**
6.15 **Ready Eddie Go!** (S)(R)(AD)
6.30 **Emerald** (S)(R)(AD)
6.40 **The Brilliant World of Tom Gates 2** (S)(R)(AD)
6.50 **Silly Animals** (S)(R)
7.00 **Monkey Life** (S)(R)
8.00 **The Simpsons** (S)(R)
9.30 **Africa's Hunters** (S)(R)(AD)
11.30 LIVE **Football: WSL** Arsenal v Aston Villa: From the Emirates Stadium. Kick-off is at 12.00.
2.30 PM **Football's Funniest Moments** Comical clips. (S)(R)
3.00 **Gillette Labs Soccer Saturday** The latest from today's matches.
5.00 **The Great British Dig: History in Your Back Garden** The team try to solve a medieval mystery in Coventry, as they search for a monastic grange. (S)(R)

9.25 Bridget Jones's Baby

6.00 Bone Detectives
Tori Herridge and a team of scientists attempt to piece together the story behind the remains of children that were found beneath a Leeds shopping arcade. (S)(R)

7.00 The Simpsons
Black Widower: Selma gets engaged to her prison pen-pal – Sideshow Bob. (S)(R)
7.30 *The Otto Show:* Marge and Homer buy Bart a guitar. With Spinal Tap. (S)(R)

8.00 The Simpsons
Bart's Friend Falls in Love: Milhouse falls in love with a new girl at school. (S)(R)

8.25 An Idiot Abroad 2
6/8. Karl Pilkington travels along America's Route 66. Activities during the journey include a cuddle party with New Age therapists. (S)(R)

9.25 FILM Bridget Jones's Baby
Romantic comedy sequel starring Renée Zellweger and Colin Firth. After a pair of one-night stands, the now single Bridget Jones winds up pregnant. With Patrick Dempsey, Emma Thompson and Sally Phillips. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.40 **The Paper** 7/10. The staff find their attitudes towards authority bubbling up. (S)(R)(AD)
12.20 AM 8/10. Mare uncovers a story that pits the *Truth Teller* against its owner. (S1) (S)(R)(AD)
12.55 **The Office (US)** 15-17/25. Triple bill of episodes. (S3) (S)(R)
2.25 **Road Wars** Triple bill. (S)(R)
5.00 **Nothing to Declare** (S)(R)(AD)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
11.55pm Sportscene: Premiership Highlights (S)(R) **1.10am** The Football Interview New edition (S) **1.25** Weather for the Week Ahead (S) **1.30-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
No variations

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
6.30pm Restoration Rescue (S)(R) **7.00-7.35pm** Paula McIntyre's Hamely Kitchen USA (S)(R)

WALES
Sky **968**, Freesat **968**
5.30pm Flog It! (S)(R)
6.00-6.30pm Weatherman Walking (S)(R)

ITV1

No variations

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **8.00** Stwnsh Sadwrn **10.00** Help Llaw **10.15** Teulu'r Castell **11.20** Codi Pac **11.50** Bwyd Epic Chris (AD) **12.25pm** Iolo: Natur Bregus Cymru (AD) **1.25** Efaciwis: Drych (AD) **2.25** Teulu Shadog: Tymhorau'r Flwyddyn (AD) **3.00** Adeiladu'r Freuddwyd: Camp Out West **3.30** Am Dro! **4.30** Garddio a Mwy **5.00** Yr Anialwch **6.00** Antur Itera Tim Lowri Morgan **7.00** Newyddion a Chwaraeon **7.15** LIVE Clwb Rygbi **9.50** Am Dro! **10.50-11.55pm** Rali Ceredigion

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **Rapman: Back of the Bus** The rapper and director takes a tour around London.
7.10 **Doctor Who** *The Eleventh Hour:* 1/14. The newly regenerated Doctor has 20 minutes to save the world.
8.15 *The Beast Below:* 2/14. The Doctor and Amy board a starship searching for a new home. (S5)
9.00 **Gavin & Stacey** 3/6. Smithy is concerned about seeing Nessa again.
9.30 4/6. Pete and Dawn prepare to renew their wedding vows. (S3)
10.00 **RuPaul's Drag Race UK** 1/10. A new cast of queens enter the werk room as RuPaul kicks off the latest race. Joel Dommett joins Michelle Visage and Alan Carr on the judging panel.
11.15 **Two Pints of Lager and a Packet of Crisps** 2-5/8. Four episodes. (S4)
1.15 AM **Juice** 3&4/6. (S2)
2.05 **to 4.00** AM **Two Pints of Lager and a Packet of Crisps**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **Four in a Bed**
11.35 **Love It or List It New Zealand** New edition British expats who have tired of their home in Auckland.
12.30 PM **Ugly House to Lovely House with George Clarke**
1.35 **George Clarke's Old House, New Home**
2.35 **George Clarke's Amazing Spaces** A straw bale house.
3.35 **Come Dine with Me**
6.15 **Four in a Bed** The contest kicks off at Redmire Village Pub in North Yorkshire.
6.50 **Four in a Bed** The second visit is to The Yorkshire Hosts in historic Harrogate.
7.25 The third visit of the week is to Copper Beech Glamping in Staffordshire.
7.55 The final visit is to the Bull Inn in Berkshire.
8.25 Payment Day arrives.
9.00 **24 Hours in A&E** Two cyclists are brought into the A&E department with serious head injuries, and staff also treat a man who has fallen from scaffolding.
10.00 **24 Hours in A&E** The stories of children and teenagers brought into A&E.
11.05 **999: On the Front Line** Paramedics respond to a child with a high temperature.
12.10 AM **Emergency Helicopter Medics**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Natural World: Raising Sancho**
7.05 **The Yorkshire Dales** Paul Rose explores Wensleydale.
7.35 **The Cult of All Creatures Great and Small** The appeal of the rural drama.
8.05 **Christopher Timothy and Peter Davison Remember... All Creatures Great and Small** The actors share their memories of the popular drama series.
8.25 **All Creatures Great and Small** *A Present from Dublin:* 7/12. Calum welcomes two visitors.
9.15 *The Salt of the Earth:* 8/12. James meets a dog that faints to gain attention. (S5)
10.05 FILM PREMIERE **Evil Does Not Exist** Japanese drama with Hitoshi Omika. Subtitled. (2023, 12, 106min) ★★★★
See review, page 25.
11.45 **The Good Life**
12.15 AM **Yes, Minister**
12.45 **All Creatures Great and...**
2.25 **The Yorkshire Dales**
2.55 **to 3.25** AM **The Cult of All Creatures Great and Small**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **The Goldbergs**
8.00 **Lego Masters Australia**
9.35 **Made in Chelsea: Thailand** Reality series.
10.35 **Ramsay's Kitchen Nightmares USA**
12.35 PM **The Big Bang Theory**
3.35 **The Simpsons** Seven episodes, including at:
6.05 *Bart v Lisa v the Third Grade:* Lisa is thrilled to be moved up a grade at school.
6.35 *Large Marge:* A mix-up results in Marge being given breast implants.
7.00 FILM **Sister Act 2: Back in the Habit** Musical comedy sequel starring Whoopi Goldberg. Las Vegas nightclub singer Deloris Van Cartier gets back into a nun's habit to become the music teacher of a failing ghetto school. With Maggie Smith and Kathy Najimy. (1993, PG, 107min) ★★
9.05 **Celebrity Gogglebox** Famous faces appraise *Bargain Hunt, The1% Club* and *Celebrity Karaoke Club.*
10.15 **Gogglebox** Opinions on *Planet Earth, Culprits* and *The Curse of Robert the Doll.*
11.15 **Gogglebox** Views on *The Crown, 007: Road to a Million* and *The Good Ship Murder.*
12.15 AM **First Dates: Be My Valentine** Double bill.
2.20 **Gogglebox** Double bill.
4.10 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hr 235/236 306 30 123 256

Saturday primetime

SATURDAY Entertainment

Saturday

Sky Witness

107 107 110 341 356

6.00 AM **Brit Cops: Law & Disorder** Documentary.
7.00 **Caught Red Handed**
9.00 **Stop, Search, Seize**
10.00 **Send in the Dogs**
11.00 **The Force: Manchester**
12.00 NOON **Caught Red Handed** A bar owner fights back.
12.40 PM Police officers apprehend the criminals involved in a drug ring.
1.20 A thieving sweet shop employee is caught in the act.
2.00 PM **Nothing to Declare** Ten editions of the documentary.

9.00 Blue Bloods

7 PM **7.00 Nothing to Declare** Double bill of the documentary following the work of customs officers in Australia.

8 PM **8.00 Caught on Dashcam** Road disasters captured on video by drivers' dashboard cameras.

9 PM **9.00 Blue Bloods** *Smoke & Mirrors:* 17/21. A member of the team becomes the focus of a departmental investigation. (S13)

10 PM **10.00 Elsbeth** *Ramen Holiday:* 20/20. Elsbeth finds herself in prison with some of the same criminals she helped put away. (S2)

11.00 **Law & Order: SVU** (S25)
12.00 M'T **Bull** 13/16. (S5)
1.00 AM **Caught on Dashcam**
2.00 New edition
3.00 **Law & Order: SVU** (S25)
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Nothing to Declare**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
8.00 **Westworld** 3–8/8. (S4)
2.30 PM **Game of Thrones** 4/10. Ned searches for the truth about Jon Arryn's death.
3.35 5/10. A suspicious death threatens to overshadow the tournament.
4.40 6/10. Ned investigates rumours about the Lannisters.
5.45 7/10. Ned confronts Cersei about Jon Arryn's death.
6.50 8/10. Battle commences as the Lannisters launch their bid for the throne. (S1)

9.00 Game of Thrones

7.55 Game of Thrones *Baelor:* 9/10. Ned faces a fateful decision to save Sansa's life, Tyrion is forced onto the battlefield, and Daenerys' power comes under threat.

9.00 Game of Thrones *Fire and Blood:* 10/10. Daenerys tries to rebuild her life, and Catelyn confronts Jaime. (S1)

10.05 The White Lotus *Hide or Seek:* 4/8. Jaclyn's resort getaway with friends falls flat and Rick reveals his past to Chelsea. (S3)

11.10 **The Sopranos** 7/13. Junior undergoes surgery for cancer.
12.15 AM 8/13. Meadow and Jackie Jnr find they have more in common than they thought.
1.15 9–11/13. (S3)
4.15 **Julia** 8/8. (S1)
5.10 **to 6.00** AM **Fish Town**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
11.00 **Grimm** 17–20/22. (S1)
3.00 PM **The Walking Dead** 6/22. Carol and Daryl go on a mission together, while Siddiq struggles to solve a mystery.
4.00 7/22. Carol pushes boundaries that make Daryl feel uneasy, while Alpha and Beta have reservations about someone.
5.00 8/22. A fight causes tensions in Oceanside.
6.00 9/22. The communities reluctantly respect the new borderlines. (S10)

12.40 Peacemaker

7.00 The Walking Dead *Stalker:* 10/22. The group must defend Alexandria when Beta sneaks in through a tunnel. (S10)

8.00 An Idiot Abroad 2 6/8. Karl Pilkington heads across the Atlantic to travel along America's Route 66 highway.

9.00 Brassic *The Bishops:* 1/6. The final series of the comedy drama. Vinnie and the crew go up against a new, younger gang. (S7)

10.00 Romesh: Can't Knock the Hustle 1/4. Romesh Ranganathan embarks on a mission across India, USA and South Korea.

11.30 **The Paper** 7&8/10. (S1)
12.40 AM **Peacemaker** 6/8. (S2)
1.20 **Road Wars** Documentary.
2.00 **S.W.A.T.** New episode 11/22. The team race to find a young child who was abducted from outside her home. (S8)
3.00 **Resident Alien** 9&10/10. (S4)
5.00 **to 6.00** AM **Sun, Sea and A&E**

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Buying the View**
8.10 **Dress to Impress**
9.10 **Dinner Date**
10.10 **Sam and Billie: Sister Act**
11.10 **Deal or No Deal**
2.20 PM **Catchphrase**
3.00 **FILM The Croods** Animated comedy adventure featuring the voice of Nicolas Cage. (2013, U, 98min) ★★★★
5.05 **FILM Bruce Almighty** Comedy starring Jim Carrey, Morgan Freeman and Jennifer Aniston. (2003, 12, 96min) ★★★

3.00 The Croods

7.10 FILM Legally Blonde Comedy starring Reese Witherspoon as a seemingly ditzy blonde who enrols at Harvard Law School and proves she is anything but dumb. With Luke Wilson. (2001, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 FILM Mean Girls Teen comedy starring Lindsay Lohan as a 15-year-old girl who moves from Africa to America and finds that she must learn a new law of the jungle when she enrols in an Illinois high school. (2004, 12, 97min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.00 **Family Guy** 19/21. Meg has fun partying with Peter when he takes her to a college.
11.30 12/21. Peter forms a relationship with Evelyn. (S12)
11.55 **American Dad!** (S15&14)
12.55 AM **Deal or No Deal**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
6.30 **A Touch of Frost**
8.40 **Doc Martin** 5/9. (S10)
9.45 **Agatha Christie's Poirot**
10.45 **The Darling Buds of May**
12.55 PM **Agatha Christie's Poirot** *The ABC Murders:* The sleuth investigates a series of deaths.
3.05 **Agatha Christie's Marple** *Endless Night:* A couple build their dream home on supposedly cursed land.
5.00 **Vera** *Little Lazarus:* The key to a murder lies deep in the memory of the victim's son.

7.00 Midsomer Murders

7.00 Midsomer Murders *The Scarecrow Murders:* The annual Scarecrow Festival takes a grisly turn as bodies begin appearing on poles displayed alongside their straw creations.

9.00 Vera *On Harbour Street:* Investigating the death of a pensioner found stabbed on a busy train, Vera follows the trail to a quiet coastal town where clues appear to lead to one particular street.

11.00 **Vera** *Protected:* The son of a prominent local family is found murdered on the beach at Whitley Bay.
1.00 AM **Joanna Lumley's Home Sweet Home – Travels in My Own Land**
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Today's top-flight action, including Celtic v Hibs.
8.30 **Sacked in the Morning** With Alastair Campbell.
8.45 **Our Lives: The Journey to Scotland's Remotest Pub** Two friends take on a journey to Scotland's remotest public house, interwoven with stories from some residents of the Knoydart peninsula.
9.15 **Best of Only an Excuse?** A selection of sketches picked from the archives of the hit comedy.
9.45 **Gary: Tank Commander** 2/6. Gary finds himself in Captain Fanshaw's good books. (S3)
10.15 PM **to 12.00** M'T **My Old School** The story of Brandon Lee, Scotland's most notorious imposter.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S4)
9.00 **Ballers** 7–9/10. (S1)
10.55 **Veep** 3–5/10. (S6)
12.55 PM **Sex and the City**
4.00 **Will & Grace** (S3)
6.30 **The Office (US)** 15/25. Michael invites a stripper to Phyllis's wedding shower.
7.00 16/25. Michael causes problems at Phyllis's wedding.
7.30 17/25. Michael is asked to speak at a business school.
8.00 18/25. Michael and Jan reveal their romance.
8.30 19/25. Pam's confession causes problems for Jim. (S3)
9.00 **Chris Rock: Never Scared** The comedian scrutinises America's rich and famous.
10.30 **And Just Like That...**
12.15 AM **FILM The Estate** Comedy with Anna Faris. (2022, 15, 96min) ★★
2.15 **Girls** 1&2/10. (S1)
3.25 **to 5.00** AM **Entourage**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Mozart: Magic Flute**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **My Favorite Things: The Rodgers & Hammerstein 80th Anniversary Concert**
3.40 **Cirque du Soleil: Amaluna** *The Tempest.*
4.55 **Fleetwood Mac: Live in Boston**
7.10 **Luther Vandross at the Royal Albert Hall**
9.00 **Luther: Never Too Much** The life and career of Luther Vandross.
11.00 **Sam Cooke: Legend**
12.30 AM **Nina Simone: Live at Montreux 1976**
1.40 **Nina Simone: The Lost Album** Documentary.
3.10 **Johnson & Knopfler's Music Legends**
4.00 **The Great Songwriters**
5.00 **Discovering: James Brown**
5.30 **to 6.00** AM **Discovering: Stevie Wonder**

Sky Mix

151 158 135 11 141 23

6.00 AM **Nothing to Declare**
8.00 **The Slow Mo Guys' Big Adventures**
8.25 **Silly Pets**
8.35 **Impossible Animals**
8.45 **Isadora Moon**
9.00 **Nothing to Declare**
11.00 **Malawi Wildlife Rescue**
12.00 NOON **Arctic Secrets**
1.00 PM **Africa's Hunters**
2.00 **Animal Senses**
3.00 **Impossible Animals**
4.00 **Secret World of Sound with David Attenborough**
5.00 **Orangutan Jungle School** Documentary.
6.00 **Evolution Earth**
7.00 **Planet Weird**
8.00 **Caught on Dashcam**
9.00 **FILM TimeCop** Thriller. (1994, 18, 94min) ★★★
11.00 **FILM Retribution** Thriller. (2023, 12, 91min) ★★
1.00 AM **World's Most Evil Killers** Todd Kohlhepp.
2.00 **Nothing to Declare**
5.00 **to 6.00** AM **Highway Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Deal or No Deal: Celebrity Special** Sam Thompson takes part in the game show.
3.00 **Tenable** A team of friends take part.
4.00 Five postal workers attempt to top the Tenable tower.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show as contestant Monz tries to open the 22 red boxes in the right order.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
9.00 **Wheel of Fortune** Game show hosted by Graham Norton.
10.00 **Tipping Point** Triple bill of the game show.
12.50 AM **Wheel of Fortune**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Little House on the Prairie** (S5)
4.00 PM **FILM Seabiscuit** Fact-based drama with Tobey Maguire. (2003, PG, 140min) ★★★
6.55 **FILM The Three Musketeers** Comedy adventure starring Chris O'Donnell, Charlie Sheen, Oliver Platt and Kiefer Sutherland as intrepid Musketeers foiling a plot to overthrow the King. (1993, PG, 106min) ★★
9.10 **FILM The General's Daughter** Thriller starring John Travolta and Madeleine Stowe. (1999, 18, 116min) ★★★
11.35 **The Avengers** (S6)
1.35 AM **Rising Damp Christmas Special** (S2)
2.05 **Rising Damp** 1/7. (S3)
2.30 **M*A*S*H** (S1)
4.05 **to 4.50** AM **Highway to Heaven**

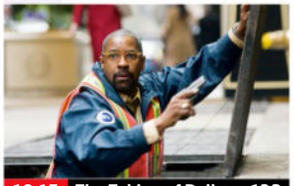
+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **Sharpe**
8.25 **T100 Highlights**
9.30 **Racing: The Opening Show**
10.30 **The Big Match Revisited**
11.35 **Made in Britain**
12.35 PM **Snooker v Darts**
12.45 **LIVE Snooker: British Open** Oli Bell presents coverage of the first semi-final from the Centaur in Cheltenham, played over the best of 11 frames.
4.30 **The Saint** Double bill.
6.35 **Dramatic Finishes**


10.15 The Taking of Pelham 123

6.45 **LIVE Snooker: British Open** Oli Bell presents coverage of the second semi-final from the Centaur in Cheltenham, played over the best of 11 frames. Analysis comes from Stephen Hendry, Alan McManus, Ken Doherty and Neal Foulds, and commentary is provided by David Hendon and Phil Yates.

10.15 **FILM The Taking of Pelham 123** Thriller remake starring Denzel Washington. Four ruthless gunmen hijack a crowded New York subway train. (2009, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.20 AM **The Saint**
1.15 **BattleBots**
2.15 **The Protectors**
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **FILM Arctic Armageddon** Sci-fi adventure starring Patrick Labyorteaux. (2023, PG, 86min) ★★
1.00 PM **Star Trek: The Next Generation** Five episodes of the sci-fi drama, including at: **5.00** 26/26. The crew recover three frozen bodies from a disabled Earth satellite. (S1)
6.00 **Star Trek: Enterprise** 14/26. The crew are ambushed by a hostile Klingon. (S1)

11.00 True Blood

7.00 **Star Trek: Enterprise** *Shadows of P'Jem:* 15/26. The crew members learn that T'Pol has been ordered to leave the ship.
8.00 **Star Trek: Enterprise** *Shuttlepod One:* 16/26. Tucker and Reed find themselves cut off with little chance of rescue.
9.00 **Star Trek: Enterprise** *Fusion:* 17/26. T'Pol is forced to defend her beliefs when a group of Vulcans visit the starship.
10.00 **Star Trek: Enterprise** *Rogue Planet:* 18/26. Archer is haunted by visions of a race that is being wiped out. (S1)
11.00 **True Blood** 9/10. Hoyt is reminded of his past, Bill pushes Sookie away, and Eric faces a dilemma.
12.00 M'T 10/10. Sookie contemplates a future without Bill, while Eric and Pam wrangle with Mr Gus. (S7)
1.10 AM **Grimm** 1-3/22. (S1)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S1)
10.00 **Inspector Alleyn Mysteries**
12.05 PM **Inspector George Gently**
2.00 **Father Brown** Four episodes of the drama, including at: **4.00** *The Show Must Go On:* The latest production by the Kembleford Players is dramatic in more ways than one. **5.00** *The Sands of Time:* Brenda finds love at the home of a clock collector.
6.00 **The Coroner** 3/10. The new mayor of Lighthaven is found dead in a hotel room. (S1)

7.00 The Coroner

7.00 **The Coroner** *The Fisherman's Tale:* 4/10. The owner of a local restaurant is shot dead in public by a sniper. (S1)
8.00 **Father Brown** *The Puzzle of Banburismus:* The priest investigates when a seamstress is stabbed to death.
9.00 **Shakespeare & Hathaway: Private Investigators** 1/10. Frank and Lu are forced to reunite. (S5)
10.00 **Death in Paradise** *Spot the Difference:* 5/8. A prisoner is stabbed to death while handcuffed to Richard. (S1)
11.00 **Father Brown** As 5pm.
12.00 M'T **Father Brown** *The Royal Visit:* The visit of Princess Margaret is jeopardised when a caretaker is found dead.
1.00 AM **Father Brown** As 4pm.
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Only Fools and Horses**
12.40 PM **Only Fools and Horses** Rodney and Cassandra tie the knot, but Del has more on his mind than best man duties. **1.50** Del Boy becomes a yuppie and Rodney begins attending a computer course. **2.55** Del gets his hands on some self-inflating rubber dolls. **4.00** A retired jeweller offers Del the deal of a lifetime. **5.10** Rodney wins a holiday at a five-star hotel in Majorca. **6.20** Del's mother apparently makes contact during a seance.

7.35 Fawlty Towers

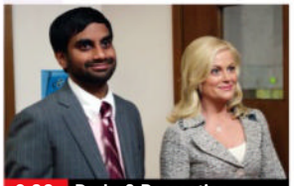
7.35 **Fawlty Towers** Basil resorts to increasingly desperate measures to prevent an unmarried couple lowering moral standards at his hotel. **8.20** Basil goes behind Sybil's back to save money on structural alterations to the hotel.
9.00 **Fawlty Towers** Hotel inspectors throw Basil into a panic. **9.35** Basil plans an exclusive night of gourmet cuisine.
10.15 **Bottom** Richie and Eddie hear of a fixed horse race.
10.55 **Men Behaving Badly** Dermot attempts to seduce Deborah.
11.25 **Men Behaving Badly**
12.00 M'T **Fawlty Towers**
1.20 AM **Bottom**
2.00 **Men Behaving Badly**
3.00 **Avoidance**
3.35 **to 4.00** AM **Men Behaving Badly**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Storage Hunters UK**
9.00 **Railroad Australia**
11.00 **Top Gear** With Keith Allen.
12.00 NOON **World's Most Dangerous Roads** Double bill.
2.00 PM **Will & Ralf Should Know Better** Will Mellor and Ralf Little sample a sustainable food trend – insects.
3.00 **Would I Lie to You?** Six editions, including at: **6.15** With guests Daisy May Cooper, Diane Morgan, Rory Reid and Richard Osman.


9.00 Parks & Recreation

7.00 **Red Dwarf** Telepathic predators attack the crew. Guest stars Jenny Agutter. **7.40** Lister and the crew are drawn to a space station where they meet a bizarre alien life-form. **8.20** The crew find themselves in a virtual reality Wild West town.
9.00 **Parks and Recreation** 1/6. First episode of the comedy with Amy Poehler. **9.30** 2/6. Leslie holds a public meeting.
10.00 **Parks and Recreation** 3/6. Leslie clashes with a newspaper reporter. (S1)
10.30 **Not Going Out** Benji takes up football.
11.05 **Not Going Out Christmas Special** Lee tries to create the perfect family Christmas.
12.10 AM **Two Pints of Lager and a Packet of Crisps** Double bill.
1.25 **Would I Lie to You?**
2.15 **to 4.00** AM **Dave Gorman: Modern Life Is Goodish**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Kirstie and Phil's Love It or List It: Brilliant Builds**
9.30 **Help! We Bought a Village** Triple bill.
12.30 PM **Come Dine with Me**
3.00 **A Place in the Sun** Five editions, including at: **6.00** A couple seek a holiday home on Spain's Costa Blanca. **7.00** Jasmine Harman is house-hunting in and around the southern Costa Blanca.
8.00 **Location, Location, Location** A catch-up with first-time buyers. **9.00** Two couples look for homes in Edinburgh.
10.00 **FILM American Reunion** Comedy sequel starring Jason Biggs. (2012, 15, 108min) ★★
12.10 AM **Gogglebox**
1.10 **Celebrity Gogglebox**
2.10 **Love Cheats**
3.15 **24 Hours in A&E**
4.10 **to 4.45** AM **Travel Man: 48 Hours in Prague**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S2)
1.00 PM **NCIS** 5-9/21. (S19)
6.00 **NCIS** *Pledge of Allegiance:* 10/21. A chief warrant officer is suspected of selling classified software. **7.00** *All Hands:* 11/21. A research vessel is invaded by terrorists. **8.00** *Fight or Flight:* 12/21. A case leads the team into the world of cage fighting. (S19)
9.00 **Criminal Minds** *The Capilanos:* 17/22. A killer clown terrorises a sleepy Oklahoma town. **10.00** *The Dance of Love:* 18/22. The agents search for a killer who leaves red roses on his victims. (S13)
11.00 **Law & Order: Special Victims Unit** (S21 &20)
2.45 AM **Criminal Minds**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S3)
10.00 **100 Clips to Make You Cry** Poignant videos.
12.00 NOON **Dogs Behaving (Very) Badly: Australia**
3.00 PM **Dogs Behaving (Very) Badly**
5.00 **Shoplifters: Caught Red Handed**
7.00 **Call the Bailiffs: Time to Pay Up** A woman who owes more than a year's worth of rent. **8.00** A debtor who owes more than £20,000.
9.00 **FILM The Dark Tower** Fantasy adventure, starring Idris Elba and Matthew McConaughey. (2017, 12, 95min) ★★
10.55 **Motorway: Hell on the Highway** Double bill.
12.55 AM **Banged Up Abroad**
1.55 **Casualty 24/7: Every Second Counts**
2.45 **Police Interceptors**
3.35 **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Police Interceptors**
12.05 PM **MacGyver** (S2)
4.50 **FILM High Noon** Oscar-winning Western starring Gary Cooper and Grace Kelly. (1952, b/w, U, 85min) ★★★★★
6.35 **FILM Two Mules for Sister Sara** Comedy Western starring Clint Eastwood and Shirley MacLaine. (1969, 15, 114min) ★★★
9.00 **FILM Total Recall** Sci-fi thriller starring Arnold Schwarzenegger. A construction worker discovers that he is really an intergalactic spy. (1990, 15, 109min) ★★★
11.20 **9/11: Mystery of the Fifth Plane**
12.10 AM **Cops** Double bill.
1.00 **World's Deadliest Weather: Caught on Camera** Double bill.
3.10 **Motorway Patrol**
3.40 **to 4.00** AM **Trucking Hell**

U&W

132/133 131/133 125 25 156 28

6.10 AM **The Bill**
11.00 **Tipping Point**
3.00 PM **Ambulance Australia** Four editions.
7.00 **Pete Wicks: For Dogs' Sake** Pete immerses himself in the emotional world of dog care at Basildon's Dogs Trust rehoming centre. **8.00** Pete meets a litter of puppies known as the Potato Pups.
9.00 **One Born: What Happened Next?** Three couples who have featured on the series share their experiences of parenthood. **10.00** Catching up with a teenage girl whose unexpected pregnancy was followed by a premature birth.
11.00 **Nurses on the Ward**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.00 AM **Birds of a Feather**
8.55 **Lovejoy** Triple bill.
11.55 **Father Brown**
12.55 PM **New Tricks**
2.55 **Signora Volpe**
4.55 **Whitstable Pearl**
7.00 **The Brokenwood Mysteries** *Scared to Death:* 1/4. The boss of Brokenwood agricultural show dies after a ride on the Ghost Train. (S5)
9.00 **Bergerac** *Person of Interest:* 1/6. Modern re-imagining of the Jersey-set crime drama starring Damien Molony. A member of one of Jersey's wealthiest families is murdered. (S1)
10.00 **Rebus** *Black and Blue:* Detective inspector John Rebus goes on the trail of a copycat serial killer.
12.10 AM **Whitstable Pearl**
1.15 **The Heart Guy**
2.20 **to 4.00** AM **The Brokenwood Mysteries**

+1 hr 243 316 60 260

Saturday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** French Riviera.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
9.00 **Salvage Hunters Celebrity Special**
10.00 **The Yorkshire Auction House** Triple bill.
1.00 PM **Antiques Road Trip**
6.00 **The Hotel Inspector** A visit to Westward Ho! in Folkestone, Kent. **7.00** Alex Polizzi visits Warwick Hall, Cumbria.
8.00 **Saving Lives at Sea** In Baltimore, south west Ireland, the crew are called out to a solo sailor clinging onto his upturned catamaran.
9.00 **The Yorkshire Auction House** Triple bill.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **Salvage Hunters**
5.00 **to 6.00** AM **Salvage Hunters Celebrity Special**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
8.00 **Pointless Celebrities**
9.00 **Bruce's Price Is Right**
10.00 **Bruce Forsyth's Generation Game**
11.20 **All Star Family Fortunes**
12.00 NOON **Dickinson's Real Deal** From Portsmouth.
1.00 PM **The Crystal Maze**
3.00 **Bullseye** Double bill.
4.00 **The Chase Celebrity Special** Double bill.
6.00 **The Chase** Triple bill of the quiz show hosted by Bradley Walsh.
9.00 **The Chase Celebrity Special** Bradley Walsh presents an *I'm a Celebrity... Get Me Out of Here!* special, with Iain Lee, Jennie McAlpine, Shaparak Khorsandi and Stanley Johnson.
10.00 **The Chase** Quiz show.
11.00 **Bullseye** Ten editions of the darts-based quiz.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

Great! Action

323 319 426 42 33

9.10 AM **Tombstone Territory** Western.
9.40 **The High Chaparral**
11.40 **FILM Five Guns West** Western with John Lund. (1954, PG, 78min) ★★
1.30 PM **FILM Rawhide** Western drama. (1950, b/w, PG, 86min) ★★
3.30 **FILM Valdez is Coming** Western adventure. (1970, 15, 86min) ★★★
5.30 **FILM The Professionals** Adventure. (1966, PG, 117min) ★★★★
8.00 **FILM Sands of Iwo Jima** World War Two adventure. (1949, b/w, PG, 109min) ★★★
10.20 **FILM Demetrius and the Gladiators** Drama sequel to *The Robe*. (1954, PG, 101min) ★★
12.35 AM **The Persuaders!**
2.35 **Cops Uncut**
4.20 **to 5.40** AM **FILM Jetstream** Thriller. (2012, 12, 88min) ★★

+1hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Hart to Hart**
8.20 **Diagnosis Murder**
1.20 PM **FILM Lost Letter Mysteries for Christmas** Drama. (2014, PG, 84min) ★★
3.15 **FILM Lost Letter Mysteries: From Paris with Love** Drama. (2015, PG, 90min) ★★
5.10 **Morning Show Mysteries: A Murder in Mind** Crime drama.
7.05 **FILM Mystery 101: Dead Talk** Thriller. (2019, PG, 88min) ★★
9.00 **Hailey Dean Mysteries: Dating is Murder**
10.55 **FILM Time of Death** Mystery thriller. (2013, PG, 90min) ★★
12.55 AM **FILM Nanny Surveillance** Thriller. (2018, 12, 90min) ★★
2.45 **FILM A Killer in My Home** (2020, 12) ★
4.25 **Police Ten 7** Double bill.
5.15 **to 6.00** AM **Hart to Hart**

+1hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM Love Strikes Twice** (2017, PG) ★★
10.05 **FILM All I Want for Christmas** (2013) ★★
12.00 NOON **FILM Mistletoe Over Manhattan** Drama. (2011, U, 90min) ★★
2.00 PM **FILM A Dream of Christmas** Drama. (2016, U, 83min) ★★
4.00 **FILM The Perfect Christmas Village** Fantasy. (2018, PG) ★★
6.05 **FILM A Snow White Christmas** Drama. (2018, PG, 70min) ★
8.00 **FILM The Magical Christmas Shoe** Comedy. (2019, PG, 87min) ★★
9.55 **FILM Santa's Secret** Drama. (2014, PG) ★★
12.00 M'T **FILM A Bramble House Christmas** Drama. (2017, PG, 84min) ★★
1.55 AM **FILM Reunited at Christmas** (2018) ★★
3.25 **to 4.50** AM **FILM A Dream of Christmas**

+1hour 320

Rewind TV

182 81 141

6.00 AM **Sherlock Holmes**
7.00 **Soap** 9&10/25. (S1)
8.00 **Lucky Feller**
9.30 **Please Sir!** (S4)
11.00 **Haggard** 1&2/7. (S1)
12.00 NOON **The Tony Hancock Show**
12.30 PM **Jokers Wild**
1.00 **FILM One-Eyed Jacks** Western. (1961) ★★★
3.45 **We Had One of Those**
3.55 **Mysterious Tales**
4.00 **Bubblegum & Cheese**
5.00 **Lucky Feller**
6.30 **Please Sir!** (S4)
8.00 **In Loving Memory** (S2)
9.00 **Police Woman** (S1)
10.00 **The Doctors: The Doctors** Documentary.
11.20 **Stereo Underground**
12.20 AM **Soap** 9&10/25. (S1)
1.20 **Jokers Wild**
1.50 **FILM The Great Smokey Roadblock** (1976) ★★
3.55 **Mysterious Tales**
4.00 **Stereo Underground**
5.00 **to 6.00** AM **Bubblegum & Cheese**

DMAX

159 152 169 39 147 35

6.00 AM **Deadliest Catch**
10.00 **Outback Opal Hunters**
1.00 PM **Gem Hunters Down Under** Triple bill.
4.00 **Aussie Gold Hunters**
7.00 **Hoarding: Buried Alive**
9.00 **Body Bizarre** Conjoined twins Erika and Eva Sandoval undergo a 17-hour surgery. **10.00** A 15-year-old boy suffers from epidermolysis bullosa and has no indication of how long he might live. **11.00** A man who suffered facial injuries from a tiger attack. **12.00** M'T A 12-year-old girl from India who suffers an infestation of a thousand ants. **1.00** AM A Romanian boy's face grows too fast, slowly choking him.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Barefoot Contessa: Back to Basics**
12.00 NOON **Nigel Slater's Simple Cooking**
1.00 PM **James Martin's Great British Adventure**
3.00 **Rick Stein's Food Heroes: Another Helping** Eight editions.
7.00 **Jamie's Easy Meals for Every Day** Jamie makes avocado hollandaise. **7.30** Jamie cooks an easy traybake, chicken and pepper jalfrezi.
8.00 **Diners, Drive-Ins and Dives** Four editions.
10.00 **Cutthroat Kitchen: Knives Out** New edition The chefs create sweet and savoury dishes in only 30 minutes, but the pantry only holds savoury ingredients.
11.00 PM **to 3.00** AM **Diners, Drive-Ins and Dives**

+1hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Dragonquest** Fantasy. (2009, 12) ★★
9.00 **Charlie's Angels** (S1&2)
2.00 PM **FILM The Flight of the Phoenix** Adventure. (1965, PG) ★★★★
4.40 **FILM Against a Crooked Sky** Western. (1976, PG, 85min) ★★
6.25 **FILM The Shooting** Haunting Western starring Jack Nicholson. (1966, 15, 82min) ★★★
8.00 **The Twilight Zone**
9.00 **FILM Conan the Barbarian** Adventure starring Jason Momoa. (2010, 15, 112min) ★★
11.15 **FILM Red Sonja** Adventure starring Brigitte Nielsen and Arnold Schwarzenegger. (1985, 15, 89min) ★
1.05 AM **FILM Hot Seat** Action adventure. (2022, 15, 99min) ★★
3.05 **to 4.50** AM **FILM Cross the Line** Action thriller. (2015, 15, 87min) ★★

+1hour 318 371 139

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM 7 Guardians of the Tomb** Adventure. (2018, 12, 90min) ★★
8.00 **FILM Ape vs Monster** Sci-fi action adventure. (2021, 12, 88min) ★★
10.00 **FILM Wild Horses** Contemporary Western. (1985, PG, 95min) ★★
12.00 NOON **FILM Wyvern** Monster movie. (2009, 15, 84min) ★★
2.00 PM **FILM Magma: Volcanic Disaster** Sci-fi disaster movie. (2006, PG, 87min) ★★
4.00 **Andromeda** (S2)
9.00 **FILM Chaos** Police conspiracy thriller with Jason Statham. (2005, 15, 106min) ★★★
11.05 **FILM Escape Plan 2: Hades** Thriller sequel. (2018, 15, 96min) ★★
1.00 **to 3.00** AM **FILM The House That Dripped Blood** Horror chiller. (1970, 12, 101min) ★★★

+1hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Container Wars**
8.00 **Pawn Stars** Double bill.
10.00 **Strange Evidence**
12.00 NOON **Strangest Things**
2.00 PM **Royal Murder Mysteries** George V.
3.00 **Secret Societies: In the Shadows**
4.00 **Alien Files: Unsealed**
6.00 **Alien Files Reopened**
7.00 **Ancient Aliens** The work of UFO specialist Dr Jacques Vallée.
8.00 **The Proof Is Out There** The remains of a massive skeleton found below the surface of the Mediterranean.
9.00 **Roswell 75: The Final Evidence** The alleged crash of an extra terrestrial craft at Roswell, New Mexico in 1947.
11.00 **Weird or What? with William Shatner**
1.00 AM **The UnXplained with William Shatner**
3.00 **to 6.00** AM **Hardcore Pawn**

5SELECT

153 166 138 46 133 30

9.00 AM **Jeremy Vine: The Week in Review**
10.30 **The Yorkshire Vet**
11.00 **Reuben Owen: Life in the Dales**
12.00 NOON **Murder, She Wrote** Five episodes.
5.30 **D-Day: Secret Raids That Won the War** Examining the legendary RAF 617 squadron.
7.00 **World War I in Colour** Documentary examining how the conflict occurred and whether it could have been avoided. **8.00** The Germans' rout of the Russian Second Army at the Battle of Tannenberg in 1914.
9.00 **Dunkirk: Mission Impossible** Triple bill.
12.00 M'T **Titanic's Tragic Twin: The Britannic Disaster**
1.15 AM **Sunken Warships: Secrets from the Deep**
2.15 **to 4.00** AM **Brunel: The Man Who Built Britain** Double bill.

HGTV

158 153 191 44 149 40

7.00 AM **A Place in the Sun**
11.00 **My Lottery Dream Home** Eight editions.
3.00 PM **Escape to the Country** Four editions.
7.00 **Escape to the Country** People search for their ideal rural retreats.
8.00 **Derelict Rescue** An abandoned rural barn catches the eye of recently retired couple Helen and Richard. They have a vision for a modern luxury home to enjoy into retirement. **9.00** Young renovators want to transform a crumbling Methodist chapel into their own haven, but their dreams begin to shatter when their money runs out.
10.00 **Escape to the Country** Triple bill of the series in whcih people search for their ideal rural retreats.
1.00 **to 4.00** AM **Home Town**

+1hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress**
10.00 **Outdaughtered: Busby Quints** Double bill.
12.00 NOON **Extreme Couponing** Double bill.
1.00 PM **My 600lb Life: Where Are They Now?**
5.00 **The Family Chantel**
6.00 **Say Yes to the Dress: Atlanta** Four editions.
8.00 **Dr Pimple Popper** Robert has keloids on the back of his head. **9.00** Justice has small lesions all over her body. **10.00** Cowboy Dusten has a lump on his knee that gets inflamed. **11.00** Eric hopes Dr Lee can remove the giant growth from his backside.
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Michael McIntyre's Big Show** As 8.00pm.
9.00 **Friends** (S6&7)
1.00 PM **FILM Evolution** Sci-fi comedy. (2001, PG, 101min) ★★★★
3.00 **Friends** 7-14/24. (S7)
7.00 **Bradley & Barney Walsh: Breaking Dad**
8.00 **Michael McIntyre's Big Show** With Anton Du Beke and Dani Dyer.
9.00 **FILM R.I.P.D** Action comedy with Jeff Bridges and Ryan Reynolds. (2013, 12, 96min) ★★★
10.55 **South Park** (S27)
11.25 **Dara O Briain: Voice of Reason** Stand-up show.
1.00 AM **Iain Stirling's Roast the Internet**
2.00 **8 Out of 10 Cats**
3.00 **Whose Line Is It Anyway? USA**
3.45 **Beavis and Butt-Head**
4.15 **to 5.00** AM **Most Ridiculous**

+1hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Everybody Loves Raymond** (S1)
7.00 **Teleshopping**
9.00 **Everybody Loves Raymond** (S1&2)
7.00 PM **Friends** 13/24. Phoebe spends a surreal first day at work. **7.30** 14/24. The pals gather to celebrate Rachel's 30th birthday. **8.00** 15/24. Joey tells a fellow cast member that her character is to be killed off. **8.30** 16/24. Chandler hears a revelation. **9.00** 17/24. Joey and Ross date the same girl. **9.30** 18/24. Joey is nominated for an award. **10.00** 19/24. Monica's cousin visits. (S7)
10.30 **Friends** (S7&8)
2.00 AM **Impractical Jokers**
3.00 **Utopia** (S2)
4.05 **Key & Peele**
5.15 **to 6.00** AM **Everybody Loves Raymond**

Sky Replay

152 160 156

7.00 AM **Four Weddings**
9.00 **Bondi Rescue**
2.00 PM **Caught on Dashcam** Five editions. Road disasters captured on video by drivers' dashboard cameras.
7.00 **Motorway Patrol** Four editions of the series following the New Zealand highway patrol.
9.00 **SEAL Team** *Medicate and Isolate:* 19/22. Brett Swan continues to struggle with his health. **10.00** *Rock Bottom:* 20/22. The tension rises between Jason and Ray. **11.00** *My Life for Yours:* 21/22. Ray gets separated from the team in enemy territory. **12.00** M'T *Never Out of the Fight:* 22/22. Bravo's future is uncertain. (S2)
1.00 AM **A League of Their Own** Triple bill.
4.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.10 **Teen Mom OG**
1.00 PM **Catfish: The TV Show** Eight editions of the series, including at: **6.00** Eli needs help finding Boulevard. **7.00** The boys catch out a bigger catfish than they had expected. **8.00** Larissa tries to find out whether her online friend is trustworthy.
9.00 **Sweet Home Alabama** An all-American sweetheart, Devin, is looking for love. **10.00** Tension mounts in a house full of 16 potential suitors. **11.00** Devin takes the guys to a cattle farm. **12.00** M'T Devin surprises three city guys.
1.00 AM **The Challenge: Vets & New Threats**
2.20 **to 4.00** AM **Catfish: The TV Show**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Alaska: Homestead Rescue** Triple bill of editions.
12.00 NOON **Naked and Afraid: Last One Standing** Matt's tactics spark tension, and the survivalists craft primitive axes. **2.00** PM Pushed to the brink, competitors send shockwaves through the Outback. **4.00** A dark horse wins a key asset, and a big kill could shift the power balance.
6.00 **Deadliest Catch** Water in his fuel causes Jake to suffer a meltdown, while Keith has to fire a dishonest deckhand.

7.00 Gold Divers

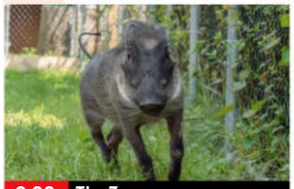
7.00 **Gold Divers** 1/2. Shawn unleashes his full fury inland, while Joe gambles with marathon dives.
8.00 **Gold Divers** 2/2. The end of the mining season looms, and Chris fights powerful currents for his payday.
9.00 **In the Eye of the Storm** When a tornado outbreak strikes Texas and Kansas in 2022, eyewitnesses capture the chaos.
10.00 **Marooned with Ed Stafford** Ed is dropped on top of a snow-covered mountain in the western fjords of Norway.
11.00 **Expedition Unknown** The rampage of two lions who killed railroad workers in 1898.
12.30 AM **Deadliest Catch** The *Cornelia Marie* crew fight to save their gear from sea ice. **2.30** Sig devises a plan to save the fishery from destruction.
4.30 **to 5.00** AM **Buying Alaska**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **My Cat from Hell**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **Pet Nation Renovation**
4.00 **The Zoo: San Diego** A century-old Galapagos tortoise undergoes surgery.
5.00 **Treehouse Masters** A bungalow with large windows to capture the mountain view.
6.00 **Saved by the Barn** Chris saves two goats in serious need of medical attention.



9.00 The Zoo

7.00 **How Do Animals Do That?** How humpback whales are able to sing. **7.30** A look into how ostriches can run so fast.
8.00 **Extinct or Alive** Forrest Galante travels to the remote Galapagos Islands in search of the fabled Fernandina tortoise.
9.00 **The Zoo** Peaches, a two-month-old warthog, charms his keepers while training to become an animal ambassador.
10.00 **Tanked** *Long Island Medium*'s Theresa Caputo asks Wayde and Brett to build her a mermaid tank and a koi pond.
11.00 **Alaska: The Last Frontier** Spring arrives and temperatures begin to improve. However, tensions mount during the annual cattle drive.
12.00 M'T **Project Grizzly**
2.00 AM **Alaskan Bush People**
3.00 **Extinct or Alive**
4.00 **to 5.00** AM **The Zoo**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Plane Crash Recreated**
10.00 **Air Crash Investigation**
1.00 PM **Drain the Oceans: Deep Dive** Documentary.
2.00 **Egypt's Sun King: Secrets and Treasures**
3.00 **Lost Treasures of Egypt** Archaeologists search Tutankhamun's tomb. **4.00** Investigating Cleopatra.
5.00 **Cleopatra's Final Secret** Archaeologist Kathleen Martinez unlocks the story of Cleopatra's last days.
6.30 **Abandoned** An old silk mill.

5.00 Cleopatra's Final Secret

7.00 **Top Guns: The Next Generation** A student's dreams are challenged during advanced bombing training.
8.00 **Car S.O.S** Tim Shaw and Fuzz Townshend come to the aid of a bricklayer whose Ford Sierra RS Cosworth was neglected.
9.00 **Car S.O.S** Tim and Fuzz restore a VW Polo G40 owned by a man whose dream car was sidelined by an MOT failure in 2007.
10.00 **Car S.O.S** Tim and Fuzz head to Berkshire, where they hope to surprise the loving owner of a Daimler SP250 'Dart'.
11.00 **Construction Fails** Featuring an Italian supermarket collapse and a light rail fail.
12.00 M'T **Inside Airport Lost & Found** A bag is lost that contains vital medication.
2.55 AM **Food Factory USA**
3.45 **To Catch a Smuggler**
4.35 **to 5.00** AM **Money Meltdown**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars**
7.00 **Storage Wars** Four editions.
9.00 **Curse of Skinwalker Ranch**
10.00 **Beyond Skinwalker Ranch**
11.00 **Pawn Stars** Double bill.
1.00 PM **Greatest Escapes of WWII**
5.00 **The Great British Dig: History in Your Back Garden** The team attempt to solve a medieval mystery in Coventry.
6.00 **Bone Detectives** Exploring the story behind the remains of children and teenagers that were discovered beneath a Leeds shopping arcade.

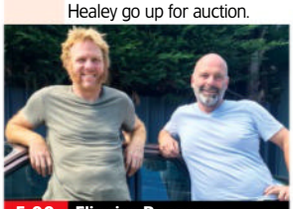
1.00 Greatest Escapes of WWII

7.00 **Secrets in the Ice** A group of climbers stumble upon the remains of a man in a pinstripe business suit.
8.00 **Secrets in the Ice** A salvage team discover the mysterious remains of an enormous shipwreck near Cambridge Bay.
9.00 **JFK: The Final Evidence** 1/2. Exploring the mystery behind the assassination of President John F Kennedy in 1963.
10.00 **JFK: The Final Evidence** 2/2. A recent document release from the US government helps sort the facts from fantasy.
11.00 **History's Greatest Mysteries** The lost treasure of pirate, spy and crime boss Jean Lafitte.
12.00 M'T **Secrets in the Dark** Focusing on the 'fairy coffins' – 17 miniature coffins containing carved figures, discovered in 1836 in Edinburgh.
1.00 AM **Evidence of the Unexplained** Triple bill.
4.00 **to 6.00** AM **Secrets in the Ice**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **American Pickers**
10.00 **Bangers & Cash**
11.00 **Find It, Fix It, Flog It**
1.00 PM **One Foot in the Grave**
3.00 **Fred Dibnah's Industrial Age**
4.00 **Fred Dibnah's Age of Steam**
5.00 **Flipping Bangers** Will and Gus get to work on a Citroën to double their selling price.
6.00 **Bangers & Cash** A 1980 Ford Escort, a 1946 Bedford 12 electric car and a 1957 Austin Healey go up for auction.



5.00 Flipping Bangers

7.00 **Bangers & Cash** A *Batman*-inspired Chrysler Crossfire is dropped off at the Thornton le Dale garage.
8.00 **Bangers & Cash** Derek collects an Austin Allegro that has been sitting in an aircraft hangar at Audley End for 20 years.
9.00 **Bangers & Cash** Paul heads to Lancashire, where a rare 1960 Vauxhall Cresta PA Friary estate awaits collection.
10.00 **Bangers & Cash** Derek values a 1974 Mk3 Ford Cortina 2000E with classic Coke bottle styling and a sweet Pinto engine.
11.00 **Bangers & Cash** Dave goes to Wales to bag a Ford Sierra Cosworth, a sought-after car in the bidding market. **12.00** M'T Derek collects two Bentleys with majestic pedigrees – a stunning 1963 S3 and a 1965 Continental.
1.00 **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Supertruckers**
7.00 **British Superbikes**
8.00 **MotoGP** From Japan.
9.00 **Wheeler Dealers**
3.00 PM **Shed and Buried**
6.00 **Shed and Buried: Classic Cars** Triple bill.
9.00 **Ant Anstead: Born Mechanic** Ant and his father find a 'perfect' Morris Traveller.
10.00 **Massive Engineering Mistakes** Cars and trucks plummet into the Arkansas River after part of a bridge collapses.
11.00 **Gem Hunters Down Under** Ray finally gets decent sapphires out of his new claim. **12.00** M'T Gemfields Festival is approaching and the Mifsuds start a big maintenance job.
1.00 AM **Mysteries of the Deep** Double bill.
3.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Curvy Brides Boutique**
12.00 NOON **Forensic Detectives** Triple bill.
3.00 PM **Murder in the Heartland** Six editions.
9.00 **Murder on CCTV** New edition Police turn to CCTV to hunt for a budding serial killer after two women are strangled to death.
10.00 **A Body in the Basement** New edition Philadelphia police officers find four adults locked in a basement.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Julie Heath.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Storm of Suspicion** Police find a family strangled in their home.
7.00 **Secrets of a Murder Detective** When a serial killer targets men in London parks, detectives race to catch him before he strikes again. **8.00** Detectives discuss the brutal murder of Mohammed Yousaf by two greedy plotters.
9.00 **Killers: Caught on Camera** A Thanksgiving party ends in tragedy for a married couple. **10.00** Police investigate the disappearance of a five-year-old boy from his home.
11.00 **See No Evil**
12.00 M'T **Secrets of a Murder Detective**
2.00 AM **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **See No Evil**
2.00 PM **Fraud Squad** A GP surgery manager has blown NHS cash, and a fraudster cashes in on terror attacks. **3.00** An IT support worker steals hospital computers, and a gang fly-tip on a huge scale.
4.00 **Written in Blood** Simon Toyne travels to South London to unravel the unbelievable story of Banaz Mahmod, a woman murdered by members of her family. **5.00** Simon travels to Liverpool to unravel the notorious murder of James Bulger, who was abducted and killed by two 10-year-old boys.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Fraud Squad**
4.00 **Citizen Detective**
4.45 **to 6.00** AM **Facing Evil**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **The Force: Manchester**
8.00 **Highway Patrol**
9.00 **Snapped** Documentary.
10.00 **Killer in My Village**
11.00 **World's Most Evil Killers**
12.00 NOON **Murder Next Door** Triple bill.
3.00 PM **Killer in My Village**
4.00 **Killing Mum and Dad**
5.00 **Britain's Most Evil Killers** Ali Qazimaj.
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Forensics: Catching the Killer** A woman dies in an apparently accidental house fire.
9.00 **Polk: The Trial of Philip Polkinghorne**
12.00 M'T **Killer in My Village**
1.00 AM **The Killer Within**
2.00 **Murdered at First Sight**
3.00 **Love You to Death**
4.00 **Road Wars**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
9.20 **The Stuarts** Triple bill.
1.00 PM **The Normans**
6.05 **Secrets of the Royal Palaces** Behind-the-scenes tales of Windsor Castle, including the death of Princess Charlotte in 1817. **7.05** The story of how William III's plans to knock down Hampton Court were scuppered. **8.05** A look around the Palace of Versailles. **9.05** Kate Williams explores the history of Sandringham in Norfolk.
10.10 **Matter of Mind: My Alzheimer's** Examining the challenges posed by Alzheimer's.
11.20 **Grand Tours of the Scottish Islands**
12.00 M'T **Matter of Mind: My Alzheimer's** As 10.10pm.
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SATURDAY

Saturday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Matthew Broderick**
7.00 **Discovering: George Clooney**
8.00 **The Directors**
9.00 **Althea** Documentary.
10.45 **I Am Luke Perry**
12.30 PM **FILM The Armstrong Lie** Documentary about Lance Armstrong's fall from grace. (2013, 15, 124min) ★★★★
3.00 **Ferrari: Race to Immortality**
4.50 **My Icon: Linford Christie**
5.00 **Chernobyl: The Lost Tapes**
7.00 **Spitfire** The story of British single-seat fighter plane, the Supermarine Spitfire.
9.00 **Have You Got It Yet? The Story of Syd Barrett and Pink Floyd** The life of the band's original frontman.
11.00 **FILM Searching for Sugar Man** Music documentary. (2012, 12, 86min) ★★★★
12.45 AM **Fatboy Slim: Right Here, Right Now** Documentary.
2.30 **Schmeichel** The life of former goalkeeper Peter Schmeichel.
4.30 **Chernobyl: My Promised Land**
5.00 **to 6.00** AM **The Directors**

Crime+Investigation

156 142 133

6.00 AM **On the Case with Paula Zahn** Triple bill of editions.
8.55 **Court Cam** Six editions.
11.45 **Hometown Tragedy**
1.05 PM **Meet, Marry, Murder**
3.00 **#Textmewhenyougethome**
4.00 **Cold Case Files**
5.00 **Accident, Suicide or Murder?** Triple bill, including at: **7.00** A young woman is found with a fatal head wound.
8.00 **Lie Detector: Truth or Deception** A man who spent two decades in prison takes a polygraph test.
9.00 **Look What You Made Me Do** A father-of-two disappears.
10.00 **Laura Whitmore on Britain's Killer Teens** Cases of teenagers who committed murder.
11.00 **#Dead2Me** Gavin Murphy.
12.00 M'T **Britain's Darkest Taboos**
2.00 AM **Cold Case UK** New edition The Steel Town murders.
3.00 **#Textmewhenyougethome**
4.00 **to 6.00** AM **Meet, Marry, Murder**

+1 hour 256 333

U&Eden

166 134/162 176 57 160 142

9.00 AM **Wild Colombia with Nigel Marven** Four editions.
1.00 PM **India's New Worlds**
3.00 **Wild Colombia with Nigel Marven** Four editions.
7.00 **India's New Worlds** 1&2/2. Documentary charting wildlife conservation projects in India.
9.00 **Wild Colombia with Nigel Marven** A journey exploring Colombia's wild side, beginning in the capital Bogota. **10.00** The wildlife expert searches for anacondas, the biggest snakes in Colombia, in the forests of the Amazon. **11.00** The presenter visits Santa Maria, the world's tallest coastal mountain. **12.00** M'T An exploration of Colombia's Pacific coast, home to giant geckos, glowing beetles and some bright and vividly coloured frogs.
1.00 AM **India's New Worlds**
3.00 **Wild Colombia with Nigel Marven** Triple bill of editions.
5.20 **to 6.00** AM **The Bill**

+1 hour 266 376

Sky Nature

145 113/114 189 354 369

6.00 AM **Impossible Animals**
9.00 **In for the Kill**
10.00 **Africa's Hunters**
12.00 NOON **Deep Dive North America** Documentary.
1.00 PM **Coral City**
2.00 **Malawi Wildlife Rescue**
5.00 **The Bachelor King**
6.30 **Flying Monsters with David Attenborough** Exploring the world of the pterosaur.
8.00 **Battle of the Alphas** Conflict between animals in America. **8.30** Animals battling on Europe's evocative landscapes.
9.00 **Surviving the Amazon** Jungle love stories, from monogamous monkeys, to a spider who will risk his life for romance.
10.00 **Big Cats: An Amazing Animal Family** The evolution of cats.
12.00 M'T **Battle of the Alphas**
1.00 AM **Surviving the Amazon**
2.00 **NEW SERIES Snow Leopards with Dan O'Neill** 1/2. The biologist sets out on a mission to protect the snow leopard.
3.00 **to 6.00** AM **A Wild Year on Earth**

WILD

165 145/133 182

8.00 AM **Bizarre Animal Friends**
9.00 **Critter Fixers: Country Vets**
10.00 **Secrets of the Zoo: North Carolina** Documentary.
11.00 **The Incredible Dr Pol**
12.00 NOON **Yukon Vet**
2.00 PM **Supersized Sharks**
3.00 **Ice Road Rescue**
5.00 **Snakes in the City**
7.00 **Heartland Docs** Dental work on a group of horses leads Ben and Erin out on a trail ride.
8.00 **Secrets of the Zoo** Lulu the giraffe gives birth, and an abscessed tooth turns nasty for an aging sheep.
9.00 **Secrets of the Zoo: Tampa Wild Sides** Documentary following Florida zoo staff.
10.00 **Dolphins Up Close with Bertie Gregory** The nature film-maker heads to the Azores to film a superpod of several thousand spinner dolphins.
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

ID

154 141 166

8.00 AM **Diabolical: Deadly Love**
10.00 **Evil Lives Here** Double bill.
12.00 NOON **Forbidden: Dying for Love** Double bill of editions.
2.00 PM **Death by Fame** Double bill.
4.00 **Dark Waters: Murder in the Deep** Double bill of editions.
6.00 **Faking It: Tears of a Crime** Experts analyse a man's deception following the 2017 Manchester Arena terror attack. **7.00** The case of TV weatherman Fred Talbot.
8.00 **American Monster** The murder of Wendi Davidson.
9.00 **The Playboy Murders** A 25-year-old *Playboy* model's relationship with an elderly doctor takes a deadly turn.
10.00 **Mean Girl Murders** A deserted bloody vehicle has detectives thinking murder.
11.00 **The Big Swindle** Sue's life falls apart when she discovers her relationship is a lie.
12.00 M'T **Seduced to Slay**
2.00 AM **The Lies That Bind**
4.00 **to 6.00** AM **Grave Secrets**

+1 hour 254 366

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Combat Ships** Triple bill.
11.00 **Britain's Most Historic Towns**
2.00 PM **Mirage Men** How UFO mythology was used to cover up the US's advanced technology.
4.00 **Combat Ships** Double bill.
6.00 **Britain's Most Historic Towns** Professor Alice Roberts explores the story of Stewart Britain by visiting Stirling. **7.00** Alice explores the medieval history of Lincoln. **8.00** Alice investigates the history of the Royal Navy.
9.00 **Gangland Chronicles** The history of the Chicago Outfit. **9.30** A look at the Aryan Brotherhood, a neo-Nazi prison gang considered one of the deadliest in America.
10.00 **Secrets of the Hells Angels** Charles 'Peewee' Goldsmith, a kickboxing heavyweight who joined the Angels.
11.00 **Ancient Aliens** Double bill.
1.00 AM **Britain's Most Historic Towns** Double bill of editions.
3.00 **to 6.00** AM **Combat Ships**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Combat Dealers**
12.00 NOON **Shed and Buried**
3.00 PM **Salvage Hunters: The Restorers** Triple bill.
6.00 **How the Universe Works** Conflicting results make determining the age of the universe difficult, and finding the answer could be the key to many mysteries of the cosmos. **7.00** A team of robot sleuths roaming Mars on a mission to uncover its secrets. **8.00** Examining what happens when the two most powerful objects in the cosmos collide.
9.00 **Greatest Events of World War II** Restored colour footage retells the dramatic story of the Battle of Midway. **10.00** The Battle of Stalingrad. **11.00** Colourised footage is used to tell the epic story of the D-Day invasion.
12.00 M'T **Blowing Up History: Seven Wonders**
2.00 **to 5.00** AM **Combat Dealers**

+1 hour 274 381

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Planes That Never Flew**
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Kindig Customs**
4.00 PM **Hell Roads**
5.00 **Kindig Customs** Dave convinces the client to make the 1967 C10 truck into a convertible. **6.00** A team bring in a replica 1967 Cobra with a bad engine. **7.00** The Hebmueller VW Bug.
8.00 **Scrapyard Dynasty** Srapyard owner Terry Walker looks for his next money-making scheme alongside running his business. **9.00** Lyndsay uses unusual methods to boost business at the cafe. Plus, Terry isn't happy when the most expensive car in the yard falls from its rack. **10.00** Terry makes a rogue purchase with a load of jewellery, and the yard's grabber needs an overhaul.
11.00 **Wrecks to Riches**
11.30 **Auto Trader** Triple bill.
1.00 **to 5.00** AM **Planes That Never Flew**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.45 AM **The Lord of the Rings: The War of the Rohirrim** Animation. (2024, 12) ★★★★
9.00 **PREMIERE Panda Plan** (2024)
10.45 **Wish You Were Here** Drama. (2025, 12, 99min) ★★★
12.35 PM **Spin the Bottle** (2024) ★★
2.45 **Novocaine** As 8.00pm.
4.40 **One of Them Days** Comedy. (2025, 15, 97min) ★★★
6.20 **PREMIERE Panda Plan** Comedy. (2024, PG, 99min) ★★★ *See review, page 23.*

6.20 Panda Plan

8.00 Novocaine Action comedy starring Jack Quaid. When a woman is kidnapped, a man turns an inability to feel physical pain into an advantage in his quest to rescue her. With Ray Nicholson and Amber Midthunder. (2024, 15, 80min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Nosferatu Horror thriller starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a telepathic bond with a mysterious count. (2024, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **The Brutalist** Epic period drama starring Adrien Brody, Felicity Jones and Guy Pearce. (2024, 18, 215min) ★★★★★
3.35 **The Prosecutor** Hong Kong action thriller starring Donnie Yen and Julian Cheung. Subtitled. (2024, 15, 117min)
5.40 **to 6.10** AM **Sky Cinema Preview**

Sky Cinema Hits

303 303 403 503 517

7.30 AM **Patriot Games** Thriller. (1992, 15, 116min) ★★★
9.30 **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★
11.15 **Sonic the Hedgehog 3** Fantasy sequel. (2024, PG) ★★★
1.15 PM **Mad Max: Fury Road** Thriller starring Tom Hardy. (2015, 15, 120min) ★★★★★
3.20 **There Will Be Blood** Drama. (2007, 15, 158min) ★★★★★
6.05 **Cleaner** Action thriller. (2025, 15, 97min) ★★★

10.10 Saturday Night Fever

8.00 Bad Boys: Ride or Die Action comedy sequel starring Will Smith and Martin Lawrence. Miami cops Lowrey and Burnett go on the run to clear their late captain's name. With Vanessa Hudgens and Alexander Ludwig. (2024, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Saturday Night Fever Dance drama starring John Travolta as a working-class Brooklyn youth who is the dance king of his local disco. (1977, 18, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.15 AM **Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
2.20 **The Longest Yard** Comedy remake. (2005, 12, 113min) ★★
4.25 **Sky Cinema Preview**
5.25 **to 7.10** AM **The Woman in Black** Supernatural chiller. (2012, 12, 91min) ★★★★

Sky Cinema Drama

310 310 410 510 524

6.10 AM **Rurangi** As 6.20pm.
7.55 **The Sons of Katie Elder** Western. (1965, U, 122min) ★★★
10.10 **The Good Half** Comedy drama. (2023, 15, 96min) ★★★
12.00 NOON **The Holiday** Comedy. (2006, 12, 135min) ★★★
2.30 PM **Chuck Chuck Baby** Drama. (2023, 15, 101min) ★★★★
4.25 **A Mistake** Medical drama. (2024, 15, 101min) ★★★

6.20 **Rurangi** Drama starring Elz Carrad and Arlo Green. (2020, 15, 87min) ★★★★
8.00 **Joker: Folie à Deux** Musical thriller sequel starring Joaquin Phoenix and Lady Gaga. (2024, 15, 138min) ★★★★
10.25 **The Danish Girl** Period drama starring Eddie Redmayne and Alicia Vikander. An artist in 1920s Copenhagen becomes one of the first people to undergo sex reassignment surgery. (2015, 15, 117min) ★★★

12.25 AM **Fifty Shades Darker** Erotic drama sequel starring Dakota Johnson. (2017, 18, 118min) ★
2.25 **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
4.35 **to 6.45** AM **True Grit** Western. (1969, PG, 128min) ★★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.05 AM **If You Were the Last** Sci-fi comedy. (2023, 15) ★★★★
8.45 **Gothika** Horror starring Halle Berry. (2003, 15, 98min) ★★★
10.30 **Insidious** Supernatural thriller. (2010, 15, 103min) ★★★★
12.20 PM **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy. (2001, 12, 145min) ★★★★
2.50 **The Nun** Horror with Demián Bichir. (2018, 15, 96min) ★★★

4.35 **A Quiet Place** Horror thriller. (2018, 15, 90min) ★★★★
6.15 **A Quiet Place: Day One** Horror prequel starring Lupita Nyong'o. (2024, 15, 100min) ★★★★
8.00 **The Ring Two** Horror chiller sequel starring Naomi Watts. (2004, 15, 110min) ★★★
10.00 **Chappie** Sci-fi thriller starring Dev Patel and Hugh Jackman. Two small-time crooks use a highly intelligent robot to carry out a heist worth $200million. (2015, 15, 120min) ★★

12.10 AM **Hollow Man** Sci-fi thriller. (2000, 18, 113min) ★★★
2.05 **Friday the 13th Part II** Horror sequel. (1981, 18, 87min) ★★
3.50 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
5.55 **to 7.40** AM **Timestalker** Fantasy. (2024, 15, 89min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.35 AM **Breaking Point** Drama. (2023, 12, 102min) ★★★
8.30 **Blithe Spirit** (2020, 12) ★★★
10.25 **Cats & Dogs** (2001, PG) ★★★
12.05 PM **Cats & Dogs: The Revenge of Kitty Galore** (2010, U) ★★
1.40 **Teenage Mutant Ninja Turtles: Out of the Shadows** Fantasy sequel. (2016, 12, 112min) ★★★
3.40 **Snow White and the Huntsman** (2012, 12) ★★★
6.00 **Jumanji** Fantasy adventure. (1995, PG, 104min) ★★★★

8.00 IF

8.00 IF Fantasy adventure starring Ryan Reynolds and Cailey Fleming. A young girl joins forces with her upstairs neighbour to matchmake discarded imaginary friends with new children. With John Krasinski. (2024, U, 104min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Nutty Professor II: The Klumps Comedy sequel starring Eddie Murphy. An overweight college professor decides to rid himself of his alter ego. (2000, 12, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **The SpongeBob SquarePants Movie** Animated adventure with the voice of Tom Kenny. (2004, U, 87min) ★★★★
1.30 AM **Small Soldiers** Fantasy. (1998, PG, 99min) ★★★★
3.30 **Pups United** Family adventure. (2015, U, 89min) ★★★
5.05 **to 6.20** AM **Friend or Foe** Drama. (1981, U, 70min) ★★★

Sky Cinema Fast

307 307 407 507 521

6.15 AM **Fast & Furious** As 1.10am.
8.05 **Fast & Furious 5** As 3.00am.
10.20 **Fast & Furious 6** As 5.15am.
12.35 PM **Fast & Furious 7** Thriller sequel. (2015, 12) ★★★★
2.55 **Fast & Furious 8** Thriller sequel. (2017, 12, 136min) ★★★
5.15 **Fast & Furious Presents Hobbs & Shaw** Adventure. (2019, 12, 137min) ★★★
7.35 **The Fast and the Furious** Thriller starring Vin Diesel. (2001, 15, 107min) ★★★

7.35 The Fast and the Furious

The Fast and the Furious (film started at 7.35pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 2 Fast 2 Furious Action thriller sequel starring Paul Walker and Tyrese. A former cop and his ex-con friend set out to clear their names by going undercover to infiltrate the world of a drugs baron. (2003, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **The Fast and the Furious: Tokyo Drift** Action thriller. (2006, 12, 104min) ★★
1.10 AM **Fast & Furious** Thriller sequel starring Vin Diesel. (2009, 12, 107min) ★★★
3.00 **Fast & Furious 5** Thriller sequel. (2011, 12, 130min) ★★★
5.15 **to 7.30** AM **Fast & Furious 6** Thriller sequel with Vin Diesel. (2013, 12, 125min) ★★★

Sky Cinema Comedy

308 308 408 508 522

6.15 AM **Saturday Night** Comedy. (2024, 15, 109min) ★★★★
8.20 **Rumours** (2024, 15) ★★★
10.20 **Miss Congeniality** Comedy. (2000, 12, 109min) ★★★★
12.20 PM **Hope Springs** Romantic comedy. (2012, 12) ★★★
2.10 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★
4.25 **Two Weeks Notice** Comedy. (2002, 12, 101min) ★★★
6.10 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★

9.45 You've Got Mail

8.00 Brewster's Millions Comedy starring Richard Pryor and John Candy. A baseball pitcher must spend $30million in 30 days to inherit an even bigger fortune. (1985, PG, 97min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 You've Got Mail Romantic comedy with Tom Hanks and Meg Ryan as two bookshop owners who hate one another in real life but are e-mail lovers in cyberspace. (1998, PG, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **Nacho Libre** Action comedy. (2006, 12, 92min) ★★★★
1.35 AM **Seven Psychopaths** Dark comedy starring Colin Farrell. (2012, 15, 106min) ★★★★
3.30 **You, Me and Dupree** Comedy. (2006, 12, 109min) ★★★
5.25 **to 7.10** AM **David Brent: Life on the Road** Mockumentary comedy starring Ricky Gervais. (2016, 15, 96min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.00 AM **Melancholia** Thriller. (1989, 15, 85min) ★★★
7.40 **He Went That Way** Crime drama. (2023, 15, 96min) ★★★
9.30 **Ocean's Twelve** Thriller sequel. (2004, 12, 125min) ★★★★
11.50 **Ocean's Thirteen** Thriller sequel. (2007, PG) ★★★
1.55 PM **Patriot Games** Thriller. (1992, 15, 116min) ★★★
3.55 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
5.55 **Inferno** (2016, 12) ★★★

8.00 The Beekeeper

8.00 The Beekeeper Action thriller starring Jason Statham. An apparently unassuming man learns someone important to him has been scammed and driven to harm, so seeks vengeance on those responsible. (2023, 15, 105min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 True Romance Crime thriller scripted by Quentin Tarantino and starring Christian Slater and Patricia Arquette as a young couple on the run from mobsters pursuing a $5million stash of cocaine. (1993, 18, 118min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Vanilla Sky** Fantasy drama starring Tom Cruise. (2001, 15, 136min) ★★★
2.30 **Lawless** Crime drama. (2012, 18, 111min) ★★★★
4.30 **to 6.10** AM **Some Other Woman** Psychological thriller. (2023, 15, 85min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Think Like a Dog** Comedy drama. (2020, PG, 91min) ★★
12.50 PM **The Muppets Take Manhattan** Musical comedy. (1984, U, 94min) ★★★★
2.40 **Dunston Checks In** Comedy. (1995, PG, 88min) ★★★
4.25 **Time Bandits** Fantasy. (1980, PG, 110min) ★★★★
6.45 **Cowboys & Aliens** Sci-fi Western starring Daniel Craig. (2011, 12, 119min) ★★★

9.00 Plane

Cowboys & Aliens (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 Plane Action thriller starring Gerard Butler and Mike Colter. A pilot is forced to ally with a murder suspect when their plane goes down in hostile land. With Yoson An and Tony Goldwyn. (2023, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **The Predator** Sci-fi thriller starring Boyd Holbrook and Trevante Rhodes. A band of former soldiers and a scientist attempt to defeat a savage extra-terrestrial warrior. (2018, 15, 102min) ★★★
1.15 **to 3.20** AM **Unsane** Steven Soderbergh's horror starring Claire Foy and Joshua Leonard. (2018, 15, 98min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 20s

302 302 402 502 516

6.35 AM **Peter Rabbit 2: The Runaway** Comedy adventure sequel. (2021, U, 93min) ★★★
8.15 **IF** Fantasy with Ryan Reynolds. (2024, U, 104min) ★★★
10.05 **Beetlejuice Beetlejuice** Comedy sequel starring Michael Keaton. (2024, 12, 105min) ★★★★
11.55 **Ghostbusters: Frozen Empire** Comedy adventure sequel. (2023, 12, 115min) ★★★

1.55 PM **Venom: The Last Dance** Fantasy adventure sequel. (2024, 15, 110min) ★★★
3.50 **The Fall Guy** Action comedy. (2023, 12, 126min) ★★★★
6.00 **Godzilla x Kong: The New Empire** Fantasy adventure sequel. (2023, 12, 115min) ★★★
8.00 **Twisters** Disaster drama sequel starring Daisy Edgar-Jones. (2024, 12, 122min) ★★★★
10.05 **Novocaine** Comedy with Jack Quaid and Amber Midthunder. (2024, 15, 80min) ★★★

12.05 AM **The Invisible Man** Action thriller starring Elisabeth Moss. (2020, 15, 124min) ★★★★
2.15 **Twilight of the Warriors: Walled In** Crime thriller. (2024, 15, 126min) ★★★
4.25 **to 6.05** AM **Kill** Crime thriller. (2023, 15, 94min) ★★★

Sky Cinema Feel Good

304 304 404 504 518

6.00 AM **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
7.50 **Pitch Perfect** Musical comedy. (2012, 12, 112min) ★★★★
9.50 **Pitch Perfect 2** Comedy sequel. (2015, 12, 112min) ★★★
11.50 **Pitch Perfect 3** Comedy sequel. (2017, 12, 93min) ★★★
1.35 PM **Happy Feet** Animated musical comedy adventure. (2006, U, 108min) ★★★★

3.30 **The Wizard of Oz** Musical. (1939, U, 98min) ★★★★★
5.15 **Wicked** Musical adventure. (2024, PG, 160min) ★★★★
8.00 **Wonka** Fantasy adventure starring Timothée Chalamet. (2023, PG, 116min) ★★★★
10.00 **Ella Enchanted** Comic fantasy starring Anne Hathaway. A young woman in a fairytale land embarks on a quest to free herself of a spell – and falls in love with a handsome prince. (2004, PG, 96min) ★★★

11.45 **Big Fat Liar** Teen comedy. (2002, PG, 88min) ★★★
1.15 AM **The Nutty Professor** Comedy starring Eddie Murphy. (1996, 12, 95min) ★★★
3.00 **Click** Fantasy comedy. (2006, 12, 103min) ★★★★
4.50 **to 6.20** AM **Big Fat Liar** (2002)

Sky Cinema Kung Fu Panda

305 305 412 500 514

6.45 AM **Kung Fu Panda 4** (2023)
8.25 **Kung Fu Panda** As 9.40pm.
10.05 **Kung Fu Panda 2** As 4.45pm.
11.45 **Kung Fu Panda 3** As 6.20pm.
1.25 PM **Kung Fu Panda 4** (2023)
3.05 **Kung Fu Panda** As 9.40pm.
4.45 **Kung Fu Panda 2** Animated comedy adventure sequel with the voices of Jack Black, Gary Oldman and Angelina Jolie. (2011, PG, 90min) ★★★★

6.20 **Kung Fu Panda 3** Animated comedy sequel with the voices of Jack Black and Bryan Cranston. (2016, PG, 95min) ★★★★
8.00 **Kung Fu Panda 4** Animated adventure sequel with the voices of Jack Black and Awkwafina. (2023, PG, 94min) ★★★
9.40 **Kung Fu Panda** Animated comedy adventure featuring the voices of Jack Black, Dustin Hoffman and Angelina Jolie. A tubby, lazy panda who dreams of becoming a martial arts master is unexpectedly called upon to be a hero. (2008, PG, 92min) ★★★★

11.20 **Kung Fu Panda 2** As 4.45pm.
12.55 AM **Kung Fu Panda 3** (2016)
2.35 **Kung Fu Panda 4** As 8.00pm.
4.15 **Kung Fu Panda** As 9.40pm.
5.55 **to 7.30** AM **Kung Fu Panda 2**

Movies 24

312 313 419

7.00 AM **Scented with Love** Drama. (2022, PG, 83min) ★★
9.00 **Game, Set, Love** Romantic comedy. (2022, PG, 84min) ★★
11.00 **Something's Brewing** Drama. (2023, PG, 89min) ★★
1.00 PM **Catch of the Day** Romantic drama. (2025, PG, 84min) ★★
3.00 **PREMIERE** **Mystery Island: House Rules** Crime drama. (2024, PG, 90min) ★★

5.00 **An American in Austen** Comedy. (2024, PG, 84min) ★★
7.00 **My Dreams of You** Romantic drama starring Cecilia Lee. A woman has recurring dreams about a mysterious stranger whom she later meets in real life. (2024, PG, 90min) ★★
9.00 **The Journey Ahead** Comedy starring Holly Robinson Peete. A movie star flees the worst day of her life after an encounter with a stranger running from her past. (2022, PG, 102min) ★★

11.00 **The Date Whisperer** Romantic drama. (2023, PG, 87min) ★★
1.00 AM **A Bridesmaid in Love** Comedy. (2022, PG, 87min) ★★
3.00 **to 5.00** AM **Junebug** Fantasy drama. (2024, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Cinebox Memories**
6.05 **Fiend Without a Face** (1958)
7.40 **Every Day Except Christmas**
8.25 **Space Patrol** 29/39. (S1)
9.00 **Fascinating Art of Yoyo**
9.05 **Batman** 36/60. (S2)
9.35 **Richard the Lionheart** (S1)
10.05 **Supercar** 26/26. (S1)
10.35 **Look at Life** Documentary.
10.45 **Hand in Glove** Drama.
11.20 **Dancing on the Moon**

11.30 **The Adventures of Robin Hood**
12.00 NOON **First Spaceship on Venus** German adventure. Subtitled. (1960, b/w, U, 93min) ★★
1.40 PM **Look at Life**
1.50 **One Step Beyond** 18/39. (S2)
2.25 **Tomorrow at Ten** (1964) ★★
4.05 **The Silent Invasion** War drama. (1962, b/w, PG, 70min) ★★
5.25 **The Break** (1962, PG) ★★
7.00 **Maigret** 2/13. (S2)
8.00 **A Family at War** 19/19. (S2)
9.00 **The Hound of the Baskervilles** Drama. (2002, 15, 100min) ★★★

11.05 **Confessions of a Window Cleaner** Comedy. (1974, 18) ★
12.50 AM **The Blob** (1958, 12) ★★★
2.30 **Too Young to Love** Drama. (1960, b/w, 12, 84min) ★★
4.10 **Shoot to Kill** (1947, b/w, PG) ★★
5.25 **Cinebox Memories**
5.30 **to 6.00** AM **Out of Town**

SATURDAY Sport

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE The Rugby Championship New Zealand v Australia.** Coverage of the match from the fifth round of fixtures from Eden Park. Kick-off 6.05am.
7.55 **Rugby Greatest Games** New Zealand v Australia from 2017.
8.00 **Sky Sports Breakfast**
9.00 **Ryder Cup Golf**
12.00 NOON **LIVE Ryder Cup Golf USA v Europe.** Coverage of the foursomes matches on the second day from Bethpage Black in New York. Europe enjoyed an excellent session at this stage two years ago in Rome, winning it 3-1 to take an overall 9.5-2.5 lead.
5.00 PM **LIVE Ryder Cup Golf USA v Europe.** Coverage of the fourballs matches on day two at Bethpage Black in New York. The Americans won three of the four matches at this stage two years ago in Rome, but Europe still ended the day with a commanding 10.5-5.5 overall lead.
11.00 **McGinley & Chamblee: Ryder Cup** Paul McGinley and Brandel Chamblee reflect on the day's action at the 45th Ryder Cup.
1.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Years**
9.00 **The Big Interview**
9.30 **Fantasy Football Countdown**
10.00 **Saturday Social**
11.00 **Premier League Stories**
11.30 **LIVE WSL Arsenal v Aston Villa.** The Women's Super League encounter from the Emirates Stadium. Kick-off 12.00noon.
2.30 PM **Gillette Soccer Saturday: Build-Up** Pre-match analysis.
3.00 **Gillette Soccer Saturday**
5.00 **LIVE SNF Nottingham Forest v Sunderland.** Coverage of the Premier League match from the City Ground. Kick-off 5.30pm.
7.45 **LIVE SNF Tottenham Hotspur v Wolverhampton Wanderers.** Coverage of the Premier League match at the Tottenham Hotspur Stadium. The visitors have a good recent record against their hosts and are currently five games unbeaten against Thomas Frank's team. Kick-off is at 8.00pm.
10.45 **Premier League Highlights**
1.45 AM **PL Greatest Games**
2.00 **Premier League Highlights**
4.30 **PL Greatest Games**
5.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
6.15 **EFL** The 2022/23 play-off finals.
9.15 **EFL Cup Highlights**
9.45 **EFL Highlights** Championship.
10.00 **Saturday Social**
11.00 **LIVE EFL Coventry City v Birmingham City.** Coverage of the Championship match held at Coventry Building Society Arena. The last time these Midlands rivals met here was two seasons ago, when Coventry claimed a 2-0 victory. Kick-off is at 12.30pm.
3.00 PM **Gillette Soccer Saturday**
5.20 **LIVE Bundesliga Borussia Moenchengladbach v Eintracht Frankfurt.** Coverage of the German top-flight match at Borussia Park. Kick-off 5.30pm.
7.30 **EFL** Another chance to see Coventry City v Birmingham City.
9.30 **WSL** Arsenal v Aston Villa.
10.00 **EFL Highlights** Championship.
2.00 AM **Best Scottish Premiership Goals 2022/23**
2.30 **Best Scottish Premiership Goals 2023/24**
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **Women's One-Day International Cricket**
7.00 **ICC Legends**
8.00 **ICC Women's Rise The Official Film** As shown at 2.00pm.
9.00 **ICC Legends**
10.00 **Vitality T20 Blast Cricket**
2.00 PM **ICC Women's Rise The Official Film** A look at the rise of women's cricket.
3.00 **ICC Women's World Cup**
4.00 **ICC Legends**
6.30 **Women's ICC World T20 Cricket** India v New Zealand.
7.00 **ICC Women's World Cup 2017** Action from England v India.
7.30 **ICC Women's World Cup**
9.00 **ICC Women's World Cup 2017** Action from England v India.
9.30 **Women's ICC World T20 Cricket** India v Sri Lanka.
10.00 **Women's One-Day International Cricket** England Women v India Women.
11.00 **Women's ICC World T20 Cricket** Double bill of action.
12.00 M'T **Women's One-Day International Cricket**
1.00 AM **International T20 Cricket**
5.00 **to 6.00** AM **Best of England v South Africa**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Ryder Cup Memories**
8.00 **Ryder Cup** The first day.
9.00 **Ryder Cup** Build-up to day two.
12.00 NOON **LIVE Ryder Cup Golf USA v Europe.** Coverage of the foursomes matches on the second day from Bethpage Black in New York. Europe enjoyed an excellent session at this stage two years ago in Rome, winning it 3-1 to take an overall 9.5-2.5 lead.
5.00 PM **LIVE Ryder Cup Golf USA v Europe.** Coverage of the fourballs matches on day two at Bethpage Black. The Americans won three of the four matches at this stage two years ago in Rome.
11.00 **McGinley & Chamblee: Ryder Cup** A review of the second day.
1.00 AM **Ryder Cup Memories**
2.00 **Ryder Cup** The second day.
3.00 **Perfection in Paris**
5.00 **to 6.00** AM **Ryder Cup**

TNT Sports 1

410 413 521 408 430

6.00 AM **LIVE AFL** The Grand Final.
9.00 **Premier League Stories**
9.30 **Premier League: Big Interview**
10.00 **The Fantasy Show**
10.30 **Premier League Preview**
11.00 **LIVE Premier League Brentford v Manchester United.** The top-flight match from the Gtech Community Stadium. Kick-off 12.30pm.
3.00 PM **Xtra Time** Analysis,
3.15 **LIVE Cycling World Championship** Coverage of the women's elite road race in Kigali.
4.15 **The Gruppetto** Cycling action.
4.30 **MLB Highlights**
6.00 **LIVE MLB New York Yankees v Baltimore Orioles.** The American League game at Yankee Stadium. Start-time 6.05pm.
9.00 **LIVE MLB Boston Red Sox v Detroit Tigers.** Coverage of the American League match from Fenway Park. Start-time 9.10pm.
12.15 AM **TNT Sports Reload**
12.30 **UFC Connected**
1.00 **LIVE UFC** The preliminary bouts.
3.00 **to 6.30** AM **LIVE UFC Carlos Ulberg v Dominick Reyes.** The light heavyweight bout staged at RAC Arena in Perth, Australia.

TNT Sports 2

411 414 522 409 431

6.45 AM **LIVE MotoGP** From Japan.
7.45 **MotoGP Rewind**
8.00 **LIVE Superbike World Championship** In Aragon, Spain.
8.30 **Climbing World Championship**
9.00 **TNT Sports Reload**
9.30 **LIVE Superbike World Championship** From Aragon.
10.30 **Superbikes Rewind**
11.00 **LIVE Superbike World Championship** In Aragon, Spain.
3.15 PM **MotoGP** Grand Prix of Japan.
3.45 **Asia Cup Cricket**
4.15 **TNT Sports Cricket Reload**
4.30 **CPL Highlights**
5.00 **AFL** The Grand Final.
6.30 **Snooker English Open**
7.30 **Champions League Magazine**
8.00 **UEFA Europa League & Conference League Magazine**
9.00 **Too Good to Go Down**
10.45 **Playing for Our Future**
11.00 **Cycling World Championship**
12.00 M'T **MotoGP** Grand Prix of Japan.
12.30 AM **LIVE Motorcycling: Asia Talent Cup** From Japan.
1.30 **LIVE MotoGP** Warm-up in Japan.
2.00 **to 5.15** AM **LIVE MotoGP** Coverage of the Grand Prix of Japan Moto3 and Moto2 races.

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Kansas City Chiefs v Philadelphia Eagles.
12.00 NOON **49 Hours**
12.15 PM **NFL Bitesize Highlights**
12.30 **NFL Gameday** Match reviews.
1.00 **NFL Highlights**
3.00 **NFL Bitesize Highlights**
4.00 **NFL Highlights**
6.00 **The Runway** Behind the scenes with the New York Jets during the NFL season.
6.45 **NFL Bitesize Highlights** Kansas City Chiefs v Philadelphia Eagles.
7.00 **NFL Highlights** Action from Buffalo Bills v Miami Dolphins.
8.00 **NFL Bitesize Highlights** Action from New England Patriots v Pittsburgh Steelers.
8.15 Highlights of Los Angeles Chargers v Denver Broncos.
8.30 Action from San Francisco 49ers v Arizona Cardinals.
8.45 Highlights from New York Giants v Kansas City Chiefs.
9.00 **NFL Highlights** Action from Buffalo Bills v Baltimore Ravens.
10.00 **NFL Highlights**
12.00 M'T **NFL Gameday**
12.30 AM **NFL Bitesize Highlights**
1.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE The Rugby Championship New Zealand v Australia.** Coverage of the match from the fifth round of fixtures at Eden Park. Kick-off is at 6.05am.
7.55 **Rugby Greatest Games**
8.00 **Sky Sports Breakfast**
9.30 **Fantasy Football Countdown**
10.00 **Soccer Saturday Pre-Match**
11.00 **EFL Build-Up**
12.25 PM **LIVE EFL Wrexham v Derby County.** Coverage of the Championship match held at StoK Racecourse. Kick-off 12.30pm.
3.00 **Gillette Labs Soccer Saturday**
4.00 **LIVE The Rugby Championship South Africa v Argentina.** Coverage of the match from the fifth round of fixtures at Hollywoodbets Kings Park in Durban. Kick-off 4.10pm.
6.00 **Soccer Saturday Fan Zone**
7.30 **LIVE Super League** Coverage of a play-off match.
10.15 **EFL Greatest Games** Arsenal v Manchester City in 2017/18.
10.30 **Sky Sports Catch Up**
12.00 M'T **Super League**
2.45 AM **EFL Greatest Games**
3.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Coverage from the Tours.

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
2.00 PM **LIVE WTA & ATP Tennis** Further coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
4.00 **ATP Tennis** Hangzhou Open final.
5.00 **WTA Tennis** Guadalajara Open.
6.00 **WTA & ATP Tennis**
2.00 AM **Mirra Andreeva Podcast**
2.15 **WTA & ATP Tennis** Madrid Open.
2.45 **Bitesize Tennis** Halle Open.
3.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Continued coverage from Tours, including the Beijing Open.

Sky Sports Mix

416 412 510 429 449

6.00 AM **LIVE NRLW** Coverage of the opening semi-final.
8.00 **Ryder Cup** The first day.
9.00 **Ladies European Tour Golf**
10.00 **EFL Greatest Games**
10.50 **LIVE NRL** Coverage of the second preliminary final.
12.50 PM **My Icon** Shaun Gayle.
1.00 **PGA Tour Champions**
2.00 **Ladies European Tour Golf**
3.00 **WTA Tennis** Korea Open final.
4.00 **LIVE The Rugby Championship South Africa v Argentina.** Coverage of the match from Hollywoodbets Kings Park in Durban. Kick-off 4.10pm.
6.00 **The Rugby Championship**
8.00 **Ryder Cup** The first day.
9.00 **WTA Tennis** Korea Open final.
10.00 **The Rugby Championship**
12.00 M'T **World Darts Championship**
2.00 AM **The Rise of MVG**
2.30 **Gary Anderson: Back2Back Champion** Archive action.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **The Rugby Championship**

TNT Sports 3

413 415 523 410 432

6.00 AM **TNT Sports Reload**
6.15 **Cycling World Championship**
7.15 **LIVE Cycling World Championship** The women's junior road race in Kigali, Rwanda.
10.15 **TNT Sports Reload**
10.45 **LIVE Cycling World Championship** The women's elite road race in Kigali, Rwanda.
4.15 PM **TNT Sports Reload**
4.30 **The Gallagher PREM**
6.30 **MotoGP** Grand Prix of Japan.
7.00 **SHEENE** Barry Sheene's life.
8.15 **British Superbikes Rewind**
8.30 **British Speedway**
9.30 **Superbike World Championship**
10.00 **MotoGP** Grand Prix of Japan.
10.30 **AFL** Action from the Grand Final.
12.00 M'T **Premier League**
1.30 AM **IFSC Climbing World...**
2.00 **LIVE IFSC Climbing World Championship** From Seoul.
4.30 **Cycling World Championship**
5.30 **to 6.00** AM **IFSC Climbing World Championship**

TNT Sports 4

414 416 524 411 434

6.00 AM **Climbing World C'ship**
6.30 **Football** Highlights and features.
8.00 **LIVE Motorcycling: Asia Talent Cup** From Japan.
9.00 **TNT Sports Cricket Reload**
9.15 **Playing for Our Future: Rugby**
9.30 **The Gallagher PREM**
10.30 **Climbing World Championship**
11.00 **LIVE IFSC Climbing World Championship** From Seoul.
1.00 PM **The Gallagher PREM**
2.00 **MLB: Off the Bat**
2.30 **MLB Highlights**
3.30 **Ultimate Pool** Pairs Cup.
5.00 **Onboard** Ocean Race Europe.
6.00 **SailGP Highlights**
7.00 **WNBA** A play-off semi-final.
8.00 **Climbing World Championship**
8.30 **V8 Supercars Highlights**
10.30 **Onboard** Ocean Race Europe.
11.30 **T100 Triathlon World Tour**
12.30 AM **TNT Sports Reload**
1.00 **Motorcycling Highlights**
2.30 **to 6.00** AM **LIVE FIA World Endurance Championship**

Premier Sports 1

419 551

6.00 AM **NASCAR Highlights**
7.00 **Transworld Sport** Magazine.
8.00 **Eredivisie Highlights**
9.00 **DTM Highlights**
10.00 **Coppa Italia Show**
10.30 **Top 14 Rugby Union Highlights**
11.00 **LaLiga** Girona v Espanyol.
12.55 PM **LIVE LaLiga Getafe v Levante.** Kick-off is at 1.00pm.
3.00 **LaLiga Match Highlights**
3.20 **NHL Tonight** Highlights.
4.20 **Transworld Sport** Magazine.
5.15 **LIVE United Rugby Championship Scarlets v Munster.** Kick-off is at 5.30pm.
7.40 **LIVE United Rugby Championship Connacht v Benetton.** From Dexcom Stadium. Kick-off is at 7.45pm.
10.15 **LaLiga Match Highlights**
10.35 **Argentine Primera Highlights**
11.05 **LaLiga** Two match replays.
3.00 AM **Sporting Greats**
3.30 **United Rugby Championship**
5.30 **to 6.00** AM **Sporting Greats**

Premier Sports 2

420 552

6.00 AM **Eredivisie** PSV v Ajax.
8.00 **Top 14 Rugby Union**
10.00 **GP Confidential** F1 news.
10.30 **United Rugby Championship**
12.30 PM **LIVE United Rugby Championship Bulls v Ospreys.**
3.00 **LIVE United Rugby Championship Zebre v Edinburgh.** Kick-off 3.05pm.
5.15 **LIVE SPFL Motherwell v Aberdeen.** Kick-off 5.45pm.
8.15 **LIVE United Rugby Championship Cardiff v Lions.** From Cardiff Arms Park.
9.45 **Bike World** Magazine.
10.15 **LaLiga Specials**
10.30 **Temples of Sport**
11.00 **NHL Tonight** Highlights.
12.00 M'T **LIVE NHL Ice Hockey Toronto Maple Leafs v Montreal Canadiens.** From Scotiabank Arena. F-o 12.00m't.
3.00 AM **FastZone** Motorsports.
3.30 **United Rugby Championship**
5.30 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Recent action.
1.00 PM **Ferrari Challenge Europe**
2.00 **Formula 1** Recent action.
6.00 **Formula 1** The Spanish GP at Circuit de Barcelona-Catalunya.
7.00 The Canadian Grand Prix at Circuit Gilles Villeneuve, Montreal.
8.00 The Austrian Grand Prix, the 11th round of the season staged at Red Bull Ring in Spielberg.
9.00 Highlights from the British Grand Prix, the 12th round of the season from Silverstone.
10.00 **Formula 1** The Spanish GP.
11.00 The Canadian Grand Prix.
12.00 M'T **Formula 1** Recent action.
2.00 **to 6.00** AM **The Home of F1**

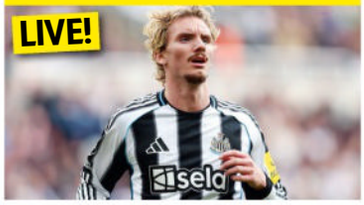
SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Sunday

28 September

Evening Planner

Football



Premier League

Sky Sports Main Event & Sky Sports Premier League

Today's action features Aston Villa v Fulham and Newcastle v Arsenal.

Golf

Ryder Cup

Sky Sports Golf & Sky Sports Main Event

All of the action from Bethpage Black in New York as Europe and the USA go head-to-head in the singles' matches.

Factual

Eva Longoria: Searching for Spain

BBC2, 8.20pm

The actor sets out to learn about the culture and history of her ancestral home

Documentary

The Disappearance of Jay Slater

C4, 9pm

The family and friends of Jay Slater try to learn what happened in his final hours.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1		7.15 Antiques Roadshow		8.15 Freddie Flintoff's Field of Dreams...		9.15 King & Conqueror	10.00 News; Local...	10.30 Match of the...
	102 BBC2		7.20 Saving Lives at Sea		8.20 Eva Longoria: Searching...		9.00 Rob and Rylan's Passage to India	10.00 Film: American Fiction	
	103 ITV1	‹ 6.55 M&S: Dress the Nation		8.00 Beat the Chasers			9.00 Coldwater		10.15 Big Brother: Live Launch
	104 CHANNEL 4	7.00 Hotel Chocolat Unwrapped		8.00 Educating Yorkshire			9.00 The Disappearance of Jay Slater		10.20 Catching My Stalker
	105 5	‹ 5.30 NFL Big Game Night – Live: Detroit Lions v Cleveland Browns (Kick-off 6.00)					9.30 Rich Holiday, Poor Holiday		10.30 World's Most...
	106 SKY SHOWCASE	7.00 Rob & Romesh vs Superstar DJs		8.00 Rob & Romesh vs Country Music			9.00 S.W.A.T.	10.00 The Sopranos	
ENTERTAINMENT	115 BBC3	7.00 EastEnders					9.00 Stranded on Honeymoon Island		
	116 BBC4	7.00 Walking with...	7.30 Around the World in 80 Gardens		8.30 Oak Tree: Nature's Greatest Survivor			10.00 Banned! The Mary Whitehouse Story	
	118 ITV2	‹ 6.35 Film: Tomb Raider					9.00 Big Brother: Live Launch		10.30 Big Brother...
	136 MORE4	‹ 6.50 Four in a Bed					9.00 Surgeons: Life in Their Hands	10.00 24 Hours in A&E	
	135 E4	7.00 Film: The Greatest Showman					9.00 Married at First Sight UK	10.10 MAFS UK: It's...	10.40 Virgin...
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam			9.00 Doc	10.00 The Rookie	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones					9.00 Task	10.15 True Detective	
	110 U&GOLD	‹ 6.40 Only...	7.20 Dad's Army	8.00 Fawlty Towers					10.40 Bottom
	111 U&DAVE	7.00 Special Ops: To Catch a Criminal		8.00 Mortimer & Whitehouse: Gone Fishing		9.20 Have I Got a Bit More 2024 for You		10.20 Have I Got News for...	
	119 ITV3		7.05 Midsomer Murders				9.00 Doc Martin	10.00 Vera	
	120 ITV4	‹ 6.45 British Open Snooker – Live: The conclusion of the final						10.15 English Football League...	
	112 COMEDY CENTRAL	‹ 6.55 Film: Batteries Not Included					9.00 Film: Big Trouble in Little China		
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine							
	113 SKY MAX	7.00 Rob & Romesh vs Superstar DJs		8.00 Rob & Romesh vs Country Music			9.00 S.W.A.T.	10.00 Film: Coming 2 America	
	109 U&ALIBI	7.00 Miss Scarlet and the Duke		8.00 Death in Paradise				10.00 Father Brown	
	124 SKY ARTS	‹ 6.00 The Shadows: The Final Tour					9.00 The Rolling Stones: Live at the Marquee	10.00 Chuck Berry: The King of Rock n' Roll	
	132 U&W	7.00 Inside the Ambulance at Christmas					9.00 Inside the Operating Theatre		
DOCUMENTARY	125 DISCOVERY	7.00 Alaska: Homestead Rescue					9.00 Sin City Tow	10.00 Wheeler Dealers World Tour	
	162 ANIMAL PLANET	7.00 How Do Animals Do That?		8.00 Treetop Cat Rescue			9.00 The Zoo	10.00 Tanked	
	129 NAT GEO	7.00 Construction Fails		8.00 Engineering Europe			9.00 Top Guns: The Next Generation	10.00 Area 51: The CIA's Secret Files	
	123 SKY HISTORY	7.00 Swamp Mysteries with Troy Landry					9.00 The Real War of Thrones		
	155 U&YESTERDAY	7.00 Colombia with Simon Reeve		8.00 Flipping Bangers			9.00 Bangers & Cash	10.00 Bangers & Cash: Restoring Classics	
	121 SKY DOCS	7.00 Film: Touching the Void					9.00 The Truth vs Alex Jones		
FILMS – Sky Cinema	301 PREMIERE	‹ 6.20 One of Them Days		8.00 Novocaine				10.00 Wolf Man	
	302 20S	‹ 6.00 Novocaine		8.00 The Beekeeper				10.00 The Invisible Man	
	303 HITS	‹ 5.50 Bad Boys: Ride or Die		8.00 Mad Max: Fury Road				10.00 The Warriors	
	304 FEEL GOOD	‹ 6.10 Sing		8.00 School of Rock			9.50 Matilda		
	305 KUNG FU PANDA	‹ 6.55 Kung Fu Panda 2			8.30 Kung Fu Panda 3			10.10 Kung Fu Panda 4	
	306 FAMILY	‹ 6.00 Johnny English Reborn		7.50 The Flintstones			9.30 The Flintstones in Viva Rock Vegas		
	307 FAST	‹ 6.10 The Fast and the Furious: Tokyo...		7.55 Fast & Furious			9.45 Fast & Furious 5		
	308 COMEDY	‹ 6.20 Mr Deeds		8.00 Beetlejuice Beetlejuice			9.50 Pixels		
	309 THRILLER	‹ 6.10 Trap		8.00 Serpico				10.10 K-19: The Widowmaker	
	310 DRAMA	‹ 6.00 Grease		8.00 Chicago				10.10 Fifty Shades Darker	
	311 SCI-FI	‹ 6.00 Insidious: Chapter 2		8.00 Children of Men				10.05 King Kong	
	313 FILM4	‹ 6.30 Hunter Killer					9.00 Mission: Impossible – Fallout		
SPORT	401 MAIN EVENT	‹ 6.30 Ryder Cup Golf – Live: The singles matches on day the third and final day							
	402 PREMIER LEAGUE	‹ 4.00 Super Sunday	7.30 The Big Interview	8.00 PL Stories	8.30 Premier League Highlights		9.30 SNF		10.30 PL Highlights
	403 FOOTBALL	‹ 5.30 NFL – Live: Atlanta Falcons v Washington Commanders (Kick-off 6.00)					9.05 NFL – Live: San Francisco 49ers v Jacksonville Jaguars (Kick-off 9.05)		
	405 CRICKET	7.00 ICC Women's World Cup		8.00 Icc Women's Rise The Official Film			9.00 Women's ICC World T20 Cricket	10.00 Women's International One-Day Cricket	
	410 TNT SPORTS 1	‹ 6.00 Asia Cup...	7.30 Serie A – Live: AC Milan v Napoli (Kick-off 7.45)					10.00 Tom Aspinall's...	10.30 The Gallagher...
	411 TNT SPORTS 2	‹ 3.15 Asia Cup...	7.30 MLB: Off the Bat	8.00 MLB – Live: Action from Major League Baseball					

‹ Denotes programmes starting before 7.00pm † Regions vary

SUNDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
7.35 **Match of the Day** (S)(R)
9.00 **Sunday with Laura Kuenssberg** (S)
10.00 **Politics England** (S)
10.30 **Sunday Morning Live** (S)
11.30 **Prayer and Reflection** (S)
12.00 NOON **Bargain Hunt** (S)(R)
1.00 PM **BBC News** (S)
1.15 **Songs of Praise** New edition (S)
2.00 **Points of View** New edition (S)
2.15 **Lifeline** New edition (S)
2.30 **Money for Nothing** (S)(R)
3.30 **Garden Rescue** (S)(R)
4.00 **Escape to the Country** Transforming a neglected garden in Ellesmere Port. (S)(R)
4.50 **Attenborough and the Giant Sea Monster** The veteran naturalist investigates the discovery of the skull of a giant pliosaur. (S)(R)(AD)
5.50 **BBC News** (S)

8.15 Freddie Flintoff's Field of Dreams

6 PM
6.05 **Local News** (S)
6.15 **Countryfile** New edition Matt Baker and Charlotte Smith are in Wrexham for the biggest date in the sheepdog trialling calendar – The Supreme, set against the beautiful backdrop of Brynkinalt Estate. (S)

7 PM
7.15 **Antiques Roadshow** New edition Fiona Bruce hosts from Lister Park and Cartwright Hall in Bradford, where treasures include a gold bunny brooch. (S)

8 PM
8.15 **Freddie Flintoff's Field of Dreams: Ultimate Test** Series finale 4/4. Freddie expands his roster of coaches to help with the growing responsibility of managing his new cricket teams. (S)(AD)
■ Entire series on BBC iPlayer

9 PM
9.15 **King & Conqueror** New episode *Cost of War:* 7/8. Harold strikes back against a Viking invader, and William seeks a fleet. (S1) (S)(AD)
■ Entire series on BBC iPlayer

10 PM
10.00 **BBC News** (S)
10.25 **Local News** (S)
10.30 **Match of the Day** Highlights of the latest Premier League matches, featuring Newcastle United v Arsenal at St James' Park and Aston Villa v Fulham at Villa Park. (S)
11.20 **The Women's Football Show** Highlights of the weekend's games in the Super League, including West Ham United v Chelsea. (S)
12.10 AM **Juice** 3&4/6. (S2) (S)(R)
1.00 **The Graham Norton Show** With Dwayne Johnson, Emily Blunt, Matthew McConaughey, Aimee Lou Wood and RAYE. (S)(R)
1.50 **Weather for the Week Ahead** (S)
1.55 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.10 AM **Take a Hike** (S)(R)
6.40 **Countryfile** (S)(R)
7.35 **Breakfast** (S)
9.00 **Beechgrove Garden** (S)(R)
9.30 **Landward** New edition (S)
10.00 **Saturday Kitchen Best Bites** New edition Series highlights. (S)
11.30 **The Hairy Bikers' Bakeation** (S)(R)
12.00 NOON **FILM Sweet Charity** Musical starring Shirley MacLaine. (S) (1968, PG, 145min) ★★★★★
2.25 PM **LIVE World Road Cycling Championships** JJ Chalmers presents coverage of the men's elite road race, a 267.5km route that starts and finishes at Kigali Convention Centre in Rwanda. (S)
4.35 **FILM The Sound of Music** Vintage musical starring Julie Andrews and Christopher Plummer. (S)(AD) (1965, U, 165min) ★★★★★

9.00 Rob & Rylan's Passage to India

FILM The Sound of Music (film started at 4.35pm)
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

7.20 **Saving Lives at Sea** 9/10. The Plymouth crew respond to a mayday call for a diver who has lost consciousness during a 30-metre dive to a shipwreck. (S)(R)(AD)

8.20 **NEW SERIES Eva Longoria: Searching for Spain** 1/8. The actor explores the country's history, food and culture, beginning in Catalonia, where she meets influential chef Ferran Adira. (S)(AD)

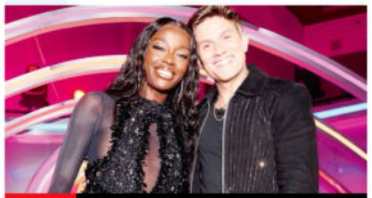
9.00 **Rob and Rylan's Passage to India** Series finale 3/3. Rob Rinder and Rylan Clark visit the temples of Khajuraho, before joining a mud-wrestling club. (S)(AD)
■ Entire series on BBC iPlayer

10.00 **FILM PREMIERE American Fiction** Satire starring Jeffrey Wright. A novelist writes a book that propels him into the heart of the establishment's hypocrisy surrounding Black entertainment. (S) (2023, 15, 110min) ★★★★ *See review, page 25.*
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
11.50 **Golf: Ryder Cup Highlights** Action from the singles matches on the third and final day at Bethpage Black in New York. (S)
1.20 AM **FILM Close** Belgian coming-of-age drama with Eden Dambrine and Gustav De Waele. Subtitled. (2022, 12, 100min) ★★★★
3.00 **Sign Zone: Question Time** (S)(R)
4.00 **to 6.25** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Ainsley's Good Mood Food** Seaside-inspired dishes. (S)(R)(AD)
6.30 **M&S: Dress the Nation** (S)(R)
7.30 **James Martin's Saturday Morning** With guest Russell Watson. (S)(R)
9.25 **ITV News** (S)
9.30 **Love Your Weekend with Alan Titchmarsh** New edition (S)
11.25 **Fern Britton: Inside the Vet's** A cat's sudden weight loss is concerning its owner. (S)(R)(AD)
12.30 PM **Talking Royals** New edition (S)
1.00 **ITV News** (S)
1.10 **You Bet! on Tour** (S)(R)(AD)
2.15 **FILM Johnny English** Comedy starring Rowan Atkinson. (S)(AD) (2002, PG, 100min) ★★★
3.55 **FILM Harry Potter and the Prisoner of Azkaban** Fantasy sequel starring Daniel Radcliffe. (S)(AD) (2004, PG, 155min) ★★★★★


10.15 Big Brother: Live Launch

6.30 **ITV News** (S)
6.45 **Local News** (S)
6.55 **M&S: Dress the Nation** New edition 3/5. AJ Odudu and Vernon Kay host as the amateur designers face the challenges of Menswear Week, with guest judge Mark Wright joining M&S lead designers and customers to decide who will have the chance of winning the life-changing prize. (S)

8.00 **Beat the Chasers** New edition Bradley Walsh hosts as contestants from across the UK take on Jenny Ryan, Anne Hegerty, Darragh Ennis, Paul Sinha, Mark Labbett and Shaun Wallace. (S)(AD)

9.00 **Coldwater** New episode 5/6. John faces the consequences of his actions, and Fiona reconsiders her marriage when unsettling truths come to light. (S1) (S)(AD)
■ Concludes tomorrow

10.00 **ITV News** (S)
10.15 **NEW TO ITV1 Big Brother: Live Launch** AJ Odudu and Will Best present as the reality contest returns, with a new cast of carefully selected housemates from all walks of life taking up residence in the famous home. *Previously shown on ITV2.* (S)
11.40 **Heathrow: Britain's Busiest Airport** Staff prepare for the arrival of *Air Force One.* (S)(R)(AD)
12.05 AM **Teleshopping**
3.00 **Motorsport UK** (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Nisha Katona's Home Kitchen** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

5.55 AM **Cheers** 3-7/28. (S11) (S)(R)
8.05 **Everybody Loves Raymond** 18&19/25. (S5) (S)(R)(AD)
9.00 **Frasier** 3&4/24. (S5) (S)(R)(AD)
10.00 **Sunday Brunch** New edition With guests Joanna Page, Gareth Malone and Elizabeth Day. Plus, music from Tom Speight. (S)
1.00 PM **The Simpsons** (S)(R)(AD)
1.55 **The Dog House** Highlights from the documentary set inside Woodgreen animal charity. (S)(R)
2.40 **Four in a Bed** Five editions of the B&B challenge. (S)(R)
5.20 **News** (S)
5.50 **The Great British Bake Off** 4/10. The bakers return to school, making classic canteen favourite flapjacks, a fondly remembered school cake technical and a school fête showstopper. (S)(R)(AD)

11.20 Father Stu

The Great British Bake Off (started at 5.50pm)

7.00 **Hotel Chocolat Unwrapped** 1/2. A look behind the scenes at the chocolatier, starting with one of the designers trying to get his first ever chocolate invention – a fiery chilli maple – into production. (S)(R)(AD)

8.00 **Educating Yorkshire** New edition GCSEs are edging closer, and students Skyler, Olivia and Falak are feeling the pressure. Meanwhile, Mr Burton leads a crackdown on mobile phone use. (S)(AD)

9.00 **NEW The Disappearance of Jay Slater** Documentary examining the case of a British teenager who disappeared in Tenerife in June 2024. Featuring never-before-seen CCTV footage, and access to the Slater family as they search for answers. (S)(AD)
10.20 **NEW Catching My Stalker** Following a couple who took action when they were targeted by a relentless stalker. (S)(AD)
11.20 **FILM Father Stu** Drama. (S)(AD) (2022, 15, 135min) ★★★
1.35 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
2.25 **The Simpsons** (S)(R)(AD)
2.50 **FILM Banel & Adama** Senegalese drama starring Khady Mane. Subtitled. (2023, 12, 85min) ★★★
4.15 **The Simpsons** (S)(R)(AD)
4.40 **Find It, Fix It, Flog It** (S)(R)
4.55 **George Clarke's Amazing Spaces**
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
8.55 **SpongeBob SquarePants** (S)(R)
9.05 **Entertainment News** (S)
9.10 **Cruising with Susan Calman** Susan visits Montenegro. (S)(R)
10.10 **Holidaying with Jane McDonald** Double bill. (S)(R)
12.05 PM **Cornwall with Fern Britton** 2/3. Exploring West Wivelshire and Powdershire. (S)(R)
1.05 **Cornwall with Fern Britton** 3/3. The presenter heads to the ancient Hundreds of Kerrier and Penwith. (S)(R)
2.00 LIVE **NFL: Big Game Day** Pittsburgh Steelers v Minnesota Vikings: Osi Umenyiora and Nat Coombs host coverage of the week four match at Croke Park, Dublin. With reports from Ellie Evelyn. Kick-off is at 2.30. (S)

5.30 NFL: Big Game Night

5.30 LIVE **NFL: Big Game Night** Detroit Lions v Cleveland Browns: Dermot O'Leary and Sam Quek are joined by Osi Umenyiora for coverage of the week four match from Ford Field. The Lions are the only franchise operational for the entirety of the Super Bowl era to not appear in the showpiece match, but they recorded an excellent regular season record of 15–2 last time out before suffering a shock defeat at the hands of Washington Commanders in the Divisional Playoffs. In contrast, the Browns are looking to improve this time around after winning just three matches last term. Tonight's coverage will also feature the 'game within a game' quiz element. Kick-off is at 6.00.
9.30 **Rich Holiday, Poor Holiday** Millionaire Cassy-Anne and her daughters head to a shepherd's hut in Dorset, while hard-up couple Sian and Joe stay at a five-star resort in Hvar, Croatia. (S)(R)
10.30 **World's Most Expensive Cruise** The *Seven Seas Splendor* is docked in Southampton ahead of a cruise around the Mediterranean. (S)(R)
11.30 **Hotel Benidorm: Fun Loving Brits in the Sun** (S)(R)
12.30 AM **Bargain-Loving Brits in the Sun** Documentary. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Meal Deals: Which One Is Best?** With Harry Wallop. (S)(R)
3.50 **Friends** (S2) (S)(R)(AD)
4.40 **The Highland Vet** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Boosnoo! Mega Mashups**
6.15 **Ready Eddie Go!** (S)(R)(AD)
6.30 **Emerald** (S)(R)(AD)
6.40 **The Brilliant World of Tom Gates 2** (S)(R)(AD)
6.50 **Silly Animals** (S)(R)
7.00 **Monkey Life** (S)(R)
8.30 **Sunday Morning with Trevor Phillips** Topical discussion.
10.00 **The Office (US)** (S3) (S)(R)
11.00 LIVE **Football: WSL** Liverpool v Manchester United: Coverage from Totally Wicked Stadium in St Helens. Kick-off is at 12.00.
2.30 PM **The Simpsons** (S)(R)
4.00 **Micro Monsters with David Attenborough** Double bill of the documentary. (S)(R)(AD)
5.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1/2. (S1) (S)(R)

9.00 S.W.A.T.

6.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 2/2. The veteran broadcaster looks at how mammals came to dominate the natural world. (S)(R)
7.00 **Rob & Romesh vs Superstar DJs** Rob and Romesh meet some of the biggest names in the DJ world, and then have a go at becoming superstars themselves. (S)(R)(AD)
8.00 **Rob & Romesh vs Country Music** The duo meet the biggest-selling female country star of all time – Shania Twain – as they investigate the world of country music. (S)(R)(AD)
9.00 **S.W.A.T.** New episode *Amber:* 11/22. The team race to find a child who was abducted from outside her home, while Hicks faces a tough decision about Gamble. (S8) (S)(AD)
10.00 **The Sopranos** *I Dream of Jeannie Cusamano:* 13/13. Artie learns the identity of the person who burned down his old restaurant. (S1) (S)(R)
11.10 **Ricky Gervais: Fame** Highlights of the comedian's stand-up show, which sees him tackle the world of fame and blur the line between the acceptable and the outrageous. (S)(R)
12.40 AM **The Force: Manchester** Double bill of editions. (S)(R)
2.35 **Road Wars** Triple bill. (S)(R)
5.00 **to 6.00** AM **Nothing to Declare** (S)(R)(AD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
10.00-10.30am The Sunday Show (S)(R) **11.20pm** Sportscene: Premiership Highlights (S)(R) **12.05am** The Women's Football Show (S) **12.55** The Graham Norton Show (S)(R) **1.45** Weather for the Week Ahead (S) **1.50-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
No variations

WALES
Sky 965, Virgin 864, Freesat 965
10.00-10.30am Politics Wales (S) **4.50pm** Back in the Day (S)(R) **5.20-5.50pm** SOS: Extreme Rescues (S)(R)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00pm Mortimer & Whitehouse: Gone Fishing (R) **10.30** Sunday Politics Northern Ireland (S)(R) **11.00** Live at the Apollo (S)(R) **11.45-11.50pm** The Chronicles of Armagh (S)(R)

WALES
Sky 968, Freesat 968
4.35pm Weatherman Walking (S)(R) **5.05** FILM The Sound of Music (S)(AD) (1965, U, 165min) ★★★★★ **7.50-8.20pm** Travelling Auctioneers (S)(R)

ITV1

As main ITV1 except:

WALES
8.00pm Backstage New edition (S) **8.30-9.00pm** Made in Mumbles (S)(R)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **9.00** Busnes Bwyd **10.00** Garddio a Mwy **10.30** Gareth Jones: Nofio Adre **11.30** Dechrau Canu Dechrau Canmol **12.30pm** Rygbi Cymru **1.30** Y Ci Perffaith **2.00** Ty Ffit **2.55** Rali Ceredigion **3.55** Teulu Shadog (AD) **4.25** Clwb Rygbi **6.10** Pobol y Cwm Omnibws (AD) **7.15** Newyddion **7.30** Dechrau Canu Dechrau Canmol New edition **8.00** Am Dro! New edition **9.00** Y Golau: Dwr New episode (AD) **10.00** Cyfrinachau'r Llyfrgell **11.00-11.35pm** Bois y Pizza (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **EastEnders** Cindy causes tension between Lauren and Peter. **7.30** Vicki and Zoe come to blows in the Square. **8.00** Ian tries to convince Sharon that Zoe is lying. **8.30** Kat asks Stacey to help with a memorial for Zoe's daughter.
9.00 **Stranded on Honeymoon Island** 10/12. The honeymooners are visited by friends and family. **10.00** 11/12. A full moon party is thrown at the final Couple's Cove.
11.00 **Stranded on Honeymoon Island: The Final Flare** 12/12. The couples are surprised by news that they will face one final flare-out.
12.00 M'T FILM **Road House** Action thriller remake starring Jake Gyllenhaal. (2024, 15, 121min) ★★★
1.55 AM **RuPaul's Drag Race UK**
3.10 **Charlie Cooper's Myth Country** Exploring local legends, myths and folklore.
3.40 **to 4.00** AM **Spud**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **A Place in the Sun**
3.35 PM **Come Dine with Me** Choir teacher Dionne hosts the first night in Leeds. **4.10** Finance director Jane hosts the second night. **4.40** DJ Denver plays host. **5.10** Billy serves up some dinner-party favourites. **5.40** Darren hosts the final dinner party from Leeds.
6.15 **Four in a Bed** The first visit is to Sefton Blackpool. **6.50** From the Apple Farm glampsite in Warwickshire.
7.20 **Four in a Bed** The third visit of the week is to Bechan Retreats in Powys. **7.55** The week's final visit is to Castle Inn in Powys. **8.25** Payment Day arrives
9.00 **Surgeons: Life in Their Hands** New edition A former professional ballerina is offered a second chance to dance with the groundbreaking use of robotic surgery to remove a potentially life-threatening lesion on her lung.
10.00 **24 Hours in A&E** A builder dislocates his shoulder.
11.05 **24 Hours in A&E** A 19-year-old arrives with a possible penile fracture.
12.10 AM **999: On the Front Line**
1.15 **Surgeons: Life in Their Hands** As 9.00pm.
2.15 **24 Hours in A&E**
3.20 **to 3.45** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **Walking with Jim Moir** The comedian explores the Kent coast.
7.30 **Around the World in 80 Gardens** Monty Don visits the private oasis of Brazilian artist Burle Marx.
8.30 **Oak Tree: Nature's Greatest Survivor** George McGavin studies an oak tree throughout the seasons of the year.
10.00 **Banned! The Mary Whitehouse Story** 1/2. Documentary looking back at the life of Mary Whitehouse, who ran a 30-year campaign to turn back the tide of the permissive culture she saw sweeping through society with the advent of the sexual revolution.
11.00 **Banned! The Mary Whitehouse Story** 2/2. In the 1970s, Mary's battle with permissive society heats up.
12.00 M'T **Confucius: Genius of the Ancient World**
1.00 AM **The Story of Welsh Art**
2.00 **to 3.00** AM **Around the World in 80 Gardens**

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Hollyoaks Omnibus**
7.10 **Rude(ish) Tube Shorts**
7.30 **Ramsay's Kitchen Nightmares USA**
8.25 **The Great British Bake Off** 4/10. The bakers take on school-based challenges.
9.45 **Married at First Sight UK**
5.25 PM **The Simpsons** *Clown in the Dumps:* Krusty appears on a TV comedy roast.
5.50 **Lego Masters Australia** New edition The final four teams battle it out as they build a serene scene.
7.00 FILM **The Greatest Showman** Musical drama starring Hugh Jackman, Zac Efron and Michelle Williams. A former shipping clerk attempts to create and develop his New York circus in the mid-1800s. (2017, PG, 102min) ★★★★
9.00 **Married at First Sight UK** New edition The reality experiment continues.
10.10 **MAFS UK: It's Official! With Lucinda Light** New edition Lucinda is joined by Yinka Bokinni.
10.40 **Virgin Island** The group are introduced to touch therapy.
11.45 **Gogglebox**
12.50 AM **Married at First Sight UK** As shown at 9.00pm.
1.55 **The Big Bang Theory**
3.30 **Ramsay's Kitchen Nightmares USA**
4.15 **to 6.00** AM **Hollyoaks Omnibus**

+1 hr 235/236 306 30 123 256

Sunday primetime

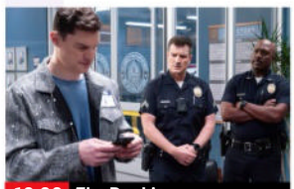
SUNDAY Entertainment

Sunday

Sky Witness

107 107 110 341 356

6.00 AM **Caught Red Handed**
9.00 **Customs UK** Double bill.
10.00 **Send in the Dogs** Billy the spaniel finds live ammunition during a search for drugs.
11.00 **The Force: Manchester**
12.00 NOON **Caught on Dashcam** Road disasters captured via dashboard cameras.
1.00 PM **Border Patrol** Double bill following the work of the New Zealand Customs agents.
2.00 **Nothing to Declare** Ten editions following the work of customs officers in Australia.



10.00 The Rookie

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
7.00 **Richard E Grant's Hotel Secrets** Double bill.
9.00 **Perry Mason** 1-4/8. (S1)
1.35 PM **Game of Thrones** Six episodes, including at:
4.45 4/10. Catelyn urges the Baratheon brothers to unite against the Lannisters.
5.45 5/10. Lord Baelish spots a chance to capitalise on the end of the Baratheons' rivalry.
6.50 6/10. Daenerys vows to reclaim what she believes is rightfully hers. (S2)

10.15 True Detective

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
10.00 **SEAL Team** (S3&4)
3.00 **Grimm** 21/22. Hank and Nick investigate an attack on a farmer's horses which puts them on the trail of Bigfoot.
4.00 22/22. The latest case offers Nick the chance to discover how his parents were murdered. (S1)
5.00 1/22. Nick tries to deal with the revelation that his mother is still alive.
6.00 2/22. Monroe and Rosalee face a race against time to save Juliette. (S2)

10.00 Coming 2 America

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Buying the View**
8.15 **Dress to Impress**
9.15 **The Only Way Is Essex**
11.15 **Deal or No Deal**
1.20 PM **Wheel of Fortune**
2.20 **In for a Penny**
2.55 **FILM How to Train Your Dragon** Animated adventure with the voice of Jay Baruchel. (2010, PG, 98min) ★★★★
4.50 **FILM Kung Fu Panda 2** Animated comedy sequel. with the voice of Jack Black. (2011, PG, 90min) ★★★★

4.50 Kung Fu Panda 2

ITV3

119 123 117 10 115 7

6.00 AM **On the Buses**
7.00 **A Touch of Frost**
9.10 **Wycliffe** 1-3/6. (S1)
12.25 PM **Agatha Christie's Poirot**
1.30 **Downton Abbey** 1/7. First episode of the costume drama starring Maggie Smith.
2.55 2/7. Everyone is anxious at the heir presumptive's arrival.
4.00 3/7. Mary is smitten by a handsome houseguest.
5.00 4/7. Mrs Hughes thinks about her position at Downton.
6.00 5/7. Mary is introduced to a potential suitor. (S1)

10.00 Vera

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

7.55 Game of Thrones *A Man Without Honour:* 7/10. Theon embarks on a hunt as he tries to prove his Ironborn status, and Daenerys receives a useful invitation. (S2)

7.00 Rob & Romesh vs Superstar DJs Rob and Romesh meet some of the biggest names in the DJ world.

6.35 FILM Tomb Raider Action adventure starring Alicia Vikander and Dominic West. A kickboxing heiress risks her life to save her missing father when she discovers a clue to his location. (2018, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

7.05 Midsomer Murders *For Death Prepare:* The members of amateur operatic society the Midsomer Mummers are busy rehearsing for their charity concert when the body of an unknown man is found in their theatre.

8 PM

8.00 Caught on Dashcam New edition Road disasters captured on video by drivers' dashboard cameras.

8.00 Rob & Romesh vs Country Music The duo meet Shania Twain as they investigate the world of country music.

9 PM

9.00 Doc ...*Try Try Again:* 2/10. While recovering in hospital, Amy can't resist getting involved in her roommate's case. (S1)

9.00 Task *Nobody's Stronger Than Forgiveness:* 3/7. Robbie and Cliff try to find a buyer, and a raid leads Tom to a revelation. (S1)

9.00 S.W.A.T. New episode *Amber:* 11/22. The team race to find a young child who was abducted from outside her home. (S8)

9.00 NEW SERIES Big Brother: Live Launch AJ Odudu and Will Best present as the reality contest returns with a new cast of carefully selected housemates.
10.30 NEW SERIES Big Brother: Late & Live A companion show to this year's series.
11.35 Family Guy 20/21. Lois and Donna get into a big fight.
12.05 AM 14/21. Chris learns he is Carter's heir. (S12)
12.35 American Dad! (S15&14)
1.35 Deal or No Deal
2.30 to 3.00 AM **Unwind with ITV**

9.00 Doc Martin *Return to Sender:* 6/9. Louisa and Martin head to London for Martin to present his research paper. (S10)

10 PM

10.00 The Rookie *Mutiny And The Bounty:* 17/18. The team help skip tracer Randy when his new love interest is kidnapped. (S7)
11.00 Matlock 10/19. (S1)
12.00 M'T **The Good Doctor** (S4)
1.00 AM **Law & Order: Special Victims Unit** 8/13. (S25)
2.00 FBI 14&15/15. (S3)
4.00 Nothing to Declare UK
5.00 to 6.00 AM **Nothing to Declare**

10.15 True Detective *The Hour and the Day:* 4/8. West and Hays think they may have found a connection with the local church. (S3)
11.40 The Last of Us 5&6/9. (S1)
2.00 AM **Task** New episode 4/7. Perry searches for answers within the gang and uncovers a shocking truth. (S1)
3.15 Succession 6/9. (S3)
4.30 In Treatment (S1)
5.00 to 6.00 AM **Fish Town**

10.00 FILM Coming 2 America Comedy sequel starring Eddie Murphy. Crown prince Akeem faces a crisis without a male heir to ascend the throne. (2021, 12, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
12.00 M'T **The Ultimate Romcom Movies** With Clara Amfo.
1.00 AM **Warrior** 6/10. (S2)
2.00 The Force: Manchester
3.00 Road Wars Documentary.
4.00 to 6.00 AM **Sun, Sea and A&E**

10.00 Vera *Broken Promise:* The detective investigates when a journalism student falls to his death in mysterious circumstances.
11.55 Coldwater 1/6. Thriller starring Andrew Lincoln.
12.55 AM 2/6. John struggles with his guilt, but a hunting trip changes his perspective. (S1)
2.00 On the Buses
2.30 Teleshopping
4.00 to 4.30 AM **Unwind with ITV**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.15 **Sportscene: Premiership Highlights** Livingston v Rangers.
8.00 **Icons of Football** The story of Charlie Nicholas.
8.30 **Designing the Hebrides** Banjo Beale makes over two spaces on the Isle of Mull.
9.00 **Lena Zavaroni: The Forgotten Child Star** The story of the singer.
10.00 **Still Game** 1/6. Wullie begins seeing a woman half his age. (S4)
10.30 **Scot Squad** 3/6. Acting Sergeant Ken Beattie gets a shock as he solves a cold case. (S5)
11.00 **The Sunday Show** The main political issues.
11.30 PM **to 12.00** M'T **The Secret Lives of Lighthouse Keepers** The teams who keep the nation's coastlines safe.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **The Conners** (S5)
9.00 **Ballers** (S1&2)
10.55 **Veep** 6-8/10. (S6)
12.55 PM **Sex and the City**
4.00 **Will & Grace** (S3)
6.30 **The Office (US)** 20/25. The staff take part in a safety training day.
7.00 21/25. Michael calls a press conference.
7.30 22/25. Michael takes the female staff on a special outing.
8.00 23/25. Michael is considered for a new job.
8.30 24/25. Michael, Jim and Karen vie for a corporate position. (S3)
9.00 **Chris Ramsey: Live from London** Stand-up.
10.00 **And Just Like That...** *The Last Supper – Part Two: Entree:* 11/11. Carrie puts the finishing touches on her dinner party. (S2)
10.55 *Outlook Good:* 1/12. Miranda considers ghosting a hookup. (S3)
11.50 **Girls** 3-6/10. (S1)
2.20 **to 5.00** AM **Entourage**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **RSC: All's Well That Ends Well**
8.30 **Tales of the Unexpected**
11.00 **Alfred Hitchcock Hour**
1.00 PM **Decoding Turner**
3.00 **André Rieu: Falling in Love – Live in Maastricht 2016**
6.00 **The Shadows: The Final Tour** From 2004.
9.00 **The Rolling Stones: Live at the Marquee** A show from 1971.
10.00 **Chuck Berry: The King of Rock n' Roll** Documentary about the legendary musician.
11.45 **The Who: The Kids Are Alright** Documentary about the rock band.
1.55 AM **Classic Albums**
3.00 **Led Zeppelin: In the Light** Documentary.
4.00 **The Great Songwriters**
5.00 **Discovering: Roy Orbison**
5.30 **to 6.00** AM **Discovering: Elvis Costello**

Sky Mix

151 158 135 11 141 23

6.00 AM **Border Patrol**
8.00 **The Slow Mo Guys' Big Adventures**
8.25 **Silly Pets**
8.35 **Impossible Animals**
8.45 **Isadora Moon**
9.00 **Star Trek: The Next Generation** (S3)
2.00 PM **Caught on Dashcam**
3.00 **Border Security: Canada's Front Line**
5.00 **Caught on Dashcam**
6.00 **Caught Red Handed**
8.00 **The Rookie** 17&18/22. Double bill. (S5)
10.00 **NCIS: New Orleans** *Leda and the Swan – Part Two:* 8/16. Pride and the team close in on a prime suspect.
11.00 *Into Thin Air:* 9/16. Pride and the team search for a kidnapped 14-year-old girl. (S7)
12.00 M'T **Caught on Dashcam**
1.00 AM **Night Cops**
2.00 **Motorway Patrol**
4.00 **to 6.00** AM **Border Patrol**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Wheel of Fortune** Graham Norton hosts the game show.
3.00 **Tenable** Double bill hosted by Warwick Davis.
5.00 **Deal or No Deal** Game show hosted by Stephen Mulhern.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts the game show as contestant Kelly G tries to open the 22 red boxes in the right order for the chance to win a life-changing cash prize.
9.00 **Wheel of Fortune** Graham Norton hosts the game show.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.50 AM **Wheel of Fortune**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.10 AM **Murder, She Wrote**
11.10 **A Fine Romance**
12.10 PM **Man About the House** (S1&2)
1.10 **Rising Damp** (S1&2)
2.10 **FILM Carry On Regardless** Comedy with Sidney James and Kenneth Williams. (1961, b/w, PG, 85min) ★★★
4.00 **FILM Anna and the King** Romantic drama starring Jodie Foster and Chow Yun-Fat. (1999, 12, 145min) ★★★★
7.00 **FILM Australia** Director Baz Luhrmann's epic romantic adventure with Nicole Kidman and Hugh Jackman. (2008, 12, 158min) ★★★
10.20 **Danielle Steel's Fine Things** Romantic drama starring DW Moffett.
1.30 AM **The New Avengers**
2.30 **M*A*S*H** 4&5/24. (S1)
4.05 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Motorsport Mundial**
6.30 **Auto Mundial**
7.00 **Motorsport UK**
7.55 **British Touring Car Championship Highlights**
9.30 **EFL Highlights**
11.00 **The Big Match Revisited**
12.00 NOON **Made in Britain**
12.30 PM **World of Sport**
12.45 LIVE **Snooker: British Open** Coverage of the opening frames of the final from the Centaur in Cheltenham.
4.30 **The Saint** Double bill.
6.40 **Nijinsky's Triple Crown**

6.45 Snooker: British Open

6.45 LIVE **Snooker: British Open** Oli Bell presents coverage of the conclusion of the final from the Centaur in Cheltenham, played over the best of 19 frames. Analysis comes from Stephen Hendry, Alan McManus, Ken Doherty and Neal Foulds, and commentary is provided by David Hendon and Phil Yates.

10.15 **English Football League Highlights** Action from the latest matches, including Southampton v Middlesbrough and Stoke City v Norwich City.
11.40 **Berlin Station** 10/10. The agents uncover the truth behind Langley's involvement in the Iosava rendition. (S1)
12.45 AM **The Saint**
1.45 **Beat the Chasers** Quiz show.
2.45 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 FILM **America Is Sinking** Action adventure with Johnny Pacar. (2023, PG, 80min) ★★
1.00 PM **Stargate Atlantis** Five episodes, including at: **5.00** 18/20. Part one of two. Dr Keller discovers that a deadly protein designed to destroy Wraiths is also killing thousands of humans. (S4)
6.00 **Star Trek: Deep Space Nine** 10/26. An alien race claim Bajor as their homeland. (S2)

1.00 Stargate Atlantis

7.00 **Star Trek: Deep Space Nine** *Rivals:* 11/26. The arrival of a conman jeopardises Quark's business monopoly.
8.00 **Star Trek: Deep Space Nine** *The Alternate:* 12/26. Odo's mentor arrives, determined to find his protégé's true origins.
9.00 **Star Trek: Deep Space Nine** *Armageddon Game:* 13/26. Bashir and O'Brien help two warring alien races to call a truce.
10.00 **Star Trek: Deep Space Nine** *Whispers:* 14/26. O'Brien returns from a mission to find himself shunned by the crew. (S2)
11.00 **The Ark** 4/12. When two realities intertwine, two theories on what could and shouldn't have been are revealed. **12.00** M'T 5/12. Garnet, Eva and Brice uncover long-hidden secrets that could endanger everything. (S2)
1.00 AM 6–8/12. (S2)
4.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.10 AM **Murdoch Mysteries** (S1)
10.00 **Inspector George Gently**
12.00 NOON **Father Brown**
4.00 **The Coroner** 3/10. The new mayor is found dead. **5.00** 4/10. A restaurant owner is shot dead by a sniper. (S1)
6.00 **Miss Scarlet and the Duke** 1/6. First episode of the crime drama set in Victorian London, starring Kate Phillips. After a headstrong woman inherits her father's detective agency, she is obliged to find a male business partner. (S1)

6.00 Miss Scarlet and the Duke

7.00 **Miss Scarlet and the Duke** 2/6. Eliza must prove the innocence of a man found at a murder scene. (S1)
8.00 **Death in Paradise** *Spot the Difference:* 5/8. A prisoner is stabbed to death while handcuffed to Richard.
9.00 **Death in Paradise** *An Unhelpful Aid:* 6/8. A diver is found dead in shallow water with odd markings on his chest. (S1)
10.00 **Father Brown** *The Sands of Time:* Brenda finds love at the home of a clock collector – but she may have fallen for a killer.
11.00 **Annika** 3/6. A scientist's body is found in Loch Katrine – and it's soon is discovered that the victim had many enemies. (S1)
12.00 M'T **Miss Scarlet and the Duke** 1&2/6. Double bill. (S1)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Only Fools and Horses**
12.40 PM **Only Fools and Horses** Ten episodes, including at: **4.00** A weeping statue in the local church gives Del an idea for a money-making scheme. **4.40** The Trotters get caught up in an attempted robbery. **5.20** The Trotter brothers fall for the same woman. **6.00** Rodney and Mickey Pearce are commissioned to make a community film. **6.40** A millionaire offers Del Boy a partnership in his business empire Down Under.

10.40 Bottom

7.20 **Dad's Army** Jones finds himself cast adrift during an exercise pitting Mainwaring and his men against Captain Square.
8.00 **Fawlty Towers** Hotel inspectors throw Basil into a panic. **8.40** Basil plans an exclusive night of gourmet cuisine. **9.20** A party of German guests comes to stay and Basil ensures everyone is on their best behaviour.
10.00 **Fawlty Towers** An abrasive guest exasperates Basil.
10.40 **Bottom** The pals celebrate Christmas.
11.20 **Men Behaving Badly** Gary looks for a new flatmate following Dermot's departure. **11.55** Gary thinks Tony is gay.
12.30 AM **Fawlty Towers**
1.55 **Bottom**
2.35 **Men Behaving Badly**
3.30 **to 4.00** AM **Avoidance**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
7.55 **American Pickers: Best Of**
9.50 **Speed with Guy Martin: Classic F1 Special**
11.20 **Top Gear Middle East Special**
1.00 PM **Storage Hunters UK: Celebrity Special**
2.00 **Storage Hunters UK**
2.30 **Hairy Bikers' Best of British**
4.30 **Speed with Guy Martin: Classic F1 Special**
6.00 **Wilderness with Simon Reeve** The adventurer explores the Democratic Republic of the Congo.

6.00 Wilderness with Simon...

7.00 **Special Ops: To Catch a Criminal** The CPS Special Crime Unit bring those responsible for a fatal crash to justice.
8.00 **Mortimer & Whitehouse: Gone Fishing** Bob and Paul travel in style to the Hampshire Avon. **8.40** Bob and Paul fish for crucian carp at Sutton Lake in Shropshire.
9.20 **Have I Got a Bit More 2024 for You** Compilation featuring a look back at the big new stories of 2024.
10.20 **Have I Got News for Boris: A Special Tribute** A show dedicated to Boris Johnson.
11.00 **Mock the Week** With Zoe Lyons and Hal Cruttenden. **11.40** With Tom Allen, Ed Byrne and Tiff Stevenson.
12.20 AM **Live at the Apollo**
1.20 **Schitt's Creek**
3.15 **to 4.00** AM **Mortimer & Whitehouse: Gone Fishing**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Four in a Bed**
1.00 PM **Four in a Bed**
2.00 **Location, Location, Location** Revisiting two couples who wanted a new home and business. **3.00** Two couples look for homes in Edinburgh.
4.00 **A Place in the Sun**
8.00 **The Dog House** A couple seek a companion for their sausage dog Baxter.
9.00 **Gogglebox** Double bill.
11.05 **Celebrity Gogglebox**
12.10 AM FILM **Seven Psychopaths** Dark comedy thriller with Colin Farrell, Sam Rockwell, Woody Harrelson and Christopher Walken. A screenwriter gets caught up in murderous mayhem after his actor friend kidnaps a mobster's dog. (2012, 15, 106min) ★★★★
2.15 **Mysteries of Sink Holes**
4.05 **to 5.00** AM **The Dog House**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **Blue Bloods** (S2)
1.00 PM **NCIS** 13–16/21. (S19)
5.00 **NCIS** *Starting Over:* 17/21. The team investigate the apparent suicide of a retired officer. **6.00** *Last Dance:* 18/21. An arms dealer's release from prison leads to a fresh wave of violence. **7.00** *The Brat Pack:* 19/21. The team look into a ring of clever teenage partygoers. **8.00** *All or Nothing:* 20/21. The team investigate the death of a navy reservist. (S19)
9.00 **Wild Cards** *Strangers on a Wave:* 4/10. A surfer gets shot and washes up on the beach. (S1)
10.00 **Law & Order: Special Victims Unit** (S21&20)
1.50 AM **Criminal Minds: Evolution** 10/22. (S16)
2.55 **to 3.50** AM **Criminal Minds**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Friends** (S3)
10.00 **Call the Bailiffs: Time to Pay Up**
1.00 PM **Traffic Cops**
5.00 **Police Interceptors** Officers hunt for a thief who stole a 4x4. **6.00** The team deal with a knife-wielding man on New Year's Eve. **7.00** Officers raid a pirate radio station. **8.00** Officers track down burglars.
9.00 **999: Emergency Call Out** A young man narrowly escapes death when his car smashes into a wall.
10.00 **Forensics: Murder Case**
11.00 **Banged Up Abroad**
12.00 M'T **Britain's Hotel Murders** True-crime.
1.00 AM **Ambulance: Code Red** Documentary.
2.00 **Police Interceptors**
3.35 **to 4.00** AM **Highway Patrol**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Motorway Patrol**
9.25 **Ice Cold Catch**
10.25 **Ice Road Truckers**
12.20 PM **Mud Mountain Haulers** Documentary.
1.20 **Outback Truckers**
2.20 **The Motorway**
3.25 FILM **The Walking Hills** Vintage Western starring Randolph Scott. (1949, b/w, PG, 78min) ★
5.05 FILM **Seminole** Western starring Rock Hudson and Anthony Quinn. (1953, U, 87min) ★★
6.55 FILM **Raid on Rommel** Wartime adventure starring Richard Burton and John Colicos. (1971, 15, 94min) ★★
9.00 LIVE **NFL** Kansas City Chiefs v Baltimore Chiefs: Coverage of the week four match, staged at Arrowhead Stadium. Kick-off is at 9.25.
12.30 AM **Cops** Documentary.
1.00 **to 4.00** AM **World's Deadliest Weather: Caught on Camera**

U&W

132/133 131/133 125 25 156 28

6.10 AM **Tipping Point**
11.00 **One Born Every Minute**
2.00 PM **The Supervet**
7.00 **Inside the Ambulance at Christmas** Aaron and Chris are called to a man suffering potentially life-threatening injuries. **8.00** Lee and Nicole help a baby who has suffered a seizure.
9.00 **Inside the Operating Theatre** A 96-year-old entertains the team while having a growth removed from her toe. **10.00** A man has a camera put inside his lungs to find out whether or not he has cancer.
11.00 **Nurses on the Ward**
12.00 M'T **Louis Theroux: Twilight of the Porn Stars** Documentary.
1.00 AM **Joe Wicks: Facing My Childhood**
2.15 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.25 AM **The Bill**
12.20 PM **Home Fires**
3.30 **Catherine Cookson's Colour Blind** Drama.
6.40 **Call the Midwife** 8/9. A catalogue of disasters threaten to ruin Trixie's big day. (S12)
8.00 **Sister Boniface Mysteries** *The Book of Shadows:* 4/12. A human sacrifice is discovered in the woods. (S2)
9.00 **Silent Witness** *Paradise Lost:* Nikki is approached by a workman who reveals how his mother is being manipulated by a serial killer into searching for his hidden teenage victims.
11.15 **New Tricks** *1984:* The team investigate a peace protester's murder.
12.15 AM **The Last Detective**
1.55 **Hamish Macbeth**
2.55 **to 4.00** AM **Sister Boniface Mysteries**

+1 hr 243 316 60 260

SUNDAY Entertainment

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Florida.
7.00 **Teleshopping**
8.00 **Fantasy Homes by the Sea** Double bill.
10.00 **My Dream Derelict Home in the Sun**
12.00 NOON **Who Do You Think You Are?**
2.00 PM **Long Lost Family: What Happened Next**
3.00 **A Place in the Sun**
7.00 **Long Lost Family**
9.00 **Dr Pimple Popper** Roger returns and hopes Dr Lee can help him with his gigantic nose growths. **10.00** James has 'demons' on his back that are ruining his life. **11.00** Ravon has a unique dangling growth on his leg.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Fantasy Homes by the Sea**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Bidding Room**
9.00 **Tenable** Double bill.
11.00 **Play Your Cards Right**
12.00 NOON **Pointless Celebrities** An FA Cup edition of the quiz.
1.00 PM **Through the Keyhole** Double bill.
2.00 **Who Wants to Be a Millionaire? Celebrity Special** Double bill.
4.00 **The Bidding Room**
5.00 **Tenable** Quiz show.
6.00 **The Chase Celebrity Special** With guests Jay Rayner, Lucy Porter, Krishnan Guru-Murthy and Steve Davis.
7.00 **The Chase** Double bill of the quiz show.
9.00 **The Chase Celebrity Special** Perry Fenwick, Jenny Eclair, Ore Oduba and Richard Madeley compete for charity.
10.00 **The Chase** Six editions.
4.00 AM **The Chase Celebrity Special**
5.00 **to 6.00** AM **The Chase**

Great! Action

323 319 426 42 33

9.10 AM **Tombstone Territory** Western.
9.50 **The High Chaparral**
12.50 PM **FILM Sink the Bismarck!** World War Two naval drama. (1959, b/w, U, 97min) ★★★
3.00 **FILM The Guns of Fort Petticoat** Western. (1958, PG, 82min) ★★
4.55 **FILM The Wild and the Innocent** Western. (1959, PG, 84min) ★★
6.55 **FILM Winchester '73** Western drama. (1950, b/w, U, 92min) ★★★
9.00 **FILM Layer Cake** Gangster thriller starring Daniel Craig. (2004, 15, 105min) ★★★★
11.15 **FILM Maximum Conviction** Thriller starring Steven Seagal. (2012, 15, 93min) ★★
1.25 AM **The Persuaders!**
4.15 **to 5.50** AM **FILM Stonados** Thriller. (2013, PG, 90min) ★

+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Hart to Hart**
8.10 **Sue Thomas: F.B.Eye**
9.10 **FILM An Aurora Teagarden Mystery: Dead Over Heels** Thriller. (2016, PG, 90min) ★★
11.05 **FILM An Aurora Teagarden Mystery: A Bundle of Trouble** Thriller with Lexa Doig. (2017, U, 85min) ★★
1.00 PM **Murder, She Wrote**
6.00 **Unforgettable** (S1)
9.00 **FILM The Bone Collector** Crime thriller with Denzel Washington and Angelina Jolie. (1999, 15, 117min) ★★★
11.30 **FILM Murder at the Mansion** Crime thriller starring Anna Hutchison. (2018, PG, 90min) ★★
1.25 AM **FILM The Bad Twin** Psychological thriller starring Haylie Duff. (2016, PG, 90min) ★★
3.10 **Police Ten 7**
5.15 **to 6.00** AM **Hart to Hart**

+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM Christmas Makeover** (2018) ★★
9.55 **FILM On the Twelfth Day of Christmas** Drama. (2015, PG, 90min) ★★
12.00 NOON **FILM Oh Christmas Tree!** Comedy. (2013, U, 87min) ★★
2.05 PM **FILM Christmas Around the Corner** Drama. (2018, PG) ★★
4.00 **FILM The Christmas Chalet** (2019, PG) ★★
6.05 **FILM Christmas Next Door** (2017, U) ★★
8.00 **FILM Christmas on 5th Avenue** (2021, PG) ★★
9.55 **FILM A Shoe Addict's Christmas** Fantasy. (2018, PG, 90min) ★★
12.00 M'T **FILM A Blue Ridge Mountain Christmas** Comedy. (2019, PG) ★★
1.50 AM **FILM Battle of the Bulbs** (2010, U) ★★
3.25 **to 4.50** AM **FILM Christmas Around the Corner** As 2.05pm.

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
8.00 **Thick as Thieves**
9.00 **Lucky Feller**
10.00 **Please Sir!** (S4)
11.00 **Haggard** 3-5/7. (S1)
12.30 PM **Jokers Wild**
1.00 **FILM Just My Luck** Comedy. (1957, U) ★★★
2.40 **Doctor Who: The Doctors** Documentary.
4.00 **Tracing the Rails**
4.30 **Old Country**
5.00 **Robinson Country**
5.30 **Discovering Gardens**
6.00 **A Brush with Art**
6.30 **Please Sir!** (S4)
7.30 **In Loving Memory** (S2)
9.00 **A Day in the Life of Beryl Cook**
9.30 **Plymouth Rock**
10.00 **Mysterious Tales**
10.05 **Police Woman** (S1)
11.05 **Auto Rewind**
11.20 **Soap** 11-13/25. (S1)
12.50 AM **Jokers Wild**
1.20 **FILM Just My Luck**
3.00 **Discovering Gardens**
3.30 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Baggage Battles**
10.00 **Junkyard Empire**
2.00 PM **Kindig Customs**
5.00 **Hot Rod Garage**
7.00 **Expedition Bigfoot** The team have a shocking sighting, only to see their lead slip. **8.00** A howl stops the team in their tracks.
9.00 **Paranormal: Caught on Camera** A shadowy figure torments a cursed man, and dark spirits attack paranormal investigators at a castle. **10.00** A shadowy figure stalks a woman through a forest.
11.00 **Expedition X** Jessica and Phil go to Lake Lanier. **12.00** M'T A series of cattle mutilations. **1.00** AM America's most haunted town.
2.00 **Teleshopping**
5.00 **to 6.00** AM **Baggage Battles**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Diners, Drive-Ins and Dives** Four editions.
8.00 **Man v Food with Casey Webb** Eight editions.
12.00 NOON **Jamie's Easy Meals for Every Day**
1.00 PM **James Martin's Great British Adventure**
3.00 **The Great British Bake Off** Six editions of the series, including at: **8.00** The bakers battle it out in the series final.
9.00 **James Martin's Islands to Highlands** James and fellow chef Gareth Ward tour Mid Wales. **10.00** James heads to the Peak District with Tessa Bramley. **11.00** The chef explores his native Yorkshire with Brian Turner. **12.00** M'T James is joined by Clare Smyth in the Lake District.
1.00 **to 3.00** AM **Diners, Drive-Ins and Dives**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

7.00 AM **FILM Meteor Apocalypse** Adventure. (2010, 15, 90min) ★
9.00 **The Fall Guy** (S4)
2.00 PM **FILM Red Sun** Spaghetti Western. (1971, 15, 112min) ★★★
4.10 **FILM The Appaloosa** Western drama. (1966, PG, 98min) ★★★
6.05 **FILM The Legend of Butch and Sundance** Western. (2004, PG, 87min) ★★
8.00 **The Twilight Zone**
9.00 **FILM We Were Soldiers** War drama starring Mel Gibson and Chris Klein. (2002, 15, 137min) ★★★
11.40 **FILM Burning Rubber** Motor racing drama starring John Travolta. (2019, 15, 83min) ★★
1.25 AM **FILM American Siege** Action thriller. (2021, 15, 91min) ★★
3.15 **to 5.00** AM **FILM Horror Express** Chiller. (1972, 15, 88min) ★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **Frank Herbert's Children of Dune**
12.00 NOON **FILM Sherlock Holmes** Crime drama starring Ben Syder. (2010, 12, 89min) ★★
2.00 PM **FILM The Virginian** Western starring Trace Adkins and Ron Perlman. (2014, 12, 90min) ★★
4.00 **The Six Million Dollar Man** Five episodes.
9.00 **FILM Sweeney!** Spin-off from the TV cop series, starring John Thaw and Dennis Waterman. Flying Squad detectives uncover a conspiracy aimed at undermining the British government. (1976, 18, 89min) ★★★
11.00 **FILM Deadly Target** Action thriller starring Michael Jai White, Steve Austin and Max Ryan. (2015, 15, 87min) ★★
1.00 **to 3.00** AM **FILM Sweeney!** As 9.00pm.

+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Auction Hunters: Pawn Shop Edition**
8.00 **Irish Pickers**
9.00 **Junk and Disorderly**
10.00 **Alien Disclosure Files**
11.00 **Ancient Aliens**
12.00 NOON **UFOs: The Lost Evidence** Double bill.
2.00 PM **Junk & Disorderly: Henry's Wreck-trospective**
7.00 **History's Greatest Mysteries** Documentary.
8.00 **The Curse of Oak Island**
9.00 **Greatest Prison Escapes with Billy Hayes** Alfie Hinds.
10.00 **Legends of the Pharaohs** Hatshepsut.
11.00 **Al Murray: Why Does Everyone Hate the British Empire?**
12.00 M'T **Evidence of the Unexplained**
1.00 AM **UFO Conspiracies**
2.00 **Paranormal Survivor**
3.00 **Haunted Hospitals**
4.00 **to 6.00** AM **Claw Hunters**

5SELECT

153 166 138 46 133 30

9.00 AM **World War I in Colour** Double bill.
11.00 **Columbo** Five episodes of the drama, including at: **5.35** PM *Etude in Black:* A vineyard owner kills his brother to protect his business interests and makes the crime look like a scuba-diving accident.
7.35 **The Great Plague with Rob Rinder & Ruth Goodman** Rob and Ruth explore the devastating impact of the Great Plague of 1665.
9.00 **Victoria Wood: All the Laughs & More** A look back at one of Britain's best loved comedians.
11.05 **Britain's Favourite 80s Comedy** Jo Brand presents a celebration of great comedy sketches from the decade.
1.10 AM **Nazi Megastructures**
2.10 **D-Day: Secret Raids That Won the War**
3.35 **to 4.00** AM **Walking Wartime Britain**

HGTV

158 153 191 44 149 40

7.00 AM **My Lottery Dream Home** Eight editions.
11.00 **Escape to the Country**
1.00 PM **Escape to the Country** Six editions of the series in which city-dwelling families, couples and individuals set out to find their ideal retreats with the help of a property expert.
7.00 **A Place in the Sun** Six editions of the series featuring expert advice on buying a second home abroad.
1.00 AM **Bargain Mansions** Tamara and her father help an investor face multiple challenges as they modernise a stone and concrete fortress of a house. **2.00** Tamara works with an investor to take on a dilapidated home.
3.00 **to 4.00** AM **Bargain Mansions**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **Say Yes to the Dress**
10.00 **The Bad Skin Clinic**
12.00 NOON **Extreme Cheapskates**
1.00 PM **My 600lb Life: Where Are They Now?**
5.00 **The Family Chantel**
6.00 **7 Little Johnstons**
8.00 **The Bad Foot Clinic**
9.00 **It's Me or the Dog UK** A St Bernard is causing its owner serious injuries. **9.30** The owners of a Chihuahua seek help.
10.00 **24 Hour Baby Hospital** Jade and Keith prepare to meet their third baby.
11.00 **The Man with No Penis**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **24 Hour Baby Hospital**
3.00 **My Extreme Excess Skin**
4.00 **The Bad Foot Clinic**
5.00 **to 6.00** AM **Say Yes to the Dress: UK**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Bradley & Barney Walsh: Breaking Dad**
9.00 **Friends** (S7&8)
1.00 PM **Friends** (S7&8)
6.55 **FILM Batteries Not Included** Sci-fi fantasy starring Hume Cronyn and Jessica Tandy. (1987, PG, 105min) ★★★★
9.00 **FILM Big Trouble in Little China** Fantasy adventure starring Kurt Russell and Kim Cattrall. (1986, 15, 100min) ★★★
11.00 **Iain Stirling's Roast the Internet** With Asim Chaudhry, Maisie Adam and Kerry Godliman.
12.00 M'T **CC Live: Stand Up Shorts** With Leah Davies.
12.30 AM **Whose Line Is It Anyway? USA**
1.30 **Important Things with Demetri Martin**
2.00 **South Park** (S18)
3.25 **The Ricky Gervais Show**
4.15 **to 5.00** AM **Most Ridiculous**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Everybody Loves Raymond** (S1)
7.00 **Teleshopping**
9.00 **Everybody Loves Raymond** (S1&2)
3.00 PM **Whose Line Is It Anyway? USA**
7.00 **Friends** 3/24. Rachel reveals the identity of the father of her baby. **7.30** 4/24. Ross and Rachel argue about why they slept together. **8.00** 5/24. Ross learns that Rachel has a date. **8.30** 6/24. Guest stars Sean Penn. (S8) **9.00** 16/24. Chandler hears a revelation. **9.30** 17/24. Joey and Ross date the same girl. **10.00** 19/24. Monica's cousin visits. (S7)
10.30 **Friends** (S7&8)
2.00 AM **Impractical Jokers**
3.00 **The Daily Show**
4.50 **Beavis and Butt-Head**
5.15 **to 6.00** AM **Everybody Loves Raymond**

Sky Replay

152 160 156

7.00 AM **Four Weddings**
9.00 **Highway Patrol**
10.00 **Highway Cops**
2.00 PM **Road Wars**
7.00 **Motorway Patrol**
9.00 **SEAL Team** *Welcome to the Refuge:* 1/20. Jason leads the team on a mission in Serbia. **10.00** *Ignore and Override:* 2/20. The Serbian mission takes a dramatic turn. **11.00** *Theory and Methodology:* 3/20. The unit head to Azerbaijan. **12.00** M'T *The Strength of the Wolf:* 4/20. Jason contemplates surgery. **1.00** AM *All Along the Watchtower – Part One:* 5/20. Action drama. **1.45** *All Along the Watchtower – Part Two:* 6/20. Action drama. (S3)
2.30 **The Russell Howard Hour** Double bill.
4.00 **to 6.00** AM **Four Weddings**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.10 **Teen Mom OG**
1.00 PM **Catfish: The TV Show** Reality series.
2.00 **Catfish: Scammed**
4.00 **Catfish: The TV Show**
5.00 **Catfish: Scammed**
6.00 **Catfish: The TV Show**
7.00 **Catfish: Scammed**
9.00 **My Lover, My Killer** A man uses his charm to woo his fiancée's family, but betrays their trust.
10.00 **Ink Master Redemption** Two angry Canvases with bird blunder tattoos return to the Ink Master shop with their spouses. **10.30** Wronged Canvases return to confront their artists.
11.00 **Aussie Shore**
1.00 AM **Jersey Shore Family Vacation**
2.00 **Caught in the Act: Double Life**
2.45 **Catfish: The TV Show**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **Street Outlaws: Locals Only** Six editions of the series.
12.00 NOON **Marooned with Ed Stafford** Five editions of the series, including at: **3.00** PM The survivalist falls ill in the Philippines. **4.00** Ed is dropped on top of a snow-covered mountain in the western fjords of Norway.
5.00 **Alaska: Homestead Rescue** 1/2. Would-be frontiersmen and women seek help in adjusting to life off-the-grid.
6.00 **Scrap Kings** A Rolls Royce 747 jet engine is deconstructed.

9.00 Sin City Tow

7.00 **Alaska: Homestead Rescue** The Raneys race winter to build the first ever 'homestead fortress', and protect a family from brown bears that have taken over a remote homestead.

9.00 **Sin City Tow** TW's tow interrupts a bachelor party, while Jeremy and Elmer's tow of a car turns into a heated standoff.

10.00 **Wheeler Dealers World Tour** Mike and Elvis turn a VW Beetle into a Baja Bug for racing across sand dunes.

11.00 **Roadworthy Rescues** 2/2. Derek hasn't given up on the 1962 Pontiac Bonneville he pulled out of a barn.
12.00 M'T **Alaskan Bush People** The Browns race to pull together a unique celebration.
1.00 AM **Naked and Afraid**
4.00 **to 5.00** AM **Buying Alaska**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Pet Nation Renovation**
9.00 **Crikey! It's the Irwins**
10.00 **Lone Star Law**
11.00 **Dr Jeff: Rocky Mountain Vet**
1.00 PM **Pit Bulls & Parolees**
3.00 **The Zoo: San Diego** A pair of rescued mountain lion cubs are ready for their new habitat. **4.00** Hyena brothers are moved into the lions' habitat.
5.00 **Treehouse Masters** Pete builds an all-star speakeasy for Shaquille O'Neal.
6.00 **Bad Dog!** Featuring a monkey that has free reign of a house.

10.00 Tanked

7.00 **How Do Animals Do That?** Exploring what lions say when they roar. **7.30** Why cats struggle to get down from trees.

8.00 **Treetop Cat Rescue** Tom deals with a cat stuck in a dense evergreen hedge. **8.30** Shaun is called to the rescue of a deaf cat.

9.00 **The Zoo** Three penguin chicks are introduced to the pool, and the mandrill monkey troop welcome a new baby.

10.00 **Tanked** Mario Lopez helps the team transform a 1990s coin-operated video-game console into an interactive aquarium.

11.00 **Alaska: The Last Frontier** Atz Lee and Jane come face-to-face with a grizzly bear.
12.00 M'T **Fish or Die** The guys search for a ferocious salmon.
1.00 AM **Saved by the Barn**
2.00 **Alaskan Bush People**
3.00 **Treetop Cat Rescue**
4.00 **to 5.00** AM **The Zoo**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Ice Road Rescue**
11.00 **WW2: Hell Under the Sea**
1.00 PM **Hitler's Last Stand**
3.00 **Nazi Megastructures** As the Nazi war machine reached the English Channel in 1940, Hitler formed a strategy to destroy Britain's air power and land troops in southern England.
4.00 **Hitler's Death Army: Das Reich** 1&2/2. Documentary about elite German soldiers.
6.00 **Tucci in Italy** Stanley discovers unexpected treats in the wild region of Abruzzo.

9.00 Top Guns: The Next...

7.00 **Construction Fails** Featuring an Italian supermarket collapse, amusement parks ablaze and a roofless stadium.

8.00 **Engineering Europe** New edition Poland's most awe-inspiring engineering marvels.

9.00 **Top Guns: The Next Generation** New edition The students are challenged to land on an aircraft carrier.

10.00 **Area 51: The CIA's Secret Files** The ground-breaking research conducted at the Groom Lake Testing Facility in Nevada.

11.00 **Inside Melbourne Airport** A tarmac collision disrupts passengers, Border Force find contraband and a mysterious plane lands unannounced.
12.00 M'T **Air Crash Investigation**
2.55 AM **Food Factory USA**
3.45 **To Catch a Smuggler**
4.35 **to 5.00** AM **Money Meltdown**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Pawn Stars** Double bill.
8.00 **Alone** One survivalist loses the use of a major tool.
9.00 **Kevin Costner's The West**
10.00 **Britain's Most Historic Towns**
1.00 PM **Digging for Britain** Four editions, including at: **4.00** The best archaeological discoveries of 2018.
5.00 **Beyond the Myth: The SS Unveiled** The story of the SS Death Head's Unit, tasked with guarding concentration camps. **6.00** A cult surrounding 'old comrades' that remains today.

7.00 Swamp Mysteries

7.00 **Swamp Mysteries with Troy Landry** King of the Swamp Troy Landry gets a call from a local rancher with a huge problem.

8.00 **Swamp Mysteries with Troy Landry** A suspicious disappearance in Troy's backyard sends him deep into the bayou.

9.00 **The Real War of Thrones** How, during the Renaissance, the King of France shook up the foundations of Europe.

10.00 **The Real War of Thrones** The death of Henry II and political strategy of Philip II.

11.00 **History's Most Shocking** The wheels literally come off a vehicle going full speed on a busy motorway.
12.00 M'T **Ancient Aliens: Origins** The most compelling mysteries featured on the series. **2.00** AM Exploring evidence of ancient flying machines.
4.00 **to 6.00** AM **Swamp Mysteries with Troy Landry**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Warbird Workshop**
11.00 **Bangers & Cash: Restoring Classics** Double bill.
1.00 PM **Bangers & Cash**
2.00 **Flipping Bangers**
3.00 **Blue Planet II** Wildlife inhabiting underwater forests. **4.00** Animals on the coast. **5.00** A look into the impact of humans on aquatic wildlife.
6.00 **Attenborough and the Sea Dragon** A sea creature found on the Jurassic Coast.

6.00 Attenborough and the...

7.00 **Colombia with Simon Reeve** The adventurer explores the country as 50 years of civil war draws to a close.

8.00 **Flipping Bangers** Car enthusiasts Will and Gus get to work on a Citroën in an attempt to double their selling price.

9.00 **Bangers & Cash** Derek collects an Austin Allegro that has been sitting in an aircraft hangar at Audley End for 20 years.

10.00 **Bangers & Cash: Restoring Classics** The team pay over the odds for a VW Campervan, but they hope to break even.

11.00 **Bangers & Cash: Restoring Classics** A 1969 Morris Mini Cooper MkII is totally restored. **12.00** M'T The team take on a challenge involving a 1939 three-wheeled Morgan F4.
1.00 AM **Bangers & Cash** Derek eyes up a Chevy panel van.
2.00 **to 3.00** AM **Bangers & Cash**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **World's Greatest Motorcycle Rides**
8.00 **Find It, Fix It, Flog It**
12.00 NOON **Money for Nothing** Triple bill.
3.00 PM **The Yorkshire Auction House** Five editions, including at: **6.00** Angus helps a woman sell her parents' belongings and finds a rare military map. **7.00** Angus helps an antiques dealer clear her home of treasures.
8.00 **Salvage Hunters** Alister, Serkan and Jay visit a traditional boatyard, a signwriter and a master carver.
9.00 **The Yorkshire Auction House** Triple bill.
12.00 M'T **Massive Engineering Mistakes** Double bill.
2.00 AM **Destroyed in Seconds** Four editions.
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Curvy Brides Boutique**
12.00 NOON **FBI Files**
3.00 PM **The Perfect Murder**
7.00 **The Perfect Murder** A campus worker at Tustin High School discovers a body on the tennis court. **8.00** The fatal shooting of Jarrod Davidson.
9.00 **A Killer's Mistake** The disappearance of Denise Williams' husband. **10.00** Survivors of serial killer Donald Miller speak out.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Crystal Houston.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
6.05 **Storm of Suspicion** A young woman's life is violently taken in the aftermath of a storm.
7.00 **Secrets of a Murder Detective** A young father is killed by a gang with various weapons. **8.00** Steve Keogh discusses the murder of Jodie Chesney, who was stabbed in a park.
9.00 **Killers: Caught on Camera** A sister tracks down her brother's killer by becoming an amateur sleuth. **10.00** In New Zealand, a backpacker is found dead after a Tinder date.
11.00 **See No Evil** The murder of Jessika Kalaher.
12.00 M'T **Secrets of a Murder Detective**
2.00 AM **Medical Detectives**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **See No Evil**
12.00 NOON **Murder She Solved** Double bill.
2.00 PM **Fraud Squad** A scam artist fakes disability to claim thousands of pounds, and the most prolific dental fraudster ever.
3.00 **Donal MacIntyre: A Life in Crime** Charting the life and career of the investigative reporter.
4.00 **Written in Blood** The bizarre case of a man dubbed the Rotherham Shoe Rapist. **5.00** Simon Toyne travels to Darlington to investigate the case of Peter Chapman.
6.00 **Judge Judy** Real-life small-claims cases.
12.15 AM **Judge Judy**
2.00 **Fraud Squad**
3.00 **Donal MacIntyre: A Life in Crime** As 3.00pm.
4.00 **Citizen Detective**
4.45 **to 6.00** AM **Facing Evil**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Highway Cops**
9.00 **Brit Cops: Rapid Response** Documentary.
10.00 **Killer in My Village**
11.00 **World's Most Evil Killers**
12.00 NOON **The Suzy Lamplugh Mystery**
2.00 PM **Ireland's Most Evil Killers** Colin Whelan.
3.00 **World's Most Evil Killers**
4.00 **Forensics: Catching the Killer** True-crime.
5.00 **Britain's Most Evil Killers**
6.00 **How I Caught the Killer**
7.00 **World's Most Evil Killers**
8.00 **Killer in My Village**
9.00 **Monster Preacher**
10.45 **Forensics: Catching the Killer** True-crime.
11.50 **How I Caught the Killer**
12.55 AM **The Real Manhunter**
2.00 **Killer in My Village**
3.00 **Ireland's Most Evil Killers** Joe O'Reilly.
4.00 **Stop, Search, Seize**
5.00 **to 6.00** AM **Send in the Dogs**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **China: Treasures of the Jade Empire**
9.00 **The Great Fire: London Burns**
10.00 **The Great Fire: Death and Destruction**
11.00 **The Great Fire: A City Rebuilt** Documentary.
12.00 NOON **The Great Wall of China: The Hidden...**
1.00 PM **China: Treasures of the Jade Empire**
2.05 **The World After Stonehenge**
6.50 **China: Treasures of the Jade Empire**
7.55 **The Great Wall of China: The Hidden Story – Secret History**
8.55 **The Great Fire: London Burns** Documentary.
9.55 **The Great Fire: Death and Destruction**
11.00 **The Great Fire: A City Rebuilt**
12.00 M'T **China: Treasures of the Jade Empire**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

SUNDAY

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Discovering: Matthew McConaughey**
7.00 **Discovering: Nicole Kidman**
8.00 **The Directors**
9.00 **Enigma** Documentary.
11.00 **At the Heart of Gold: Inside the USA Gymnastics Scandal**
12.50 PM **My Icon: Kadeen Corbin**
1.00 **FILM The Fog of War** Oscar-winning documentary. (2003, PG, 107min) ★★★
3.00 **Lancaster** The story of the legendary bomber.
5.10 **Williams & Mansell: Red 5** The rise of driver Nigel Mansell and the Williams F1 racing team.
7.00 **FILM Touching the Void** Dramatised documentary. (2003, 15, 106min) ★★★★★
9.00 **The Truth vs Alex Jones** Following the two defamation lawsuits brought by Sandy Hook parents against Alex Jones.
11.20 **An American Bombing: The Road to April 19th**
1.20 AM **I Am Bruce Lee**
3.10 **Magic & Bird: A Courtship of Rivals** Documentary.
5.00 **to 6.00** AM **The Directors**

Sky Nature

145 113/114 189 354 369

6.00 AM **Mysteries of Evolution**
7.00 **Nature's Dress Code: Who Wears What and Why?**
8.00 **A Wild Year on Earth**
11.00 **Monkeys: An Amazing Animal Family** Triple bill of editions.
2.00 PM **Malawi Wildlife Rescue**
3.00 **Africa's Wild Roommates: How Animals Share Bed and Board** Documentary.
4.00 **Malawi Wildlife Rescue**
5.00 **NEW SERIES Snow Leopards with Dan O'Neill** 1/2. A mission to protect the snow leopard.
6.00 **Deep Dive North America** New edition Lizzie Daly heads north to tag sharks.
7.00 **David Attenborough's Rise of Animals: Triumph of the Vertebrates** 1&2/2.
9.00 **In for the Kill**
10.00 **Deep in the Heart**
11.00 **Snow Leopards with Dan O'Neill** As shown at 5.00pm..
12.00 M'T **Deep Dive North America**
1.00 AM **Mysteries of Evolution**
2.00 **Nature's Dress Code...**
3.00 **to 6.00** AM **Malawi Wildlife Rescue**

Sky History 2

163/168 143 186

6.00 AM **Ancient Aliens**
8.00 **Combat Ships** Triple bill.
11.00 **Britain's Most Historic Towns**
2.00 PM **Alien Files: Unsealed**
4.00 **Combat Trains**
6.00 **Britain's Most Historic Towns**
7.00 **Ancient Aliens** The mysteries of the Aztecs, who built one of the world's most powerful and feared empires.
8.00 A look into how across the globe, reports of mysterious glowing orbs are on the rise.
9.00 **Clash of Ancient Warriors** The Battle of Agincourt, contested in October 1415 during the Hundred Years' War between England and France.
10.00 A look back at the Battle of Gergovia in 52BC.
11.00 **Discovered by Disaster** Featuring a submerged funerary complex in Greece.
12.00 M'T A Bronze Age village and a 19th-century grave reveal ancient lifestyles.
1.00 AM **Britain's Most Historic Towns** Double bill of editions.
3.00 **to 6.00** AM **Combat Ships**

Crime+Investigation

156 142 133

6.00 AM **Jo Frost on Britain's Killer Kids** Double bill of editions.
8.00 **Crimes That Shook Britain**
10.00 **Murdertown** Molly McLaren.
11.00 **Nightmare in Suburbia**
1.00 PM **Killer Britain with Dermot Murnaghan** Double bill.
3.00 **Fugitive Hunters: Mexico**
7.00 **Laura Whitmore on Britain's Killer Teens** A teenager who killed his ex-girlfriend.
8.00 **The Real Murders of Atlanta**
9.00 **Cold Case UK** New edition The Steel Town murders.
10.00 **Cold Case Files** The murder of a teenage couple that went unsolved for 29 years.
11.00 **Look What You Made Me Do**
12.00 M'T **Secrets of Celebrity Sex Tapes** Documentary.
1.00 AM **Murders at Little Bridge Farm** Mark Brown's crimes.
2.00 **Laura Whitmore on Britain's Killer Teens** New edition How Brian Blackwell killed his parents.
3.00 **Cold Case UK** As 9.00pm.
4.00 **to 6.00** AM **Green Eyed Killers**

+1hour 256 333

WILD

165 145/133 182

8.00 AM **The Incredible Dr Pol**
10.00 **Little Giant** Documentary.
11.00 **Incredible Animal Journeys**
1.00 PM **Madagascar's Weirdest**
2.00 **World's Weirdest Animal Faces**
3.00 **Paradise Islands**
4.00 **Secrets of the Zoo: Tampa**
5.00 **Secrets of the Zoo: Tampa Rescue Squad**
6.00 **Critter Fixers: Country Vets** New edition The team at Critter Fixer rush to save the lives of ten abused iguanas.
7.00 **Close Encounters of the Wild Kind** New edition An octopus slaps a kayaker, and a sea snake who wants to make friend.
8.00 **India's Wild Leopards** Following leopards in India's jungles and mountains.
9.00 **Nicobar Islands: A Monkey's Long Tale** Exploring the Nicobar Islands in the Indian Ocean.
10.00 **Maui Shark Mystery**
11.00 **Snakes in the City**
12.00 M'T **Alaska: The Next Generation** Double bill.
2.00 AM **Secrets of the Zoo: Tampa**
4.00 **to 5.00** AM **Yukon Vet**

Discovery History

174 147 181 320 325

7.00 AM **Shed and Buried**
9.00 **Treasure Quest: Snake Island**
12.00 NOON **Combat Dealers**
3.00 PM **World's Greatest Motorcycle Rides** Triple bill.
6.00 **Blowing Up History** The history behind the Nazca Lines.
7.00 Experts investigate Alcatraz's remarkable engineering secrets and why it was so hard to escape from.
8.00 The secrets behind the world's oldest and most perfectly preserved mummy.
9.00 **Salvage Hunters: The Restorers** Upholsterer Craig tries to save a pair of sofas used in *Doctor Who*.
10.00 Automata artisans Michael and Maria restore an acrobatic figurine from France.
11.00 Paper conservator Ashleigh restores an original *Star Wars* poster, while upholsterer Ray updates a pair of 1960s designer chairs.
12.00 M'T **Shed and Buried**
2.00 **to 5.00** AM **Combat Dealers**

+1hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Later... with Jools Holland**
1.10 PM **Later... with Jools Holland**
5.10 **Later... with Jools Holland** The host introduces performances by Was (Not Was), Baaba Maal, Tasmin Archer and Oumou Sangare.
6.20 Barbara Thompson, Katie Webster and Mary Chapin Carpenter perform on the long-running music show.
7.20 Performances by John Martyn, Joan Baez, Inspiral Carpets and David Gray.
8.35 The host introduces performances by Nick Cave, Shane McGowan, Denim, En Vogue and John Prine.
9.20 Jools welcomes The Neville Brothers and Nu Colours to the music show.
10.20 The presenter introduces performances by Dwight Yoakam, k.d. lang, The Rockingbirds and Loudon Wainwright III.
11.25 PM **to 6.00** AM **Later... with Jools Holland**

+1hour 266 376

ID

154 141 166

8.00 AM **Married with Secrets**
10.00 **Web of Lies** Double bill.
12.00 NOON **Disappeared**
2.00 PM **Murder in the Heartland**
4.00 **On the Case with Paula Zahn**
6.00 **Hometown Homicide** The case of Alisha Sidie, who vanished in a small cabin vacation town in Wisconsin.
7.00 The death of 17-year-old school athlete Alexis Murphy.
8.00 **Twisted Sisters** Crimes committed by siblings, starting with a cold-blooded murder.
9.00 **A Body in the Snow: The Trial of Karen Read** Karen anxiously awaits her fate, and the jury delivers an unexpected note.
10.00 **Matriarch of Murder?** An innocent young mother turns up dead on the tracks.
11.00 **Evil Lives Here: The Killer Speaks** A killer answers questions from inside prison.
12.00 M'T **Murder in the Heartland**
2.00 AM **Murder Decoded**
4.00 **to 6.00** AM **Deadline: Crime with Tamron Hall**

+1hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **American Chopper**
10.00 **How It's Made: Dream Cars**
11.00 **Bad Chad Customs**
12.00 NOON **Shorty's Dream Shop**
5.00 PM **Richard Hammond's Workshop** Richard faces the hard reality that the workshop isn't yet making any money.
6.00 The pressure is on when Richard decides to compete at an NEC show to bring in clients.
7.00 **Wheeler Dealers** Mike tries to hunt down a Swedish classic – the 2001 Saab 9-3.
8.00 Mike is in the Pacific Northwest, where he has tracked down a Volvo Amazon 122 with a rally heritage.
9.00 Mike comes across a 1995 Volvo 850 T-5R.
10.00 Mike goes in search of a rare Volvo P1800.
11.00 Mike works on a Volvo PV544, a classic sports car.
12.00 M'T Mike and Ant attempt to restore a rusty 1973 Saab 96 to its former glory.
1.00 **to 5.00** AM **American Chopper**

+1hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.10 AM **PREMIERE Juliet & Romeo** As shown at 4.10pm.
8.20 **Panda Plan** As 2.20pm.
10.10 **Novocaine** As 8.00pm.
12.05 PM **Nosferatu** Horror thriller. (2024, 15, 132min) ★★★★
2.20 **Panda Plan** Chinese comedy. Subtitled. (2024, PG) ★★★
4.10 **PREMIERE Juliet & Romeo** Musical. (2025, PG, 122min) ★★★ *See review, page 23.*
6.20 **One of Them Days** Comedy. (2025, 15, 97min) ★★★

4.10 Juliet & Romeo

8.00 **Novocaine** Action comedy starring Jack Quaid. When a woman is kidnapped, a man turns an inability to feel physical pain into an advantage in his quest to rescue her. With Ray Nicholson and Amber Midthunder. (2024, 15, 80min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **Wolf Man** Horror starring Christopher Abbott. After his family barricade themselves inside their remote farmhouse, a father transforms into something unrecognisable. (2024, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 **The Brutalist** Epic period drama starring Adrien Brody. (2024, 18, 215min) ★★★★★
3.10 AM **Die Alone** Apocalyptic drama with Carrie-Anne Moss. (2024, 15, 91min) ★★★★
4.45 **to 7.00** AM **Spin the Bottle** Horror thriller starring Tanner Stine. (2024, 15, 119min) ★★

Sky Cinema Hits

303 303 403 503 517

7.10 AM **Peter Rabbit 2: The Runaway** (2021, U) ★★★
8.45 **Antz** (1998, PG) ★★★
10.10 **Sonic the Hedgehog 3** Fantasy adventure sequel. (2024, PG, 110min) ★★★
12.10 PM **Footloose** Dance drama remake. (2011, 12, 113min) ★★★
2.10 **Cleaner** (2025, 15) ★★★
3.50 **One Life** Fact-based drama. (2023, 12, 105min) ★★★★
5.50 **Bad Boys: Ride or Die** Action comedy. (2024, 15) ★★★

8.00 Mad Max: Fury Road

8.00 **Mad Max: Fury Road** Sci-fi action thriller starring Tom Hardy and Charlize Theron. A drifter in a post-apocalyptic wasteland helps a warrior to liberate a sadistic warlord's brides. With Nicholas Hoult. (2015, 15, 120min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 **The Warriors** Thriller starring Michael Beck and James Remar. A New York street gang have to fight their way across New York to reach the safety of their own turf. (1979, 15, 94min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **The Woman in Black** Chiller. (2012, 12, 91min) ★★★★
1.25 AM **Ferris Bueller's Day Off** John Hughes' teen comedy. (1986, 12, 103min) ★★★★
3.20 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
5.05 **to 7.05** AM **Baywatch** Action comedy. (2017, 15, 121min) ★★

Sky Cinema Drama

310 310 410 510 524

6.45 AM **The Great Escape** Drama. (1963, PG, 166min) ★★★★★
9.40 **Five Easy Pieces** As 2.30am.
11.25 **Joker: Folie à Deux** Musical thriller. (2024, 15) ★★★★
1.45 PM **Black Dog** Chinese drama starring Eddie Peng. Subtitled. (2024, 12, 110min) ★★★
3.40 **Love Actually** Romantic comedy starring Hugh Grant. (2003, 15, 135min) ★★★
6.00 **Grease** Musical starring John Travolta and Olivia Newton-John. (1978, PG, 110min) ★★★★
8.00 **Chicago** Musical starring Renée Zellweger, Catherine Zeta-Jones and Richard Gere. In 1920s Chicago, a showgirl and a wannabe musical star become celebrities on Murderess Row. (2002, 12, 112min) ★★★★
10.10 **Fifty Shades Darker** Erotic drama sequel starring Dakota Johnson and Jamie Dornan. (2017, 18, 118min) ★
12.20 AM **Saturday Night Fever** Dance drama with John Travolta. (1977, 18, 119min) ★★★★
2.30 **Five Easy Pieces** Cult drama. (1970, 15, 98min) ★★★★★
4.25 **to 6.25** AM **A Different Man** Thriller starring Sebastian Stan. (2024, 15, 112min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

7.40 AM **Cinema List: Horror Villians**
7.55 **A.I. Artificial Intelligence** Steven Spielberg's sci-fi fantasy. (2001, 12, 145min) ★★★★
10.25 **Lovely, Dark, and Deep** Horror. (2023, 15, 87min) ★★★
11.55 **Children of Men** As 8.00pm.
1.55 PM **The Ring Two** Horror chiller sequel. (2004, 15, 110min) ★★★
3.55 **Speak No Evil** Horror thriller. (2024, 15, 110min) ★★★★
6.00 **Insidious: Chapter 2** Thriller sequel starring Patrick Wilson. (2013, 15, 103min) ★★★
8.00 **Children of Men** Sci-fi thriller starring Clive Owen, Julianne Moore and Michael Caine. (2006, 15, 109min) ★★★★★
10.05 **King Kong** Peter Jackson's remake of the monster movie starring Naomi Watts. A 1930s film crew travel to a mysterious, unexplored island and encounter a giant gorilla. (2005, 12, 187min) ★★★★
1.20 AM **Friday the 13th Part III** Stalk 'n' slash horror sequel. (1982, 18, 95min) ★
3.05 **Repo Man** Cult sci-fi thriller. (1984, 18, 92min) ★★★★
4.50 **to 6.30** AM **Timestalker** Fantasy comedy starring Alice Lowe. (2024, 15, 89min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.20 AM **Teenage Mutant Ninja Turtles: Out of the Shadows** Adventure. (2016, 12) ★★★
8.20 **Snow White and the Huntsman** (2012, 12) ★★★
10.35 **IF** Fantasy. (2024, U) ★★★
12.35 PM **Jumanji** (1995) ★★★★
2.25 **Teenage Mutant Ninja Turtles** Fantasy. (2014, 12) ★★
4.15 **Johnny English** Comedy. (2002, PG, 88min) ★★★
6.00 **Johnny English Reborn** Comedy. (2011, PG) ★★★

6.00 Johnny English Reborn

7.50 **The Flintstones** Family comedy based on the classic cartoon series, starring John Goodman and Rick Moranis. (1994, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **The Flintstones in Viva Rock Vegas** Comedy prequel with Mark Addy and Stephen Baldwin. Fred Flintstone and Barney Rubble take their girlfriends on a romantic weekend to Rock Vegas. (2000, PG, 91 min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 **Pups United** Adventure. (2015, U, 89min) ★★★
12.50 AM **Friend or Foe** Family drama starring John Bardon. (1981, U, 70min) ★★★
2.05 **Jackie Chan's The Tuxedo** Comedy. (2002, 12, 98min) ★★
3.55 **The Nutty Professor** Comedy remake starring Eddie Murphy. (1996, 12, 95min) ★★★
5.35 **to 7.35** AM **Small Soldiers** Fantasy starring Kirsten Dunst. (1998, PG, 99min) ★★★★

Sky Cinema Fast

307 307 407 507 521

7.30 AM **Fast & Furious 7** (2015)
9.50 **Fast & Furious 8** As 4.25am.
12.10 PM **Fast & Furious Presents Hobbs & Shaw** Adventure. (2019, 12, 137min) ★★★
2.30 **The Fast and the Furious** Action thriller with Vin Diesel. (2001, 15, 107min) ★★★
4.20 **2 Fast 2 Furious** Thriller sequel. (2003, 12) ★★★
6.10 **The Fast and the Furious: Tokyo Drift** Action thriller. (2006, 12, 104min) ★★

4.20 2 Fast 2 Furious

7.55 **Fast & Furious** Action thriller sequel starring Vin Diesel, Paul Walker, Michelle Rodriguez and Jordana Brewster. (2009, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.45 **Fast & Furious 5** Action thriller sequel starring Vin Diesel, Paul Walker and Jordana Brewster. A trio of car thieves assemble a team to steal a Rio de Janeiro drug lord's money. (2011, 12, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.55 **Fast & Furious 6** Action thriller sequel starring Vin Diesel and Dwayne Johnson. (2013, 12, 125min) ★★★
2.05 AM **Fast & Furious 7** Action thriller sequel starring Vin Diesel and Paul Walker. (2015, 12, 132min) ★★★★
4.25 **to 6.45** AM **Fast & Furious 8** Action adventure sequel starring Vin Diesel, Charlize Theron and Dwayne Johnson. (2017, 12, 136min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.10 AM **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
8.55 **Parenthood** (1989, 15) ★★★★
11.00 **My Big Fat Greek Wedding 2** Comedy sequel. (2016, 12) ★★
12.50 PM **Brewster's Millions** Comedy. (1985, PG) ★★★
2.40 **You, Me and Dupree** Comedy. (2006, 12, 109min) ★★★
4.35 **Daddy's Home 2** Comedy sequel. (2017, 12, 100min) ★★★
6.20 **Mr Deeds** Comedy drama. (2002, 12, 96min) ★★★

8.00 Beetlejuice Beetlejuice

8.00 **Beetlejuice Beetlejuice** Horror comedy sequel starring Michael Keaton. The mischievous demon is summoned once more when Delia Deetz returns to the close-knit community of Winter River. (2024, 12, 105min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Pixels** Comedy with Adam Sandler. Four former video games champions are recruited to defend Earth from an invasion of arcade game characters. (2015, 12, 105min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **The Nutty Professor** Comedy. (1996, 12, 95min) ★★★
1.20 AM **Nutty Professor II: The Klumps** Comedy sequel. (2000, 12, 105min) ★★★
3.10 **The Book of Clarence** Comedy with LaKeith Stanfield. (2023, 15, 129min) ★★★
5.20 **The Cinema List: SNL**
5.35 **to 7.15** AM **Bad Teacher** Comedy. (2011, 15) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.10 AM **Dangerous Waters** Thriller. (2023, 15, 101 min) ★★★
7.55 **Parallel** Fantasy thriller. (2024, 15, 88min) ★★★★
9.25 **K-19: The Widowmaker**
11.45 **Nightcrawler** Crime thriller. (2014, 15, 115min) ★★★★
1.45 PM **Collateral** Crime thriller. (2004, 15, 120min) ★★★★
3.50 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
6.10 **Trap** Thriller with Josh Hartnett. (2024, 15, 105min) ★★★★

6.10 Trap

8.00 **Serpico** Fact-based crime drama starring Al Pacino as an idealistic New York cop who blows the whistle on his corrupt police colleagues. With John Randolph and Jack Kehoe. (1973, 18, 130min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **K-19: The Widowmaker** Cold War thriller starring Harrison Ford and Liam Neeson. A Soviet atomic submarine's reactor cooling system springs a leak, threatening an explosion that could trigger World War Three. (2002, 12, 138min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.30 AM **Vanilla Sky** As 3.50pm.
2.50 **Patriot Games** Action thriller with Harrison Ford and Sean Bean. (1992, 15, 116min) ★★★
4.50 **to 6.30** AM **Eileen** Thriller. (2023, 15, 97min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Secret Headquarters** Sci-fi comedy adventure. (2022, PG, 104min) ★★★
1.10 PM **Miracle on 34th Street** Festive fantasy remake. (1994, U, 114min) ★★★★
3.35 **Midway** World War Two drama. (2019, 12, 138min) ★★★★
6.30 **Hunter Killer** Action thriller starring Gerard Butler, Gary Oldman and Michael Nyqvist. (2018, 15, 121 min) ★★★

6.30 Hunter Killer

Hunter Killer (film started at 6.30pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Mission: Impossible – Fallout** Action thriller sequel starring Tom Cruise and Henry Cavill. Ethan Hunt, the IMF team and a CIA assassin try to prevent a disaster caused by a group of terrorists. With Rebecca Ferguson. (2018, 12, 147min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.55 **The Spy Who Dumped Me** Espionage comedy starring Mila Kunis and Kate McKinnon. Two friends are thrust into an international conspiracy when one of them discovers her ex is really a secret agent. (2018, 15, 117min) ★★★
2.10 **to 4.00** AM **Locke** Road movie thriller starring Tom Hardy. (2013, 15, 85min) ★★★★

11 PM

+1 hour 314 430 47 301 257

Sky Cinema 20s

302 302 402 502 516

6.05 AM **IF** Fantasy adventure. (2024, U, 104min) ★★★
8.00 **Jules** Sci-fi comedy drama. (2023, 12, 87min) ★★★
9.40 **Ghostbusters: Frozen Empire** Comedy adventure sequel. (2023, 12, 115min) ★★★
11.40 **Godzilla x Kong: The New Empire** Fantasy adventure sequel starring Rebecca Hall. (2023, 12, 115min) ★★★

1.40 PM **Twisters** Disaster drama. (2024, 12, 122min) ★★★★
3.50 **Aquaman and the Lost Kingdom** Adventure sequel. (2023, 12, 124min) ★★★
6.00 **Novocaine** Comedy with Jack Quaid and Amber Midthunder. (2024, 15, 80min) ★★★
8.00 **The Beekeeper** Thriller starring Jason Statham and Jeremy Irons. (2023, 15, 105min) ★★★
10.00 **The Invisible Man** Thriller with Elisabeth Moss and Harriet Dyer. (2020, 15, 124min) ★★★★

12.10 AM **Nosferatu** Horror with Bill Skarsgård and Lily-Rose Depp. (2024, 15, 132min) ★★★★
2.25 **Abigail** Horror thriller. (2024, 18, 105min) ★★★★
4.25 **to 6.15** AM **Your Monster** Comedy with Melissa Barrera. (2024, 15, 104min) ★★★★

Sky Cinema Feel Good

304 304 404 504 518

6.20 AM **Ella Enchanted** Adventure. (2004, PG, 96min) ★★★
8.05 **Happy Feet** Animated musical. (2006, U, 108min) ★★★★
9.55 **Sing** As shown at 6.10pm.
11.45 **The Wizard of Oz** Musical. (1939, U, 98min) ★★★★★

1.30 PM **Wicked** Musical fantasy. (2024, PG, 160min) ★★★★
4.10 **Wonka** Fantasy adventure. (2023, PG, 116min) ★★★★

6.10 **Sing** Animation with the voice of Matthew McConaughey. (2016, U, 108min) ★★★
8.00 **School of Rock** Comedy with Jack Black and Joan Cusack. (2003, PG, 109min) ★★★★
9.50 **Matilda** Roald Dahl's dark children's fantasy starring Danny DeVito and Mara Wilson. The bright daughter of selfish parents discovers she has magical gifts. (1996, PG, 98min) ★★★★
11.30 **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★

1.05 AM **Click** Fantasy comedy. (2006, 12, 103min) ★★★★
2.55 **Big Daddy** Comedy with Adam Sandler and Kristy Swanson. (1999, 12, 95min) ★★★
4.35 **to 6.25** AM **I Used to Be Funny** Comedy drama. (2023, 15, 105min) ★★★

Sky Cinema Kung Fu Panda

305 305 412 500 514

7.30 AM **Kung Fu Panda 3** (2016)
9.10 **Kung Fu Panda 4** As 10.10pm.
10.50 **Kung Fu Panda** As 5.20pm.
12.25 PM **Kung Fu Panda 2** (2011)
2.00 **Kung Fu Panda 3** As 8.30pm.
3.40 **Kung Fu Panda 4** As 10.10pm.
5.20 **Kung Fu Panda** Animated comedy adventure featuring the voices of Jack Black, Dustin Hoffman and Angelina Jolie. (2008, PG, 92min) ★★★★

6.55 **Kung Fu Panda 2** Animated comedy sequel with the voices of Jack Black and Gary Oldman. (2011, PG, 90min) ★★★★
8.30 **Kung Fu Panda 3** Animated comedy sequel with the voices of Jack Black and Bryan Cranston. The clumsy hero is reunited with his father and must pass on his skills to a village of pandas. (2016, PG, 95min) ★★★★
10.10 **Kung Fu Panda 4** Animated adventure sequel with the voice of Jack Black. Po returns to find and train a new dragon warrior, while a sorceress plans to summon all of his past enemies. (2023, PG, 94min) ★★★

11.50 **Kung Fu Panda** As 5.20pm.
1.25 AM **Kung Fu Panda 2** (2011)
3.00 **Kung Fu Panda 3** As 8.30pm.
4.40 **to 6.15** AM **Kung Fu Panda 4**

Movies 24

312 313 419

7.00 AM **Planning on Forever** Comedy. (2022, PG, 89min) ★★
9.00 **Marry Go Round** Romantic comedy. (2022, PG, 84min) ★★
11.00 **Sweeter than Chocolate** Comedy. (2023, PG, 84min) ★★

1.00 PM **Love in the Limelight** Comedy. (2022, PG, 84min) ★★
3.00 **PREMIERE** **Adventures in Love & Birding** Drama with Rachel Boston. (2025, PG, 90min) ★★

5.00 **Unthinkably Good Things** Drama. (2022, PG, 84min) ★★
7.00 **Inspiring Love** Drama starring Donna Benedicto and Jeremy Guilbaut. (2023, PG, 85min) ★★
9.00 **Campfire Romance** Comedy drama starring Tori Anderson and Corbin Bleu. Romance rekindles for a woman and her friends when her parents host a reunion before selling their summer camp. (2022, PG, 90min) ★★
11.00 **Love Marks the Spot** Adventure. (2023, PG, 86min) ★★

1.00 AM **Scented with Love** Romantic drama with Rebecca Olson. (2022, PG, 83min) ★★
3.00 **to 5.00** AM **Pumpkin Everything** Comedy with Taylor Cole. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Mysterious Mr Nicholson** Thriller. (1947, b/w, PG) ★★
7.30 **Scrooge** (1935, b/w, U) ★★★★
9.05 **The Dark Road** Crime drama. (1947, b/w, PG, 80min) ★
10.35 **The Beverly Hillbillies** (S1)
11.10 **Daniel Boone, Trail Blazer** Western. (1956, PG, 76min) ★★

12.45 PM **Look at Life** Documentary.
1.05 **Worzel Gummidge** 6/9. (S3)
1.40 **Batman** 36/60. (S2)

2.10 **The Runaway Bus** Comedy. (1954, b/w, U, 78min) ★★
3.40 **Scotland Yard** 2/39. (S1)
4.15 **Look at Life** Documentary.
4.30 **The Vise** 13/39. (S1)
5.00 **The Footage Detectives**
6.00 **Look at Life** Documentary.
6.15 **Sapphire** (1959, 15) ★★★
8.00 **Memories of Making Sergeant Cork** With William Gaunt.
8.05 **Sergeant Cork** 5/13. (S1)
9.10 **At the Wheeltappers**
9.45 **The Anderson Tapes** Thriller. (1971, 15, 98min) ★★★

11.45 **Star Treatment Show**
12.15 AM **The Heritage Chart Show**
1.20 **They Live** Sci-fi adventure. (1988, 15, 95min) ★★★
3.10 **The Spiritualist** Thriller. (1948, b/w, PG, 79min) ★★
4.45 **to 6.00** AM **The Hangman Waits** Drama. (1947, b/w, PG) ★★

SUNDAY Sport 28 September

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **Sky Sports News**
7.00 **Goals on Sunday**
9.00 **The Sunday Supplement**
11.00 **LIVE WSL Liverpool v Manchester United.** Coverage of the match at Totally Wicked Stadium. Kick-off **12.00noon**.
1.00 PM **LIVE Super Sunday Aston Villa v Fulham.** Coverage of the Premier League match from Villa Park. Kick-off is at **2.00pm**.
4.00 **LIVE Super Sunday Newcastle United v Arsenal.** The Premier League match from St James' Park. Kick-off **4.30pm**.
6.30 **LIVE Ryder Cup Golf USA v Europe.** Coverage of the singles matches on the third and final day from Bethpage Black, New York.
11.00 **LIVE NFL Kansas City Chiefs v Baltimore Ravens.** Coverage of the week four game at Arrowhead Stadium. Kick-off is at **9.25pm**.
12.30 AM **NBC's FNIA**
1.10 **LIVE NFL Dallas Cowboys v Green Bay Packers.** Coverage of the week four match held at AT&T Stadium. Kick-off **1.20am**.
4.45 **to 6.00** AM **LIVE WTA & ATP Tennis** Coverage from the Tours.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **Premier League Highlights**
9.00 **The Sunday Supplement**
11.00 **Super Sunday Matchday**
1.00 PM **LIVE Super Sunday Aston Villa v Fulham.** Coverage of the Premier League match from Villa Park. The hosts are looking to pick up their first win at this ground this season, having only picked up one point from their previous two home games this campaign in the league Kick-off is at **2.00pm**.
4.00 **LIVE Super Sunday Newcastle United v Arsenal.** Coverage of the Premier League match from St James' Park. The hosts have won the last three meetings at this ground against Arsenal, including two victories here last season. Kick-off **4.30pm**.
7.30 **The Big Interview**
8.00 **Premier League Stories**
8.30 **Premier League Highlights** Chelsea v Brighton & Hove Albion. **9.00** Manchester City v Burnley. **9.30** Action from Nottingham Forest v Sunderland.
10.00 **Premier League Highlights**
3.00 AM **PL Greatest Games**
4.00 **Best PL Goals 97/98**
5.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Highlights**
10.30 **WSL** Arsenal v Aston Villa.
11.00 **LIVE WSL Liverpool v Manchester United.** Coverage of the match between the rivals staged at Totally Wicked Stadium in St Helens. Kick-off **12.00noon**.
2.30 PM **LIVE SPFL Livingston v Rangers.** Scottish Premiership match at The Home of the Set Fare Arena. Kick-off **3.00pm**.
5.30 **LIVE NFL Atlanta Falcons v Washington Commanders.** Coverage of the week four match staged at Mercedes-Benz Stadium. Kick-off is at **6.00pm**.
9.05 **LIVE NFL San Francisco 49ers v Jacksonville Jaguars.** The week four match staged at Levi's Stadium. Kick-off is at **9.05pm**.
12.30 AM **WSL** Liverpool v Man United.
1.00 **EFL League One Goals**
1.30 **EFL League Two Goals**
2.00 **EFL Greatest Games**
2.15 **SPFL Highlights**
2.30 **Old Firm Derby Best Goals**
3.00 **Edinburgh Derby Best Goals**
3.30 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **EFL Cup Highlights**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **Women's One-Day International Cricket**
7.00 **One-Day International Cricket**
8.00 **Women's ICC World T20 Cricket**
9.00 **Women's Rise The Official Film**
10.00 **ICC Legends** Archive action.
11.00 **Women's One-Day International Cricket**
1.00 PM **Women's Rise The Official Film** The rise of women's cricket.
3.00 **Women's ICC World T20 Cricket**
4.00 **Women's Rise The Official Film**
5.00 **ICC Women's World Cup**
6.00 **ICC Legends** Player profiles.
7.00 **ICC Women's World Cup**
8.00 **Women's Rise The Official Film**
9.00 **Women's ICC World T20 Cricket** Australia v Sri Lanka staged at Sharjah Cricket Stadium. **9.30** Bangladesh v England.
10.00 **Women's One-Day International Cricket** England v India: The second ODI in the three-match series at Lord's.
11.00 **Women's ICC World T20 Cricket** India v Pakistan. **11.30** West Indies v Scotland.
12.00 M'T **Women's One-Day International Cricket**
1.00 AM **International T20 Cricket**
5.00 **to 6.00** AM **Best of England v South Africa**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Ryder Cup Memories**
7.00 **The Miracle at Medinah Watchalong** Action from 2012.
8.00 **Ryder Cup** The second day.
9.00 **McGinley & Chamblee: Ryder Cup** A review of day two.
11.00 **Tales from the Ryder Cup**
2.00 PM **Ryder Cup Golf** Build-up.
5.00 **LIVE Ryder Cup Golf USA v Europe.** Coverage of the singles matches on the third and final day staged at Bethpage Black in New York. While the corresponding session was tied two years ago in Rome, the overall outcome never looked in doubt for Europe, who secured a 16.5-11.5 victory.
11.00 **McGinley & Chamblee: Ryder Cup** A review of the final day.
2.00 AM **Ryder Cup** Day three.
3.00 **Ryder Cup 2023: Una Famiglia**
5.00 **to 6.00** AM **My Ryder Cup**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
2.00 PM **LIVE WTA & ATP Tennis** Further coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
4.00 **ATP Tennis** Chengdu Open final.
5.00 **WTA Tennis** Korea Open final.
6.00 **WTA & ATP Tennis** Highlights from the Tours, including the Toyko Open and Beijing Open.
12.00 M'T **WTA & ATP Tennis**
2.30 AM **Bitesize Tennis**
2.45 **ATP Tennis** Recent finals.
4.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the Tokyo Open and Beijing Open.

TNT Sports 1

410 413 521 408 430

6.30 AM **LIVE AFLW Brisbane Lions v Richmond Tigers.** At Brighton Homes Arena. Bounce-up **6.05am**.
8.00 **LIVE AFLW West Coast Eagles v GWS Giants.** B-u 8.05am.
10.00 **Premier League**
11.30 **MLB: Off the Bat**
12.00 NOON **Champions League**
12.30 PM **LIVE The Gallagher PREM Northampton Saints v Exeter Chiefs.** Kick-off **1.00pm**.
3.15 **LIVE The Gallagher PREM Bristol Bears v Leicester Tigers.** Top-flight coverage from Ashton Gate. Kick-off is at **3.30pm**.
6.00 **LIVE Asia Cup Cricket** Coverage of the final at Dubai International Cricket Stadium.
7.30 **LIVE Serie A AC Milan v Napoli.** Italian top-flight match from San Siro. Kick-off **7.45pm**.
9.45 **Europa League Goals Reload**
10.00 **Tom Aspinall's Fight Lab**
10.30 **The Gallagher PREM**
12.30 AM **AFL** The Grand Final.
2.00 **Climbing World Championship**
2.30 **SailGP Highlights**
3.30 **Onboard** Ocean Race Europe.
4.30 **TNT Sports Reload**
5.00 **to 6.00** AM **Cycling**

TNT Sports 2

411 414 522 409 431

5.15 AM **LIVE MotoGP** The Grand Prix of Japan MotoGP race staged at Mobility Resort Motegi.
7.15 **MotoGP Chequered Flag**
8.15 **British Superbikes Rewind**
8.30 **TNT Sports Reload**
9.00 **Superbike World Championship**
9.30 **LIVE Superbike World Championship** Coverage from MotorLand Aragon in Spain.
10.45 **British Superbikes Rewind**
11.00 **LIVE Superbike World Championship** Further coverage from MotorLand Aragon in Spain.
3.15 PM **LIVE Asia Cup Cricket** Coverage of the final at Dubai International Cricket Stadium.
7.30 **MLB: Off the Bat**
8.00 **LIVE MLB** Coverage of a Major League Baseball match.
11.15 **Cycling World Championship**
12.15 AM **UEFA Europa League Goals Reload** Recent action.
12.30 **Fishing: On the Bank**
1.30 **Snooker Home Nations Series English Open**
2.30 **Cycling World Championship**
3.30 **MotoGP Classics**
4.30 **MLB Plays of the Week**
5.00 **to 6.00** AM **T100 Triathlon World Tour Highlights**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **49 Hours** Behind the scenes.
10.15 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
12.00 NOON **NFL Gameday**
12.30 PM **NFL Bitesize Highlights**
1.00 **NFL Highlights** Arizona Cardinals v Seattle Seahawks.
2.00 **LIVE NFL Pittsburgh Steelers v Minnesota Vikings.** Coverage of the week four match at Croke Park in Dublin. Kick-off **2.30pm**.
5.30 **LIVE NFL Tampa Bay Buccaneers v Philadelphia Eagles.** Coverage of the week four match at Raymond James Stadium. Kick-off **6.00pm**.
9.15 **LIVE NFL Kansas City Chiefs v Baltimore Ravens.** Coverage of the week four game at Arrowhead Stadium. These two sides last met on the opening day of last season as the Chiefs earned a 27-20 win at this venue. Kick-off **9.25pm**.
12.30 AM **NBC's FNIA** Match preview.
1.10 **LIVE NFL Dallas Cowboys v Green Bay Packers.** Coverage of the week four match held at AT&T Stadium. Kick-off **1.20am**.
4.45 **NFL Bitesize Highlights**
5.30 **to 6.00** AM **NFL Gameday**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
11.00 **LIVE WSL** Viewers get to choose which game they want to watch from London City Lionesses v Manchester United, Aston Villa v Chelsea and Leicester City v Liverpool. Kick-off **12.00noon**.
2.30 PM **LIVE WTA & ATP Tennis** Further coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
4.00 **Sports Sunday**
5.00 **LIVE Wheelchair Rugby Halifax Panthers v London Roosters.** Coverage of the Wheelchair Super League Grand Final from Manchester Basketball Centre. Kick-off is at **5.30pm**.
7.45 **EFL Greatest Games**
8.00 **Sky Sports Catch Up**
12.00 M'T **Wheelchair Rugby**
2.45 AM **EFL Greatest Games**
3.00 **Sky Sports Catch Up**
4.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the ATP Tokyo Open, plus the Beijing Open.

Sky Sports Mix

416 412 510 429 449

6.00 AM **LIVE NRLW** Coverage of the second semi-final.
8.00 **Super League** A play-off match.
10.45 **PL Greatest Games**
11.00 **LIVE WSL Manchester City v London City Lionesses.** Coverage of the top-flight game at Joie Stadium. Kick-off **12.00noon**.
2.30 PM **ATP Tennis** Hangzhou Open.
3.30 **The Rugby Championship**
5.30 **NFL Bitesize Highlights**
6.00 **NFL Redzone** Coverage of the NFL Network show that switches between today's games.
12.45 AM **NFL Bitesize Highlights**
1.00 **Rob Cross: A Year to Remember 2018**
1.30 **Peter Wright: Double Champ 20 & 22** Archive action.
2.00 **Gerwyn Price: Welsh Glory**
2.30 **The Greatest Leg – 2023 Final**
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **Super League Retro: Magic Weekend**

TNT Sports 3

413 415 523 410 432

6.00 AM **LIVE AFLW Adelaide Crows v Sydney Swans.** From Unley Oval. Bounce-up **6.05am**.
8.00 **Climbing World Championship**
8.30 **LIVE Cycling World Championship** From Rwanda.
4.15 PM **Men's Cycling Pro Series**
5.15 **The Gruppetto** Cycling action.
5.30 **TNT Sports Reload**
5.45 **Europa League Goals Reload**
6.00 **LIVE NWSL Washington Spirit v Houston Dash.** Coverage from Audi Field. Kick-off is at **6.00pm**.
8.15 **Climbing World Championship**
8.45 **MotoGP** Grand Prix of Japan.
9.45 **MotoGP Chequered Flag**
10.45 **Superbike World Championship**
11.45 **British Speedway Highlights**
12.45 AM **EWC All Access**
1.45 **Europa League Goals Reload**
2.00 **UEFA Europa League & Conference League Magazine**
3.00 **UEFA Champions League**
3.30 **Ultimate Pool** Pairs Cup.
5.00 **to 6.00** AM **Fishing**

TNT Sports 4

414 416 524 411 434

6.00 AM **LIVE FIA World Endurance Championship** The Six Hours of Fuji from Japan.
9.30 **Onboard** Ocean Race Europe.
10.30 **Climbing World Championship**
11.00 **LIVE IFSC Climbing World Championship** Coverage of the men's boulder final from Seoul.
1.00 PM **TNT Sports Reload**
1.15 **Snooker Home Nations Series English Open**
2.15 **TNT Sports Cricket Reload**
2.30 **Asia Cup Cricket**
3.00 **MLB Highlights**
5.00 **LIVE Longines Global Champions Tour** Coverage of the Grand Prix of Vienna in Austria.
7.00 **WNBA** Play-off semi-finals.
8.00 **LIVE WNBA** Coverage of game four of the play-off semi-finals.
10.30 **UFC** Ulberg v Reyes.
1.30 AM **Tom Aspinall's Fight Lab**
2.00 **Serie A** AC Milan v Napoli.
3.00 **EWC All Access** Bol d'Or.
4.00 **to 6.00** AM **V8 Supercars**

Premier Sports 1

419 551

6.00 AM **Motorsport Highlights**
8.00 **World Surf League**
9.00 **Eredivisie** Excelsior v PSV.
11.00 **LaLiga** A match replay.
12.55 PM **LIVE LaLiga Rayo Vallecano v Sevilla.** Kick-off is at **1.00pm**.
3.00 **LaLiga Match Highlights**
3.10 **LIVE LaLiga Elche v Celta Vigo.**
5.15 **LaLiga Match Highlights**
5.25 **LIVE LaLiga Betis v Osasuna.**
7.30 **LaLiga Match Highlights**
7.55 **LIVE LaLiga Barcelona v Real Sociedad.** Kick-off is at **8.00pm**.
10.00 **LIVE Argentine Primera Division River Plate v Deportivo Riestra.** Kick-off **10.00pm**.
12.00 M'T **LaLiga Match Highlights**
12.25 AM **LIVE Brasileiro Serie A Corinthians v Flamengo.**
2.30 **Football's Greatest**
3.00 **Sporting Countdowns**
3.30 **Argentine Primera**
5.30 **to 6.00** AM **Sporting Countdowns**

Premier Sports 2

420 552

6.00 AM **Football's Greatest**
7.00 **Top 14 Rugby Union**
9.00 **LaLiga Match Highlights**
9.10 **Eredivisie** Another chance to see Excelsior v PSV Eindhoven.
11.10 **LIVE Eredivisie NEC Nijmegen v AZ Alkmaar.** Coverage of the Dutch top-flight match from Gofferstadion. Kick-off **11.15am**.
1.15 PM **LaLiga Specials**
1.30 **NHL Tonight** Highlights.
2.30 **Top 14 Rugby Union**
6.30 **NASCAR Highlights**
7.30 **LIVE NASCAR** Coverage of the Hollywood Casino 400 staged at Kansas Speedway in Kansas City.
12.00 M'T **Bike World** Magazine.
12.30 AM **FastZone** Motorsports.
1.00 **LIVE NHL Ice Hockey Edmonton Oilers v Vancouver Canucks.** Pre-season action from Rogers Place. Face-off **1.00am**.
4.00 **GP Confidential** F1 news.
4.30 **NHL Tonight** Top 10 goalies.
5.30 **to 6.00** AM **GP Confidential**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
1.00 PM **Formula 1** Recent action.
6.00 **Formula 1** Highlights of the Belgian Grand Prix from the Circuit de Spa-Francorchamps. **7.00** The Hungarian Grand Prix staged at the Hungaroring. **8.00** Action from the Dutch Grand Prix at Circuit Zandvoort. **9.00** Highlights of the Italian Grand Prix, the 16th round of the season staged at Monza Circuit. **10.00** The Azerbaijan Grand Prix, the 17th round of the season staged at the Baku City Circuit.
11.00 **Ferrari Challenge Europe**
12.00 M'T **Formula 1** Highlights.
2.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Monday

29 September

Evening Planner

Crime Drama

Blue Lights

BBC1, 9pm (box set, BBC iPlayer)

Belfast response officers Grace, Annie and Tommy are drawn into the world of organised crime, as the series returns.

Documentary

Secrets of the Brain

BBC2, 9pm

Professor Jim Al-Khalili investigates the evolution of the human brain over hundreds of millions of years.

Thriller

Task

Sky Atlantic, 9pm

Tom (Mark Ruffalo) is convinced there is a mole on the task force, as the operation to track down the Dark Hearts continues.

Factual

Will & Ralf Should Know Better

U&Dave, 10pm (box set, U)

Will Mellor and Ralf Little return for more challenges, starting with tank driving.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Truth...	8.30 Policing Paradise	9.00 Blue Lights		10.00 News; Local News	10.40 Trying
	102 BBC2	7.00 Global Eye	7.30 Mastermind	8.00 Only Connect	8.30 University...	9.00 Secrets of the Brain		10.00 Cunk on Earth	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 Coldwater		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Jamie's Air Fryer Meals		9.00 Lucy Letby: Murder or Mistake			
	105 5	7.00 Motorway Cops: Catching Britain's...		8.00 Police Interceptors		9.00 Murder Suspect No 1			10.30 Police: Night...
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Predators		9.00 Film: A Quiet Place			
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 Top Gear		9.00 Stranded on Honeymoon Island: Australia			
	116 BBC4	7.00 Fred Dibnah's...	7.30 Railways: The...	8.00 Britain's Lost Masterpieces		9.00 Call My Bluff	9.30 Face the Music	10.00 The Orson Welles Story: Arena	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Big Brother		10.00 Big Brother: Late & Live	
	136 MORE4	‹ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 Ancient Autopsy		10.00 Ancient Egypt by Train with Alice...	
	135 E4	7.00 Hollyoaks	7.30 Hollyoaks At 30...	8.00 First Dates		9.00 Married at First Sight UK			10.25 Made in Chelsea
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Matlock		10.00 Blue Bloods	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 Task		10.10 Mare of Easttown	
	110 U&GOLD	7.00 Dad's Army	7.40 Fawlty Towers						10.30 Porridge
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 Will & Ralf Should Know Better	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Foyle's War					
	120 ITV4	7.00 Goodwood Revival Highlights		8.00 King of the Roads		9.00 Film: The Expendables			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Iain Stirling's Roast the Internet		10.00 Bradley & Barney Walsh: Breaking Dad	
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 The Ark		10.00 Grimm	
	113 SKY MAX	7.00 Stargate Universe		8.00 Football's Funniest Moments		9.00 The Paper			10.15 Romesh: Can't Knock the...
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise				10.00 Shakespeare & Hathaway	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 André Rieu: Live in Sydney					
	132 U&W	7.00 MasterChef Australia		8.00 Inside the Ambulance		9.00 The Supervet			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Roadworthy Rescues		9.00 Mystery at Blind Frog Ranch		10.00 Salvage Dawgs	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Expedition Bigfoot		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation				9.00 To Catch a Smuggler		10.00 Guerilla Gold Rush: Deadly Endeavor	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 The Great British Dig: History in Your...		9.00 Kevin Costner's The West		10.00 Secrets in the Dark	
	155 U&YESTERDAY	7.00 Incredible Journeys with Simon Reeve		8.00 Indian Ocean with Simon Reeve		9.00 Russia with Simon Reeve		10.00 Bangers & Cash	
	121 SKY DOCS	‹ 6.55 The Civil War		8.00 Lockerbie		9.00 Film: Tales of the Grim Sleeper			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.10 Amongst the Wolves		8.00 Novocaine				10.00 Juliet & Romeo	
	302 20S	‹ 5.45 William Tell		8.00 Nosferatu					10.15 Abigail
	303 HITS	‹ 6.00 Charlie's Angels: Full Throttle		8.00 Love Actually					10.15 Law Abiding Citizen
	304 FEEL GOOD	‹ 6.20 The Nutty Professor		8.00 Look Who's Talking			9.40 HouseSitter		
	305 ANIMATION		7.10 Open Season 2		8.30 Open Season 3			9.50 Into the Wonderwoods	
	306 FAMILY	‹ 6.00 The Spiderwick Chronicles		7.50 Hook					10.20 Small Soldiers
	307 ACTION	‹ 6.05 Twister		8.00 Godzilla x Kong: The New Empire				10.05 Crank	
	308 COMEDY	‹ 6.10 The Death of Stalin		8.00 Big Daddy			9.40 My Big Fat Greek Wedding 2		
	309 THRILLER	‹ 6.00 Patriot Games		8.00 Jack Reacher					10.20 Jack Reacher: Never...
	310 DRAMA	‹ 5.55 The Danish Girl		8.00 Mamma Mia!				10.05 Chicago	
	311 SCI-FI	‹ 6.05 The Woman in Black: Angel of Death		8.00 Edge of Tomorrow				10.05 Hollow Man	
	313 FILM4	‹ 6.45 Independence Day: Resurgence				9.00 Commando			
SPORT	401 MAIN EVENT	‹ 6.30 MNF – Live: Everton v West Ham United (Kick-off 8.00)							
	402 PREMIER LEAGUE	‹ 6.30 MNF – Live: Everton v West Ham United (Kick-off 8.00)							
	403 FOOTBALL	‹ 6.30 Bundesliga...	7.30 EFL Highlights	8.00 WSL	8.30 SPFL Round-Up	9.00 EFL Highlights			10.30 Bundesliga...
	405 CRICKET	7.00 ICC Women's...	7.30 ICC Women's...	8.00 ICC Women's World Cup		9.00 Women's ICC World T20 Cricket		10.00 Women's International One-Day Cricket	
	410 TNT SPORTS 1	‹ 6.30 Serie A	7.30 Serie A – Live: Genoa v Lazio (Kick-off 7.45)					10.00 Fight Week	10.30 Rise of the UFC
	411 TNT SPORTS 2	‹ 6.00 Ultimate Pool – Live: Coverage from Group A of the last-16 phase of the tournament						9.45 Longines Global Champions Tour	10.45 FIA...

‹ Denotes programmes starting before 7.00pm † Regions vary

MONDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **SAS: Catching the Criminals** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Clean It, Fix It** (S)(R)
2.30 **Amanda & Alan's Italian Job** 1/8. Amanda Holden and Alan Carr bag a bargain property in northern Tuscany. (S)(R)(AD)
3.00 **Escape to the Country** New edition A couple hope to find a forever home in Shropshire. (S)
3.45 **The Travelling Auctioneers** (S)(R)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

7.30 EastEnders

7 PM

7.00 **The One Show** Alex Jones and Roman Kemp present the topical show. (S)
7.30 **EastEnders** Peter pulls rank as he plans a surprise that could backfire, and Harry is overwhelmed by a growing situation. (S)(AD)

8 PM

8.00 **NEW Panorama: The Truth About Asylum Hotels** Current affairs report. (S)
8.30 **Policing Paradise** A former British nurse hopes to survive tough police training to fulfil her dream of becoming a qualified constable. (S)(R)

9 PM

9.00 **NEW SERIES Blue Lights** 1/6. Return of the police drama. The arrest of a young drug dealer begins to expose a criminal conspiracy involving every level of Belfast's society. *See feature, page 4.* (S3) (S)(AD) ■ Entire series on BBC iPlayer

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Trying** New episode *Someone Else's Kids:* 5/8. Nikki and Jason volunteer to babysit their friends' two children and take them on a treasure hunt across London. (S1) (S)(AD)
11.05 **Trying** New episode *Show Me the Love:* 6/8. Jason wonders whether if he and Nikki have bitten off more than they can chew. (S1) (S)(AD)
11.35 **Have I Got News for You** Lorraine Kelly hosts, with Maisie Adam and Matt Chorley. (S)(R)
12.05 AM **Stranded on Honeymoon Island** 10&11/12. (S)(R)(AD)
2.05 **Weather for the Week Ahead** (S)
2.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.25 AM **Bargain Hunt** (S)(R)
7.10 **Sign Zone: Antiques Roadshow**
8.10 **Match of the Day** (S)(R)
9.00 **BBC News** (S)
11.30 **Politics Live Conference** (S)
1.00 PM **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **Wild West: America's Great Frontier** America's deserts. (S)(R)
5.15 **Flog It!** Paul Martin presents from Capesthorne Hall, Cheshire (S)(R)
6.00 **NEW SERIES Richard Osman's House of Games** Mark Steel, Melanie Bracewell, Ruth Madeley and Jenny Powell take part. (S)
6.30 **NEW SERIES Strictly: It Takes Two** Janette Manrara and Fleur East return with the *Strictly Come Dancing* fanzine. (S)

6.30 Strictly: It Takes Two

7.00 **Global Eye** New edition Investigations from BBC correspondents all over the world. (S)
7.30 **Mastermind** New edition Specialist subjects include Frédéric Chopin and Gloria Steinem. (S)

8.00 **Only Connect** New edition The Scanners take on the Benchwarmers in a first-round match. (S)
8.30 **University Challenge** New edition Harper Adams University take on the University of Strathclyde in round one. (S)

9.00 **NEW SERIES Secrets of the Brain** 1/2. Jim Al-Khalili looks into cutting-edge neuroscience as he explores the evolution of the brain and how it has been shaped over the course of 600 million years. (S)(AD)

10.00 **Cunk on Earth** *In the Beginnings:* 1/5. Philomena Cunk tells the story of human civilisation. (S1) (S)(R)
10.30 **Newsnight** (S)

11.00 **FILM Raging Bull** Martin Scorsese's drama depicting the rise to fame and eventual fall from grace of boxer Jake LaMotta, starring Robert De Niro. (S) (1980, 15, 125min) ★★★★★
1.05 AM **Sign Zone: Countryfile** (S)(R)
2.00 **Sign Zone: Waterloo Road** 1/8. New teacher Mr Donovan shakes things up at the school. (S)(R)(AD) **3.00** 2/8. Donte is plunged into crippling debt. (S16) (S)(R)(AD)
4.00 **to 6.30** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson heads to Preston, with antiques experts Alison Chapman, Tim Hogarth, Jan Keyne and Henry Nicholls assessing items brought in by the public. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as a team of five friends from Dudley take part in the quiz show. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Coldwater

7.30 **Emmerdale** Victoria is shocked by Robert's mystery visitor, while Vinny is terrified about testifying in court, and Dylan makes an intervention. (S)(AD)

8.00 **Coronation Street** Debbie investigates Abi's secret visits to her hotel, Theo begrudges Billy some of Todd's time, Glenda offers to help Jenny land a date with George, and Nina worries when Asha turns to alcohol. (S)(AD)

9.00 **Coldwater** Series finale 6/6. Keen to expose the truth about Tommy, John and Fiona invite him and Rebecca to lunch, but what starts as a tense meal soon turns dangerous. (S1) (S)(AD) ■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Peston** Political magazine hosted by Robert Peston, featuring interviews with MPs, topical guests and cultural figures. (S)

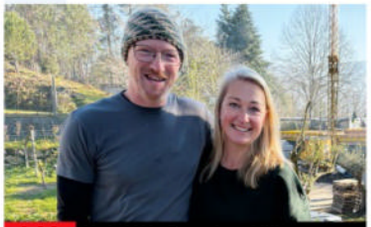
11.40 **The Jonathan Ross Show: Special Guests** Memorable moments from interviews with Madonna, Lee Evans, Jennifer Hudson, Perrie Edwards, Liam Gallagher and Lily Allen. (S)(R)
12.00 M'T **Teleshopping**
3.00 AM **The Covid Contracts: Follow the Money** (S)(SL)(R)(AD)
4.15 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Tour de Fred: Northern Ireland** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 5-8/24. (S5) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition John and Tara have bought a Portuguese quinta and are about to get stuck in. (S)
5.00 **Four in a Bed** New edition The first visit of the week is to the George Inn in the Peak District. (S)
5.30 **Come Dine with Me** Foster carer Shaun plays host in Leeds. (S)(R)
6.00 **Sun, Sea and Selling Houses** The Garners and the Rodriguezes revisit previous clients. (S)(R)



4.00 Help! We Bought a Village

7.00 **News** (S)

8.00 **Jamie's Air Fryer Meals** 1/2. Jamie Oliver showcases recipes designed for air fryers. In the first edition, Jamie transforms frozen fish and tinned beans into a special meal for two, and knocks up some savoury scones. (S)(R)(AD)

9.00 **NEW SERIES Lucy Letby: Murder or Mistake** 1/2. Two-part documentary on the case of the former neonatal nurse who was convicted of multiple murders and attempted murders in 2023 and 2024. (S)(AD)

10.05 **Lucy Letby: Murder or Mistake** Series finale 2/2. Concluding part of the documentary covering the case of the former neonatal nurse. (S)(AD)

11.05 **24 Hours in A&E** (S)(R)(AD)
12.05 AM **Educating Yorkshire** GCSEs are edging closer. (S)(SL)(R)(AD)
1.00 **The Great British Bake Off: An Extra Slice** (S)(SL)(R)(AD)
1.55 **Taskmaster** (S)(R)(AD)
2.50 **The Donald Trump Show** 3/3. Trump sets out an unlikely foreign policy agenda. (S1) (S)(SL)(R)(AD)
3.45 **Location, Location, Location** (S)(R)
4.40 **Hollyoaks Omnibus** (S)(SL)(R)(AD)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 **FILM PREMIERE** **The Bad Guardian** Drama with Melissa Joan Hart and La La Anthony. (S) (2024, PG, 100min) ★★
4.00 **NEW SERIES** **The Cruise: Fun-Loving Brits at Sea** Return of the documentary following British holiday-makers around the Mediterranean. (S)
5.00 **News** (S)
6.00 **Jersey and Guernsey** 6/6. On Jersey, sailing duo Deb and Chris take part in the historic Gorey Regatta. (S)(R)
6.55 **News** (S)

4.00 The Cruise: Fun-Loving...

7.00 **Motorway Cops: Catching Britain's Speeders** PCs Jan Simlesa and Jamie Leslie pull over a top-of-the-range BMW and smell alcohol on the driver's breath. (S)(R)
7.55 **News** (S)

8.00 **NEW SERIES** **Police Interceptors** A rush-hour crash sees a wrecked van left abandoned, while dog handler Lucy and her canine partner Bryn catch suspected thieves in the act at a service station. (S)

9.00 **Murder Suspect No 1** 1/5. Documentary following a team of homicide detectives at work on a series of violent murder investigations, beginning with a savage axe attack on a woman in broad daylight. (S)(R)

10.30 **Police: Night Shift 999** A man who is refused entry to a nightclub takes exception when a specialist operations officer tries to send him on his way, pushing both the police and the club's bouncers. (S)(R)

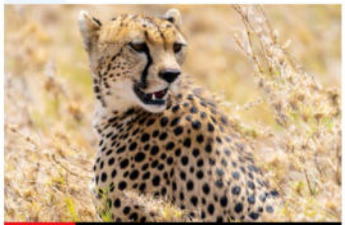
11.30 **Traffic Cops** (S)(R)
12.35 AM **Car Pound Cops** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **The Wonderful World of Gold** A look at the secrets of the multibillion-pound luxury gold watch industry. (S)(R)
3.50 **Friends** (S2) (S)(R)(AD)
4.40 **The Highland Vet** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Universe** (S)(R)(AD)
11.00 **Wild Sky** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 10/13. (S7) (S)(R)(AD)
5.00 **The Simpsons** *Trash of the Titans:* Homer is appointed Springfield's new sanitation commissioner. (S)(R) **5.30** *Simpson Tide:* Homer becomes the captain of a US Navy submarine (S)(R)
6.00 **The Office (US)** 25/25. Part two of two. Jan decides to move in with Michael. (S3) (S)(R) **6.30** 1/19. Part one of two. Michael accidentally hits Meredith with his car. (S4) (S)(R)


8.00 Predators

7.00 **The Simpsons** *King of the Hill:* Two executives hire Homer to climb Springfield's most treacherous mountain. (S)(R) **7.30** *Lost Our Lisa:* Lisa gets lost in an unfamiliar part of Springfield. (S)(R)

8.00 **Predators** 1/5. A notorious brotherhood of cheetahs rule the southern plains of the Serengeti, until a raging bushfire turns their world upside down. Narrated by Tom Hardy. (S)(R)(AD)

9.00 **FILM** **A Quiet Place** Horror starring Emily Blunt and John Krasinski, who also directed. A family are forced to live in silence while hiding from monsters with hypersensitive hearing. With Millicent Simmonds, Noah Jupe and Cade Woodward. (2018, 15, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

11.00 **Last Week Tonight with John Oliver** A satirical look at news and pop culture topics. (R)
11.45 **Curb Your Enthusiasm** 1&2/10. Double bill. (S5) (S)(R)
1.00 AM **The Force: Manchester** (R)
2.00 **Road Wars** (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 10/13. (S7) (S)(R)(AD)
5.00 **to 6.00** AM **Brit Cops: Rapid Response** (S)(R)(AD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
12.05am Sportscene: SWPL Highlights (S)(R) **12.35** Scotcast (S)(R) **1.05** Juice (S)(R) **1.30** Juice (S)(R) **1.55** Weather for the Week Ahead (S) **2.00-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
8.00pm **NEW** Restoration Rescue (S) **8.30-9.00** Panorama: The Truth About Asylum Hotels New edition (S) **10.40** **NEW SERIES** Stitched Up? Surgery in the Sun (S) **11.10** Trying New episode (S)(AD) **11.35pm-12.05am** Trying New episode (S)(AD)

WALES
Sky 965, Virgin 864, Freesat 965
8.00pm Crimewatch Caught New edition (S) **8.30-9.00pm** **NEW** Panorama: The Truth About Asylum Hotels (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
10.00pm Cracking the Case: The Predator Behind the Camera Series finale (S)(AD) **10.25-10.30** Suzie Lee's Great Food Made Simple (S)(R) **11.00** **FILM** American Fiction (S) (2023, 15, 110min) ★★★★ **12.50-1.05am** The Chronicles of Armagh (S)(R)

WALES
Sky 968, Freesat 968
No variations

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion **12.05pm** Ceffylau, Sheikhs a Chowbois **12.30** Heno **1.00** Yr Anialwch **2.00** Newyddion **2.05** Prynhawn Da New edition **3.00** Newyddion **3.05** Antur Itera Tim Lowri Morgan **4.00** Awr Fawr **5.00** Stwnsh **6.00** Cartrefi Cymru **6.30** Rownd a Rownd (AD) **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion **8.00** Garddio a Mwy Series finale **8.55** Newyddion **9.00** Ffermio New edition **9.33** Y Tywydd **9.35** **NEW SERIES** Mini Hana Medi **10.05** Sgorio **10.35-11.40pm** Mike Phillips: Croeso i Dubai

TV&Satellite week
New issue on sale tomorrow

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** The life of King Alfred the Great. **7.30** The life of the French military leader Napoleon.
7.55 **The Catch Up**
8.00 **Top Gear** The presenters are each given £5,000 to find a car that can hold its own on a racetrack and handle everyday tasks.
9.00 **NEW SERIES** **Stranded on Honeymoon Island: Australia** 1/12. Australian version of the reality show.
10.15 **Stranded on Honeymoon Island: Australia** New edition 2/12. Mysterious crates wash up on the island, revealing insights into the couples' pasts.
11.35 **Stranded on Honeymoon Island: Australia** New edition 3/13. The six couples hit day five and face gale force winds
12.35 AM **Bad Influencer – The Great Insta Con**
1.25 **Juice** 3&4/6. (S2)
2.15 **Top Gear** As 8.00pm.
3.15 **to 4.00** AM **Bad Influencer – The Great Insta Con**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY**
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Tim Shaw and Fuzz Townshend take on a 1988 Fiat Uno Turbo. **4.50** Tim and Fuzz head to Huddersfield to rescue a 1992 VW Corrado.
5.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer help two sets of buyers in Kent. **6.55** Kirstie and Phil help house-hunters in Yorkshire.
7.55 **Grand Designs** Kevin McCloud meets Colin and Marta, who have taken on an ambitious project to build a bespoke metal home next to an airfield runway, but their plans are hit by bad weather.
9.00 **Ancient Autopsy** New edition 2/4. Professor Suzannah Lipscomb explores whether Alexander the Great died from poison, trauma or a deadly virus, discovering surprising clues in a tiny Babylonian tablet.
10.00 **Ancient Egypt by Train with Alice Roberts** 2/4. Alice arrives in Cairo by train and follows in the footsteps of Victorian Egyptologist Amelia Edward.
11.05 **999: On the Front Line**
12.05 AM **24 Hours in A&E**
2.20 **Ancient Autopsy**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Fred Dibnah's Industrial Age** 1/6. The early use of wind and water power.
7.30 **Railways: The Making of a Nation** 1/6. Examining the impact of railways on Britain.
8.00 **Britain's Lost Masterpieces** 1/4. Investigating a picture of George Villiers, Duke of Buckingham, who was the lover of James VI of Scotland.
9.00 **Call My Bluff** With Nanette Newman, Paul Eddington, Sue Cook and Bryan Forbes.
9.30 **Face the Music** With David Attenborough, Richard Baker and Arianna Stassinopoulos.
10.00 **Arena: The Orson Welles Story** 1&2/2. A profile of the director, actor and writer, including an interview in which he reflects on his long career in the film industry.
12.45 AM **Fred Dibnah's Industrial Age** As 7.00pm.
1.15 **Railways: The Making of a Nation** As 7.30pm.
1.45 **Face the Music**
2.15 **to 3.45** AM **Oak Tree: Nature's Greatest Survivor**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Ramsay's Kitchen Nightmares USA**
7.50 **Married at First Sight UK**
9.00 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 15-18/24. (S7)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
5.05 **The Big Bang Theory**
6.00 **The Simpsons**
7.00 **Hollyoaks** John Paul digs into what really happened on the night when Bobby died.
7.30 **Hollyoaks at 30: Most Explosive Episodes** A classic episode ahead of the soap's 30th anniversary.
8.00 **First Dates** Guests include a woman whose exes tend to marry someone else.
9.00 **Married at First Sight UK** New edition As the newlyweds return from their honeymoons, all nine couples move in together.
10.25 **Made in Chelsea** New edition Jack is reeling from his break-up with Livvy.
11.35 **Gogglebox**
12.35 AM **Married at First...**
2.00 **Made in Chelsea**
3.00 **Below Deck**
3.45 **The Simpsons**
4.15 **The Big Bang Theory**
5.05 **Modern Family**
5.30 **to 6.00** AM **The Goldbergs**

+1 hr 235/236 306 30 123 256

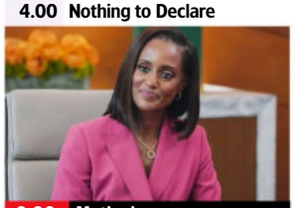
MONDAY Entertainment

Monday

Sky Witness

107 107 110 341 356

6.00 AM **Bondi Rescue**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **Nothing to Declare UK**
9.30 **Border Security USA**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 6/13. Several people are found dead from a poisonous gas. (S6)
1.00 PM **FBI: Most Wanted** 6/13. Barnes and Charlotte try to work on their relationship. (S5)
2.00 **Caught on Dashcam**
4.00 **Nothing to Declare**


9.00 Matlock

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
7.00 **Richard E Grant's Hotel Secrets** The actor visits Tokyo.
8.00 **Boardwalk Empire** (S2)
10.10 **Perry Mason** 5&6/8. (S1)
12.25 PM **Game of Thrones** (S4)
1.30 **Das Boot** 6/6. (S4)
2.30 **Boardwalk Empire** (S2)
4.40 **Homicide: Life on the Street** 8/22. Guest stars Jay Leno.
5.45 9/22. The officers investigate sniper attacks. (S4)
6.50 **Game of Thrones** 6/10. Stannis and Davos meet with the Iron Bank in Braavos. (S4)

9.00 Task

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
8.00 **The Flash** 6/20. (S8)
9.00 **Stargate Universe** (S1)
11.00 **SEAL Team** 3/16. (S4)
12.00 NOON **The Flash** 7/20. (S8)
1.00 PM **Hawaii Five-0** (S3)
3.00 **Magnum P.I.** 15/20. (S5)
4.00 **S.W.A.T.** 10/13. The squad track down a sniper. (S7)
5.00 **SEAL Team** 2/16. Bravo go underground to search for a terrorist leader. (S4)
6.00 **Stargate Universe** 17/20. Strange visions begin to plague the crew members. (S1)

5.00 SEAL Team

ITV2

118 122 115 6 113 6

6.00 AM **CITV**
7.45 **Dinner Date**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.10 **Real Housewives of New Jersey** Reality series.
12.05 PM **Dinner Date**
1.05 **Billie and Greg**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac**
5.00 **Real Housewives of New...**
6.00 **Celebrity Catchphrase**

9.00 Big Brother

ITV3

119 123 117 10 115 7

6.00 AM **The Royal**
7.10 **Classic Emmerdale**
8.20 **Classic Coronation Street**
9.20 **Doc Martin** 1/8. (S6)
10.25 **The Royal** *Sinking Feeling.*
11.30 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.35 **Downton Abbey** 6/7. Sybil's political interests lead her into danger. (S1)
4.40 **Doc Martin** 2/8. The GP hosts a dinner party with Louisa. (S6)
5.50 **Heartbeat** *The Good Doctor:* Maggie falls for a new locum.

8.00 Foyle's War

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

7.55 Game of Thrones *Mockingbird:* 7/10. Tyrion enlists an unlikely ally, Jon's warnings about the Wall's vulnerability fall on deaf ears, while Brienne follows a new lead. (S4)

7.00 Stargate Universe *Subversion:* 18/20. Rush suspects Telford is a spy after a dream and puts his theory to the test. (S1)

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

6.55 Heartbeat *Against the Odds:* Former copper Blaketon's well-honed instincts alert him to some council corruption.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

8.00 Football's Funniest Moments A look back at laugh-out-loud incidents from the world of Premier League football.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are based around logic and common sense.

8.00 Foyle's War *The German Woman:* First episode of the drama starring Michael Kitchen. Police superintendent Foyle is frustrated at seeing everyone else go off to war, until he finds himself fighting his own battle on the home front.

9 PM

9.00 Matlock *A Traitor in Thine Own House:* 11/19. Tensions escalate when Shae collaborates with Olympia's team. (S1)

9.00 Task New episode *All Roads:* 4/7. Perry looks for answers within the gang and uncovers a shocking truth. *See feature, page 12.* (S1)

9.00 The Paper *I Love You:* 7/10. Attitudes towards authority bubble up.
9.40 *Church and State:* 8/10. Mare uncovers a story that pits the *Truth Teller* against its owner. (S1)

9.00 Big Brother New edition A group of contestants live under 24-hour surveillance, hoping to win a cash prize.

10 PM

10.00 Blue Bloods *Family Matters:* 18/21. Danny and Baez investigate feuding crime families. (S13)
11.00 **Law & Order: Special Victims Unit** 5/13. (S25)
12.00 M'T **The Equalizer** 13/18. (S3)
1.00 AM **The Rookie: Feds** 5/22.
2.00 **The Rookie** Series finale (S7)
3.00 **FBI: Most Wanted** New episode 8/22. (S6)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

10.10 Mare of Easttown *Poor Sisyphus:* 4/7. A call gives Dawn hope that Katie might still be alive. (S1)
11.20 **The Sopranos** 12/13. Jackie Jr tries to follow in Ralph's footsteps by proving himself as a hardcore criminal. (S3)
12.30 AM **The Wire** 9/13. (S1)
1.35 **Banshee** 1/10. (S1)
2.45 **Game of Thrones** (S4)
5.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

10.15 Romesh: Can't Knock the Hustle 1/4. Romesh Ranganathan goes on a mission across the world.
11.45 **Resident Alien** 9/10. Harry is put to the test.
12.35 AM 10/10. Harry faces one final threat. (S4)
1.30 **Warrior** 7/10. (S2)
2.30 **Road Wars** Documentary.
3.00 **Magnum P.I.** 15/20. (S5)
4.00 **S.W.A.T.** 10/13. (S7)
5.00 **to 6.00** AM **Highway Patrol**

10.00 Big Brother: Late & Live New edition AJ Odudu and Will Best present a companion show in front of a studio audience.
11.05 **Family Guy** 21/21. Angry baby Stewie goes back in time.
11.35 15/21. Peter decides to takes up smoking. (S12)
12.05 AM **American Dad!** (S14)
1.05 **Plebs** 3/9. (S5)
1.35 **Deal or No Deal**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

10.05 Foyle's War *The Russian House:* Foyle stumbles on an international cover-up involving the War Office which could bring down the British government.
11.55 **Wire in the Blood** 1/6. Part one of two. A serial killer preys on men in a northern town.
12.55 AM 2/6. Part two of two. Tony's hunt for the killer reaches a conclusion. (S1)
1.55 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
2.00 PM **Sign Zone: Beechgrove Garden**
2.30 **Sign Zone: Amazing Hotels – Life Beyond the Lobby** From Ibiza.
3.00 **Sign Zone: Landward**
4.00 **This Is BBC Scotland**
7.00 **Reporting Scotland**
7.30 **Sportscene: SWPL Highlights** Recent action.
8.00 **The Mart** Highly strung cattle arrive to be auctioned in Caithness.
8.30 **Grand Tours of Scotland's Rivers** Exploring the River Oykel in Sutherland.
9.00 **Amazing Hotels – Life Beyond the Lobby** Rob Rinder and Monica Galetti head to Rome to work at The Hassler.
10.00 **The Scotts** 3&4/6. (S2)
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **The Journey to Scotland's Remotest Pub**

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **The Conners** (S5)
10.00 **Sex and the City** (S6)
11.20 **Girls** 5&6/10. (S4)
12.30 PM **The Office (US)**
1.30 **The Conners** (S5)
2.30 **The Office (US)** (S3&4)
3.30 **Will & Grace** (S3)
4.30 **Sex and the City** (S6)
5.45 **The Office (US)** (S3&4)
6.45 **Will & Grace** 13/25. Will tries to impress Matt.
7.15 14/25. Matt tries to hide his relationship with Will. Guest stars Patrick Dempsey. (S3)
7.45 **Sex and the City** (S6)
9.00 **Last Week Tonight with John Oliver** New edition
9.45 **Real Time with Bill Maher** New edition
10.55 **Last Week Tonight with John Oliver**
11.40 **Entourage** 1/12. (S6)
12.10 AM **Girls** 9&10/10. (S1)
1.20 **Veep** 6&7/10. (S2)
2.30 **Curb Your Enthusiasm**
3.50 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **John Williams: The Berlin Concert**
7.50 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Dickens: Phantoms and Fictions**
3.00 **Anyone Can Sing**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **André Rieu: Live in Sydney**
11.00 **Classic FM Live at the Movies**
1.00 AM **Charles Hazlewood: Beethoven & Me**
2.00 NEW SERIES **Art's Most Erotic**
3.00 **DH Lawrence: Sex, Exile and Greatness**
4.00 **Inside Art**
5.00 **to 6.00** AM **The Art of the Garden**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: America's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: America's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S8)
6.00 **Star Trek: Voyager** (S2)
7.00 **Star Trek: The Next Generation** 14/26. (S3)
8.00 **Star Trek: Deep Space Nine** *Shattered Mirror:* 20/26. Sisko is forced to follow Jake into a parallel universe. (S4)
9.00 **FBI** 14&15/15. (S3)
11.00 **Grimm** 12/22. (S1)
12.00 M'T **World's Most Evil Killers** Richard Ramirez.
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Wheel of Fortune**
3.00 **Tenable** Double bill of the quiz show hosted by Sally Lindsay.
5.00 **Deal or No Deal** Stephen Mulhern hosts as a contestant takes on the ruthless Banker.
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Stephen Mulhern hosts as Carolyn takes on the ruthless Banker for the chance to win life-changing money.
9.00 **Who Wants to Be a Millionaire? Celebrity Special** Guests Laura Kenny and Krishnan Guru-Murthy compete.
10.00 **Tipping Point** Triple bill of the game show.
12.50 AM **Who Wants to Be a Millionaire? Celebrity Special** As 9.00pm.
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Murder, She Wrote**
10.00 **Little House on the Prairie** 21&22/26. (S5)
12.00 NOON **Highway to Heaven** 9/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Murder, She Wrote**
4.00 **Danielle Steel's Remembrance** Drama starring Eva La Rue.
6.00 **Rumpole of the Bailey**
7.00 **Rising Damp** 3/7. (S3)
7.30 **Man About the House**
8.00 **A Fine Romance** (S3)
8.30 **Home to Roost** (S3)
9.00 FILM **The Patriot** Epic period drama starring Mel Gibson, Heath Ledger and Jason Isaacs. (2000, 15, 167min) ★★★
12.20 AM **Rising Damp** (S3)
12.50 **Man About the House**
1.20 **M*A*S*H** 11&12/24. (S1)
2.20 **A Fine Romance** (S3)
2.45 **Danielle Steel's Remembrance**
4.15 **to 5.00** AM **Highway to Heaven**

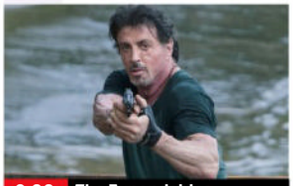
+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Football League Legends**
6.10 **The Saint**
7.15 **Kojak** Double bill.
9.25 **Magnum, PI** Double bill.
11.25 **Robin of Sherwood**
12.40 PM **BattleBots**
1.40 **Kojak** Double bill.
3.45 **Magnum, PI** *Murder101:* Thomas teaches a university course about his job.
4.50 *Tran QuocJones:* Thomas looks for a 12-year-old's father.
5.55 **The Saint** *The Gadget Lovers:* Templar poses as a police chief to catch an assassin.



9.00 **The Expendables**

7.00 **Goodwood Revival Highlights** Action from Goodwood Motor Circuit, where the glory days of motor racing were relived.

8.00 **King of the Roads** Highlights from the Oliver's Mount Gold Cup motorcycle road race from Scarborough.

9.00 FILM **The Expendables** Action thriller directed by and starring Sylvester Stallone. A mercenary and his team undertake a mission to overthrow the corrupt dictator of a South American island. With Jason Statham. (2010, 18, 99min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.10 FILM **Police Academy** Comedy starring Steve Guttenberg and Kim Cattrall. (1984, 15, 95min) ★★★
12.55 AM **Motorsport UK** The latest action from Knockhill.
1.50 **Two and a Half Men**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 1/22. (S2)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 15/26. (S2)
2.00 **Warehouse 13** 11 & 12/13. (S1)
4.00 **Star Trek: The Next Generation** 1/22. (S2)
5.00 **Stargate Atlantis** 19/20. (S4)
6.00 **Star Trek: Enterprise** 19/26. Intergalactic thieves the Ferengi try to stun the crew and rob the ship. (S1)

10.00 **Grimm**

7.00 **Star Trek: Deep Space Nine** *Paradise:* 15/26. Sisko and O'Brien become stranded on a backward planet. (S2)

8.00 **Stargate Atlantis** *The Kindred – Part Two:* 19/20. The crew are stunned when Dr Carson Beckett returns. (S4)

9.00 **The Ark** *Cycle of Violence:* 9/12. Captain Garnet must attempt diplomacy with an enemy of the GSA. (S2)

10.00 **Grimm** *Lonelyhearts:* 4/22. Nick and Hank investigate when a strange creature puts women under a spell. (S1)
11.00 **Westworld** 1/8. Seven years after the demise of Rehoboam, events are set in motion that reunite allies and enemies. (S4)
12.00 M'T **Chucky** 1/8. (S1)
1.00 AM **Warehouse 13** (S1)
3.00 FILM **The Lake** Thai sci-fi horror with Su Jack. Subtitled. (2022, 12, 104min) ★★
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S15)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 3/24. (S3)
11.00 **Hudson & Rex** 3/8. (S7)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S9)
2.00 **Murdoch Mysteries** (S15)
4.00 **The Mentalist** 3/24. Jane is confronted by Bret Stiles. (S3)
5.00 **Hudson & Rex** 3/8. Donovan tracks a marine smuggling operation. (S7)
6.00 **Father Brown** *The Crimson Feather:* Mrs McCarthy's goddaughter goes missing.

4.00 **The Mentalist**

7.00 **Body of Proof** *Shades of Blue:* 12/20. A lorry driver discovers the body of an undercover detective at a desolate truck stop. (S2)

8.00 **Death in Paradise** *Pirates of the Murder Scene:* 4/8. A man's body is discovered on a boat out at sea. (S9)

9.00 **Death in Paradise** *Music of Murder:* 7/8. An outing to see Dwayne's favourite band is cut short by the murder of the singer. (S1)

10.00 **Shakespeare & Hathaway: Private Investigators** 1/10. Frank and Lu are forced to reunite. (S5)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 11/16. Neal must reveal the truth about the stolen painting to Peter after Elizabeth is kidnapped. (S3)
1.00 AM **Death in Paradise** (S9)
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
8.25 **Only Fools and Horses**
9.40 **Hi-de-Hi!**
10.20 **Porridge**
11.00 **Last of the Summer Wine**
12.20 PM **Don't Wait Up**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Porridge**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

6.20 **Porridge**

7.00 **Dad's Army** Mainwaring sends his men on marches to harden their feet.
7.40 **Fawlty Towers** An abrasive woman comes to stay at the hotel.
8.20 A party of German guests come to stay and Basil ensures everyone is on their best behaviour.

9.00 **Fawlty Towers** Basil goes to great lengths to prove a guest has smuggled a woman into his room.
9.50 A loud-mouthed, abrasive American comes to stay at the hotel.
10.30 **Porridge** Fletch decides it's time to sort out Godber's torrid love life.

11.10 **Not Going Out** A skiing trip turns into a disaster.
11.45 **Bottom** Wretched flatmates Richie and Eddie go camping.
12.25 AM **Fawlty Towers**
1.55 **Not Going Out** As 11.10pm.
2.30 **Bottom** As 11.45pm.
3.00 **to 4.00** AM **Avoidance**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Cops on the Rock**
10.00 **Extreme Salvage Squad**
12.00 NOON **Storage Hunters UK**
2.00 PM **Outback Pilots**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Taste of Shanghai** Rick searches for traditional food in Shanghai.
6.00 **Hairy Bikers' Best of British** Si King and Dave Myers focus on comfort food, discussing how certain ingredients and recipes can give people a sense of well-being.

10.00 **Will & Ralf Should Know...**

7.00 **Would I Lie to You?** With Jo Brand, Simon Day, Henning Wehn and Kiri Pritchard-McLean.
7.40 **Richard Osman's House of Games** With Patsy Kensit and Mae Martin.
8.20 Guests include Kiri Pritchard-McLean and Shaun Williamson.

9.00 **Have I Got a Bit More News for You** Romesh Ranganathan hosts the satirical quiz, with guests Jo Brand and Lemn Sissay.

10.00 NEW SERIES **Will & Ralf Should Know Better** 1/6. Modern-day manhood. *See feature, page 21.*
■ Entire series on Box Sets
11.00 **8 Out of 10 Cats: Best Bits** A selection of highlights from the comedy panel show.
12.00 M'T **Mock the Week** With Angela Barnes and Ed Byrne.
12.40 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Survivor South Africa**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Sun, Sea and Selling Houses** From Spain.
11.00 **Help! We Bought a Village** From Italy.
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **A Place in the Sun**
7.45 **The Great British Bake Off** 4/10. The bakers take on three school-based challenges.
9.00 **Celebrity Gogglebox** A rolling cast of famous faces, including Rylan and Zoe Ball, appraise recent TV shows.
10.00 **Gogglebox** The critics share their opinions on recent TV shows.
11.00 **8 Out of 10 Cats Does Countdown: Best Bits**
12.00 M'T **Taskmaster**
1.05 AM **Catching My Stalker**
2.05 **24 Hours in A&E**
4.05 **to 5.00** AM **Hotel Chocolat Unwrapped**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 5-7/24. (S10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Chasing Ghosts:* 20/24. A Navy reservist returns home to find her husband missing.
7.00 *Berlin:* 21/24. Ziva and Tony travel to Berlin to track down Ilan Bodnar for new Mossad director Orli Elbaz.
8.00 *Revenge:* 22/24. The team manage to track Bodnar's SUV to a remote house in the countryside. (S10)
9.00 **Wild Cards** New episode *The Accountant of Monte Cristo:* 5/10. Ellis gets an urgent call from an old friend to help get him back. (S1)
10.00 **Law & Order: Special Victims Unit** (S21)
1.50 AM **Blue Bloods** (S8)
2.45 **Criminal Minds** (S13)
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 NEW SERIES **Operation Pet Rescue**
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Ambulance: Code Red** New edition Following emergency response teams on callouts.
10.00 **999: Critical Condition**
11.00 **Skin A&E** Documentary.
12.00 M'T **Prison Brides** New edition
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Outback Truckers**
10.10 **Trucking Hell**
11.05 **Traffic Cops**
12.05 PM **Police Interceptors**
2.10 FILM **High Noon** Vintage Western starring Gary Cooper. (1952, b/w, U, 85min) ★★★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
7.00 **Police Interceptors** Paul 'Jacko' Jackson is forced to draw his Taser.
8.00 The helicopter spots five runners from a crashed car.
9.00 **Ice Road Truckers**
11.00 **World's Deadliest Weather: Caught on Camera** Earthquakes.
12.00 M'T **MacGyver** (S2)
1.00 AM **Extreme Tow Truckers** Documentary.
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **One Born Every Minute** Documentary.
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: Homes for Veterans** Transforming properties for veterans.
7.00 **MasterChef Australia** New edition The contestants arrive in Doha and face a mystery box with local ingredients.
8.00 **Inside the Ambulance**
9.00 **The Supervet**
11.00 **Dog School** Series finale Bella the Newfoundland has her first daycare groom.
12.00 M'T **Louis Theroux: The City Addicted to Crystal Meth**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.30 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.25 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Inspector Lynley Mysteries** *In the Blink of an Eye:* The detective investigates when a former war photographer is found shot dead.
10.00 **New Tricks** *1984:* The team are given the task of re-examining a peace protester's murder.
11.20 **Spooks** 5/8. (S8)
12.40 AM **Lovejoy**
1.40 **'Allo 'Allo!**
2.25 **Waiting for God**
3.00 **to 4.00** AM **Bergerac**

+1 hr 243 316 60 260

MONDAY Entertainment

Monday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** In East Sussex.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
2.00 **Money for Nothing**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Salvage Hunters: Georgian House Restoration** Drew embarks on the project's costliest stage.
10.00 **Celebrity Yorkshire Auction House** Angus visits Debbie McGee and finds a treasure trove of magical items.
11.00 **The Yorkshire Auction House** A house packed with vintage copper.
12.00 M'T **Help! My House Is Haunted** Double bill.
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Who Wants to Be a Millionaire? Celebrity Special**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
7.00 **The Chase Celebrity Special** With Kym Marsh, Tracey Cox, Louie Spence and Greg Rusedski.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Double bill of the quiz hosted by Chris Tarrant.
12.00 M'T **Bullseye** Double bill of the darts-based quiz.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.00 AM **Wanted: Dead or Alive** Triple bill.
10.30 **FILM Battle of Rogue River** (1954, PG) ★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM The Guns of Fort Petticoat** Western. (1958, PG, 82min) ★★
3.00 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **FILM A Death in the Family** Period drama. (2001, PG, 87min) ★★
7.00 **The Avengers** (S4)
8.00 **The New Avengers**
9.00 **FILM Unleashed** Drama. (2005, 18, 102min) ★★★
11.10 **FILM Dragon Eyes** Drama. (2012, 18) ★★
1.10 AM **The Avengers**
2.10 **The New Avengers**
3.10 **Cops Uncut** Double bill.
4.00 **FILM Super Eruption** Thriller. (2011, 15) ★★
5.25 **to 5.50** AM **Cops Uncut**

+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Sue Thomas: F.B.Eye**
8.00 **FILM Killer Cover Up** Thriller. (2021, 12) ★★
10.00 **Unforgettable** (S1)
11.00 **Castle** 7/24. (S2)
12.00 NOON **Morning Show Mysteries: A Murder in Mind** Crime drama.
1.55 PM **Hailey Dean Mysteries: Dating Is Murder** Crime drama.
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 8/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **FILM Mystery 101: An Education in Murder** Thriller. (2020, PG) ★★
10.55 **FILM Forgotten Abduction** (2020) ★★
1.00 AM **FILM Staged Killer** Thriller. (2019, 12) ★★
2.50 **FILM A Wedding to Die For** (2017, PG) ★★
4.25 **Police Ten 7** Double bill.
5.15 **to 6.00** AM **Hart to Hart**

+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM An Old Fashioned Thanksgiving** Drama. (2008, PG) ★★
10.05 **FILM A Candlelit Christmas** (2022) ★★
11.55 **FILM Christmas on Honeysuckle Lane** Drama. (2018, PG) ★★
2.00 PM **FILM The Christmas Getaway** (2017, PG) ★★
4.00 **FILM A Starstruck Christmas** Drama. (2021, U, 105min) ★★
6.00 **FILM Fixing Up Christmas** (2021, PG) ★
8.00 **FILM Christmas at Holly Lodge** Drama. (2017, U, 90min) ★★
9.50 **FILM Christmas in Homestead** Drama. (2016, PG, 88min) ★★
11.50 **FILM Fixing Up Christmas** As 6.00pm.
1.45 AM **FILM Candy Cane Christmas** Drama. (2020, PG, 87min) ★★
3.25 **to 4.50** AM **FILM The Christmas Getaway**

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.30 **Soap** 14/25. (S1)
11.00 **In Loving Memory** (S2)
11.30 **Haggard** 6/7. (S1)
12.00 NOON **Please Sir!** (S4)
12.30 PM **You're Only Young...**
1.00 **FILM The Magic Sword** Fantasy. (1962, PG) ★★
2.45 **We Had One of Those**
2.55 **Mysterious Tales**
3.00 **Bramwell** 7/8. (S2)
4.00 **Fantasy Island** (S1)
5.00 **Lucky Feller**
5.30 **In Loving Memory** (S2)
6.00 **Thick as Thieves**
6.30 **Soap** 14/25. (S1)
7.00 **Diff'rent Strokes** (S1)
7.30 **You're Only Young Twice**
8.00 **Haggard** 6/7. (S1)
8.30 **Lucky Feller**
9.00 **Please Sir!** (S4)
9.30 **Brass** 5/13. (S1)
10.00 **Game On** 5/6. (S3)
10.35 **Stereo Underground**
11.35 **Thick as Thieves**
12.05 AM **FILM Night Tide** Horror. (1961, PG) ★★★
1.50 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Expedition Bigfoot**
2.00 **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Alaskan crab fisherman brave the Bering Sea.
8.00 Johnathan comes out of retirement.
9.00 **Body Bizarre** A toddler with a condition causing her hands to swell up.
10.00 A German woman blind in one eye has pioneering surgery.
11.00 **Ed Stafford: First Man Out** From Thailand.
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Paul Goes to Hollywood** Deep South.
7.00 **Rachel Allen's Everyday Kitchen**
8.00 **The Pioneer Woman**
9.00 **One-Pan Wonders**
10.00 **Mississippi Adventure**
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **Islands to Highlands**
2.00 **James Martin: Delicious**
3.00 **Rachel Allen's Everyday Kitchen**
4.00 **The Pioneer Woman**
5.00 **One-Pan Wonders**
6.00 **Mississippi Adventure**
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **Adam Richman Eats Football** Double bill.
10.00 **Tom Kerridge Secrets of the Pub Kitchen**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 11/28. (S1)
9.00 **The Fall Guy** (S4)
10.00 **Charlie's Angels** (S2)
11.00 **FILM Airtight** Australian sci-fi action thriller. (1999, 12, 89min) ★
1.00 PM **FILM Island of Terror** Sci-fi horror. (1966, PG, 90min) ★★★
3.00 **FILM Doomwatch** Ecological chiller. (1972, 12, 92min) ★★★
5.00 **Star Trek** 25/30. (S1)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Highlander III: The Final Dimension** Action fantasy sequel. (1995, 15, 99min) ★★
11.00 **FILM Push** Sci-fi thriller. (2008, 12, 111min) ★
1.10 AM **FILM Trespass** Thriller with Bill Paxton. (1992, 18, 101min) ★★★
3.10 **to 5.00** AM **FILM Rogue Hostage** Thriller. (2021, 15, 93min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Riddles of the Sphinx** As 5.00pm.
8.00 **FILM Magma: Volcanic Disaster** Disaster movie. (2006, PG, 87min) ★★
10.00 **Andromeda** 10/22. (S2)
11.00 **FILM The Virginian** Western adventure. (2014, 12, 90min) ★★
1.00 PM **FILM Global Meltdown** Sci-fi thriller. (2017, PG, 105min) ★
3.00 **Andromeda** 10/22. (S2)
4.00 **Six Million Dollar Man**
5.00 **FILM Riddles of the Sphinx** Action adventure. (2008, 12, 89min) ★★
7.00 **Andromeda** 11/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM Midnight Run** Comedy thriller starring Robert De Niro. (1988, 18, 122min) ★★★★
11.30 **FILM Age of Kill** Thriller. (2015, 15, 82min) ★★
1.15 **to 3.00** AM **FILM Stake Land II** Horror sequel. (2016, 15, 85min) ★★

+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Liverpool.
6.40 **Junk and Disorderly**
7.35 **Auction Hunters: Pawn Shop Edition**
8.00 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **The UnXplained**
12.10 PM **Secrets in the Sand**
1.05 **Pawn Stars**
2.05 **Junk & Disorderly**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **Close Encounters**
7.00 **Junk & Disorderly**
8.00 **Dickinson's Real Deal**
9.00 **The Curse of Oak Island**
10.00 **History's Greatest Mysteries** Documentary.
11.00 **Greatest Prison Escapes**
12.00 M'T **Weird Britain**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Double bill.
11.00 **Ben Fogle: New Lives in the Wild** Sierra Nevada.
12.00 NOON **Susan Calman's Cruise of a Lifetime**
1.00 PM **The Yorkshire Vet**
2.00 **Murder, She Wrote**
3.00 **Columbo**
5.00 **Inside Hampton Court Palace** Documentary.
6.00 **Inside the Tower of London** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** Ben heads to northern Queensland.
9.00 **Reuben Owen: Life in the Dales**
10.00 **Coastal Adventures with Helen, Jules & JB**
11.00 **Prisoner: Cell Block H**
1.00 AM **Inside Hampton Court Palace**
2.00 **Susan Calman's Cruise of a Lifetime**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **Derelict Rescue**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Derelict Rescue**
9.00 **Fixer Upper: The Hotel** With construction completed, Jo and her team attempt to style the entire hotel.
10.00 **The Renovator** New edition Marcus Lemonis helps a family whose home near the beach is causing them health issues.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **My Lottery Dream Home** Four editions.
9.00 **Say Yes to the Dress: Lancashire** Double bill.
11.00 **Say Yes to the Dress: Atlanta** Reality series.
12.00 NOON **1000-lb Sisters**
2.00 PM **Breaking Amish: Los Angeles**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper**
9.00 **1000-lb Sisters** The family arrive in London.
10.00 **Baylen Out Loud**
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **Baylen Out Loud**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **My Lottery Dream Home**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers: Sideline Smack Talk**
8.35 **Impractical Jokers: Servin' Up Laughs**
9.00 **New Girl** 6&7/25. (S2)
10.00 **Last Man Standing**
11.00 **Everybody Loves Raymond** (S2)
1.00 PM **Friends** (S8)
9.00 **Iain Stirling's Roast the Internet** New edition With Tom Allen, Desiree Burch and Vicky Pattison.
10.00 **Bradley & Barney Walsh: Breaking Dad**
11.00 **Whose Line Is It Anyway? USA**
12.00 M'T **Important Things with Demetri Martin**
12.30 AM **Mike Judge's Beavis and Butt-Head**
1.00 **South Park** (S18)
2.00 **Beavis and Butt-Head**
2.15 **Utopia** 4/8. (S2)
2.45 **Friends** 15/25. (S6)
3.15 **Ed Byrne: Spoiler Alert**
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 8&9/13. (S3)
11.00 **Friends** 9-12/24. (S8)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers: Sideline Smack Talk**
3.00 **Impractical Jokers: Servin' Up Laughs**
3.30 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing**
7.00 **Everybody Loves Raymond** 11-14/25. (S2)
9.00 **New Girl** 14&15/25. (S2)
10.00 **Friends** 7-12/24. (S8)
1.00 AM **Beavis and Butt-Head** (S7)
2.00 **Key & Peele** (S2)
3.00 **Whose Line Is It Anyway? USA**
3.45 **Tom Allen Absolutely Live** Stand-up show.
4.30 **Out of Order**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **The Rookie: Feds**
11.00 **The Cleaning Lady** (S2)
1.00 PM **Motorway Patrol**
2.00 **Highway Patrol**
3.15 **Road Wars**
4.00 **Caught on Dashcam**
5.00 **Motorway Patrol**
6.00 **Bondi Rescue**
7.00 **The Cleaning Lady** *Sins of the Father:* 1/12. Thony teams up with Garrett.
8.00 *Lolo And Lola:* 2/12. Thony's in-laws come to Las Vegas. (S2)
9.00 **SEAL Team** (S2)
11.00 **The Rookie: Feds**
12.00 M'T **The Russell Howard Hour**
1.10 AM **A League of Their Own** With Gareth Bale.
2.00 **Duck Quacks Don't Echo** With Alex Jones.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.10 **Teen Mom UK**
8.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Triple bill.
4.00 **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **Sweet Home Alabama** New edition Devin takes the remaining suitors to Tuscaloosa.
9.00 **Skin A&E** Documentary.
10.00 **Just Tattoo of Us**
11.00 **Ink Master Redemption** New edition
11.30 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Carly get competitive about cartwheels.
12.30 AM **Ridiculousness**
1.00 **Ink Master Redemption**
2.00 **Young, Dumb and Banged Up in the Sun**
2.45 **Grossbusters**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: Mine Rescue with Freddy & Juan**
11.00 **Goblin Works Garage**
1.00 PM **Gold Divers** Double bill.
3.00 **Salvage Hunters** Drew Pritchard visits Hesleyside Hall. **4.00** A Norfolk boatyard.
5.00 **The Last Woodsmen** It's all hands on deck to save a sinking float camp and cash out.
6.00 **Hoffman Family Gold** The competition between Todd and Hunter is on.

9.00 Mystery at Blind Frog...

7.00 **Wheeler Dealers** Elvis and Mike add some radical changes to a 55-year-old Mini to get it back on the road.

8.00 **Roadworthy Rescues** Derek has high hopes of driving a 1947 Studebaker Champion home from Oklahoma.

9.00 **Mystery at Blind Frog Ranch** New edition The team drill under the Armory to access the flooded area underground.

10.00 **Salvage Dawgs** A hand-operated carriage elevator is discovered. **10.30** Stained glass windows are extracted.

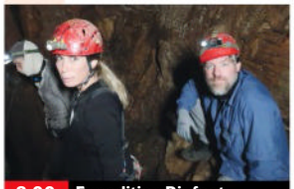
11.00 **Mystery at Blind Frog Ranch** Duane and Chad unearth $3 billion in hidden treasure.
12.00 M'T **Blowing Up History**
1.00 AM **Mystery at Blind Frog...**
2.00 **Salvage Dawgs** Double bill.
3.00 **Kindig Customs**
4.00 **to 5.00** AM **Expedition Bigfoot**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Pet Nation Renovation**
9.00 **Saved by the Barn**
10.00 **Tanked** A Malibu winery.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo: San Diego**
5.00 **Lone Star Law** In Matagorda Bay, Game Warden Tommy Johnson joins a team rescuing hundreds of sea turtles.
6.00 **Dr Jeff: Rocky Mountain Vet** Dr Jeff conducts complex surgery to remove a large mass from a Doberman's side.



8.00 Expedition Bigfoot

7.00 **Treehouse Masters** Two tastemakers hire Pete Nelson to build a treetop structure with a wall of windows and a crow's nest.

8.00 **Expedition Bigfoot** With just three days left in the Kentucky expedition, the team investigate a strange tree structure.

9.00 **Alaska: The Last Frontier** To heat the cabin, the family have to transform raw metal pipes into a working chimney.

10.00 **Alaskan Bush People** The Browns kick off an ambitious plan as Bear and the siblings throw caution to the wind.

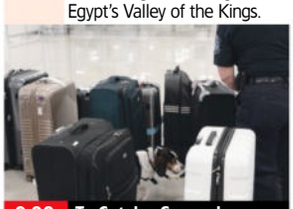
11.00 **Pit Bulls & Parolees** Tia makes a cross-country trip.
12.00 M'T **Crikey! It's the Irwins** The Irwins release baby kangaroos and an emu in th Outback.
1.00 AM **Expedition Bigfoot**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation**
12.00 NOON **Megafactories**
1.00 PM **Engineering Europe**
2.00 **Liberation: D-Day to Berlin**
4.00 **Vikings: The Rise and Fall** The siege of Paris in 885, which was part of the Vikings' persistent attacks on Francia.
5.00 **Car S.O.S** Tim and Fuzz restore a 2002 Suzuki Jimny.
6.00 **Lost Treasures of Egypt** Documentary following archaeologists working in Egypt's Valley of the Kings.



9.00 To Catch a Smuggler

7.00 **Air Crash Investigation** Experts investigating the crash of a plane near Guantanamo Bay uncover a danger to cargo pilots.

8.00 **Air Crash Investigation** The errors that caused the deaths of 118 people in the 2001 Linate Airport disaster in Milan.

9.00 **To Catch a Smuggler** New edition Homeland Security Investigations try to dismantle a date-rape drug enterprise.

10.00 **Guerilla Gold Rush: Deadly Endeavor** New edition Mariana Van Zeller investigates the dark world of gold mining.

11.00 **Air Crash Investigation**
12.00 M'T **Inside Melbourne Airport**
1.00 AM **Airport Security: Colombia** A man confesses his reason for breaking the law.
2.00 **Lords of War**
2.30 **Made in a Day** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Flipping Bangers**
6.55 **Full Custom Garage**
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **The UnBelievable with Dan Aykroyd**
1.00 PM **Kevin Costner's The West**
2.00 **The Great British Dig: History in Your Back Garden**
3.00 **Full Custom Garage** New edition Ian Rousse works on a rusty old 1954 Chevrolet.
4.00 **Hell on Earth: WWII**
6.00 **American Pickers**

9.00 Kevin Costner's The West

7.00 **Forged in Fire** The finalists recreate one of the most famous swords in cinematic history – the 1,000-layer katana.

8.00 **The Great British Dig: History in Your Back Garden** A hunt for the house of the head of the Elizabethan Secret Service.

9.00 **Kevin Costner's The West** New edition The lives of Protestant missionaries Marcus and Narcissa Whitman.

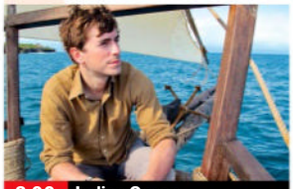
10.00 **Secrets in the Dark** New edition At Mexico City's Templo Mayor, a 15th-century tower of 600 skulls is uncovered.

11.00 **Secrets Declassified with David Duchovny** The actor investigates evidence from newly declassified files.
12.00 M'T **Alien Corridors**
12.55 AM **The UnBelievable with Dan Aykroyd**
1.50 **Kevin Costner's The West**
2.50 **Full Custom Garage**
3.40 **Pawn Stars**
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: The Manhunt** As 4.00pm.
11.00 **Warbird Workshop**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: The Manhunt** The hunt for Adolf Eichmann and Klaus Barbie.
5.00 **Warbird Workshop**
6.00 **Antiques Roadshow** Fiona Bruce presents the show from Walmer Castle, Kent.



8.00 Indian Ocean

7.00 **Incredible Journeys with Simon Reeve** Simon looks back on wildlife stories he has discovered on his travels.

8.00 **Indian Ocean with Simon Reeve** The adventurer travels from the south of Kenya to the Horn of Africa.

9.00 **Russia with Simon Reeve** Simon journeys from Crimea to St Petersburg, meeting the owner of a safari park.

10.00 **Bangers & Cash** A classic car fan with a love of the Jaguar E-Type reluctantly sends his dream car to auction.

11.00 **Bangers & Cash** A 1980 Ford Escort, a 1946 Bedford 12 electric car and a 1957 Austin Healey go up for auction.
12.00 M'T **Find It, Fix It, Flog It** Simon eyes a 1970s TV set.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Incredible Journeys with Simon Reeve**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Salvage Hunters: Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Ant Anstead: Born Mechanic**
9.00 **Shed and Buried: Classic Cars** New edition Featuring a 1960s Chrysler Imperial Crown.
10.00 **MotoGP Highlights**
11.00 **How Do They Do It?**
1.00 AM **Ant Anstead Master Mechanic**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Curvy Brides Boutique**
11.00 **Judge Rinder's Crime...**
12.00 NOON **Betrayed**
1.00 PM **Still a Mystery**
2.00 **Murder on CCTV**
3.00 **Boris Johnson: A Faking It Special**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **On the Case with Paula Zahn** New edition
10.00 **British Police Murdered on Duty**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fatal Attraction** When Monica Sykes disappears, questions swirl around about the men in her life.
8.00 **Murder by the Sea** The murder of a part-time actor triggers a manhunt for a killer.
9.00 **48 Hours** Erin Moriarty shares details about Rex Heuermann.
10.00 **Murder UK** New edition Focusing on the case of Mark Martin, who boasted about wanting to become Nottingham's first serial killer.
11.00 **Killer Kids** The murder of Johnathan Thimpsen.
12.00 M'T **Handsome Devils**
1.00 AM **48 Hours**
2.00 **Murder UK** As 10.00pm.
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder She Solved**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Murder UK**
4.00 **48 Hours** The search for a mother-of-two who vanished just before Hurricane Harvey hit.
5.00 **Medical Detectives** A mother and daughter vanish whilst out shopping, but when the young girl is found dead, her mother is treated as the initial suspect. **5.30** The disappearance of singer Walter Scott. **6.00** The story of a woman who was raped and murdered in a pizza restaurant. **6.30** An attack on two boys during a fishing trip.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **Motorway Patrol**
9.00 **Send in the Dogs**
10.00 **The Real Manhunter**
11.00 **Snapped** Documentary.
12.00 NOON **How I Caught...**
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Forensics: Catching the Killer** Karen Price.
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Forensics: Catching the Killer** True-crime.
7.00 **Britain's Most Evil Killers**
8.00 **The Beverley Allitt Tapes** 1/3. Documentary.
9.00 **Murder in the Valleys**
1.00 AM **How I Caught the Killer** Garry Malone.
2.00 **Killer in My Village**
3.00 **Snapped** Documentary.
4.00 **Border Security: America's Front Line**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.30 AM **Britain's Biggest Dig**
9.45 **Secrets of the Royal Palaces** As 7.35pm.
10.40 **War Machine: World War II** As 8.35pm.
11.50 **Secret Bunkers**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Britain's Biggest Dig**
3.00 **Secrets of the Royal Palaces** As 7.35pm.
4.00 **War Machine: World War II** As 8.35pm.
5.05 **Secret Bunkers**
6.15 **Britain's Biggest Dig**
7.35 **Secrets of the Royal Palaces** A network of tunnels underneath Brighton's Royal Pavilion.
8.35 **War Machine: World War II** Weapons used on various battlegrounds.
9.50 **Secret Bunkers**
11.00 **Secrets of the Royal Palaces** As 7.35pm.
12.00 M'T **War Machine: World War II**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

MONDAY

Monday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **The Anarchists**
7.00 **Discovering: Christian Bale**
8.00 **The Directors**
9.00 **The Nineties**
9.55 **The Civil War**
11.00 **Lockerbie**
12.00 NOON **The Scheme**
2.15 PM **Ferrari: Race to Immortality** Documentary.
4.00 **Discovering: Christian Bale**
5.00 **The Directors**
6.00 **The Nineties**
6.55 **The Civil War**
8.00 **Lockerbie** 1/4. An investigation into the bombing of Pan Am Flight 103 in December 1988.
9.00 FILM **Tales of the Grim Sleeper** Documentary about a suspected serial killer in LA. (2014, 15, 110min) ★★★★
11.00 **The Inventor: Out for Blood in Silicon Valley** The story of healthcare company Theranos.
1.15 AM **The Slow Hustle** The story of the death of Baltimore police detective Sean Suiter.
3.00 **You Were My First Boyfriend**
5.00 **to 6.00** AM **Discovering: Christian Bale**

Sky Nature

145 113/114 189 354 369

6.00 AM **Nomads of the Serengeti**
7.00 **Monkey Life** Double bill.
8.00 **Africa's Underwater Wonders**
9.00 **My Best Friend's an Animal**
10.00 **The Wild Wild East**
11.00 **Wild Sky**
12.00 NOON **New Kids in the Wild**
1.00 PM **Monkey Life** Double bill.
2.00 **Africa's Underwater Wonders**
3.00 **My Best Friend's an Animal**
4.00 **The Wild Wild East**
5.00 **Hope for Wildlife**
6.00 **New Kids in the Wild**
7.00 **Monkey Life** Double bill.
8.00 **Predators**
9.00 **Snow Leopards with Dan O'Neill** 1/2. A mission to protect the snow leopard.
10.00 **New Kids in the Wild**
11.00 **Hope for Wildlife**
12.00 M'T **Wild Sky**
1.00 AM **Nomads of the Serengeti**
2.00 **Predators**
3.00 **Snow Leopards with Dan O'Neill** As 9.00pm.
4.00 **Africa's Underwater Wonders**
5.00 **to 6.00** AM **My Best Friend's an Animal**

Sky History 2

163/168 143 186

6.00 AM **Strangest Things**
8.00 **Mysteries from Above**
9.00 **Combat Trains**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Britain's Most Historic Towns**
4.00 **Strangest Things**
6.00 **Mysteries from Above**
7.00 **Combat Trains** The story of the Thai-Burma railway. **8.00** Retracing the journey made by wounded soldiers during World War Two.
9.00 **Gangland Chronicles** The notorious Los Angeles-originated gang known as MS-13. **9.30** Focusing on the Bloods street gang and their conflict with rival outfit, the Crips.
10.00 **Secrets of the Hells Angels** The story of Sonny Barger, commander of the world's most infamous biker gang.
11.00 **Ancient Aliens**
1.00 AM **Alien Files: Unsealed**
2.00 **Britain's Most Historic Towns**
4.00 **Instruments of Death**
5.00 **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Judge Rinder**
9.00 **Murdertown**
10.00 **Buried in the Backyard**
11.00 **Hometown Tragedy**
12.00 NOON **Meet, Marry, Murder**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder**
3.00 **Critical Evidence**
4.00 **Murdertown**
5.00 **When Missing Turns to Murder**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something**
9.00 **Laura Whitmore on Britain's Killer Teens** New edition
10.00 **Cold Case UK**
11.00 **Killed Without A Trace**
12.00 M'T **Somebody's Hiding...**
1.00 AM **Laura Whitmore on Britain's Killer Teens**
2.00 **An Hour to Kill**
3.00 **Meet, Marry, Murder**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the Backyard**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Africa's Hunters**
10.00 **Investigation Shark Attack**
11.00 **Heartland Docs**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Critter Fixers: Country Vets**
3.00 **Savage Kingdom**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** A snake develops a concerning lump.
8.00 **Bite, Sting, Kill** 1/2. Footage of the world's deadliest animals that live in extreme heat. **9.00** 2/2. The deadliest animals that live in rainforests.
10.00 **Lawless Island** Sam and Matt Carlson go on a hunting expedition, while Terry helps Troy and Sarah get closer to a working water system.
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Hunters**
1.00 AM **National Parks: USA**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Africa's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Expedition Unknown**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** A secret structure in space.
8.00 **Expedition Unknown** Explorer Josh Gates presents from the chambers of an excavation site.
9.00 **Mummies Unwrapped** A mummified body recovered from the Atlantic Ocean leads treasure hunters to $120million in gold and jewels stolen by infamous pirate, Black Sam.
10.00 **How Do They Do It?**
11.00 **Incredible Engineering Blunders: Fixed**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.05 AM **Later... with Jools Holland**
1.20 PM **Later... with Jools Holland**
5.40 **Later... with Jools Holland** Featuring performances by PJ Harvey, Sounds of Blackness, Alice in Chains, Vince Gill and California's Maria McKee. **6.40** The host introduces performances by Aztec Camera, Shara Nelson, Jellyfish and Leonard Cohen. **7.55** Featuring performances by Ann Peebles, Simply Red, Me Phi Me and Kirsty MacColl. **8.40** The host welcomes Television, John Cale, Mary Coughlan and dc Basehead. **9.30** Sonic Youth, Shabba Ranks, Suzanne Rhatigan and Apache Indian perform on the long-running music show. **10.05** The host introduces performances by Morrissey, Matthew Sweet, Tori Amos, Loyko and Sonny Landreth.
11.00 **Later... with Jools Holland** Five further editions of the show.
3.15 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Married with Secrets**
9.00 **People Magazine Investigates**
11.00 **American Monster**
12.00 NOON **Disappeared**
1.00 PM **True Conviction**
3.00 **American Monster**
4.00 **Disappeared**
5.00 **Diabolical: Deadly Love**
7.00 **The Lies That Bind** A case from 2000 in which a young couple disappeared. **8.00** Lisa Moore disappeared three months after a seemingly amicable divorce. However, when relatives found her abandoned truck, they believed that she had been murdered.
9.00 **Mean Girl Murders** In Orinda, California, the 'Bobbies' function like a high-school sorority. When someone murders one of their own, every Bobbie becomes a suspect.
10.00 **On the Case with Paula Zahn**
11.00 **Two Shallow Graves**
12.00 M'T **Betrayed**
2.00 AM **Diabolical: Deadly Love**
4.00 **to 6.00** AM **The Lies That Bind**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** In Texas, an oil refinery explodes.
7.00 **Texas Metal**
8.00 **Motor Pickers**
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried: Classic Cars**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Hell Roads**
4.00 **Shorty's Dream Shop**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers**
7.00 **Shed and Buried**
8.00 **Fifth Gear** Featuring the Lamborghini Huracan Sterrato.
9.00 **Richard Hammond's Workshop**
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Fifth Gear**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

7.00 AM **Panda Plan** As 2.45pm.
8.50 **Juliet & Romeo** As 10.00pm.
11.00 **Novocaine** As 8.00pm.
1.00 PM **One of Them Days** (2025)
2.45 **Panda Plan** Chinese comedy starring Jackie Chan. Subtitled. (2024, PG, 99min) ★★★
4.35 **Love Hurts** Action comedy starring Ke Huy Quan. (2025, 15, 83min) ★★
6.10 **Amongst the Wolves** Thriller starring Luke McQuillan. (2024, 15, 102min) ★★★

8.00 Novocaine

8.00 Novocaine Action comedy starring Jack Quaid. When a woman is kidnapped, a man turns an inability to feel physical pain into an advantage in his quest to rescue her. With Ray Nicholson and Amber Midthunder. (2024, 15, 80min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

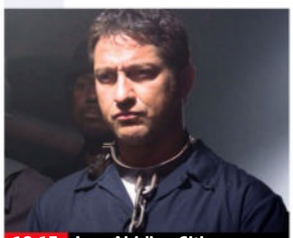
10.00 Juliet & Romeo Musical version of Shakespeare's classic tale, starring Clara Rugaard and Jamie Ward. Two lovers find themselves central figures in a journey of battles and betrayal. (2025, 12, 122min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **One of Them Days** Comedy with Keke Palmer and SZA. (2025, 15, 97min) ★★★
1.55 **Nosferatu** Horror starring Bill Skarsgård and Lily-Rose Depp. (2024, 15, 132min) ★★★★
4.10 **to 6.20** AM **Spin the Bottle** Horror starring Tanner Stine. (2024, 15, 119min) ★★

Sky Cinema Hits

303 303 403 503 517

7.05 AM **Antz** (1998, PG) ★★★
8.40 **Jackie Chan's The Tuxedo** Action comedy. (2002, 12) ★★
10.20 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
12.25 PM **Aeon Flux** Sci-fi action thriller. (2005, 15, 93min) ★★
2.10 **Mad Max: Fury Road** Thriller. (2015, 15, 120min) ★★★★★
4.15 **Charlie's Angels** Comedy thriller. (2000, 15) ★★★★
6.00 **Charlie's Angels: Full Throttle** Comedy thriller. (2003, 12) ★★



10.15 Law Abiding Citizen

8.00 Love Actually Romantic comedy written and directed by Richard Curtis, starring Hugh Grant, Bill Nighy, Liam Neeson, Colin Firth, Alan Rickman and Emma Thompson. In the run-up to Christmas, love changes the lives of a host of different characters. (2003, 15, 135min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Law Abiding Citizen Thriller starring Jamie Foxx and Gerard Butler. A man takes revenge against the Philadelphia criminal justice system for letting off one of the criminals who killed his wife and daughter. (2009, 18, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **Gods of Egypt** Fantasy. (2016, 12, 127min) ★★★
2.30 **Meet Joe Black** Drama. (1998, 12, 181min) ★★★★
5.30 **to 7.10** AM **Ouija** Horror chiller. (2014, 15, 87min) ★★

Sky Cinema Drama

310 310 410 510 524

6.25 AM **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
8.25 **Rent** Screen version of the hit musical. (2005, 12, 135min) ★★
10.40 **The Holiday** Romantic comedy. (2006, 12, 135min) ★★★
1.00 PM **A Different Man** Thriller. (2024, 15, 112min) ★★★★
2.55 **Meet Joe Black** Supernatural romantic drama starring Brad Pitt. (1998, 12, 181min) ★★★★
5.55 **The Danish Girl** Period drama starring Eddie Redmayne. (2015, 15, 117min) ★★★
8.00 **Mamma Mia!** Musical based on the hit stage show inspired by ABBA songs, starring Meryl Streep, Pierce Brosnan, Colin Firth and Stellan Skarsgård. (2008, PG, 108min) ★★★★
10.05 **Chicago** Screen version of the hit Broadway musical, starring Renée Zellweger, Catherine Zeta-Jones and Richard Gere. (2002, 12, 112min) ★★★★
12.05 AM **There Will Be Blood** Epic drama with Daniel Day-Lewis. (2007, 15, 158min) ★★★★★
2.45 **The Great Escape** Adventure starring Steve McQueen. (1963, PG, 166min) ★★★★★
5.45 **to 7.40** AM **Aporia** Sci-fi drama. (2023, 15, 104min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

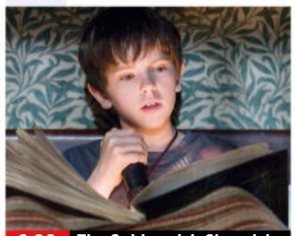
6.30 AM **The Watched** Horror. (2024, 15, 102min) ★★★
8.25 **The Collector** Thriller. (1965, 15, 119min) ★★★
10.40 **Speak No Evil** Horror. (2024, 15, 110min) ★★★★
12.45 PM **Insidious: Chapter 2** Thriller sequel. (2013, 15, 103min) ★★★
2.45 **King Kong** Peter Jackson's monster movie remake. (2005, 12, 187min) ★★★★
6.05 **The Woman in Black: Angel of Death** Horror sequel starring Helen McCrory and Jeremy Irvine. (2014, 15, 95min) ★★★
8.00 **Edge of Tomorrow** Sci-fi adventure starring Tom Cruise and Emily Blunt. A soldier fighting against an alien army is repeatedly killed and brought back to life to relive the same battle. (2014, 12, 113min) ★★★★
10.05 **Hollow Man** Sci-fi thriller with Elisabeth Shue and Kevin Bacon. (2000, 18, 113min) ★★★
12.05 AM **Congo** Michael Crichton's jungle adventure starring Laura Linney. (1995, 12, 108min) ★★★
2.10 **Abigail** Horror starring Melissa Barrera and Dan Stevens. (2024, 18, 105min) ★★★★
4.10 **to 6.05** AM **MaXXXine** Thriller. (2024, 18, 110min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.35 AM **The Flintstones in Viva Rock Vegas** (2000, PG) ★★
9.15 **Teenage Mutant Ninja Turtles** Fantasy. (2014, 12) ★★
11.05 **Big Fat Liar** (2002, PG) ★★★
12.45 PM **Johnny English** Comedy. (2002, PG, 88min) ★★★
2.25 **Johnny English Reborn** Comedy. (2011, PG) ★★★
4.15 **The Flintstones** Comedy. (1994, U, 93min) ★★★
6.00 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★



6.00 The Spiderwick Chronicles

7.50 Hook Steven Spielberg's fantasy adventure based on JM Barrie's *Peter Pan*, starring Robin Williams and Dustin Hoffman. A middle-aged Peter Pan has to rediscover his former self to save his children from his old enemy, Captain Hook. With Julia Roberts. (1991, U, 140min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Small Soldiers Fantasy starring Kirsten Dunst. A toy company launch a range of action dolls with a life of their own. (1998, PG, 99min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Nutty Professor** Comedy starring Eddie Murphy. (1996, 12, 95min) ★★★
2.05 **The Three Musketeers: Milady** Swashbuckling sequel. (2023, 12, 115min) ★★★★
4.10 **to 6.00** AM **Paul Blart: Mall Cop 2** Comedy sequel. (2015, PG, 92min) ★★

Sky Cinema Action

307 307 407 507 521

6.45 AM **The Magnificent Seven** Western starring Yul Brynner. (1960, PG, 138min) ★★★★★
8.55 **SAS: Red Notice** Action thriller. (2021, 15, 90min) ★★★
11.00 **Ghost Rider** Adventure. (2006, 12, 106min) ★★★
1.00 PM **The Patriot** As 2.00am.
3.45 **Fast & Furious Presents Hobbs & Shaw** Adventure. (2019, 12, 137min) ★★★
6.05 **Twister** Disaster movie. (1996, PG, 114min) ★★★

10.05 Crank

8.00 Godzilla x Kong: The New Empire Fantasy adventure starring Rebecca Hall and Dan Stevens. Two ancient monsters clash in an epic battle against an undiscovered threat hidden within the Earth. (2023, 12, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

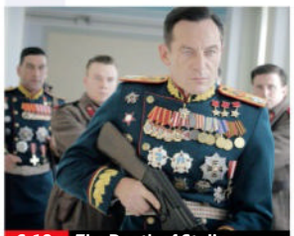
10.05 Crank Thriller starring Jason Statham and Jose Pablo Cantillo. A hitman learns that he has been poisoned by a chemical that will kill him unless he keeps his adrenaline levels at their maximum. (2006, 18, 88min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **Snow White and the Huntsman** Fantasy adventure. (2012, 12, 127min) ★★★
2.00 AM **The Patriot** Period drama. (2000, 15, 167min) ★★★
4.55 **to 7.00** AM **Total Recall** Sci-fi thriller remake starring Colin Farrell. (2012, 12, 113min) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Borat Subsequent Moviefilm** (2020, 15) ★
8.55 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★
11.10 **Horrible Bosses** (2011) ★★★
1.00 PM **The Accidental Husband** Comedy. (2008, 12, 86min) ★
2.35 **Daddy's Home 2** Comedy sequel. (2017, 12, 100min) ★★★
4.20 **Beetlejuice Beetlejuice** Comedy. (2024, 12) ★★★★
6.10 **The Death of Stalin** Satire. (2017, 15, 106min) ★★★★



6.10 The Death of Stalin

8.00 Big Daddy Comedy starring Adam Sandler. A law school graduate adopts a five-year-old boy to impress his girlfriend. With Joey Lauren Adams and Kristy Swanson. (1999, 12, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.40 My Big Fat Greek Wedding 2 Romantic comedy sequel starring Nia Vardalos and John Corbett. A woman discovers her parents were never legally married, and sets about organising an elaborate wedding. (2016, 12, 94min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
1.25 AM **Scott Pilgrim vs. the World** Comic-book comedy. (2010, 12, 112min) ★★★★
3.25 **Sky Cinema Preview**
3.55 **to 6.00** AM **The Longest Yard** Comedy remake. (2005, 12, 113min) ★★

Sky Cinema Thriller

309 309 409 509 523

6.30 AM **American Star** Thriller. (2023, 15, 107min) ★★★★
8.30 **Cult Killer** (2024, 15) ★★★
10.25 **The Beekeeper** Thriller. (2023, 15, 105min) ★★★
12.20 PM **Trap** Crime thriller. (2024, 15, 105min) ★★★★
2.20 **Now You See Me** Thriller. (2013, 12, 115min) ★★★
4.20 **Some Other Woman** Thriller. (2023, 15, 85min) ★★★
6.00 **Patriot Games** Action thriller. (1992, 15, 116min) ★★★

10.20 Jack Reacher: Never Go...

8.00 Jack Reacher Action thriller starring Tom Cruise as bestselling author Lee Child's vigilante hero. Former military cop Jack Reacher uncovers a murderous conspiracy after an unseen gunman shoots five people in Pittsburgh. With Rosamund Pike. (2012, 15, 130min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Jack Reacher: Never Go Back Action thriller sequel starring Tom Cruise. The vigilante tries to save an army major who has been framed for murder by a sinister conspiracy. (2016, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.25 AM **Lawless** Crime drama. (2012, 18, 111min) ★★★★
2.25 **Law Abiding Citizen** Thriller. (2009, 18, 109min) ★★
4.15 **to 6.15** AM **Escape from Alcatraz** Fact-based drama. (1979, 15, 112min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Swimmer** Drama. (1967, PG, 94min) ★★★★★
12.55 PM **The Man from Colorado** Western starring Glenn Ford. (1948, PG, 99min) ★★★
2.55 **The Gift Horse** Adventure. (1952, b/w, PG, 100min) ★★★
5.00 **The Desert Fox** Biopic. (1951, b/w, PG, 88min) ★★★
6.45 **Independence Day: Resurgence** Sci-fi adventure. (2016, 12, 120min) ★★★

6.45 Independence Day...

Independence Day: Resurgence (film started at 6.45pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 Commando Action thriller starring Arnold Schwarzenegger. A retired commando returns to combat when his daughter is kidnapped by a renegade former comrade. With Rae Dawn Chong. (1985, 18, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

10.50 Dead Man's Shoes Director Shane Meadows' darkly comic thriller starring and co-written by Paddy Considine. (2004, 18, 90min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11 PM

12.35 **to 3.15** AM **PREMIERE** **Joyland** Pakistani drama starring Ali Junejo. Subtitled. (2022, 15, 126min) ★★★★

+1hour 314 430 47 301 257

Sky Cinema 20s

302 302 402 502 516

6.15 AM **Jules** Comedy drama. (2023, 12, 87min) ★★★
7.50 **Mean Girls** As 1.35pm.
9.45 **A Nice Indian Boy** Comedy. (2024, 12, 96min) ★★★
11.25 **Juliet & Romeo** Musical with Clara Rugaard and Jamie Ward. (2025, PG, 122min) ★★★
1.35 PM **Mean Girls** Musical adaptation of the 2004 teen comedy. (2023, 12, 112min) ★★★
3.35 **Aquaman and the Lost Kingdom** Fantasy adventure. (2023, 12, 124min) ★★★
5.45 **William Tell** Historical drama. (2025, 15, 133min) ★★★
8.00 **Nosferatu** Horror starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a telepathic bond with a mysterious count. With Nicholas Hoult. (2024, 15, 132min) ★★★★
10.15 **Abigail** Horror starring Melissa Barrera and Dan Stevens. (2024, 18, 105min) ★★★★
12.10 AM **Monkey Man** Thriller with Dev Patel and Sharlto Copley. (2024, 18, 121min) ★★★★
2.15 **The Bricklayer** Action thriller starring Aaron Eckhart and Nina Dobrev. (2023, 15, 110min) ★★
4.15 **to 6.00** AM **57 Seconds** Thriller. (2023, 15, 99min) ★★★

Sky Cinema Feel Good

304 304 404 504 518

6.25 AM **Weird Science** As 4.40am.
8.00 **HouseSitter** As 9.40pm.
9.45 **Big Daddy** Comedy with Adam Sandler. (1999, 12, 95min) ★★★
11.20 **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
1.15 PM **Mr Bean's Holiday** Comedy. (2007, PG, 89min) ★★★
2.50 **School of Rock** Comedy with Jack Black and Joan Cusack. (2003, PG, 109min) ★★★★
4.40 **Matilda** Roald Dahl's fantasy. (1996, PG, 98min) ★★★★
6.20 **The Nutty Professor** Comedy remake starring Eddie Murphy. (1996, 12, 95min) ★★★
8.00 **Look Who's Talking** Comedy starring John Travolta and Kirstie Alley. (1989, 12, 96min) ★★★
9.40 **HouseSitter** Romantic comedy starring Steve Martin and Goldie Hawn. A kooky waitress moves into an architect's dream house and pretends to be his wife. (1992, PG, 102min) ★★★
11.25 **Brewster's Millions** Comedy. (1985, PG, 97min) ★★★
1.10 AM **Nacho Libre** Comedy. (2006, 12, 92min) ★★★★
2.55 **Role Models** Comedy. (2008, 15, 99min) ★★★★
4.40 **to 6.15** AM **Weird Science** Teen comedy. (1985, 12, 94min) ★★★

Sky Cinema Animation

305 305 412 500 514

6.15 AM **Kung Fu Panda** Animation. (2008, PG, 92min) ★★★★
7.50 **Kung Fu Panda 2** Animated sequel. (2011, PG, 90min) ★★★★
9.25 **Kung Fu Panda 3** Animated comedy adventure sequel. (2016, PG, 95min) ★★★★
11.05 **Kung Fu Panda 4** Animated sequel. (2023, PG, 94min) ★★★
12.45 PM **Monster House** Animation. (2006, PG, 91min) ★★★★
2.20 **Shrek Forever After** Animated sequel. (2010, U, 93min) ★★★★
4.00 **The Emoji Movie** (2017, U) ★
5.35 **Open Season** Animated comedy. (2006, PG, 86min) ★★★
7.10 **Open Season 2** Animated sequel. (2008, PG, 73min) ★★★
8.30 **Open Season 3** (2010, U) ★★
9.50 **Into the Wonderwoods** Animation. (2024, U) ★★★
11.25 **Batman Unlimited: Animal Instincts** (2015, PG) ★★
12.50 AM **Batman Unlimited: Mechs vs Mutants** (2016, PG) ★★★
2.10 **Batman Unlimited: Monster Mayhem** Animated adventure. (2015, PG, 76min) ★★★
3.35 **The Wild Thornberrys Movie** Animation. (2002, U) ★★★★
5.15 **to 6.35** AM **DC Super Hero Girls: Legends of Atlantis** Animation. (2018, PG) ★★★

Movies 24

312 313 419

7.00 AM **The Royal Nanny** Festive comedy. (2022, PG, 84min) ★★
9.00 **Royal-Ish** Romantic drama. (2025, PG, 90min) ★★
11.00 **An American in Austen** Romantic comedy drama. (2024, PG, 84min) ★★
1.00 PM **Fourth Down and Love** Drama. (2023, PG, 90min) ★★
3.00 **The Journey Ahead** Comedy. (2022, PG, 102min) ★★
5.00 **Game, Set, Love** Romantic comedy. (2022, PG, 84min) ★★
7.00 **Love's Fast Lane** Romantic drama starring Grace Patterson. (2023, PG, 90min) ★★
9.00 **Destination Love** Romantic comedy starring Anna Hutchison. An event planner arranges her friends' wedding on a New Zealand vineyard, only to end up finding love herself. (2021, PG, 90min) ★★
11.00 **CrimeTime: Freefall** Mystery drama. (2024, PG, 90min) ★★
1.00 AM **Planning on Forever** Romantic comedy drama. (2022, PG, 89min) ★★
3.00 **to 5.00** AM **Marry Go Round** Romantic comedy drama. (2022, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Johnny Ringo** 10/38. (S1)
6.30 **SOS Pacific** (1959, b/w, PG) ★★
8.15 **What's On TPTV with Noel**
8.30 **Out of Town**
9.00 **Man Accused** Crime drama. (1959, b/w, U, 58min) ★★★
10.15 **The Break** (1962, PG) ★★
11.50 **Look at Life**
12.00 NOON **Dixon of Dock Green**
1.05 PM **The Dark Man** Thriller. (1950, b/w, U, 91min) ★★★
2.45 **Dr Morelle: The Case of the Missing Heiress** Mystery. (1949, b/w, PG, 73min) ★★★
4.15 **Look at Life**
4.25 **The Beverly Hillbillies**
4.55 **Scotland Yard** 33/39. (S1)
5.30 **Bonanza** 2/34. (S2)
6.30 **The Vise** 13/39. (S1)
7.00 **The Footage Detectives**
8.00 **The Hound of the Baskervilles** Mystery with Richard Roxburgh. (2002, 15, 100min) ★★★
10.05 **Night of the Big Heat** Sci-fi chiller. (1967, 18, 94min) ★
11.55 **Ruth Ellis and the Mystery Lover** Documentary.
1.30 AM **Beat Girl** (1959, b/w, 12) ★
3.15 **Crosstrap** (1962, b/w, PG) ★★★
4.30 **Big Ben Calling** (1935, U) ★★★
5.20 **Cinebox Memories**
5.25 **to 6.00** AM **The Life and Legend of Wyatt Earp**

MONDAY Sport 29 September

Monday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE WTA & ATP Tennis** Coverage of the latest events on the Tours, including the ATP Tokyo Open, plus the ATP and WTA Beijing Open.
4.00 PM **Sports Desk**
5.00 **The Premier League Show**
6.30 **LIVE MNF Everton v West Ham United.** Coverage of the Premier League match from Hill Dickinson Stadium. Both meetings between these two sides ended as draws last season, with this fixture finishing 1-1 in mid-March, and the reverse ending in a drab 0-0 draw. Kick-off **8.00pm**.
11.00 **Sky Sports News**
12.00 M'T **LIVE NFL Miami Dolphins v New York Jets.** Coverage of the week four match held at Hard Rock Stadium. Kick-off **12.15am**.
3.30 AM **LIVE NFL Denver Broncos v Cincinnati Bengals.** Coverage of the week four fixture staged at Empower Field at Mile High, joining the match in action.
4.30 **to 6.00** AM **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the ATP Tokyo Open, plus the ATP and WTA Beijing Open.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Stories**
7.30 **Premier League Highlights**
9.00 **Ref Watch** Refereeing decisions.
10.00 **Sky Sports FC**
12.00 NOON **PL Highlights** Chelsea v Brighton & Hove Albion.
12.30 PM Man City v Burnley.
1.00 Crystal Palace v Liverpool.
1.30 Tottenham v Wolves.
2.00 Leeds Utd v Bournemouth.
2.30 **PL Highlights** Highlights from Chelsea v Brighton & Hove Albion.
3.00 Man City v Burnley.
3.30 Nottingham Forest v Sunderland at the City Ground.
4.00 Aston Villa v Fulham.
4.30 Newcastle United v Arsenal.
5.00 **The Premier League Show**
6.00 **Ref Watch** Refereeing decisions.
6.30 **LIVE MNF Everton v West Ham United.** The Premier League match from Hill Dickinson Stadium. Kick-off is at **8.00pm**.
11.00 **Ref Watch** Refereeing decisions.
11.30 **Transfer 360** Duncan Ferguson.
12.00 M'T **PL Highlights**
12.30 AM **Premier League Icons**
1.00 **PL Retro** Archive action.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **PL Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** The 2024 play-off finals.
9.00 **SPFL Round-Up**
9.15 **SPFL Highlights**
9.30 **EFL Greatest Games**
10.00 **Championship Retro**
12.00 NOON **WSL** A match replay.
2.00 PM **SPFL Round-Up**
2.15 **SPFL Highlights**
2.30 **EFL League One Goals**
3.00 **EFL League Two Goals**
3.30 **EFL Highlights**
4.30 **WSL** Liverpool v Manchester Utd.
5.00 **SPFL Round-Up**
5.15 **SPFL Highlights**
5.30 **EFL League One Goals**
6.00 **EFL League Two Goals**
6.30 **Bundesliga Highlights Show**
7.30 **EFL Highlights** Championship.
8.00 **WSL** Arsenal v Aston Villa.
8.30 **SPFL Round-Up**
8.45 **SPFL Highlights**
9.00 **EFL Highlights** Championship.
10.30 **Bundesliga Highlights Show**
11.30 **EFL Greatest Games**
12.00 M'T **EFL League One Goals**
12.30 AM **EFL League Two Goals**
1.00 **EFL** Blackpool v Cardiff City.
3.00 **Bundesliga Highlights Show**
4.00 **EFL Highlights**
4.30 **EFL Greatest Games**
5.00 **Best Goals: EFL Cup 2020/21**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **Women's One-Day International Cricket**
7.00 **One-Day International Cricket**
8.00 **Women's ICC World T20 Cricket**
9.00 **Women's Rise The Official Film**
10.00 **ICC Women's World Cup**
11.00 **Women's One-Day International Cricket**
1.00 PM **ICC Women's World Cup**
1.30 **Women's ICC World T20 Cricket**
2.00 **ICC Women's World Cup**
3.00 **Women's ICC World T20 Cricket**
4.00 **ICC Women's World Cup**
5.00 **Women's Rise The Official Film**
6.00 **ICC Legends** Player profiles.
7.00 **ICC Women's World Cup 2013**
7.30 **ICC Women's World Cup 2017**
8.00 **ICC Women's World Cup**
9.00 **Women's ICC World T20 Cricket** Action from England v Scotland at Sharjah Cricket Stadium.
9.30 Pakistan v New Zealand.
10.00 **Women's One-Day International Cricket** Highlights of England v India in the first ODI from Utilita Bowl, Southampton.
11.00 **Women's ICC World T20 Cricket**
12.00 M'T **Women's One-Day International Cricket**
1.00 AM **Vitality T20 Blast Cricket**
5.00 **to 6.00** AM **Women's One-Day International Cricket**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Ryder Cup** Highlights from all three days of the competition.
9.00 **McGinley & Chamblee: Ryder Cup** Analysis of the final day.
12.00 NOON **Ryder Cup 2023: Una Famiglia** A look back at Team Europe's victory in the event.
2.00 PM **Ryder Cup** Day one action.
3.00 Highlights of day two.
4.00 **Ryder Cup Golf** Another chance to see the singles matches on the third and final day of the event at Bethpage Black in New York.
10.00 **My Ryder Cup** Player memories.
11.00 **Legends Tour Golf** Action from the European Legends Cup.
12.00 M'T **How the 1995 Ryder Cup Was Won** Tournament review.
2.00 AM **How the 1997 Ryder Cup Was Won** Archive action.
5.00 **to 6.00** AM **Ryder Cup Memories**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
4.00 PM **Tennis** Highlights from the women's final at the US Open.
5.00 US Open men's final.
6.00 **WTA & ATP Tennis** Action from events on the WTA and ATP Tours.
4.00 **to 6.00** AM **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the ATP Tokyo Open, plus the ATP and WTA Beijing Open.

TNT Sports 1

410 413 521 408 430

6.00 AM **UEFA Champions League Magazine** News and updates.
6.30 **Europa League Goals Reload**
6.45 **LIVE Cycling: Tour of Langkawi** Stage two, a route from Padang Besar to Kepala Batas.
8.15 **Premier League**
9.45 **Premier League Stories**
10.15 **Premier League: Big Interview**
10.45 **UEFA Champions League Goals Reload** Highlights.
11.00 **UEFA Europa League & Conference League Magazine**
12.00 NOON **Cycling** From Kigali.
1.00 PM **MLB Highlights**
2.00 **NWSL** Highlights of matches.
4.00 **Premier League: Big Interview**
4.30 **Premier League**
6.00 **Champions League Magazine**
6.30 **Serie A** AC Milan v Napoli.
7.30 **LIVE Serie A Genoa v Lazio.** Coverage from Stadio Comunale Luigi Ferraris. Kick-off **7.45pm**.
9.45 **Europa League Goals Reload**
10.00 **Fight Week** UFC 320 preview.
10.30 **Rise of the UFC**
12.00 M'T **UFC** Ulberg v Reyes.
3.00 AM **Fight Week** UFC 320.
3.30 **UFC Greatest Fights**
5.00 **to 6.00** AM **UEFA Champions League – Stories of the Finals**

TNT Sports 2

411 414 522 409 431

6.00 AM **MotoGP** Highlights of the Moto3 Grand Prix of Japan.
7.00 Moto2 Grand Prix of Japan.
8.00 Highlights from the Grand Prix of Japan sprint race.
8.30 Action from the MotoGP Grand Prix of Japan race.
9.30 **MotoGP Chequered Flag**
10.30 **Superbike World Championship** Action from MotorLand Aragon in Spain.
11.30 **Sign Up – Into Football**
12.15 PM **Premier League** A replay of Brentford v Manchester United.
1.45 **Europa League Goals Reload**
2.00 **Serie A** AC Milan v Napoli.
3.00 **Champions League Magazine**
3.30 **SailGP – Racing on the Edge**
4.00 **Men's Cycling Pro Series**
5.00 **Cycling World Championship**
6.00 **LIVE Ultimate Pool** Coverage from Group A of the last-16 phase of the tournament.
9.30 **The Gruppetto** Cycling action.
9.45 **Global Champions Tour**
10.45 **FIA World Endurance Championship Highlights**
11.45 **Onboard** Ocean Race Europe.
12.45 AM **UEFA Europa League Goals Reload** Recent action.
1.00 **to 6.00** AM **Gallagher PREM**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
10.45 **49 Hours** Behind the scenes.
11.00 **NFL Highlights**
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Bitesize Highlights**
4.00 **NFL Highlights**
6.00 **NBC's Pro-Football Talk**
8.00 **NFL Bitesize Highlights** Brief highlights of Atlanta Falcons v Washington Commanders.
8.15 Action from San Francisco 49ers v Jacksonville Jaguars.
8.30 Brief highlights from Las Vegas Raiders v Chicago Bears.
8.45 Highlights of Pittsburgh Steelers v Minnesota Vikings.
9.00 **NFL Highlights** Action from Dallas Cowboys v Green Bay Packers.
10.00 **NFL Fantasy** Analysis.
11.00 **NFL Bitesize Highlights**
12.00 M'T **LIVE NFL Miami Dolphins v New York Jets.** Coverage of the week four match from Hard Rock Stadium. Kick-off **12.15am**.
3.30 AM **LIVE NFL Denver Broncos v Cincinnati Bengals.** Week four match from Empower Field at Mile High, joining the match in action.
4.30 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE WTA & ATP Tennis** Coverage of the latest events on the Tours, including the ATP Tokyo Open, plus the ATP and WTA Beijing Open.
4.00 PM **Sports Desk** Sports news with live analysis and comments.
5.00 **The Premier League Show**
7.00 **Sports Centre** Sports news and updates on ongoing events.
10.00 **Sky Sports News** Featuring interviews and highlights.
10.30 **Back Pages Tonight** Featuring a look at the sports headlines in tomorrow's newspapers.
11.00 **Sky Sports News**
1.00 AM **LIVE NFL Denver Broncos v Cincinnati Bengals.** The week four match from Empower Field at Mile High. These two teams last met in December last year in a game that went into over-time. The Bengals eventually won that game 30-24 to claim their second consecutive victory against the Broncos. Kick-off **1.15am**.
4.30 **to 6.00** AM **LIVE WTA & ATP Tennis** Continued coverage from the Tours, including the ATP Tokyo Open, plus the ATP and WTA Beijing Open.

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Ryder Cup** Highlights from days two and three of the event.
9.00 **Wheelchair Rugby** Halifax Panthers v London Roosters in the Super League Grand Final.
11.45 **My Icon** Denise Lewis.
12.00 NOON **Ryder Cup** Action from all three days of the competition.
3.00 PM **PL Greatest Games**
4.00 **The Rugby Championship** Replay of New Zealand v Australia.
6.00 **The Rugby Championship** South Africa v Argentina.
8.00 **Ryder Cup** Day one highlights.
9.00 Day two in New York.
10.00 Action from the final day.
11.00 **Ladies European Tour Golf** Highlights of the La Sella Open.
12.00 M'T **PL Greatest Games**
1.00 AM **PDC Classics** Archive action.
3.00 **EFL Greatest Games**
4.00 **to 6.00** AM **Ryder Cup Memories**

TNT Sports 3

413 415 523 410 432

6.00 AM **The Gallagher PREM**
11.00 **International T20 Cricket Highlights** Ireland v England.
2.00 PM **Packer: The Man Who Changed Cricket** Documentary.
3.30 **Asia Cup Cricket** The final.
4.00 **WNBA** Highlights from game four of the play-off semi-finals.
5.00 **MotoGP** Highlights from the races at the Grand Prix of Japan.
8.30 **MotoGP Chequered Flag** Featuring analysis and highlights.
9.30 **Superbike World Championship Highlights** Round 10 of the season in Aragon.
10.30 **MLB Highlights** Baseball.
11.30 **UEFA Europa League & Conference League Magazine**
12.30 AM **Serie A** AC Milan v Napoli.
1.30 Genoa v Lazio.
2.30 **Europa League Goals Reload**
2.45 **Born Racers** Documentary.
4.00 **MotoGP** Grand Prix of Japan.
5.00 **to 6.00** AM **MotoGP Chequered Flag**

TNT Sports 4

414 416 524 411 434

6.00 AM **IFSC Climbing World Championship** In South Korea.
8.30 **Onboard** Ocean Race Europe.
9.30 **TNT Sports Cricket Reload**
10.15 **Playing for Our Future: Cricket**
10.30 **WRC: More Than Machine**
11.00 **AFL** The Grand Final.
12.30 PM **UEFA Champions League Magazine** News and features.
1.00 **The Gallagher PREM**
6.00 **UTMB World Series Highlights**
7.00 **SailGP – Racing on the Edge**
7.30 **The Rugby Review** Featuring Bristol Bears v Leicester Tigers.
8.15 **Asia Cup Cricket** The final.
8.45 **The Gruppetto** Cycling news.
9.00 **Fishing: On the Bank**
10.00 **WNBA** Play-off semi-finals.
11.00 **NWSL** Highlights of matches.
1.00 AM **UTMB World Series**
2.00 **The Rugby Review**
2.45 **The Gruppetto** Cycling action.
3.00 **SailGP – Racing on the Edge**
3.30 **MLB Classic** World Series 1996.
5.00 **to 6.00** AM **MLB Highlights**

Premier Sports 1

419 551

6.00 AM **UK Independent Kart Racing**
7.30 **Coppa Italia Show**
8.00 **Euro Le Mans Highlights**
9.00 **Transworld Sport** Magazine.
10.00 **World Surf League**
11.00 **Mass Participation World**
12.00 NOON **FIA World Endurance Championship** Lone Star Le Mans.
1.00 PM **DTM Highlights**
2.00 **NHL Tonight** Highlights.
3.00 **FIM Sidecarcross**
4.00 **LaLiga** Replays of two matches.
7.55 **LIVE LaLiga Valencia v Oviedo.** The Spanish top-flight match from the Mestalla. Kick-off **8.00pm**.
10.00 **Coppa Italia Show**
10.30 **Michelin Le Mans Cup**
11.00 **Transworld Sport** Magazine.
12.00 M'T **Motorsport** Recent action.
12.30 AM **UK Independent Kart Racing**
2.00 **Euro Le Mans Highlights**
3.00 **World Surf League**
4.00 **Mass Participation World**
5.00 **to 6.00** AM **FIA World Endurance Championship**

Premier Sports 2

420 552

6.00 AM **NASCAR Xfinity Series**
9.00 **Bike World** Magazine.
9.30 **GP Confidential** F1 news.
10.00 **Top 14 Rugby Union**
12.00 NOON **Eredivisie**
2.00 PM **FastZone** Motorsports.
2.30 **Bike World** Magazine.
3.00 **United Rugby Championship** Glasgow Warriors v Sharks.
5.00 Zebre v Edinburgh.
7.00 **NHL Tonight** The 20 best defensemen currently in the NHL.
8.00 **URC in 60** Action from the opening round of the season.
9.00 **Elite Ice Hockey League** Glasgow Clan v Belfast Giants.
11.00 **LIVE NHL Ice Hockey Florida Panthers v Carolina Hurricanes.** The pre-season match staged at Amerant Bank Arena. Face-off is at **11.00pm**.
2.00 AM **FastZone** Motorsports.
2.30 **GP Confidential** F1 news.
3.00 **Top 14 Rugby Union**
5.00 **to 6.00** AM **Temples of Sport**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Action from the 2014 Singapore Grand Prix.
7.00 Singapore Grand Prix 2015.
8.00 Singapore Grand Prix 2016.
9.00 Singapore Grand Prix 2017.
10.00 Highlights from the 2018 Singapore Grand Prix.
11.00 **Formula 1** A chance to see the 2015 Singapore Grand Prix.
1.45 PM Another chance to see the 2016 Singapore Grand Prix.
4.05 **Formula 1** A chance to see the 2017 Singapore Grand Prix.
6.35 Another chance to see the 2018 Singapore Grand Prix held at Marina Bay Street Circuit.
9.00 **Formula 1** Highlights from the 2015 Singapore Grand Prix.
10.00 Action from the 2016 Singapore Grand Prix.
11.00 Highlights from the 2017 Singapore Grand Prix.
12.00 M'T Highlights from the 2018 Singapore Grand Prix.
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Tuesday

30 September

Evening Planner

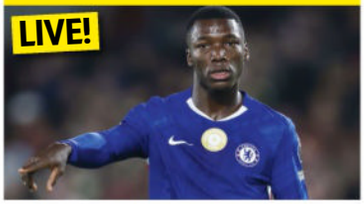
Cricket

Women's World Cup

Sky Sports Cricket & Sky Sports Main Event, from 10am

Co-host nations India and Sri Lanka open the 50-over-a-side competition.

Football

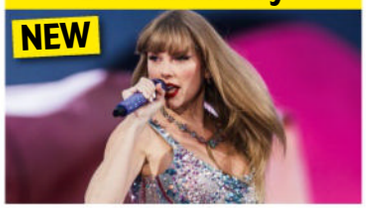


Champions League

TNT Sports & Prime Video

Matchday two kicks off with Bodø/Glimt v Tottenham Hotspur, Chelsea v Benfica & Galatasaray v Liverpool (Prime Video).

Documentary



Taylor

C4, 9.15pm & 10.15pm

Two-parter looking at the career and cultural impact of singer-songwriter Taylor Swift, leading up to the Eras Tour.

OnDemand

Chad Powers

Available today

Co-created by and starring Glen Powell, this comedy centres on a disgraced college footballer who tries to start over.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Stacey & Joe		9.00 Waterloo Road		10.00 News; Local News	
	102 BBC2	7.00 Nigella: At My...	7.30 Chronicles of...	8.00 Digging for Britain		9.00 QI XL	9.45 Live at the Apollo		10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 The Martin Lewis Money Show: Live		9.00 True Crime Presents: Murder – A Fight...		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Great British Bake Off		9.15 Taylor			
	105 5	7.00 Inside Longleat		8.00 The Yorkshire Vet		9.00 Michael Palin in Venezuela		10.00 The Basement: A Vanishing In Apple...	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 David Attenborough's Global...		9.00 Romesh: Can't Knock the Hustle		10.00 Film: Insidious: Chapter 2	
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 Top Gear		9.00 Missing in Paradise: Searching for Sarm			10.30 Film: People...
	116 BBC4	7.00 Fred Dibnah's...	7.30 Railways: The...	8.00 The Two...	8.30 Porridge	9.00 The Many Faces of Ronnie Barker		10.00 Holding Liat: Storyville	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Big Brother		10.00 Big Brother: Late & Live	
	136 MORE4	‹ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 Our Welsh Chapel Dream		10.00 24 Hours in A&E	
	135 E4	7.00 Hollyoaks	7.30 Hollyoaks At 30...	8.00 First Dates		9.00 Married at First Sight UK			
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 The Rookie		10.00 FBI: Most Wanted	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 Gomorrah			
	110 U&GOLD	7.00 Dad's Army	7.40 Fawlty Towers						10.35 Porridge
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 Have I Got a Bit More News for You		10.00 QI XL	
	119 ITV3	7.00 Heartbeat		8.00 Foyle's War					
	120 ITV4	7.00 King of the Roads		8.00 World Superbike Highlights		9.00 Film: The Expendables 2			
	112 COMEDY CENTRAL	‹ 6.55 Friends				9.00 Film: R.I.P.D			
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 The Ark		10.00 Grimm	
	113 SKY MAX	7.00 Stargate Universe		8.05 Rob Beckett's Smart TV		9.00 Romesh: Can't Knock the Hustle		10.00 A League of Their Own Road Trip...	
	109 U&ALIBI	7.00 Body of Proof		8.00 Death in Paradise				10.00 Mudtown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 The Art Mysteries		9.00 Art's Most Erotic		10.00 Midnight Movies: From the Margin to...	
	132 U&W	7.00 MasterChef Australia		8.10 Inside the Ambulance		9.10 One Born Every Minute			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Roadworthy Rescues		9.00 Deadliest Catch		10.00 Gold Divers	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Guardians of the Glades		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 World War II: Secrets from Above		9.00 Hitler's Last Stand		10.00 Nazi Megastructures	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Bone Detectives		9.00 History's Most Shocking		10.00 History's Greatest Mysteries	
	155 U&YESTERDAY	7.00 Incredible Journeys with Simon Reeve		8.00 Flipping Bangers		9.00 Bangers & Cash			
	121 SKY DOCS	‹ 6.55 The Civil War		8.00 Lockerbie		9.00 Film: Spitfire			
FILMS – Sky Cinema	301 PREMIERE	‹ 5.50 Juliet & Romeo		8.00 Novocaine				10.00 Nosferatu	
	302 20S	‹ 6.15 Cleaner		8.00 Fight or Flight			9.45 Get Away		
	303 HITS	‹ 5.55 Twisters		8.00 Vanilla Sky					10.20 Footloose
	304 FEEL GOOD	‹ 6.10 Bob Marley: One Love		8.00 Dreamgirls					10.15 Grease
	305 ANIMATION	‹ 6.55 The Pirates! In an Adventure with Scientists			8.30 The Inventor				10.15 Fox and Hare Save the Forest
	306 FAMILY	‹ 6.00 Journey 2: The...	7.40 The Smurfs				9.25 The Smurfs 2		
	307 ACTION	‹ 6.05 300: Rise of an Empire		8.00 The Amazing Spider-Man					10.20 The Amazing...
	308 COMEDY	‹ 6.25 The Men Who Stare at Goats		8.00 David Brent: Life on the Road			9.40 Crazy Rich Asians		
	309 THRILLER	‹ 5.55 Split		8.00 The Accountant					10.15 Escape from Alcatraz
	310 DRAMA	‹ 6.10 Mamma Mia!		8.00 One Life			9.50 The Holiday		
	311 SCI-FI	‹ 6.15 Ouija		8.00 Ouija: Origin of Evil			9.45 Insidious		
	313 FILM4		7.10 The Old Man & the Gun			9.00 Tombstone			
SPORT	401 MAIN EVENT	7.00 Gillette Labs...	7.30 EFL – Live: Derby County v Charlton Athletic (Kick-off 8.00)						10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special							10.15 PL Review
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Derby County v Charlton Athletic (Kick-off 8.00)						10.30 SPFL Round-Up
	405 CRICKET	7.00 Icc Women's Rise The Official Film		8.00 ICC Women's...	8.30 ICC Women's...	9.00 ICC Women's World Cup		10.00 Women's International One-Day Cricket	
	410 TNT SPORTS 1	7.00 UEFA Champions League – Live: Chelsea v Benfica (Kick-off 8.00)							10.30 Original...
	411 TNT SPORTS 2	‹ 5.30 UEFA Champions...		7.45 UEFA Champions League – Live: Bodo/Glimt v Tottenham Hotspur (Kick-off 8.00)					10.30 Men's Cycling...

‹ Denotes programmes starting before 7.00pm † Regions vary

TUESDAY

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BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **SAS: Catching the Criminals** (S)(R)
11.15 **Homes Under the Hammer** New edition From Hampshire, Cornwall and Lancashire. (S)(AD)
12.15 PM **Bargain Hunt** (S)(R)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Clean It, Fix It** (S)(R)
2.30 **Amanda & Alan's Italian Job** 2/8. Amanda and Alan plan to transform the old dining room into a Tuscan living room. (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **The Travelling Auctioneers** (S)(R)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Waterloo Road

7 PM

7.00 **The One Show** Angellica Bell and Clara Amfo present the topical show. (S)
7.30 **EastEnders** Lauren is shellshocked as she tries to save face, while Jasmine makes a bad first impression on one family. (S)(AD)

8 PM

8.00 **Stacey & Joe** New edition 4/6. Spring has sprung at Pickle Cottage, and Stacey and Sam wrestle with the ever-growing vegetable patch. Joe ropes in Rex, Rose and Belle to help make the perfect Mother's Day picnic. (S)(AD)

9 PM

9.00 **Waterloo Road** New episode 3/8. Dwayne is under pressure when Ashton exposes his secrets to the school, while Nisha is conflicted when her maternal and professional instincts clash. (S16) (S)(AD)
■ Continues at 10.40pm

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Waterloo Road** New episode 4/8. Hope and Portia compete for attention at the careers fair, Darius's negligence has devastating consequences, and Noel's enthusiasm for his new role is short-lived. (S16) (S)(AD)
■ Entire series on BBC iPlayer
11.40 **Stranded on Honeymoon Island: The Final Flare** 12/12. Back in civilisation, the honeymooners are paid a surprise visit from Davina McCall, who reveals they will all face one final flare-out. (S)(R)(AD)
12.40 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.30 AM **Saturday Kitchen Best Bites** Highlights from the series. (S)(R)
8.00 **Sign Zone: The Repair Shop** (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live Conference** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **Wild West: America's Great Frontier** Mountain regions. (S)(R)
5.15 **Flog It!** Paul Martin presents from Watts Gallery in Surrey. (S)(R)
6.00 **Richard Osman's House of Games** New edition With Melanie Bracewell, Ruth Madeley, Jenny Powell and Mark Steel. (S)
6.30 **Strictly: It Takes Two** New edition Fleur East presents the latest backstage gossip and behind-the-scenes action. (S)

6.00 House of Games

7.00 **Nigella: At My Table** Including a recipe for beef and aubergine fatteh. (S)(R)(AD)
7.30 **Chronicles of the Sperrins** New edition 2/4. Summer in the mountains brings traditions like Cairn Sunday. (S)

8.00 **Digging for Britain** Alice Roberts joins a team of archaeologists digging an Anglo-Saxon cemetery in rural Kent, where every grave is filled with well-preserved and rare objects, including a complete Anglo-Saxon sword. (S)(R)(AD)

9.00 **QI XL** *Shady & Shaky:* Sandi Toksvig looks at all things shaky and shady with Alan Davies, Eshaan Akbar, John Barrowman and Victoria Coren Mitchell. (S)(R)
9.45 **Live at the Apollo** Paul Chowdhry welcomes comics Ania Magliano and Ian Smith to the stage at London's Hammersmith Apollo. (S)(R)
10.30 **Newsnight** (S)
11.00 **Rob and Rylan's Passage to India** 3/3. Rob and Rylan embark on the final leg of their Indian adventure, visiting the temples of Khajuraho before joining a mud-wrestling club. (S)(R)(AD)
12.00 M'T **Sign Zone: Stranded on Honeymoon Island** (S)(R)(AD)
1.00 AM **Sign Zone: Stacey & Joe** 2/6. The family go skiing. (S)(R)(AD)
2.00 **Sign Zone: MasterChef** (S)(R)(AD)
4.00 **Sign Zone: Global Eye** (S)(R)
4.30 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and the team are in Leeds, with experts Mark Stevens, Karen Dalmeny, Stewart Hofgartner and Tim Hogarth assessing items brought in by members of the public. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as five choir singers take part. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

8.00 The Martin Lewis Money Show

7.30 **Emmerdale** Vinny panics about the court date, while Dylan begs on April's behalf, and Ray turns out to be a masterful manipulator. (S)(AD)

8.00 **NEW The Martin Lewis Money Show: Live** In a special programme, the expert focuses on equipping people with essential financial know-how. Plus, the latest tips on saving on energy bills as the price cap is set to rise. (S)

9.00 **NEW TO ITV1 True Crime Presents: Murder – A Fight for Justice** The story of how an investigation by author and journalist Satish Sekar helped police to put a killer behind bars. *Previously shown on True Crime.* (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **Long Lost Family** A mother who fell pregnant in 1979 and a Londoner originally from St Lucia attempt to find the children they put up for adoption. (S)(R)(AD)
11.40 **British Touring Car Championship Highlights** Nicki Shields presents action from the 25th, 26th and 27th races of the season, which came from Silverstone. (S)(R)
12.55 AM **Teleshopping**
3.00 **Long Lost Family** An edition celebrating the bond between brothers. (S)(SL)(R)(AD)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **You Bet! on Tour** (R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S5) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition In Italy, Cesidio welcomes his daughter and her family to the village. (S)
5.00 **Four in a Bed** New edition The second visit is to Clementine's Guest House in York. (S)
5.30 **Come Dine with Me** Aspiring model Ryan hosts in Leeds. (S)(R)
6.00 **Sun, Sea and Selling Houses** A couple from Lincolnshire look for their dream Spanish home. (S)(R)

8.00 The Great British Bake Off

7.00 **News** (S)

8.00 **The Great British Bake Off** New edition 5/10. In Chocolate Week, the bakers make fiddly mousse cups for the Signature, a white chocolate tart in the Technical and a fondue display for their Showstopper challenge. (S)(AD)
■ *The Great British Bake Off: An Extra Slice* is on Friday at 8pm
9.15 **NEW SERIES Taylor** 1/2. Documentary examining the rise to fame of singer-songwriter Taylor Swift, from teenage country prodigy to pop phenomenon. (S)(AD)

10.15 **Taylor** Series finale 2/2. Concluding part of the documentary looking at the career of Taylor Swift, leading up to her record-breaking Eras Tour, attended by more than 10 million fans in 21 countries. (S)(AD)
11.15 **Gogglebox** (S)(SL)(R)(AD)
12.20 AM **Hunting My Sextortion Scammer: Untold** (S)(SL)(R)(AD)
1.10 **Kitchen Nightmares USA** (S)(R)
2.00 **FILM PREMIERE Berlin** Indian thriller with Ishwak Singh. Subtitled. (S) (2023, 12, 125min) ★★★★
4.05 **Grand Designs** (S)(R)(AD)
4.30 **Kirstie and Phil's Love It or List It: Brilliant Builds** (S)(R)
4.55 **George Clarke's Amazing Spaces**
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 **FILM PREMIERE** **Gossip to Die For** Thriller starring Susan Ateh. (S) (2024, 15, 100min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** New edition The ship docks in Le Verdon, France, where Glenys and Ian take a trip to Bordeaux's wine country. (S)
5.00 **News** (S)
6.00 **Isle of Wight: Jewel of the South** 1/4. Cameras focus on Cowes, and local ice cream producers and sisters Louise and Jenny. (S)(R)
6.55 **News** (S)

9.00 Michael Palin in Venezuela

7.00 **Inside Longleat** 1/3. A look behind the scenes of the Wiltshire stately home and its gardens, celebrating 75 years of it being open to the public. (S)(R)(AD)
7.55 **News** (S)

8.00 **The Yorkshire Vet** New edition Shona Searson performs hi-tech laser surgery on a pony, Peter Wright rushes to a newborn calf with a nasty cut, and Julian Norton meets a large, intimidating Belgian hare. (S)

9.00 **Michael Palin in Venezuela** Series finale 3/3. Michael starts the final leg of his trip across Venezuela, as he enters Zulia state, which is on the UK Foreign Office no visit 'red zone' list. (S)(AD)

10.00 **The Basement: A Vanishing in Apple Valley** 1/2. Following the mysterious 2010 disappearance of four people in the sleepy Ohio town of Apple Valley, leading police to local tree surgeon Matthew Hoffman. (S)(R)

11.05 **The Basement: A Vanishing in Apple Valley** 2/2. Following interrogation of tree surgeon Matthew Hoffman. (S)(R)
12.05 AM **999: Killer on the Line** The story of Alan Jermey. (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S2&3) (S)(R)(AD)
4.40 **The Highland Vet** (S)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Universe** (S)(R)(AD)
11.00 **Wild Sky** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 1/13. (S7) (S)(R)(AD)
5.00 **The Simpsons** *Loan-a-Lisa:* Grampa gives each member of the family $50. (S)(R)
5.30 *The Trouble with Trillions:* Homer goes undercover for the government. (S)(R)
6.00 **The Office (US)** 2/19. Part two of two. Michael organises a charity fun run. (S4) (S)(R)
6.30 3/19. Part one of two. Ryan returns to Scranton for the first time since his promotion. (S4) (S)(R)

9.00 Romesh: Can't Knock the...

7.00 **The Simpsons** *MoneyBart:* Lisa signs up to coach Bart's Little League baseball team. (S)(R)
7.30 *Lisa Simpson, This Isn't Your Life:* Lisa discovers that her mother was an A-grade student. (S)(R)

8.00 **David Attenborough's Global Adventure: The Rise of Nature** Exploring the rise of life on Earth, from the emergence of the first creatures on seabeds millions of years ago, to the wildlife of today. (S)(R)(AD)

9.00 **Romesh: Can't Knock the Hustle** New edition 2/4. Romesh Ranganathan heads to a motivational speaker's boot camp in Arizona to learn how to 'smash the day'.
■ Entire series on Box Sets

10.00 **FILM** **Insidious: Chapter 2** Supernatural thriller sequel starring Patrick Wilson and Rose Byrne. A father is possessed by a serial killer's malevolent spirit. With Lin Shaye and Ty Simpkins. (S) (2013, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●

12.00 M'T **Brassic** 1/6. Vinnie and the crew come up against a new, younger gang. (S5) (S)(R)(AD)
1.00 AM **Peacemaker** 6/8. Superhero action comedy starring John Cena. (S2) (R)
1.45 **Road Wars** Double bill. (S)(R)
3.05 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 11/13. (S7) (S)(R)(AD)
5.00 **to 6.00** AM **Brit Cops: Rapid Response** (S)(R)(AD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.40pm Situationships with Sophie and Christine (S)(R) **12.10-12.40am** Scotcast (S)(R)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Dog Fighting: Exposed – Spotlight New edition (S) **11.40** Waterloo Road New episode (S)(AD) **12.40am** Stranded on Honeymoon Island: The Final Flare (S)(R)(AD) **1.40-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
9.45pm The Chronicles of Strangford (S)(R) **10.00-10.30pm** Stitched Up? Surgery in the Sun (S)(R)

WALES
Sky 968, Freesat 968
1.45pm First Minister's Questions New edition (S) **2.45** Bridge of Lies (S)(R) **3.30** Unbeatable (S)(R) **4.15-5.15pm** Great British Menu (S)(R)

ITV1

As main ITV1 except:

WALES
10.45-11.40pm Sharp End New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Sain Ffagan (AD) **12.30** Heno **1.00** Cledrau Coll **1.30** Ffermio **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Am Dro! **4.00** Awr Fawr **5.00** Stwnsh **6.00** Adeiladu'r Freuddwyd: Camp Out West **6.30** Sgorio **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Cyfrinachau'r Llyfrgell New edition **10.00** Clwb Rygbi **10.30-11.35pm** Gareth Jones: Nofio Adre

TV&Satellite week
New issue on sale today

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** The young Henry VIII struggles with his boring father. **7.30** The life of Cleopatra.
7.55 **The Catch Up**
8.00 **Top Gear** The presenters search for the world's best four-seat supercar.
9.00 **Missing in Paradise: Searching for Sarm** 1/3. Journalist Tir Dhondy looks into the disappearance of Sarm Heslop, who went missing from a Caribbean charter yacht in 2021. **9.30** 2/3. Tir meets with island police and is given unreleased CCTV footage. **10.00** 3/3. Tir tracks down Ryan Bane's ex-wife.
10.30 **FILM** **People Just Do Nothing: Big in Japan** Comedy spin-off with Allan Mustafa and Asim Chaudhry. (2021, 15, 97min) ★★★
12.00 M'T **RuPaul's Drag Race UK**
1.15 AM **Top Gear** As 8.00pm.
2.15 **Juice** 3&4/6. (S2)
3.05 **Laugh Lessons**
3.10 **to 3.55** AM **Bad Influencer – The Great Insta Con**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY**
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Tim and Fuzz take on a 1984 Opel Manta GTE owned by a former amateur rally driver. **4.50** Tim and Fuzz secretly restore a carpenter's 1980 Ford Escort RS2000.
5.50 **Location, Location, Location** Catching up with two first-time buyers. **6.55** Kirstie and Phil help buyers in Cambridgeshire.
7.55 **Grand Designs** Kevin McCloud follows a project to transform a classic 1920s cinema in South Yorkshire into a family home, complete with a hydraulic glass wall that opens up one side of the house.
9.00 **Our Welsh Chapel Dream** 4/4. Keith and Marj focus on bringing their bedroom inside the building so they can finally call Capel Salem home.
10.00 **24 Hours in A&E** An eight-year-old boy falls 8ft onto concrete while riding his BMX, possibly injuring his spine, while a teenage motorcyclist is in danger of losing a leg after an accident.
11.05 **24 Hours in A&E**
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Fred Dibnah's Industrial Age** 2/6. Britain's textile mills and factories.
7.30 **Railways: The Making of a Nation** 2/6. Examining how the railways changed the nation's economy.
8.00 **The Two Ronnies Sketchbook** Including the classic Fork Handles sketch.
8.30 **Porridge** Harris drops pills into Fletcher's midday cuppa.
9.00 **The Many Faces of Ronnie Barker** A profile of the comedy actor and writer.
10.00 **NEW** **Storyville: Holding Liat** Following the family of Liat Beinin Atzili as they try to secure her release after she was kidnapped by Hamas during the 7 October attack on Israel in 2023.
11.30 **Success Story: Gore Vidal**
12.05 AM **Fred Dibnah's Industrial Age** As 7.00pm.
12.30 **Railways: The Making of a Nation** As 7.30pm.
1.00 **Britain's Lost Masterpieces**
2.00 **to 3.00** AM **Confucius: Genius of the Ancient World**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Kitchen Nightmares USA**
7.50 **Married at First Sight UK**
9.20 **Rude(ish) Tube Shorts**
9.30 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 19-22/24. (S7)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
5.30 **The Big Bang Theory**
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Tony's plea hearing takes shocking turns.
7.30 **Hollyoaks at 30: Most Explosive Episodes** In the aftermath of the accident, Hollyoaks falls into disrepair.
8.00 **First Dates** Theodora ended her marriage of 46 years and is now searching for romance.
9.00 **Married at First Sight UK** New edition The inaugural Commitment Ceremony sees all nine couples meet the experts for the first time.
10.45 **Naked Attraction** Naturist Ian, the show's oldest ever picker, looks for love.
11.40 **First Dates**
12.45 AM **Married at First Sight UK** As shown at 9.00pm.
2.25 **Gogglebox**
3.15 **Below Deck**
4.00 **The Simpsons**
4.25 **The Big Bang Theory**
5.10 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hr 235/236 306 30 123 256

Tuesday primetime

primetime

TUESDAY Entertainment

Tuesday

Sky Witness

107 107 110 341 356

6.00 AM **Motorway Patrol**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol** Double bill.
9.00 **Nothing to Declare UK**
9.30 **Border Security USA**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 7/13. (S6)
1.00 PM **FBI: International** (S3)
2.00 **FBI: Most Wanted** 7/13. The team investigate the murder of four detectives during a prisoner exchange. (S5)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

10.00 FBI: Most Wanted

Sky Atlantic

108/109 108/109 342 357

6.00 AM **Urban Secrets**
7.00 **Richard E Grant's Hotel Secrets** Hotels in Venice.
8.00 **Boardwalk Empire** (S2)
10.10 **Perry Mason** 7&8/8. (S1)
12.25 PM **Game of Thrones** (S4)
1.30 **My Brilliant Friend** 1/8. (S1)
2.30 **Boardwalk Empire** (S2)
4.40 **Homicide: Life on the Street** 10/22. Kellerman and Lewis go to Pennsylvania.
5.45 11/22. A man dies from internal bleeding. (S4)
6.50 **Game of Thrones** 8/10. Tyrion's fate is decided. (S4)

9.00 Gomorrah

Sky Max

113/114 109/110 111 346 361

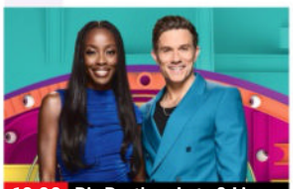
6.00 AM **Hawaii Five-0** (S3)
8.00 **The Flash** 7/20. (S8)
9.00 **Stargate Universe** (S1)
11.00 **SEAL Team** 4/16. (S4)
12.00 NOON **The Flash** 8/20. (S8)
1.00 PM **Hawaii Five-0** (S3)
3.00 **Magnum P.I.** 16/20. (S5)
4.00 **S.W.A.T.** 11/13. (S7)
5.00 **SEAL Team** 3/16. The unit struggle to adjust to a new team dynamic. (S4)
6.00 **Stargate Universe** 19/20. Part one of two. The *Destiny* crew launch a pre-emptive attack against the Alliance. (S1)

8.05 Rob Beckett's Smart TV

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.10 **Real Housewives of New...**
12.05 PM **Dinner Date**
1.05 **Billie and Greg**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac** New edition
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**


10.00 Big Brother: Late & Live

ITV3

119 123 117 10 115 7

6.00 AM **The Royal** *Sinking Feeling.*
7.10 **Classic Emmerdale**
8.20 **Classic Coronation Street**
9.20 **Doc Martin** 2/8. (S6)
10.25 **The Royal** *While the Cat's Away.*
11.30 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.30 **Downton Abbey** 7/7. (S1)
5.00 **Doc Martin** 3/8. A secret admirer leaves Ruth feeling uncomfortable. (S6)
6.00 **Heartbeat** *Desperate Measures:* Maggie struggles to cope with a family in crisis.

5.00 Doc Martin

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs offices in Australia.

7.55 Game of Thrones *The Watchers on the Wall:* 9/10. Jon and the men of the Night's Watch face their biggest challenge yet as they prepare to defend the Wall. (S4)

7.00 Stargate Universe *Incursion – Part Two:* 20/20. Rush makes a deadly discovery. (S1)

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win a cash prize.

7.00 Heartbeat *With This Ring:* Blaketon has the misfortune of getting mixed up in Greengrass's money-making scheme.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

8.05 Rob Beckett's Smart TV With guests Roman Kemp, Kiell Smith-Bynoe and David Morrissey.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are based around logic and common sense.

8.00 Foyle's War *Killing Time:* Foyle comes up against racial tensions and the might of the US Army when a black GI is suspected of murdering a local woman.

9 PM

9.00 The Rookie Series finale *The Good, the Bad and the Oscars:* 18/18. John and Harper work together to catch Oscar. (S7)

9.00 Gomorrah 1/12. With Ciro dead and Naples set for an all-out war, Genny turns to the Levante family for help.

9.00 Romesh: Can't Knock the Hustle New edition 2/4. A visit to a motivational speaker's boot camp.
■ Entire series on Box Sets

9.00 Big Brother New edition Housemates live under 24-hour surveillance as they attempt to avoid eviction from the house.

10 PM

10.00 FBI: Most Wanted New episode *The Electric Company:* 8/22. The Fugitive Task Force clash with Virginia's law enforcement. (S6)
11.00 **Law & Order: SVU** (S25)
12.00 M'T **The Equalizer** 14/18. (S3)
1.00 AM **The Rookie: Feds** (S1)
2.00 **Doc** New episode 3/10. (S1)
3.00 **Fire Country** New episode
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

10.00 Gomorrah 2/12. Genny reinvents himself as a businessman, but finds it hard to leave his past behind him. Subtitled. (S4)
11.00 **The Sopranos** 13/13. Jackie Jr goes into hiding after his botched armed robbery. (S3)
12.10 AM **The Pacific** 10/10. (S1)
1.20 **Banshee** 2/10. (S1)
2.20 **Game of Thrones** (S4&5)
4.35 **In Treatment** (S1)
5.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

10.00 A League of Their Own Road Trip: Southeast Asia Jamie Redknapp and Micah Richards visit Southeast Asia.
11.00 **From** 6/10. Boyd's plan to head off into the forest provokes an unexpected response from Kenny. (S1)
12.00 M'T **Brassic** 1/6. (S7)
1.00 AM **Peacemaker** 6/8. (S2)
1.45 **Road Wars** Double bill.
3.05 **Magnum P.I.** 16/20. (S5)
4.00 **S.W.A.T.** 11/13. (S7)
5.00 **to 6.00** AM **Highway Patrol**

10.00 Big Brother: Late & Live New edition AJ Odudu and Will Best present a companion show in front of a studio audience.
11.05 **Family Guy** 1/18. The Griffins get stuck in Springfield after Peter faces backlash over a controversial comic strip. (S13)
12.05 AM **American Dad!** (S15&14)
1.05 **Plebs** 4/9. (S5)
1.35 **Deal or No Deal**
2.30 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

10.05 Foyle's War *The Hide:* Foyle puts his retirement on hold to help a man sentenced to hang for high treason.
11.55 **Wire in the Blood** 3/6. Carol tries to catch a stalker plaguing a celebrity couple.
12.55 AM 4/6. Beth's murder provides clues for Tony and Carol, but it becomes clear time is of the essence. (S1)
2.00 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Eat the Town** Natalie and Dazza head to Stranraer, where they try their hands at curling and go-karting.
8.00 **Scotland from the Sky** 3/3. Jamie Crawford takes to the skies to look at stories of Scottish industry.
9.00 **Scotland, Slavery & Statues** The controversy surrounding Edinburgh's statue of 18th-century politician Henry Dundas.
10.00 **Disclosure** Current affairs investigations.
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **David Wilson's Crime Files: Scams and Scandals** The criminologist explores romance fraud.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **The Conners** (S5)
10.00 **Sex and the City** (S6)
11.20 **Girls** 7&8/10. (S4)
12.30 PM **The Office (US)**
1.30 **The Conners** (S5)
2.30 **The Office (US)** (S4)
3.30 **Will & Grace** (S3)
4.30 **Sex and the City** (S6)
5.45 **The Office (US)** (S4)
6.45 **Will & Grace** (S3)
7.45 **Sex and the City** 12/20. Guest stars Mikhail Baryshnikov.
8.25 13/20. Carrie spends the night with Aleksandr. (S6)
9.00 FILM **Don't Tell Mom the Babysitter's Dead** Teen comedy starring Christina Applegate. (1991, 15, 105min) ★★★
11.00 **And Just Like That...**
11.45 **Entourage** (S6)
12.45 AM **Girls** 1&2/10. (S2)
1.55 **Veep** 8&9/10. (S2)
3.05 **Curb Your Enthusiasm**
4.20 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Jonas Kaufman**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Discovering**
3.00 **Anyone Can Sing**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **The Art Mysteries**
9.00 NEW SERIES **Art's Most Erotic**
10.00 FILM **Midnight Movies: From the Margin to the Mainstream** (2005)
11.55 **Dean Martin: King of Cool** Documentary.
2.00 AM NEW SERIES **Portrait Artist of the Year** The contest returns.
3.00 **Sky Arts from Hay**
4.00 **Inside Art** Double bill.
5.00 **to 6.00** AM **The Art of the Garden**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S8)
6.00 **Star Trek: Voyager** (S2)
7.00 **Star Trek: The Next Generation** 15/26. (S3)
8.00 **Star Trek: Deep Space Nine** *The Muse:* 21/26. Odo helps a pregnant Lwaxana Troi. (S4)
9.00 **FBI: Most Wanted** (S4)
10.00 **FBI: International** (S3)
11.00 **Grimm** 13/22. (S1)
12.00 M'T **World's Most Evil Killers** Dorothea Puente.
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Who Wants to Be a Millionaire? Celebrity Special** Laura Kenny and Krishnan Guru-Murthy compete in the quiz show hosted by Jeremy Clarkson.
3.00 **Tenable** Double bill.
5.00 **Deal or No Deal**
6.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
8.00 **Deal or No Deal** Game show hosted by Stephen Mulhern as a contestant takes on the infamous Banker for the chance to win a life-changing cash prize.
9.00 **Wheel of Fortune** Game show hosted by Graham Norton.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.50 AM **Wheel of Fortune**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 23&24/26. (S5)
12.00 NOON **Highway to Heaven** 10/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Murder, She Wrote**
4.00 **Danielle Steel's Heartbeat** Romantic melodrama starring John Ritter and Polly Draper.
6.00 **Rumpole of the Bailey**
7.00 **Rising Damp** 4/7. A new tenant moves in. (S3)
7.30 **Man About the House**
8.00 **A Fine Romance** (S3)
8.30 **Home to Roost** (S3)
9.00 **The New Avengers** (S2)
10.00 **The Avengers** (S5&6)
12.00 M'T **Rising Damp** (S3)
12.30 AM **Man About the House** 6/7. (S3)
1.00 **M*A*S*H** 13&14/24. (S1)
2.00 **Home to Roost** (S3)
2.25 **A Fine Romance** (S3)
3.00 **Rumpole of the Bailey**
4.00 **to 4.50** AM **Highway to Heaven**

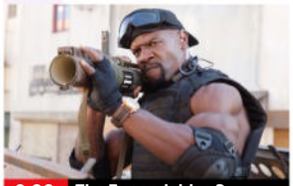
+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **Football Rivalries**
6.15 **The Saint**
7.15 **Kojak** Double bill.
9.25 **Magnum, PI** Double bill.
11.25 **Robin of Sherwood**
12.40 PM **BattleBots**
1.40 **Kojak** Double bill.
3.50 **Magnum, PI** *Luther Gillis – File No 001:* Higgins is targeted by blackmailers. **4.50** *Kiss of the Sabre:* A novelist comes to stay.
5.55 **The Saint** *A Double in Diamonds:* A diamond trail leads Templar to murder.



9.00 **The Expendables 2**

7.00 **King of the Roads** Action from the Oliver's Mount Gold Cup, the motorcycle road race from Scarborough.

8.00 **World Superbike Highlights** Action from the 10th round of the season, held at MotorLand Aragón in Alcaniz, Spain.

9.00 FILM **The Expendables 2** Action adventure sequel starring Sylvester Stallone. A team of veteran mercenaries strive to stop a terrorist from getting his hands on six tons of plutonium. With Terry Crews. (2012, 15, 98min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

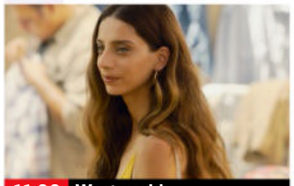
11.00 **Wrestling: AEW Collision** Hard-hitting action, featuring stars including FTR, Thunder Rosa, Jon Moxley, Jay White, Bryan Danielson and Miro.
12.55 AM **Hell's Kitchen**
1.45 **Beat the Chasers**
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 2/22. (S2)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 16/26. (S2)
2.00 **Warehouse 13** (S1&2)
4.00 **Star Trek: The Next Generation** 2/22. (S2)
5.00 **Stargate Atlantis** 20/20. (S4)
6.00 **Star Trek: Enterprise** 20/26. The crew come to the aid of a vessel that has crashed on a desolate planet. (S1)



11.00 **Westworld**

7.00 **Star Trek: Deep Space Nine** *Shadowplay:* 16/26. An unexplored planet poses a problem for Odo and Dax. (S2)

8.00 **Stargate Atlantis** *The Last Man:* 20/20. Sheppard finds the city of Atlantis abandoned. Guest stars Robert Picardo. (S4)

9.00 **The Ark** *It Should Have Been You:* 10/12. Garnet and Ian become trapped in the empty ship. (S2)

10.00 **Grimm** *Danse Macabre:* 5/22. Nick and Hank investigate the death of a music teacher eaten by rats in his car. (S1)
11.00 **Westworld** 2/8. Maeve and Caleb search for answers, Christina investigates Peter Myers, and William announces a new Delos venture. (S4)
12.00 M'T **Chucky** 2/8. (S1)
1.00 AM **Warehouse 13** (S1&2)
3.00 **Westworld** 1/8. (S4)
4.00 **Chucky** 1/8. (S1)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S15)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 4/24. (S3)
11.00 **Hudson & Rex** 4/8. (S7)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S9)
2.00 **Murdoch Mysteries** (S15)
4.00 **The Mentalist** 4/24. (S3)
5.00 **Hudson & Rex** 4/8. (S7)
6.00 **Father Brown** *The Lepidopterist's Companion:* When Mrs McCarthy takes over the mobile library, Father Brown discovers a secret lurking in the bookshelves.

10.00 **Mudtown**

7.00 **Body of Proof** *Sympathy for the Devil:* 13/20. A woman recently acquitted of murder is discovered dead. (S2)

8.00 **Death in Paradise** *Switcharoo:* 5/8. New DI Neville Parker is called in when a woman is found dead in a bathtub. (S9)

9.00 **Death in Paradise** *Amongst Us:* 8/8. A murder uncovers a case of money-laundering and secret identity. (S1)

10.00 **Mudtown** *Into the Mud:* 6/6. Claire and Pete learn the truth about what happened on the night of the shooting. (S1)
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 12/16. Neal goes undercover as a teacher at a private school to look into a case of fraud. (S3)
1.00 AM **Death in Paradise**
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
8.20 **Last of the Summer Wine**
9.40 **Hi-de-Hi!**
10.20 **Porridge**
11.00 **Last of the Summer Wine**
12.20 PM **Don't Wait Up**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Porridge**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

11.15 **Not Going Out**

7.00 **Dad's Army** Private Pike becomes trapped in the middle of a minefield.
7.40 **Fawlty Towers** An abrasive American comes to stay at the hotel. **8.25** Basil goes to great lengths to prove that a guest has smuggled a woman into his room.

9.10 **Fawlty Towers** The death of a guest leads to all manner of mayhem. **9.55** Sybil walks out on Basil on their wedding anniversary, forcing him into a desperate ruse.
10.35 **Porridge** The inmates take advantage of a relaxed atmosphere.
11.15 **Not Going Out** Lee and his father attend counselling.
11.55 **Bottom** Richie and Eddie get trapped on a fairground ride.
12.35 AM **Fawlty Towers**
1.55 **Not Going Out** As 11.15pm.
2.30 **Bottom** As 11.55pm.
3.00 **to 4.00** AM **Black Ops**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Cops on the Rock**
10.00 **Extreme Salvage Squad**
12.00 NOON **Storage Hunters UK**
2.00 PM **Outback Pilots**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Secret France** The chef takes a culinary tour of France, beginning in Dieppe where he forages for sea herbs and prepares fresh turbot.
6.00 **Hairy Bikers Everyday Gourmets** Si King and Dave Myers demonstrate how to make gourmet food cheaply.

6.00 **Hairy Bikers' Everyday...**

7.00 **Would I Lie to You?** With guests James Acaster, Dani Dyer, Oti Mabuse and Fred Sirieix.
7.40 **Richard Osman's House of Games** Panellists include Jake Humphrey and Nihal Arthanayake. **8.20** Guests include Mina Anwar and Glen Moore.

9.00 **Have I Got a Bit More News for You** Richard Ayoade hosts the satirical quiz, with guests Sayeeda Warsi and Richard Osman.

10.00 **QI XL** Guests Sandi Toksvig, Ronni Ancona and Jack Dee join regular panellist Alan Davies and host Stephen Fry.
11.00 **8 Out of 10 Cats Christmas Special** With guests Andrew Flintoff, Ricky Wilson, Jonathan Ross and Roisin Conaty.
12.00 M'T **Mock the Week**
12.40 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Survivor South Africa**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Sun, Sea and Selling Houses** From Almería.
11.00 **Help! We Bought a Village** From Italy.
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **A Place in the Sun**
7.00 **The Dog House**
8.00 **The Great British Bake Off** New edition 5/10. The bakers take on three new challenges in Chocolate Week.
9.15 FILM **Kingsman: The Secret Service** Action comedy with Colin Firth and Taron Egerton. (2015, 15, 128min) ★★★★
11.50 FILM **Father Stu** Drama. (2022, 15, 124min) ★★★
2.15 AM **The Disappearance of Jay Slater**
3.35 **8 Out of 10 Cats Does Countdown: Best Bits**
4.35 **to 5.05** AM **Travel Man: 48 Hours in Antwerp**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 8-10/24. (S10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Double Blind:* 23/24. A cook from a US Navy destroyer tells McGee and Gibbs someone is stalking him. **7.00** *Damned If You Do:* 24/24. A Navy SEAL's wife receives a package containing her husband's severed head. (S10) **8.00** *Whiskey Tango Foxtrot:* 1/24. A bomb kills the Secretary of the US Navy. (S11)
9.00 **Jesse Stone: Stone Cold** Detective drama.
10.50 **Law & Order: Special Victims Unit** *Swimming with Sharks:* 15/20. A CEO claims that she has been raped. (S21)
11.50 **Law & Order: Special Victims Unit** (S21)
2.45 AM **Criminal Minds**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Operation Pet Rescue** New edition
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Skin A&E** New edition Dr Natalia tackles an awkward lipoma.
10.00 **A&E After Dark**
11.00 **999: Emergency Call Out** Documentary.
12.00 M'T **Call the Bailiffs: Time to Pay Up**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.05 **Outback Truckers**
10.05 **Trucking Hell**
11.05 **Traffic Cops**
12.05 PM **Police Interceptors**
2.10 FILM **Seminole** Western. (1953, U, 87min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Triple bill, including at: **8.00** The team box in a van carrying large quantities of cannabis.
9.00 **Motorway Cops: Catching Britain's Speeders** A Range Rover refuses to stop for Northumbria Police.
10.00 **Frontline Police 24/7** Officers respond to a man wielding a knife.
11.00 **Police Code Zero: Officer Under Attack**
12.00 M'T **MacGyver** (S2)
1.00 AM **Extreme Tow Truckers** Documentary.
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **One Born Every Minute** Documentary.
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: Homes for Veterans** Creating a home for a veteran who is a triple amputee.
7.00 **MasterChef Australia** New edition The contestants prepare an elegant fine-dining menu.
8.10 **Inside the Ambulance**
9.10 **One Born Every Minute** Two eager grandmothers-to-be serve as birthing partners. **10.10** A self-confessed 'baby machine' arrives expecting her fifth baby.
11.10 **Nurses on the Ward**
1.20 AM **Interior Design Masters with Alan Carr**
2.25 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.40 AM **Soldier, Soldier**
8.35 **Doctors**
9.45 **Classic Holby City**
10.50 **Casualty**
12.00 NOON **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.20 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Dalziel & Pascoe** *Cunning Old Fox:* Dalziel investigates a mysterious death at a local hunt.
10.00 **New Tricks** *Good Work Rewarded:* The team look into the death of a talented teenage golfer.
11.20 **Spooks** 6/8. Assassins are on the trail a rogue MI5 informant. (S8)
12.40 AM **Lovejoy**
1.40 **'Allo 'Allo!**
2.25 **Waiting for God**
2.55 **to 4.00** AM **Bergerac**

+1 hr 243 316 60 260

TUESDAY Entertainment

Tuesday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Portugal.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
2.00 **Money for Nothing**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Long Lost Family: Born Without Trace: What Happened Next** Catching up with the stories of a woman left as a baby in a cardboard box, a man abandoned in a car park and a woman found on a doorstep.
10.30 **Long Lost Family**
12.30 AM **Help! My House Is Haunted** A poltergeist is pushing a Portsmouth family to breaking point.
1.30 **Ghost Bait**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Who Wants to Be a Millionaire? Celebrity Special**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room** Items include a puzzle box and a surgical light. **6.00** An unusual box and two mystery vessels.
7.00 **The Chase Celebrity Special** Jo Whiley, Jake Canuso, Georgia Taylor and Marcus Brigstocke compete for charity.
8.00 **The Chase** Double bill.
10.00 **Classic Who Wants to Be a Millionaire?** Quiz.
12.00 M'T **Bullseye** Double bill.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.10 AM **Wanted: Dead or Alive** Double bill.
10.10 **FILM** **Face of a Fugitive** Western adventure. (1958, U, 81min) ★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM** **The Wonderful Country** Western. (1959, U, 98min) ★★
3.20 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!**
7.00 **The Avengers** (S4)
8.00 **The New Avengers**
9.00 **FILM** **The Patriot** Epic period drama starring Mel Gibson. (2000, 15, 167min) ★★★
12.20 AM **FILM** **Arctic** Thriller. (2018, 12, 98min) ★★
2.25 **The Avengers** (S4)
3.25 **The New Avengers**
4.10 **to 5.40** AM **FILM** **Collision Earth** Drama. (2020, 12, 90min) ★
+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Sue Thomas: F.B.Eye**
8.00 **FILM** **Fatal Memories** Thriller. (2014, 12) ★★
10.00 **Unforgettable** (S1)
11.00 **Castle** 8/24. (S2)
12.00 NOON **FILM** **Mystery 101: Dead Talk** (2019) ★★
1.55 PM **FILM** **Ruby Herring Mysteries: Prediction Murder** (2020, PG) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 9/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **FILM** **Morning Show Mysteries: Countdown to Murder** (2019) ★★
10.55 **FILM** **Killer Cover Up** Thriller. (2021, 12) ★★
12.55 AM **FILM** **Dangerous Bestie** (2018, PG) ★★
2.45 **FILM** **The Wrong Daughter** (2018, 12) ★★
4.25 **Police Ten 7** Double bill.
5.15 **to 6.00** AM **Sue Thomas: F.B.Eye**
+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM** **12 Pups of Christmas** Drama. (2019, PG, 85min) ★★
10.05 **FILM** **A Very Corgi Christmas** Comedy. (2019, PG, 90min) ★
12.00 NOON **FILM** **A Christmas Tail** (2014, PG) ★★
2.00 PM **FILM** **Snowmance** Fantasy. (2017, PG) ★★
4.05 **FILM** **Christmas Unwrapped** Drama. (2020, U, 86min) ★★
6.00 **FILM** **A Christmas Break** Drama. (2020, PG) ★★
8.00 **FILM** **Christmas in the Air** Festive romance. (2017, U, 90min) ★★
9.50 **FILM** **Angel of Christmas** Drama. (2015, PG) ★★
11.55 **FILM** **Falling in Love at Christmas** Drama. (2021, PG, 84min) ★★
1.50 AM **FILM** **Christmas in Palm Springs** Drama. (2014, PG, 84min) ★★
3.20 **to 4.50** AM **FILM** **Snowmance** As 2.00pm.
+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **I Dream of Jeannie** (S1)
10.30 **Soap** 15/25. (S1)
11.00 **In Loving Memory** (S3)
11.30 **Haggard** 7/7. (S1)
12.00 NOON **Please Sir!** (S4)
12.30 PM **You're Only Young...**
1.00 **FILM** **On the Beat** (1962, b/w, U) ★★★
3.00 **Bramwell** 8/8. (S2)
4.00 **Fantasy Island** (S1)
5.00 **A Sharp Intake of Breath** 1/7. (S1)
5.30 **In Loving Memory** (S3)
6.00 **Thick as Thieves**
6.30 **Soap** 15/25. (S1)
7.00 **Diff'rent Strokes** (S1)
7.30 **You're Only Young Twice**
8.00 **Haggard** 7/7. (S1)
8.30 **A Sharp Intake of...**
9.00 **Please Sir!** 12/21. (S4)
9.30 **Brass** 6/13. (S1)
10.00 **Game On** 6/6. (S3)
10.35 **Stereo Underground**
11.35 **Thick as Thieves**
12.05 AM **FILM** **The Swiss Conspiracy** (1975) ★★
1.50 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Expedition Bigfoot**
2.00 **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Double bill.
6.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Sig devises a plan to save the fishery from destruction.
9.00 **Outback Crystal Hunters** The Rubyvale Boys' equipment fails. **10.00** Patrick's plan to extract Australia's largest smoky quartz cluster is derailed.
11.00 **Ed Stafford: First Man Out** A race across Palau.
12.00 M'T **Naked and Afraid XL** Medics monitor Jeff.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**
+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Adam Richman Eats Football**
7.00 **Rachel's Cake Diaries**
8.00 **The Pioneer Woman**
9.00 **One-Pan Wonders**
10.00 **Tom Kerridge's Sunday Lunch** Double bill.
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **James Martin's Islands to Highlands**
2.00 **James Martin: Delicious**
3.00 **Rachel's Cake Diaries**
4.00 **The Pioneer Woman**
5.00 **One-Pan Wonders**
6.00 **Tom Kerridge's Sunday Lunch** Double bill.
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **Jamie's Easy Meals for Every Day** New editions
10.00 **Jamie Oliver: Together**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**
+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 12/28. (S1)
9.00 **The Fall Guy** (S4)
10.00 **Charlie's Angels** (S2)
11.00 **Category 7: The End of the World** 1&2/2. Disaster drama.
2.35 PM **FILM** **The Professionals** Western adventure. (1966, PG, 117min) ★★★★
5.00 **Star Trek** 26/30. (S1)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** 16/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM** **Impostor** Sci-fi thriller with Gary Sinise and Madeleine Stowe. (2002, 15, 96min) ★★
10.55 **FILM** **Split Second** Futuristic horror thriller starring Rutger Hauer. (1991, 18, 90min) ★
12.45 AM **FILM** **Soldier Blue** Western. (1970, 18, 109min) ★★★★
3.00 **to 4.50** AM **FILM** **The Witches** Horror. (1966, 15, 91min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM** **Dr Terror's House of Horrors**
8.00 **FILM** **Global Meltdown** Thriller. (2017, PG) ★
10.00 **Andromeda** 11/22. (S2)
11.00 **FILM** **Riddles of the Sphinx** Adventure. (2008, 12, 89min) ★★
1.00 PM **FILM** **Sinbad and the Clash of the Furies** Action adventure. (2016, 12, 90min) ★
3.00 **Andromeda** 11/22. (S2)
4.00 **Six Million Dollar Man**
5.00 **FILM** **Dr Terror's House of Horrors** Horror. (1964, PG, 98min) ★★★
7.00 **Andromeda** 12/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM** **The Factory** Thriller with John Cusack and Dallas Roberts. (2012, 15, 104min) ★★
11.05 **FILM** **Last Passenger** Thriller. (2011, 15) ★★★
1.00 **to 3.00** AM **FILM** **Lonesome Dove Church** Western. (2014, 15) ★★
+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Coalville.
6.40 **Junk & Disorderly**
7.35 **Auction Hunters**
8.00 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **The UnXplained**
12.10 PM **Secrets in the Sand**
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Storage Hunters**
4.00 **Ancient Aliens**
6.00 **Close Encounters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **Junk and Disorderly**
10.00 **Al Murray: Why Does Everyone Hate the British Empire?**
11.00 **JFK: The Final Evidence**
12.00 M'T **UFO Conspiracies**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Double bill.
11.00 **Ben Fogle: New Lives in the Wild** Queensland.
12.00 NOON **Susan Calman's Cruise of a Lifetime**
1.00 PM **The Yorkshire Vet**
2.00 **Murder, She Wrote**
3.00 **Columbo**
4.30 **The Yorkshire Vet**
5.00 **Inside Hampton Court Palace** Documentary.
6.00 **Inside the Tower of London** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** In California.
9.00 **Secret Spitfires: How Britain Won the War** The secret history of the Spitfire aircraft.
10.05 **Nazi Megastructures**
11.05 **Prisoner: Cell Block H**
1.05 AM **Inside Hampton Court Palace**
2.05 **Susan Calman's Cruise of a Lifetime**
3.10 **to 4.00** AM **Paul Martin's Antiques Showdown**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **Derelict Rescue**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Derelict Rescue**
9.00 **No Demo Reno** Jennifer has three weeks and a budget of $50,000 to renovate a bungalow.
10.00 **Battle on the Mountain** New edition With tensions running high, teams scramble to tackle their exteriors in the final battle.
11.30 **My Lottery Dream Home** From Utah.
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **My Lottery Dream Home** Four editions.
9.00 **Say Yes to the Dress: Lancashire** Double bill.
11.00 **Say Yes to the Dress: Atlanta** Reality series.
12.00 NOON **1000-lb Sisters**
2.00 PM **Breaking Amish: Los Angeles**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper** Ken has several large cysts.
9.00 **The Bad Foot Clinic**
10.00 **My Feet Are Killing Me**
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Cheapskates**
2.00 **My Feet Are Killing Me**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **My Lottery Dream Home**
+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers: Outtakes and Chill**
8.35 **Impractical Jokers: The Inspired Unemployed**
9.00 **New Girl** 8&10/25. (S2)
10.00 **Last Man Standing**
11.00 **Everybody Loves Raymond** 15-18/25. (S2)
1.00 PM **Friends** (S8&9)
7.50 **Friends** 5/24. The pals gather for a birthday. **8.20** 6/24. Guest stars Freddie Prinze Jr. (S9)
9.00 **FILM** **R.I.P.D** Action comedy fantasy. (2013, 12, 96min) ★★★
10.55 **Whose Line Is It Anyway? USA**
11.55 **Drunk History**
12.55 AM **South Park** (S19)
1.55 **Beavis and Butt-Head**
2.10 **Utopia** 6&7/8. (S2)
3.10 **Important Things with Demetri Martin**
3.35 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 10&11/13. (S3)
11.00 **Friends** (S8)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers: Outtakes and Chill**
3.00 **Impractical Jokers: The Inspired Unemployed**
3.30 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing**
7.00 **Everybody Loves Raymond** 15-18/25. (S2)
9.00 **New Girl** 16/25. The gang attend a convention. **9.30** 17/25. The room-mates fight. (S2)
10.00 **Friends** (S8)
2.00 AM **Key & Peele**
3.00 **Whose Line Is It Anyway? USA**
3.20 **Drunk History: Black Stories** Five editions.
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **The Rookie: Feds**
11.00 **The Cleaning Lady** (S2)
1.00 PM **Motorway Patrol**
2.00 **Highway Cops**
3.00 **Road Wars**
4.00 **Caught on Dashcam**
5.00 **Motorway Patrol**
6.00 **Bondi Rescue**
7.00 **The Cleaning Lady** (S2)
9.00 **SEAL Team** *My Life for Yours:* 21/22. Ray gets separated from the team. **10.00** *Never Out of the Fight:* 22/22. Bravo's future is uncertain. (S2)
11.00 **The Rookie: Feds**
12.00 M'T **The Russell Howard Hour**
1.10 AM **A League of Their Own** With Maisie Adam.
2.00 **Duck Quacks Don't Echo** Lee Mack hosts.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.10 **Teen Mom UK**
8.00 **Catfish: The TV Show**
10.00 **Catfish: Worst Offenders**
11.00 **Catfish: The TV Show**
1.00 PM **Catfish: Wannabees**
2.00 **Catfish: Catch of the Day**
3.00 **Catfish: The TV Show**
4.00 **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **Sweet Home Alabama** New edition Reality show.
9.00 **Rich Kids, Skint Holiday**
10.00 **Queerpiphany**
11.00 **Ink Master Redemption** New edition
11.30 **Ink Master Redemption**
12.00 M'T **Ridiculousness** New edition
12.30 AM **Ridiculousness**
1.00 **Ink Master Redemption**
2.00 **Young, Dumb and Banged Up in the Sun**
2.45 **Grossbusters**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: Mine Rescue with Freddy & Juan**
11.00 **Goblin Works Garage**
1.00 PM **Gold Divers** Double bill.
3.00 **Salvage Hunters** Wintry weather hampers an auction. **4.00** An unusual chair.
5.00 **Sewer Divers** Don dives into a toxic sewer line.
6.00 **Hoffman Family Gold** Todd's team must innovate a bush transmission fix to get the gold moving.

9.00 Deadliest Catch

7.00 **Wheeler Dealers** Mike takes a gamble on a TVR Griffith. However, Elvis has to pick it apart before starting restoration work.

8.00 **Roadworthy Rescues** Derek plans to turn a 1955 Pontiac Chieftain into a tribute to the early days of NASCAR.

9.00 **Deadliest Catch** New edition Sig steals a tiny hot spot from Keith, while Rick and Bob lose their electronics.

10.00 **Gold Divers** New edition Part one of two. The weather is turning, so it's make or break time for many miners in the fleet.

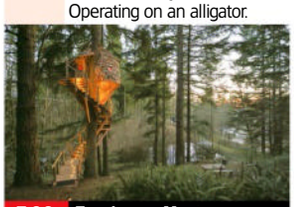
11.00 **Gold Divers** New edition Part two of two. Vern finds a lucky nugget, while Shawn battles freezing ground.
12.00 M'T **Blowing Up History**
1.00 AM **Deadliest Catch**
2.00 **Gold Divers** Double bill.
4.00 **to 5.00** AM **Expedition Bigfoot**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **The Zoo: San Diego**
9.00 **Project Grizzly**
10.00 **Tanked** A pub aquarium.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **The Zoo: San Diego** The team are forced to make a nerve-wracking decision. **4.00** A gazelle gives the team a big surprise.
5.00 **Lone Star Law** Two wardens investigate a poaching case.
6.00 **Dr Jeff: Rocky Mountain Vet** Operating on an alligator.



7.00 Treehouse Masters

7.00 **Treehouse Masters** A couple ask Pete Nelson and his team to design a beehive-style structure.

8.00 **Guardians of the Glades** The team come across a hybrid Python species when they trek deep into the dense Python Pines.

9.00 **Alaska: The Last Frontier** Otto, Eivin and August scramble to stake a claim on ten tons of steel on a distant beach.

10.00 **Alaskan Bush People** A hungry bear terrifies the livestock, while the windmill assembly takes the siblings to new heights.

11.00 **Pit Bulls & Parolees** Tia helps a rescue facility at risk.
12.00 M'T **Crikey! It's the Irwins** Robert wrangles western diamondback rattlesnakes.
1.00 AM **Guardians of the Glades**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation**
12.00 NOON **Car S.O.S** Double bill.
2.00 PM **Hitler the Junkie**
3.00 **Hitler's Teen Killers**
4.00 **Vikings: The Rise and Fall** Political turmoil in Norway leads the Vikings west.
5.00 **Car S.O.S** Tim Shaw and Fuzz Townshend secretly restore a Ferrari 308 GTS.
6.00 **Lost Treasures of Egypt** Exploring the mysteries of one of Egypt's greatest female pharaohs – Hatshepsut.

9.00 Hitler's Last Stand

7.00 **Air Crash Investigation** The investigation into a cargo plane that crashed shortly after taking off for the Dominican Republic.

8.00 **World War II: Secrets from Above** Focusing on the Battle of the Atlantic, World War Two's longest military campaign.

9.00 **Hitler's Last Stand** An artillery observer is all that stands between the French town of Mortain and capture by the Nazis.

10.00 **Nazi Megastructures** Heinrich Himmler's role in establishing the SS and his part in the organisation of the Holocaust.

11.00 **Air Crash Investigation**
12.00 M'T **Seconds from Disaster**
1.00 AM **Airport Security: Colombia** A man that swallowed liquid cocaine.
2.00 **Lords of War**
2.30 **Made in a Day** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Flipping Bangers**
6.55 **Full Custom Garage**
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **The UnBelievable with Dan Aykroyd**
1.00 PM **History's Most Shocking**
2.00 **History's Greatest Mysteries**
3.00 **Full Custom Garage** New edition Ian Roussel takes a far from typical custom job to its absolute limit.
4.00 **Hell on Earth: WWII**
6.00 **American Pickers**

9.00 History's Most Shocking

7.00 **Forged in Fire** The two final competitors recreate one of the most intricate weapons in history – the steel crossbow.

8.00 **Bone Detectives** Scotty Moore visits a cave in Belize and is met by the sight of a skeleton with its skull removed.

9.00 **History's Most Shocking** New edition Featuring footage of real-life events, including a woman nearly sucked up by a tornado.

10.00 **History's Greatest Mysteries** New edition Focusing on the gigantic statues of Easter Island, which have mystified humanity for centuries.

11.00 **Secrets Declassified with David Duchovny** Hidden government facilities.
12.00 M'T **Alien Corridors**
12.55 AM **The UnBelievable with Dan Aykroyd**
1.50 **History's Most Shocking**
2.50 **Full Custom Garage**
3.40 **Pawn Stars** Documentary.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **Rise of the Nazis: The...**
11.00 **Warbird Workshop**
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **Rise of the Nazis: The Manhunt** Josef Mengele.
5.00 **Warbird Workshop** Gerry Cooper rebuilds two pre-war biplanes with glorious histories.
6.00 **Antiques Roadshow** The team return to Plas Newydd on the Isle of Anglesey.

7.00 Incredible Journeys

7.00 **Incredible Journeys with Simon Reeve** The challenges of preserving unspoilt wildernesses.

8.00 **Flipping Bangers** Gus and Will hunt down an affordable Italian car, and eventually find an Alfa Romeo 155 in a barn.

9.00 **Bangers & Cash** Derek collects an Austin Allegro that has been sitting in an aircraft hangar at Audley End for 20 years.

10.00 **Bangers & Cash** A widow reluctantly parts with her husband's treasured collection of Rolls-Royces and Bentleys.

11.00 **Bangers & Cash** Derek collects a beautifully restored 1936 Wolseley 14/56.
12.00 M'T **Find It, Fix It, Flog It** Henry and Simon meet retired blacksmith Gyles in Wincanton.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Incredible Journeys with Simon Reeve**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Flog It**
7.00 **Salvage Hunters: Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried: Classic Cars**
4.00 **Find It, Fix It, Flog It**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Shed and Buried: Classic Cars**
9.00 **Ant Anstead: Born Mechanic** New edition The mechanic restores and sells classic cars.
10.00 **Find It, Fix It, Flog It**
11.00 **How Do They Do It?**
1.00 AM **Ant Anstead Master Mechanic**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes to the Dress: UK** Double bill.
10.00 **Curvy Brides Boutique**
11.00 **Judge Rinder's Crime...**
12.00 NOON **Betrayed**
1.00 PM **Still a Mystery**
2.00 **Murder on CCTV**
3.00 **A Faking It Special**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories**
8.00 **Murder on CCTV**
9.00 **Road Rage** New edition
9.30 **Exposed: Naked Crimes** New edition
10.00 **Crime Scene Investigators**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Terri Ann McCoy.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fatal Attraction** When Paul Shealey is found shot in the head, there's no shortage of suspects.
8.00 **Murder by the Sea** When Linda Anders is found dead at home, her wheelchair-bound husband Malcolm claims an intruder broke in.
9.00 **48 Hours** Exploring the case against Bryan Kohberger for the deaths of four University of Idaho students.
10.00 **Body in the Water** New edition A body is found floating at a dock in a north Florida creek.
11.00 **Killer Kids**
12.00 M'T **Handsome Devils**
1.00 AM **48 Hours**
2.00 **Body in the Water**
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder UK**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Murder UK**
4.00 **48 Hours** Detectives investigate an alleged rape and shooting.
5.00 **Medical Detectives** The murder of a prostitute who was found dead in an Ohio waterway. **5.30** The murder of a high-school girl in a South Carolina town. **6.00** How cat hair discovered in a car with the body of a woman helped investigators to trace her killer. **6.30** A mass food poisoning in Oregon in 1984, which investigators tracked to a cult.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **Motorway Patrol**
9.00 **Send in the Dogs**
10.00 **The Real Manhunter**
11.00 **Catching the Killer**
12.00 NOON **How I Caught...**
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
8.00 **Beverley Allitt Tapes**
9.00 **Britain's Most Evil Killers**
10.00 **The Real Manhunter**
11.00 **Britain's Most Evil Killers**
12.00 M'T **Murdered at First Sight** Documentary.
1.00 AM **How I Caught the...**
2.00 **Killer in My Village** New edition True-crime.
3.00 **Snapped** Donna Arroyo.
4.00 **Border Security USA**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.25 AM **Britain's Biggest Dig**
9.45 **Secrets of the Royal Palaces** As 7.35pm.
10.45 **War Machine: World War II** As 8.40pm.
11.50 **Secret Bunkers**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Britain's Biggest Dig**
2.55 **Secrets of the Royal Palaces** As 7.35pm.
3.55 **War Machine: World War II** As 8.40pm.
5.05 **Secret Bunkers**
6.15 **Britain's Biggest Dig**
7.35 **Secrets of the Royal Palaces** The history of Kensington Palace.
8.40 **War Machine: World War II** Exploring how naval warfare evolved during World War Two.
9.50 **Secret Bunkers**
11.00 **Secrets of the Royal Palaces** As 7.35pm.
12.00 M'T **War Machine: World War II**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

TUESDAY

Tuesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Charlie Hustle & the Matter of Pete Rose**
7.00 **Discovering: Brad Pitt**
8.00 **The Directors**
9.00 **The 2000s**
9.55 **The Civil War**
11.00 **Lockerbie**
12.00 NOON **Lancaster**
2.00 PM **FILM The Fog of War** Oscar-winning documentary. (2003, PG, 107min) ★★★
4.00 **Discovering: Brad Pitt**
5.00 **The Directors**
6.00 **The 2000s**
6.55 **The Civil War**
8.00 **Lockerbie**
9.00 **Spitfire** The story of the Supermarine Spitfire.
11.00 **The Truth vs Alex Jones**
1.20 AM **The Great Horsemeat Scandal** Documentary.
2.00 **NEW SERIES Seen & Heard: The History of Black Television** 1/2. Exploring African-American representation in Hollywood and TV.
3.30 **Between the World and Me**
5.00 **to 6.00** AM **Discovering: Brad Pitt**

Sky Nature

145 113/114 189 354 369

6.00 AM **Nomads of the Serengeti**
7.00 **Monkey Life** Double bill.
8.00 **Africa's Underwater Wonders**
9.00 **My Best Friend's an Animal**
10.00 **The Wild Wild East**
11.00 **Wild Sky**
12.00 NOON **New Kids in the Wild**
1.00 PM **Monkey Life** Double bill.
2.00 **Africa's Underwater Wonders**
3.00 **My Best Friend's an Animal**
4.00 **The Wild Wild East**
5.00 **Hope for Wildlife**
6.00 **New Kids in the Wild**
7.00 **Monkey Life** Double bill.
8.00 **Deep Dive North America** Lizzie heads north to tag sharks.
9.00 **Beasts of the Big Blue** A look at the creatures living in the Hauraki Gulf.
10.00 **New Kids in the Wild**
11.00 **Hope for Wildlife**
12.00 M'T **Wild Sky**
1.00 AM **Nomads of the Serengeti**
2.00 **Deep Dive North America**
3.00 **Beasts of the Big Blue**
4.00 **Africa's Underwater Wonders**
5.00 **to 6.00** AM **My Best Friend's an Animal**

Sky History 2

163/168 143 186

6.00 AM **Strangest Things**
8.00 **Mysteries from Above**
9.00 **Combat Trains**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Britain's Most Historic Towns**
4.00 **Strangest Things**
6.00 **Mysteries from Above**
7.00 **Combat Trains** The story of the Great Locomotive Chase. **8.00** Astonishing accounts of four railway journeys that changed history.
9.00 **Discovered by Disaster** Fish remains found near an angry Sumatran volcano might suggest a new human migration route, and a collapsed kingdom in Turkey is also investigated. **10.00** Team members dig into artefacts from a Jamaican port that was sunk by a devastating earthquake.
11.00 **Ancient Aliens**
1.00 AM **Alien Files: Unsealed**
2.00 **Britain's Most Historic Towns**
4.00 **Instruments of Death**
5.00 **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Judge Rinder**
9.00 **Murdertown**
10.00 **Buried in the Backyard**
11.00 **Hometown Tragedy**
12.00 NOON **Meet, Marry, Murder**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder**
3.00 **Critical Evidence**
4.00 **Murdertown**
5.00 **When Missing Turns to Murder**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something**
9.00 **Look What You Made Me Do** New edition Documentary.
10.00 **The Real Murders of Atlanta** Series finale Documentary.
11.00 **Truth or Deception**
12.00 M'T **Somebody's Hiding...**
1.00 AM **Look What You Made...**
2.00 **Secrets of Celebrity Sex Tapes** New edition
3.00 **The Real Murders of Atlanta**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the...**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Africa's Hunters**
10.00 **Investigation Shark Attack**
11.00 **Heartland Docs**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Close Encounters of the Wild Kind** An octopus slaps a kayaker.
3.00 **Savage Kingdom**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** Medical teams at the Columbus Zoo prep for a kangaroo surgery.
8.00 **Wild India** Life through the eyes of a newborn elephant calf. **9.00** David Attenborough explores life under the canopies illustrated in Rudyard Kipling's *Jungle Book*, including encounters with Bengal tigers.
10.00 **Lawless Island**
11.00 **Ice Road Rescue**
12.00 M'T **Africa's Hunters**
1.00 AM **National Parks: USA**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Africa's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Blowing Up History**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** The power of neutron stars.
8.00 **Blowing Up History** The ancient necropolis of Abusir contains strange megastructures unlike any in Egypt. Experts gain access to investigate lost tombs and forgotten rituals.
9.00 **Mummies Unwrapped** Ramy Romany investigates a mysterious underwater grave.
10.00 **How Do They Do It?**
11.00 **Incredible Engineering Blunders: Fixed**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.05 AM **Later... with Jools Holland**
12.30 PM **Later... with Jools Holland**
5.15 **Later... with Jools Holland** The host introduces performances by Suede, Fishbone, Soul Asylum, Bryan Ferry and Ed Alleyne-Johnson. **6.15** Featuring The The, Charles & Eddie, Chaka Demus & Pliers, The Jayhawks, Maria McKee and Black Umfolosi. **7.35** The Kinks, Belly, Neneh Cherry, Aimee Mann and Maldita Vecindad Y Los Hijos Del Quinto Patio perform on the long-running music show. **8.50** Performances by Perry Farrell, Porno for Pyros, Saint Etienne, Midnight Oil, Oleta Adams and Grant Lee Buffalo. **10.00** The host welcomes Bjork, Gloria Estefan, Paul Westerberg and Lenny Kravitz. **11.10** Featuring Robert Plant, Teenage Fanclub, Buddy Guy, Gallon Drunk and Nanci Griffith.
12.25 AM **Later... with Jools Holland**
5.35 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Diabolical: Deadly Love**
9.00 **True Conviction**
11.00 **American Monster**
12.00 NOON **Disappeared**
1.00 PM **Valley of the Damned**
3.00 **American Monster**
4.00 **Disappeared**
5.00 **Forbidden: Dying for Love**
7.00 **Grave Secrets** Focusing on the case of Jamie Laiaddee. **8.00** The case of Loretta Bowersock, who in 2004 disappeared while shopping.
9.00 **Evil Lives Here: The Killer Speaks** A women wants her older brother to admit that he killed their mother.
10.00 **A Body in the Snow: The Trial of Karen Read** Experts debate the cause of John's injuries, and closing arguments begin. Karen awaits her fate, and the jury delivers an unexpected note.
11.00 **American Monster**
12.00 M'T **The Real Story with Maria Elena Salinas** Double bill.
2.00 AM **Forbidden: Dying for Love**
4.00 **to 6.00** AM **Grave Secrets**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** In Denmark, a wind turbine is destroyed.
7.00 **Texas Metal**
8.00 **Motor Pickers**
9.00 **Hell Roads**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Vintage Voltage**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Fifth Gear**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers**
7.00 **Shed and Buried**
8.00 **Fifth Gear** Jason and Rory explore Iceland in the Kia EV9.
9.00 **Richard Hammond's Workshop**
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Fifth Gear**
1.00 AM **Vintage Voltage**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.20 AM **Juliet & Romeo** (2025)
8.35 **Panda Plan** As 4.00pm.
10.25 **One of Them Days** Comedy. (2025, 15, 97min) ★★★
12.05 PM **Novocaine** As 8.00pm.
2.05 **Wish You Were Here** Drama. (2025, 12, 99min) ★★★
4.00 **Panda Plan** Chinese comedy starring Jackie Chan. Subtitled. (2024, PG, 99min) ★★★
5.50 **Juliet & Romeo** Musical starring Clara Rugaard. (2025, 12, 122min) ★★★

10.00 Nosferatu

8.00 Novocaine Action comedy starring Jack Quaid. When a woman is kidnapped, a man turns an inability to feel physical pain into an advantage in his quest to rescue her. With Ray Nicholson and Amber Midthunder. (2024, 15, 80min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Nosferatu Horror thriller starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a telepathic bond with a mysterious count. With Nicholas Hoult, Willem Dafoe and Aaron Taylor-Johnson. (2024, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **The Brutalist** Epic drama starring Adrien Brody. When a couple flee Europe in 1947, their new lives in the US are changed by a strange client. (2024, 18, 215min) ★★★★★
3.40 **to 6.00** AM **Juliet & Romeo**

Sky Cinema Hits

303 303 403 503 517

7.10 AM **The Huntsman: Winter's War** Fantasy adventure. (2016, 12, 114min) ★★★
9.10 **The Fighting Temptations**
11.15 **The Birds** Hitchcock horror. (1963, 15, 118min) ★★★★★
1.15 PM **Meet Joe Black** Drama. (1998, 12, 181min) ★★★★
4.15 **The Woman in Black: Angel of Death** Horror sequel. (2014, 15, 95min) ★★★
5.55 **Twisters** Disaster drama sequel. (2024, 12, 122min) ★★★★

5.55 Twisters

8.00 Vanilla Sky Romantic fantasy drama, a remake of the Spanish film *Open Your Eyes*, starring Tom Cruise and Penélope Cruz. A wealthy young man's charmed life takes a bizarre turn after he meets the girl of his dreams. With Cameron Diaz and Kurt Russell. (2001, 15, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 Footloose Dance drama starring Kevin Bacon as a foot-tapping Chicago kid who moves to the Midwest Bible Belt where rock 'n' roll is banned. (1984, 12, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Hannibal** Chiller sequel to *The Silence of the Lambs*. (2001, 18, 131min) ★★★
2.30 **Manodrome** Offbeat thriller. (2023, 15, 96min) ★★★
4.15 **to 6.25** AM **The Fighting Temptations** Musical drama. (2003, PG, 123min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.40 AM **True Grit** Vintage Western. (1969, PG, 128min) ★★★★★
9.55 **Flashdance** Dance drama. (1983, 15, 96min) ★★★
11.45 **The Young Messiah** Biblical drama. (2016, 12, 111min) ★★
1.40 PM **A League of Their Own** Comedy drama with Tom Hanks. (1992, PG, 124min) ★★★★
3.55 **Love Actually** Romantic comedy. (2003, 15, 135min) ★★★

6.10 Mamma Mia! Musical based on the hit stage show inspired by ABBA songs, with Meryl Streep. (2008, PG, 108min) ★★★★
8.00 One Life Fact-based drama starring Anthony Hopkins. Months before World War Two, a London stockbroker tries to rescue hundreds of children from Nazi-occupied Czechoslovakia. (2023, 12, 105min) ★★★★
9.50 The Holiday Romantic comedy starring Cameron Diaz and Kate Winslet. (2006, 12, 135min) ★★★

12.10 AM **Saturday Night Fever** Dance drama. (1977, 18, 119min) ★★★★
2.10 **Chicago** Screen version of the hit Broadway musical. (2002, 12, 112min) ★★★★
4.05 **Sky Cinema Preview**
5.05 **to 7.25** AM **Dreamgirls** Musical. (2006, 12, 130min) ★★★★

Sky Cinema Sci-fi/Horror

311 311 411 511 525

6.05 AM **Cuckoo** Horror thriller. (2024, 15, 102min) ★★★
8.00 **AfrAId** Sci-fi horror with John Cho. (2024, 15, 84min) ★★
9.40 **The Woman in Black: Angel of Death** Horror chiller sequel. (2014, 15, 95min) ★★★
11.30 **Edge of Tomorrow** Adventure. (2014, 12, 113min) ★★★★
1.35 PM **The Lawnmower Man** Thriller. (1992, 15, 105min) ★★★

4.10 Sinister Horror starring Ethan Hawke. (2012, 15, 105min) ★★★
6.15 Ouija Horror starring Olivia Cooke. (2014, 15, 87min) ★★
8.00 Ouija: Origin of Evil Supernatural horror prequel starring Elizabeth Reaser. (2016, 15, 99min) ★★★
9.45 Insidious Supernatural thriller starring Patrick Wilson and Rose Byrne. (2010, 15, 103min) ★★★★
11.35 Insidious: Chapter 2 Supernatural thriller sequel. (2013, 15, 103min) ★★★

1.25 AM **Event Horizon** Sci-fi horror thriller. (1997, 18, 96min) ★★★
3.05 **Friday the 13th Part II** Horror sequel. (1981, 18, 87min) ★★
4.45 **Sky Cinema Preview**
5.30 **to 7.10** AM **Friday the 13th Part III** Stalk 'n' slash horror sequel. (1982, 18, 95min) ★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.00 AM **The Cinema List: Family**
6.15 **Pups United** As 1.00am.
7.55 **The Spiderwick Chronicles** Fantasy. (2008, PG) ★★★★
9.45 **Hook** Fantasy. (1991, U) ★★★
12.20 PM **The Three Musketeers: Milady** (2023, 12) ★★★★
2.25 **Jackie Chan's The Tuxedo** Action comedy. (2002, 12) ★★
4.15 **Journey to the Center of the Earth** As 4.50am.
6.00 **Journey 2: The Mysterious Island** (2012, PG) ★★★

7.40 The Smurfs

7.40 **The Smurfs** Adventure starring Neil Patrick Harris and Jayma Mays. The Smurfs are sucked into a magic portal that takes them to Manhattan. (2011, U, 103min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

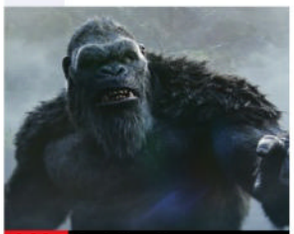
9.25 **The Smurfs 2** Family adventure sequel starring Hank Azaria and Neil Patrick Harris. The Smurfs and their human friends dash around Paris to thwart an evil wizard. (2013, U, 104min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **The Secret Garden** Family drama starring Colin Firth. (2020, PG, 99min) ★★★★
1.00 AM **Pups United** Adventure with Matthew James Roberts. (2015, U, 89min) ★★★
2.40 **Ride On** Chinese action drama starring Jackie Chan. Subtitled. (2023, PG, 126min) ★★★
4.50 **to 6.25** AM **Journey to the Center of the Earth** Family adventure starring Brendan Fraser. (2008, PG, 92min) ★★

Sky Cinema Action

307 307 407 507 521

7.00 AM **The Cinema List: Jurassic**
7.15 **Hellboy** As 12.45am.
9.40 **Seeking Justice** As 3.05am.
11.35 **Twister** Disaster movie. (1996, PG, 114min) ★★★
1.40 PM **Snow White and the Huntsman** (2012, 12) ★★★
4.00 **Godzilla x Kong: The New Empire** Fantasy adventure. (2023, 12, 115min) ★★★
6.05 **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★



4.00 Godzilla x Kong

8.00 **The Amazing Spider-Man** Fantasy adventure starring Andrew Garfield and Emma Stone. A nerdy New York teenager becomes a vigilante crime-fighter after a bite from a genetically modified spider gives him special powers. With Rhys Ifans. (2012, 12, 136min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.20 **The Amazing Spider-Man 2** Fantasy adventure sequel starring Andrew Garfield and Emma Stone. The superhero battles a foe with electrical powers. (2014, 12, 142min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.45 AM **Hellboy** Horror fantasy. (2004, 12, 122min) ★★★★
3.05 **Seeking Justice** Thriller. (2011, 15, 104min) ★★
4.55 **to 7.15** AM **Once Upon a Time in China** Adventure. (1991, 15, 120min) ★★★★★

Sky Cinema Comedy

308 308 408 508 522

6.00 AM **The Men Who Stare at...**
7.45 **Nacho Libre** Action comedy. (2006, 12, 92min) ★★★★
9.30 **Baywatch** (2017, 15) ★★
11.30 **My Big Fat Greek Wedding 2** Comedy sequel. (2016, 12) ★★
1.10 PM **The Nutty Professor** Comedy. (1996, 12) ★★★
2.50 **Nutty Professor II: The Klumps** (2000, 12) ★★★
4.40 **HouseSitter** (1992, PG) ★★★
6.25 **The Men Who Stare at Goats** Comedy. (2009, 15) ★★★

9.40 Crazy Rich Asians

8.00 **David Brent: Life on the Road** Comedy spin-off starring Ricky Gervais. More than a decade on from his appearance in *The Office*, David Brent dreams of a music career. (2016, 15, 96min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

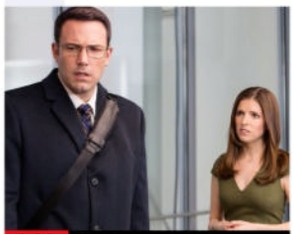
9.40 **Crazy Rich Asians** Romantic comedy starring Constance Wu and Henry Golding. A professor heads to Singapore with her boyfriend, and is surprised to learn he is from an extremely wealthy family. (2018, 12, 120min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
1.25 AM **Bad Teacher** Comedy. (2011, 15, 92min) ★★★
3.15 **Dumb and Dumber To** Comedy sequel. (2014, 15) ★★
5.15 **to 7.20** AM **Parenthood** Comedy drama about family life. (1989, 15, 124min) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.15 AM **The Surfer** As 4.30am.
8.05 **Ruthless** Action thriller. (2023, 15, 92min) ★★★
9.45 **Along Came a Spider** Thriller. (2001, 15, 103min) ★★★
11.35 **Patriot Games** As 12.10am.
1.35 PM **Jack Reacher** Thriller. (2012, 15, 130min) ★★★
3.50 **Jack Reacher: Never Go Back** Action thriller sequel. (2016, 12, 118min) ★★★
5.55 **Split** M Night Shyamalan's thriller. (2016, 15, 117min) ★★★



8.00 The Accountant

8.00 **The Accountant** Thriller starring Ben Affleck and Anna Kendrick. A man with autism moonlights as a money launderer for the Mob, but the Treasury Department soon closes in. With JK Simmons, John Lithgow and Jon Bernthal. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 **Escape from Alcatraz** Fact-based prison drama starring Clint Eastwood as a convict determined to break out of Alcatraz, America's supposedly impregnable island penitentiary. With Patrick McGoohan and Fred Ward. (1979, 15, 112min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Patriot Games** Action thriller. (1992, 15, 116min) ★★★
2.10 **Vanilla Sky** Fantasy drama. (2001, 15, 136min) ★★★
4.30 **to 6.20** AM **The Surfer** Thriller. (2024, 15, 100min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Remains of the Day** Merchant-Ivory period drama. (1993, U, 134min) ★★★★★
1.45 PM **A Lawless Street** Western. (1955, U, 78min) ★★
3.20 **The Blue Lamp** Drama. (1949, b/w, PG, 81min) ★★★★
5.00 **Anastasia** Historical drama. (1956, U, 105min) ★★★
7.10 **The Old Man & the Gun** Fact-based crime drama. (2018, 12, 93min) ★★★★

7.10 The Old Man & the Gun

The Old Man & the Gun (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 **Tombstone** Western starring Kurt Russell and Val Kilmer. Gunslinger Wyatt Earp abandons his plans to hang up his guns when he runs into a marauding outlaw and his gang. With Sam Elliott and Bill Paxton. (1993, 15, 129min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.40 **PREMIERE** **On the Come Up** Music drama starring Jamila C Gray. A teenager dreams of becoming a rapper, while her mother tries to make ends meet. With Da'Vine Joy Randolph and Mike Epps. (2020, 12, 116min) ★★★
1.55 **to 3.55** AM **Climax** French-Belgian horror. Partly subtitled. (2018, 18, 95min) ★★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema 20s

302 302 402 502 516

6.00 AM **Save the Cinema** Drama. (2021, 12, 109min) ★★★
8.00 **Exhibiting Forgiveness** Drama. (2024, 15, 117min) ★★★
10.00 **Ferrari** Biopic starring Adam Driver. (2023, 15, 130min) ★★★
12.15 PM **Lee** Biopic starring Kate Winslet. (2023, 15, 117min) ★★★
2.15 **The Luckiest Man in America** Drama with Paul Walter Hauser. (2024, 15, 90min) ★★★★

4.00 **William Tell** Historical drama. (2025, 15, 133min) ★★★
6.15 **Cleaner** Thriller starring Daisy Ridley. (2025, 15, 97min) ★★★
8.00 **Fight or Flight** Thriller starring Josh Hartnett. A mercenary is assigned a target on a flight, but when rival assassins board the plane, the hunter and the hunted team up. With Katee Sackhoff. (2025, 15, 98min) ★★★
9.45 **Get Away** Horror comedy written by and starring Nick Frost. (2024, 15, 100min) ★★★★

11.20 **Sharp Corner** Thriller with Ben Foster. (2024, 15, 110min) ★★★★
1.15 AM **Daddio** Christy Hall's drama. (2023, 15, 101min) ★★★★
3.05 **A Good Person** Drama. (2022, 15, 129min) ★★★★
5.20 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Feel Good

304 304 404 504 518

6.15 AM **Dumb and Dumber** Comedy. (1994, 12, 107min) ★★★
8.05 **The Big Chill** As 12.15am.
9.50 **A Night at the Roxbury** (1998)
11.15 **Sunset Boulevard** Classic Hollywood melodrama. (1950, b/w, PG, 110min) ★★★★★
1.10 PM **Role Models** Comedy. (2008, 15, 99min) ★★★★
2.55 **Look Who's Talking** Comedy. (1989, 12, 96min) ★★★

4.35 **A Night at the Roxbury** Spin-off comedy from *Saturday Night Live*. (1998, 15, 82min) ★
6.10 **Bob Marley: One Love** Biopic starring Kingsley Ben-Adir. (2023, 12, 104min) ★★★
8.00 **Dreamgirls** Musical based on the Broadway show, starring Jamie Foxx, Beyoncé Knowles, Eddie Murphy and Jennifer Hudson. (2006, 12, 130min) ★★★★
10.15 **Grease** Musical starring John Travolta and Olivia Newton-John. (1978, PG, 110min) ★★★★

12.15 AM **The Big Chill** Comedy drama starring Tom Berenger. (1983, 15, 115min) ★★★★
2.05 **Saturday Night Fever** Dance drama. (1977, 18, 119min) ★★★★
4.15 **to 6.00** AM **Ferris Bueller's Day Off** John Hughes' comedy. (1986, 12, 103min) ★★★★

Sky Cinema Animation

305 305 412 500 514

6.35 AM **Into the Wonderwoods** Animated family adventure. (2024, U, 81min) ★★★
8.05 **Fox and Hare Save the Forest**
9.20 **Shrek Forever After** Animated sequel. (2010, U, 93min) ★★★★
11.05 **Monster House** Animation. (2006, PG, 91min) ★★★★
12.45 PM **The Inventor** As 8.30pm.
2.30 **The Emoji Movie** Animated adventure. (2017, U, 83min) ★

4.00 **The Rugrats Movie** Animated comedy. (1998, U, 80min) ★★★
5.30 **Over the Hedge** Animation. (2006, U, 83min) ★★★★
6.55 **The Pirates! In an Adventure with Scientists** (2012, U) ★★★★
8.30 **The Inventor** Animation. (2023, PG, 100min) ★★★
10.15 **Fox and Hare Save the Forest** Animation. (2024, U) ★★★
11.30 **Batman Unlimited: Monster Mayhem** (2015, PG) ★★★
12.55 AM **The Wild Thornberrys Movie** (2002, U) ★★★★

2.30 **DC Super Hero Girls: Legends of Atlantis** (2018, PG) ★★★
3.50 **Lego DC Comics Super Heroes: The Flash** (2018, U) ★★★
5.15 **to 6.40** AM **Teen Titans Go! & DC Super Hero Girls: Mayhem in the Multiverse** Animation. (2022, PG, 79min) ★★★

Movies 24

312 313 419

7.00 AM **Love in the Limelight** Comedy. (2022, PG, 84min) ★★
9.00 **Junebug** Fantasy drama. (2024, PG, 84min) ★★
11.00 **Unthinkably Good Things** Drama. (2022, PG, 84min) ★★
1.00 PM **A Missed Connection** Drama. (2023, PG, 90min) ★★
3.00 **Campfire Romance** Romantic comedy starring Tori Anderson. (2022, PG, 90min) ★★

5.00 **Perfect Harmony** Romantic comedy. (2022, PG, 84min) ★★
7.00 **Food for the Heart** Romantic comedy starring Tara Wilson. (2023, PG, 83min) ★★
9.00 **The Marry Me Pact** Romantic comedy starring Meggan Kaiser and Tyler Harlow. A psychic tells a woman she is destined to marry her best friend – who comes home from holiday engaged. (2023, PG, 88min) ★★
11.00 **Inspiring Love** Romantic drama. (2023, PG, 85min) ★★

1.00 AM **Finding Love in Saint Lucia** Romantic drama with Brooke Burfitt. (2023, PG, 90min) ★★
3.00 **to 5.00** AM **Sweeter than Chocolate** Romantic comedy. (2023, PG, 84min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **The Westerner** 2/13. (S1)
6.30 **What's On TPTV with Noel**
6.45 **The Limping Man** Thriller. (1954, b/w, PG, 76min) ★★★
8.15 **Look at Life**
8.30 **Out of Town**
9.00 **I Only Arsked!** Farcical comedy. (1958, b/w, U, 82min) ★★
10.40 **The Durant Affair** Drama. (1962, b/w, U, 73min) ★★★
12.00 NOON **Dixon of Dock Green**

1.05 PM **To Have and to Hold** Drama. (1950, b/w, PG, 63min) ★★★
2.20 **Small Hotel** (1957, b/w, U) ★★★
3.30 **The Big Trees** Action drama. (1952, U, 89min) ★★★
5.20 **Edgar Wallace Mystery Theatre**
6.30 **Four Star Theatre**
7.05 **Batman**
7.35 **Dial 999**
8.05 **The Mind of Mr JG Reeder**
9.10 **Love and Pain and the Whole Damn Thing** Romantic comedy. (1972, PG, 110min) ★★
11.25 **Cellar Club with Caroline Munro**

11.30 **Amityville Horror: The Evil Escapes** Horror. (1989, 15) ★★
1.25 AM **Cellar Club with Caroline...**
1.30 **The Fifth Floor** (1978, 18) ★★★
3.20 **Cellar Club with Caroline Munro**
3.25 **To Dorothy a Son** (1954) ★★★
5.05 **Glimpses**
5.30 **to 6.00** AM **Beverly Hillbillies**

TUESDAY Sport 30 September

Tuesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
10.00 **LIVE ICC Women's World Cup India v Sri Lanka.** Coverage of the opening group match from Barsapara Cricket Stadium, as the co-hosts go head to head. India have never won this tournament before and will be hoping home advantage will come into play. *See feature, page 28.*
6.30 PM **The Premier League Show** A daily guide to the top flight.
7.00 **Gillette Labs Soccer Special**
7.30 **LIVE EFL Derby County v Charlton Athletic.** Coverage of the Championship match from Pride Park. Charlton prevailed 2-1 when the teams last met here two seasons ago in League One, with Karoy Anderson scoring the winner to avenge a 1-0 defeat at the hands of the Rams earlier that campaign at The Valley. Kick-off is at **8.00pm**.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 PM **to 5.30** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **Premier League Highlights**
10.00 **Sky Sports FC**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years** A look back at the 94/95 season.
3.00 **Premier League Highlights** Nottingham Forest v Sunderland.
3.30 Tottenham Hotspur v Wolverhampton Wanderers.
4.00 Newcastle United v Arsenal.
4.30 Everton v West Ham United.
5.00 **The Premier League Show** A daily guide to the top flight.
7.00 **Gillette Labs Soccer Special**
10.15 **Premier League Review** A look back at the weekend's action in the Premier League, featuring all of the goals, news and talking points from around the top flight.
11.15 **Netbusters** Action from the Premier League, with fast-paced highlights using alternative angles, featuring goals from every game.
11.45 **Ref Watch** Analysing refereeing decisions from the weekend.
12.15 AM **Premier League Review**
1.15 **Premier League Years** A look back at the 1995/96 season.
3.15 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL** This year's play-off finals.
9.00 **EFL Greatest Games**
10.00 **SPFL Greatest Games**
12.00 NOON **SPFL Round-Up**
12.15 PM **SPFL Highlights**
12.30 **EFL League One Goals**
1.00 **EFL League Two Goals**
1.30 **EFL Highlights** Championship.
2.30 **WSL** Arsenal v Aston Villa.
3.00 Liverpool v Man United.
3.30 **Bundesliga Highlights Show**
4.30 **EFL Highlights**
5.00 **EFL Greatest Games**
6.00 **WSL** Arsenal v Aston Villa.
6.30 **SPFL Round-Up**
6.45 **SPFL Highlights**
7.00 **EFL Highlights** Championship.
7.30 **LIVE EFL Derby County v Charlton Athletic.** Coverage of the Championship match from Pride Park. Charlton prevailed 2-1 when the teams last met here two seasons ago. Kick-off **8.00pm**.
10.30 **SPFL Round-Up**
10.45 **SPFL Highlights**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.45 AM **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 2021/22**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **ICC Legends** Archive action.
7.00 **Women's Rise The Official Film**
8.00 **ICC Women's World Cup**
9.00 **ICC Legends** Player profiles.
9.30 **ICC Women's World Cup**
10.00 **LIVE ICC Women's World Cup India v Sri Lanka.** The opening group match from Barsapara Cricket Stadium. India have never won this tournament before and will be hoping home advantage will come into play. They have made it to two finals in this competition but have lost on both occasions, first to Australia in 2005, then again in 2017 to England. *See feature, page 28.*
6.30 PM **Ashes Greats**
7.00 **Women's Rise The Official Film**
8.00 **ICC Women's World Cup**
10.00 **Women's One-Day International Cricket**
11.00 **ICC Women's World Cup**
12.00 M'T **Women's One-Day International Cricket**
1.00 AM **ICC Women's World Cup**
2.00 **Women's ICC World T20 Cricket**
3.00 **ICC Women's World Cup**
4.00 **Women's One-Day International Cricket**
5.00 **to 6.00** AM **World T20 Cricket**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Golf Academy**
7.00 **Playing Lessons** Expert advice.
8.00 **Nick Dougherty's Tee Time Tips**
9.00 **The Open Zone** Women's Open.
10.00 **Ryder Cup** Third and final day.
11.00 **Legends Tour Golf**
12.00 NOON **Best of the Open Zone**
1.00 PM **Trey's Tips** Trey Gnewikow.
1.15 **The Improvers** Golfing advice.
1.30 **Golf Academy** Ian Poulter.
2.00 **Playing Lessons**
3.00 **Nick Dougherty's Tee Time Tips**
4.00 **Trey's Tips** With Trey Gnewikow.
4.15 **The Improvers** Golfing advice.
4.30 **The Open Zone**
5.00 **Golf** British Par 3 Championship.
7.00 **Ryder Cup** Days one to three.
10.00 **School of Golf** Expert tips.
11.00 **Legends Tour Golf**
12.00 M'T **Best of the Open Zone**
1.00 AM **Golf Academy**
2.00 **Playing Lessons** Max Homa.
3.00 **Nick Dougherty's Tee Time Tips**
4.00 **The Open Zone** Women's Open.
5.00 **to 6.00** AM **Women's Golf**

TNT Sports 1

410 413 521 408 430

6.00 AM **SailGP: Racing on the Edge**
6.30 **The Gruppetto** Cycling action.
6.45 **Men's Cycling Pro Series**
7.45 **LIVE Cycling: Tour of Langkawi** Coverage of the third stage, a route of 198.2km.
9.15 **Training Day** From Grenfell.
9.30 **Asia Cup Cricket**
10.00 **Serie A** Action from Italy.
12.00 NOON **Premier League Review**
1.00 PM **LIVE Cycling: CRO Race** Coverage of the opening stage.
3.00 **LIVE UEFA Youth League Chelsea U19 v Benfica U19.** League phase match at Cobham Training Ground. Kick-off **3.00pm**.
5.00 **Training Day** From Grenfell.
5.15 **Sign Up – Into Football**
6.00 **Premier League Netbusters**
6.30 **Premier League Stories**
7.00 **LIVE UEFA Champions League Chelsea v Benfica.** The league phase game at Stamford Bridge. Kick-off is at **8.00pm**.
10.30 **Original Documentary**
11.30 **Premier League Stories**
12.00 M'T **Premier League**
12.30 AM **FIA World Endurance Championship Highlights**
1.30 **LIVE MLB** A Postseason match.
4.45 **to 6.00** AM **MLB Classic**

TNT Sports 2

411 414 522 409 431

6.00 AM **Premier League Review**
7.00 **Superbike World Championship Highlights**
8.00 **Tour de France Men Highlights**
9.00 **Cycling: La Vuelta Men**
10.00 **MotoGP** Grand Prix of Japan.
1.30 PM **MotoGP Chequered Flag**
2.30 **Premier League: Big Interview**
3.00 **Men's Cycling Pro Series**
4.00 **UEFA Europa League & Conference League Magazine**
5.00 **Champions League Magazine**
5.30 **LIVE UEFA Champions League Kairat Almaty v Real Madrid.** Coverage of the league phase match from Pavlodar Central Stadium. Kick-off **5.45pm**.
7.45 **LIVE UEFA Champions League Bodo/Glimt v Tottenham Hotspur.** Coverage of the league phase match from Aspmyra Stadion. The visitors are playing in their first Champions League campaign since 2022/23 after beating Manchester United in last year's Europa League final. Kick-off is at **8.00pm**.
10.30 **Men's Cycling Pro Series**
11.30 **I Believe in Miracles**
1.15 AM **Superbike Rewind**
1.30 **to 6.00** AM **MotoGP**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Action from Miami Dolphins v New York Jets.
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football** The latest NFL news and talking points.
3.00 **NFL Highlights**
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show, as they discuss and debate the biggest stories from around the league.
8.00 **NFL Bitesize Highlights** Action from Tampa Bay Buccaneers v Philadelphia Eagles.
8.15 Highlights of Atlanta Falcons v Washington Commanders.
8.30 Action from San Francisco 49ers v Jacksonville Jaguars.
8.45 Highlights of Pittsburgh Steelers v Minnesota Vikings.
9.00 **NFL Highlights** Action from Miami Dolphins v New York Jets.
10.00 Action from San Francisco 49ers v Jacksonville Jaguars.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
4.00 PM **Sports Desk** Sports news with live analysis and comments.
5.00 **The Premier League Show**
7.00 **Gillette Labs Soccer Special**
7.30 **EFL Greatest Games**
7.35 **LIVE EFL Middlesbrough v Stoke City.** Coverage of the Championship match staged at Riverside Stadium, featuring two of the early-season pacesetters. Middlesbrough did the double over Stoke last season, winning 2-0 here and 3-1 at bet365 Stadium, but the Potters did record an emphatic 5-0 victory at this ground in last term's EFL Cup. Kick-off is at **7.45pm**.
10.30 **Back Pages Tonight**
11.00 **Sky Sports News** Round-up of the sports news, with live analysis and comment, plus extended interviews with headline-makers.
1.00 AM **Championship Retro** A replay of West Ham United v Blackpool in the 2011/12 play-off final staged at Wembley Stadium.
3.00 **to 5.30** AM **Sky Sports News**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE WTA & ATP Tennis** Coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
11.00 **LIVE ATP Tennis** Coverage of the Tokyo Open final, the ATP 500 event, a hard-court tournament at Ariake Coliseum.
1.00 PM **LIVE WTA & ATP Tennis** Further coverage from the Tours, including the ATP Tokyo Open, plus the ATP & WTA Beijing Open.
4.00 **ATP Tennis** Canadian Open final.
4.15 **WTA Tennis** Canadian Open.
4.30 **ATP Tour This Week**
5.00 **ATP Tennis** Shanghai Masters.
6.00 **ATP Tennis** Tokyo Open final.
8.00 **WTA & ATP Tennis** Including the Toyko Open and Beijing Open.
12.00 M'T **ATP Tennis** Tokyo Open final.
2.00 AM **Billie Jean King: My Story**
2.15 **Tim Henman Podcast 2024**
2.30 **US Open Tennis** Singles finals.
3.00 **ATP Tour This Week**
3.30 **to 5.30** AM **WTA & ATP Tennis**

TNT Sports 3

413 415 523 410 432

6.00 AM **NWSL** Recent highlights.
8.00 **Fishing: On the Bank**
9.00 **Onboard** Ocean Race Europe.
10.00 **SailGP: Racing on the Edge**
10.30 **The Gruppetto** Cycling action.
10.45 **The Rugby Review**
11.30 **UTMB World Series Highlights**
12.30 PM **WRC: More Than Machine**
1.30 **FIA World Endurance Championship Highlights**
2.30 **Onboard** Ocean Race Europe.
3.30 **SailGP: Racing on the Edge**
4.00 **Playing for Our Future: Rugby**
4.15 **Asia Cup Cricket** The final.
4.45 **Cliff Diving World Series**
5.45 **LIVE UEFA Champions League Atalanta v Club Brugge.** League phase action at Gewiss Stadium. Kick-off **5.45pm**.
7.45 **UEFA Champions League**
11.00 **UEFA Europa League & Conference League Magazine**
12.00 M'T **UEFA Champions League**
5.00 **to 6.00** AM **Europa League & Conference League Magazine**

TNT Sports 4

414 416 524 411 434

6.00 AM **Women's One-Day International Cricket**
9.00 **FIA World Endurance Championship Highlights**
10.00 **IFSC Climbing World Championship** From Seoul.
12.30 PM **NWSL** Recent action.
2.30 **What I Wore** Speaking to some of the biggest names in football.
3.00 **AFL** A replay of the Grand Final.
4.30 **UTMB World Series Highlights**
5.30 **MotoGP** The Grand Prix of Japan from Mobility Resort Motegi.
6.30 **MotoGP Chequered Flag**
7.30 **LIVE MLB** Coverage of the MLB Postseason match.
10.30 **LIVE MLB** The evening's second MLB Postseason match.
1.45 AM **Fight Week** UFC 320.
2.15 **The Gruppetto** Cycling action.
2.30 **Men's Cycling Pro Series**
3.30 **UTMB World Series Highlights**
4.30 **SailGP: Racing on the Edge**
5.00 **to 6.00** AM **Fishing: On the Bank**

Premier Sports 1

419 551

6.00 AM **Euro Le Mans Highlights**
7.00 **World Surf League**
8.00 **Transworld Sport** Magazine.
9.00 **British Minibikes**
11.00 **Scottish Football Social Club**
12.00 NOON **LaLiga Match Highlights**
1.30 PM **Coppa Italia Show**
2.00 **NHL Tonight** Highlights.
3.00 **Coppa Italia Show**
3.30 **Top 14 Rugby Union Highlights**
4.00 **Eredivisie Highlights**
5.00 **NASCAR Highlights** Action from the Hollywood Casino 400.
5.55 **LIVE Swedish Hockey League Skelleftea v Lulea.** Face-off is at **6.00pm**.
8.30 **NHL: This is Hockey**
9.00 **Scottish Football Social Club**
10.00 **LaLiga Match Highlights**
11.00 **Eredivisie Highlights**
12.00 M'T **Transworld Sport**
1.00 AM **British Minibikes**
3.00 **UK Independent Kart Racing**
4.30 **Top 14 Rugby Union Highlights**
5.00 **to 6.00** AM **Euro Le Mans**

Premier Sports 2

420 552

6.00 AM **NASCAR** Another chance to see the Hollywood Casino 400.
10.00 **GP Confidential** F1 news.
10.30 **Bike World** Magazine.
11.00 **LaLiga** Another chance to see Atlético Madrid v Real Madrid.
1.00 PM Another chance to see Barcelona v Real Sociedad.
3.00 **United Rugby Championship** A replay of Stormers v Leinster.
5.00 **United Rugby Championship** A replay of Scarlets v Munster.
7.00 **Bike World** Magazine.
7.30 **LaLiga** Another chance to see Atlético Madrid v Real Madrid.
9.30 **FastZone** Motorsports highlights.
10.00 **Brasileiro Serie A** A chance to see Fluminense v Botafogo.
12.00 M'T **United Rugby Championship** Another chance to see Glasgow Warriors v Sharks.
2.00 AM **NASCAR Xfinity Series** Action from Kansas Speedway.
5.00 **Bike World** Magazine.
5.30 **to 6.00** AM **GP Confidential**

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **US Open Tennis** Women's final.
8.00 **Ryder Cup** Highlights.
11.00 **PL Retro** Manchester City v Manchester United from 2018.
1.00 PM **Legends Tour Golf**
2.00 **PL Greatest Games**
3.00 **PDC Classics** Archive action.
3.30 **PGA Tour Champions**
4.30 **Ryder Cup** Days one to three.
7.30 **US Open Tennis** The men's final.
8.30 **Premier League Darts** A chance to see Finals Night staged at O2 Arena in London.
12.00 M'T **PL Greatest Games**
1.00 AM **PDC Classics** Archive action.
3.00 **EFL Greatest Games**
4.00 **The Open Zone** Women's Open.
5.00 **to 6.00** AM **Women's Golf**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
3.55 PM **Formula 1** A replay of the 2019 Singapore Grand Prix.
6.35 **Formula 1** A chance to see the 2022 Singapore Grand Prix.
9.20 **F1 Explained: Cadillac**
9.25 **Ferrari Milan Event**
9.30 **Formula 1** Highlights from the 2016 Singapore Grand Prix held at Marina Bay Street Circuit.
10.30 Highlights from the 2018 Singapore Grand Prix.
11.30 The 2019 Singapore Grand Prix at Marina Bay Street Circuit.
12.30 AM **Formula 1** Archive action.
1.30 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Wednesday 1 October Evening Planner

Wednesday

Football

Champions League
TNT Sports
Newcastle travel to Belgium's Union Saint-Gilloise, Arsenal host Olympiacos and Monaco entertain Manchester City.

Factual

Portrait Artist of the Year
Sky Arts & Sky Showcase, 8pm
The artists' first sitters of this year's contest are *The One Show*'s Alex Jones, singer Yungblud and actor Kyla Harris.

Factual

Grand Designs
C4, 9pm
Kevin McCloud follows more self-builds, starting with artist Sarah, who is planning a radical home in the Durham Dales.

Factual

Perfect Pub Walks with Alexander Armstrong
More4, 9pm
Alexander's first walking buddy for this series of scenic strolls is James May.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 The Repair Shop		9.00 Panorama		10.00 News; Local News	10.40 MOTD...
	102 BBC2	7.00 SOS: Extreme...	7.30 Grand Tours of...	8.00 Disclosure		9.00 Wilderness with Simon Reeve		10.00 Inside No. 9	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale	8.00 Coronation Street		9.00 The Hack		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 Location, Location, Location		9.00 Grand Designs		10.00 Gogglebox	
	105 5	7.00 Inside Longleat		8.00 Call the Bailiffs: Time to Pay Up		9.00 Coastguard SOS: Search & Rescue		10.00 Police Raid: Minute by Minute	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 Portrait Artist of the Year		9.00 Big Little Lies			
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories		8.00 Freddie Flintoff's Field of Dreams...		9.00 Stacey & Joe		10.00 Waterloo Road	
	116 BBC4	7.00 Fred Dibnah's...	7.30 Railways: The...	8.00 Thatcher: A Very British Revolution		9.00 The Jet Stream and Us		10.15 Film: Brothers in Trouble	
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Big Brother		10.00 Big Brother: Late & Live	
	136 MORE4	‹ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 Perfect Pub Walks with Alexander...		10.00 Grand Designs...	10.35 Grand...
	135 E4	7.00 Hollyoaks	7.30 Hollyoaks...	8.00 First Dates Valentine's		9.00 Married at First Sight UK		10.10 First Dates	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 Doc		10.00 Fire Country	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 The White Lotus		10.15 True Detective	
	110 U&GOLD	7.00 Dad's Army	7.40 Fawlty Towers						10.20 Porridge
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	7.00 Heartbeat		8.00 Foyle's War					
	120 ITV4	7.00 Gallagher PREM Unleashed		8.00 Ice Road Truckers		9.00 Film: The Expendables 3			
	112 COMEDY CENTRAL	‹ 6.55 Friends				9.00 Bradley & Barney Walsh: Breaking Dad		10.00 8 Out of 10 Cats	
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 The Ark		10.00 Grimm	
	113 SKY MAX	7.00 Stargate Universe		8.00 Film: One Shot				10.00 An Idiot Abroad 2	
	109 U&ALIBI	7.00 Body of Proof		8.00 Shakespeare & Hathaway		9.00 Death in Paradise		10.00 Father Brown	
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Portrait Artist of the Year		9.00 Celebrity Portrait Artist of the Year		10.00 Art's Most Erotic	
	132 U&W	7.00 MasterChef Australia		8.00 Inside the Ambulance		9.00 One Born Every Minute			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Roadworthy Rescues		9.00 Wheeler Dealers World Tour		10.00 Roadworthy Rescues	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Dog Detectives		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 The Battle for Britain: Drain the Oceans		9.00 Churchill's German Army		10.00 Top Guns: The Next Generation	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Storage Wars		9.00 Curse of Skinwalker Ranch		10.00 Beyond Skinwalker Ranch	
	155 U&YESTERDAY	7.00 Caribbean with Simon Reeve		8.00 Train Truckers		9.00 Train Rescue Down Under		10.00 Bangers & Cash	
	121 SKY DOCS	‹ 6.55 The Civil War		8.00 Lockerbie		9.00 Seen & Heard: The History of Black Television			
FILMS – Sky Cinema	301 PREMIERE	‹ 6.15 Wolf Man		8.00 Novocaine				10.00 The Brutalist	
	302 HALLOWEEN	‹ 5.35 Insidious...	7.25 A Quiet Place			9.00 The Shining			
	303 HITS	‹ 6.00 Bob Marley: One Love		8.00 Grease				9.55 King Kong	
	304 GREATS	‹ 5.35 The Day of the Jackal		8.00 True Grit				10.10 High Plains Drifter	
	305 ANIMATION	‹ 5.45 The Lego Movie 2: The...	7.45 Wallace & Gromit: The Curse of the Were-Rabbit			9.25 Hotel Transylvania			
	306 FAMILY	‹ 6.00 The BFG		8.10 The Scorpion King				9.50 Peter Rabbit 2: The Runaway	
	307 ACTION	‹ 5.30 Gladiator II		8.00 Terminator Salvation				10.00 Rambo	
	308 COMEDY	‹ 6.20 Ace Ventura: When Nature Calls		8.00 Mamma Mia!				9.50 Mamma Mia! Here We Go Again	
	309 THRILLER	‹ 6.15 Vantage Point		8.00 Murder by Numbers				10.10 Lawless	
	310 DRAMA	‹ 6.05 The Girl on the Train		8.00 The King's Speech				10.10 There Will Be Blood	
	311 SCI-FI	‹ 5.50 Blade Runner		8.00 Ready Player One					10.25 Gravity
	313 FILM4	‹ 6.50 Flight of the Phoenix				9.00 Deadpool 2			
SPORT	401 MAIN EVENT	7.00 Gillette Labs...	7.30 EFL – Live: Queens Park Rangers v Oxford United (Kick-off 8.00)						10.30 Back Pages...
	402 PREMIER LEAGUE	7.00 Gillette Labs Soccer Special						10.15 PL Stories	
	403 FOOTBALL	7.00 WSL	7.30 EFL – Live: Queens Park Rangers v Oxford United (Kick-off 8.00)						10.30 EFL Highlights
	405 CRICKET	7.00 ICC Women's World Cup		8.00 Women's International One-Day Cricket		9.00 ICC Women's World Cup		10.00 Women's ICC World T20 Cricket	
	410 TNT SPORTS 1	7.00 UEFA Champions League – Live: Arsenal v Olympiacos (Kick-off 8.00)							10.30 Original...
	411 TNT SPORTS 2	‹ 5.00 UEFA Champions...	7.45 UEFA Champions League – Live: Monaco v Manchester City (Kick-off 8.00)						10.30 PL Netbusters

‹ Denotes programmes starting before 7.00pm † Regions vary

WEDNESDAY

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Wednesday

BBC1

101 101 101 1 101 101 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **SAS: Catching the Criminals** (S)(R)
11.15 **Homes Under the Hammer** New edition From Leicestershire, North Yorkshire and Norfolk. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Clean It, Fix It** (S)(R)
2.30 **Amanda & Alan's Italian Job** 3/8. The duo tackle the garden. (S)(R)
3.00 **Escape to the Country** (S)(R)
3.45 **The Travelling Auctioneers** (S)(R)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)
6.55 **Party Political Broadcast** By the Labour Party. (S)

5.15 Pointless

7 PM

7.00 **The One Show** Alex Jones and Vernon Kay present the topical show. (S)
7.30 **EastEnders** There is drama ahead in Walford following an unexpected surprise. Meanwhile, things are looking up for Harry. (S)(AD)

8 PM

8.00 **The Repair Shop** New edition Experts restore a photo of US President John F Kennedy's children with their English nanny, a tiny drum kit clock, a melted wax statuette and a traditional Venezuelan stringed instrument. (S)(AD)

9 PM

9.00 **Panorama** New edition In-depth current affairs report covering a story behind the headlines. (S)

10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **MOTD: UEFA Champions League** Action from the matchday two fixtures in the league phase, including Bodø/Glimt v Tottenham Hotspur, Galatasaray v Liverpool and Union Saint-Gilloise v Newcastle United. (S)
12.00 M'T **FILM The Gift** Thriller starring Rebecca Hall, Jason Bateman and Joel Edgerton, who also directed. A couple have a series of troubling encounters with the husband's old schoolfriend that bring some dark secrets to the surface. (S) (2015, 15, 100min) ★★★★
1.40 AM **Weather for the Week Ahead** Seven-day forecast. (S)
1.45 **to 6.00** AM **BBC News** (S)

BBC2

102 102 102 2 102 102 2

6.15 AM **Bargain Hunt** (S)(R)
7.00 **Homes Under the Hammer** (S)(R)
8.00 **Sign Zone: Celebrity Antiques Road Trip** From Lancashire. (S)(R)
9.00 **BBC News** (S)
12.15 PM **Politics Live Conference** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Politics Live Conference** (S)
3.30 **Hairy Bikers' Best of British**(R)
4.15 **Wild West: America's Great Frontier** A journey along America's West coast. (S)(R)(AD)
5.15 **Flog It!** From Huddersfield. (S)(R)
6.00 **Richard Osman's House of Games** New edition With guests Melanie Bracewell, Ruth Madeley, Jenny Powell and Mark Steel. (S)
6.30 **Strictly: It Takes Two** New edition Janette Manrara presents a guide to the latest backstage ballroom action. (S)

7.00 SOS: Extreme Rescues

7.00 **SOS: Extreme Rescues** Series finale 12/12. New recruits are put to the test rescuing an injured climber. (S)
7.30 **Grand Tours of Scotland's Rivers** Paul Murton explores the River Oykel in Sutherland. (S)(R)(AD)

8.00 **Disclosure** New edition Investigations into issues affecting people in and around Scotland. (S)

9.00 **Wilderness with Simon Reeve** 4/4. Simon Reeve travels across the Kalahari desert in southern Africa, going on a hunt with a group of San trackers before heading to the oasis of the Okavango Delta. (S)(R)(AD)

10.00 **Inside No. 9** *Death Be Not Proud:* 2/6. A couple's new flat has a sinister past. Stars Jenna Coleman and Kadiff Kira. (S5) (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 **Unspun World with John Simpson** The week's major global news stories. (S)
11.30 **Eva Longoria: Searching for Spain** 1/8. The actor explores the country's history, food and culture, starting in Catalonia. (S)(R)(AD)
12.10 AM **Secrets of the Brain** (S)(R)(AD)
1.10 **Sign Zone: Stranded on Honeymoon Island** (S)(R)(AD)
2.10 **Sign Zone: The Newsreader** (S)(R)
3.05 **Sign Zone: MasterChef Final** (S)(R)
4.05 **to 6.15** AM **Previews** (S)

ITV1

103 103 103 3 103 103 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson and his dealers James Layte, Karen Dalmeny, Mark Stevens and Fay Rutter are in Wolverhampton. (S)(R)(AD)
3.00 **Tenable** Warwick Davis hosts as a team of family and friends take part in the quiz show. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.25 **Party Political Broadcast** (S)
6.30 **ITV News** (S)

9.00 The Hack

7.30 **Emmerdale** Robert finds himself in a tricky situation of his own making, and Gabby is suspicious. (S)(AD)

8.00 **Coronation Street** Rita catches Jenny in a lie, Debbie tells Abi to pack her bags, Dev discovers that Asha is avoiding work, and Theo sees a blast from his past. (S)(AD)

9.00 **The Hack** New episode 2/7. DCS Dave Cook is assigned to investigate the murder of private detective Daniel Morgan, and finds himself under surveillance by the *News of the World*. (S1) (S)(AD)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.35 **Local News** (S)
10.50 **FILM Olympus Has Fallen** Action thriller starring Gerard Butler. A secret service agent strives to foil North Korean guerrillas who have seized control of the White House and taken the president hostage. (S)(AD) (2011, 15, 115min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.45 AM **Gallagher PREM Unleashed** The opening round of fixtures. (S)(R)
1.10 **Teleshopping**
3.00 **Tonight: Inside Britain's Asylum Crisis** With Paul Brand. (S)(SL)(R)
3.25 **The Dry** 3/8. (S2) (S)(SL)(R)(AD)
3.55 **Unwind with ITV** (S)
5.05 **to 6.00** AM **James Martin's Midweek Menu** (S)(SL)(R)

+1 hour 203 303 35 112 251

CHANNEL 4

104/108 104/108 108 4/7 104/110 104/106 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 16–19/24. (S5) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition In France, Liz and Dave are investing in solar panels for Lac de Maison. (S)
5.00 **Four in a Bed** New edition The third visit is to Haystacks Country Retreats in North Yorkshire. (S)
5.30 **Come Dine with Me** Medical trainer Jen hosts in Leeds. (S)(R)
6.00 **Sun, Sea and Selling Houses** A Worcestershire couple search for a Spanish holiday home. (S)(R)

5.00 Four in a Bed

7.00 **News** (S)

8.00 **Location, Location, Location** New edition A couple in Greater Manchester are ready to buy after 13 years of renting, and a pair search West Yorkshire for their dream rural home after already suffering two disappointments. (S)(AD)

9.00 **NEW SERIES Grand Designs** Kevin McCloud follows artist Sarah as she returns to her roots with ambitions to build a radical home and creative hub on an exposed three-acre plot she bought at auction in the Durham Dales. (S)(AD)

10.00 **Gogglebox** The armchair critics share their opinions on what they have been watching on TV, with cameras capturing their instant reactions. (S)(R)(AD)
11.00 **Celebrity Gogglebox** (S)(R)(AD)
12.05 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
1.00 **Mitchell and Webb Are Not Helping** (S)(SL)(R)(AD)
1.25 **FILM The Burnt Orange Heresy** Action thriller starring Claes Bang and Elizabeth Debicki. (S)(SL) (2019, 15, 100min) ★★★
3.05 **Location, Location, Location** (R)
4.00 **George Clarke's Amazing Spaces**
4.55 **The Yorkshire Dales and the Lakes: Season by Season** (S)(R)
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 304 15 121 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM PREMIERE **Killer Fashion** Mystery thriller starring Brianna Cohen and Mo Sehgal. (S) (2025, 12, 100min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** New edition The cruisers explore all that Bilbao has to offer, with Graham and Lewis taking in the delights of a local food market. (S)
5.00 **News** (S)
6.00 **Isle of Wight: Jewel of the South** 2/4. Cameras focus on a floating restaurant. (S)(R)
6.55 **News** (S)

9.00 Coastguard SOS

7.00 **Inside Longleat** 2/3. Celebrations for the 75th anniversary of the estate opening to the public step up, as staff prepare for Icons of the Sky festival. (S)(R)(AD)
7.55 **News** (S)

8.00 **Call the Bailiffs: Time to Pay Up** High court enforcement agent Lewis is after payment of a large debt for damage done to electrical apparatus by a man who runs a small electrical contractors. (S)(R)

9.00 **Coastguard SOS: Search & Rescue** New edition In the early hours of the morning, a witness calls the police to report a boat crashing into a buoy at high speed at Poole Harbour in Dorset. (S)(AD)

10.00 **Police Raid: Minute by Minute** In south Wales, an elite task force tackles one of their biggest ever operations, targeting a large group suspected of supplying drugs across the region. (S)(R)

11.05 **Fare Dodgers: At War with the Law** Documentary. (S)(R)
12.05 AM **Murdered at First Sight** New edition A look at the case of 19-year-old Mandy Stavik. (S)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S3) (S)(R)(AD)
3.50 **The Wonderful World of Gold** 1/3. Documentary. (S)(R)
4.40 **The Highland Vet** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Universe** (S)(R)(AD)
11.00 **Wild Sky** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 12/13. (S7) (S)(R)(AD)
5.00 **The Simpsons** *Donnie Fatso:* Homer takes part in an FBI operation against Fat Tony. (S)(R) **5.30** *Elementary School Musical:* Lisa attends a performing arts camp. (S)(R)
6.00 **The Office (US)** 4/19. Part two of two. Michael and Dwight present food gift baskets to seven former clients. (S)(R) **6.30** 5/19. Part one of two. The staff prepare for the website's launch party. (S4) (S)(R)

8.00 Portrait Artist of the Year

7.00 **The Simpsons** *Treehouse of Horror XXI:* Another trio of spirited Halloween tales. (S)(R) **7.30** *Moms I'd Like to Forget:* Marge gets back in touch with three friends she fell out with years ago. (S)(R)

8.00 NEW SERIES **Portrait Artist of the Year** Stephen Mangan returns with the contest to find the UK's most talented portrait artist, with Alex Jones, Yungblud and Kyla Harris the first celebrity sitters. (S)

9.00 **Big Little Lies** *Once Bitten:* 5/7. Tensions rise at the school when signs of bullying continue, and Madeline's relationship with the play director is put under the spotlight. (S)(R)(AD)

10.00 **Big Little Lies** *Burning Love:* 6/7. Jane confronts Renata when she learns a petition has been raised to exclude Ziggy. Meanwhile, the truth behind Abigail's 'secret project' comes out. (S1) (S)(R)(AD)

11.00 **An Idiot Abroad 2** 6/8. Karl Pilkington heads across the Atlantic to travel along America's Route 66 highway. (S)(R)(AD)
12.00 M'T **The Force: Manchester** Following the work of Greater Manchester Police. (S)(R)
1.00 AM **Road Wars** (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 12/13. (S7) (S)(R)(AD)
5.00 **to 6.00** AM **Brit Cops: Rapid Response** (S)(R)(AD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
2.30pm Politics Scotland New edition (S) **3.15-3.45** Amanda & Alan's Italian Job (S)(R)(AD) **6.55-7.00** Party Political Broadcast (S)(R) **12.00m't** Debate Night (S)(R) **1.00am** Scotcast (S)(R) **1.30** Weather for the Week Ahead (S) **1.35-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
10.40pm Nolan Live New edition (S) **11.40** MOTD: UEFA Champions League (S) **1.00am** Would I Lie to You? (S)(R) **1.30-6.00am** BBC News (S)

WALES
Sky 965, Virgin 864, Freesat 965
6.55pm Party Political Broadcast (S)(R) **7.00-7.30pm** SOS: Extreme Rescues Series finale (S)

BBC2

N. IRELAND
Sky 969, Freesat 969
11.00pm Dog Fighting: Exposed – Spotlight (S)(R) **12.00m't** Unspun World with John Simpson New edition (S) **12.30-1.10am** Eva Longoria: Searching for Spain (S)(R)(AD)

WALES
Sky 968, Freesat 968
7.00-7.30pm The One Show (S)

ITV1

No variations

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **11.00** Dysgu Gyda Cyw **12.00noon** Newyddion **12.05pm** Ffasiwn Drefn **12.30** Heno **1.00** Garddio a Mwy **2.00** Newyddion **2.05** Prynhawn Da New edition **3.00** Newyddion **3.05** Gareth Jones **4.00** Awr Fawr **5.00** Stwnsh **6.00** Gerddi Cymru **6.25** NEW Darlliediad Gwleidyddol gan Llafur Cymru **6.30** Rownd a Rownd **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion **8.00** Pobol y Cwm New episode (AD) **8.25** Rhys Patchell: Japan a'r Gic Olaf New edition **8.55** Newyddion **9.00** Y Golau **10.00** Hansh **10.15** Priodas Pum Mil **11.15-11.50pm** Bwyd Bach Shumana a Catrin

TV&Satellite week
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BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** The life of King George III. **7.30** The life of English tribal queen Boudica.
7.55 **The Catch Up**
8.00 **Freddie Flintoff's Field of Dreams: Ultimate Test** 4/4. Freddie expands his roster of coaches to help with the growing responsibility of managing his new cricket teams.
9.00 **Stacey & Joe** 4/6. Joe ropes in Rex, Rose and Belle to prepare the perfect Mother's Day picnic.
10.00 **Waterloo Road** 3/8. Dwayne is under pressure when Ashton exposes his secrets to the entire school. **11.00** 4/8. Schuey ignores Agnes's pleas to stop his tirade against Mike. (S16)
12.00 M'T **Charlie Cooper's Myth Country** Double bill.
1.00 **Missing in Paradise: Searching for Sarm**
2.30 **Hidden Girls**
3.00 **Juice** 3&4/6. (S2)
3.50 **to 4.00** AM **Press X on the BBC**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY**
1.05 PM **Four in a Bed**
3.50 **Car S.O.S.** Tim Shaw and Fuzz Townshend take on a 1992 Saab 900 Turbo. **4.50** Restoring a 1993 Toyota Supra Mk4 owned by a former motorcycle racer.
5.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer house-hunters in and around Bristol. **6.55** Kirstie and Phil assist house-hunters in Sussex.
7.55 **Grand Designs** A house in Devon that resembles a giant coiled snake.
9.00 NEW SERIES **Perfect Pub Walks with Alexander Armstrong** 1/4. Alexander explores some of Britain's most spectacular pub walks. In the first edition, he is joined in Yorkshire by James May. *See feature, page 20.*
10.00 NEW SERIES **Grand Designs: Deconstructed** A behind-the-scenes look at the home-building series.
10.35 NEW SERIES **Grand Designs Australia** Kevin McCloud joins his Australian counterpart Anthony Burke on an architectural road trip.
11.55 **24 Hours in A&E**
2.00 AM **Perfect Pub Walks with Alexander Armstrong** As 9.00pm.
3.05 **to 4.00** AM **Emergency Helicopter Medics**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **Fred Dibnah's Industrial Age** 3/6. The iron and steel industries.
7.30 **Railways: The Making of a Nation** 3/6. Documentary examining excursion trains.
8.00 **Thatcher: A Very British Revolution** 1/5. The rise and dramatic downfall of Margaret Thatcher.
9.00 **The Jet Stream and Us** Examining how the jet stream influences weather.
10.00 NEW **Bhasker Patel Remembers... Brothers in Trouble** Actor Bhasker Patel looks back at the 1993 film.
10.15 FILM **Brothers in Trouble** Tragi-comedy about a group of illegal immigrants in mid-1960s Britain. Stars Om Puri and Angeline Ball. (1995, 15, 103min) ★★★
11.55 **Crime & Punishment: The Story of Capital Punishment** Documentary.
12.55 AM **Fred Dibnah's Industrial Age** As 7.00pm.
1.25 **Railways: The Making...**
1.55 **The Story of Welsh Art**
2.55 **to 3.55** AM **Thatcher: A...**

E4

135/136 126 106 13 122 13

6.00 AM **Hollyoaks**
6.55 **Ramsay's Kitchen Nightmares USA**
7.50 **Married at First Sight UK**
9.30 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** (S7&8)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
5.45 **Rude(ish) Tube Shorts**
6.00 **The Simpsons** Double bill.
7.00 **Hollyoaks** Clare sets out for revenge, and a resident is determined to end their family's reign of destruction.
7.30 NEW SERIES **Hollyoaks Unwrapped** Kieron Richardson takes a behind-the-scenes look at the soap.
8.00 **First Dates Valentine's** Quirky gas fitter Ian is matched up with medical lab assistant Michaela.
9.00 **Married at First Sight UK** New edition The reality experiment continues.
10.10 **First Dates** A recruitment consultant is in search of a man with depth.
11.10 **Naked Attraction**
12.15 AM **Gogglebox**
1.15 **Married at First Sight UK**
2.20 **Below Deck**
3.10 **The Simpsons**
4.00 **The Big Bang Theory**
5.10 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hr 235/236 306 30 123 256

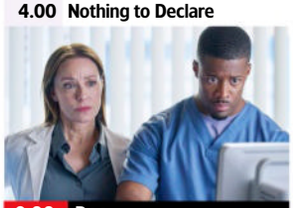
WEDNESDAY Entertainment

Wednesday

Sky Witness

107 107 110 341 356

6.00 AM **Motorway Patrol**
7.00 **Border Security: America's Front Line**
8.00 **Border Patrol**
9.00 **Nothing to Declare UK**
9.30 **Border Security USA**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 8/13. (S6)
1.00 PM **FBI: International** (S3)
2.00 **FBI: Most Wanted** 8/13. The team search for two teens who were abducted at gunpoint during a drug deal. (S5)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**



9.00 Doc

Sky Atlantic

108/109 108/109 342 357

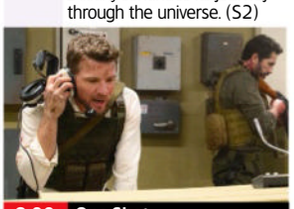
6.00 AM **The Guest Wing**
7.00 **Urban Secrets**
8.00 **Boardwalk Empire** (S2)
10.10 **Perry Mason** 1&2/8. (S2)
12.20 PM **Game of Thrones** (S4)
1.25 **My Brilliant Friend** 2/8. (S1)
2.30 **Boardwalk Empire** 9/12. Nucky and Owen meet the leaders of the IRA.
3.35 10/12. Nucky undercuts Jimmy's business. (S2)
4.40 **Homicide: Life on the Street** 12/22. Egan's wife is killed.
5.45 13/22. A body is found in a graveyard. (S4)

9.00 The White Lotus

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
8.00 **The Flash** 8/20. (S8)
9.00 **Stargate Universe** (S2)
11.00 **SEAL Team** 5/16. (S4)
12.00 NOON **The Flash** 9/20. (S8)
1.00 PM **Hawaii Five-0** (S3)
3.00 **Magnum P.I.** 17/20. (S5)
4.00 **S.W.A.T.** 12/13. Eco-terrorists abduct the teenage son of a company executive. (S7)
5.00 **SEAL Team** 4/16. Ray Perry goes missing in Tunisia. (S4)
6.00 **Stargate Universe** 1/20. The *Destiny* continues its journey through the universe. (S2)



8.00 One Shot

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.10 **Real Housewives of New Jersey** Reality series.
12.05 PM **Dinner Date**
1.05 **Billie and Greg**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac** New edition Reality series.
5.00 **Real Housewives of New...**
6.00 **Celebrity Catchphrase**

11.35 Universal Basic Guys

ITV3

119 123 117 10 115 7

6.00 AM **The Royal**
7.10 **Classic Emmerdale**
8.20 **Classic Coronation Street**
9.20 **Doc Martin** 3/8. (S6)
10.25 **The Royal** *Loved and Lost.*
11.30 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.30 **Downton Abbey** 1/9. Bates returns from London. (S2)
5.00 **Doc Martin** 4/8. Louisa arranges for Martin to take James to playgroup. (S6)
6.00 **Heartbeat** *Wise Guys:* Ventress protects a widow from louts.

3.30 Downton Abbey

7 PM

7.00 Nothing to Declare Double bill of the documentary following the work of customs offices in Australia.

6.50 Game of Thrones *The Children:* 10/10. Jon tries to negotiate with Mance Rayder, while Tyrion has visit from Jaime. (S4)

7.00 Stargate Universe *Aftermath:* 2/20. The battle between the crew and the Lucian Alliance rages on. (S2)

7.00 Deal or No Deal Stephen Mulhern hosts as a contestant takes on the Banker for the chance to win life-changing money.

7.00 Heartbeat *The Son-in-Law:* A travelling musician spreads disharmony in Aidensfield. Guest stars Gary Barlow.

8 PM

8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

8.00 Game of Thrones *The Wars to Come:* 1/10. Jon Snow struggles to mediate between Mance Rayder and Stannis. (S5)

8.00 FILM One Shot Action thriller starring Scott Adkins. A squad of Navy SEALs, on a mission to transport a prisoner off a CIA black site island prison, are trapped when insurgents attack. (2021, 15, 96min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are all based around logic and common sense.

8.00 Foyle's War *The Eternity Ring:* MI5 suspects Britain's atomic research programme has been infiltrated and recruits Foyle to investigate a Soviet spy ring that could be at work in London.

9 PM

9.00 Doc New episode *Day One:* 3/10. Amy teams up with TJ to treat a patient suffering from mysterious liver problems. (S1)

9.00 The White Lotus *Full-Moon Party:* 5/8. As a party extends into the night and friends explore Bangkok's clubs. (S3)

9.00 Big Brother New edition A group of contestants live under 24 hour surveillance, hoping to win a cash prize.

10 PM

10.00 Fire Country New episode *The Leone Way:* 10/20. The Leone men attempt a daring rescue. (S3)
■ Entire series on Box Sets
11.00 **Law & Order: SVU** (S25)
12.00 M'T **The Equalizer** 15/18. (S3)
1.00 AM **The Rookie: Feds** 7/22.
2.00 **FBI** New episode 9/22. (S7)
3.00 **FBI: International** New episode 9/22. (S4)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

10.15 True Detective *The Hour and the Day:* 4/8. West and Hays think they may have found a connection with the local church. (S3)
11.30 **The Sopranos** 1/13. Carmela worries about the family's financial position. (S4)
12.35 AM **Banshee** 3/10. (S1)
1.35 **Game of Thrones** (S5)
3.45 **Fish Town**
4.35 **In Treatment** (S1)
5.05 **to 6.00** AM **Fish Town**

+1 hour 208/209

10.00 An Idiot Abroad 2 6/8. Karl Pilkington heads across the Atlantic to travel along America's Route 66 highway.
11.00 **The Force: Manchester**
1.00 AM **Road Wars**
2.00 **Brassic** New episode 2/6. Tommo heads to Germany to impress Hans's mother and hopefully land some investment from his grandfather. (S7)
3.00 **Magnum P.I.** 17/20. (S5)
4.00 **S.W.A.T.** 12/13. (S7)
5.00 **to 6.00** AM **Highway Patrol**

10.00 Big Brother: Late & Live New edition AJ Odudu and Will Best present a companion show in front of a studio audience.
11.05 **Family Guy** 2/18. (S13)
11.35 **Universal Basic Guys** New episode 9/13. (S1)
12.05 AM **Family Guy** 16/21. (S12)
12.35 **American Dad!** (S15)
1.35 **Extraordinary** 1/8. (S2)
2.15 **Transaction** 1/6. (S1)
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

10.00 Foyle's War *The Cage:* The detective's investigation into the death of a nameless Russian leads to a mysterious military facility.
11.55 **Wire in the Blood** 5/6. Part one of two. Tony and Don clash over a string of murders.
12.55 AM 6/6. Part two of two. Carol is forced to release her prime suspect. (S1)
1.55 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Home of the Year** Properties in Glasgow, Greenock and Kirkintilloch.
8.00 **This Farming Life** A bumper lambing season is in full swing.
9.00 **Debate Night** New edition Topical debate on key issues.
10.00 **Designing the Hebrides** Banjo Beale tackles the bar of the Isle of Mull Rugby Club.
10.30 **Gary: Tank Commander** 3/6. An old rival of Gary's is posted to the barracks. (S3)
11.00 **Scotcast** New edition Discussion on Scotland's biggest news stories.
11.30 PM **to 12.00** M'T **The Trials That Shocked Scotland** A man accused of the murder of a well-known gangland figure.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **The Conners** (S5)
10.00 **Sex and the City** (S6)
11.20 **Girls** 9&10/10. (S4)
12.30 PM **The Office (US)**
1.30 **The Conners** (S5)
2.30 **The Office (US)** (S4)
3.30 **Will & Grace** (S3)
4.30 **Sex and the City** (S6)
5.45 **The Office (US)** (S4)
6.45 **Will & Grace** 17/25. Part two of two. Will's father visits town. Guest stars Sydney Pollack.
7.15 18/25. Will finds it hard to break up with a boyfriend because he likes his dog. (S3)
7.45 **Sex and the City** (S6)
9.00 **Nikki Glaser: Someday You'll Die** Stand-up comedy special.
10.15 **And Just Like That...**
11.05 **Entourage** 4&5/12. (S6)
12.10 AM **Girls** 3&4/10. (S2)
1.20 **Veep** (S2&3)
2.30 **Curb Your Enthusiasm**
3.50 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **John Wilson Orchestra Presents Cole Porter in Hollywood**
8.00 **The Joy of Painting**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Cleo Laine: The Unseen Home Movies**
3.00 **Anyone Can Sing**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **NEW SERIES Portrait Artist of the Year** The art contest returns.
9.00 **Celebrity Portrait Artist of the Year**
10.00 **Art's Most Erotic**
11.00 **Cover Your Ears**
1.00 AM **The Warhol Effect**
3.00 **Sky Arts Book Club**
4.00 **Inside Art**
5.00 **to 6.00** AM **The Art of the Garden**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S8)
6.00 **Star Trek: Voyager** (S2)
7.00 **Star Trek: The Next Generation** 16/26. (S3)
8.00 **NEW SERIES Portrait Artist of the Year** Return of the contest to find the UK's most talented portrait artist.
9.00 **The Rookie** (S5)
11.00 **Grimm** 14/22. (S1)
12.00 M'T **World's Most Evil Killers** Documentary.
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point** Triple bill of the quiz show.
1.00 PM **Lingo** Word-based quiz hosted by Adil Ray.
2.00 **Tenable** Quiz show hosted by Sally Lindsay.
3.00 **Wheel of Fortune** Graham Norton hosts the game show.
4.00 **Tenable** A family of five from Burnley take part.
5.00 **Deal or No Deal** Double bill of the quiz hosted by Stephen Mulhern as a contestant takes on the Banker.
7.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
9.00 **Beat the Chasers** Bradley Walsh hosts as more hopefuls take on all of the Chasers.
10.00 **Tipping Point** Triple bill of the arcade-themed game show hosted by Ben Shephard.
12.50 AM **Beat the Chasers**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 25&26/26. (S5)
12.00 NOON **Highway to Heaven** 11/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Murder, She Wrote**
4.00 **Danielle Steel's Once in a Lifetime** Romantic drama starring Lindsay Wagner and Amy Aquino.
6.00 **Rumpole of the Bailey**
7.00 **Rising Damp** 5/7. (S3)
7.30 **Man About the House**
8.00 **A Fine Romance** Laura works in Brussels. (S4)
8.30 **Home to Roost** Matthew finds a friend for his ageing dad. (S3)
9.00 **Feature Film**
12.00 M'T **Rising Damp** (S3)
12.30 AM **Man About the House** 7/7. (S3)
1.00 **M*A*S*H** 15&16/24. (S1)
2.00 **Home to Roost** (S3)
2.30 **A Fine Romance** (S4)
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **World of Sport**
6.20 **The Saint**
7.25 **Kojak** Double bill.
9.35 **Magnum, PI** Double bill.
11.40 **Robin of Sherwood**
12.45 PM **BattleBots**
1.50 **Kojak** Double bill.
3.55 **Magnum, PI** *Little Games:* Thomas falls in love with an attractive security expert. **4.55** *Professor Jonathan Higgins:* Higgins' cousin arrives.
5.55 **The Saint** *The Power Artists:* The Saint is framed for the murder of a young sculptor.

9.00 The Expendables 3

7.00 **Gallagher PREM Unleashed** Action from the opening round of fixtures, featuring Sale Sharks v Gloucester.

8.00 **Ice Road Truckers** Truckers arrive in the town of Yellowknife for the chance to earn a year's salary in just eight weeks.

9.00 FILM **The Expendables 3** Action thriller sequel starring Sylvester Stallone and Mel Gibson. Soldier of fortune Barney Ross recruits a new team to battle an arms dealer with a score to settle. With Antonio Banderas. (2014, 12, 126min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **River Monsters** Jeremy Wade hunts for the goliath tigerfish.
12.00 M'T **English Football League Highlights** Action from the latest EFL matches, including Millwall v Coventry City.
1.00 AM **Wrestling: AEW Collision**
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 3/22. (S2)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 17/26. (S2)
2.00 **Warehouse 13** 2&3/13. (S2)
4.00 **Star Trek: The Next Generation** 3/22. (S2)
5.00 **Stargate Atlantis** 1/20. (S5)
6.00 **Star Trek: Enterprise** 21/26. Archer and Mayweather are captured by an alien race after entering a military zone. (S1)

9.00 The Ark

7.00 **Star Trek: Deep Space Nine** *Playing God:* 17/26. Dax and Trill uncover a deadly universe in the Gamma Quadrant. (S2)

8.00 **Stargate Atlantis** *Search and Rescue:* 1/20. Colonel Carter races to save the trapped crew members. (S5)

9.00 **The Ark** *It Will Be Over Soon:* 11/12. Strickland is forced to make a difficult decision. (S2)

10.00 **Grimm** *The Three Bad Wolves:* 6/22. A mysterious female biker is linked to a series of explosions. (S1)

11.00 **Westworld** 3/8. Bernard embarks on his journey, Maeve finds herself in familiar territory, and Caleb sees someone he loves. (S4)
12.00 M'T **Chucky** 3/8. (S1)
1.00 AM **Warehouse 13** (S2)
3.00 **Westworld** 2/8. (S4)
4.00 **Chucky** 2/8. (S1)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S15)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 5/24. (S3)
11.00 **Hudson & Rex** 5/8. (S7)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S9)
2.00 **Murdoch Mysteries** (S15)
4.00 **The Mentalist** 5/24. (S3)
5.00 **Hudson & Rex** 5/8. A viral confrontation between a writer and a murder victim's wife leads to a case being reopened. (S7)
6.00 **Father Brown** *The Alchemist's Secret:* The priest investigates a 300-year-old secret.

8.00 Shakespeare & Hathaway

7.00 **Body of Proof** *Cold-Blooded:* 14/20. The owner of an Italian restaurant is found dead in a walk-in freezer. (S2)

8.00 **Shakespeare & Hathaway: Private Investigators** New episode 2/10. (S5) ■ Entire series on Box Sets

9.00 **Death in Paradise** *Murder on Mosquito Island:* 6/8. A survival course goes wrong when the leader is found dead. (S9)

10.00 **Father Brown** *The Wheels of Wrath:* A group of bikers cause outrage and excitement in equal measure in Kembleford.

11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 13/16. Elizabeth becomes convinced that her neighbours are planning a crime. (S3)
12.55 AM **Death in Paradise** (S9)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.05 AM **Highlights**
8.30 **Last of the Summer Wine**
9.50 **Hi-de-Hi!**
10.30 **Porridge**
11.10 **Last of the Summer Wine**
12.30 PM **Don't Wait Up**
1.05 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Porridge**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

7.00 Dad's Army

7.00 **Dad's Army** Walker is caught smuggling Italian PoWs out of camp.
7.40 **Fawlty Towers** The death of a guest plunges the hotel into chaos. Guest stars Geoffrey Palmer. **8.20** Sybil walks out on Basil on their 15th wedding anniversary.

9.00 **Fawlty Towers** Manuel's pet rat escapes just as a health inspector is about to pay a fact-finding visit. **9.40** First episode. Hotel owner Basil attempts to upgrade his clientele.
10.20 **Porridge** Gletcher's bid to find a peace and quiet seems destined to fail.

11.00 **Not Going Out** Lee poses as Lucy's husband at a conference.
11.35 **Bottom**
12.15 AM **Fawlty Towers**
1.40 **Not Going Out**
2.15 **Bottom**
2.45 **Black Ops**
3.25 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Cops on the Rock**
10.00 **Extreme Salvage Squad**
12.00 NOON **Storage Hunters UK**
2.00 PM **Outback Pilots**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Secret France** The chef heads through France's eastern border regions of Alsace and Jura.
6.00 **Hairy Bikers Everyday Gourmets** Si King and Dave Myers demonstrate how to create a gourmet dinner for two on a tight budget.

5.00 Rick Stein's Secret France

7.00 **Would I Lie to You?** Memorable moments from the comedy panel show.
7.40 **Richard Osman's House of Games** Panellists include Jake Humphrey and Nihal Arthanayake. **8.20** Guests include Kiri Pritchard-McLean and Shaun Williamson.

9.00 **QI XL** Jo Brand, Rob Brydon, Sean Lock and Alan Davies tackle Stephen Fry's questions on the topic of Germany.

10.00 **Have I Got a Bit More News for You** David Mitchell hosts the satirical quiz, with the Rev Richard Coles and Janey Godley.

11.00 **8 Out of 10 Cats** With guests Jamali Maddix, Rachel Riley, Sara Pascoe and Tom Davis.
11.40 **Mock the Week** With James Acaster and Gary Delaney.
12.20 AM **Would I Lie to You?**
1.40 **Survivor South Africa**
3.35 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Sun, Sea and Selling Houses** From Almería.
11.00 **Help! We Bought a Village** From France.
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **A Place in the Sun**
7.45 **The Great British Bake Off** 5/10. In Chocolate Week, the bakers make mousse cups, a white chocolate tart and a fondue display.
9.00 **The Disappearance of Jay Slater** The case of a British teenager who disappeared in Tenerife in the summer of 2024.
10.15 **Catching My Stalker**
11.20 **Lucy Letby: Murder or Mistake** 1&2/2.
1.20 AM **Gogglebox**
2.20 **Celebrity Gogglebox**
3.25 **24 Hours in A&E**
4.25 **to 4.55** AM **Devon and Cornwall**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 11-13/24. (S10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Past, Present and Future:* 2/24. Tony travels to Tel Aviv in search of Ziva. **7.00** *Under the Radar:* 3/24. The team discover a lieutenant might be planning a suicide attack. **8.00** *Anonymous Was a Woman:* 4/24. An Afghan woman who assumed the identity of a US soldier is murdered. (S11)
9.00 **Criminal Minds** *Ex Parte:* 19/22. The BAU take charge of a hostage situation at a law firm in Washington, DC. **10.00** *All You Can Eat:* 20/22. The team look into a possible bioterrorism attack. (S13)
11.00 **Law & Order: Special Victims Unit** (S21)
2.45 AM **Criminal Minds**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Operation Pet Rescue** New edition
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 **Call the Bailiffs: Time to Pay Up**
10.00 **999: Critical Condition**
11.00 **Murder 360** New edition The remains of seven people are found behind a strip mall.
12.00 M'T **Banged Up Abroad**
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Outback Truckers**
10.05 **Trucking Hell**
11.05 **Traffic Cops**
12.05 PM **Police Interceptors**
2.10 FILM **The Great Missouri Raid** Western. (1950, PG, 84min) ★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Triple bill, including at: **8.00** A tracker dog tries to track down a car thief.
9.00 **World's Deadliest Weather: Caught on Camera** New edition Extreme temperatures spark wildfires on England's east coast.
10.00 **Seconds from Death: Caught on Camera**
11.00 **Police Code Zero: Officer Under Attack**
12.00 M'T **MacGyver** (S2)
1.00 AM **Extreme Tow Truckers** Documentary.
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **One Born Every Minute** Documentary.
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The cooks face an immunity task.
8.00 **Inside the Ambulance** A teenager suffers an asthma attack on the day of a GCSE exam.
9.00 **One Born Every Minute** A self-proclaimed family man looks forward to the arrival of his fifth child. **10.00** The midwives at Liverpool Women's Hospital face an exceptionally busy shift.
11.00 **Ski A&E** Double bill.
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.20 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **The Chelsea Detective**
9.00 **A Remarkable Place to Die** New episode *Out of the Blue – Part One:* 5/8. Anais finds herself under Li Feng's microscope after her illicit planting of evidence. (S1) ■ Entire series on U
10.00 **New Tricks**
11.20 **Spooks** 7/8. (S8)
12.40 AM **Lovejoy**
1.40 **'Allo 'Allo!**
2.25 **Waiting for God**
2.55 **to 4.00** AM **Bergerac**

+1 hr 243 316 60 260

WEDNESDAY Entertainment

Wednesday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Yorkshire.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
2.00 **Money for Nothing**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip**
9.00 **Dr Pimple Popper** Justice has small lesions all over her body that get inflamed.
10.00 **Britain's Fattest People: Shut-Ins** Samantha books an appointment with a bariatric surgeon.
11.00 **Dr Pimple Popper**
12.00 M'T **Help! My House Is Haunted** The team help prevent an evil force.
1.00 AM **Celebrity Help! My House Is Haunted**
2.00 **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Who Wants to Be a Millionaire? Celebrity Special**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room** Items include a spice box and two Chinese statues.
6.00 A piece of religious art and a curious ladder.
7.00 **The Celebrity Chase** With guests Jonathan Ross, Katy Brand, Chris Hollins and Jo Wood.
8.00 **The Chase** Double bill.
10.00 **Classic Who Wants to Be a Millionaire?** Quiz hosted by Chris Tarrant.
12.00 M'T **Bullseye** Double bill.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.10 AM **Wanted: Dead or Alive** Double bill.
10.10 **FILM Operation Cross Eagles** Wartime drama. (1969, 12, 90min) ★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM The Quick Gun** Western. (1964, PG, 87min) ★★
3.00 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!** (S1)
7.00 **The Avengers** (S4)
8.00 **The New Avengers**
9.00 **FILM The Take** Action thriller with Idris Elba. (2016, 15, 92min) ★★★
11.00 **FILM Black Rain** Ridley Scott's thriller. (1989, 15, 120min) ★★★
1.50 AM **The Avengers** (S4)
2.50 **The New Avengers**
3.50 **Cops Uncut** Double bill.
4.40 **to 5.40** AM **Wild West Chronicles**

+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Sue Thomas: F.B.Eye**
8.00 **FILM Burning Lies** Thriller. (2021, PG) ★★
10.00 **Unforgettable** (S1)
11.00 **Castle** 9/24. (S2)
12.00 NOON **FILM An Aurora Teagarden Mystery: Last Scene Alive** Drama. (2018, PG, 90min) ★★
1.55 PM **FILM An Aurora Teagarden Mystery: Real Murders** Thriller. (2015, PG, 90min) ★★
4.00 **Diagnosis Murder** (S5)
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 10/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **Ruth Rendell Mysteries: Master of the Moor**
12.05 AM **FILM Cheer Squad Secrets** (2021, 15) ★★
2.00 **FILM Mommy's Little Boy** (2017, PG) ★★
3.25 **Police Ten 7**
5.15 **to 6.00** AM **Sue Thomas: F.B.Eye**

+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM A Christmas Tail** (2014, PG) ★★
10.05 **FILM Finding Santa** Romance. (2017, U) ★★
12.05 PM **FILM Crashing Through the Snow** Drama. (2021, PG) ★★
2.00 **FILM A Blue Ridge Mountain Christmas** Comedy. (2019, PG) ★★
4.00 **FILM A Merry Christmas Match** (2019, PG) ★
6.00 **FILM Christmas by the Book** (2022, PG) ★★
8.00 **FILM Christmas on Holly Lane** Drama. (2018, PG, 83min) ★★
9.50 **FILM Coming Home for Christmas** Romance. (2017, PG, 90min) ★★
11.45 **FILM The Christmas Pageant** Comedy. (2011, U, 87min) ★★★
1.45 AM **FILM Christmas in Paris** (2019, PG) ★★
3.25 **to 4.50** AM **FILM A Blue Ridge Mountain Christmas** As 2.00pm.

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
8.00 **Please Sir!** (S4)
8.30 **Diff'rent Strokes** (S1)
9.00 **Bubblegum & Cheese**
10.00 **I Dream of Jeannie**
10.30 **Soap** 16/25. (S1)
11.00 **In Loving Memory** (S3)
11.30 **Haggard** 1/7. (S2)
12.00 NOON **Please Sir!** (S4)
12.30 PM **You're Only Young Twice** 1/8. (S2)
1.00 **FILM Royal Wedding** Musical. (1951, U) ★★★
3.00 **Bramwell** (S1)
4.00 **The Fantastic Journey**
5.30 **A Sharp Intake of Breath** 2/7. (S1)
6.00 **Thick as Thieves**
6.30 **Soap** 16/25. (S1)
7.00 **Fantasy Island** (S1)
8.00 **Bramwell** 1/7. (S1)
9.00 **Dark Skies** 1/20. (S1)
10.00 **The Fantastic Journey**
11.30 **Brass** 7/13. (S1)
12.00 M'T **FILM Born to Be Sold** (1982, 12) ★★
2.00 AM **Fantasy Island** (S1)
3.00 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Expedition Bigfoot**
2.00 **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch**
9.00 **Barnwood Builders** New editions The guys work on reviving a 19th-century cabin in Ripley, West Virginia.
10.00 The guys save a classic bank barn.
11.00 **Ed Stafford: First Man Out** Ed races Royal Air Force survival instructor John Hudson.
12.00 M'T **Naked and Afraid XL** Documentary.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **Jamie's Easy Meals for Every Day**
7.00 **Rachel Allen's Cake Diaries** Double bill.
8.00 **The Pioneer Woman**
9.00 **One-Pan Wonders**
10.00 **Tom Kerridge's Sunday Lunch** Double bill.
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **James Martin's Islands to Highlands**
2.00 **James Martin: Delicious**
3.00 **Rachel Allen's Cake...**
4.00 **The Pioneer Woman**
5.00 **One-Pan Wonders**
6.00 **Tom Kerridge's Sunday Lunch** Double bill.
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **Hairy Bikers Go West**
10.00 **Hairy Bikers Go North**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 13/28. (S1)
9.00 **The Fall Guy** (S4)
10.00 **Charlie's Angels** (S2)
11.00 **FILM Arctic Apocalypse** Disaster movie. (2019, PG, 90min) ★
1.00 PM **FILM Siringo** Western adventure. (1996, PG, 90min) ★★
3.00 **FILM Charro!** Western. (1969, U, 98min) ★
5.00 **Star Trek** 27/30. (S1)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** 17/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Terminal Velocity** Spy action thriller starring Charlie Sheen. (1994, 15, 102min) ★★
11.00 **FILM The Bounty Hunter** Comedy thriller. (2010, 12, 110min) ★★★
1.10 AM **FILM Southern Fury** Crime thriller. (2017, 18, 97min) ★★
3.05 **to 5.00** AM **FILM Mercenaries** Thriller. (2011, 15, 97min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Earthstorm** As shown at 5.00pm.
8.00 **FILM Sinbad and the Clash of the Furies** Action adventure. (2016, 12, 90min) ★
10.00 **Andromeda** 12/22. (S2)
11.00 **FILM Dr Terror's House of Horrors** Horror. (1964, PG, 98min) ★★★
1.00 PM **FILM Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
3.00 **Andromeda** 12/22. (S2)
4.00 **Six Million Dollar Man**
5.00 **FILM Earthstorm** Sci-fi action drama. (2006, PG, 90min) ★★
7.00 **Andromeda** 13/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM Legacy of Lies** Thriller with Scott Adkins. (2020, 15, 101min) ★★
11.00 **FILM The Satanic Rites of Dracula** Horror. (1973, 18, 88min) ★★
1.00 **to 3.00** AM **FILM Legacy of Lies** (2020)

+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Storage Hunters**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **The UnXplained**
12.10 PM **Secrets in the Ice**
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Flipping Bangers**
4.00 **Ancient Aliens**
6.00 **Close Encounters**
7.00 **Storage Hunters**
8.00 **Dickinson's Real Deal**
9.00 **What on Earth?**
10.00 **The UnXplained: Mysteries of the Universe** Documentary.
11.00 **The Proof Is Out There: Military Mysteries**
12.00 M'T **Mission Unexplained**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Double bill.
11.00 **Ben Fogle: New Lives in the Wild** California.
12.00 NOON **Cruising with Susan Calman**
1.00 PM **The Yorkshire Vet**
2.00 **Murder, She Wrote**
3.00 **Columbo**
4.30 **The Yorkshire Vet**
5.00 **Christmas at Hampton Court Palace**
6.00 **Inside the Tower of London** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** Ben meets actor Rhona Mitra.
9.00 **Michael Portillo's Milan**
10.00 **Gibraltar: Britain in the Sun** Documentary.
11.00 **Prisoner: Cell Block H**
1.00 AM **Christmas at Hampton Court Palace**
2.00 **Cruising with Susan Calman** 1/2. Antarctica.
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **Derelict Rescue**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Derelict Rescue**
9.00 **NEW SERIES Home Town Takeover** The renewal of Fort Morgan, Colorado, continues as Ben and Erin Napier transform the struggling Main Street.
10.00 **Renovation Aloha** New edition The Kaloma family purchase a fixer-upper in Kailua.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **My Lottery Dream Home** Four editions.
9.00 **Say Yes to the Dress: Lancashire** Double bill.
11.00 **Say Yes to the Dress: Atlanta** Reality series.
12.00 NOON **1000-lb Sisters**
2.00 PM **Breaking Amish: Los Angeles**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper**
9.00 **The Face Doctors** Surgeons battle to reattach Jack's jaw.
10.00 **Body Bizarre**
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Couponing**
2.00 **Body Bizarre**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **My Lottery Dream Home**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
10.00 **Last Man Standing** (S1)
11.00 **Everybody Loves Raymond** (S2)
1.00 PM **Friends** (S8&9)
7.25 **Friends** 11/24. Rachel visits work to show off her baby. Guest stars Dermot Mulroney.
7.55 12/24. Gavin surprises Rachel.
8.25 13/24. Monica gets the chance to perform at Mike's nightclub. (S9)
9.00 **Bradley & Barney Walsh: Breaking Dad**
10.00 **8 Out of 10 Cats**
11.00 **Iain Stirling's Roast the Internet**
12.00 M'T **Whose Line Is It Anyway? USA**
1.00 AM **South Park**
2.55 **Harry Hill Live: Sausage Time**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 12&13/13. (S3)
11.00 **Friends** 14-17/24. (S8)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers: The Inspired Unemployed**
3.30 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing** (S1)
7.00 **Everybody Loves Raymond** 19/25. A lie changes Ray's view of himself.
7.30 20/25. Debra gets involved in a dispute.
8.00 21/25. Robert tries to liven up his traffic-school classes.
8.30 22/25. Ray worries about his mortality. (S2)
9.00 **South Park** (S9&8)
12.00 M'T **Beavis and Butt-Head** (S7&8)
2.00 AM **Key & Peele**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **The Rookie: Feds**
11.00 **The Cleaning Lady** (S2)
1.00 PM **Motorway Patrol**
2.00 **Highway Cops**
3.00 **Road Wars**
4.00 **Caught on Dashcam**
5.00 **Motorway Patrol**
6.00 **Bondi Rescue**
7.00 **The Cleaning Lady** (S2)
9.00 **SEAL Team** *Welcome to the Refuge:* 1/20. Jason leads the team to Serbia.
10.00 *Ignore and Override:* 2/20. The mission takes a turn. (S3)
11.00 **The Rookie: Feds** (S1)
12.00 M'T **The Russell Howard Hour**
1.10 AM **A League of Their Own** With Mary Earps.
2.00 **Duck Quacks Don't Echo** Lee Mack hosts.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.10 **Teen Mom UK**
8.00 **Catfish: The TV Show**
1.00 PM **Catfish: The TV Show** Triple bill.
4.00 **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **Sweet Home Alabama** New edition Two potential suitors are sent home.
9.00 **My Lover, My Killer**
10.00 **Caught in the Act: Double Life** New edition Tasha's maid of honour leads to a shocking truth.
11.00 **Ex on the Beach**
12.00 M'T **Ridiculousness** New edition Rob, Steelo and Karrueche Tran go to class.
12.30 AM **Ridiculousness**
1.00 **Ink Master Redemption**
2.00 **Young, Dumb and Banged Up in the Sun**
2.45 **Grossbusters**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Documentaries

1 October Wednesday

Wednesday

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: Mine Rescue with Freddy & Juan**
11.00 **Wheeler Dealers**
1.00 PM **Gold Divers** Double bill.
3.00 **Salvage Hunters** Drew Pritchard visits Exeter, Devon. **4.00** Drew visits St Mary's School in Worcester.
5.00 **Sewer Divers** Rick searches for a mysterious clog in a treatment plant's outflow pipe.
6.00 **Hoffman Family Gold** Hunter makes a sacrifice.

9.00 Wheeler Dealers World...

7.00 **Wheeler Dealers** Mike Brewer and Marc 'Elvis' Priestley take on a Fiat Coupe 20 Valve Turbo, known as a 'baby Ferrari'.

8.00 **Roadworthy Rescues** Derek enlists David Freiburger to help him sort through a 1940 Chevrolet gasser's long list of issues.

9.00 **Wheeler Dealers World Tour** New edition In São Paulo, Mike and Elvis buy a Brazilian-designed VW SP2.

10.00 **Roadworthy Rescues** New edition Derek heads to Minnesota to revive a dirt track car he has had stashed away.

11.00 **Mystery at Blind Frog Ranch** The team uncover a vent shaft.
12.00 M'T **Blowing Up History**
1.00 AM **Wheeler Dealers World Tour** As shown at 9.00pm.
2.00 **Roadworthy Rescues**
3.00 **Kindig Customs**
4.00 **to 5.00** AM **Expedition Bigfoot**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Alaska: Homestead Rescue** Documentary.
9.00 **Project Grizzly**
10.00 **Tanked** An aquarium.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees** An adopted dog turns up in a shelter in Mississippi.
3.00 **Alaska: Homestead Rescue**
5.00 **Lone Star Law** A patrol leads to a drugs bust and a manhunt.
6.00 **Dr Jeff: Rocky Mountain Vet** The doctor's team help a tiny dog to deliver a large puppy.

8.00 Dog Detectives

7.00 **Treehouse Masters** Pete Nelson installs a stainless steel kitchen in the trees for a family of sweet-makers.

8.00 **Dog Detectives** PC Fletcher's dog Patto gets injured, while PC Harris and his dog Kane try to track down a stolen car.

9.00 **Alaska: The Last Frontier** Otto, Jane and Shane transport a cabin to the distant and uninhabited Perl Island.

10.00 **Alaskan Bush People** With a huge storm predicted, the siblings rush to complete a project to capture and store water.

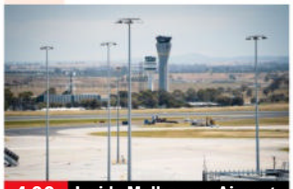
11.00 **Pit Bulls & Parolees**
12.00 M'T **Crikey! It's the Irwins** Bindi swims alongside whale sharks and Robert works to save a trapped echidna.
1.00 AM **Dog Detectives**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation**
12.00 NOON **Car S.O.S**
2.00 PM **World War II: Secrets from Above** Double bill.
4.00 **Inside Melbourne Airport** A collision disrupts passengers.
5.00 **Car S.O.S** A bricklayer whose Ford Sierra RS Cosworth was neglected after a tragedy.
6.00 **Lost Treasures of Egypt** In Cairo, experts in antiquities work with Interpol in order to crack down on the black market trade in stolen relics.



4.00 Inside Melbourne Airport

7.00 **Air Crash Investigation** The case of a plane that crashed into a Romanian field, leading to rumours of a bomb on board.

8.00 **The Battle for Britain: Drain the Oceans** How British forces were able to repel the possibility of a Nazi invasion.

9.00 **Churchill's German Army** Documentary examining the Germans who fought for the Allies during World War Two.

10.00 **Top Guns: The Next Generation** The students are challenged to land on an aircraft carrier.

11.00 **Air Crash Investigation** A C-130 firebomber crashes while battling a wildfire.
12.00 M'T **Engineering Europe**
1.00 AM **Airport Security: Peru**
2.00 **Lords of War**
2.30 **Made in a Day** Double bill.
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Trials of the Wild**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Flipping Bangers**
6.55 **Full Custom Garage**
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Five editions.
1.00 PM **Curse of Skinwalker Ranch** Documentary.
2.00 **Beyond Skinwalker Ranch**
3.00 **Full Custom Garage** New edition Ian builds a 'new' vintage motorcycle.
4.00 **Hell on Earth: WWII**
6.00 **American Pickers** The brothers locate the grandfather of all pinball machines.

9.00 Curse of Skinwalker Ranch

7.00 **Forged in Fire** The final two competitors return home to recreate the two-handed Landsknecht sword.

8.00 **NEW SERIES Storage Wars** Kenny channels an old friend's tactics, allowing him to pick just the right unit.

9.00 **Curse of Skinwalker Ranch** New edition The team launch high-powered rockets into the sky on Skinwalker Ranch.

10.00 **Beyond Skinwalker Ranch** New edition Chris Bledsoe and daughter Emily pool their talents at the Monroe Institute.

11.00 **Secrets Declassified with David Duchovny** Investigating daring government operations.
12.00 M'T **Close Encounters Down Under** Paranormal events.
12.55 AM **The UnBelievable with Dan Aykroyd**
1.50 **Curse of Skinwalker Ranch**
2.50 **Full Custom Garage**
3.40 **Pawn Stars** A chandelier.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys** Four editions.
8.00 **Bangers & Cash**
10.00 **True Evil: The Making of a Nazi** As shown at 4.00pm.
11.00 **Nazi Hunters** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **True Evil: The Making of a Nazi** The motivations of key figures in Hitler's regime.
5.00 **Nazi Hunters** The search for Nazi war criminals.
6.00 **Antiques Roadshow** Fiona Bruce presents from Balmoral.

9.00 Train Rescue Down Under

7.00 **Caribbean with Simon Reeve** The adventurer travels around the islands and mainland coast of the Caribbean Sea.

8.00 **Train Truckers** A wartime iron workhorse is hauled from Staffordshire to a winter extravaganza held in Oxfordshire.

9.00 **Train Rescue Down Under** New edition A busy commuter train undergoes a traction motor replacement.

10.00 **Bangers & Cash** A 50s Chevy panel van and a 80s Brooklands Capri tempt auctioneer Derek out of Yorkshire.

11.00 **Bangers & Cash** Paul is doing the pick-ups in Lancashire.
12.00 M'T **Find It, Fix It, Flog It** Simon and Henry head to Worcestershire and meet TV props dealer Craig.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Caribbean with Simon Reeve**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Drive It** Vintage vehicles.
7.00 **Salvage Hunters: Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **Find It, Fix It, Drive It**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **The Yorkshire Auction House** A collection of Ladderax furniture. **9.00** Action Man figures. **10.00** A collection of 20,000 model soldiers.
11.00 **How Do They Do It?**
1.00 AM **Ant Anstead Master Mechanic**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
9.00 **Say Yes... UK**
9.30 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Atlanta** Double bill.
11.00 **Judge Rinder's Crime Stories**
12.00 NOON **Betrayed**
1.00 PM **Still a Mystery**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** Documentary.
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories** Kenneth Noye.
8.00 **Murder on CCTV**
9.00 **Before They Kill Again**
10.00 **The Killer in My Family**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** Documentary.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fatal Attraction** Police uncover complicated relationships when a single mum disappears.
8.00 **Murder by the Sea** Dismembered bodies of two women are both found in car boots.
9.00 **48 Hours** A former game show contestant is convicted for the murder of his estranged wife.
10.00 **Murder: Point of Contact** New edition The Chishti family were victims of a fatal arson attack, which killed eight family members.
11.00 **Killer Kids** A six-year-old girl is murdered.
12.00 M'T **Handsome Devils**
1.00 AM **48 Hours**
2.00 **Murder: Point of Contact** As 10.00pm.
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder UK**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Murder UK**
4.00 **48 Hours** A father dreams his daughter has been killed.
5.00 **Medical Detectives** A bizarre case in which a woman was shot dead. **5.30** The disappearance of Madalyn Murray O'Hair, the founder of the American Atheists. **6.00** A case in which two witnesses reported seeing a truck drive over an unconscious man. **6.30** A woman is found in a box, and police call in forensic entomologists to establish the cause and time of death.
7.00 **Judge Judy** Real-life small-claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **Motorway Patrol**
9.00 **Send in the Dogs**
10.00 **The Real Manhunter**
11.00 **Catching the Killer**
12.00 NOON **How I Caught...**
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Catching the Killer**
7.00 **Britain's Most Evil Killers**
8.00 **Beverley Allitt Tapes**
9.00 **Killer in My Village** New edition
10.00 **How I Caught the Killer**
11.00 **Britain's Most Evil Killers**
12.00 M'T **Murdered at First Sight** Documentary.
1.00 AM **How I Caught the...**
2.00 **Killer in My Village**
3.00 **Snapped** Barbara Holder.
4.00 **Border Security USA**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Britain's Biggest Dig**
9.45 **Secrets of the Royal Palaces** Whitehall.
10.45 **War Machine: World War II** As 8.40pm.
11.55 **Ukraine 1933: Seeds of Hunger**
1.00 PM **Grand Tours of the Scottish Islands**
1.40 **Britain's Biggest Dig**
3.00 **Secrets of the Royal Palaces** Whitehall.
4.00 **War Machine: World War II** As 8.40pm.
5.05 **Ukraine 1933: Seeds of Hunger**
6.20 **Britain's Biggest Dig**
7.40 **Secrets of the Royal Palaces** Whitehall.
8.40 **War Machine: World War II** Aeronautics.
9.50 **Ukraine 1933: Seeds of Hunger** The famine.
11.00 **Secrets of the Royal Palaces** Whitehall.
12.00 M'T **War Machine: World War II**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

WEDNESDAY

Wednesday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Charlie Hustle & the Matter of Pete Rose**
7.00 **Discovering: Matt Damon**
8.00 **The Directors**
9.00 **The 2000s**
9.55 **The Civil War**
11.00 **Lockerbie**
12.00 NOON **FILM Touching the Void** Dramatised documentary. (2003, 15, 106min) ★★★★★
2.00 PM **Bruno v Tyson**
3.50 **My Icon: Natasha Jonas**
4.00 **Discovering: Matt Damon**
5.00 **The Directors**
6.00 **The 2000s**
6.55 **The Civil War**
8.00 **Lockerbie**
9.00 **NEW SERIES Seen & Heard: The History of Black Television** 1/2. Exploring African-American representation on TV.
10.30 Series finale 2/2. Black creators discuss taking ownership of the narrative.
12.30 AM **Lennox: The Untold Story**
2.30 **Enigma** Documentary.
4.30 **Chernobyl: My Promised Land**
5.00 **to 6.00** AM **Discovering: Matt Damon**

Sky Nature

145 113/114 189 354 369

6.00 AM **Nomads of the Serengeti**
7.00 **Monkey Life** Double bill.
8.00 **Africa's Underwater Wonders**
9.00 **My Best Friend's an Animal**
10.00 **The Wild Wild East**
11.00 **Wild Sky**
12.00 NOON **New Kids in the Wild**
1.00 PM **Monkey Life** Double bill.
2.00 **Africa's Underwater Wonders**
3.00 **My Best Friend's an Animal**
4.00 **The Wild Wild East**
5.00 **Hope for Wildlife**
6.00 **New Kids in the Wild**
7.00 **Monkey Life** Double bill.
8.00 **Undiscovered Vistas**
9.00 **Macro Worlds** A look at the creatures found in a meadow.
10.00 **New Kids in the Wild** Following the first few months in the life of a cheetah cub.
11.00 **Hope for Wildlife**
12.00 M'T **Wild Sky**
1.00 AM **Nomads of the Serengeti**
2.00 **Undiscovered Vistas**
3.00 **Macro Worlds** As 9.00pm.
4.00 **Africa's Underwater Wonders**
5.00 **to 6.00** AM **My Best Friend's an Animal**

Sky History 2

163/168 143 186

6.00 AM **Strangest Things**
8.00 **Mysteries from Above**
9.00 **Combat Trains**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Inside the Tower of London**
4.00 **Strangest Things**
6.00 **Mysteries from Above** Focusing on mysteries found in desert landscapes.
7.00 **Combat Trains** Exploring how guerilla warfare was used against the Ottoman railways.
8.00 Examining the role of trains in World War One.
9.00 **Ramses the Great: King of Ancient Egypt** Ramses' three-decade long rule.
10.00 **History's Crazy Rich Ancients** The lavish parties of rulers, tycoons and visionaries.
10.30 Epic collections.
11.00 **Ancient Aliens**
1.00 AM **Alien Files: Unsealed**
2.00 **Secrets of Great British Castles** Double bill.
4.00 **Instruments of Death**
5.00 **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Judge Rinder**
9.00 **Murdertown**
10.00 **Buried in the Backyard**
11.00 **Hometown Tragedy**
12.00 NOON **Meet, Marry, Murder**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder**
3.00 **Robbie Coltrane's Critical Evidence** Keith Cottingham.
4.00 **Murdertown**
5.00 **When Missing Turns to Murder**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something**
9.00 **Lie Detector: Truth or Deception** New edition
10.00 **Secrets of Celebrity Sex Tapes**
11.00 **Look What You Made Me Do**
12.00 M'T **Somebody's Hiding...**
1.00 AM **Lie Detector: Truth or...**
2.00 **Imperfect Murder**
3.00 **Secrets of Celebrity Sex Tapes**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the Backyard**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Africa's Hunters**
10.00 **Investigation Shark Attack**
11.00 **Heartland Docs**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Wild Vietnam**
3.00 **Savage Kingdom**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** A snake develops a concerning lump.
8.00 **Natural Treasures** 1/2. The largest creatures on the planet.
9.00 2/2. A look at the metamorphosis of Europe's most beautiful butterfly.
10.00 **Lawless Island** Sam's desire to silence his generators ignites a fire that threatens to burn his house to the ground.
11.00 **Ice Road Rescue**
12.00 M'T **Something Bit Me**
1.00 AM **National Parks: USA**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Africa's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Egypt's New Tomb Revealed** As 8.00pm.
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** The truth behind supernovas.
8.00 **Egypt's New Tomb Revealed** Following Dr Otto Schaden as a gold coffin is unearthed in the Valley of the Kings.
9.00 **Mummies Unwrapped** A missing mummified body could re-write the history of Abraham Lincoln's assassination.
10.00 **How Do They Do It?**
11.00 **Incredible Engineering Blunders: Fixed** A wind turbine.
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
5.00 **Doctor Who** *Colony in Space – Part One:* 15/25. The Doctor retrieves a Doomsday Machine.
5.30 *Colony in Space – Part Two:* 16/25. The Doctor discovers an Interplanetary Mining Corporation ship has landed on Uxarieus.
6.00 *Colony in Space – Part Three:* 17/25. The Doctor warns Ashe what Dent is up to.
6.30 *Colony in Space – Part Four:* 18/25. The Doctor descends into the Primitive city.
7.00 *Colony in Space – Part Five:* 19/25. The Master offers to help the colonists in exchange for information.
7.35 *Colony in Space – Part Six:* 20/25. The Master hopes to find the doomsday weapon in the Primitive city. (S8)
8.05 **Doctor Who** Eight episodes of the sci-fi drama. (S7&8)
12.20 AM **Doctor Who** (S7&8)
5.10 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Forbidden: Dying for Love**
9.00 **Valley of the Damned**
11.00 **American Monster**
12.00 NOON **Disappeared**
1.00 PM **Faking It: Tears of a Crime**
3.00 **American Monster**
4.00 **Disappeared**
5.00 **The Killer in My Family**
7.00 **Disappeared** The case of 13-year-old Tabitha Tuders.
8.00 The case of physical therapist Holly Cantrell, who vanished in January 2017 in McAlester, Oklahoma.
9.00 **Cabin in the Woods** A pastor and his wife escape to a cabin. But a vicious attack leaves one dead and the other in hospital.
10.00 **American Detective with Lt Joe Kenda** After the strangulation of a New Jersey woman, solving the case comes down to a pair of bangles and a chance encounter at a deli.
11.00 **Before They Kill Again**
12.00 M'T **Real Time Crime**
2.00 AM **The Killer in My Family**
4.00 **to 6.00** AM **Disappeared**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** A bridge collapses over the Arkansas River.
7.00 **Texas Metal**
8.00 **Motor Pickers**
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Fifth Gear**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers**
7.00 **Shed and Buried**
8.00 **Fifth Gear** Rory and Vicki test the Bentley Bentayga.
9.00 **Richard Hammond's Big**
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Fifth Gear**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **Sky Cinema Preview**
6.30 **Panda Plan** As 12.30pm.
8.20 **Juliet & Romeo** As 2.20pm.
10.30 **Novocaine** As 8.00pm.
12.30 PM **Panda Plan** Comedy. (2024, PG, 99min) ★★★
2.20 **Juliet & Romeo** Musical. (2025, 12, 122min) ★★★
4.30 **Die Alone** Zombie apocalypse drama with Carrie-Anne Moss. (2024, 15, 91min) ★★★★
6.15 **Wolf Man** Werewolf horror. (2024, 15, 103min) ★★★

4.30 Die Alone

8.00 Novocaine Action comedy starring Jack Quaid. When a woman is kidnapped, a man turns an inability to feel physical pain into an advantage in his quest to rescue her. With Ray Nicholson and Amber Midthunder. (2024, 15, 80min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

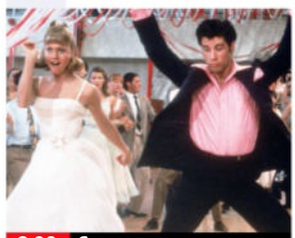
10.00 The Brutalist Epic drama starring Adrien Brody. When a couple flee Europe in 1947, their new lives in America are changed by a strange client. With Felicity Jones and Guy Pearce. (2024, 18, 215min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.20 AM **Nosferatu** Horror with Bill Skarsgård and Lily-Rose Depp. (2024, 15, 132min) ★★★★
3.35 **Die Alone** As 4.30pm.
5.10 **to 6.45** AM **Love Hurts** Action comedy with Ke Huy Quan. (2025, 15, 83min) ★★

Sky Cinema Hits

303 303 403 503 517

6.25 AM **Total Recall** Sci-fi remake. (2012, 12, 113min) ★★★
8.25 **Ghost Rider** (2006, 12) ★★★
10.25 **Zombieland** Horror comedy. (2009, 15, 84min) ★★★★
12.00 NOON **My Big Fat Greek Wedding 2** (2016, 12) ★★
1.50 PM **Baywatch** Action comedy. (2017, 15, 121min) ★★
3.55 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
6.00 **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★



8.00 Grease

8.00 Grease Musical starring John Travolta and Olivia Newton-John. An Australian teenager at a 1950s California high school falls in love with the tough-talking leader of the T-Birds gang. (1978, PG, 110min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.55 King Kong Peter Jackson's spectacular remake of the classic monster movie, starring Naomi Watts, Jack Black and Adrien Brody. (2005, 12, 187min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.05 AM **Insidious** Supernatural thriller starring Rose Byrne. (2010, 15, 103min) ★★★★
3.00 **Insidious: Chapter 2** Supernatural thriller sequel starring Patrick Wilson. (2013, 15, 103min) ★★★
4.55 **Sky Cinema Preview**
5.45 **to 7.30** AM **The Nutty Professor** Comedy remake. (1996, 12, 95min) ★★★

Sky Cinema Drama

310 310 410 510 524

7.25 AM **Horizon: An American Saga – Chapter 1** Western. (2024, 15, 181min) ★★★★
10.35 **Calvary** As shown at 1.00am.
12.20 PM **Young at Heart** Musical. (1954, U, 117min) ★★★
2.20 **One Life** Fact-based drama. (2023, 12, 105min) ★★★★
4.15 **The Bridges at Toko-Ri** Korean War drama starring William Holden. (1954, U, 99min) ★★★
6.05 **The Girl on the Train** Crime thriller starring Emily Blunt. (2016, 15, 107min) ★★★★
8.00 **The King's Speech** Drama starring Colin Firth and Geoffrey Rush. An unconventional speech therapist is the future George VI's last hope to cure his crippling stammer. (2010, 12, 118min) ★★★★★
10.10 **There Will Be Blood** Epic drama starring Daniel Day-Lewis and Paul Dano. (2007, 15, 158min) ★★★★★
1.00 AM **Calvary** Darkly comic drama with Brendan Gleeson. (2014, 15, 99min) ★★★★
2.55 **Champion** Boxing drama. (1949, b/w, PG, 99min) ★★★★
4.35 **to 6.55** AM **The Holiday** Romantic comedy drama. (2006, 12, 135min) ★★★

Sky Cinema Science Fiction

311 311 411 511 525

7.10 AM **The Lawnmower Man** Sci-fi thriller. (1992, 15, 105min) ★★★
9.45 **Escape from the 21st Century**
11.40 **Jules** Sci-fi comedy drama. (2023, 12, 87min) ★★★
1.25 PM **Voyagers** Sci-fi thriller. (2020, 15, 108min) ★★★
3.25 **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
5.50 **Blade Runner** Futuristic thriller. (1982, 15, 130min) ★★★★★
8.00 **Ready Player One** Steven Spielberg's fantasy starring Tye Sheridan. Gamers explore a virtual world in the quest for a deceased tycoon's fortune. (2018, 12, 140min) ★★★★
10.25 **Gravity** Space thriller starring Sandra Bullock and George Clooney. A novice astronaut becomes stranded in space during her first NASA mission. (2013, 12, 91min) ★★★★★
12.00 M'T **Resident Evil** Sci-fi thriller. (2002, 15, 100min) ★★★
1.45 AM **Escape from the 21st Century** Fantasy adventure. (2024, 15, 94min) ★★★
3.25 **10 Cloverfield Lane** Thriller. (2016, 12, 103min) ★★★★
5.15 **to 7.25** AM **The Invisible Man** Thriller starring Elisabeth Moss. (2020, 15, 124min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

6.25 AM **Journey 2: The Mysterious Island** Fantasy. (2012, PG, 94min) ★★★
8.10 **The Smurfs** (2011, U) ★★
10.05 **Save the Cinema** Drama. (2021, 12, 109min) ★★★
12.05 PM **Ride On** Action drama. (2023, PG, 126min) ★★★
2.20 **Twist** (2021, 12) ★★★★
4.05 **The Smurfs 2** Adventure sequel. (2013, U, 104min) ★★
6.00 **The BFG** Fantasy adventure. (2016, PG, 117min) ★★★★

9.50 Peter Rabbit 2

8.10 The Scorpion King Fantasy adventure starring Dwayne Johnson. A skilled Egyptian warrior is hired by the nomadic people of the desert to destroy an evil warlord. With Kelly Hu and Michael Clarke Duncan. (2002, 12, 91 min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Peter Rabbit 2: The Runaway Comedy adventure sequel with the voice of James Corden. Bored of life in the garden, Peter goes to the big city, where he meets shady characters and creates chaos for his whole family. (2021, U, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.30 **Oliver!** Vintage musical. (1968, U, 146min) ★★★★★
2.00 AM **Goosebumps** Fantasy. (2015, PG, 103min) ★★★
3.55 **The Spiderwick Chronicles** Adventure. (2008, PG) ★★★★
5.40 **to 7.40** AM **Small Soldiers** Fantasy. (1998, PG) ★★★★

Sky Cinema Action

307 307 407 507 521

7.15 AM **Pompeii** As 2.05am.
9.05 **Godzilla x Kong: The New Empire** Fantasy adventure. (2023, 12, 115min) ★★★
11.05 **Shooter** Action thriller. (2007, 15, 125min) ★★★★
1.15 PM **300: Rise of an Empire** Fantasy adventure sequel. (2014, 15, 100min) ★★★
3.00 **Furiosa: A Mad Max Saga**
5.30 **Gladiator II** Historical drama sequel starring Paul Mescal. (2024, 15, 148min) ★★★

11.35 Furiosa: A Mad Max Saga

8.00 Terminator Salvation Sci-fi action thriller sequel starring Christian Bale, Sam Worthington and Anton Yelchin. In 2018, resistance hero John Connor leads the fight back against the killer robots. (2009, 12, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.00 Rambo Action drama sequel starring Sylvester Stallone. Vietnam veteran John Rambo takes on the Burmese army in a bid to rescue a captive group of missionaries. (2008, 18, 90min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Furiosa: A Mad Max Saga** Fantasy with Anya Taylor-Joy. (2023, 15, 148min) ★★★★
2.05 AM **Pompeii** Disaster movie. (2014, 12, 104min) ★★
3.55 **Enter the Dragon** Thriller. (1973, 18, 97min) ★★★★
5.45 **to 6.05** AM **The Cinema List: Jurassic**

Sky Cinema Comedy

308 308 408 508 522

7.20 AM **Happy Gilmore** Comedy. (1996, 12, 92min) ★★★
8.55 **Nacho Libre** (2006) ★★★★
10.30 **You, Me and Dupree** Comedy. (2006, 12, 109min) ★★★
12.20 PM **HouseSitter** Comedy. (1992, PG, 102min) ★★★
2.15 **The Holdovers** Comedy drama. (2023, 15, 133min) ★★★★★
4.30 **Beverly Hills Cop** Comedy thriller. (1984, 15) ★★★★
6.20 **Ace Ventura: When Nature Calls** (1995, PG) ★★★

8.00 Mamma Mia!

8.00 Mamma Mia! Musical starring Meryl Streep. A young bride-to-be living on a Greek island invites three of her mother's old boyfriends to her wedding, hoping to find out which one is her father. (2008, PG, 108min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 Mamma Mia! Here We Go Again ABBA-themed musical sequel starring Amanda Seyfried and Lily James. The reopening of the Hotel Bella Donna leads to a reunion for Sophie's family. (2018, PG, 114min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.45 **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
1.50 AM **My Big Fat Greek Wedding 2** Romantic comedy sequel. (2016, 12, 94min) ★★
3.35 **Dad's Army** Comedy spin-off. (1971, U, 95min) ★★★★
5.15 **to 7.05** AM **Heaven Can Wait** Fantasy. (1978, PG) ★★★★

Sky Cinema Thriller

309 309 409 509 523

6.20 AM **Sky Cinema Preview**
7.00 **Contraband** As 12.10am.
9.00 **Now You See Me** As 2.05am.
11.05 **Split** M Night Shyamalan's thriller. (2016, 15, 117min) ★★★
1.15 PM **The Accountant** Thriller. (2016, 15, 123min) ★★★
3.35 **The Da Vinci Code** Conspiracy thriller starring Tom Hanks. (2006, 12, 149min) ★★★
6.15 **Vantage Point** Action thriller starring Dennis Quaid. (2008, 12, 90min) ★★★

10.10 Lawless

8.00 Murder by Numbers Crime thriller starring Sandra Bullock as a veteran cop investigating a murder committed for kicks by two high-school students. With Ryan Gosling, Michael Pitt, Ben Chaplin and Chris Penn. (2002, 15, 120min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 Lawless Prohibition-era crime drama starring Shia LaBeouf and Tom Hardy. Three brothers run a profitable moonshine business in 1930s Virginia until the appointment of a corrupt deputy. (2012, 18, 111 min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Contraband** Action thriller. (2012, 15, 105min) ★★★
2.05 **Now You See Me** Heist thriller. (2013, 12, 115min) ★★★
4.05 **3.10 to Yuma** Western. (1957, b/w, PG, 80min) ★★★★
5.45 **to 7.45** AM **The Prosecutors** Drama. (1996, PG, 105min) ★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Payroll** Crime thriller. (1961, b/w, PG, 105min) ★★★
1.10 PM **Three Hours to Kill** Western. (1954, 12, 77min) ★★
2.45 **Rio Grande** Vintage Western. (1950, b/w, U, 107min) ★★★★
4.55 **Ten Tall Men** Adventure. (1951, U, 97min) ★★★
6.50 **Flight of the Phoenix** Action adventure starring Dennis Quaid and Miranda Otto. (2004, 12, 113min) ★★★

9.00 Deadpool 2

Flight of the Phoenix (film started at 6.50pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 Deadpool 2 Action comedy sequel starring Ryan Reynolds and Josh Brolin. The wisecracking anti-hero attempts to protect a young mutant being pursued by a heavily armed cyborg from the future. (2018, 15, 119min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.20 **Venom** Fantasy adventure starring Tom Hardy and Riz Ahmed. A journalist gains superhuman strength and power when his body merges with an alien organism. (2018, 15, 112min) ★★★
1.25 **to 3.45** AM **The Outsiders** Teen drama starring Matt Dillon and Patrick Swayze. (1983, 12, 91 min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Halloween

302 302 402 502 516

6.00 AM **Sick** As shown at 2.55am.
7.30 **Arcadian** Horror with Nicolas Cage. (2024, 15, 92min) ★★★★
9.05 **Annabelle** As 11.25pm.
10.50 **Annabelle: Creation** (2017)
12.45 PM **Lovely, Dark, and Deep** Drama. (2023, 15, 87min) ★★★
2.15 **Ouija** Horror starring Olivia Cooke. (2014, 15, 87min) ★★
3.50 **Insidious** Supernatural thriller. (2010, 15, 103min) ★★★★

5.35 **Insidious: Chapter 2** Supernatural thriller sequel. (2013, 15, 103min) ★★★
7.25 **A Quiet Place** Horror thriller starring Emily Blunt and John Krasinski, who also directed. (2018, 15, 90min) ★★★★
9.00 **The Shining** Stanley Kubrick's chilling adaptation of the Stephen King bestseller, starring Jack Nicholson. A writer's job as a winter caretaker in a remote hotel puts his family in peril. (1980, 15, 119min) ★★★★★

11.25 **Annabelle** Horror starring Annabelle Wallis and Ward Horton. (2014, 15, 97min) ★★
1.05 AM **Annabelle: Creation** Horror. (2017, 15, 109min) ★★★
2.55 **Sick** Horror. (2022, 18, 83min)
4.20 **to 6.00** AM **Dark Skies** Horror thriller. (2013, 15, 97min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.00 AM **Congo** Jungle adventure. (1995, 12, 108min) ★★★
8.00 **True Grit** As 8.00pm.
10.15 **The Bridge on the River Kwai** Classic World War Two drama. (1957, PG, 161 min) ★★★★★
1.10 PM **Clear and Present Danger** Action thriller starring Harrison Ford. (1994, 12, 141 min) ★★★
3.35 **Shane** Western with Alan Ladd. (1953, PG, 118min) ★★★★★

5.35 **The Day of the Jackal** Thriller based on the novel by Frederick Forsyth, starring Edward Fox. (1973, 15, 142min) ★★★★★
8.00 **True Grit** Western starring John Wayne and Kim Darby. The daughter of a murdered man enlists an over-the-hill marshal to help track down the killer. (1969, PG, 128min) ★★★★★
10.10 **High Plains Drifter** Western directed by and starring Clint Eastwood, with Verna Bloom. (1972, 18, 105min) ★★★★

12.05 AM **Midnight Express** Drama. (1978, 18, 120min) ★★★★
2.15 **Taxi Driver** Martin Scorsese's drama starring Robert De Niro. (1976, 18, 110min) ★★★★★
4.20 **to 6.05** AM **Friday the 13th Part II** Horror sequel with Amy Steel. (1981, 18, 87min) ★★

Sky Cinema Animation

305 305 412 500 514

6.40 AM **Barnyard** (2006, PG) ★
8.15 **The Swan Princess: The Secret of the Castle** (1997, U) ★★
9.35 **Extinct** Animated adventure. (2021, U, 84min) ★★★
11.10 **Fireheart** Animated adventure. (2022, U, 92min) ★★★
12.50 PM **Migration** Animated comedy. (2023, U, 83min) ★★★
2.20 **Dragon Rider** Animation. (2020, PG, 91 min) ★★★

4.00 **Shark Tale** Animated comedy. (2004, U, 90min) ★★★★
5.45 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★
7.45 **Wallace & Gromit: The Curse of the Were-Rabbit** Animation. (2005, U, 85min) ★★★★★
9.25 **Hotel Transylvania** Animated comedy. (2012, U, 91 min) ★★★★
11.00 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
12.35 AM **Hotel Transylvania 3: Summer Vacation** (2018, U) ★★

2.15 **Spirit: Stallion of the Cimarron** Animation. (2002, U) ★★★
3.50 **Sinbad: Legend of the Seven Seas** Animated adventure. (2003, U, 85min) ★★★★
5.30 **to 7.00** AM **The Wild Thornberrys Movie** Animation. (2002, U, 85min) ★★★★

Christmas 24

312 313 419

7.00 AM **Deck the Walls** Festive drama. (2024, PG, 120min) ★★
9.00 **Three Wise Men and a Baby** Comedy. (2022, PG, 90min) ★★
11.00 **A Maple Valley Christmas** Festive romantic drama. (2022, PG, 85min) ★★
1.00 PM **To All a Good Night** Drama. (2023, PG, 90min) ★★
3.00 **The Winter Palace** Romantic drama. (2022, PG, 85min) ★★

5.00 **The Gift of Peace** Drama. (2022, PG, 84min) ★★
7.00 **12 Dares of Christmas** Drama starring Brittany Underwood. (2023, PG, 90min) ★★
9.00 **Christmas in Maple Hills** Romantic drama starring Emily Alatalo and Marcus Rosner. A woman digs into her family past to discover why the land she inherited is not in their name. (2023, PG, 90min) ★★
11.00 **The Christmas Toy Maker** Drama. (2021, PG, 84min) ★★

1.00 AM **Debbie Macomber's Joyful Mrs Miracle** Festive fantasy. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **An Ice Palace Romance** Romantic drama. (2023, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Stagecoach West** (S1)
7.00 **Fate Takes a Hand** Drama. (1961, b/w, PG, 72min) ★★★
8.30 **Out of Town**
9.00 **Sherlock Holmes: Terror by Night** Mystery thriller. (1946, b/w, U, 60min) ★★
10.15 **Escape Route** Spy thriller. (1952, b/w, PG, 79min) ★★
11.50 **Look at Life**
12.00 NOON **Dixon of Dock Green**

1.05 PM **Lionheart Remembered**
1.55 **The Brothers** 3/13. (S6)
3.00 **Walk a Crooked Mile** Drama. (1948, b/w, PG, 91 min) ★★★
4.50 **The Bulldog Breed** Comedy. (1960, b/w, PG, 97min) ★★
6.50 **Strange But True**
7.25 **Scotland Yard** 1/39. (S1)
8.00 **Van der Valk** 7/7. (S2)
9.05 **Maigret** 4/4. (S14)
10.55 **The Night of the Shooting Stars** Italian wartime drama with Omero Antonutti. Subtitled. (1981, 12, 107min) ★★★★

1.05 AM **Brides in the Bath** Period serial killer drama with Martin Kemp and Richard Griffiths.
3.10 **Parade** Slapstick comedy set in Sweden. (1974, U, 90min) ★★★
4.55 **London Entertains** Documentary. (1951, b/w, U, 49min) ★★★
5.55 **to 6.00** AM **Harvest Time**

WEDNESDAY Sport 1 October

Wednesday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM LIVE **WTA & ATP Tennis** Coverage from the Tours, including the ATP Shanghai Masters, plus the ATP and WTA Beijing Open.
10.00 LIVE **ICC Women's World Cup Australia v New Zealand.** Coverage of both teams' opening group match staged at Holkar Stadium in Indore, India.
6.30 PM **The Premier League Show**
7.00 **Gillette Labs Soccer Special**
7.30 LIVE **EFL Queens Park Rangers v Oxford United.** Coverage of the Championship match held at MATRADE Loftus Road Stadium. Kick-off **8.00pm**.
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T LIVE **LPGA Tour Golf** Coverage from the first day of the LOTTE Championship staged at Hoakalei Country Club in Hawaii. South Korea's A Lim Kim claimed victory at this event in 2024.
3.00 AM **Sky Sports News**
5.30 **to 6.00** AM LIVE **ATP Tennis** Coverage of day two of the Shanghai Masters, a hard-court tournament held at Qizhong Forest Sports City Arena.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Highlights**
10.00 **Sky Sports FC** Headlines.
12.00 NOON **Gary Neville's Soccerbox** With guest Ian Wright.
12.30 PM With Paul Scholes.
1.00 **Premier League Years** Memorable moments from the 1996/97 season.
3.00 **Premier League Highlights** Crystal Palace v Liverpool.
3.30 Action from Chelsea v Brighton & Hove Albion.
4.00 Manchester City v Burnley.
4.30 Action from Nottingham Forest v Sunderland.
5.00 **The Premier League Show**
7.00 **Gillette Soccer Special** The full story of the evening's football, with the team on hand to provide all the latest updates.
10.15 **Premier League Stories** A look into the story of Bournemouth from fighting for survival to success in the top flight.
10.45 **Mental Health: Jason Steele**
11.00 **Premier League Years**
1.00 AM **PL Retro** Manchester City v Queens Park Rangers from 2012.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Highlights**
8.45 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Old Firm Derby Best Goals**
11.30 **Edinburgh Derby Best Goals**
12.00 NOON **EFL** Derby v Charlton.
2.00 PM **WSL** Liverpool v Man United.
2.30 **SPFL Round-Up**
2.45 **SPFL Highlights**
3.00 **EFL League One Goals**
3.30 **EFL League Two Goals**
4.00 **EFL Highlights** Championship.
5.00 **EFL Greatest Games**
6.00 **EFL Highlights**
7.00 **WSL** Arsenal v Aston Villa.
7.30 LIVE **EFL Queens Park Rangers v Oxford United.** The Championship game at MATRADE Loftus Road Stadium. A brace from Sam Field gave QPR a 2-0 win in last season's corresponding fixture. Kick-off is at **8.00pm**.
10.30 **EFL Highlights**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.00 AM **There's Only One Sauzee**
2.30 **Dundee United: Champions 83**
3.00 **EFL Greatest Games**
4.00 **Championship Season Review**
5.00 **Best Goals: EFL Cup 2022/23**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **ICC Women's World Cup**
7.00 **Women's ICC World T20 Cricket**
8.00 **Women's One-Day International Cricket**
9.00 **ICC Women's World Cup**
10.00 LIVE **ICC Women's World Cup Australia v New Zealand.** Coverage of both teams' opening group match staged at Holkar Stadium in Indore, India. Australia are the reigning champions having defeated England in the 2022 final, and New Zealand were the host nation, but failed to progress beyond the group stage.
6.30 PM **ICC Women's World Cup**
8.00 **Women's One-Day International Cricket** England v India staged at Lord's in London.
9.00 **ICC Women's World Cup** Australia v New Zealand in India.
10.00 **Women's ICC World T20 Cricket** Highlights.
11.00 **ICC Women's World Cup**
12.00 M'T **Women's One-Day International Cricket**
1.00 AM **ICC Women's World Cup**
2.00 **Women's ICC World T20 Cricket**
3.00 **ICC Women's World Cup**
5.00 **to 6.00** AM **Women's One-Day International Cricket**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Ladies European Tour Golf**
7.00 **LPGA Tour Golf** Highlights.
12.00 NOON **Ladies European Tour Golf** Recent highlights.
6.00 PM **PGA Tour Champions**
7.00 **PGA Tour: The Cut**
7.30 **HotelPlanner Tour Golf Highlights** Italian Challenge Open.
8.00 **Golf** Action from the Farmfoods British Par 3 Championship.
10.00 **PGA Tour Champions** The Pure Insurance Championship.
11.00 **Rose Ladies Series**
12.00 M'T LIVE **LPGA Tour Golf** Coverage from the first day of the LOTTE Championship at Hoakalei Country Club in Hawaii. South Korea's A Lim Kim claimed victory at this event in 2024, finishing one stroke clear of Nataliya Guseva.
3.00 AM **PGA Tour Golf**
4.00 **DP World Tour Golf**
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

TNT Sports 1

410 413 521 408 430

6.00 AM **Playing for Our Future: Cricket** Global warming.
6.15 **TNT Sports Cricket Reload**
7.00 LIVE **International T20 Cricket New Zealand v Australia.** Coverage of the first T20 in the three-match series staged at Bay Oval in Tauranga.
11.00 **Premier League Review**
12.00 NOON **Men's Cycling Pro Series**
1.00 PM LIVE **Cycling: CRO Race** The second stage, a 119km route from Biograd na Moru to Novalja.
3.00 **Men's Cycling Pro Series**
4.00 **Premier League Review**
5.00 **Onboard** Ocean Race Europe.
6.00 **TNT Sports Reload**
6.30 **Ally's Social Club** Mikel Arteta.
7.00 LIVE **UEFA Champions League Arsenal v Olympiacos.** Coverage of the league phase match staged at Emirates Stadium. Kick-off **8.00pm**.
10.30 **Original Documentary**
11.30 **Serie A – Full Impact**
12.00 M'T **MLB Plays of the Week**
12.30 AM LIVE **MLB** Coverage of an MLB Postseason match.
3.45 **MotoGP Rewind**
4.00 **Fishing: On the Bank**
5.00 **to 6.00** AM **Onboard**

TNT Sports 2

411 414 522 409 431

6.00 AM LIVE **Cycling: Tour of Langkawi** Coverage of stage four, a route of 140.8km from Kuala Terengganu to Kemaman.
7.45 **Playing for Our Future: Rugby**
8.00 **Premier League Netbusters**
8.30 **Superbike World Championship**
9.30 **MotoGP** Grand Prix of Japan.
2.00 PM **Serie A** Recent action.
4.00 **UEFA Europa League & Conference League Magazine**
5.00 LIVE **UEFA Champions League Union Saint-Gilloise v Newcastle United.** Coverage of the league phase match from Lotto Park, as the visitors play their first away game of this campaign. Kick-off **5.45pm**.
7.45 LIVE **UEFA Champions League Monaco v Manchester City.** The league phase match at Stade Louis II. Kick-off **8.00pm**.
10.30 **Premier League Netbusters**
11.00 **Premier League Stories**
11.30 **MotoGP Highlights**
12.30 AM **International T20 Cricket**
1.30 LIVE **MLB** Coverage of an MLB Postseason game.
4.45 **Superbike Rewind**
5.00 **to 6.00** AM **UEFA Champions League**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights** San Francisco 49ers v Jacksonville Jaguars.
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights** Action from Miami Dolphins v New York Jets.
4.00 Highlights from Dallas Cowboys v Green Bay Packers.
5.00 Action from San Francisco 49ers v Jacksonville Jaguars.
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present this NFL talk show.
8.00 **NFL Bitesize Highlights** Arizona Cardinals v Seattle Seahawks.
8.15 Action from Pittsburgh Steelers v Minnesota Vikings.
8.30 Highlights of Tampa Bay Buccaneers v Philadelphia Eagles.
8.45 Action from Kansas City Chiefs v Baltimore Ravens.
9.00 **NFL Highlights** Tampa Bay Buccaneers v Philadelphia Eagles.
10.00 Highlights from Kansas City Chiefs v Baltimore Ravens.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 **to 6.00** AM **NFL Highlights** On

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM LIVE **WTA & ATP Tennis** Coverage from the Tours, including the ATP Shanghai Masters, plus the ATP and WTA Beijing Open.
4.00 PM **Sports Desk** Sports news with live analysis and comments.
5.00 **The Premier League Show**
7.00 **Gillette Labs Soccer Special**
7.30 **EFL Greatest Games** Action from a memorable EFL fixture.
7.35 LIVE **EFL Norwich City v West Bromwich Albion.** Coverage of the Championship match staged at Carrow Road. Josh Sargent's late goal gave Norwich a 1-0 win in last season's corresponding fixture and the striker has started the current campaign in fine form. Kick-off is at **7.45pm**.
10.30 **Back Pages Tonight** The sports headlines in tomorrow's papers.
11.00 **Sky Sports News**
1.00 AM **EFL Cup Retro** A chance to see Aston Villa v Manchester United in the 2010 final.
3.00 **Sky Sports News**
5.30 **to 6.00** AM LIVE **ATP Tennis** Coverage of the second day of the Shanghai Masters, a hard-court tournament held at Qizhong Forest Sports City Arena.

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM LIVE **WTA & ATP Tennis** Coverage of the Tours, including the ATP Shanghai Masters.
12.00 NOON LIVE **ATP Tennis** Coverage of Beijing Open final held at National Tennis Center.
2.00 PM LIVE **WTA & ATP Tennis** Further coverage from the Tours.
4.00 **ATP Tennis** Indian Wells Open.
4.15 **WTA Tennis** Cincinnati Open.
4.30 **ATP Tour This Week**
5.00 **ATP Tennis** Recent finals.
8.00 **WTA & ATP Tennis**
12.00 M'T **ATP Tennis** Recent action.
3.00 AM **Bitesize Tennis**
3.30 **WTA & ATP Tennis**
5.30 **to 6.00** AM LIVE **ATP Tennis** Day two of the Shanghai Masters at Qizhong Forest Sports City Arena.

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **ATP Tennis** Tokyo Open final.
9.00 **ICC Women's World Cup**
10.00 **Ryder Cup** Days one to three.
1.00 PM **Formula 1** Action from the 2024 Singapore Grand Prix.
2.00 **PL Greatest Games**
3.00 **ATP Tennis** Tokyo Open final.
5.00 **Ladies European Tour Golf** A review of the ISPS HANDA Women's Scottish Open.
6.00 **PGA Tour Champions** The Pure Insurance Championship.
7.00 **Formula 1** Highlights of the 2024 Singapore Grand Prix.
8.00 **ICC Women's World Cup** Action from India v Sri Lanka.
9.00 **ATP Tennis** Tokyo Open final.
10.00 The Beijing Open final.
12.00 M'T **PL Greatest Games**
1.00 AM **PDC Classics** Archive action.
3.00 **EFL Greatest Games**
4.00 **DP World Tour Golf**
5.00 **to 6.00** AM **Nick Dougherty's Tee Time Tips**

TNT Sports 3

413 415 523 410 432

6.00 AM **UEFA Champions League**
10.00 **UEFA Europa League & Conference League Magazine**
11.00 **Serie A** Action from Italy.
1.00 PM **UEFA Champions League Highlights Show** A round-up.
2.00 **UEFA Champions League**
5.30 **Premier League Reload**
5.45 LIVE **UEFA Champions League Qarabag v FC Copenhagen.** The league phase match from Tofiq Bahramov Stadium. Kick-off is at **5.45pm**.
7.45 **UEFA Champions League Goals Show Xtra** A look at all the goals from today's fixtures, including Arsenal v Olympiacos.
11.00 **Men's Cycling Pro Series**
12.00 M'T **UEFA Champions League**
4.30 AM **Premier League Reload**
4.45 **to 6.00** AM LIVE **Test Cricket India v West Indies.** Coverage of the first day of the first Test in the two-match series at Narendra Modi Stadium in Ahmedabad.

TNT Sports 4

414 416 524 411 434

6.00 AM **Superbike Rewind**
6.15 **The Gruppetto** Cycling action.
6.30 **Men's Cycling Pro Series**
7.30 **Cliff Diving World Series**
8.30 **SailGP – Racing on the Edge**
9.00 **Fishing: On the Bank**
10.00 **FIA World Endurance C'ship**
11.00 **NWSL** Recent action.
1.00 PM **MLB Highlights**
2.00 **Cliff Diving World Series**
3.00 **UTMB World Series Highlights**
4.00 **Fishing: On the Bank**
5.00 **FIA World Endurance C'ship**
6.00 **MLB Highlights**
7.30 **Training Day** From Grenfell.
7.45 LIVE **UEFA Champions League Barcelona v Paris Saint-Germain.** The league phase match. Kick-off **8.00pm**.
10.00 **Ultimate Pool** Highlights.
11.30 **UFC Countdown**
12.30 AM **Fight Week** UFC 320.
1.00 **UFC** Ulberg v Reyes.
4.00 **UFC Countdown**
5.00 **to 6.00** AM **T20 Cricket**

Premier Sports 1

419 551

6.00 AM **British Minibikes**
8.00 **URC in 60** The opening round.
9.00 **NASCAR Highlights**
10.00 **FIM Sidecarcross**
11.00 **Eredivisie Highlights**
12.00 NOON **Scottish Football**
1.00 PM **World Surf League**
2.00 **NHL Tonight** Recent action.
3.00 **NASCAR Highlights**
4.00 **Eredivisie Highlights**
5.00 **Coppa Italia Show**
5.30 **Top 14 Rugby Union Highlights**
6.00 **Mass Participation World**
7.00 **URC in 60** The opening round.
8.00 **Scottish Football Social Club**
9.00 **NASCAR Highlights**
10.00 **British Minibikes** The fifth round.
10.55 **Coppa Italia Show**
11.25 LIVE **Brasileiro Serie A Internacional v Corinthians.**
1.25 AM LIVE **Brasileiro Serie A Santos v Gremio.** K-o 1.30am.
3.30 **Coppa Italia Show**
4.00 **Euro Le Mans Highlights**
5.00 **to 6.00** AM **Eredivisie**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union** Stade Francais v Bordeaux.
8.00 Another chance to see Racing 92 v Clermont Auvergne.
10.00 **United Rugby Championship** A replay of Stormers v Leinster.
12.00 NOON **FastZone** Highlights show.
12.30 PM **Eredivisie** Another chance to see Excelsior v PSV Eindhoven.
2.30 **GP Confidential** All the latest Formula One news.
3.00 **United Rugby Championship** A replay of Connacht v Benetton.
5.00 A replay of Cardiff v Lions.
7.00 **FastZone** Motorsports highlights.
7.30 **LaLiga** Another chance to see Barcelona v Real Sociedad.
9.30 **Bike World** Magazine.
10.00 **Argentine Primera** A replay of River Plate v Deportivo Riestra.
12.00 M'T **United Rugby Championship** Zebre v Edinburgh.
2.00 AM **Temples of Sport**
3.00 **Argentine Primera**
5.00 **to 6.00** AM **Football's Greatest**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** The Singapore Grand Prix from 2016 to 2022.
11.00 **Formula 1** A chance to see the 2019 Singapore Grand Prix.
1.40 PM Another chance to see the 2022 Singapore Grand Prix.
4.25 **Formula 1** A chance to see the 2023 Singapore Grand Prix.
6.55 Another chance to see the 2024 Singapore Grand Prix.
9.20 **F1 Explained: Pit Loss**
9.25 **Ollie Bearman Motorhome Tour** The new Haas motorhome.
9.30 **Formula 1** Singapore Grand Prix races from 2019 to 2024.
1.30 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Thursday

2 October

Evening Planner

Football

Europa League & Europa Conference League

TNT Sports

Celtic, Aston Villa, Nottingham Forest, Rangers and Crystal Palace are in action.

Factual

George Clarke's Homes in the Wild

C4, 8pm

George visits amazing builds in beautiful Antipodean isolation, in this new series.

Documentary

Sharon & Ozzy Osbourne: Coming Home

BBC1, 9pm

A moving account of the last chapter of Ozzy's life and his final stage appearance.

Drama

All Creatures Great and Small

5, 9pm

The recent erratic behaviour of Siegfried causes strife for Mrs Hall in the village.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 EastEnders	8.00 Dragons' Den		9.00 Sharon & Ozzy Osbourne: Coming Home		10.00 News; Local News	
	102 BBC2	7.00 Celebrity Antiques Road Trip		8.00 Saving Lives at Sea		9.00 The Witch Hunts: Lucy Worsley...		10.00 Mortimer &...	10.30 Newsnight
	103 ITV1	‹ 6.30 News	7.30 Emmerdale		8.30 Tonight †	9.00 Long Lost Family		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 George Clarke's Homes in the Wild		9.00 Taskmaster		10.00 The Great British Bake Off	
	105 5	7.00 Inside Longleat		8.00 Yorkshire Great and Small with Dan...		9.00 All Creatures Great and Small		10.00 Cause of Death	
	106 SKY SHOWCASE	7.00 The Simpsons		8.00 A League of Their Own Road Trip...		9.00 Boyzone: No Matter What		10.00 Brassic	
ENTERTAINMENT	115 BBC3	7.00 Horrible Histories	7.30 The Weakest Link	8.15 Alan Carr's Picture Slam		9.00 RuPaul's Drag Race UK		10.10 Juice	
	116 BBC4	7.00 Film: The Sound of Music					9.45 Julie Andrews: Talking...		10.30 Gillian...
	118 ITV2	7.00 Deal or No Deal		8.00 The 1% Club		9.00 Big Brother		10.00 Big Brother: Late & Live	
	136 MORE4	‹ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 Night Coppers		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 First Dates: Valentine's		9.00 Married at First Sight UK		10.05 Gogglebox	
	107 SKY WITNESS	7.00 Nothing to Declare		8.00 Caught on Dashcam		9.00 FBI		10.00 FBI: International	
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 The Last of Us			
	110 U&GOLD	7.00 Dad's Army	7.40 Fawlty Towers						10.20 Porridge
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Foyle's War					
	120 ITV4	7.00 The Chase Celebrity Special		8.00 Ice Road Truckers		9.00 Film: Police Academy			
	112 COMEDY CENTRAL	7.00 Friends				9.00 Film: Big Trouble in Little China			
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 The Ark		10.00 Grimm	
	113 SKY MAX	7.00 Stargate Universe		8.00 A League of Their Own Road Trip...		9.00 Rob & Romesh vs Superstar DJs		10.00 Brassic	
	109 U&ALIBI	7.00 Body of Proof		7.59 Death in Paradise				10.00 Father Brown	
	124 SKY ARTS	7.00 Portrait Artist of the Year 2025		8.00 Discovering: Jason Robards		9.00 The Directors		10.00 Michael Caine: The Becoming of a...	
	132 U&W	7.00 MasterChef Australia			8.20 Simply Nigella	9.00 Louis Theroux: Life on the Edge			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Roadworthy Rescues		9.00 Naked And Afraid Apocalypse			
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 Alaska: Surviving the Last Frontier		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation		8.00 Inside Melbourne Airport		9.00 Ice Road Rescue		10.00 Life Below Zero: First Alaskans	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Iconic Combat Machines		9.00 Swamp Mysteries with Troy Landry		10.00 Alone	
	155 U&YESTERDAY	7.00 Caribbean with Simon Reeve		8.00 Bangers & Cash		9.00 Flipping Bangers		10.00 Bangers & Cash	
	121 SKY DOCS	‹ 6.55 The Civil War		8.00 Lockerbie		9.00 Boyzone: No Matter What		10.00 Gary	
FILMS – Sky Cinema	301 PREMIERE	‹ 6.05 Novocaine		8.00 Nosferatu					10.15 Wolf Man
	302 HALLOWEEN	7.00 The Ring				9.00 Halloween			
	303 HITS	‹ 5.55 One Life		8.00 Schindler's List					
	304 GREATS	‹ 6.45 The Godfather Part III					9.40 The Exorcist		
	305 ANIMATION	‹ 6.00 The Angry Birds Movie	7.50 The Angry Birds Movie 2				9.30 The Adventures of Tintin: The Secret of the Unicorn		
	306 FAMILY	‹ 6.00 Wicked			8.45 Sonic the Hedgehog 3				
	307 ACTION	‹ 6.05 Venom: The Last Dance		8.00 Godzilla				10.05 Chappie	
	308 COMEDY	‹ 6.20 Billy Madison		8.00 Yesterday				10.05 Horrible Bosses	
	309 THRILLER	‹ 6.00 Now You See Me		8.00 RocknRolla				10.00 Law Abiding Citizen	
	310 DRAMA	‹ 5.35 The Fisher King		8.00 P.S. I Love You				10.10 Dreamgirls	
	311 SCI-FI	‹ 5.15 2012		8.00 Arrival				10.00 Passengers	
	313 FILM4	‹ 6.55 Dante's Peak				9.00 See How They Run			
SPORT	401 MAIN EVENT	7.00 Sports Centre	7.30 EFL – Live: Rotherham United v Bradford City (Kick-off 8.00)						10.30 PGA Tour Golf...
	402 PREMIER LEAGUE	7.00 The Big Interview	7.30 PL Stories	8.00 Gary Neville's Soccerbox		9.00 The Big Interview	9.30 PL Stories	10.00 PL Icons	10.30 Les Ferdinand...
	403 FOOTBALL	7.00 SPFL Round-Up	7.30 EFL – Live: Rotherham United v Bradford City (Kick-off 8.00)						10.30 EFL League...
	405 CRICKET	7.00 ICC Women's World Cup							
	410 TNT SPORTS 1		7.30 UEFA Europa League – Live: Nottingham Forest v FC Midtjylland (Kick-off 8.00)						10.30 UEFA Europa...
	411 TNT SPORTS 2	‹ 5.00 UEFA Europa League...		7.45 UEFA Europa League – Live: Sturm Graz v Rangers (Kick-off 8.00)					10.30 Test Cricket...

‹ Denotes programmes starting before 7.00pm † Regions vary

THURSDAY

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Thursday

BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **SAS: Catching the Criminals** (S)(R)
11.15 **Homes Under the Hammer** New edition Properties in London, York and Wolverhampton. (S)
12.15 PM **Bargain Hunt** (S)(R)(AD)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Clean It, Fix It** A grandmother overwhelmed with clutter. (S)(R)
2.30 **Amanda & Alan's Italian Job** 4/8. Amanda and Alan tackle the first bedroom. (S)(R)(AD)
3.00 **Escape to the Country** (S)(R)
3.45 **The Travelling Auctioneers** (S)(R)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Sharon & Ozzy Osbourne...

7 PM

7.00 **The One Show** Angellica Bell and Alex Jones present the topical show. (S)
7.30 **EastEnders** The repercussion of recent events has consequences for all involved. (S)(AD)

8 PM

8.00 **Dragons' Den** Series resumes 10/14. The entrepreneurs are tempted by opportunities including a zesty ginger-based alcohol alternative, a fruit-shaped shoe deodoriser and a rejuvenating body-care brand. (S)(AD)

9 PM

9.00 **Sharon & Ozzy Osbourne: Coming Home** Following the rock star and his wife in what proved to be the last three years of his life, featuring his return to the UK, his diagnosis with Parkinson's and his final concert. (S)(AD)

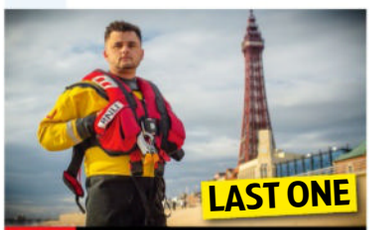
10 PM

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **Question Time** Fiona Bruce presents the topical debate, inviting a panel of politicians and other guests in Belfast to answer questions from an invited audience on subjects that have made the headlines in the past week. (S)
11.40 **Newscast** A panel of journalists hosts a weekly round-up from Westminster, delivering the usual mix of serious analysis and light-hearted gossip about the biggest stories in politics. (S)
12.10 AM **Weather for the Week Ahead** Seven-day forecast. (S)
12.15 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **Escape to the Country** (S)(R)
7.00 **Homes Under the Hammer** (S)(R)
8.00 **Sign Zone: Gardeners' World** (R)
9.00 **BBC News** (S)
12.15 PM **Politics Live** (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **Mountain Gorilla** The endangered primates' fight for survival. (S)(R)
5.15 **Flog It!** From Glemham Hall in the Suffolk countryside. (S)(R)
6.00 **Richard Osman's House of Games** New edition Mark Steel, Melanie Bracewell, Ruth Madeley and Jenny Powell take part. (S)
6.30 **Strictly: It Takes Two** New edition Janette Manrara chats to more couples about their upcoming performances. (S)



8.00 Saving Lives at Sea

7.00 **Celebrity Antiques Road Trip** Actors Robert Daws and Mark Curry go antique-hunting in Lancashire, where they find a real-life Sherlock Holmes and join a drag queen cabaret. Roo Irvine and Izzy Balmer offer expert advice. (S)(R)

8.00 **Saving Lives at Sea** Series finale 10/10. In Blackpool, it's after midnight when the crew receive reports of a man in the water. After finding him unresponsive, it's vital to get him urgent medical attention. (S)(AD)

9.00 **The Witch Hunts: Lucy Worsley Investigates** 1/4. The historian examines four dramatic chapters in British history, beginning with the 16th-century witch hunts, when thousands of people were tortured and killed. (S)(R)(AD)

10.00 **Mortimer & Whitehouse: Gone Fishing** 6/6. Paul and Bob are on the River Severn in Worcestershire to fish for zander. (S)(R)(AD)
10.30 **Newsnight** (S)
11.00 FILM **Till** Fact-based drama starring Danielle Deadwyler. An African-American woman vows to expose the racism behind the murder of her son in Mississippi. (S) (2022, 12, 125min) ★★★★
1.05 AM **Sign Zone: The Newsreader** 6/6. Helen's relationship with Bill deteriorates. (S3) (S)(R)(AD)
2.00 **Sign Zone: Stranded on Honeymoon Island – The Final Flare** 12/12. (S)(R)(AD)
3.00 **Sign Zone: King & Conqueror** (R)
3.45 **Sign Zone: Saving Lives at Sea** (R)
4.45 **to 6.15** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson is joined in Swindon by dealers Alison Chapman, Fay Rutter, Simon Schneider and Tracy Thackray-Howitt. (S)(R)(AD)
3.00 **Tenable** Five panto performers take part in the quiz show hosted by Warwick Davis. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

9.00 Long Lost Family

7.30 **Emmerdale** April's double life puts Leo in danger, while Robert has a choice to make, and Vinny is in court, but it remains to be seen if he will tell the truth. (S)(AD)

8.30 **Tonight: All in Order – Time to Sort Your Affairs?** New edition Reporter Paul Brand investigates some of the most important things to arrange regarding wills. (S)

9.00 **Long Lost Family** New edition Davina McCall and Nicky Campbell meet a woman who wants to find her older brother, and a man who had a baby girl with his late wife, but the youngster was put up for adoption. (S)(AD)

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 FILM **Mission: Impossible II** Action thriller sequel starring Tom Cruise and Dougray Scott. Special agent Ethan Hunt teams up with a cat burglar in order to track down a villain who has a deadly virus at his disposal. With Thandie Newton and Ving Rhames. (S)(AD) (2000, 15, 125min) ★★★
SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.50 AM **Teleshopping**
3.00 **Genius Game** 5/8. The remaining players take on the next Main Match, Safari Race. (S)(SL)(R)(AD)
4.00 **Unwind with ITV** (S)
5.05 **to 6.00** AM **M&S: Dress the Nation** (S)(SL)(R)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** 20-23/24. (S5) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition Tony and Lauren discover a giant uncracked safe in the village they have bought. (S)
5.00 **Four in a Bed** New edition The week's final visit is to Cherry Tree Guest House in Bridlington. (S)
5.30 **Come Dine with Me** Freelance creative Philip hosts in Leeds. (S)(R)
6.00 **Sun, Sea and Selling Houses** A Nottingham couple hope to find a Spanish holiday home. (S)(R)

9.00 Taskmaster

7.00 **News** (S)

8.00 NEW SERIES **George Clarke's Homes in the Wild** 1/6. On the Great Barrier Island off the coast of New Zealand, George explores three remarkable homes that push the boundaries of design in extreme conditions. (S)(AD)

9.00 **Taskmaster** New edition 4/10. Reece Shearsmith reacts strangely to insects, Phil Ellis and Maisie Adam are repulsed by olives, while Sanjeev Bhaskar remains calm in the face of a team-mate's incompetence. (S)(AD)

10.00 **The Great British Bake Off** 5/10. In Chocolate Week, Noel Fielding and Alison Hammond host as the bakers make mousse cups, a white chocolate tart and a fondue display. (S)(R)
11.20 **Big Fat Quiz: Best Bits** (S)(R)
12.20 AM **The Disappearance of Jay Slater** (S)(SL)(R)(AD)
1.25 **Ramsay's Kitchen Nightmares USA** From Los Angeles. (S)(R)
2.15 FILM PREMIERE **The Field** Indian drama with Mia Maelzer. Subtitled. (S) (2018, 15, 20min) ★★★★
2.35 FILM **I for India** Sandhya Suri's Indian documentary. Subtitled. (S) (2005, 12, 75min) ★★★★
3.50 **Jamie's Comfort Food Bites** (S)(R)
4.00 **Location, Location, Location** (S)(R)
4.55 **George Clarke's Amazing Spaces**
5.50 **to 6.30** AM **Countdown** (S)(R)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 105 5 105 105 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 **FILM PREMIERE** **Million Dollar Lethal Listing** Mystery thriller starring Jackée Harry. (S) (2024, PG, 100min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** New edition Ian and Glenys get involved with the ship's activities, participating in a game of golf putting. (S)
5.00 **News** (S)
6.00 **Isle of Wight: Jewel of the South** 3/4. Cameras focus on the owner of the oldest working watermill on the island. (S)(R)
6.55 **News** (S)

8.00 Yorkshire Great and Small

7.00 **Inside Longleat** 3/3. Cameras go behind the scenes of the stately home's gardens and discover what it takes to look after the 900 acres of ground. (S)(R)(AD)
7.55 **News** (S)

8.00 **Yorkshire Great and Small with Dan and Helen** New edition Dan Walker and Helen Skelton explore the historic town of Skipton, visiting the castle, before tracing part of Lady Anne's Way through the Dales. (S)

9.00 **All Creatures Great and Small** New episode *Old Dog, New Tricks:* 2/7. Mrs Hall and James are curious about what Siegfried's been up to when he's spotted wandering home after a night out. (S6) (S)(AD)

10.00 **Cause of Death** After a 39-year-old woman is found deceased in a bath full of very hot water, the coroner, pathologist and the team set to work to establish the cause of death. (S)(R)

11.05 **Surgeons: A Matter of Life or Death** A 66-year-old woman undergoes heart surgery. (S)(R)
12.05 AM **Police Interceptors** (S)(R)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S3) (S)(R)(AD)
3.50 **The Wonderful World of Gold** Elite jewellery shops. (S)(R)
4.40 **The Highland Vet** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 109 340 355

6.00 AM **Sky News Breakfast**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Universe** (S)(R)(AD)
11.00 **Wild Sky** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S3) (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 13/13. (S7) (S)(R)(AD)
5.00 **The Simpsons** *The Blue and the Grey:* Marge allows her hair to turn grey. (S)(R)
5.30 *Loan-a-Lisa:* Grampa decides to give each member of the family $50. (S)(R)
6.00 **The Office (US)** 6/19. Part two of two. Dwight and Michael kidnap a pizza delivery boy at the party. (S)(R)
6.30 7/19. Part one of two. A desperate Michael asks his employees for a loan. (S4) (S)(R)

10.00 Brassic

7.00 **The Simpsons** *The Scorpion's Tale:* Lisa discovers the calming properties of a patch of wild flowers. (S)(R)
7.30 *The Great Simpsina:* Marge becomes obsessed with peach desserts. (S)(R)

8.00 **A League of Their Own Road Trip: Southeast Asia** 2/6. Jamie Redknapp and Micah Richards are joined by Patrice Evra, Maisie Adam and Mo Gilligan as they take on sporting and cultural challenges. (S)(R)(AD)

9.00 **Boyzone: No Matter What** 2/3. The documentary charts the band's growing success with their first number one single. But as group's popularity soars, so does the tabloid mania. (S)(R)(AD)

10.00 **Brassic** New episode *Once Upon a Time in Dusseldorf:* 2/6. Tommo heads to Germany to impress Hans's mother and hopefully land some investment from his grandfather. (S7) (AD)

11.00 **Never Mind the Buzzcocks** With guests Ian Broudie, Melanie Blatt and Hannah Waddingham. (S)(R)(AD)
11.45 **Curb Your Enthusiasm** (S)(R)
1.05 AM **The Force: Manchester** (R)
2.05 **Road Wars** (S)(R)(AD)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **S.W.A.T.** 13/13. (S7) (S)(R)(AD)
5.00 **to 6.00** AM **Brit Cops: Rapid Response** (S)(R)(AD)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky **964**, Virgin **862**, Freesat **964**
11.15am Bargain Hunt (S)(R)(AD) **12.00noon-1.00pm** First Minister's Questions New edition (S) **12.10** Scotcast (S)(R) **12.40** Weather for the Week Ahead (S) **12.45-6.00am** BBC News (S)

N. IRELAND
Sky **966**, Virgin **863**, Freesat **966**
10.40pm The View (S) **11.20** Question Time New edition (S) **12.20am** Newscast New edition (S) **12.50-6.00am** BBC News

WALES
Sky **965**, Virgin **864**, Freesat **965**
No variations

BBC2

N. IRELAND
Sky **969**, Freesat **969**
No variations

WALES
Sky **968**, Freesat **968**
No variations

ITV1

As main ITV1 except:

WALES
10.45pm Face to Face New edition (S) **11.15** Beat the Chasers New edition Quiz show. (S)(AD) **12.10am** Backstage (S)(R) **12.35-12.50am** Coast & Country (S)(R)

S4C

Sky **134**, Virgin **164**, Freesat **120**
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Cymry ar Gynfas **12.30** Heno **1.00** Gerddi Cymru **1.30** Gerddi Cymru **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Priodas Pum Mil **4.00** Awr Fawr **5.00** Stwnsh **6.00** Ceffylau, Sheikhs a Chowbois **6.30** Clwb Rygbi **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **8.00** Pobol y Cwm New episode (AD) **8.25** Rownd a Rownd New episode (AD) **8.55** Newyddion a'r Tywydd **9.00** Y Byd yn ei Le New edition **9.45** Y Llinell Las (AD) **10.45** Arfordir Cymru: Môn **11.15-11.45pm** GISDA: Drws I'r Digartre (AD)

TV&Satellite week
Best for Sky and Virgin

BBC3

115/117/121 118 107/113 23 107 107 10

BBC3 programmes start at 7.00pm

7.00 PM **Horrible Histories** The life of Winston Churchill.
7.25 **The Catch Up**
7.30 **The Weakest Link** Romesh Ranganathan hosts a celebrity special.
8.15 **Alan Carr's Picture Slam** 1/8. Game show in which contestants have to identify a board full of images.
9.00 **RuPaul's Drag Race UK** New edition 2/10. The queens take on the iconic Design Challenge.
10.10 **Juice** New episode 5/6. Guy and Jamma visit Guy's family home. **10.40** Series finale 6/6. Guy's book launch finds the venue double-booked with a wedding. (S2)
■ Entire series on BBC iPlayer
11.05 **Missing in Paradise: Searching for Sarm**
12.35 AM **Hidden Girls**
1.00 **Charlie Cooper's Myth Country** King Arthur.
1.30 **Juice** 5&6/6. (S2)
2.25 **Zoners** One-off comedy.
2.40 **to 3.55** AM **RuPaul's Drag Race UK**

MORE4

136/137 127 147 18 124 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY** Double bill.
1.05 PM **Four in a Bed**
3.50 **Car S.O.S.** Tim Shaw and Fuzz Townshend rescue a 1973 Dennis fire engine. **4.50** Tim and Fuzz head to Manchester to secretly restore a Citroën HY van.
5.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer go house-hunting in Croydon. **6.55** The duo come to the aid of two families in Surrey.
7.55 **Grand Designs** Kevin McCloud follows a project near Newbury, Berkshire, to construct a modern farmhouse that combines an open-plan party pad with functional spaces below
9.00 **Night Coppers** Annie and Jack get more than they bargained for when they try to move on some drunken revellers who have been ejected from a bar.
10.00 **24 Hours in A&E** A nine-year-old girl is rushed into resus after slumping over her desk at school.
11.05 **24 Hours in A&E** A man who has been hiccuping for three days.
12.10 AM **999: On the Front Line** A man has been stabbed in the leg and the head.
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

BBC4

116 119 107/108 9/24 106 108 11

BBC4 programmes start at 7.00pm

7.00 PM **FILM** **The Sound of Music** Vintage musical about the Von Trapp family and their escape from the Nazis in pre-war Austria. Stars Julie Andrews and Christopher Plummer. (1965, U, 174min) ★★★★★
9.45 **Julie Andrews: Talking Pictures** A look back at TV appearances made over the years by the actor.
10.30 **This Cultural Life: Gillian Anderson** New edition The actor talks to John Wilson about her most significant creative influences and experiences, such as her upbringing in London in the UK and Michigan in the US.
11.00 **FILM** **Viceroy's House** Period drama starring Hugh Bonneville, Gillian Anderson and Michael Gambon. (2017, 12, 106min) ★★★
12.40 AM **The Jet Stream and Us** Documentary.
1.40 **Julie Andrews: Talking Pictures** As 9.45pm.
2.20 **to 3.20** AM **The Jet Stream and Us**

E4

135/136 126 106 13 122 13

6.00 AM **Modern Family**
6.55 **Ramsay's Kitchen Nightmares USA**
7.50 **Married at First Sight UK**
9.00 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 3-6/24. (S8)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
5.05 **The Big Bang Theory**
6.00 **The Simpsons** Double bill.
7.00 **The Simpsons** *Gone Maggie Gone:* Maggie goes missing. **7.30** *Clown in the Dumps:* Krusty the Clown appears on a TV comedy roast.
8.00 **First Dates: Valentine's** Divorcee Chris is matched with veterinary nurse Kaz.
9.00 **Married at First Sight UK** New edition The reality experiment continues.
10.05 **Gogglebox** A look back at some of the best moments from 2021's editions.
11.05 **Naked Attraction**
12.05 AM **Married at First Sight UK** As shown at 9.00pm.
1.15 **Rick and Morty**
1.45 **Robot Chicken** New episode Animation.
2.15 **Below Deck**
3.00 **The Simpsons**
3.50 **The Big Bang Theory**
4.10 **Modern Family**
5.00 **to 6.00** AM **Ramsay's Kitchen Nightmares USA**

+1 hr 235/236 306 30 123 256

Thursday primetime primetime

THURSDAY Entertainment

Thursday

Sky Witness

107 107 110 341 356

6.00 AM **Motorway Patrol**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol**
9.00 **Nothing to Declare UK**
9.30 **Border Security USA**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 9/13. (S6)
1.00 PM **FBI: International** (S3)
2.00 **FBI: Most Wanted** 9/13. The team hunt down the killers of two guards transporting Nigerian artefacts. (S5)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 FBI

7 PM
7.00 Nothing to Declare Double bill of the documentary following the work of customs officers in Australia.

8 PM
8.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

9 PM
9.00 FBI New episode *Descent:* 9/22. The team uncover a deadly terrorist plot involving commercial flights. (S7)

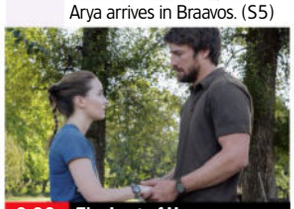
10 PM
10.00 FBI: International New episode *The Kill Floor:* 9/22. A member of the Fly Team goes missing. (S4)
11.00 **Law & Order: Special Victims Unit** 8/13. (S25)
12.00 M'T **The Equalizer** 16/18. (S3)
1.00 AM **The Rookie: Feds** 8/22.
2.00 **Law & Order: Special Victims Unit** 3&4/13. (S25)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Road Wars**

+1 hour 207 310

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.00 **Urban Secrets**
8.00 **Boardwalk Empire** (S2)
10.10 **Perry Mason** 3&4/8. (S2)
12.20 PM **Game of Thrones** (S4)
1.25 **My Brilliant Friend** 3/8. (S1)
2.30 **Boardwalk Empire** (S2)
4.40 **Homicide: Life on the Street** 14/22. Part two of two. Kellerman returns to investigate a murder.
5.45 15/22. A mass murderer is identified. (S4)
6.50 **Game of Thrones** 2/10. Arya arrives in Braavos. (S5)



9.00 The Last of Us

7.55 Game of Thrones *High Sparrow:* 3/10. Queen Margaery spends time with her new husband King Tommen, and fugitive Tyrion walks the Long Bridge of Volantis. (S5)

9.00 The Last of Us *Future Days:* 1/7. Joel seeks help in mending his relationship with Ellie, who makes a discovery. (S2)

10.10 The Last of Us *Through the Valley:* 2/7. The residents of Jackson Hole prepare for the worst amid sightings of infected. (S2)
11.15 **The Sopranos** 2/13. (S4)
12.20 AM **Dexter: New Blood** 8/10. Dexter fights for his life. (S1)
1.20 **Banshee** 4/10. (S1)
2.25 **Game of Thrones** (S5)
4.30 **In Treatment** (S2)
5.05 **to 6.00** AM **Richard E Grant's Hotel Secrets**

+1 hour 208/209

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
8.00 **The Flash** 9/20. (S8)
9.00 **Stargate Universe** (S2)
11.00 **SEAL Team** 6/16. (S4)
12.00 NOON **The Flash** 10/20. (S8)
1.00 PM **Hawaii Five-0** (S3)
3.00 **Magnum P.I.** 18/20. (S5)
4.00 **S.W.A.T.** 13/13. Extremists look to exact vengeance by blowing up half of LA. (S7)
5.00 **SEAL Team** 5/16. The team continue to look for Ray. (S4)
6.00 **Stargate Universe** 3/20. The *Destiny* finds itself on a collision course with another ship. (S2)

8.00 A League of Their Own

7.00 Stargate Universe *Pathogen:* 4/20. The crew become increasingly concerned about Chloe's erratic behaviour. (S2)

8.00 A League of Their Own Road Trip: Southeast Asia Jamie and Micah are joined by Patrice Evra, Mo Gilligan and Maisie Adam.

9.00 Rob & Romesh vs Superstar DJs Rob and Romesh meet some of the biggest names in the DJ world.

10.00 Brassic New episode *Once Upon a Time in Dusseldorf:* 2/6. Tommo heads to Germany to impress Hans's mum. (S7)
11.00 **Never Mind the Buzzcocks** With Hannah Waddingham, Ian Broudie and Melanie Blatt.
11.50 **From** 7/10. (S1)
12.55 AM **The Force: Manchester**
2.00 **Peacemaker** New episode 7/8. Action comedy. (S2)
2.40 **Magnum P.I.** 18/20. (S5)
3.45 **S.W.A.T.** 13/13. (S7)
4.50 **to 6.00** AM **Highway Patrol**

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.10 **Real Housewives of New...**
12.05 PM **Dinner Date**
1.05 **Billie and Greg**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac** New edition
5.00 **Real Housewives of New Jersey** Reality series.
6.00 **Celebrity Catchphrase**

8.00 The 1% Club

7.00 Deal or No Deal Stephen Mulhern hosts as Donna takes on the Banker for the chance to win a life-changing cash prize.

8.00 The 1% Club Quiz show hosted by Lee Mack in which the questions are based around logic and common sense.

9.00 Big Brother New edition Housemates live under 24-hour surveillance as they attempt to avoid eviction from the house.

10.00 Big Brother: Late & Live New edition AJ Odudu and Will Best present a companion show in front of a live studio audience.
11.05 **Family Guy** 4/18. (S13)
11.35 **Universal Basic Guys** New episode 10/13. (S1)
12.05 AM **Family Guy** 17/21. (S12)
12.35 **American Dad!** (S15)
1.35 **Extraordinary** 2/8. (S2)
2.15 **Transaction** 2/6. (S1)
2.40 **to 3.00** AM **Unwind with ITV**

+1 hour 218 315 29 114 254

ITV3

119 123 117 10 115 7

6.00 AM **The Royal** *Loved and Lost.*
7.10 **Classic Emmerdale**
8.20 **Classic Coronation Street**
9.20 **Doc Martin** 4/8. (S6)
10.25 **The Royal**
11.30 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.30 **Downton Abbey** 2/9. (S2)
4.40 **Doc Martin** 5/8. Mrs Tishell returns to the village. (S6)
5.50 **Heartbeat** *Chalk and Cheese:* Romance is in the air as PC Bellamy escorts Gina to a club opening night.

6.55 Heartbeat

6.55 Heartbeat *Smile for the Camera:* Mike and Jackie suffer a terrifying ordeal at the hands of a stalker out for revenge.

8.00 Foyle's War *Sunflower:* The detective is drawn into the strange murder of a former high-ranking Nazi who had been hired by MI5 due to his expert knowledge of Soviet intelligence. Guest stars Tamzin Outhwaite.

10.00 Foyle's War *High Castle:* The detective is drawn into the world of corrupt Nazi businessmen when a university professor is found murdered in a park.
11.55 **Wire in the Blood** 1/4. Tony persuades the police to reopen the case of a convicted child-killer, but soon has to turn his attention to the abduction of a student's best friend. (S2)
1.40 **to 2.30** AM **Unwind with ITV**

+1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **Scotland's Greatest Escape** Judith Ralston and Grado explore the Scottish Borders.
8.00 **NEW My Kind of Town** Ian Hamilton and his guide dog Major visit Alloa, where he tries the beer in the town's last remaining brewery.
8.30 **Landward** New edition Dougie Vipond visits the Bass Rock gannet colony as it recovers from an avian flu outbreak.
9.00 **The Hunt for Bible John** 1/2. Exploring one of Scotland's most notorious unsolved cases.
10.00 2/2. The discovery of a third victim in 1969.
11.00 **Scotcast** New edition
11.30 PM **to 12.00** M'T **Scot Squad** 3/6. Ken Beattie gets a shock as he solves a cold case. (S5)

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **The Conners** (S5)
10.00 **Sex and the City** (S6)
11.20 **Girls** 1&2/10. (S5)
12.30 PM **The Office (US)**
1.30 **The Conners** (S5)
2.30 **The Office (US)** (S4)
3.30 **Will & Grace** (S3)
4.30 **Sex and the City** (S6)
5.45 **The Office (US)** (S4)
6.45 **Will & Grace** 19/25. Karen considers implants.
7.15 20/25. Will receives a piano from Grace. (S3)
7.45 **Sex and the City** 16/20. Samantha tries out a new hairstyle.
8.25 17/20. Carrie and Aleksandr bed down for a cold snap. (S6)
9.00 **Chris Rock: Bigger & Blacker** Stand-up.
10.15 **And Just Like That...**
11.10 **Entourage** (S6)
12.10 AM **Girls** 5&6/10. (S2)
1.20 **Veep** 2&3/10. (S3)
2.30 **Curb Your Enthusiasm**
3.50 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Cirque du Soleil**
8.00 **Artist of the Year: Masterclass** Double bill.
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **HMS Pinafore with ENO**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Portrait Artist of the Year** The contest returns.
8.00 **Discovering**
9.00 **The Directors**
10.00 **Michael Caine: The Becoming of a Hollywood Star**
11.15 **The Art of Film with Ian Nathan**
12.15 AM **The Ghost of Richard Harris**
2.25 **The Edna O'Brien Story**
4.20 **Arts Uncovered**
4.30 **Inside Art: Night Fever**
5.00 **to 6.00** AM **The Art of the Garden**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S8)
6.00 **Star Trek: Voyager** (S2)
7.00 **Star Trek: The Next Generation** 17/26. (S3)
8.00 **Star Trek: Deep Space Nine** 22/26. (S4)
9.00 **Killer in My Village** The tragic story of doting mother Kerry Owen.
10.00 **The Real Manhunter**
11.00 **Grimm** 15/22. (S1)
12.00 M'T **World's Most Evil Killers** Cary Stayner.
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point**
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** A family of five from Burnley take part.
3.00 **Beat the Chasers**
4.00 **Tenable** Family and friends from Cheshire take part in the quiz hosted by Sally Lindsay.
5.00 **Deal or No Deal** Stephen Mulhern hosts the game show as contestant Sam tries to open the 22 red boxes in the right order for the chance to win a life-changing cash prize.
7.00 **Lingo** Double bill of the quiz hosted by Adil Ray.
9.00 **Ant & Dec's Limitless Win** Best friends Terri and Jess take on the money ladder.
10.00 **Tipping Point** Triple bill of the game show hosted by Ben Shephard.
12.50 AM **Ant & Dec's Limitless Win**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 1&2/24. (S6)
12.00 NOON **Highway to Heaven** 12/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Murder, She Wrote**
4.00 **Danielle Steel's Zoya** 1/2. Melodrama.
6.00 **Rumpole of the Bailey**
7.00 **Rising Damp** 6/7. (S3)
7.30 **Man About the House**
8.00 **A Fine Romance** (S4)
8.30 **Home to Roost** (S3)
9.00 **FILM Carry On Cabby** Vintage comedy starring Sidney James and Hattie Jacques. (1963, b/w, PG, 95min) ★★★
11.00 **Rising Damp** 6/7. (S3)
11.30 **Man About the House**
12.00 M'T **M*A*S*H** (S1)
1.00 AM **Home to Roost**
1.30 **A Fine Romance** (S4)
2.00 **Danielle Steel's Zoya**
3.25 **A Fine Romance** (S3)
4.00 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Derby Through the Years** Memorable stagings.
6.20 **The Saint**
7.20 **Kojak** Double bill.
9.25 **Magnum, PI** Double bill.
11.30 **Robin of Sherwood**
12.40 PM **BattleBots**
1.40 **Kojak** Double bill.
3.50 **Magnum, PI** *Compulsion:* The private investigator works on a case involving his friend Carol. **4.50** *All for One – Part One:* Thomas helps an old friend.
5.55 **The Saint** *When Spring Is Sprung:* Templar rescues a spy.

9.00 Police Academy

7.00 **The Chase Celebrity Special** Jasmine Harman, Helen Lederer, Jamie Borthwick and Neil Delamere take part.

8.00 **Ice Road Truckers** Jay Westgard hauls a 17-ton water tank over very thin ice, taking care in case it shatters.

9.00 **FILM Police Academy** Comedy starring Steve Guttenberg. The mayor of a city abandons all restrictions on eligibility for joining the police department, opening the floodgates to some very unlikely recruits. (1984, 15, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.05 **Ligue 1 Highlights**
11.35 **FILM Death Race** Remake of the 1975 B-movie *Death Race 2000*, starring Jason Statham and Joan Allen. (2008, 15, 105min) ★★★
1.30 AM **BattleBots**
2.25 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 4/22. (S2)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 18/26. (S2)
2.00 **Warehouse 13** (S2)
4.00 **Star Trek: The Next Generation** 4/22. (S2)
5.00 **Stargate Atlantis** 2/20. Jennifer Keller develops a mystery illness. (S5)
6.00 **Star Trek: Enterprise** 22/26. An alien invades the ship. (S1)

2.00 Warehouse 13

7.00 **Star Trek: Deep Space Nine** *Profit and Loss:* 18/26. Quark rediscovers his long-lost love on a Cardassian vessel. (S2)

8.00 **Stargate Atlantis** *The Seed:* 2/20. The team search an antidote when Jennifer Keller develops a mysterious virus. (S5)

9.00 **The Ark** *Fortunate:* 12/12. The crew members arrive somewhere that seems too good to be true. (S2)

10.00 **Grimm** *Let Your Hair Down:* 7/22. A length of hair provides a clue to the mysterious murder of a drug dealer. (S1)
11.00 **Westworld** 4/8. Bernard and the resistance search for a weapon in the desert. (S4)
12.00 M'T **Chucky** 4/8. Jake's bond with Devon intensifies. (S1)
1.00 AM **Warehouse 13** (S2)
3.00 **Westworld** 3/8. (S4)
4.00 **Chucky** 3/8. Bullies push Jake over the edge. (S1)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S15)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 6/24. (S3)
11.00 **Hudson & Rex** 6/8. (S7)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S9)
2.00 **Murdoch Mysteries** (S15)
4.00 **The Mentalist** 6/24. A judge's daughter goes missing. (S3)
5.00 **Hudson & Rex** 6/8. The president of a beekeeping association is found dead. (S7)
6.00 **Father Brown** *The Sins of Others:* Sid vows vengeance on his former defence barrister.

9.00 Death in Paradise

7.00 **Body of Proof** *Occupational Hazards:* 15/20. A corpse is found in the boot of a car. (S2)

8.00 **Death in Paradise** *Death in the Salon:* 7/8. The owner of a hair salon is killed in puzzling circumstances. (S9)

9.00 **Death in Paradise** *A Murder on the Plantation:* 1/8. The owner of a sugar plantation is found murdered. (S2)

10.00 **Father Brown** *The Serpent Within:* Sullivan is arrested for receiving stolen goods.
11.00 **Father Brown** As 6.00pm.
12.00 M'T **White Collar** 14/16. Neal is assigned to work on a case with his former girlfriend Sara Ellis. (S3)
12.55 AM **Death in Paradise** (S9)
1.55 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.10 AM **Highlights**
8.30 **Last of the Summer Wine**
9.50 **Hi-de-Hi!**
10.30 **Porridge**
11.10 **Last of the Summer Wine**
12.30 PM **Don't Wait Up**
1.05 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Porridge**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

5.40 Hi-de-Hi!

7.00 **Dad's Army** Captain Mainwaring tackles a suspected IRA terrorist.
7.40 **Fawlty Towers** First episode. Hotel owner Basil tries to attract a better class of clientele. **8.20** Manuel's pet rat escapes just as a health inspector is about to visit.

9.00 **Fawlty Towers** Basil goes behind Sybil's back to save money on structural alterations to the hotel. **9.35** Basil tries to prevent an unmarried couple from lowering moral standards.
10.20 **Porridge** Blanco entrusts the whereabouts of his stashed fortune to Fletch.
11.00 **Not Going Out** Lee finds a girlfriend to make Lucy jealous.
11.35 **Bottom**
12.15 AM **Fawlty Towers**
1.40 **Not Going Out**
2.15 **Bottom**
2.50 **Black Ops**
3.30 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Cops on the Rock**
10.00 **Extreme Salvage Squad**
12.00 NOON **Storage Hunters UK**
2.00 PM **Extreme Salvage Squad**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Secret France** The seafood chef explores Burgundy and the Auvergne.
6.00 **Hairy Bikers Everyday Gourmets** Si and Dave demonstrate indulgent dishes for entertaining guests and help a lifeboat helmsman say a surprise thank you to his crew.

2.00 Extreme Salvage Squad

7.00 **Would I Lie to You?** With Jo Brand, Joe Lycett, Joe Swash and Ruth Madeley.
7.40 **Richard Osman's House of Games** Guest panellists include Patsy Kensit and Mae Martin. **8.20** Guests include Kiri Pritchard-McLean and Shaun Williamson.

9.00 **QI XL** Hugh Dennis, Andy Hamilton and Phill Jupitus join regular panellist Alan Davies and host Stephen Fry.

10.00 **Have I Got a Bit More News for You** Aisling Bea hosts the satirical quiz, with guests Roisin Conaty and Clive Myrie.
11.00 **Will & Ralf Should Know Better** Will Mellor and Ralf Little drive a tank blindfolded.
12.00 M'T **Two Pints of Lager and a Packet of Crisps** Double bill.
1.20 AM **Would I Lie to You?**
2.00 **to 4.00** AM **Survivor South Africa**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Sun, Sea and Selling Houses** From Spain.
11.00 **Help! We Bought a Village** From France.
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **A Place in the Sun**
7.00 **Jamie's Air Fryer Meals**
8.00 **Location, Location, Location** House-hunting in Greater Manchester and West Yorkshire.
9.00 **The Great British Bake Off** The bakers take on three new challenges in Chocolate Week.
10.20 **Taylor** 1/2. Examining Taylor Swift's rise to fame.
11.20 **Gogglebox**
12.20 AM **Celebrity Gogglebox**
1.25 **Taylor** 2/2. Documentary.
2.25 **Taskmaster**
3.30 **24 Hours in A&E**
4.25 **to 5.00** AM **Travel Man: 48 Hours in Prague**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 14-16/24. (S10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Once a Crook:* 5/24. A naval cryptanalyst is shot dead in a park. **7.00** *Oil and Water:* 6/24. An explosion on board an oil rig kills a US Marine corps reservist. **8.00** *Better Angels:* 7/24. Gibbs helps his father track down an old friend from the war. (S11)
9.00 **Blue Bloods** *The Enemy of My Enemy:* 3/22. Erin's trial against notorious human trafficker Chao Lin is jeopardised. **10.00** *Out of the Blue:* 4/22. Danny and Baez work the case of a detective who was gunned down. (S8)
10.55 **Law & Order: Special Victims Unit** (S21)
2.45 AM **Criminal Minds**
3.35 **to 4.00** AM **Cops**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
5.00 **Operation Pet Rescue** New edition
6.00 **Home and Away**
7.00 **Casualty 24/7: Every Second Counts**
8.00 **NEW SERIES GPs: Behind Closed Doors** The work of doctors at a medical practice.
9.00 **A&E After Dark**
10.00 **Ambulance: Code Red**
11.00 **Skin A&E** Dr Natalia tackles a tricky lipoma.
12.00 M'T **Forensics: Murder Case** eorge Murdoch.
1.00 AM **GPs: Behind Closed Doors** Medical series.
2.00 **Casualty 24/7: Every Second Counts**
2.45 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.10 **Outback Truckers**
10.05 **Trucking Hell**
11.05 **Traffic Cops**
12.05 PM **Police Interceptors**
2.10 **FILM The Walking Hills** Vintage Western. (1949, b/w, PG, 78min) ★★★
3.55 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors**
8.00 **Motorway Cops: Catching Britain's Speeders** Documentary.
9.00 **Mud Mountain Haulers** New edition With the last mill shutting down, Craig shifts into overdrive.
10.00 **Outback Truckers** Sludge faces a treacherous climb.
11.00 **Police Code Zero: Officer Under Attack**
12.00 M'T **MacGyver** (S2)
1.00 AM **Extreme Tow Truckers** Documentary.
2.00 **Trucking Hell**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **One Born Every Minute** Documentary.
7.00 **Tipping Point**
10.00 **My Dream Home**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition An emotional 'dual duel' sees two pairs of chefs going head-to-head.
8.20 **Simply Nigella** Recipes include griddled bavette steak and lemon pavlova.
9.00 **Louis Theroux: Life on the Edge** The film-maker reflects on 25 years of his documentaries. **10.00** Louis revisits documentaries exploring forbidden desires.
11.00 **Ski A&E** Double bill.
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.35 AM **Soldier, Soldier**
8.30 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.20 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Signora Volpe** *Death of a Ghost:* 3/3. After Sylvia is abducted by a face from her past, Riva and her family are forced to heal their grudges. (S2)
10.00 **New Tricks** *Talking to the Dead:* The team reinvestigate a 1982 abduction case.
11.20 **Spooks** 8/8. (S8)
12.40 AM **Lovejoy**
1.40 **'Allo 'Allo!**
2.25 **Waiting for God**
3.00 **to 4.00** AM **Bergerac**

+1 hr 243 316 60 260

THURSDAY Entertainment

Thursday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** From Looe.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
2.00 **Money for Nothing**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Irita and Mark continue their road trip looking for treasures in Bedford. **8.00** Irita and Mark head to East Anglia.
9.00 **Ghost Adventures: House Calls** New edition Zak's team help a family in Seymour, Indiana.
10.00 **My Haunted Hometown** New edition Ghosts linger in towns marked by tragedy.
11.00 **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Who Wants to Be a Millionaire? Celebrity Special**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill of the darts-based quiz.
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Celebrities compete to win a cash prize for a charity.
5.00 **The Bidding Room**
7.00 **The Celebrity Chase** With guests Kian Egan, Sharron Davies, Larry Lamb and Matt Johnson.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Quiz.
12.00 M'T **Bullseye** Double bill.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.00 AM **Wanted: Dead or Alive** Western.
10.00 **FILM The Virginian** Western. (2014, 12) ★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM Abilene Town** Western. (1946, b/w, 15, 91min) ★★
3.00 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!**
7.00 **The Avengers** (S4)
8.00 **The New Avengers**
9.00 **FILM Terminator Salvation** Sci-fi action thriller sequel. (2009, 12, 110min) ★★★
11.25 **FILM Predestination** Sci-fi thriller. (2014, 15, 98min) ★★★★
1.25 AM **The Avengers**
3.25 **Cops Uncut** Double bill.
4.15 **Wild West Chronicles**
5.05 **to 5.50** AM **Coast Guard Alaska**

+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Sue Thomas: F.B.Eye**
8.00 **Saving My Daughter**
10.00 **Unforgettable** (S1)
11.00 **Castle** 10/24. (S2)
12.00 NOON **FILM Garage Sale Mysteries: Murder by Text** (2017, PG) ★★
1.55 PM **FILM Garage Sale Mysteries: Murder Most Medieval** (2017, PG) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 11/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **FILM The Bone Collector** Crime thriller. (1999, 15, 117min) ★★★
11.30 **FILM Witness Unprotected** Thriller. (2018, 90min) ★★
1.25 AM **FILM Obsessed with the Babysitter** Thriller. (2021, PG, 93min) ★★
3.05 **FILM Hidden Truth** Thriller. (2016, 12) ★★
4.35 **to 5.50** AM **Police Ten 7**

+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM Christmas Romance Al Dente** Drama. (2020, PG) ★★
10.00 **FILM Hearts of Christmas** (2016) ★★
12.00 NOON **FILM Hope at Christmas** (2018) ★★
2.00 PM **FILM A Bramble House Christmas** Drama. (2017, PG, 84min) ★★
4.00 **FILM Christmas Bells Are Ringing** (2018) ★★
5.55 **FILM Christmas Confessions** (2015) ★★
8.00 **FILM Christmas in the Air** Romantic drama. (2017, U, 90min) ★★
9.50 **FILM Switched for Christmas** Drama. (2017, PG, 90min) ★★
11.40 **FILM Christmas on Honeysuckle Lane** Drama. (2018, PG) ★★
1.45 AM **FILM A Christmas Break** (2020, PG) ★★
3.25 **to 4.50** AM **FILM A Bramble House Christmas** As 2.00pm.

+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **I Dream of Jeannie**
10.30 **Soap** 17/25. (S1)
11.00 **In Loving Memory** (S3)
11.30 **Haggard** 2/7. (S2)
12.00 NOON **Please Sir!** (S4)
12.30 PM **You're Only Young Twice** 2/8. (S2)
1.00 **FILM Scarlet Street** Film noir thriller. (1945, PG, 101min) ★★★★
3.00 **Bramwell** 2/7. (S1)
4.00 **The Fantastic Journey**
5.00 **A Sharp Intake of Breath** 3/7. (S1)
5.30 **In Loving Memory** (S3)
6.00 **Thick as Thieves** (S1)
6.30 **Soap** 17/25. (S1)
7.00 **Fantasy Island** (S1)
8.00 **Bramwell** 2/7. (S1)
9.00 **Dark Skies** 2/20. (S1)
10.00 **The Fantastic Journey**
11.00 **Brass** 8/13. (S1)
11.30 **Stereo Underground**
12.30 AM **FILM The Bat** Thriller. (1959, PG, 80min) ★★
2.15 **We Had One of Those**
2.25 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Expedition Bigfoot**
2.00 **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** Josh and Casey attempt Johnathan's strategy for tracking king crab. **8.00** A typhoon hits the Bering Sea.
9.00 **Expedition X** Jess and Phil dive into the mysteries of Niagara Falls.
10.00 **Expedition Unknown**
11.00 **Ed Stafford: First Man Out** Documentary.
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**

+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **The Hairy Bikers Go West**
7.00 **Rachel's Cake Diaries**
8.00 **The Pioneer Woman**
9.00 **One-Pan Wonders**
10.00 **Tom's Sunday Lunch**
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **James Martin's Islands to Highlands**
2.00 **James Martin: Delicious**
3.00 **Rachel's Cake Diaries**
4.00 **The Pioneer Woman** New editions Double bill.
5.00 **One-Pan Wonders**
6.00 **Tom's Sunday Lunch**
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **James Martin's Islands to Highlands**
10.00 **Adam Eats Britain**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food with Casey Webb**
2.00 **to 3.00** AM **Guy's Grocery Games**

+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 14/28. (S1)
9.00 **The Fall Guy** 17/23. (S4)
10.00 **Charlie's Angels** (S2)
11.00 **The Gambler V: Playing for Keeps**
2.40 PM **FILM Prince Valiant** Arthurian adventure. (1997, PG, 91min) ★★
4.30 **The Twilight Zone** (S2)
5.00 **Star Trek** 28/30. (S1)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** 18/23. (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Mackenna's Gold** Western adventure starring Gregory Peck. (1968, 15, 136min) ★★★
11.30 **FILM The Kid** Western. (2018, 15, 100min) ★★★
1.25 AM **FILM Doctor Faustus** Screen version of Christopher Marlowe's play with Richard Burton and Elizabeth Taylor. (1968, PG, 93min) ★★★
3.15 **to 5.00** AM **FILM Prey** Horror adventure. (2018, 15, 85min) ★★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Against a Crooked Sky** (1976)
8.00 **FILM Airplane vs Volcano** Disaster movie. (2014, 15, 91min) ★
10.00 **Andromeda** 13/22. (S2)
11.00 **FILM Earthstorm** Sci-fi action drama. (2006, PG, 90min) ★★
1.00 PM **FILM Shark Lake** Horror thriller. (2015, 15, 89min) ★★
3.00 **Andromeda** 13/22. (S2)
4.00 **Six Million Dollar Man**
5.00 **FILM Against a Crooked Sky** Western. (1976, PG, 85min) ★★
7.00 **Andromeda** 14/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM Escape Plan 3** Action thriller sequel with Sylvester Stallone. (2019, 15, 97min) ★
11.00 **FILM Blood and Money** Gangster thriller. (2020, 15, 89min) ★★
1.00 **to 3.00** AM **FILM Escape Plan 3** (2019)

+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real Deal** From Ludlow.
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Flipping Bangers**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **The UnXplained with William Shatner**
12.10 PM **Secrets in the Ice**
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Flipping Bangers**
4.00 **Ancient Aliens**
6.00 **Close Encounters**
7.00 **Container Wars**
8.00 **Dickinson's Real Deal**
9.00 **Ancient Aliens** A look at the possibility that aliens visited Earth.
10.00 **The Proof Is Out There**
11.00 **Encounter: UFO**
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.45 **Court Cam** Double bill.
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Double bill.
11.00 **Ben Fogle: New Lives in the Wild** Uruguay.
12.00 NOON **Cruising with Susan Calman**
1.00 PM **The Yorkshire Vet**
2.00 **Murder, She Wrote**
3.00 **Columbo**
4.30 **The Yorkshire Vet**
5.00 **Hampton Court: A Royal Residence**
6.00 **Inside the Tower of London** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** Tuscany.
9.00 **When Anne Married Mark: The Royal Wedding of the 70s**
10.30 **Around the World by Train with Tony Robinson**
11.00 **Prisoner: Cell Block H**
1.00 AM **Hampton Court...**
2.00 **Cruising with Susan...**
3.00 **Paul Martin's Antiques Showdown**
3.50 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **Derelict Rescue**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Derelict Rescue**
9.00 **My Dream Derelict Home in the Sun** A renovation project on a crumbling coach house in the south of France.
10.00 **The Flipping El Moussas** New edition Tarek and Heather El Moussa land a bungalow in Garden Grove that's full of structural challenges.
11.00 **Home Town**
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**

+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **My Lottery Dream Home** Four editions.
9.00 **Say Yes to the Dress: Lancashire** Double bill.
11.00 **Say Yes to the Dress: Atlanta** Reality series.
12.00 NOON **1000-lb Sisters**
2.00 PM **Breaking Amish: Los Angeles**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper** Remi visits the clinic with her alligator-like skin.
9.00 **24 Hour Baby Hospital**
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** A couple's bondage experiment goes wrong.
1.00 AM **Extreme Couponing**
2.00 **24 Hour Baby Hospital**
3.00 **My Extreme Excess Skin**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **My Lottery Dream Home**

+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **New Girl** 10&11/25. (S2)
10.00 **Last Man Standing** (S1)
11.00 **Everybody Loves Raymond** (S2&3)
1.00 PM **Last Man Standing**
1.55 **Friends** 7-20/24. (S9)
9.00 **FILM Big Trouble in Little China** Fantasy adventure starring Kurt Russell and Kim Cattrall. (1986, 15, 100min) ★★★
11.00 **8 Out of 10 Cats**
12.00 M'T **Mike Judge's Beavis and Butt-Head**
12.30 AM **South Park** (S19)
2.00 **CC Live: Stand Up Shorts** With Leah Davies.
2.30 **Jack Dee Live at the Apollo** Stand-up.
3.20 **The Comedy Central Chart Show**
3.25 **Important Things with Demetri Martin**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**

+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 1&2/13. (S4)
11.00 **Friends** (S8)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers: The Inspired Unemployed**
3.30 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing** (S1)
7.00 **Everybody Loves Raymond** (S2&3)
9.00 **New Girl** 18/25. Jess and Winston compete for a football star's affections, while Nick and Schmidt disagree over an anniversary celebration. **9.30** 19/25. Winston tries to take Schmidt's mind off Cece's engagement with a trip to an aquarium. (S2)
10.00 **Friends** (S8)
2.00 AM **Key & Peele**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **The Rookie: Feds**
11.00 **The Cleaning Lady** (S2)
1.00 PM **Motorway Patrol**
2.00 **Highway Cops**
3.00 **Road Wars**
4.00 **Caught on Dashcam**
5.00 **Motorway Patrol**
6.00 **Bondi Rescue**
7.00 **The Cleaning Lady** (S2)
9.00 **SEAL Team** *Theory and Methodology:* 3/20. The unit head to Azerbaijan. **10.00** *The Strength of the Wolf:* 4/20. Jason needs surgery. (S3)
11.00 **The Rookie: Feds** (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Alex Brooker.
2.00 **Duck Quacks Don't Echo** Lee Mack hosts.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.10 **Teen Mom UK**
8.00 **Catfish: The TV Show**
9.00 **Catfish: Love Triangles**
10.00 **Catfish: The TV Show**
12.00 NOON **Catfish: On the Run** Reality series.
1.00 PM **Catfish: Teams**
2.00 **Catfish: The TV Show**
4.00 **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **Sweet Home Alabama** Series finale Reality show.
9.00 **Rich Kids Go Skint**
10.00 **Jersey Shore Family Vacation** New edition
11.00 **The Challenge: Vets & New Threats** New edition
12.30 AM **Love & Hip Hop: Atlanta** New edition
1.30 **Ink Master Redemption**
2.00 **Young, Dumb and Banged Up in the Sun**
2.45 **Grossbusters**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: Mine Rescue with Freddy & Juan**
11.00 **Wheeler Dealers**
1.00 PM **Gold Divers** Double bill.
3.00 **Salvage Hunters** Drew Pritchard goes to visit a gothic castle in Ireland.
4.00 Drew visits a man who is renovating a country house.
5.00 **Sewer Divers** Don tries to remove a massive 'fatberg'.
6.00 **Hoffman Family Gold** Tempers flare among the crew.

9.00 Naked and Afraid...

7.00 **Wheeler Dealers** Mike buys a 58-year-old Dormobile campervan, but Elvis has a huge amount of work to do.

8.00 **Roadworthy Rescues** Back at Zweifel Motors, Derek has stashed the cheapest 1970 Pontiac GTO he could find.

9.00 **NEW SERIES Naked and Afraid Apocalypse** In a scorched wasteland, 12 battle-tested veterans scavenge the ruins to survive. A rogue elephant forces a camp to make shelter from junked cars.

11.00 **Mystery at Blind Frog Ranch** Duane and his team discover evidence of Aztec artifacts.
12.00 M'T **Blowing Up History**
1.00 AM **Naked and Afraid Apocalypse** As 9.00pm.
3.00 **Kindig Customs**
4.00 **to 5.00** AM **Expedition Bigfoot**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Alaska: Homestead Rescue** Documentary.
9.00 **Bad Dog!** A cat that rides a skateboard to the beach.
10.00 **Tanked** The biggest ever tank.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
5.00 **Lone Star Law** The wardens deal with drunk boaters, angry campers and a rowdy raccoon.
6.00 **Dr Jeff: Rocky Mountain Vet** The team offer free veterinary care to poor families in Mexico.

6.00 Dr Jeff

7.00 **Treehouse Masters** Pete Nelson designs a cool treetop structure with a wall of windows for two tastemakers.

8.00 **Alaska: Surviving the Last Frontier** Following four groups of ordinary people as they travel into the wilderness of Alaska.

9.00 **Alaska: The Last Frontier** Changing weather forces the Kilchers to go in search of food for winter.

10.00 **Alaskan Bush People** The wolfpack prepare for their first ever wedding in the bush, but emotions run high.

11.00 **Pit Bulls & Parolees** The team help the victims of the 2016 Louisiana floods.
12.00 M'T **Crikey! It's the Irwins**
1.00 AM **Alaska: Surviving the Last Frontier** As 8.00pm.
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Europe from Above**
9.00 **Air Crash Investigation**
12.00 NOON **Ice Road Rescue**
2.00 PM **Nazi Megastructures**
3.00 **The Real Red Tails** The story behind a World War Two plane crash in Michigan.
4.00 **Top Guns: The Next Generation** The students must land on an aircraft carrier.
5.00 **Car S.O.S** Fuzz and Tim restore a Volkswagen Beetle.
6.00 **Lost Treasures of Egypt** How the ancient Egyptians prepared for the afterlife.

9.00 Ice Road Rescue

7.00 **Air Crash Investigation** Why a plane burst into flames on the runway, and how the answer was found in the Rocky Mountains.

8.00 **Inside Melbourne Airport** New edition Duty manager Dan deals with a check-in outage at the start of the school holidays.

9.00 **Ice Road Rescue** New edition Thord and Bjoern must join forces when a truck threatens to tip down a steep hill.

10.00 **Life Below Zero: First Alaskans** How the indigenous peoples of Alaska are turning to the values of the past.

11.00 **Air Crash Investigation** A cargo flight loses its engines.
12.00 M'T **Seconds from Disaster**
1.00 AM **Airport Security: Peru**
2.00 **Lords of War**
2.30 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Flipping Bangers**
6.55 **Full Custom Garage**
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **The UnBelievable with Dan Aykroyd**
1.00 PM **Alone** As 10.00pm.
2.00 **Swamp Mysteries with Troy Landry** As shown at 9.00pm.
3.00 **Full Custom Garage** New edition The best builds of seasons three to five.
4.00 **Hell on Earth: WWII**
6.00 **American Pickers**

8.00 Iconic Combat Machines

7.00 **Forged in Fire** Four bladesmiths return to the Middle Ages to forge a Crusader's Dagger from a thick rod of steel.

8.00 **NEW SERIES Iconic Combat Machines** A look at impressive war machines from World War Two to the current day.

9.00 **Swamp Mysteries with Troy Landry** New edition Troy seeks the remains of an ancient civilization in the Louisiana swamps.

10.00 **Alone** New edition The remaining participants face significant struggles, including one survivalist dealing with a shelter.

11.00 **Secrets Declassified with David Duchovny**
12.00 M'T **Close Encounters Down Under** Documentary.
12.55 AM **The UnBelievable with Dan Aykroyd** Unusual customs.
1.50 **Swamp Mysteries with Troy Landry** As shown at 9.00pm.
2.50 **Full Custom Garage**
3.40 **Pawn Stars** An antique game.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys Goes to Ireland**
8.00 **Bangers & Cash** Double bill.
10.00 **True Evil: The Making of a Nazi** As shown at 4.00pm.
11.00 **Nazi Hunters** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **True Evil: The Making of a Nazi** A look at gifted young scientist Wernher von Braun.
5.00 **Nazi Hunters** How Martin Bormann was tracked down.
6.00 **Antiques Roadshow** From Bowood House in Wiltshire.

8.00 Bangers & Cash

7.00 **Caribbean with Simon Reeve** Simon visits Barbados and St Vincent, before spending time with the Kogi people.

8.00 **Bangers & Cash** Series finale Jack goes to East Yorkshire, where a Ford enthusiast is thinning out a fleet of nine Escorts.

9.00 **Flipping Bangers** Gus and Will hunt down an affordable Italian car, and eventually find an Alfa Romeo 155 in a barn.

10.00 **Bangers & Cash** The team struggle to explain how a DAF 33 gearbox works, while Sarah tries to bring order to the sale.

11.00 **Bangers & Cash** A vivid Dutch DAF 66 lands at the North Yorkshire showroom.
12.00 M'T **Find It, Fix It, Flog It** Henry and Simon visit Jim's vast barn in Leicestershire.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Caribbean with Simon Reeve**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Drive It** A 1930s roadster.
7.00 **Salvage Hunters: Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **Find It, Fix It, Drive It**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried**
8.00 **Salvage Hunters** Viki hits the road with Drew.
9.00 New edition Viki buys a weaver's table.
10.00 **Salvage Hunters: The Restorers**
11.00 **How Do They Do It?**
1.00 AM **Shed and Buried: Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Atlanta** Double bill.
11.00 **Judge Rinder's Crime Stories** Kenneth Noye.
12.00 NOON **Betrayed**
1.00 PM **Still a Mystery**
2.00 **Murder on CCTV**
3.00 **Faking It: Tears of a Crime** True-crime.
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories** A drugs bust.
8.00 **Murder on CCTV**
9.00 **Signs of a Psychopath** New editions Double bill.
10.00 **Your Worst Nightmare** The case of Tanya Petro.
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** April Millsap.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fatal Attraction** LaJoya McCoy's family request a welfare check after they haven't heard from her.
8.00 **Murder by the Sea** The case of John Bodkin Adams, a trusted GP who befriended older patients and was often named in their wills after their deaths.
9.00 **48 Hours** Nicole 'Nicki' Lenway is gunned down in daylight and left for dead in a parking lot.
10.00 **Bloodline Detectives** New edition Esther Gonzalez was murdered while walking in Riverside.
11.00 **Killer Kids** The murder of Kenneth Zeller.
12.00 M'T **Handsome Devils**
1.00 AM **48 Hours**
2.00 **Bloodline Detectives**
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder UK**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Murder UK**
4.00 **48 Hours** The accused killer of a military pilot.
5.00 **Medical Detectives** How an 18-year-old girl who was abducted from her home deliberately left DNA at the crime scene.
5.30 How the owner of a severed leg is identified using forensic science.
6.00 The murderers who burned their victim's body to cover their crime, but failed to cover 24 stab wounds.
6.30 The sexual assaults on four women in Indiana during the summer of 1996.
7.00 **Judge Judy** Real-life small claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **Motorway Patrol**
9.00 **Send in the Dogs**
10.00 **The Real Manhunter**
11.00 **Catching the Killer**
12.00 NOON **How I Caught the Killer** True-crime.
1.00 PM **Britain's Most Evil Killers** Peter Moore.
2.00 **Killer in My Village**
3.00 **Forensics: Catching...**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Forensics: Catching the Killer** Four editions.
11.00 **Britain's Most Evil Killers**
12.00 M'T **Murdered at First Sight** Robin Chard.
1.00 AM **How I Caught the Killer** Maleha Masud.
2.00 **Killer in My Village**
3.00 **Snapped** Documentary.
4.00 **Border Security: America's Front Line**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **King Arthur's...**
9.45 **Secrets of the Royal Palaces** As 7.45pm.
10.50 **War Machine: World War II** Documentary.
12.00 NOON **Dying Democracies...**
1.00 PM **Grand Tours of...**
1.55 **King Arthur's Britain: The Truth Unearthed**
3.15 **Secrets of the Royal Palaces** As 7.45pm.
4.15 **War Machine: World War II** Documentary.
5.20 **Dying Democracies – Europe in Decline**
6.25 **King Arthur's Britain: The Truth Unearthed**
7.45 **Secrets of the Royal Palaces** Buckingham.
8.50 **War Machine: World War II** Documentary.
9.55 **Dying Democracies...**
11.00 **Secrets of the Royal Palaces** As 7.45pm.
12.00 M'T **War Machine: World War II**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

THURSDAY

Thursday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Charlie Hustle & the Matter of Pete Rose**
7.00 **Discovering: Frances McDormand** Profile of the actor.
8.00 **The Directors**
9.00 **The 2000s**
9.55 **The Civil War**
11.00 **Lockerbie**
12.00 NOON **Tina**
2.10 PM **Donyale Luna: Supermodel** Documentary.
4.00 **Discovering: Frances McDormand** Profile of the actor.
5.00 **The Directors**
6.00 **The 2000s**
6.55 **The Civil War**
8.00 **Lockerbie** 4/4. A shock verdict leaves the families unsatisfied.
9.00 **Boyzone: No Matter What** 2/3. The documentary charts the band's growing success and first number one.
10.00 **Gary** The life and mysterious death of actor Gary Coleman.
12.00 M'T **I Am Richard Pryor**
1.45 AM **The Apollo**
3.45 **Stirling** The life of Stirling Moss.
5.00 **to 6.00** AM **Discovering: Frances McDormand**

Sky Nature

145 113/114 189 354 369

6.00 AM **Nomads of the Serengeti**
7.00 **Monkey Life** Double bill.
8.00 **Africa's Underwater Wonders**
9.00 **My Best Friend's an Animal**
10.00 **The Wild Wild East**
11.00 **Wild Sky**
12.00 NOON **New Kids in the Wild**
1.00 PM **Monkey Life** Double bill.
2.00 **Africa's Underwater Wonders**
3.00 **My Best Friend's an Animal**
4.00 **The Wild Wild East**
5.00 **Hope for Wildlife**
6.00 **New Kids in the Wild**
7.00 **Monkey Life** Double bill.
8.00 **Great Parks of Africa**
9.00 **Snow Leopards with Dan O'Neill** 1/2. A mission to protect the snow leopard.
10.00 **New Kids in the Wild**
11.00 **Hope for Wildlife**
12.00 M'T **Wild Sky**
1.00 AM **Nomads of the Serengeti**
2.00 **Great Parks of Africa**
3.00 **Snow Leopards with Dan O'Neill** As 9.00pm.
4.00 **Africa's Underwater Wonders**
5.00 **to 6.00** AM **My Best Friend's an Animal**

Sky History 2

163/168 143 186

6.00 AM **Strangest Things**
8.00 **Mysteries from Above**
9.00 **Hitler v Churchill: The Eagle and the Lion**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Inside the Tower of London**
4.00 **Strangest Things**
6.00 **Mysteries from Above**
7.00 **Hitler v Churchill: The Eagle and the Lion** 1&2/2. Exploring the rivalry between the leaders of Britain and Germany during World War Two, and their common experiences during World War One.
9.00 **Clash of Ancient Warriors** The Battle of the Catalaunian Plains, which was fought in 451. **10.00** Focusing on the Battle of Sekigahara, a historical event in Japan fought in 1600.
11.00 **Ancient Aliens**
1.00 AM **Alien Files: Unsealed**
2.00 **Secrets of Great British Castles** Double bill.
4.00 **Instruments of Death**
5.00 **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Judge Rinder**
9.00 **Murdertown**
10.00 **Buried in the Backyard**
11.00 **Hometown Tragedy**
12.00 NOON **Meet, Marry, Murder**
1.00 PM **Somebody's Hiding...**
2.00 **Judge Rinder**
3.00 **Robbie Coltrane's Critical Evidence** Fadi Nasri.
4.00 **Murdertown**
5.00 **When Missing Turns to Murder**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something**
9.00 **The First 48** New edition A murder in a casino car park.
10.00 **Interrogation Raw**
11.00 **Homicide Hunter**
12.00 M'T **Somebody's Hiding...**
1.00 AM **The First 48**
2.00 **An Hour to Kill**
3.00 **Meet, Marry, Murder**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the Backyard**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Something Bit Me**
10.00 **Investigation Shark Attack**
11.00 **Heartland Docs**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Wild Namib: Land of Extremes**
3.00 **Savage Kingdom**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City** Simon has his hands full with a lightning-fast mamba.
7.00 **Secrets of the Zoo** Medical teams at the Columbus Zoo prep for a kangaroo surgery.
8.00 **Secrets of the Penguins** 1/3. Following the lives of penguins in the Southern Hemisphere. **9.00** 2/3. The banded penguins ventured far beyond their icy homes.
10.00 **Rocky Mountain Railroad**
11.00 **Ice Road Rescue**
12.00 M'T **Something Bit Me**
1.00 AM **Swamp Men**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Africa's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Nostradamus: The Truth**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works**
8.00 **Nostradamus: The Truth** Documentary examining the accuracy of Nostradamus' predictions and takes a fresh approach to our view of him and the people he has inspired.
9.00 **Mummies Unwrapped** Investigating clues that suggest Moses could be the desecrated mummy of King Akhenaten.
10.00 **How Do They Do It?**
11.00 **Incredible Engineering Blunders: Fixed**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
5.00 **TOTP: 1997** Triple bill.
7.05 **TOTP: 1997** Dannii Minogue introduces performances by Sinead O'Connor, Damage, Mary J Blige and Gary Barlow. **7.45** Mark Radcliffe and Marc Riley introduce performances by Placebo, Skunk Anansie, The Rembrandts, and Sarah Brightman & Andrea Bocelli. **8.25** The Spice Girls introduce performances by Wet Wet Wet, Faith No More and Monaco. **9.05** Mark Radcliffe and Marc Riley introduce performances by Cast, 3T, N-Trance, No Doubt and The Charlatans. **9.40** Cathy Dennis introduces performances by 911, Robbie Williams and The Cardigans. **10.25** Jo Whiley introduces performances by Katrina & The Waves, The Seahorses, George Michael, Mansun and 911.
11.05 **TOTP: 1997** Nine editions.
4.30 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **The Killer in My Family**
9.00 **Faking It: Tears of a Crime**
11.00 **American Monster**
12.00 NOON **Disappeared**
1.00 PM **Still a Mystery**
3.00 **American Monster**
4.00 **Disappeared**
5.00 **Web of Lies**
7.00 **Murder Decoded** A case in which a mother and her adult son were fatally shot. **8.00** A case in which a man contacted emergency services after finding blood inside a friend's home.
9.00 **The Murder Tapes** An elderly Arizona couple's murder spurs a statewide hunt for the killer.
10.00 **Cabin in the Woods** Benjamin Peter Ashley, an unpredictable and violent outdoorsman, leads investigators down his path of devastation, resulting in an 18-day manhunt.
11.00 **Home Alone**
12.00 M'T **Hostage 911**
2.00 AM **Web of Lies**
4.00 **to 6.00** AM **Murder Decoded**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** Two overhead walkways collapse at a hotel.
7.00 **Texas Metal**
8.00 **Motor Pickers**
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Fifth Gear**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers**
7.00 **Shed and Buried**
8.00 **Fifth Gear** The team test the seven-seater Dacia Jogger.
9.00 **Richard Hammond's Big**
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Fifth Gear**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.45 AM **Juliet & Romeo** (2025)
8.55 **Panda Plan** As 4.20pm.
10.40 **Wish You Were Here** Drama. (2025, 12, 99min) ★★★
12.25 PM **Wolf Man** As 10.15pm.
2.10 **Juliet & Romeo** Musical. (2025, 12, 122min) ★★★
4.20 **Panda Plan** Chinese comedy starring Jackie Chan. Subtitled. (2024, PG, 99min) ★★★
6.05 **Novocaine** Action comedy thriller starring Jack Quaid. (2024, 15, 80min) ★★★

10.15 Wolf Man

8.00 Nosferatu Horror thriller starring Bill Skarsgård and Lily-Rose Depp. A troubled woman forms a telepathic bond with a mysterious count. With Nicholas Hoult, Willem Dafoe, Emma Corrin and Aaron Taylor-Johnson. (2024, 15, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Wolf Man Horror starring Christopher Abbott. After his family barricade themselves inside their remote farmhouse, a father transforms into something unrecognisable. (2024, 15, 103min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Love Hurts** Action comedy starring Ke Huy Quan. (2025, 15, 83min) ★★
1.30 AM **Die Alone** Apocalyptic drama with Carrie-Anne Moss. (2024, 15, 91min) ★★★★
3.05 **Juliet & Romeo** As 2.10pm.
5.15 **to 6.00** AM **Sky Cinema Preview**

Sky Cinema Hits

303 303 403 503 517

7.30 AM **The Rugrats Movie** Animation. (1998, U) ★★★
9.05 **Parenthood** Comedy drama. (1989, 15, 124min) ★★★★
11.20 **A League of Their Own** Comedy starring Tom Hanks. (1992, PG, 124min) ★★★★
1.30 PM **Congo** Jungle adventure. (1995, 12, 108min) ★★★
3.30 **Man of Steel** Fantasy. (2013, 12, 143min) ★★★
5.55 **One Life** Fact-based drama. (2023, 12, 105min) ★★★★

5.55 One Life

8.00 Schindler's List Steven Spielberg's Oscar-winning historical drama starring Liam Neeson, Ben Kingsley and Ralph Fiennes. An Austro-German businessman wheels and deals with the Nazis to save the lives of over 1,000 Jews. (1993, 15, 195min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.15 **Lawless** Prohibition-era crime drama starring Shia LaBeouf. (2012, 18, 111 min) ★★★★
1.20 AM **Bridget Jones's Diary** Romantic comedy drama. (2001, 15, 96min) ★★★★
3.15 **Bridget Jones: The Edge of Reason** Comedy sequel. (2004, 15, 108min) ★★★
5.10 **Sky Cinema Preview**
5.55 **to 8.05** AM **Bridget Jones's Baby** Comedy sequel. (2016, 15, 123min) ★★★

Sky Cinema Drama

310 310 410 510 524

6.55 AM **Anatomy of a Murder**
9.40 **Funny Face** Romantic musical. (1956, U, 103min) ★★★★
11.35 **The Bridges at Toko-Ri** War drama. (1954, U, 99min) ★★★
1.30 PM **The Girl on the Train** Crime thriller starring Emily Blunt. (2016, 15, 107min) ★★★★
3.30 **The King's Speech** Drama with Colin Firth and Geoffrey Rush. (2010, 12, 118min) ★★★★★
5.35 **The Fisher King** Urban fable. (1991, 15, 137min) ★★★★★
8.00 **P.S. I Love You** Romantic comedy drama based on the novel by Cecelia Ahern, starring Hilary Swank and Gerard Butler. (2007, 12, 121min) ★★★
10.10 **Dreamgirls** Musical based on the hit Broadway show inspired by the story of Diana Ross and The Supremes, starring Jamie Foxx, Beyoncé Knowles, Eddie Murphy and Jennifer Hudson. (2006, 12, 130min) ★★★★
12.25 AM **Grease** Smash-hit musical. (1978, PG, 110min) ★★★★
2.20 **Anatomy of a Murder** Legal drama starring James Stewart. (1959, b/w, 12, 160min) ★★★★★
5.05 **to 7.10** AM **Birdy** Psychological drama starring Nicolas Cage. (1984, 15, 120min) ★★★★

Sky Cinema Science Fiction

311 311 411 511 525

7.25 AM **Friendship's Death** (1987)
8.50 **Battleship** Sci-fi adventure. (2012, 12, 126min) ★★★
11.05 **Blade Runner** Futuristic thriller. (1982, 15, 130min) ★★★★★
1.10 PM **Ready Player One** Fantasy adventure starring Tye Sheridan. (2018, 12, 140min) ★★★★
3.35 **Gravity** Thriller starring Sandra Bullock and George Clooney. (2013, 12, 91min) ★★★★★
5.15 **2012** Disaster movie with John Cusack and Chiwetel Ejiofor. (2009, 12, 158min) ★★★
8.00 **Arrival** Sci-fi drama starring Amy Adams and Jeremy Renner. A linguist must find a way to communicate with an alien race as the world teeters on the brink of global conflict. (2016, 12, 116min) ★★★★★
10.00 **Passengers** Sci-fi drama starring Jennifer Lawrence, Chris Pratt and Michael Sheen. (2016, 12, 116min) ★★★
12.00 M'T **Resident Evil: Apocalypse** Sci-fi thriller. (2004, 15) ★★★
1.40 AM **Friendship's Death** Sci-fi drama. (1987, 15, 78min) ★★★
3.00 **The Core** Sci-fi action thriller. (2002, 12, 135min) ★★★
5.20 **to 7.20** AM **Riddick** Sci-fi thriller. (2013, 15, 122min) ★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.40 AM **The Scorpion King** Fantasy. (2002, 12, 91min) ★★★
9.20 **Oliver!** Oscar-winning musical. (1968, U, 146min) ★★★★★
11.55 **The BFG** Fantasy adventure. (2016, PG, 117min) ★★★★
2.05 PM **Peter Rabbit 2: The Runaway** Adventure sequel. (2021, U, 93min) ★★★
3.50 **Stardust** Comedy adventure. (2007, PG, 127min) ★★★★
6.00 **Wicked** Musical fantasy. (2024, PG, 160min) ★★★★

10.40 The Huntsman: Winter's...

8.45 Sonic the Hedgehog 3 Fantasy adventure sequel starring Jim Carrey and featuring the voice of Ben Schwartz. The blue hedgehog, Knuckles and Tails reunite to face the villainous Shadow. With James Marsden. (2024, PG, 110min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

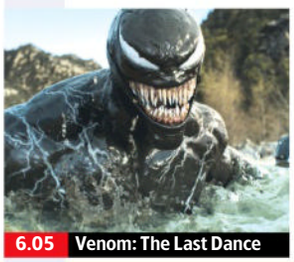
10.40 The Huntsman: Winter's War Fantasy adventure starring Chris Hemsworth and Jessica Chastain. (2016, 12, 114min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **It Takes Two** Comedy starring Ashley and Mary-Kate Olsen. (1995, U, 97min) ★
2.25 **Paulie** Family comedy. (1998, U, 92min) ★★★
4.00 **My Penguin Friend** Drama. (2024, PG, 98min) ★★★★
5.45 **to 7.20** AM **Paulie** As 2.25am.

Sky Cinema Action

307 307 407 507 521

6.05 AM **King of Killers** As 12.10am.
7.40 **Chappie** As 10.05pm.
9.45 **Gladiator II** Historical drama. (2024, 15, 148min) ★★★
12.15 PM **The Dark Tower** (2017)
1.55 **Terminator Salvation** Thriller. (2009, 12, 110min) ★★★
3.55 **Aquaman and the Lost Kingdom** Fantasy adventure. (2023, 12, 124min) ★★★
6.05 **Venom: The Last Dance** Fantasy starring Tom Hardy. (2024, 15, 110min) ★★★



6.05 Venom: The Last Dance

8.00 Godzilla Monster thriller remake starring Aaron Taylor-Johnson, Bryan Cranston and Elizabeth Olsen. A giant monster may be the only hope of stopping a race of underground creatures on a deadly global rampage. (2014, 12, 118min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Chappie Sci-fi thriller starring Dev Patel and Hugh Jackman. Two small-time crooks plan to use a highly intelligent robot to carry out a heist worth $200million. (2015, 15, 120min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **King of Killers** Action thriller. (2023, 15, 92min) ★
1.45 **The Dark Tower** Fantasy. (2017, 12, 95min) ★★
3.25 **The Huntsman: Winter's War** Fantasy adventure. (2016, 12, 114min) ★★★
5.20 **to 7.15** AM **Blood for Dust** Action thriller. (2023, 15) ★★★

Sky Cinema Comedy

308 308 408 508 522

7.05 AM **Scott Pilgrim vs. the World** Comic-book comedy. (2010, 12, 112min) ★★★★
9.05 **Brewster's Millions** Comedy. (1985, PG, 97min) ★★★
11.00 **Blue Hawaii** (1961, PG) ★★
12.45 PM **Pixels** (2015, 12) ★★
2.35 **You, Me and Dupree** Comedy. (2006, 12, 109min) ★★★
4.30 **Beverly Hills Cop II** Comedy thriller sequel. (1987, 15) ★★★
6.20 **Billy Madison** Comedy. (1995, PG, 90min) ★★

10.05 Horrible Bosses

8.00 Yesterday Comedy written by Richard Curtis, directed by Danny Boyle and starring Himesh Patel. A musician wakes up after being hit by a bus to find he is the only person in the world who remembers The Beatles. (2019, 12, 116min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 Horrible Bosses Farcical comedy starring Jason Bateman, Charlie Day and Jason Sudeikis. Three friends hatch a plot to get rid of their tyrannical employers. (2011, 15, 93min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.50 Mr Deeds Comedy with Adam Sandler and Winona Ryder. (2002, 12, 96min) ★★★
1.40 AM **Crazy Rich Asians** Comedy. (2018, 12, 120min) ★★★★
3.45 **Swede Caroline** Comedy. (2024, 15, 98min) ★★★
5.30 **to 7.15** AM **Nacho Libre** Comedy. (2006, 12) ★★★★

Sky Cinema Thriller

309 309 409 509 523

7.45 AM **Rashomon** Japanese director Akira Kurosawa's classic drama. Subtitled. (1950, b/w, 12, 88min) ★★★★★
9.25 **Gloria** As shown at 4.00am.
11.35 **There Will Be Blood** Frama. (2007, 15, 158min) ★★★★★
2.15 PM **Vantage Point** Thriller. (2008, 12, 90min) ★★★
3.55 **Murder by Numbers** Thriller. (2002, 15, 120min) ★★★
6.00 **Now You See Me** Thriller. (2013, 12, 115min) ★★★

8.00 RocknRolla

8.00 RocknRolla Guy Ritchie's crime comedy thriller starring Gerard Butler, Tom Wilkinson and Thandie Newton. Two East End crooks trigger a feud between a London crime boss and a Russian mobster. With Idris Elba. (2008, 15, 110min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

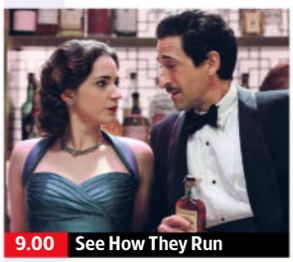
10.00 Law Abiding Citizen Thriller starring Jamie Foxx and Gerard Butler. A man takes revenge against the Philadelphia criminal justice system for letting off one of the criminals who killed his wife and daughter. (2009, 18, 109min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.00 M'T **Taxi Driver** Martin Scorsese's disturbing drama. (1976, 18, 110min) ★★★★★
2.00 AM **Lawless** Crime drama. (2012, 18, 111min) ★★★★
4.00 **to 6.05** AM **Gloria** Thriller. (1980, 15, 121min) ★★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **Pool of London** Thriller. (1950, b/w, PG, 85min) ★★
12.45 PM **Nothing But the Best** Black comedy with Alan Bates. (1963, b/w, 15, 99min) ★★
2.50 **The Wrong Box** Black comedy starring John Mills. (1966, U, 101min) ★★★
5.00 **The Frogmen** Adventure. (1951, b/w, U, 96min) ★★★
6.55 **Dante's Peak** Disaster movie. (1997, 12, 108min) ★★★



9.00 See How They Run

Dante's Peak (film started at 6.55pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

9.00 See How They Run Mystery comedy starring Sam Rockwell and Saoirse Ronan. A world-weary inspector and his young sidekick investigate a murder at a West End theatre. With Adrien Brody. (2022, 12, 98min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.55 Knives Out Mystery comedy starring Daniel Craig, Chris Evans and Ana de Armas. (2019, 12, 130min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.35 **to 3.35** AM **Hyde Park on Hudson** Historical comedy drama starring Bill Murray, Laura Linney and Samuel West. (2012, 12, 90min) ★★★

+1hour 314 430 47 301 257

8 PM
9 PM
10 PM
11 PM

Sky Cinema Halloween

302 302 402 502 516

6.00 AM **Ouija** Horror. (2014, 15) ★★
7.30 **Lovely, Dark, and Deep** Horror. (2023, 15, 87min) ★★★
9.05 **Arcadian** Horror thriller. (2024, 15, 92min) ★★★★
10.40 **Dark Skies** Paranormal thriller. (2013, 15, 97min) ★★★
12.20 PM **A Quiet Place** Horror. (2018, 15, 90min) ★★★★
1.55 **Friday the 13th Part II** Horror sequel. (1981, 18, 87min) ★★

3.25 **Friday the 13th Part III** Horror sequel. (1982, 18, 95min) ★
5.05 **Sinister** Horror starring Ethan Hawke. (2012, 15, 105min) ★★★
7.00 **The Ring** US remake of the cult Japanese chiller, starring Naomi Watts. (2002, 15, 115min) ★★★
9.00 **Halloween** Horror starring Jamie Lee Curtis and Judy Greer. (2018, 18, 106min) ★★★★
10.50 **Hollow Man** Paul Verhoeven's sci-fi thriller starring Elisabeth Shue, Kevin Bacon and Josh Brolin. (2000, 18, 113min) ★★★

12.45 AM **Out of Darkness** Prehistoric horror with Iola Evans. Subtitled. (2022, 15, 88min) ★★★
2.15 **Ouija: Origin of Evil** Supernatural horror prequel. (2016, 15, 99min) ★★★
4.05 **to 6.00** AM **Gothika** Horror chiller. (2003, 15, 98min) ★★★

Sky Cinema Greats

304 304 404 504 518

6.05 AM **Friday the 13th Part III** Horror sequel. (1982, 18) ★
7.55 **In the Line of Fire** Thriller. (1993, 15, 127min) ★★★★
10.10 **True Grit** As shown at 3.40am.
12.20 PM **The Godfather** Francis Ford Coppola's classic gangster epic. (1971, 15, 167min) ★★★★★
3.20 **The Godfather Part II** Francis Ford Coppola's gangster sequel. (1974, 18, 200min) ★★★★★

6.45 **The Godfather Part III** Concluding chapter of Francis Ford Coppola's gangster epic starring Al Pacino as Michael Corleone, now an ageing businessman trying to put his criminal days behind him. With Diane Keaton, Talia Shire, Andy Garcia and Bridget Fonda. (1990, 15, 162min) ★★★★
9.40 **The Exorcist** Chiller starring Max von Sydow, Linda Blair, Jason Miller and Ellen Burstyn. (1973, 18, 121min) ★★★★★

11.45 **Blade** Action adventure chiller starring Wesley Snipes. (1998, 18, 121min) ★★★
1.55 AM **Event Horizon** Sci-fi horror thriller. (1997, 18, 96min) ★★★
3.40 **to 6.00** AM **True Grit** Vintage Western starring John Wayne. (1969, PG, 128min) ★★★★★

Sky Cinema Animation

305 305 412 500 514

7.00 AM **The Road to El Dorado** Animation. (2000, U) ★★★
8.45 **Fireheart** Animated adventure. (2022, U, 92min) ★★★
10.30 **Dragon Rider** Animation. (2020, PG, 91min) ★★★
12.15 PM **Shark Tale** Animation. (2004, U, 90min) ★★★★
2.00 **The Lego Movie 2: The Second Part** Animated sequel. (2019, U, 107min) ★★★★

4.00 **Sing** Animated musical comedy. (2016, U, 108min) ★★★
6.00 **The Angry Birds Movie** Animated family comedy. (2016, U, 97min) ★★★
7.50 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 93min) ★★★
9.30 **The Adventures of Tintin: The Secret of the Unicorn** Animated family adventure. (2011, PG, 106min) ★★★★★
11.20 **Over the Hedge** Animation. (2006, U, 83min) ★★★★

12.50 AM **Spirit: Stallion of the Cimarron** (2002, U) ★★★
2.20 **Sinbad: Legend of the Seven Seas** (2003, U) ★★★★
3.50 **The Road to El Dorado** (2000)
5.25 **to 7.05** AM **Boonie Bears: Guardian Code** Animation. (2023, PG, 96min) ★★★

Christmas 24

312 313 419

7.00 AM **Trivia at St Nick's** Festive comedy. (2024, PG, 84min) ★★
9.00 **Christmas Stars** Romantic comedy. (2019, PG, 88min) ★★
11.00 **Christmas Magic** Romantic drama. (2023, PG, 90min) ★★
1.00 PM **Jolly Good Christmas** Festive romantic comedy. (2022, PG, 90min) ★★
3.00 **Joy for Christmas** Romantic comedy. (2021, PG, 86min) ★★

5.00 **Sincerely Truly Christmas** Fantasy. (2023, PG, 90min) ★★
7.00 **Our Holiday Story** Festive romantic drama starring Nikki Deloach. (2024, PG, 84min) ★★
9.00 **A Christmas Star** Romantic drama starring Sara Canning and Daniel Lissing. An astronomer finds love in a small town at Christmas while studying a meteor shower. (2021, PG, 84min) ★★
11.00 **My Christmas Hero** Festive drama. (2023, PG, 84min) ★★

1.00 AM **Deck the Walls** Festive drama starring Ashley Greene. (2024, PG, 90min) ★★
3.00 **to 5.00** AM **Three Wise Men and a Baby** Festive comedy. (2022, PG, 90min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Black Saddle** 2/20. (S1)
6.30 **I'm a Cowboy in My Mind**
6.35 **The Triumph of Sherlock Holmes** (1935, b/w, PG) ★★★
8.15 **Look at Life**
8.30 **Out of Town**
9.00 **Bombay Waterfront** Mystery. (1952, b/w, U, 71min) ★★★
10.20 **What's On TPTV with Noel**
10.35 **Identity Unknown** Drama. (1960, b/w, U, 66min) ★★★

11.55 **Hardy Victim De Laurel**
12.00 NOON **Dixon of Dock Green**
1.05 PM **Sea Devils** (1953, U) ★★
2.50 **Look at Life**
3.00 **Crown Court** Triple bill.
4.30 **What's On TPTV with Noel**
4.45 **The Four Feathers** Adventure remake. (1978, U, 95min) ★★
6.50 **Look at Life**
7.00 **For the Love of Ada** 6/6. (S1)
7.30 **The Cheaters** 18/27. (S2)
8.00 **The Brothers** 16/16. (S7)
9.05 **The Wheeltappers and Shunters Social Club**

9.55 **The Best of Benny Hill**
11.35 **Assignment Paris** Thriller. (1952, U, 85min) ★★★★
1.20 AM **Be My Guest** (1964, U) ★★
3.00 **Kill Me Tomorrow** Thriller. (1957, b/w, U, 80min) ★★
4.40 **to 6.00** AM **Department Store** Comedy. (1935, b/w, PG) ★★★

THURSDAY Sport 2 October

Thursday

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE ATP Tennis** Coverage of day two of the Shanghai Masters.
8.00 **LIVE WTA & ATP Tennis** Coverage of the ATP Shanghai Masters and the WTA Beijing Open.
12.00 NOON **LIVE DP World Tour Golf** The opening day of the Alfred Dunhill Links Championship at the Old Course, St. Andrews.
5.00 PM **LIVE ICC Women's World Cup Bangladesh v Pakistan.** Coverage of the group match from R.Premadasa Stadium.
6.30 **The Premier League Show**
7.00 **Sports Centre**
7.30 **LIVE EFL Rotherham United v Bradford City.** The League One match staged at AESSEAL New York Stadium. Kick-off **8.00pm**.
10.30 **LIVE PGA Tour Golf** Coverage of day one of the Sanderson Farms Championship at the Country Club of Jackson in Mississippi.
12.00 M'T **LIVE NFL Los Angeles Rams v San Francisco 49ers.** The week five match from SoFi Stadium. Kick-off is at **1.15am**.
5.30 **to 6.00** AM **LIVE ATP Tennis** Coverage of the third day of the ATP Shanghai Masters.

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **Premier League Icons**
10.00 **Sky Sports FC**
12.00 NOON **Gary Neville's Soccerbox** Double bill.
1.00 PM **Premier League Years**
3.00 **Premier League Highlights** Newcastle United v Arsenal. **3.30** Highlights from Nottingham Forest v Sunderland. **4.00** Everton v West Ham United. **4.30** Aston Villa v Fulham.
5.00 **The Premier League Show**
7.00 **The Big Interview**
7.30 **Premier League Stories**
8.00 **Gary Neville's Soccerbox**
9.00 **The Big Interview**
9.30 **Premier League Stories**
10.00 **Premier League Icons**
10.30 **Les Ferdinand: PFA Winner**
10.45 **My Origin Story: Matthijs De Ligt** A look at the rise of the Manchester United defender.
11.00 **Premier League Years** A look back at the 1999/2000 season.
1.00 AM **PL Retro** West Ham United v Tottenham Hotspur from 2006/07.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup Retro**
8.45 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Craig Brown: My Scotland**
11.30 **There's Only One Sauzee**
12.00 NOON **EFL** QPR v Oxford United.
2.00 PM **EFL Highlights**
2.30 **EFL League One Goals**
3.00 **EFL League Two Goals**
3.30 **EFL Highlights**
4.30 **WSL** Action from Liverpool v Manchester United.
5.00 **EFL Highlights** Championship.
6.30 **Bundesliga Weekly**
7.00 **SPFL Round-Up**
7.15 **SPFL Highlights**
7.30 **LIVE EFL Rotherham United v Bradford City.** Coverage of the League One encounter, which comes from AESSEAL New York Stadium. Kick-off **8.00pm**.
10.30 **EFL League One Goals**
11.00 **EFL League Two Goals**
11.30 **EFL Greatest Games**
12.00 M'T **Craig Brown: My Scotland**
12.30 AM **Best SPFL Goals 2024/25**
1.00 **Edinburgh Derby Best Goals**
1.30 **SPFL Highlights** Celtic v Rangers.
4.30 **Old Firm Derby Best Goals**
5.00 **to 6.00** AM **SPFL Special: Celtic's Invincibles**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **ICC Women's World Cup**
7.00 **Women's ICC World T20 Cricket** Bangladesh v England. **7.30** South Africa v New Zealand.
8.00 **ICC Women's World Cup**
10.00 **LIVE ICC Women's World Cup Bangladesh v Pakistan.** Coverage of the group match from R.Premadasa Stadium in Colombo, Sri Lanka. This is just the second time that Bangladesh have played in this tournament, and will be looking to improve on their seventh place finish at this event three years ago. Meanwhile, Pakistan finished in eighth at the 2022 World Cup and have never finished higher than fifth.
6.30 PM **ICC Women's World Cup 2017** Action from England v India in the final at Lord's. **6.45** Action from the group match between England v Australia at the County Ground in Bristol.
7.00 **ICC Women's World Cup**
12.00 M'T **ICC Women's World Cup**
2.00 AM **Women's One-Day International Cricket**
3.00 **ICC Women's World Cup**
5.00 **to 6.00** AM **Women's One-Day International Cricket**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **DP World Tour Golf**
7.00 **Legends Tour Golf**
8.00 **Rose Ladies Series**
9.00 **Ryder Cup** Days one to three.
12.00 NOON **LIVE DP World Tour Golf** The first day of the Alfred Dunhill Links Championship from the Old Course, St. Andrews.
5.00 PM **LIVE PGA Tour Golf** Coverage of the featured groups on day one of the Sanderson Farms Championship at the Country Club of Jackson in Mississippi.
9.00 **LIVE PGA Tour Golf** Further coverage of the first day of the Sanderson Farms Championship.
12.00 M'T **LIVE LPGA Tour Golf** Coverage of the second day of the LOTTE Championship staged at Hoakalei Country Club in Hawaii.
3.00 AM **DP World Tour Golf**
5.00 **to 6.00** AM **Playing Lessons**

TNT Sports 1

410 413 521 408 430

6.00 AM **LIVE Cycling: Tour of Langkawi** The fifth stage.
7.30 **The Gruppetto** Cycling action.
7.45 **Men's Cycling Pro Series**
8.45 **Superbike Rewind**
9.00 **International T20 Cricket**
10.00 **LIVE AFLW Hawthorn Hawks v Fremantle Dockers.**
12.00 NOON **Men's Cycling Pro Series**
1.00 PM **LIVE Cycling: CRO Race** Coverage of the third stage.
3.00 **Men's Cycling Pro Series**
4.00 **UEFA Europa League & Conference League Magazine**
5.00 **MLB Highlights**
6.30 **TNT Sports Reload**
6.45 **Premier League: Big Interview**
7.15 **Training Day** From Grenfell.
7.30 **LIVE UEFA Europa League Nottingham Forest v FC Midtjylland.** The league phase match. Kick-off is at **8.00pm**.
10.30 **UEFA Europa & Conference League Highlights**
11.15 **Premier League Reload**
11.30 **MLB Highlights**
12.30 AM **LIVE MLB** Postseason game.
3.45 **LIVE Cycling: Tour of Langkawi** The sixth stage.
5.00 **to 6.00** AM **La Vuelta Men**

TNT Sports 2

411 414 522 409 431

6.00 AM **UEFA Champions League**
10.30 **UEFA Europa League & Conference League Magazine**
11.30 **Premier League Netbusters**
12.00 NOON **UEFA Champions League Highlights Show**
2.00 PM **UEFA Champions League**
3.30 **Serie A – Full Impact**
4.00 **International T20 Cricket Highlights** New Zealand v Australia at Bay Oval in Tauranga.
5.00 **LIVE UEFA Europa League Celtic v SC Braga.** Coverage of the league phase match from Celtic Park. Kick-off **5.45pm**.
7.45 **LIVE UEFA Europa League Sturm Graz v Rangers.** Coverage of the league phase match from Merkur-Arena. Kick-off **8.00pm**.
10.30 **Test Cricket Highlights**
11.30 **Men's Cycling Pro Series**
12.30 AM **Superbike Rewind**
12.45 **MotoGP Rewind**
1.00 **MotoGP Highlights**
2.00 **LIVE MotoGP** Coverage of the Grand Prix of Indonesia MotoGP, Moto2 and Moto3 first free practice sessions at Pertamina Mandalika Circuit.
4.45 **MotoGP Highlights**
5.45 **to 6.00** AM **MotoGP Rewind**

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Bitesize Highlights**
11.00 **NFL Highlights**
12.00 NOON **NFL Bitesize Highlights**
1.00 PM **Good Morning Football**
3.00 **NFL Highlights**
6.00 **NBC's Pro-Football Talk**
8.00 **NFL Gameday** Match reviews.
8.30 **NFL Bitesize Highlights** Dallas Cowboys v Green Bay Packers. **8.45** Action from Atlanta Falcons v Washington Commanders.
9.00 **NFL Highlights** Pittsburgh Steelers v Minnesota Vikings.
10.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
11.00 **NFL Bitesize Highlights**
11.30 **NFL Gameday** Discussion and analysis of the latest talking points.
12.00 M'T **LIVE NFL Los Angeles Rams v San Francisco 49ers.** Coverage of the week five game at SoFi Stadium. The hosts have won the last three meetings against the 49ers, with all three victories coming in tight games. The Rams won the last match 12-6, while the previous victories ended 27-24 and 21-20. Kick-off is at **1.15am**.
5.30 **to 6.00** AM **NFL Bitesize Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE ATP Tennis** Day two of the Shanghai Masters from Qizhong Forest Sports City Arena.
8.00 **LIVE WTA & ATP Tennis** The ATP Shanghai Masters and the WTA Beijing Open at Qizhong Forest Sports City Arena and National Tennis Center respectively.
1.00 PM **LIVE ATP Tennis** Further coverage of day two of the Shanghai Masters, a hard-court event from Qizhong Forest Sports City Arena, featuring first-round matches. Two British players fell at the first hurdle last year, with Dan Evans losing 6-2, 4-6 7-6 to Brazil's Thiago Seyboth Wild and Billy Harris falling 6-3, 6-4 against Italian Mattia Bellucci.
3.30 **Sports Desk**
5.00 **The Premier League Show**
7.00 **Sports Centre**
10.00 **Sky Sports News**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
1.00 AM **EFL Cup** The 2011 final.
3.00 **Sky Sports News**
5.30 **to 6.00** AM **LIVE ATP Tennis** Coverage of day three of the ATP Shanghai Masters from Qizhong Forest Sports City Arena in China.

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE ATP Tennis** Coverage of day two of the Shanghai Masters.
8.00 **LIVE WTA & ATP Tennis** Coverage from the Tours.
1.00 PM **LIVE ATP Tennis** Further coverage of the second day of the Shanghai Masters from Qizhong Forest Sports City Arena in China.
3.30 **ATP Tour This Week**
4.00 **ATP Tennis** Recent finals.
6.00 **WTA & ATP Tennis**
2.00 AM **ATP Best of Jack Draper**
2.15 **WTA & ATP Tennis**
2.45 **Bitesize Tennis** Stuttgart Open.
3.00 **ATP Tennis** Recent finals.
5.00 **ATP Tour This Week**
5.30 **to 6.00** AM **LIVE ATP Tennis** Coverage of the third day of the Shanghai Masters in China.

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **Rose Ladies Series**
8.00 **ATP Tennis** Tokyo Open final.
9.00 **ICC Women's World Cup**
10.00 **Formula 1** Singapore Grand Prix.
11.00 **ATP Tennis** Beijing Open final.
1.00 PM **ICC Women's World Cup**
2.00 **PL Greatest Games**
3.00 **The Rugby Championship**
5.00 **ATP Tennis** Recent highlights.
7.00 **ICC Women's World Cup**
9.00 **ATP Tennis** Beijing Open final.
10.00 **Ladies European Tour Golf**
11.00 **ATP Tennis** Tokyo Open final.
12.00 M'T **PL Greatest Games**
1.00 AM **PDC Classics** Archive action.
3.00 **EFL Greatest Games**
4.00 **PGA Tour Golf** Highlights.
5.00 **to 6.00** AM **Playing Lessons**

TNT Sports 3

413 415 523 410 432

6.00 AM **LIVE Test Cricket India v West Indies.** The first day of the first Test at Narendra Modi Stadium.
1.00 PM **MLB Highlights**
2.00 **Ultimate Pool** Recent action.
3.30 **Premier League Features**
5.00 **LIVE UEFA Conference League Dynamo Kyiv v Crystal Palace.** The league phase match. Kick-off **5.45pm**.
7.45 **LIVE UEFA Europa League Feyenoord v Aston Villa.** The league phase clash. Kick-off **8pm**.
10.30 **Original Documentary**
11.30 **Premier League Netbusters**
12.00 M'T **UEFA Europa League**
12.30 AM **UEFA Conference League**
1.00 **UEFA Europa League**
2.30 **UEFA Conference League**
3.30 **UEFA Europa & Conference League Highlights Show**
4.30 **Premier League Reload**
4.45 **to 6.00** AM **LIVE Test Cricket India v West Indies.** Coverage of the second day of the first Test.

TNT Sports 4

414 416 524 411 434

6.00 AM **Superbike World Championship Highlights**
7.00 **MotoGP Highlights**
8.00 **Ultimate Pool** Recent action.
9.30 **Cycling European Championship**
11.30 **FIM Speedway Grand Prix**
12.30 PM **Cliff Diving World Series**
1.30 **FIA World Endurance Championship Highlights**
2.30 **TNT Sports Reload**
3.00 **FIM Speedway Grand Prix**
4.00 **MotoGP Highlights**
5.00 **TNT Sports Reload**
5.15 **Serie A – Full Impact**
5.45 **LIVE UEFA Europa League AS Roma v Lille.** Kick-off 5.45pm.
7.45 **LIVE UEFA Conference League Aberdeen v Shakhtar Donetsk.** Kick-off 8.00pm.
10.15 **LIVE MLB** Postseason action.
12.45 AM **TNT Sports Reload**
1.00 **Fight Week** UFC 320 preview.
1.30 **LIVE MLB** Postseason action.
4.45 **Cycling European Championship**
5.45 **to 6.00** AM **TNT Sports Reload**

Premier Sports 1

419 551

6.00 AM **World Surf League**
7.00 **NASCAR Highlights**
8.00 **Mass Participation World**
9.00 **Eredivisie Highlights**
10.00 **FIA World Endurance Championship** From Fiji.
11.00 **URC in 60** The first round.
12.00 NOON **Motorsport Highlights**
2.00 PM **NHL Tonight**
3.00 **Football** Highlights and features.
4.30 **Top 14 Rugby Union Highlights**
5.00 **Argentine Primera Highlights**
5.30 **Michelin Le Mans Cup**
6.00 **URC in 60** The first round.
7.00 **NASCAR Highlights**
8.00 **LaLiga Match Highlights**
9.00 **Mass Participation World**
10.00 **Football** Highlights and features.
11.30 **Michelin Le Mans Cup**
12.00 M'T **British Minibikes**
2.00 AM **Eredivisie Highlights**
3.00 **Transworld Sport** Magazine.
4.00 **Motorsport** Le Mans Classic.
4.30 **World Surf League**
5.30 **to 6.00** AM **Motorsport**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union**
8.00 **Brasileiro Serie A**
10.00 **United Rugby Championship**
12.00 NOON **Bike World** Magazine.
12.30 PM **Argentine Primera**
2.30 **FastZone** Motorsports highlights.
3.00 **United Rugby Championship** A replay of Ulster v Dragons. **5.00** Bulls v Ospreys.
7.00 **Temples of Sport** Iconic sporting venues from around the globe.
7.30 **LaLiga** Girona v Espanyol.
9.30 **Temples of Sport** Iconic sporting venues from around the globe.
10.00 **LaLiga** Another chance to see Atlético Madrid v Real Madrid.
12.00 M'T **Football's Greatest** The finest players discuss their careers.
12.30 AM **Eredivisie** A chance to see Excelsior v PSV Eindhoven. **2.30** Another chance to see NEC Nijmegen v AZ Alkmaar.
4.30 **Football's Greatest**
5.00 **GP Confidential** F1 news.
5.30 **to 6.00** AM **FastZone**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **Formula 1** Highlights.
12.00 NOON **F1 Drivers Press Conference** From Singapore.
12.40 PM **F1 Features**
1.00 **Formula 1** Highlights.
3.00 **F1 Drivers Press Conference**
3.40 **F1 Explained: The Undercut**
3.45 **Paddock Uncut: Singapore**
4.15 **Formula 1** Azerbaijan Grand Prix.
5.15 **F1 Drivers Press Conference**
5.55 **F1 Explained: Cadillac**
6.00 **Paddock Uncut: Singapore**
6.30 **Formula 1** Azerbaijan Grand Prix.
7.30 **F1 Drivers Press Conference**
8.10 **F1 Explained – DRS**
8.15 **Paddock Uncut: Singapore**
8.45 **Formula 1** Singapore Grand Prix.
9.45 **F1 Drivers Press Conference**
10.25 **Ferrari Milan Event**
10.30 **Paddock Uncut: Singapore**
11.00 **F1 Academy** Race review.
11.30 **Formula 1** Azerbaijan Grand Prix.
12.30 AM **F1 Features**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

Friday

3 October

Evening Planner

Romantic Comedy

Bridget Jones: Mad About the Boy

Sky Premiere, 6am, 2.10pm & 8pm

Bridget (Renée Zellweger) is caught up in a love triangle in this latest outing.

Crime Drama

Borderline

ITV1, 9pm (box set, ITVX)

Amy De Bhrún and Eoin Macken star as cops from the Republic of Ireland and Northern Ireland, investigating a murder.

Comedy

How Are You? It's Alan (Partridge)

BBC1, 9.30pm (box set, BBC iPlayer)

Hapless broadcaster Alan Partridge tackles the subject of mental health.

OnDemand

tv+

The Lost Bus

Available today

Fact-based drama telling the story of the rescue of a school bus trapped in a blazing wildfire. Stars Matthew McConaughey.

SKY	EVENING TIME	7.00PM	7.30PM	8.00PM	8.30PM	9.00PM	9.30PM	10.00PM	10.30PM
FAVOURITES	101 BBC1	7.00 The One Show	7.30 The Travelling... †	8.00 DIY SOS		9.00 Have I Got...	9.30 How Are You?...	10.00 News; Local News	
	102 BBC2	7.00 Villages by the...	7.30 Jules and Greg's...	8.00 Gardeners' World		9.00 Film: Rye Lane		10.15 QI...	10.30 Newsnight
	103 ITV1	‹ 6.30 News †	7.30 Emmerdale	8.00 Coronation Street		9.00 Borderline		10.00 News; Local News	
	104 CHANNEL 4	7.00 News		8.00 The Great British Bake Off: An Extra...		9.00 Gogglebox		10.00 Mitchell and Webb...	10.35 Sarah...
	105 5	7.00 Wetherspoons vs Toby Carvery: Which...		8.00 Susan Calman's Grand Day Out		9.00 Ellis			
	106 SKY SHOWCASE	7.00 The F1 Show		8.00 An Idiot Abroad 2		9.00 The Paper		10.10 Peacemaker	
ENTERTAINMENT	115 BBC3	7.05 Match of the Day: Women's Super League – Live: Manchester United v Chelsea (Kick-off 7.30)					9.45 Film: Scary Stories to Tell in the Dark		
	116 BBC4	7.00 TOTP: 1998		8.00 TOTP: 1981	8.30 TOTP: 1992	9.00 Country Kings at the BBC		10.00 Kenny Rogers in Concert	
	118 ITV2	‹ 6.55 Film: Mean Girls				9.00 Big Brother: Live Eviction		10.15 Big Brother: Late & Live	
	136 MORE4	‹ 6.55 Location, Location, Location		7.55 Grand Designs		9.00 The Wall: The Orchard		10.00 24 Hours in A&E	
	135 E4	7.00 The Simpsons		8.00 First Dates		9.00 Film: Notting Hill			
	107 SKY WITNESS	7.00 Caught on Dashcam				9.00 Law & Order: Special Victims Unit			
	108 SKY ATLANTIC	‹ 6.50 Game of Thrones				9.00 Task		10.15 Succession	
	110 U&GOLD	7.00 Only Fools and Horses	7.40 Fawlty Towers					10.15 Porridge	
	111 U&DAVE	7.00 Would I Lie to You?	7.40 Richard Osman's House of Games			9.00 QI XL		10.00 Have I Got a Bit More News for You	
	119 ITV3	‹ 6.55 Heartbeat		8.00 Foyle's War					
	120 ITV4	‹ 6.55 The Chase Celebrity Special		8.00 Ice Road Truckers		9.00 Film: The Enforcer			
	112 COMEDY CENTRAL	‹ 6.25 Friends				9.00 Michael McIntyre's Big Christmas Show		10.00 Iain Stirling's Roast the Internet	
	139 SKY SCI-FI	7.00 Star Trek: Deep Space Nine		8.00 Stargate Atlantis		9.00 Film: Beowulf			
	113 SKY MAX	7.00 Stargate Universe		8.00 An Idiot Abroad 2		9.00 The Paper		10.10 Peacemaker	
	109 U&ALIBI	7.00 Body of Proof		7.59 Death in Paradise		9.00 Father Brown			
	124 SKY ARTS	7.00 Alfred Hitchcock Presents		8.00 Dolly Parton: Song by Song		9.00 Opry Live		10.00 Bob Marley: Uprising! Live	
	132 U&W	7.00 MasterChef Australia		8.00 Inside the Ambulance		9.00 999 Rescue Squad			
DOCUMENTARY	125 DISCOVERY	7.00 Wheeler Dealers		8.00 Deadliest Catch		9.00 Expedition Unknown		10.00 Expedition Files	
	162 ANIMAL PLANET	7.00 Treehouse Masters		8.00 River of No Return		9.00 Alaska: The Last Frontier		10.00 Alaskan Bush People	
	129 NAT GEO	7.00 Air Crash Investigation						10.00 Inside Melbourne Airport	
	123 SKY HISTORY	7.00 Forged in Fire		8.00 Egypt's Unexplained Files		9.00 Ancient Aliens		10.00 Ancient Aliens Special Presentation	
	155 U&YESTERDAY	7.00 Caribbean with Simon Reeve		8.00 One Foot in the Grave				10.00 Bangers & Cash	
	121 SKY DOCS	‹ 6.55 The Civil War		8.00 The Essex Murders					
FILMS – Sky Cinema	301 PREMIERE	‹ 6.20 One of Them Days		8.00 Bridget Jones: Mad About the Boy				10.05 The Brutalist	
	302 HALLOWEEN	‹ 6.40 It				9.00 The Nun			
	303 BRIDGET JONES	‹ 6.30 Bridget Jones's Diary		8.20 Bridget Jones: The Edge of Reason				10.15 Bridget Jones's Baby	
	304 MEN IN BLACK	‹ 6.30 Men in Black II		8.00 Men in Black 3			9.50 Men in Black		
	305 ANIMATION	7.10 Rise of the Guardians			8.50 Dr Seuss' The Lorax			10.20 The Wild Thornberrys...	
	306 FAMILY	‹ 6.00 Bean	7.45 Mr Bean's Holiday				9.30 Look Who's Talking		
	307 ACTION	‹ 5.55 Justice League		8.00 Shazam!				10.25 Blade	
	308 COMEDY	‹ 6.25 Ace Ventura Pet Detective		8.00 The Other Guys			9.50 Bad Teacher		
	309 THRILLER	‹ 5.50 Collateral		8.00 Red Dragon				10.10 Taxi Driver	
	310 DRAMA	‹ 6.20 The Boy in the Striped Pyjamas		8.00 Lost in Translation			9.50 Funny Girl		
	311 SCIENCE FICTION	‹ 6.00 Terminator Salvation		8.00 I Am Legend				9.55 Dark Skies	
	313 FILM4	7.10 Daddy's Home				9.00 Plane			
SPORT	401 MAIN EVENT	7.00 Sports Centre	7.30 FNF – Live: Bournemouth v Fulham (Kick-off 8.00)						
	402 PREMIER LEAGUE	7.00 Sports Centre	7.30 FNF – Live: Bournemouth v Fulham (Kick-off 8.00)						
	403 FOOTBALL	7.00 EFL Highlights	7.30 EFL – Live: Wrexham v Birmingham City (Kick-off 8.00)						10.30 SPFL Round-Up
	405 CRICKET	7.00 ICC Women's World Cup							
	410 TNT SPORTS 1	7.00 The Gallagher PREM – Live: Bath Rugby v Sale Sharks (Kick-off 7.45)						10.00 PL Big Interview	10.30 Test Cricket...
	411 TNT SPORTS 2	‹ 6.30 Test Cricket...	7.30 UTMB World Series Highlights		8.45 UCI Mountain Bike World Series Women – Live			10.00 UCI Mountain Bike World Series Men...	

‹ Denotes programmes starting before 7.00pm † Regions vary

FRIDAY

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BBC1

101 101 | 101 | 1 | 101 | 101 | 1

6.00 AM **Breakfast** (S)
9.30 **Morning Live** New edition (S)
10.45 **SAS: Catching the Criminals** (S)(R)
11.15 **Homes Under the Hammer** (S)(R)
12.15 PM **Bargain Hunt** New edition (S)
1.00 **BBC News** (S)
1.35 **Local News** (S)
1.45 **BBC News** (S)
2.00 **Sister Boniface Mysteries** *Stiff Competition:* 7/12. A death occurs at the local talent show. Guest stars John Thomson. (S2) (S)(R)(AD)
2.45 **Escape to the Country** (S)(R)
3.45 **The Travelling Auctioneers** James Broad and JJ Chalmers help a Wolverhampton couple with a passion for collecting. (S)(R)
4.30 **The Answer Run** Quiz. (S)(R)
5.15 **Pointless** New edition Quiz. (S)
6.00 **BBC News** (S)
6.30 **Local News** (S)

9.00 Have I Got News for You

7.00 **The One Show** Clara Amfo and Angellica Bell present the topical show. (S)
7.30 **The Travelling Auctioneers** Auctioneer Izzie Balmer and restoration expert Saf Fakir help a pair of best friends fund a much-needed holiday. (S)(R)

8.00 **NEW SERIES DIY SOS** 1/6. Nick Knowles leads a team of experts in Leicester helping seven-year-old Isla, a determined little girl born with a rare genetic condition, who dreams of living more independently. (S)(AD)

9.00 **NEW SERIES Have I Got News for You** 1/10. Victoria Coren Mitchell hosts. *See feature, p11.* (S)(AD)
9.30 **NEW SERIES How Are You? It's Alan (Partridge)** 1/6. *See feature, page 8.* (S1) (S)
■ Entire series on BBC iPlayer

10.00 **BBC News** (S)
10.30 **Local News** (S)
10.40 **The Graham Norton Show** New edition Singer Taylor Swift talks to Graham on the day her new album *The Life of a Showgirl* is released. Also on the sofa are Cillian Murphy, Greta Lee, Jodie Turner-Smith and Domhnall Gleeson. Plus, Lewis Capaldi performs *Something in the Heavens*. (S)
11.30 **RuPaul's Drag Race UK** (S)(R)
12.40 AM **FILM Alan Partridge: Alpha Papa** Comedy starring Steve Coogan. Incompetent broadcaster Alan Partridge strives to become a hero during a hostage crisis. (S)(AD) (2013, 15, 85min) ★★★★
2.05 **Weather for the Week Ahead** (S)
2.10 **to 6.00** AM **BBC News** (S)

BBC2

102 102 | 102 | 2 | 102 | 102 | 2

6.15 AM **A to Z of TV Gardening** (S)(R)
7.00 **Homes Under the Hammer** (S)(R)
8.00 **Sign Zone: Michael Portillo's 200 Years of the Railways** (S)(R)(AD)
9.00 **BBC News** (S)
12.30 PM **Political Thinking with Nick Robinson** Topical discussion. (S)
1.00 **Impossible** Quiz show. (S)(R)
1.45 **Bridge of Lies** Game show. (S)(R)
2.30 **Unbeatable** Quiz show. (S)(R)
3.15 **Great British Menu** (S)(R)
4.15 **Mountain Gorilla** (S)(R)(AD)
5.15 **Flog It!** Paul Martin hosts from Penrhyn Castle, north Wales. (S)(R)
6.00 **Richard Osman's House of Games** New edition Mark Steel, Melanie Bracewell, Ruth Madeley and Jenny Powell take part. (S)
6.30 **Strictly: It Takes Two** New edition Celebrity superfans look ahead to the weekend. (S)

9.00 Rye Lane

7.00 **Villages by the Sea** Ben Robinson makes an amazing discovery at Norfolk's Holkham Estate. (S)(R)
7.30 **NEW SERIES Jules and Greg's Wild Swim** 1/5. Julie Wilson Nimmo and Greg Hemphill visit Barra. (S)

8.00 **Gardeners' World** New edition Frances Tophill is back at Damson Farm in the Somerset countryside to revel in the atmosphere and abundance in an autumn garden, while Nick Bailey takes a deep dive into plant science. (S)

9.00 **FILM PREMIERE Rye Lane** Romantic comedy starring David Jonsson and Vivian Oparah. A young man is devastated when his partner breaks up with him, then connects with a free spirit facing her own relationship woes. (S)(AD) (2023, 15, 75min) ★★★★ *See review, page 27.* SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
10.15 **QI XS** Sandi Toksvig takes on the world's loneliest frog. (S)(R)
10.30 **Newsnight** (S)

11.00 **FILM Highlander** Sci-fi action thriller starring Christopher Lambert and Sean Connery. (S)(AD) (1986, 15, 115min) ★★★★
12.55 AM **Sign Zone: Panorama – The Truth About Asylum Hotels** (S)(R)
1.25 **Sign Zone: Freddie Flintoff's Field of Dreams – Ultimate Test** (S)(R)
2.25 **Sign Zone: Rob and Rylan's Passage to India** (S)(R)(AD)
3.25 **Sign Zone: Disease X – Hunting the Next Pandemic** (S)(R)(AD)
4.25 **to 6.00** AM **Previews** (S)

ITV1

103 103 | 103 | 3 | 103 | 103 | 3

6.00 AM **Good Morning Britain** (S)
9.00 **Lorraine** (S)
10.00 **This Morning** (S)
12.30 PM **Loose Women** Topical debate from a female perspective. (S)
1.30 **ITV News** (S)
1.55 **Local News** (S)
2.00 **Dickinson's Real Deal** David Dickinson is joined in Burton upon Trent by dealers Mark Stevens, Henry Nicolls, Stuart Hofgartner and Tim Hogarth. (S)(R)(AD)
3.00 **Tenable** A team of five family and friends take part in the quiz show hosted by Warwick Davis. (S)(R)
4.00 **Tipping Point** Game show hosted by Ben Shephard. (S)(R)
5.00 **The Chase** New edition Quiz show hosted by Bradley Walsh. (S)
6.00 **Local News** (S)
6.30 **ITV News** (S)

7.30 Emmerdale

7.30 **Emmerdale** April's life is in tatters, while Gabby and Vinny's relationship is in danger, and Charity hides her guilt. (S)(AD)

8.00 **Coronation Street** Bethany makes a surprise return to Weatherfield, Todd worries about Theo's disappearance, Christina learns Glenda's opinion of her, and Carla confides her doubts about Becky's story to Kit. (S)(AD)

9.00 **NEW SERIES Borderline** *Hens – Part One:* 1/6. Crime thriller starring Amy De Bhrún and Eoin Macken. When a woman's body is found on a Northern Irish beach, Detective Boyd investigates. (S1) (S)
■ Entire series on ITVX

10.00 **ITV News** (S)
10.30 **Local News** (S)
10.45 **FILM Joker** Drama starring Joaquin Phoenix. In Gotham City, Arthur Fleck's mental health issues cause him to embark on a downward spiral of revolution and bloody crime. With Robert De Niro and Zazie Beetz. (S) (2019, 15, 120min) ★★★★ SEX ●●● VIOLENCE ●●● LANGUAGE ●●●
12.45 AM **Teleshopping**
3.00 **The Undercover Police Scandal: Love and Lies Exposed** Women share their experiences dating undercover police officers. (S)(R)
3.50 **Unwind with ITV** (S)
5.05 **to 6.00** AM **Judi Love's Culinary Cruise** (S)(SL)(R)(AD)

+1 hour 203 | 303 | 35 | 112 | 251

CHANNEL 4

104/108 | 104/108 | 108 | 4/7 | 104/110 | 104/106 | 4/8

6.30 AM **The King of Queens** (S)(R)(AD)
7.45 **Everybody Loves Raymond** (S)(R)
9.10 **Frasier** (S5&6) (S)(R)(AD)
11.10 **Undercover Boss USA** (S)(R)
12.05 PM **News** (S)
12.10 **A New Life in the Sun** (S)(R)
1.10 **Car S.O.S** (S)(R)(AD)
2.10 **Countdown** New edition (S)
3.00 **A Place in the Sun** (S)(R)
4.00 **Help! We Bought a Village** New edition In France, Claire and Jo demolish an old barn. (S)
5.00 **Four in a Bed** New edition Payment Day arrives. (S)
5.30 **Come Dine with Me** Hair salon owner Sarah hosts the final dinner party from Leeds. (S)(R)
6.00 **Sun, Sea and Selling Houses** In Málaga, Shani and Andrew help a pair of globetrotters to find a place to call home. (S)(R)

10.00 Mitchell and Webb Are Not...

7.00 **News** (S)

8.00 **The Great British Bake Off: An Extra Slice** New edition 5/10. Lorraine Kelly and AJ Odudu join Jo Brand and Tom Allen to review Chocolate Week, and the hosts also catch up with the latest baker to leave the tent. (S)(AD)

9.00 **Gogglebox** New edition The armchair critics share their opinions on what they have been watching on TV this week, with cameras capturing their instant reactions and lively discussions. (S)(AD)

10.00 **Mitchell and Webb Are Not Helping** New edition 5/6. There's a visit to TV's most wholesome heirloom-repair show. (S)(AD)
■ Entire series on C4 streaming
10.35 **Sarah Millican: Bobby Dazzler** A stand-up special. (S)(R)
11.35 **FILM Anaconda** Adventure starring Jennifer Lopez. A documentary film crew encounter a deadly giant snake in the Brazilian rainforest. (S) (1997, 15, 100min) ★★★
1.15 AM **Ramsay's Kitchen Nightmares USA** (S)(R)
2.05 **Come Dine with Me** (S)(R)(AD)
4.25 **Location, Location, Location** (R)
5.20 **to 6.00** AM **George Clarke's Amazing Spaces** (S)(R)(AD)

+1 hour 204/208 | 304 | 15 | 121 | 252

(S) Subtitles (SL) Signing (R) Repeat (AD) Audio Description

5

105 105 | 105 | 5 | 105 | 105 | 5

5.40 AM **Milkshake!**
9.15 **Jeremy Vine** (S)
11.30 **Storm Huntley** (S)
12.30 PM **Vanessa** (S)
1.40 **News** (S)
1.45 **Home and Away** (S)(R)(AD)
2.20 FILM PREMIERE **In Her Likeness** Thriller with Maddison Bullock and Brooke Burfitt. (S) (2024, PG, 100min) ★★
4.00 **The Cruise: Fun-Loving Brits at Sea** New edition In Porto, Graham and Lewis try out tile painting, before heading off for a decadent lunch. (S)
5.00 **News** (S)
6.00 **Isle of Wight: Jewel of the South** 4/4. Café owner Vivette Fryatt plans a barbecue for the Sandown Carnival. (S)(R)
6.55 **News** (S)

8.00 **Grand Day Out**

7.00 **Wetherspoons vs Toby Carvery: Which Is Better** Chef and taste-tester Philippa Davis reviews some of Wetherspoons' and Toby's most popular meals. (S)(R)
7.55 **News** (S)

8.00 **Susan Calman's Grand Day Out** New edition Susan takes a road trip around the Borders, the east coast and Edinburgh. After visiting Scotland's National Museum of Flight, she takes a look at the Union Bridge. (S)

9.00 **Ellis** 3/3. Following the report of two missing honeymooners, Ellis and Harper are called to the village of Brindleton. With the newlyweds' phones found at the edge of a dangerous stretch of river, the working theory becomes that of a murder-suicide. But when a severed hand is found near the newlyweds' camper van, it becomes clear that the pair have met with foul play. Stars Sharon D Clarke. (S1) (S)(R)(AD)

11.00 **Piers Morgan Uncensored** New edition Highlights from the presenter's YouTube show. (S)
12.55 AM **Entertainment News** (S)
1.00 **PlayOJO Live Casino Show** (S)
3.00 **Friends** (S3) (S)(R)(AD)
3.50 **The Wonderful World of Gold** The gold watch industry. (S)(R)
4.40 **The Highland Vet** (S)(SL)(R)
5.30 **to 5.40** AM **Entertainment News** (S)

+1 hour 205 305 38 128 253

SKY SHOWCASE

106 106 | 109 | 340 | 355

6.00 AM **Sky News Breakfast**
7.00 **Breakfast with Anna Jones**
8.00 **Border Patrol** (S)(R)
9.00 **Stargate Universe** (S)(R)(AD)
11.00 **Ireland's Wild Islands with Eoin Warner** (S)(R)
12.00 NOON **The Simpsons** (S)(R)
1.00 PM **Hawaii Five-0** (S)(R)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **The Simpsons** *The Ned-liest Catch:* Ned Flanders and Mrs Krabappel embark on a whirlwind romance. (S)(R)
5.30 *Treehouse of Horror XXI:* A trio of Halloween tales. (S)(R)
6.00 **The Office (US)** 8/19. Part two of two. Michael attempts to run away, but Jan finds him. (S)(R)
6.30 9/19. The staff are asked to appear in an advert. (S4) (S)(R)

9.35 **The Paper**

7.00 **The F1 Show** A look ahead to this weekend's Singapore Grand Prix, the 18th round of the season, staged at Marina Bay Street Circuit. (R)

8.00 **An Idiot Abroad 2** 6/8. Karl Pilkington travels along America's Route 66. Activities during the journey include performing with a high-school choir and a cuddle party with New Age therapists. (S)(R)

9.00 **The Paper** New episode *Matching Ponchos:* 9/10. Ned and Mare meet with a possible cult leader. (S)(AD)
9.35 Series finale *The Ohio Journalism Awards:* 10/10. Ned stifles his desire to win at the Ohio Journalism Awards. (S1) (S)(AD)

10.10 **Peacemaker** New episode *Like a Keith in the Night:* 7/8. Action comedy with John Cena. (S2)

10.50 **Josh Widdicombe: Bit Much...** Stand-up show from the London Palladium. (S)(R)
12.00 M'T **Sex and the City** (S)(R)
1.10 AM **The Force: Manchester** Officers raid a Rochdale property that is believed to house a cannabis factory. (S)(R)
2.05 **Road Wars** (S)(R)(AD)
3.00 **Magnum P.I.** (S5) (S)(R)(AD)
4.00 **NCIS: New Orleans** (S7) (S)(R)
5.00 **Road Wars** Vehicle crime. (S)(R)
5.30 **to 6.00** AM **Monkey Life** (S)(R)

+1 hour 206

LOCAL VARIATIONS

BBC1

SCOTLAND
Sky 964, Virgin 862, Freesat 964
11.15am-12.15pm Homes Under the Hammer (S)(R) **7.30-8.00pm** Landward (S)(R) **11.30** A View from the Terrace (S)(R) **12.15am** RuPaul's Drag Race UK (S)(R) **1.25** FILM Alan Partridge: Alpha Papa: Comedy starring Steve Coogan. (S)(AD) (2013, 15, 85min) ★★★★ **2.50** Weather for the Week Ahead (S) **2.55-6.00am** BBC News (S)

N. IRELAND
Sky 966, Virgin 863, Freesat 966
6.55-7.00pm Party Political Broadcast (S)(R)

WALES
Sky 965, Virgin 864, Freesat 965
No variations

BBC2

N. IRELAND
Sky 969, Freesat 969
No variations

WALES
Sky 968, Freesat 968
No variations

ITV1

As main ITV1 except:

WALES
7.00-7.30pm Coast & Country New edition (S)

S4C

Sky 134, Virgin 164, Freesat 120
6.00am Cyw **12.00noon** Newyddion a'r Tywydd **12.05pm** Bwyd Epic Chris (AD) **12.30** Heno **1.00** Rhys Patchell: Japan a'r Gic Olaf **1.30** Codi Hwyl (AD) **2.00** Newyddion a'r Tywydd **2.05** Prynhawn Da New edition **3.00** Newyddion a'r Tywydd **3.05** Cyfrinachau'r Llyfrgell **4.00** Awr Fawr **5.00** Stwnsh **6.00** Bwyd Epic Chris (AD) **6.30** Garddio a Mwy **6.57** Newyddion **7.00** Heno New edition **7.30** Newyddion a'r Tywydd **7.50** LIVE Clwb Rygbi **10.10** GISDA: Drws I'r Digartre New edition (AD) **10.40-11.45pm** Ty Ffit

TV&Satellite week
New issue on sale now

BBC3

115/117/121 118 | 107/113 | 23 | 107 | 107 | 10

BBC3 programmes start at 7.00pm

7.00 PM **The Catch Up**
7.05 LIVE **Match of the Day: Women's Super League** Manchester United v Chelsea: The top-flight match from Leigh Sports Village. Chelsea won all three meetings between the teams last season, prevailing 1-0 home and away in the league and 3-0 in the FA Cup final. Kick-off is at 7.30.
9.45 FILM **Scary Stories to Tell in the Dark** Horror starring Zoe Margaret Colletti. A woman turns her tortured life and horrible secrets into scary stories, which become all too real for a group of unsuspecting teens. (2019, 15, 108min) ★★★
11.25 **Juice** 5/6. Guy and Jamma visit Guy's family home. **11.55** 6/6. Guy's book launch finds the venue double-booked with a wedding. (S2)
12.20 AM **Bump** 9&10/10. (S3)
1.25 **RuPaul's Drag Race UK**
2.35 **Charlie Cooper's Myth Country** Stonehenge.
3.05 **to 3.55** AM **Juice**

BBC4

116 119 | 107/108 | 9/24 | 106 | 108 | 11

BBC4 programmes start at 7.00pm

7.00 PM **TOTP: 1998** Featuring B*witched, Matthew Marsden and Jungle Brothers. **7.30** Performances from Billie, Celine Dion, Bee Gees and Another Level.
8.00 **TOTP: 1981** Music from The Tweets, Toyah, Altered Images and Gidea Park.
8.30 **TOTP: 1992** Featuring Stereo MC's, Status Quo and Crowded House.
9.00 **Country Kings at the BBC** Performances by male country singers, including Garth Brooks, Johnny Cash and The Everly Brothers.
10.00 **Kenny Rogers in Concert** The country music singer in a TV special from 1979.
10.50 **Tammy** The country music star sings her favourite songs.
11.15 **The Old Grey Whistle Test Special: Emmylou Harris** A performance from 1977.
11.55 **Emmy Harris: From a Deeper Well** A profile.
12.55 AM **Kenny Rogers in Concert** As 10.00pm.
1.40 **TOTP: 1998** Double bill.
2.40 **to 3.10** AM **TOTP: 1992**

MORE4

136/137 127 | 147 | 18 | 124 | 15

8.55 AM **A New Life in the Sun**
11.00 **Chateau DIY** Double bill.
1.05 PM **Four in a Bed**
3.50 **Car S.O.S** Fuzz Townshend and Tim Shaw restore a 1994 Vauxhall Cavalier Turbo. **4.50** Tim and Fuzz are taking on their 100th car and their first electric conversion.
5.50 **Location, Location, Location** Kirstie Allsopp and Phil Spencer catch up with two first-time buyers. **6.55** The duo help house-hunters in north London.
7.55 **Grand Designs** Following a project to convert a derelict water tower in central London into a luxury home, complete with a room at the top offering 360-degree views across the capital.
9.00 NEW SERIES **The Wall: The Orchard** 1/8. French drama starring Isabel Richer. Céline Trudeau heads back to her hometown, and discovers that a body has been dug up in her Uncle Leopold's apple orchard. Subtitled. (S3)
10.00 **24 Hours in A&E** The cases of patients whose visions of the world are rocked by life-changing events.
11.05 **24 Hours in A&E** A 66-year-old woman is struggling to breathe.
12.10 AM **999: On the Front Line**
1.15 **24 Hours in A&E**
3.25 **to 3.50** AM **Food Unwrapped**

+1 hour 236/237 347 125

E4

135/136 126 | 106 | 13 | 122 | 13

6.00 AM **Modern Family**
6.50 **Ramsay's Kitchen Nightmares USA**
7.50 **Married at First Sight UK**
9.00 **The Simpsons**
10.00 **The Big Bang Theory**
11.00 **Modern Family**
12.00 NOON **The Big Bang Theory** 7-10/24. (S8)
2.00 PM **Brooklyn Nine-Nine**
3.00 **The Simpsons**
4.00 **Married at First Sight UK**
5.05 **The Big Bang Theory**
6.00 **The Simpsons** Double bill.
7.00 **The Simpsons** *In the Name of the Grandfather:* Homer and Grampa visit Ireland. **7.30** *The Wreck of the Relationship:* Homer and Bart embark on a father-son bonding ocean voyage.
8.00 **First Dates** A date gets off to a rocky start when 39-year-old Craig reveals that he has three children – all with different mothers.
9.00 FILM **Notting Hill** Romantic comedy starring Julia Roberts and Hugh Grant. A divorced Notting Hill bookshop owner hesitantly woos an American movie star. With Rhys Ifans. (1999, 15, 120min) ★★★★
11.30 **Naked Attraction**
1.35 AM **Gogglebox**
2.35 **Below Deck**
3.25 **The Simpsons**
3.50 **The Big Bang Theory**
4.40 **to 6.00** AM **Modern Family**

+1 hr 235/236 306 30 123 256

FRIDAY Entertainment

Friday

Sky Witness

107 107 110 341 356

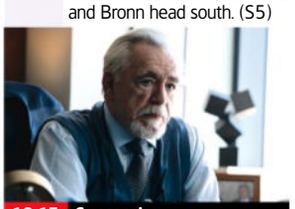
6.00 AM **Motorway Patrol**
7.00 **Border Security: America's Front Line** Double bill.
8.00 **Border Patrol**
9.00 **Nothing to Declare UK**
9.30 **Border Security USA**
10.30 **Caught Red Handed**
12.00 NOON **FBI** 10/13. (S6)
1.00 PM **FBI: International** (S3)
2.00 **FBI: Most Wanted** 10/13. The Fugitive Task Force go on the hunt for the killer when a federal judge is shot dead. (S5)
3.00 **Caught on Dashcam**
4.00 **Nothing to Declare**

9.00 Law & Order: SVU

Sky Atlantic

108/109 108/109 342 357

6.00 AM **The Guest Wing**
7.00 **Urban Secrets**
8.00 **Boardwalk Empire** (S2)
10.10 **Perry Mason** 5&6/8. (S2)
12.25 PM **Game of Thrones** (S4)
1.30 **My Brilliant Friend** 4/8. (S1)
2.30 **Boardwalk Empire** (S3)
4.40 **Homicide: Life on the Street** 16/22. The detectives try to solve the murder of a girl. **5.45** 17/22. Motel guests become possible suspects in a murder case. (S4)
6.50 **Game of Thrones** 4/10. Jaime and Bronn head south. (S5)

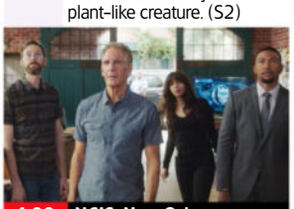


10.15 Succession

Sky Max

113/114 109/110 111 346 361

6.00 AM **Hawaii Five-0** (S3)
8.00 **The Flash** 10/20. (S8)
9.00 **Stargate Universe** (S2)
11.00 **SEAL Team** 7/16. (S4)
12.00 NOON **The Flash** 11/20. (S8)
1.00 PM **Hawaii Five-0** (S3&4)
3.00 **Magnum P.I.** 19/20. (S5)
4.00 **NCIS: New Orleans** 1/16. (S7)
5.00 **SEAL Team** 6/16. Ensign Davis tracks Ray's location to a shipping container in the Mediterranean. (S4)
6.00 **Stargate Universe** 5/20. Scott is attacked by a plant-like creature. (S2)

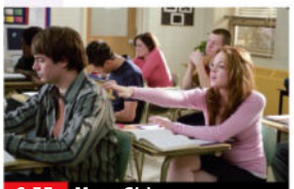


4.00 NCIS: New Orleans

ITV2

118 122 115 6 113 6

6.00 AM **Highlights**
8.40 **Billie and Greg**
9.35 **The Only Way Is Essex**
10.20 **Real Housewives of Potomac**
11.10 **Real Housewives of New Jersey** Reality series.
12.05 PM **Dinner Date**
1.05 **Billie and Greg**
2.05 **The Only Way Is Essex**
3.05 **Real Housewives of Cheshire**
4.05 **Real Housewives of Potomac** New edition Reality series.
5.00 **Real Housewives of New...**
5.55 **Celebrity Catchphrase**



6.55 Mean Girls

ITV3

119 123 117 10 115 7

6.00 AM **The Royal**
7.10 **Classic Emmerdale**
8.20 **Classic Coronation Street**
9.20 **Doc Martin** 5/8. (S6)
10.25 **The Royal** *Thinking Too Hard.*
11.25 **Heartbeat** Double bill.
1.30 PM **Classic Emmerdale**
2.30 **Classic Coronation Street**
3.30 **Downton Abbey** 3/9. The officers arrive at Downton. (S2)
4.50 **Doc Martin** 6/8. Penhale spreads mass panic about asbestos in the village. (S6)
5.55 **Heartbeat** *Dog Collar:* A local church is burgled.

11.55 Wire in the Blood

7 PM

7.00 Caught on Dashcam Road disasters captured on video by drivers' dashboard cameras.

7.55 Game of Thrones *Kill the Boy:* 5/10. Jon enlists the help of an unexpected ally, Daenerys makes a decision in Mereen, and Theon remains under Ramsay's control. (S5)

7.00 Stargate Universe *Trial and Error:* 6/20. Chloe worries an alien influence has begun to affect her mind and body. (S2)

6.55 FILM Mean Girls Teen comedy starring Lindsay Lohan as a 15-year-old girl who moves from Africa to America and finds that she must learn a new law of the jungle when she enrols in an Illinois high school. (2004, 12, 97min) ★★★★ SEX ●●● VIOLENCE ●●● LANG ●●●

6.55 Heartbeat *Gabriel's Last Stand:* A former MP's past catches up with him just as he is planning a comfortable retirement.

8 PM

8.00 Caught on Dashcam Documentary showcasing road disasters, captured by drivers' in-vehicle dashboard cameras.

8.00 An Idiot Abroad 2 6/8. Karl Pilkington heads across the Atlantic to travel along America's Route 66 highway.

8.00 Foyle's War *Trespass:* The son of a high-profile Jewish businessman is attacked in the grounds of a university, leaving Foyle to consider the possibility that the attack was racially motivated.

9 PM

9.00 Law & Order: Special Victims Unit *Children of Wolves:* 9/13. Benson helps Noah come to terms with the past.

9.00 Task *All Roads:* 4/7. Perry searches for answers within the gang and Maeve casts doubt on Robbie's exit plan. (S1)

9.00 The Paper New episode 9/10. Ned and Mare meet with a possible cult leader. **9.35** Series finale 10/10. Oscar comes to terms with the documentary. (S1)

9.00 Big Brother: Live Eviction New edition The most unpopular housemates face a public vote.

10 PM

10.00 Law & Order: Special Victims Unit *Combat Fatigue:* 9/13. Carisi awaits the verdict in Maddie's kidnapping case. (S25)
11.00 **The Equalizer** 17&18/18. (S3)
1.00 AM **The Good Doctor** 8/20. Shaun meets Lea's parents for the first time. (S4)
2.00 **Law & Order: Special Victims Unit** 5&6/13. (S25)
4.00 **Nothing to Declare**
5.00 **to 6.00** AM **Road Wars**

10.15 Succession *Too Much Birthday:* 7/9. Shiv and Roman try to arrange a meeting with Lukas Matsson. (S3)
11.25 **The Sopranos** 3/13. Silvio and Ralph try to ensure the Columbus Day parade takes place no problems. (S4)
12.30 AM **Gomorrah** (S4)
2.25 **Game of Thrones** (S5)
4.35 **In Treatment** (S1)
5.05 **to 6.00** AM **The Guest Wing**

10.10 Peacemaker New episode 7/8. Action comedy starring John Cena. (S2)
10.50 Romesh: Can't Knock the Hustle 2/4. Romesh Ranganathan heads to a motivational speaker's boot camp in Arizona.
11.50 **The Force: Manchester**
2.00 AM **Road Wars** Documentary.
3.00 **Magnum P.I.** 19/20. (S5)
4.00 **NCIS: New Orleans** (S7)
5.00 **to 6.00** AM **Highway Patrol**

10.15 Big Brother: Late & Live New edition AJ Odudu and Will Best present the live companion show.
11.05 **NEW SERIES American Dad!** 1/22. Stan, Francine and Roger plot to rob a bank. (S20)
11.35 **Family Guy** (S13&12)
12.35 AM **American Dad!** (S15)
1.05 **Plebs** 3&4/9. (S5)
2.05 **Totally Bonkers Guinness World Records**
2.35 **to 3.00** AM **Unwind with ITV**

10.00 Foyle's War *Elise:* Last episode. When Hilda is targeted by an assassin, Foyle suspects the shooting may be linked to a traitor within the Special Operations Executive.
11.55 Wire in the Blood 2/4. Excavation work at a hotel unearths the remains of recent murder victims. (S2)
1.40 **to 2.30** AM **Unwind with ITV**

+1 hour 207 310 | +1 hour 208/209 | +1 hour 218 315 29 114 254 | +1 hour 219 317 116

BBC Scotland

SCOT 115 120 108 9 106 106 8
UK 180 173/176 162 110 53

12.00 NOON **This Is BBC Scotland**
7.00 PM **Reporting Scotland**
7.30 **LIVE Sportscene: Championship Football** Coverage of a match from the second tier as the competition won by Falkirk last season continues. Kick-off 7.45.
10.00 **Still Game** 2/6. Jack and Victor become radio DJs at the hospital, but Winston is not impressed with the venture. (S4)
10.30 **NEW SERIES A View from the Terrace** Craig G Telfer takes a sideways look at Scottish football.
11.15 **Best of Only an Excuse?** 2/4. Highlights of the comedy starring Jonathan Watson and Alistair McGowan.
11.45 PM **to 12.00** M'T **Growing Up Scottish** Comedians and entertainers remember their school days.

Sky Comedy

114/115 112/113 112 347 362

8.00 AM **Will & Grace** (S3)
9.00 **The Conners** (S5)
10.00 **Sex and the City** (S6)
11.20 **Girls** 3&4/10. (S5)
12.30 PM **The Office (US)**
1.30 **The Conners** (S1)
2.30 **The Office (US)** (S4)
3.30 **Will & Grace** (S3)
4.30 **Sex and the City** (S6)
5.45 **The Office (US)** (S4)
6.45 **Will & Grace** (S3)
7.45 **Sex and the City** 18/20. Aleksandr finally meets Carrie's friends. **8.25** 19/20. Part one of two. Carrie prepares to leave New York. (S6)
9.00 **Katherine Ryan: Missus** Stand-up performance.
10.15 **And Just Like That...** *Under the Table:* 5/12. Carrie deals with some noisy neighbours. (S3)
11.10 **Entourage** (S6)
12.10 AM **Girls** 7&8/10. (S2)
1.25 **Veep** 4&5/10. (S3)
2.45 **Curb Your Enthusiasm**
3.40 **to 5.00** AM **Silicon Valley**

Sky Arts

124/125 114/115 123 36 143 24 350 365

6.00 AM **Classic FM's Rising Stars** Double bill.
8.00 **Artist of the Year**
9.00 **Tales of the Unexpected**
10.00 **Hitchcock Presents**
11.00 **The Directors**
12.00 NOON **Discovering**
1.00 PM **Tales of the...**
2.00 **Celebrity Portrait Artist of the Year**
3.00 **The Art Mysteries**
4.00 **The Directors**
5.00 **Discovering**
6.00 **Tales of the Unexpected**
7.00 **Hitchcock Presents**
8.00 **Dolly Parton: Song by Song** Double bill.
9.00 **Opry Live** New edition
10.00 **Bob Marley: Uprising!**
12.30 AM **FILM Midnight Movies: From the Margin to the Mainstream** Documentary. (2005, 18, 86min) ★★★★
2.25 **Women Who Rock**
3.40 **Classic Albums**
5.00 **to 6.00** AM **The Art of the Garden**

Sky Mix

151 158 135 11 141 23

7.00 AM **Motorway Patrol**
8.00 **Border Security: Canada's Front Line**
9.00 **Nothing to Declare**
11.00 **Highway Patrol**
12.00 NOON **Border Security: Canada's Front Line**
1.00 PM **Border Patrol**
2.00 **Nothing to Declare**
4.00 **Stargate Atlantis** (S1)
5.00 **Stargate SG-1** (S8)
6.00 **Star Trek: Voyager** (S2)
7.00 **Star Trek: The Next Generation** 18/26. (S3)
8.00 **Star Trek: Deep Space Nine** *To the Death:* 23/26. The crew join forces with Jem'Hadar soldiers. (S4)
9.00 **Forensics: Catching the Killer** Double bill.
11.00 **Grimm** 16/22. (S1)
12.00 M'T **World's Most Evil Killers** Rodney Alcala.
1.00 AM **Nothing to Declare**
2.00 **Brit Cops: War on Crime**
3.00 **Highway Patrol**
4.00 **Border Patrol**
5.00 **to 6.00** AM **Highway Cops**

ITV Quiz

131/132 125 119 28 119 22

9.00 AM **Lingo** Quiz show.
10.00 **Tipping Point** Triple bill of the quiz show.
1.00 PM **Lingo** Quiz show.
2.00 **Tenable** Quiz show hosted by Sally Lindsay.
3.00 **Ant & Dec's Limitless Win** Best friends Terri and Jess compete.
4.00 **Tenable** A team of running club friends take part in the quiz hosted by Sally Lindsay.
5.00 **Deal or No Deal** Double bill of the quiz hosted by Stephen Mulhern as a contestant takes on the Banker.
7.00 **Lingo** Double bill of the word-based quiz show hosted by Adil Ray.
9.00 **Wheel of Fortune** Graham Norton hosts the game show.
10.00 **Tipping Point** Triple bill of the arcade-themed quiz show hosted by Ben Shephard.
12.50 AM **Wheel of Fortune**
1.45 **to 2.00** AM **Unwind**

Great! TV

157 167 170 34 32

8.00 AM **Diagnosis Murder**
10.00 **Little House on the Prairie** 3&4/24. (S6)
12.00 NOON **Highway to Heaven** 13/25. (S3)
1.00 PM **Diagnosis Murder**
3.00 **Murder, She Wrote**
4.00 **Danielle Steel's Zoya** 2/2. Melodrama.
6.00 **Rumpole of the Bailey**
7.00 **Rising Damp** 7/7. (S3)
7.30 **Man About the House**
8.00 **A Fine Romance** (S4)
8.30 **Home to Roost** 1/7. (S4)
9.00 **FILM King Arthur** Action adventure starring Clive Owen and Keira Knightley. (2004, 12, 126min) ★★★
11.35 **Rising Damp** 7/7. (S3)
12.05 AM **Man About the House** 2/6. (S4)
12.35 **M*A*S*H** 19&20/24. (S1)
1.35 **Home to Roost** 1/7. (S4)
2.05 **A Fine Romance** (S4)
2.30 **Danielle Steel's Zoya**
4.05 **to 4.50** AM **Highway to Heaven**

+1 hour 257

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

ITV4

120 124 118 26 117 21

6.00 AM **The Best of the 90s**
6.15 **The Saint**
7.15 **Kojak** Double bill.
9.25 **Magnum, PI** Double bill.
11.25 **Robin of Sherwood**
12.35 PM **BattleBots**
1.35 **Kojak** Double bill.
3.45 **Magnum, PI** *All for One – Part Two:* Tyler sacrifices himself to save two children. **4.50** *The Love-for-Sale Boat:* Yakuza hitmen attack Thomas.
5.50 **The Saint** *The Best Laid Schemes:* A woman is tormented by a series of calls.

9.00 The Enforcer

6.55 **The Chase Celebrity Special** Jon Sopel, Maisie Summers-Newton, Perri Shakes-Drayton and Brian Conley take part.
8.00 **Ice Road Truckers** Experienced trucker Alex Debogorski is given the task of hauling a massive diamond-ore crusher.
9.00 FILM **The Enforcer** Violent action thriller starring Clint Eastwood as maverick San Francisco cop Harry Callahan, trying to track down a gang of homicidal young hoodlums with the help of a new female partner. (1976, 18, 95min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.05 **Wrestling: AEW Dynamite** Hard-hitting action from the world of All Elite Wrestling.
1.05 AM **Dark Side of the Ring** A look at Japan's Atsushi Onita.
1.55 **BattleBots** The four remaining Champions fight.
2.50 **to 3.00** AM **Unwind with ITV**

+1 hour 220 318 118

Sky Sci-Fi

139/140 116/117 122 348 363

6.00 AM **Most Haunted**
8.00 **Teleshopping**
11.00 **Star Trek: The Next Generation** 6/22. (S2)
12.00 NOON **Star Trek: Enterprise**
1.00 PM **Star Trek: Deep Space Nine** 19/26. (S2)
2.00 **Warehouse 13** 6&7/13. (S2)
4.00 **Star Trek: The Next Generation** 6/22. (S2)
5.00 **Stargate Atlantis** 3/20. Ronon is captured by Tyre. (S5)
6.00 **Star Trek: Enterprise** 23/26. A Vulcan ambassador is transported home. (S1)

6.00 Star Trek: Enterprise

7.00 **Star Trek: Deep Space Nine** *Blood Oath:* 19/26. Three Klingon warriors attempt to fulfil a deadly promise. (S2)
8.00 **Stargate Atlantis** *Broken Ties:* 3/20. Ronon is captured by former ally Tyre, who plans to give him to the Wraith. (S5)
9.00 FILM **Beowulf** Fantasy horror starring Christopher Lambert. In a besieged land, Beowulf must battle against the hideous creature Grendel and his vengeance seeking mother. With Rhona Mitra. (1999, 15, 95min) ★★
SEX ●●● VIOLENCE ●●● LANG ●●●
11.00 **Grimm** 8/22. A string of brutal murders leads Hank and Nick to an escaped convict. (S1)
11.50 **Chucky** 5/8. Enemies and allies from Chucky's past make a sudden appearance. (S1)
12.40 AM **Warehouse 13** (S2)
2.20 **Westworld** 4/8. (S4)
3.20 **Chucky** 4&5/8. (S1)
5.00 **to 6.00** AM **Most Haunted**

U&Alibi

109/110 120/130 114 343 358

7.15 AM **Murdoch Mysteries** (S15)
9.00 **Father Brown** As 6.00pm.
10.00 **The Mentalist** 7/24. (S3)
11.00 **Hudson & Rex** 7/8. (S7)
12.00 NOON **Body of Proof** (S2)
1.00 PM **Death in Paradise** (S9)
2.00 **Murdoch Mysteries** (S15)
4.00 **The Mentalist** 7/24. (S3)
5.00 **Hudson & Rex** 7/8. Jesse and Stella's band gig goes sour when they become the victims of a mass poisoning. (S7)
6.00 **Father Brown** *The Theatre of the Invisible:* The priest looks into the murder of a landlady.

10.00 Father Brown

7.00 **Body of Proof** *Home Invasion:* 16/20. The team work to uncover the dark secrets of a seemingly perfect family. (S2)
8.00 **Death in Paradise** *Now You See Him, Now You Don't:* 8/8. A blind actor is the only witness to her husband's murder. (S9)
9.00 **Father Brown** *The Blessing of the Father:* A would-be killer seems set to ruin Mrs Devine and Sullivan's big day.
10.00 **Father Brown** *The Theatre of the Invisible:* The sleuthing priest investigates when a landlady is murdered.
11.00 **Death in Paradise** 2/8. A nun is found dead in a smoke-filled bedroom. Guest stars Kenneth Cranham (S2)
12.00 M'T **White Collar** 15/16. (S3)
1.00 AM **Death in Paradise**
2.00 **to 4.00** AM **Murdoch Mysteries**

+1 hour 209/210 314

U&Gold

110/111 121/131 124 344 359

7.00 AM **Highlights**
8.20 **Last of the Summer Wine**
9.40 **Hi-de-Hi!**
10.20 **Porridge**
11.00 **Last of the Summer Wine**
12.20 PM **Don't Wait Up**
1.00 **The Green Green Grass**
1.40 **Dad's Army**
2.20 **Porridge**
3.00 **Last of the Summer Wine**
4.20 **Don't Wait Up**
5.00 **The Green Green Grass**
5.40 **Hi-de-Hi!**
6.20 **Porridge**

7.00 Only Fools and Horses

7.00 **Only Fools and Horses** Del Boy plans a spot of salmon-poaching.
7.40 **Fawlty Towers** Prudish Basil tries to stop an unmarried couple lowering moral standards. **8.25** Basil goes behind Sybil's back to save money on building costs.
9.00 **Fawlty Towers** Rumours of hotel inspectors in town throw Basil into a panic. **9.35** Basil plans an exclusive night of gourmet cuisine.
10.15 **Porridge** Godber takes up boxing and enters the prison championships.
10.55 **Not Going Out** Lucy's first love reappears.
11.35 **Bottom** Eddie hatches a get-rich-quick scheme.
12.15 AM **Fawlty Towers**
1.35 **Not Going Out** As 10.55pm.
2.15 **Bottom** As 11.35pm.
2.45 **Black Ops**
3.20 **to 4.00** AM **Not Going Out**

+1 hour 210/211 324

U&Dave

111/112 130/132 127 19 157 19

7.10 AM **Pointless** Quiz show.
8.00 **Cops on the Rock**
10.00 **Extreme Salvage Squad**
12.00 NOON **Storage Hunters UK**
2.00 PM **Extreme Salvage Squad**
3.00 **Top Gear** Double bill.
5.00 **Rick Stein's Secret France** Rick's tour brings him to Perigord, which is famous for its black truffles and walnuts, as well as duck dishes.
6.00 **Hairy Bikers Everyday Gourmets** Si King and Dave Myers create gourmet party food on a tight budget.

9.00 QI XL

7.00 **Would I Lie to You?** With guests Sean Lock, Richard Hammond, Judy Murray and Trevor Noah.
7.40 **Richard Osman's House of Games** With Patsy Kensit and Mae Martin. **8.20** Panellists include Shaun Williamson and Kiri Pritchard-McLean.
9.00 **QI XL** Guests David Mitchell, Jo Brand and Sean Lock join regular panellist Alan Davies and host Stephen Fry.
10.00 **Have I Got a Bit More News for You** Clive Myrie hosts the satirical quiz, with guests Helen Lewis and Andy Hamilton.
11.00 **8 Out of 10 Cats** Guests Sara Pascoe, Al Porter, the Rev Kate Bottley and Dr Xand van Tulleken join the regulars.
11.40 **Mock the Week**
12.20 AM **Would I Lie to You?**
1.40 **Survivor South Africa**
3.35 **to 4.00** AM **Judge Romesh**

+1 hour 211/212 327 74 259

7 PM
8 PM
9 PM
10 PM

4seven

137/138 163 143 49 127 16

9.00 AM **Car S.O.S**
10.00 **Sun, Sea and Selling Houses** From Almeria.
11.00 **Help! We Bought a Village** From France.
12.00 NOON **George Clarke's Amazing Spaces**
1.00 PM **A Place in the Sun**
3.00 **Come Dine with Me**
5.30 **Four in a Bed**
6.00 **A Place in the Sun**
7.00 **Kirstie and Phil's Love It or List It**
8.00 **George Clarke's Homes in the Wild**
9.00 **24 Hours in A&E** A 10-year-old is brought in after being hit accidentally by a forklift truck driven by his dad.
10.00 **Catching My Stalker**
11.05 **Gogglebox**
12.05 AM **Celebrity Gogglebox**
1.05 **Big Fat Quiz: Best Bits**
2.10 **Taskmaster**
3.10 **Mitchell and Webb Are Not Helping**
3.45 **to 4.45** AM **Jamie: What to Eat This Week**

5USA

141/169 129 120/162 21 129 29

9.00 AM **Entertainment News**
9.10 **NCIS** 17-19/24. (S10)
12.00 NOON **Law & Order**
6.00 PM **NCIS** *Alibi:* 8/24. A sergeant's alibi for a hit-and-run is that he was killing someone else. **7.00** *Gut Check:* 9/24. A covert listening device is found in a pen belonging to the Secretary of the Navy. **8.00** *Devil's Triad:* 10/24. The team investigate when a US Marine is found shot dead. (S11)
9.00 **Person of Interest** *Reasonable Doubt:* 4/23. A prosecuting attorney is suspected of murdering her husband. **10.00** *Razgovor:* 5/23. Shaw protects a 10-year-old girl from the Russian mafia. (S3)
11.00 **Law & Order: Special Victims Unit** (S22&21)
2.50 **to 3.50** AM **Criminal Minds**

+1 hr 241/269 320/362 130

5STAR

128/129 128 126 32 131 25

8.00 AM **Bargain-Loving Brits in the Sun**
10.00 **Shoplifters: Caught Red Handed**
11.00 **Traffic Cops** Triple bill.
2.00 PM **Police Interceptors**
4.55 **Operation Pet Rescue** New edition
6.00 **Home and Away**
7.00 **GPs: Behind Closed Doors** Medical series.
8.00 **Casualty 24/7: Every Second Counts**
9.00 FILM **The Dark Tower** Fantasy adventure. (2017, 12, 95min) ★★
10.55 **Motorway: Hell on the Highway** A van takes to the air when it misjudges a roundabout. **11.55** A driver dozes off behind the wheel.
12.55 AM **Banged Up Abroad**
1.55 **Bargain-Loving Brits in the Sun**
2.45 **Police Interceptors**
3.35 **to 4.00** AM **Home and Away**

+1 hour 228/229 326 140

5Action

150 165 130 33 132 26

9.00 AM **Entertainment News**
9.15 **Motorway Patrol**
9.40 **Trucking Hell**
10.40 **Traffic Cops**
11.40 **Police Interceptors**
1.40 PM FILM **Two Mules for Sister Sara** Western. (1969, 15, 114min) ★★★
4.00 **Trucking Hell**
5.00 **Traffic Cops**
6.00 **Police Interceptors** Mike and Jo track a VW Golf involved in a robbery. **7.00** An uninsured motorist pretends to be his 52-year-old father. **8.00** Reports of gunshots at a party lead to a firearms operation.
9.00 FILM **Total Recall** Sci-fi action thriller. (1990, 15, 109min) ★★★
11.20 **Police Code Zero: Officer Under Attack**
12.20 AM **MacGyver** 1/22. (S3)
1.20 **Extreme Tow Truckers**
2.20 **Trucking Hell**
3.25 **Motorway Patrol**
3.50 **to 4.00** AM **Entertainment News**

U&W

132/133 131/133 125 25 156 28

6.10 AM **One Born Every Minute** Documentary.
7.00 **Tipping Point**
10.00 **Property Brothers: Forever Homes**
1.00 PM **Tipping Point**
4.00 **Property Brothers: Forever Homes**
6.00 **DIY SOS: The Big Build**
7.00 **MasterChef Australia** New edition The final seven contestants must deal with a Mystery Box filled with garlic.
8.00 **Inside the Ambulance** A pensioner is involved in a domestic assault.
9.00 **999 Rescue Squad** The team race to the rescue of a worker trapped in a collapsed trench. **10.00** A truck driver is trapped in his cab.
11.00 **Absolutely Fabulous**
1.00 AM **Interior Design Masters with Alan Carr**
2.15 **to 3.00** AM **Inside the Ambulance**

+1 hour 232/233 325

U&Drama

143 132/134 116 20 158 20

7.40 AM **Soldier, Soldier**
8.35 **Doctors**
9.50 **Classic Holby City**
10.50 **Classic Casualty**
11.55 **The Bill**
1.00 PM **Classic EastEnders**
2.20 **Soldier, Soldier**
3.20 **Monarch of the Glen**
4.20 **London's Burning**
5.20 **'Allo 'Allo!**
6.00 **Waiting for God**
6.40 **Last of the Summer Wine** Double bill.
8.00 **Father Brown**
9.00 **Sister Boniface Mysteries** New episode *A Murder of Crows:* 2/8. A killer scarecrow wreaks havoc at the annual Scarecrow Festival. (S4)
■ Entire series on U
10.00 **New Tricks**
11.20 **Spooks** 1/8. (S9)
12.40 AM **Lovejoy**
1.40 **'Allo 'Allo!**
2.25 **Waiting for God**
3.00 **to 4.00** AM **A Remarkable Place to Die**

+1 hr 243 316 60 260

FRIDAY Entertainment

Friday

Really

142 150 128 17 145 18

6.00 AM **Fantasy Homes by the Sea** Jurassic Coast.
7.00 **Teleshopping**
8.00 **Salvage Hunters**
11.00 **Escape to the Country**
1.00 PM **Salvage Hunters**
2.00 **Money for Nothing**
3.00 **Antiques Road Trip**
5.00 **The Yorkshire Auction House** Double bill.
7.00 **Antiques Road Trip** Irita Marriott and Mark Hill go treasure hunting in the Fens. **8.00** Mark Hill buys a 1970s motorbike.
9.00 NEW SERIES **Yorkshire Air 999** A man is pinned beneath a tractor.
10.00 **Helicopter ER** A veteran motorcyclist fights for his life. **11.00** A 17-year-old boy is involved in a collision.
12.00 M'T **Celebrity Help! My House Is Haunted**
2.00 AM **Teleshopping**
4.00 **to 6.00** AM **Salvage Hunters**

Challenge

130/131 159 139 48 142 43

7.00 AM **The Chase**
9.00 **Tenable** Double bill.
11.00 **The Chase** Quiz show.
12.00 NOON **Who Wants to Be a Millionaire? Celebrity Special**
1.00 PM **The Bidding Room**
2.00 **Family Fortunes**
3.00 **Bullseye** Double bill.
4.00 **Who Wants to Be a Millionaire? Celebrity Special** Quiz show.
5.00 **The Bidding Room**
7.00 **The Celebrity Chase** With Steve Pemberton, Paula Lane, Ben Miller and Matthew Burton.
8.00 **The Chase** Double bill of the quiz show hosted by Bradley Walsh.
10.00 **Classic Who Wants to Be a Millionaire?** Double bill of the quiz hosted by Chris Tarrant.
12.00 M'T **Bullseye** Double bill of the darts-based quiz.
1.00 AM **The Crystal Maze**
2.00 **The Chase** Triple bill.
5.00 **to 6.00** AM **Bullseye**

Great! Action

323 319 426 42 33

9.10 AM **Tombstone Territory**
9.50 **FILM The Magnificent Seven Ride!** Western sequel. (1972, PG, 100min) ★★★
12.00 NOON **Tombstone Territory** Double bill.
1.00 PM **FILM 40 Guns to Apache Pass** Western. (1966, PG, 95min) ★★
3.20 **Wanted: Dead or Alive**
4.00 **Tombstone Territory**
5.00 **The High Chaparral**
6.00 **The Persuaders!**
7.00 **The Avengers** (S4)
8.00 **The New Avengers**
9.00 **FILM Wild Bill** Walter Hill's Western biopic. (1995, 15, 93min) ★★★
11.10 **FILM The Wonderful Country** Western. (1959, U, 98min) ★★
1.20 AM **The Avengers**
2.20 **The New Avengers**
3.20 **Cops Uncut** Double bill.
4.10 **Wild West Chronicles**
5.00 **to 5.50** AM **Air Rescue**
+1 hour 324

Great! Mystery

321 318 425 50 48

7.10 AM **Sue Thomas: F.B.Eye**
8.00 **FILM What the Nanny Saw** (2022, 12) ★★
10.00 **Unforgettable** (S1)
11.00 **Castle** 11/24. (S2)
12.00 NOON **Hailey Dean Mysteries: Dating Is Murder** Crime drama.
1.55 PM **FILM The Gourmet Detective** (2015) ★★
4.00 **Diagnosis Murder**
5.00 **Murder, She Wrote**
6.00 **Sue Thomas: F.B.Eye**
7.00 **Castle** 12/24. (S2)
8.00 **Unforgettable** (S1)
9.00 **FILM Flower Shop Mystery: Mum's the Word** (2016, U) ★★
10.55 **FILM Perfect Plan** Thriller. (2010, 12) ★★★
1.00 AM **FILM Crash Site: A Family in Danger** (2011)
2.50 **FILM Her Boyfriend's Secret** (2018, 12) ★★
4.25 **Police Ten 7** Double bill.
5.15 **to 6.00** AM **Sue Thomas: F.B.Eye**
+1 hour 322

Great! Christmas

319 317 424 52 47

8.00 AM **FILM A Christmas to Cherish** (2019, U) ★★
10.00 **FILM Northpole** Fantasy. (2014, U, 81min) ★★
12.00 NOON **FILM Northpole 2: Open for Christmas** Fantasy. (2015, U) ★★
2.00 PM **FILM Christmas at Plumhill Manor** Drama. (2024, PG, 85min) ★★
4.00 **FILM The Christmas Cottage** (2017, U) ★★
5.55 **FILM A Christmas Crush** Festive comedy. (2019, PG, 90min) ★
8.00 **FILM Maggie's Christmas Miracle** Drama. (2017, U) ★★
9.55 **FILM The Mistletoe Promise** Festive drama. (2016, U, 84min) ★★
11.50 **FILM Christmas On Ice** Drama. (2020, 15) ★★
1.50 AM **FILM All I Want for Christmas** (2013) ★★
3.25 **to 4.50** AM **FILM Christmas at Plumhill Manor** As 2.00pm.
+1 hour 320

Rewind TV

182 81 141

6.00 AM **Highlights**
10.00 **I Dream of Jeannie**
10.30 **Soap** 18/25. (S1)
11.00 **In Loving Memory** (S3)
11.30 **Haggard** 3/7. (S2)
12.00 NOON **Please Sir!** (S4)
12.30 PM **You're Only Young Twice** 3/8. (S2)
1.00 **FILM His Girl Friday** (1940, b/w, U) ★★★★★
2.45 **We Had One of Those**
2.55 **Mysterious Tales**
3.00 **Bramwell** 3/7. (S1)
4.00 **The Fantastic Journey**
5.00 **A Sharp Intake of Breath** 4/7. (S1)
5.30 **In Loving Memory** (S3)
6.00 **Thick as Thieves** (S1)
6.30 **Soap** 18/25. (S1)
7.00 **Fantasy Island** (S1)
8.00 **Bramwell** 3/7. (S1)
9.00 **Dark Skies** 3/20. (S1)
10.00 **The Fantastic Journey**
11.00 **Brass** 9/13. (S1)
11.30 **Stereo Underground**
12.30 AM **FILM Sasquatch** Mystery. (1976, U) ★★
2.15 **to 6.00** AM **Highlights**

DMAX

159 152 169 39 147 35

6.00 AM **Gold Divers**
8.00 **Deadliest Catch**
10.00 **Maine Cabin Masters**
12.00 NOON **Alaskan Bush People** Documentary.
1.00 PM **Expedition Bigfoot**
2.00 **Expedition Unknown**
3.00 **Alaska: Homestead Rescue** Documentary.
5.00 **Outback Opal Hunters**
7.00 **Deadliest Catch** The crews of *Time Bandit* and *Northwestern* are struggling, so they decide to join forces. **8.00** Josh and John ask Casey and Sig to help tank the fleetwide quota.
9.00 **Wheeler Dealers: Dream Car** Double bill.
11.00 **Ed Stafford: First Man Out** Documentary.
12.00 M'T **Naked and Afraid XL** Double bill.
2.00 AM **Teleshopping**
5.00 **to 6.00** AM **Salvage Dawgs**
+1 hour 259 369 153

Food Network

140/141 154 190 43 148 39

6.00 AM **James Martin's Islands to Highlands**
7.00 **Rachel's Cake Diaries**
8.00 **The Pioneer Woman**
9.00 **Jamie's Easy Meals for Every Day** Double bill.
10.00 **Tom Kerridge's Sunday Lunch** Double bill.
11.00 **Great British Bake Off**
12.30 PM **30 Minute Meals**
1.00 **James Martin's Islands to Highlands**
2.00 **James Martin: Delicious**
3.00 **Rachel's Cake Diaries**
4.00 **The Pioneer Woman**
5.00 **Jamie's Easy Meals...**
6.00 **Tom Kerridge's Sunday Lunch** Double bill.
7.00 **Great British Bake Off**
8.30 **30 Minute Meals**
9.00 **Simple Suppers**
10.00 **Paul Goes to Hollywood**
11.00 **Diners, Drive-Ins and Dives** Four editions.
1.00 AM **Man v Food**
2.00 **to 3.00** AM **Guy's Grocery Games**
+1 hour 240/241 154

Legend

148 156 149 41 137 38

8.00 AM **Walker, Texas Ranger** 15/28. (S1)
9.00 **The Fall Guy** (S4)
10.00 **Charlie's Angels** (S2)
11.00 **FILM The Great Alaskan Race** (2019, PG) ★★
12.40 PM **FILM The People That Time Forgot** Adventure. (1977, U) ★★
2.30 **FILM Journey to the Centre of the Earth** Fantasy adventure. (1959, U, 132min) ★★★
5.00 **Star Trek** 29/30. (S1)
6.00 **Charlie's Angels** (S2)
7.00 **The Fall Guy** (S4)
8.00 **Walker, Texas Ranger**
9.00 **FILM Conan the Barbarian** Adventure. (2010, 15, 112min) ★★
11.10 **FILM Rogue** Horror. (2020, 15, 105min) ★★
1.15 AM **FILM A Reason to Live, A Reason to Die** Spaghetti Western. (1972, PG, 92min) ★★★
3.05 **to 4.50** AM **FILM While She Was Out** Thriller. (2008, 18, 88min) ★★

Legend Xtra

317 316 171 69 138 51

6.00 AM **FILM Biggles: Adventure in Time** As shown at 5.00pm.
8.00 **FILM Shark Lake** Thriller. (2015, 15) ★★
10.00 **Andromeda** 14/22. (S2)
11.00 **FILM Against a Crooked Sky** Western. (1976, PG, 85min) ★★
1.00 PM **FILM Polar Storm** Sci-fi action thriller. (2009, PG, 92min) ★★
3.00 **Andromeda** 14/22. (S2)
4.00 **Six Million Dollar Man**
5.00 **FILM Biggles: Adventure in Time** Time travel adventure. (1986, PG, 108min) ★★
7.00 **Andromeda** 15/22. (S2)
8.00 **Six Million Dollar Man**
9.00 **FILM L.A. Confidential** Crime thriller. (1997, 18, 138min) ★★★★★
11.40 **FILM Paydirt** Thriller. (2020, 15, 86min) ★
1.25 **to 3.00** AM **FILM Aquaslash** Comedy. (2020, 15, 71min) ★★
+1 hour 318 371 139

Blaze

164 169 174 64 161 41

6.00 AM **Dickinson's Real...**
6.40 **Junk and Disorderly**
7.35 **Auction Hunters**
8.00 **Flipping Bangers**
8.55 **Hardcore Pawn**
10.15 **Close Encounters**
11.10 **The UnXplained**
12.10 PM **Secrets in the Ice**
1.05 **Pawn Stars**
2.05 **Junk and Disorderly**
3.05 **Flipping Bangers**
4.00 **Ancient Aliens**
6.00 **UFOs: Lost Evidence**
7.00 **Container Wars**
8.00 **Dickinson's Real Deal**
9.00 **The Proof Is Out There**
10.00 **What on Earth?**
11.00 **The UnXplained: Mysteries of the Universe** Documentary.
12.00 M'T **Paranormal Survivor** Documentary.
1.00 AM **Close Encounters**
2.00 **Ancient Aliens**
3.45 **Court Cam**
4.35 **Hardcore Pawn**
5.00 **to 6.00** AM **Dickinson's Real Deal**

5SELECT

153 166 138 46 133 30

9.00 AM **Inside the Tower of London** Double bill.
11.00 **Ben Fogle: New Lives in the Wild** Tuscany.
12.00 NOON **Cruising with Susan Calman**
1.00 PM **The Yorkshire Vet**
2.00 **Murder, She Wrote**
3.00 **Columbo**
5.00 **Inside Hampton Court Palace** Documentary.
6.00 **Inside the Tower of London** Double bill.
8.00 **Ben Fogle: New Lives in the Wild** Oregon.
9.00 **FILM Keeping Mum** Black comedy starring Rowan Atkinson and Kristin Scott Thomas. (2005, 15, 103min) ★★
11.00 **Prisoner: Cell Block H**
1.00 AM **Inside Hampton Court Palace**
2.00 **Cruising with Susan Calman** South Pacific.
3.00 **Paul Martin's Antiques Showdown**
3.55 **to 4.00** AM **Entertainment News**

HGTV

158 153 191 44 149 40

7.00 AM **Building Alaska**
8.00 **A Place in the Sun**
10.00 **Escape to the Country**
11.00 **My Lottery Dream Home** Six editions.
2.00 PM **A Place in the Sun**
3.00 **Derelict Rescue**
4.00 **Escape to the Country**
6.00 **A Place in the Sun**
8.00 **Derelict Rescue** Church pastors Jock and Shirley set out to turn a run-down barn into a home.
9.00 **My Lottery Dream Home** Four editions.
11.00 **Home Town** Ben and Erin Napier help new people moving to their small town of Laurel, Mississippi, to find a house and renovate it into their dream home.
12.00 M'T **A Place in the Sun**
1.00 AM **Building Alaska**
2.00 **Flip or Flop** Double bill.
3.00 **to 4.00** AM **My Lottery Dream Home**
+1 hour 258/262 391

TLC

133/134 139 165

7.00 AM **My Lottery Dream Home** Four editions.
9.00 **Say Yes to the Dress: Lancashire**
10.00 **Say Yes to the Vegas Dress** Reality series.
11.00 **Say Yes to the Dress: Atlanta** Reality series.
12.00 NOON **1000-lb Sisters**
2.00 PM **Breaking Amish: Los Angeles**
3.00 **Outdaughtered: Busby Quints** Double bill.
5.00 **Little People, Big World**
6.00 **My 600lb Life**
8.00 **Dr Pimple Popper**
9.00 **My 600lb Life** At 700 pounds, Ontreon's faith in God kept him going.
11.00 **My Extreme Excess Skin**
12.00 M'T **Sex Sent Me to the ER** Medical series.
1.00 AM **Extreme Couponing**
2.00 **My 600lb Life**
4.00 **Dr Pimple Popper**
5.00 **to 6.00** AM **My Lottery Dream Home**
+1 hour 233/234 365

Comedy Central

112/113 135 132 345 360

8.00 AM **Impractical Jokers**
9.00 **New Girl** (S2)
10.00 **Last Man Standing** (S1)
11.00 **Everybody Loves Raymond** 2-5/26. (S3)
12.55 PM **Last Man Standing**
1.50 **Friends** (S9&10)
9.00 **Michael McIntyre's Big Christmas Show** With Chris Kamara and Katherine Jenkins.
10.00 **Iain Stirling's Roast the Internet** With Tom Allen.
11.00 **Mike Judge's Beavis and Butt-Head** New episode (S3)
11.30 **8 Out of 10 Cats**
12.30 AM **Comedy Central Live**
1.30 **Whose Line Is It Anyway? USA**
2.30 **Reno 911!** 5/13. (S3)
3.00 **The CC Chart Show**
3.05 **Michael McIntyre's Big Christmas Show**
3.50 **The Daily Show** New edition Talk show.
4.15 **to 5.00** AM **Friends**
+1 hour 212/213 332

Comedy Cen. Extra

127/128 136 154 345 360

6.00 AM **Last Man Standing**
7.00 **Teleshopping**
9.00 **Most Ridiculous**
10.00 **Daria** 3&4/13. (S4)
11.00 **Friends** (S8)
1.00 PM **Criminally Funny**
2.30 **Impractical Jokers: The Inspired Unemployed**
3.30 **Takeshi's Castle**
4.00 **Guessable?**
5.00 **Most Ridiculous**
6.00 **Last Man Standing** (S1)
7.00 **Everybody Loves Raymond** 2-5/26. (S3)
9.00 **New Girl** 20/25. The friends travel to Nick's home town of Chicago after a family tragedy. **9.30** 21/25. Nick takes Jess out for dinner. (S2)
10.00 **Friends** 1-4/24. (S9)
12.00 M'T **Tom Allen Absolutely Live**
1.00 AM **Henning Wehn: It'll All Come Out in the Wash** Stand-up show.
2.00 **Key & Peele**
5.15 **to 6.00** AM **Last Man Standing**

Sky Replay

152 160 156

7.00 AM **Sixth Sense with Colin Fry** Double bill.
8.00 **Four Weddings**
10.00 **The Rookie: Feds**
11.00 **The Cleaning Lady** (S2)
1.00 PM **Motorway Patrol**
2.00 **Highway Cops**
3.00 **Road Wars**
4.00 **Caught on Dashcam**
5.00 **Motorway Patrol**
6.00 **Bondi Rescue**
7.00 **The Cleaning Lady** *The Ask:* 9/12. Thony asks Kamdar for help. **8.00** *Trust:* 10/12. Arman and Nadia plan for a dangerous scheme. (S2)
9.00 **SEAL Team** (S3)
11.00 **The Rookie: Feds** (S1)
12.00 M'T **The Russell Howard Hour**
1.00 AM **A League of Their Own** With Big Zuu.
2.00 **Duck Quacks Don't Echo** Lee Mack hosts.
3.00 **Road Wars**
4.00 **Four Weddings**
5.00 **to 6.00** AM **Sixth Sense with Colin Fry**

MTV

126/127 137 134 351 366

6.00 AM **The Hills**
6.25 **16 and Pregnant**
7.10 **Teen Mom UK**
8.00 **Catfish: The TV Show**
12.00 NOON **Catfish: Models**
1.00 PM **Catfish: Firsts**
2.00 **Catfish: The TV Show**
4.00 **Help! I'm in a Secret Relationship!**
6.00 **Catfish UK**
7.00 **Teen Mom 2**
8.00 **MTV Cribs US**
9.00 **Skin A&E** A look at misbehaving lumps.
10.00 **Geordie Stories: Nathan & Dad** Documentary following Nathan Henry and his father Glen, who has terminal cancer.
11.00 **Lindsay Lohan's Beach Club** Lindsay worries that Kailah and Brent are spreading discord.
12.00 M'T **Ink Master Redemption**
1.00 AM **MTV Family Legacy**
2.00 **Grossbusters**
3.35 **to 4.00** AM **The Hills**

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Discovery

125/126 138 177 320 325

6.00 AM **How It's Made**
7.00 **Barnwood Builders**
9.00 **Gold Rush: Mine Rescue with Freddy & Juan**
11.00 **Wheeler Dealers**
1.00 PM **Gold Divers** Double bill.
3.00 **Salvage Hunters** A vintage exercise bike in Liverpool. **4.00** A pub owner who has been hoarding items.
5.00 **Sewer Divers** In Mount Vernon, a clog backs up a neighbourhood's sewer line.
6.00 **Hoffman Family Gold** Todd looks for paydirt in the Lost Cut.

9.00 Expedition Unknown

7.00 **Wheeler Dealers** Mike finds a rare Land Rover Series 1 which becomes a complicated and expensive restoration.

8.00 **Deadliest Catch** Sig steals a tiny hot spot from Keith, while Rick and Bob take a huge wave and lose their electronics.

9.00 **Expedition Unknown** New edition Josh investigates a scandal over Wild West legend Buffalo Bill Cody's remains.

10.00 **Expedition Files** A million-dollar treasure is revealed, and clues from the Zodiac Killer are finally deciphered.

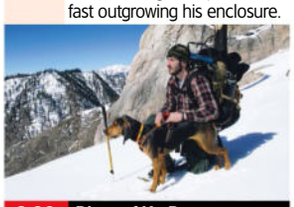
11.00 **Mystery at Blind Frog Ranch** Chad and James research a gold bar found at the Bead Site.
12.00 M'T **Blowing Up History**
1.00 AM **Expedition Unknown**
2.00 **Expedition Files** As 10.00pm.
3.00 **Kindig Customs**
4.00 **to 5.00** AM **Expedition Bigfoot**

+1 hour 225/226 377

Animal Planet

162/175 140 178

8.00 AM **Alaska: Homestead Rescue** Documentary.
9.00 **Fish or Die**
10.00 **Tanked** With Chris Jericho.
11.00 **Animal Cops Houston**
1.00 PM **Crikey! It's the Irwins**
2.00 **Pit Bulls & Parolees**
3.00 **Alaska: Homestead Rescue**
5.00 **Lone Star Law** The Game Wardens have a busy weekend in Texas as they deal with thousands of festival-goers.
6.00 **Dr Jeff: Rocky Mountain Vet** A client brings in a pet who is fast outgrowing his enclosure.



8.00 River of No Return

7.00 **Treehouse Masters** Pete Nelson designs a small beehive-style structure for couple Donald and Alison Farmer.

8.00 **River of No Return** As the winter ice thaws, people living on the bank are forced to navigate the spring rapids.

9.00 **Alaska: The Last Frontier** The Kilchers celebrate Thanksgiving with their friends before the harsh winter ahead.

10.00 **Alaskan Bush People** Bird and Gabe take action when a hungry predator approaches, and Bam Bam must play nice.

11.00 **Pit Bulls & Parolees**
12.00 M'T **Crikey! It's the Irwins** Robert and Terri release some sea turtles near the Great Barrier Reef.
1.00 AM **River of No Return**
2.00 **Treehouse Masters**
3.00 **to 5.00** AM **Animal Cops Houston**

+1 hour 262/275 378

Nat Geographic

129/130 144 183

8.00 AM **Engineering Europe**
9.00 **Air Crash Investigation**
12.00 NOON **Destruction Decoded**
2.00 PM **WW2: Hell Under the Sea** Double bill of editions.
4.00 **Vikings: The Rise and Fall** How the Viking Empire came to an end in 1066.
5.00 **Car S.O.S** A Willys Jeep targeted by arsonists.
6.00 **The Forever Walk: China** Double bill of the documentary series following Paul Salopek and his walking partners as they trek across China.

7.00 Air Crash Investigation

7.00 **Air Crash Investigation** Investigators make a shocking discovery that threatens Russia's aviation system.

8.00 **Air Crash Investigation** Investigators struggle to explain why PenAir 3296 failed to stop after landing at an Alaskan airport.

9.00 **Air Crash Investigation** When an explosion tears a hole in a 747, the search for answers leads to a deadly short circuit

10.00 **Inside Melbourne Airport** Duty manager Dan deals with a check-in outage at the start of the busy school holidays.

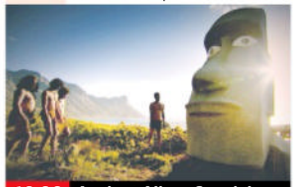
11.00 **Top Guns: The Next Generation** Documentary.
12.00 M'T **Ice Road Rescue**
1.00 AM **To Catch a Smuggler**
2.00 **Lords of War**
2.30 **Money Meltdown**
3.20 **Food Factory** Double bill.
4.10 **to 5.00** AM **Exotic Animal ER: Double Dose**

+1 hour 229/230 383

Sky History

123/124 115/116 131 353 368

6.00 AM **Flipping Bangers**
6.55 **Full Custom Garage**
7.50 **American Pickers**
8.45 **Pawn Stars** Double bill.
10.10 **Storage Wars** Four editions.
12.00 NOON **Secrets Declassified with David Duchovny**
1.00 PM **Ancient Aliens**
2.00 **Egypt's Unexplained Files**
3.00 **Full Custom Garage** New edition Ian helps a friend.
4.00 **Secrets of Great British Castles** Double bill.
6.00 **American Pickers** A vast collection of petroliana.



10.00 Ancient Aliens Special...

7.00 **Forged in Fire** Four bladesmiths build their own coal forges using materials scavenged from a storage unit.

8.00 **Egypt's Unexplained Files** The truth and lies behind ancient Egypt's known and loved icons, including the Great Sphinx.

9.00 **Ancient Aliens** New edition A look at the work of astronomer J Allen Hynek, known as the UFO debunker.

10.00 **Ancient Aliens Special Presentation** New edition A look at the number of people who go missing every year.

12.00 M'T **Close Encounters Down Under** UFO activity amid Queensland's farming country.
12.55 AM **Secrets Declassified with David Duchovny** The actor investigates evidence from newly declassified files.
1.50 **Ancient Aliens** As 9.00pm.
2.50 **Full Custom Garage**
3.40 **Pawn Stars** Documentary.
4.25 **to 6.00** AM **Storage Wars**

U&Yesterday

155 133/161 129 27 159 27

6.10 AM **Great British Railway Journeys Goes to Ireland**
7.10 **Great Continental Railway Journeys** From Spain.
8.00 **Bangers & Cash** Double bill.
10.00 **True Evil: The Making of a Nazi** As shown at 4.00pm.
11.00 **Nazi Hunters** As 5.00pm.
12.00 NOON **Antiques Roadshow**
2.00 PM **Bangers & Cash**
4.00 **True Evil: The Making of a Nazi** Heinrich Himmler.
5.00 **Nazi Hunters** Gestapo officers.
6.00 **Antiques Roadshow** Focusing on Indian art and culture.

7.00 Caribbean

7.00 **Caribbean with Simon Reeve** Simon pays a visit to Nicaragua, Honduras and Jamaica on the final leg of his journey.

8.00 **One Foot in the Grave** The Meldrew household is gripped by the sparkling lure of the limelight. **8.40** A persistent door-to-door salesman makes Victor see red. **9.20** Victor and Margaret set off for a relaxing break by the seaside.

10.00 **Bangers & Cash** Derek struggles to get his message across on a rare trip abroad to pick up a Bentley.

11.00 **Bangers & Cash** A 1971 Jaguar E-Type and a 1933 Morgan three-wheeler Supersport.
12.00 M'T **Find It, Fix It, Flog It** The boys head to Leicestershire for a furniture-filled shed.
1.00 AM **Abandoned Engineering**
2.00 **to 3.00** AM **Caribbean with Simon Reeve**

+1 hour 255 329

7 PM
8 PM
9 PM
10 PM

Quest

144 149 137 12 144 17

6.00 AM **Find It, Fix It, Drive It** An old sidecar combo.
7.00 **Salvage Hunters: Classic Cars**
9.00 **American Pickers**
10.00 **Aussie Gold Hunters**
12.00 NOON **Outback Opal Hunters** Double bill.
2.00 PM **The Yorkshire Auction House**
3.00 **Shed and Buried**
4.00 **Find It, Fix It, Flog It**
5.00 **Find It, Fix It, Drive It**
6.00 **Wheeler Dealers**
7.00 **Shed and Buried** Eight editions, including at: **10.00** Henry Cole and Sam Lovegrove find rare motoring memorabilia. **10.30** Searching a Cornish surf shack.
11.00 **How Do They Do It?**
1.00 AM **Shed and Buried: Classic Cars**
3.00 **Find It, Fix It, Flog It**
4.00 **to 5.00** AM **How It's Made**

+1hr 244 337 70 151 258

Quest Red

149 151 168 40 146 34

6.00 AM **Say Yes to the Dress**
7.00 **Curvy Brides Boutique**
8.00 **Say Yes to the Dress**
10.00 **Say Yes to the Dress: Atlanta** Double bill.
11.00 **Judge Rinder's Crime Stories** A drugs bust.
12.00 NOON **Betrayed**
1.00 PM **Still a Mystery**
2.00 **Murder on CCTV**
3.00 **A Killer's Mistake**
4.00 **American Monster**
6.00 **Murder Chose Me**
7.00 **Judge Rinder's Crime Stories** Julie Archer.
8.00 **Murder on CCTV**
9.00 **A Killer Among Friends** New edition A 13-year-old with older friends goes missing.
10.00 **Devil in Suburbia**
11.00 **Murder on CCTV**
12.00 M'T **Faking It: Tears of a Crime** Double bill.
2.00 AM **Murder Comes to Town** True-crime.
3.00 **to 4.00** AM **FBI Files**

+1 hour 249 152

True Crime

146 155 148 67 135 37

9.00 AM **Judge Judy**
1.00 PM **Judge Judy**
7.00 **Fatal Attraction** When a single mother goes missing, police focus on the men in her life.
8.00 **Murder by the Sea** The case of Robert Henry Davies, who committed murder after a sexual assault investigation threatened to revisit some sins from his past.
9.00 **48 Hours** A man says his friend Jade Janks might have killed her stepfather.
10.00 **The Hunt for the Chameleon Killer** The net closes in and time is running out for the Chameleon Killer.
11.00 **Killer Kids**
12.00 M'T **Handsome Devils**
1.00 AM **48 Hours**
2.00 **The Hunt for the Chameleon Killer**
3.00 **Murder by the Sea**
4.00 **to 6.00** AM **Judge Judy**

+1 hour 246 348 136

True Crime Xtra

147 157 172 68 134 50

9.00 AM **Murder UK**
11.00 **48 Hours** Documentary.
12.00 NOON **Medical Detectives** Four editions.
2.00 PM **Murder UK**
3.00 **Uncovering Melanie's Murderer** Documentary.
4.00 **48 Hours** A retired UPS driver reveals details about David Koresh.
5.00 **Medical Detectives** A couple who were murdered during a suspected drug deal. **5.30** A man suspected of poisoning his girlfriend. **6.00** A Sunday school teacher who doubled as a serial killer and was captured by evidence found on a discarded cup. **6.30** A case involving an abandoned car in Philadelphia.
7.00 **Judge Judy** Real-life small claims cases.
12.05 AM **Judge Judy**
4.45 **to 6.00** AM **Medical Detectives**

Sky Crime

122/123 110/111 121 349 364

6.00 AM **Road Wars**
7.00 **Stop, Search, Seize**
8.00 **Motorway Patrol**
9.00 **Send in the Dogs**
10.00 **The Real Manhunter**
11.00 **Catching the Killer**
12.00 NOON **How I Caught the Killer** DNA profiling.
1.00 PM **Britain's Most Evil...**
2.00 **Killer in My Village**
3.00 **Catching the Killer**
4.00 **World's Most Evil Killers**
5.00 **How I Caught the Killer**
6.00 **Catching the Killer**
7.05 **The Real Manhunter: Delroy Grant**
9.00 **Murder Uncut**
10.00 **Monster Preacher**
11.45 **Britain's Most Evil Killers**
12.50 AM **How I Caught the Killer** Documentary.
1.55 **Killer in My Village**
3.00 **Snapped** True-crime.
4.00 **Border Security: America's Front Line**
5.00 **to 6.00** AM **Brit Cops: Rapid Response**

+1 hour 222/223 321

PBS America

173 170 187 84 155 49

8.00 AM **Grand Tours of the Scottish Islands**
8.40 **Who Killed Ivan the Terrible?** Documentary.
9.50 **Pocahontas: Beyond the Myth**
10.55 **The Siege of Leningrad**
12.00 NOON **Dying Democracies...**
1.00 PM **Grand Tours of...**
2.05 **Who Killed Ivan the Terrible?** Documentary.
3.15 **Pocahontas: Beyond the Myth**
4.20 **The Siege of Leningrad**
5.25 **Dying Democracies – Europe in Decline**
6.30 **Who Killed Ivan the Terrible?** Documentary.
7.35 **NEW Pocahontas: Beyond the Myth**
8.40 **The Siege of Leningrad**
9.55 **Dying Democracies – Europe in Decline**
10.55 **Pocahontas: Beyond the Myth**
12.00 M'T **The Siege of...**
1.10 **to 2.00** AM **Grand Tours of the Scottish Islands**

FRIDAY

Friday

Sky Documentaries

121/122 111/112 188 352 367

6.00 AM **Charlie Hustle & the Matter of Pete Rose**
7.00 **Discovering: Meg Ryan**
8.00 **The Directors**
9.00 **The 2000s**
9.55 **The Civil War**
11.00 **David Frost Vs**
12.00 NOON **Spitfire**
2.00 PM **Williams & Mansell: Red 5**
3.50 **My Icon: Leon Pryce**
4.00 **Discovering: Meg Ryan**
5.00 **The Directors**
6.00 **The 2000s**
6.55 **The Civil War**
8.00 **The Essex Murders** 1/3. Documentary about the killing of three notorious criminals. **9.00** 2/3. Questions remain about the convictions of Jack Whomes and Michael Steele. **10.00** 3/3. The hunt for an alternative suspect.
11.00 **An American Bombing: The Road to April 19th**
1.00 AM **David Frost Vs** Double bill.
3.00 **Fatboy Slim: Right Here, Right Now** Documentary.
4.50 **My Icon: Anthony Joshua**
5.00 **to 6.00** AM **Discovering: Meg...**

Sky Nature

145 113/114 189 354 369

6.00 AM **Nomads of the Serengeti**
7.00 **Monkey Life**
8.00 **Africa's Underwater Wonders**
9.00 **My Best Friend's an Animal**
10.00 **The Wild Wild East**
11.00 **Ireland's Wild Islands with Eoin Warner** Exploring Ireland's western islands.
12.00 NOON **New Kids in the Wild**
1.00 PM **Monkey Life**
2.00 **Africa's Underwater Wonders**
3.00 **My Best Friend's an Animal**
4.00 **The Wild Wild East**
5.00 **Hope for Wildlife**
6.00 **New Kids in the Wild**
7.00 **Monkey Life** Double bill.
8.00 **Animals Like Us**
9.00 **Deep Dive North America**
10.00 **New Kids in the Wild**
11.00 **Hope for Wildlife**
12.00 M'T **Ireland's Wild Islands with Eoin Warner** As 11.00am.
1.00 AM **Nomads of the Serengeti**
2.00 **Animals Like Us**
3.00 **Deep Dive North America**
4.00 **Africa's Underwater Wonders**
5.00 **to 6.00** AM **My Best Friend's an Animal**

Sky History 2

163/168 143 186

6.00 AM **Strangest Things**
8.00 **Mysteries from Above**
9.00 **Hitler's British Island**
11.00 **Ancient Aliens**
1.00 PM **Alien Files: Unsealed**
2.00 **Invasion: The Normans**
4.00 **Strangest Things**
6.00 **Mysteries from Above**
7.00 **Hitler's British Island** 1&2/2. A look at how the Channel Island of Alderney became a pre-occupation of Nazi leader Adolf Hitler and was transformed into one of the most heavily fortified places on Earth.
9.00 **The Egyptian Book of the Dead** A version of the ancient text once buried with an Egyptian scribe, now preserved in the British Museum and thought to be the oldest surviving document in human history.
11.00 **Ancient Aliens**
1.00 AM **Alien Files: Unsealed**
2.00 **Secrets of Great British Castles** Double bill.
4.00 **Weird Britain**
5.00 **to 6.00** AM **Rust Valley Restorers**

Crime+Investigation

156 142 133

6.00 AM **Imperfect Murder**
7.00 **Homicide Hunter**
8.00 **Judge Rinder**
9.00 **Murdertown**
10.00 **Buried in the Backyard**
11.00 **Hometown Tragedy**
12.00 NOON **Meet, Marry, Murder**
1.00 PM **Somebody's Hiding...**
3.00 **Robbie Coltrane's Critical Evidence** The actor examines the case of Hilda Murrell.
4.00 **Murdertown**
5.00 **When Missing Turns to Murder**
6.00 **Imperfect Murder**
7.00 **An Hour to Kill**
8.00 **Somebody's Hiding Something**
9.00 **Court Cam** New editions
10.00 **Ozark Law** An officer in pursuit loses radio contact.
11.00 **Cold Case UK** A look at the 1973 Steel Town murders.
12.00 M'T **Somebody's Hiding...**
1.00 AM **Court Cam**
3.00 **Meet, Marry, Murder**
4.00 **When Missing Turns to Murder**
5.00 **to 6.00** AM **Buried in the Backyard**

+1 hour 256 333

WILD

165 145/133 182

8.00 AM **Yukon Vet**
9.00 **Something Bit Me**
10.00 **Investigation Shark Attack**
11.00 **Heartland Docs**
12.00 NOON **The Incredible Dr Pol**
1.00 PM **Yukon Vet**
2.00 **Wild Australia: Fierce Families, Tough Terrain**
3.00 **Savage Kingdom**
4.00 **Secrets of the Zoo**
5.00 **The Incredible Dr Pol**
6.00 **Snakes in the City**
7.00 **Secrets of the Zoo** A tiger special, including a grumpy tiger in no mood for small talk.
8.00 **The Last Rhinos: A New Hope** The global effort to save the northern white rhinoceros from extinction.
9.00 **Chasing Rhinos** Entertainment reporter Billy Bush joins a patrol protecting rhinos from poachers.
10.00 **Lawless Island**
11.00 **Ice Road Rescue**
12.00 M'T **Something Bit Me**
1.00 AM **Swamp Men**
2.00 **The Incredible Dr Pol**
3.00 **Yukon Vet**
4.00 **to 5.00** AM **Africa's Deadliest**

Discovery History

174 147 181 320 325

7.00 AM **Thai Cave Rescue**
8.00 **Salvage Hunters: Classic Cars**
9.00 **Combat Dealers**
10.00 **Blowing Up History**
12.00 NOON **Expedition Unknown**
2.00 PM **NASA's Unexplained Files**
3.00 **How the Universe Works**
4.00 **Expedition X**
5.00 **Mysteries at the Museum**
7.00 **How the Universe Works** Exploring the secrets of nebulas.
8.00 **Thai Cave Rescue** Following the efforts of an international team of cave divers trying to save 12 boys and their football coach stranded in a flooded cave in Thailand in 2018.
9.00 **Mummies Unwrapped** Ramy Romany investigates the truth behind King Tutankhamun's mummified remains.
10.00 **How Do They Do It?**
11.00 **Massive Engineering Mistakes**
12.00 M'T **Mysteries at the Museum**
2.00 AM **How the Universe Works**
3.00 **to 5.00** AM **Expedition Unknown**

+1 hour 274 381

U&Eden

166 134/162 176 57 160 142

9.00 AM **Abandoned Engineering**
1.00 PM **Abandoned Engineering**
5.00 **The Two Ronnies**
8.40 **The Two Ronnies** New World and Tina Charles perform on the vintage comedy and variety show, which includes sketches Patient, Wedding, Spoonerism and *Hampton Wick*. **9.40** Featuring Madeline Smith in spoof drama *Hampton Wick*, with Barker and Corbett paying homage to Gilbert and Sullivan in their grand musical finale. **10.30** Vintage sketches from Messrs Barker and Corbett, including Fancy Dress Party, *Smart Cooking with Lionel Smart* and classic serial *Hampton Wick*. Featuring music from Tina Charles.. **11.30** Featuring vintage sketches from Messrs Barker and Corbett, including Spoonerism and *Hampton Wick*. Plus, music by Tina Charles.
12.15 AM **The Two Ronnies**
3.40 **to 6.00** AM **The Bill**

+1 hour 266 376

ID

154 141 166

8.00 AM **Web of Lies**
9.00 **Still a Mystery**
11.00 **American Monster**
12.00 NOON **Disappeared**
1.00 PM **People Magazine Investigates** Double bill.
3.00 **American Monster**
4.00 **Disappeared**
5.00 **Married with Secrets**
7.00 **Deadline: Crime with Tamron Hall** A case in which a paramedic and mother was found dead in the basement of her Massachusetts home. **8.00** The case of 18-year-old Heidi Allen, who vanished from her job in a convenience store.
9.00 **On the Case with Paula Zahn** Police find a young mother murdered in her bedroom.
10.00 **Portals to Hell** An Alaskan hotel linked to demonic activity.
11.00 **Haunted Towns** A visit to Savannah's 'Hanging Square'.
12.00 M'T **The Dead Files**
2.00 AM **Married with Secrets**
4.00 **to 6.00** AM **Deadline: Crime with Tamron Hall**

+1 hour 254 366

Discovery Turbo

161/172 146 180 320 325

6.00 AM **Massive Engineering Mistakes** The container ship that blocked the Suez Canal.
7.00 **Texas Metal**
8.00 **Motor Pickers**
9.00 **Kindig Customs**
10.00 **Salvage Hunters: Classic Cars**
11.00 **Shed and Buried**
12.00 NOON **Roadworthy Rescues**
1.00 PM **Junkyard Empire**
2.00 **Wheeler Dealers**
3.00 **Kindig Customs**
4.00 **Fifth Gear**
5.00 **Salvage Hunters: Classic Cars**
6.00 **Motor Pickers**
7.00 **Shed and Buried**
8.00 **Fifth Gear** Featuring the Tesla Model 3 and the Jeep Avenger.
9.00 **Richard Hammond's Big**
10.00 **Kindig Customs**
11.00 **Shed and Buried**
12.00 M'T **Fifth Gear**
1.00 AM **Roadworthy Rescues**
2.00 **Iron Resurrection**
3.00 **Wheeler Dealers**
4.00 **to 5.00** AM **Speed Is the New Black**

+1 hour 261/272

Films

Sky Cinema Premiere

301 301 401 501 515

6.00 AM **PREMIERE Bridget Jones: Mad About the Boy**
8.05 **Juliet & Romeo** Musical. (2025, 12, 122min) ★★★
10.15 **Love Hurts** As 3.20am.
11.50 **Spin the Bottle** Horror. (2024, 15, 119min) ★★
2.10 PM **PREMIERE Bridget Jones: Mad About the Boy**
4.20 **Novocaine** Action comedy. (2024, 15, 80min) ★★★
6.20 **One of Them Days** Comedy. (2025, 15, 97min) ★★★

8.00 Bridget Jones: Mad...

8.00 PREMIERE Bridget Jones: Mad About the Boy Romantic comedy sequel starring Renée Zellweger. Recently widowed Bridget Jones enters the dating game once again. With Chiwetel Ejiofor and Leo Woodall. (2024, 15, 125min) ★★★★ *See review, page 23.*
SEX ●●● VIOLENCE ●●● LANG ●●●

10.05 The Brutalist Epic drama starring Adrien Brody. When a couple flee Europe in 1947, their new lives in America are changed by a strange client. With Felicity Jones and Guy Pearce. (2024, 18, 215min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

1.25 AM **Novocaine** As 4.20pm.
3.20 **Love Hurts** Action comedy. (2025, 15, 83min) ★★
4.50 **to 6.30** AM **Panda Plan** Chinese comedy. Subtitled. (2024, PG, 99min) ★★★

Sky Cinema Bridget Jones

303 303 403 503 517

8.05 AM **PREMIERE Bridget Jones: Mad About the Boy**
10.15 **Bridget Jones's Diary**
12.10 PM **Bridget Jones: The Edge of Reason** As 8.20pm.
2.10 **Bridget Jones's Baby**
4.15 **PREMIERE Bridget Jones: Mad About the Boy** (2025)
6.30 **Bridget Jones's Diary** Romantic comedy based on the novel by Helen Fielding, starring Renée Zellweger. (2001, 15, 96min) ★★★★

6.30 Bridget Jones's Diary

8.20 Bridget Jones: The Edge of Reason Romantic comedy sequel starring Renée Zellweger, Colin Firth and Hugh Grant. Bridget's new relationship comes under threat when she is thrown together with her ex-boss on a TV assignment to Thailand. (2004, 15, 108min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.15 Bridget Jones's Baby Comedy sequel starring Renée Zellweger and Colin Firth. After a pair of one-night stands, the now single Bridget Jones winds up pregnant. (2016, 15, 123min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.20 AM **PREMIERE Bridget Jones: Mad About the Boy** Romantic comedy sequel starring Renée Zellweger. (2025, 15, 125min) ★★★★ *See review, page 23.*
2.30 **Bridget Jones's Diary**
4.15 **to 6.10** AM **Bridget Jones: The Edge of Reason** (2004)

Sky Cinema Drama

310 310 410 510 524

7.10 AM **Funny Girl** As 9.50pm.
9.40 **The Fisher King** Urban fable. (1991, 15, 137min) ★★★★★
12.05 PM **Bob Marley: One Love** Biopic. (2023, 12, 104min) ★★★
1.55 **P.S. I Love You** Romantic comedy drama starring Hilary Swank and Gerard Butler. (2007, 12, 121min) ★★★
4.05 **Ferrari** Biopic starring Adam Driver. (2023, 15, 130min) ★★★
6.20 **The Boy in the Striped Pyjamas** Wartime drama. (2008, 12, 94min) ★★★★
8.00 **Lost in Translation** Bittersweet romantic comedy drama with Bill Murray and Scarlett Johansson. A jaded Hollywood actor and a young woman strike up a tender friendship in a Tokyo hotel. (2003, 15, 102min) ★★★★★
9.50 **Funny Girl** Biopic of Ziegfeld Follies star Fanny Brice, starring Barbra Streisand and Omar Sharif. (1968, U, 169min) ★★★★
12.20 AM **The Holiday** Romantic comedy starring Cameron Diaz. (2006, 12, 135min) ★★★
2.40 **Love Actually** Romantic comedy. (2003, 15, 135min) ★★★
5.00 **to 6.45** AM **The Bedford Incident** Adventure thriller. (1965, b/w, PG, 105min) ★★★

Sky Cinema Science Fiction

311 311 411 511 525

7.20 AM **2012** Epic disaster movie. (2009, 12, 158min) ★★★
10.00 **Monolith** As 1.25am.
11.40 **The Core** Sci-fi action thriller. (2002, 12, 135min) ★★★
2.00 PM **Arrival** Sci-fi drama. (2016, 12, 116min) ★★★★★
4.00 **Passengers** Sci-fi drama. (2016, 12, 116min) ★★★
6.00 **Terminator Salvation** Sci-fi sequel. (2009, 12, 110min) ★★★
8.00 **I Am Legend** Sci-fi thriller with Will Smith. A military scientist fears he is the last man on Earth after a deadly virus kills most of humanity and turns the survivors into vicious nocturnal predators. (2007, 15, 101min) ★★★★
9.55 **Dark Skies** Paranormal thriller starring Keri Russell. An Arizona family experience a series of unexplained events in their home. (2013, 15, 97min) ★★★
11.45 **Resident Evil: Extinction** Sci-fi sequel. (2007, 15, 90min) ★★
1.25 AM **Monolith** Mystery thriller. (2022, 15, 90min) ★★★
3.10 **Total Recall** Sci-fi thriller remake. (2012, 12, 113min) ★★★
5.10 **Sky Cinema Preview**
5.40 **to 7.45** AM **Omni Loop** Sci-fi drama with Mary-Louise Parker. (2024, 12, 112min) ★★★★

★★★★★ Excellent ★★★★ Very Good ★★★ Good ★★ Average ★ Poor

Sky Cinema Family

306 306 406 506 519

7.20 AM **It Takes Two** Family comedy. (1995, U, 97min) ★
9.05 **Goosebumps** Fantasy. (2015, PG, 103min) ★★★
11.05 **Stardust** Comedy adventure. (2007, PG, 127min) ★★★★
1.15 PM **Wicked** Musical fantasy. (2024, PG, 160min) ★★★★
4.00 **Sonic the Hedgehog 3** Fantasy adventure sequel. (2024, PG, 110min) ★★★
6.00 **Bean** Comedy spin-off. (1997, PG, 90min) ★★★

9.30 Look Who's Talking

7.45 **Mr Bean's Holiday** Comedy starring Rowan Atkinson. Accident-prone Mr Bean wins a holiday to the south of France. With Emma de Caunes. (2007, PG, 89min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.30 **Look Who's Talking** Comedy starring John Travolta and Kirstie Alley. A single mother-to-be searches for the perfect father for her child. With the voice of Bruce Willis. (1989, 12, 96min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.20 **My Penguin Friend** Fact-based drama with Jean Reno and Adriana Barraza. (2024, PG, 98min) ★★★★
1.10 AM **Bookworm** Comedy adventure with Elijah Wood. (2024, 12, 103min) ★★★★
3.05 **The Adventures of Sharkboy and Lavagirl in 3-D** Fantasy. (2005, U, 98min) ★★
4.50 **to 6.35** AM **The Mountain** Comedy melodrama. (2024, PG, 89min) ★★★★

Sky Cinema Action

307 307 407 507 521

7.15 AM **William Tell** As 2.50am.
9.30 **Aquaman and the Lost Kingdom** Fantasy adventure. (2023, 12, 124min) ★★★
11.40 **Venom: The Last Dance** Fantasy starring Tom Hardy. (2024, 15, 110min) ★★★
1.35 PM **Godzilla** Thriller remake. (2014, 12, 118min) ★★★
3.40 **American Sniper** Biopic. (2014, 15, 127min) ★★★★
5.55 **Justice League** Adventure. (2017, 12, 120min) ★★

8.00 Shazam!

8.00 **Shazam!** Comedy adventure starring Zachary Levi. Youngster Billy Batson is chosen by the ancient wizard Shazam as his new champion, and receives various superpowers. With Mark Strong and Asher Angel. (2019, 12, 132min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.25 **Blade** Action adventure chiller based on the Marvel Comic character, starring Wesley Snipes as the half-human, half-vampire warrior Blade. With Stephen Dorff, Kris Kristofferson and N'Bushe Wright. (1998, 18, 121min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.40 AM **300** Epic adventure. (2006, 15, 116min) ★★★★
2.50 **William Tell** Historical drama. (2025, 15, 133min) ★★★
5.15 **to 7.25** AM **The Killer** Thriller. (2024, 15, 125min) ★★★★

Sky Cinema Comedy

308 308 408 508 522

7.15 AM **Twins** (1988, PG) ★★★
9.10 **My Big Fat Greek Wedding 2** Comedy sequel. (2016, 12) ★★
11.00 **The Nutty Professor** Comedy. (1996, 12, 95min) ★★★
12.40 PM **Nutty Professor II: The Klumps** (2000, 12) ★★★
2.30 **Scott Pilgrim vs. the World** Comedy. (2010, 12) ★★★★
4.35 **Beverly Hills Cop 3** Comedy thriller sequel. (1994, 15) ★★
6.25 **Ace Ventura Pet Detective** Comedy. (1993, 12) ★★★★

8.00 The Other Guys

8.00 **The Other Guys** Farcical crime comedy starring Mark Wahlberg and Will Ferrell. A pair of desk-bound cops finally see action after they uncover a financial conspiracy. With Eva Mendes. (2010, 12, 103min) ★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9.50 **Bad Teacher** Comedy starring Cameron Diaz and Justin Timberlake. A gold-digging teacher will stop at nothing to find a rich husband. With Lucy Punch and Jason Segel. (2011, 15, 92min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

11.35 **Saturday Night** Comedy drama starring Gabriel LaBelle. (2024, 15, 109min) ★★★★
1.30 AM **Pixels** Sci-fi comedy. (2015, 12, 105min) ★★
3.25 **Horrible Bosses** Comedy. (2011, 15, 93min) ★★★
5.20 **to 7.10** AM **The Men Who Stare at Goats** Comedy. (2009, 15, 89min) ★★★

Sky Cinema Thriller

309 309 409 509 523

6.05 AM **Melancholia** As 4.15am.
7.40 **The Thicket** As 5.45am.
9.30 **Now You See Me** Thriller. (2013, 12, 115min) ★★★
11.30 **RocknRolla** Crime comedy thriller. (2008, 15, 110min) ★★
1.35 PM **Jack Reacher** Thriller. (2012, 15, 130min) ★★★
3.50 **Jack Reacher: Never Go Back** Action thriller sequel. (2016, 12, 118min) ★★★
5.50 **Collateral** Crime thriller. (2004, 15, 120min) ★★★★

10.10 Taxi Driver

8.00 **Red Dragon** Thriller with Edward Norton, Ralph Fiennes and Anthony Hopkins. A troubled former FBI agent is brought out of retirement to hunt down a serial killer and is forced to turn to his old nemesis, Hannibal Lecter, for advice. (2002, 15, 124min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

10.10 **Taxi Driver** Martin Scorsese's disturbing drama starring Robert De Niro, Cybill Shepherd and Jodie Foster. (1976, 18, 110min) ★★★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

12.10 AM **Shaft** Crime thriller. (2000, 18, 99min) ★★★
1.55 **K-19: The Widowmaker** Cold War thriller starring Harrison Ford. (2002, 12, 138min) ★★★
4.15 **Melancholia** Andi Engel's thriller. (1989, 15, 85min) ★★★
5.45 **to 7.35** AM **The Thicket** Western with Peter Dinklage. (2024, 15, 108min) ★★★

Film4

313 312 428 14 300 14

■ **Films start at 11.00am**
11.00 AM **The Black Arrow** Adventure with Louis Hayward. (1948, b/w, U, 77min) ★★★
12.35 PM **The Gift Horse** Adventure. (1952, b/w, PG, 100min) ★★★
2.40 **Young Winston** Biopic. (1971, PG, 157min) ★★★
5.30 **The Moonraker** Adventure. (1957, U, 82min) ★★★
7.10 **Daddy's Home** Comedy with Mark Wahlberg and Will Ferrell. (2015, 12, 96min) ★★★

7.10 Daddy's Home

Daddy's Home (film started at 7.10pm)
SEX ●●● VIOLENCE ●●● LANG ●●●

8 PM

9.00 **Plane** Action thriller starring Gerard Butler and Mike Colter. A pilot is forced to ally with a murder suspect when their plane goes down in hostile land. With Yoson An and Tony Goldwyn. (2023, 15, 107min) ★★★
SEX ●●● VIOLENCE ●●● LANG ●●●

9 PM

10 PM

11.10 **Once Upon a Time in... Hollywood** Drama from director Quentin Tarantino, starring Leonardo DiCaprio, Brad Pitt and Margot Robbie. (2019, 18, 161min) ★★★★★
2.25 **to 4.00** AM **Slow West** Western starring Kodi Smit-McPhee, Michael Fassbender and Ben Mendelsohn. (2015, 15, 81min) ★★★★

11 PM

+1hour 314 430 47 301 257

Sky Cinema Halloween

302 302 402 502 516

6.00 AM **Out of Darkness** Prehistoric horror. (2022, 15, 88min) ★★★
7.40 **AfrAId** As shown at 10.45pm.
9.10 **Ouija: Origin of Evil** Horror prequel. (2016, 15, 99min) ★★★
10.55 **Night Swim** As 12.20am.
12.35 PM **Sinister** Horror thriller. (2012, 15, 105min) ★★★
2.30 **The Ring** US remake of the cult Japanese chiller, starring Naomi Watts. (2002, 15, 115min) ★★★
4.40 **Insidious** Supernatural thriller starring Patrick Wilson and Rose Byrne. (2010, 15, 103min) ★★★★
6.40 **It** Horror starring Bill Skarsgård. (2017, 15, 135min) ★★★★
9.00 **The Nun** Horror starring Taissa Farmiga and Demián Bichir. A troubled priest and a novice nun discover a religious order's secret and battle a malevolent force. (2018, 15, 96min) ★★★
10.45 **AfrAId** Sci-fi horror with John Cho and Katherine Waterston. (2024, 15, 84min) ★★
12.20 AM **Night Swim** Horror starring Wyatt Russell and Kerry Condon. (2024, 15, 98min) ★
2.05 **Hollow Man** Sci-fi thriller with Elisabeth Shue and Kevin Bacon. (2000, 18, 113min) ★★★
4.00 **Sky Cinema Preview**
5.00 **to 6.55** AM **Insidious** (2010)

Sky Cinema Men in Black

304 304 404 504 518

6.00 AM **Men in Black** As 9.50pm.
7.50 **Men in Black II** As 6.30pm.
9.30 **Men in Black 3** As 8.00pm.
11.30 **Men in Black** As 9.50pm.
1.20 PM **Men in Black II** As 6.30pm.
2.50 **Men in Black 3** As 8.00pm.
4.50 **Men in Black** As 9.50pm.
6.30 **Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. (2002, PG, 88min) ★★★
8.00 **Men in Black 3** Sci-fi action comedy sequel starring Will Smith, Tommy Lee Jones and Josh Brolin. Men in Black agent J goes back in time to 1969 to save the life of the young Agent K. (2012, PG, 105min) ★★★★
9.50 **Men in Black** Sci-fi action comedy with Tommy Lee Jones and Will Smith. A streetwise New York cop joins a secret government agency that polices alien activity on Earth. (1997, PG, 94min) ★★★★
11.30 **Men in Black II** Sci-fi action comedy sequel starring Tommy Lee Jones and Will Smith. (2002, PG, 88min) ★★★
1.00 AM **Men in Black 3** As 8.00pm.
2.50 **Men in Black** As 9.50pm.
4.30 **to 6.00** AM **Men in Black II** As shown at 6.30pm.

Sky Cinema Animation

305 305 412 500 514

7.05 AM **Deep Sea** Animation. (2023, PG, 112min) ★★★
9.05 **The Angry Birds Movie 2** Animated comedy sequel. (2019, U, 93min) ★★★
10.50 **Sing** Animated musical comedy. (2016, U, 108min) ★★★
12.40 PM **Over the Hedge** Animation. (2006, U, 83min) ★★★★
2.10 **The Angry Birds Movie** Animation. (2016, U) ★★★
4.00 **Migration** Animated comedy. (2023, U, 83min) ★★★
5.30 **Despicable Me 2** Animated sequel. (2013, U, 97min) ★★★
7.10 **Rise of the Guardians** Animated comedy adventure. (2012, PG, 93min) ★★★★
8.50 **Dr Seuss' The Lorax** Animated comedy. (2012, U, 86min) ★★★
10.20 **The Wild Thornberrys Movie** Animated family adventure. (2002, U, 85min) ★★★★
11.50 **Barnyard** Animated family comedy. (2006, PG, 90min) ★
1.25 AM **Hotel Transylvania** Animated horror comedy. (2012, U, 91min) ★★★★
3.05 **Hotel Transylvania 2** Animated sequel. (2015, U, 89min) ★★★
4.40 **to 6.15** AM **The Inseparables** Animated family adventure. (2023, U, 90min) ★★★

Christmas 24

312 313 419

7.00 AM **A Maple Valley Christmas** Drama. (2022, PG, 85min) ★★
9.00 **The Winter Palace** Festive drama. (2022, PG, 85min) ★★
11.00 **The Gift of Peace** Drama. (2022, PG, 84min) ★★
1.00 PM **Christmas Under the Lights** Festive romantic drama. (2024, PG, 90min) ★★
3.00 **The Christmas Brew** Romantic drama. (2024, PG, 89min) ★★
5.00 **The Christmas Toy Maker** Drama. (2021, PG, 84min) ★★
7.00 **Debbie Macomber's Joyful Mrs Miracle** Festive fantasy. (2024, PG, 84min) ★★
9.00 **Everything Christmas** Festive comedy starring Cindy Busby and Katherine Barrell. Two co-workers face a series of misadventures during a road trip. (2023, PG, 85min) ★★
11.00 **Deck The Halls on Cherry Lane** Festive drama anthology. (2024, PG, 90min) ★★
1.00 AM **Trivia at St Nick's** Festive comedy starring Tammin Sursok. (2024, PG, 84min) ★★
3.00 **to 5.00** AM **Christmas Stars** Festive romantic comedy. (2019, PG, 88min) ★★

Movies 24+ 315 314 420

Talking Pictures

328 445 82 306 36

6.00 AM **Law of the Plainsman** (S1)
6.30 **Look at Life**
6.45 **Emergency Call** Thriller. (1952, b/w, U, 90min) ★★
8.30 **Out of Town**
9.00 **A Case for PC 49** Mystery.
10.40 **Marilyn** Mystery thriller. (1953, b/w, PG, 70min) ★★
12.00 NOON **Dixon of Dock Green**
1.05 PM **Poldark** Historical drama. (1996, PG, 102min) ★★
3.15 **A Good Read: Sherlock Holmes**
4.10 **Park Plaza 605** Crime thriller. (1953, b/w, PG, 79min) ★★
5.45 **Law and Disorder** Comedy. (1940, PG, 74min) ★★★
7.20 **Conflict of Wings** Drama. (1954, U, 84min) ★★★
9.00 **Cellar Club with Caroline Munro**
9.05 **Doomwatch** 7/13. (S2)
10.05 **Cellar Club with Caroline Munro**
10.10 **The Nightcomers** Period chiller starring Marlon Brando. (1971, 18, 95min) ★★★
12.00 M'T **Cellar Club with Caroline...**
12.05 AM **Thunder in the City** Crime comedy. (1937, b/w, PG) ★★★
1.45 **Mohawk** (1956, PG) ★★
3.20 **Woman Eater** Horror chiller. (1957, b/w, PG, 70min) ★★
4.45 **The Smart Aleck** Mystery comedy. (1951, b/w, PG) ★★★
5.55 **to 6.00** AM **Crystal Palace**

FRIDAY Sport 3 October

Sky Sports Main Event

401 401 511 501 419 439

6.00 AM **LIVE ATP Tennis** Coverage of day three of the Shanghai Masters from Qizhong Forest Sports City Arena in China.
8.00 **LIVE WTA & ATP Tennis** Coverage of the ATP Shanghai Masters and the WTA Beijing Open events at Qizhong Forest Sports City Arena and National Tennis Center respectively.
10.00 **LIVE ICC Women's World Cup England v South Africa.** Coverage of the group match staged at Barsapara Cricket Stadium in Guwahati, India.
6.30 PM **Premier League Friday**
7.00 **Sports Centre**
7.30 **LIVE FNF Bournemouth v Fulham.** Coverage of the Premier League match from the Vitality Stadium. Kick-off is at **8.00pm**.
10.45 **LIVE PGA Tour Golf** Coverage of day two of the Sanderson Farms Championship from the Country Club of Jackson in Mississippi.
12.00 M'T **LIVE LPGA Tour Golf** Coverage of the third day of the LOTTE Championship staged at Hoakalei Country Club in Hawaii.
3.00 **to 6.00** AM **Sky Sports News**

Sky Sports Premier League

402 402 512 502 420 440

6.00 AM **PL Greatest Games**
7.00 **Premier League Legends**
8.00 **Premier League 100 Club**
9.00 **Premier League Icons**
10.00 **Sky Sports FC**
12.00 NOON **Total Football**
4.00 PM **Fantasy Show**
4.30 **Premier League Preview**
5.00 **Premier League Friday**
7.00 **Sports Centre** Analysis.
7.30 **LIVE FNF Bournemouth v Fulham.** Coverage of the Premier League match from the Vitality Stadium. The hosts have a good recent record against their visitors having lost only one of the last eight meetings between the teams. Kick-off is at **8.00pm**.
10.45 **Premier League Stories**
11.15 **The Big Interview**
11.45 **Les Ferdinand: PFA Winner** The former striker remembers a rollercoaster 1995/96 season.
12.00 M'T **FNF** Action from Bournemouth v Fulham.
12.30 AM **Premier League Stories**
1.00 **PL Retro** A replay of Arsenal v Tottenham Hotspur from 2008.
3.00 **PL Greatest Games**
4.00 **to 6.00** AM **Premier League Best Goals**

Sky Sports Football

403 403 513 503 421 441

6.00 AM **EFL Cup** The 2010 final.
8.00 **SPFL** Archive highlights.
9.00 **EFL Greatest Games**
10.00 **Championship Season Review**
11.00 **Best Moments from the Championship Play-Off Final**
11.30 **Best Moments from the League 1 & 2 Play-Off Final**
12.00 NOON **EFL Highlights**
1.00 PM **EFL League One Goals**
1.30 **EFL League Two Goals**
2.00 **SPFL Highlights**
2.30 **EFL Highlights** Championship.
4.30 **EFL League One Goals**
5.00 **EFL League Two Goals**
5.30 **EFL Highlights**
6.00 **Bundesliga Weekly**
6.30 **SPFL Highlights**
7.00 **EFL Highlights** Championship.
7.30 **LIVE EFL Wrexham v Birmingham City.** Championship action. Kick-off is at **8.00pm**.
10.30 **SPFL Highlights**
11.00 **EFL Greatest Games**
12.00 M'T **EFL Cup Retro**
2.00 AM **1983: When Aberdeen Ruled Europe**
3.00 **EFL Greatest Games**
3.30 **Championship Season Review**
5.00 **Best Goals: EFL Cup 23/24**
5.30 **to 6.00** AM **EFL Trophy**

Sky Sports Cricket

405 405 514 504 422 442

6.00 AM **ICC Women's World Cup**
10.00 **LIVE ICC Women's World Cup England v South Africa.** Coverage of the group match from Barsapara Cricket Stadium in Guwahati, India. England are looking to win their fifth World Cup after their last victory in 2017 which saw them win the tournament on home soil. South Africa on the other hand have never made it to a World Cup final, but have reached the semi-finals on three separate ocassions.
6.30 PM **ICC Women's World Cup 2017** Action from England v India in the final held at Lord's.
6.45 England v Australia.
7.00 **ICC Women's World Cup** Bangladesh v Pakistan.
8.00 Australia v New Zealand.
9.00 England v South Africa.
10.00 Bangladesh v Pakistan.
11.00 England v South Africa.
12.00 M'T **ICC Women's World Cup** Australia v New Zealand.
1.00 AM England v South Africa.
2.00 India v Sri Lanka.
3.00 England v South Africa.
4.00 **to 6.00** AM **ICC Women's World Cup**

Sky Sports Golf

406 406 515 505 423 443

6.00 AM **Ryder Cup** The opening day.
7.00 **Golf Academy** Expert tips.
8.00 **PGA Tour Golf** Recent action.
11.00 **PGA Tour Champions Learning Centre** Golf tips and advice.
11.30 **HotelPlanner Tour Golf**
12.00 NOON **LIVE DP World Tour Golf** The second day of the Alfred Dunhill Links Championship.
5.00 PM **LIVE PGA Tour Golf** Day two of the Sanderson Farms Championship from the Country Club of Jackson in Mississippi.
12.00 M'T **LIVE LPGA Tour Golf** Coverage from the third day of the LOTTE Championship from Hoakalei Country Club in Hawaii.
3.00 AM **DP World Tour Golf**
4.00 **PGA Tour Golf** Archive action.
5.00 **to 6.00** AM **School of Golf**

Sky Sports Tennis

408 408 537 520 425 445

6.00 AM **LIVE ATP Tennis** Day three of the ATP Shanghai Masters.
8.00 **LIVE WTA & ATP Tennis** The ATP Shanghai Masters and the WTA Beijing Open.
1.00 PM **LIVE ATP Tennis** Day three of the Shanghai Masters in China.
3.30 **Tennis** The Cincinnati Open.
4.00 **ATP Tennis** Beijing Open final.
5.00 **WTA Tennis** Korea Open final.
6.00 **WTA & ATP Tennis**
2.00 AM **Bitesize Tennis**
2.15 **Frances Tiafoe Podcast 2024**
2.30 **WTA Tennis** Recent finals.
3.00 **ATP Tour This Week**
3.30 **WTA & ATP Tennis**
5.30 **to 6.00** AM **LIVE ATP Tennis** Day four of the Shanghai Masters.

TNT Sports 1

410 413 521 408 430

6.00 AM **International T20 Cricket**
7.00 **LIVE International T20 Cricket New Zealand v Australia.** Coverage of the second T20 from Blake Park. The hosts will be looking to improve on a record that has only seen them beat Australia in T20 matches on just five occasions.
11.00 **Men's Cycling Pro Series**
12.00 NOON **LIVE Cycling: Tour of Munsterland** The men's one-day race from Germany.
5.00 PM **Men's Cycling Pro Series**
6.00 **Premier League Preview**
6.30 **The Fantasy Show**
7.00 **LIVE The Gallagher PREM Bath v Sale Sharks.** Coverage of the match from the Recreation Ground. Kick-off is at **7.45pm**.
10.00 **Premier League: Big Interview**
10.30 **Test Cricket Highlights**
11.30 **International T20 Cricket**
12.30 AM **UEFA Champions League**
1.00 **LIVE WNBA** Coverage of the opening game from the finals.
3.30 **Premier League Preview**
4.00 **to 7.00** AM **LIVE AFLW GWS Giants v St Kilda Saints.** From Henson Park. Bounce-up **4.05am**.

TNT Sports 2

411 414 522 409 431

6.00 AM **Superbike Rewind**
6.15 **LIVE MotoGP** The Grand Prix of Indonesia first practice sessions.
9.15 **MotoGP Rewind**
9.30 **Serie A – Full Impact**
10.00 **LIVE AFLW Melbourne Demons v Essendon Bombers.**
12.00 NOON **Onboard** Highlights.
1.00 PM **LIVE Cycling: CRO Race** The fourth stage in Croatia.
3.00 **Inside Serie A** The latest news.
3.30 **Superbike World Championship**
4.30 **Premier League Stories**
5.00 **The Fantasy Show**
5.30 **International T20 Cricket**
6.30 **Test Cricket Highlights**
7.30 **UTMB World Series Highlights**
8.30 **Superbike Rewind**
8.45 **LIVE UCI Mountain Bike World Series** From Lake Placid.
10.45 **Premier League Reload**
11.00 **Men's Cycling Pro Series**
1.00 AM **MotoGP** From Indonesia.
1.30 AM **LIVE MotoGP** The Grand Prix of Indonesia second practice.
3.00 **LIVE MotoGP** The Grand Prix of Indonesia MotoGP qualifying.
5.45 **to 7.45** AM **LIVE MotoGP** The Grand Prix of Indonesia Moto3 and Moto2 qualifying sessions.

Sky Sports NFL

412 410 517 507 426 446

6.00 AM **NFL Highlights**
10.00 **NFL Gameday** Match reviews.
10.30 **NFL Bitesize Highlights**
11.00 **NFL Highlights** Los Angeles Rams v San Francisco 49ers.
12.00 NOON **NFL Gameday**
12.30 PM **NFL Bitesize Highlights**
1.00 **Good Morning Football**
3.00 **NFL Highlights**
6.00 **NBC's Pro-Football Talk** Mike Florio and Chris Simms present the NFL talk show.
8.00 **49 Hours** A behind-the-scenes look at the 49 hours before a San Francisco 49ers game.
8.15 **NFL Bitesize Highlights** Brief highlights of Los Angeles Rams v San Francisco 49ers.
8.30 **NFL Gameday** Match reviews.
9.00 **NFL Highlights** Los Angeles Rams v San Francisco 49ers.
10.00 Action from Pittsburgh Steelers v Minnesota Vikings.
11.00 **NFL Fantasy** Featuring the top NFL fantasy experts and analysts.
12.00 M'T **The Insiders** The latest news covering all 32 NFL teams.
1.00 AM **NFL Highlights**
2.00 **49 Hours** Behind the scenes.
2.15 **NFL Bitesize Highlights**
2.30 **NFL Gameday** Match reviews.
3.00 **to 6.00** AM **NFL Highlights**

Sky Sports Sky Sports+

404 404 518 508 427 447

6.00 AM **LIVE ATP Tennis** Coverage of day three of the ATP Shanghai Masters from Qizhong Forest Sports City Arena in China.
8.00 **LIVE WTA & ATP Tennis** Coverage of the ATP Shanghai Masters and WTA Beijing Open.
1.00 PM **LIVE ATP Tennis** Further coverage of day three of the ATP Shanghai Masters from Qizhong Forest Sports City Arena in China.
3.30 **Total Football**
5.00 **Premier League Friday**
7.00 **Sports Centre**
7.30 **LIVE Super League** Coverage of the opening semi-final, as the teams contest a place in the Grand Final. Hull Kingston Rovers edged past Warrington Wolves with a 10–8 home win at this stage last year. Kick-off **8.00pm**.
10.15 **EFL Greatest Games**
10.30 **Back Pages Tonight**
11.00 **Sky Sports News**
12.00 M'T **Super League**
2.45 AM **EFL Greatest Games**
3.00 **Sky Sports News**
5.30 **to 6.00** AM **LIVE ATP Tennis** Coverage of day four of the ATP Shanghai Masters from Qizhong Forest Sports City Arena in China.

Sky Sports Mix

416 412 510 429 449

6.00 AM **EFL Greatest Games**
7.00 **LIVE NPC Rugby North Harbour v Southland.** Coverage of the match at North Harbour Stadium. Kick-off is at **7.10am**.
8.55 **British and Irish Lions Tour**
9.00 **ICC Women's World Cup**
10.00 **British and Irish Lions Tour**
1.00 PM **ICC Women's World Cup**
2.00 **PL Greatest Games**
3.00 **ATP Tennis** Recent finals.
5.00 **The Rugby Championship**
7.00 **ICC Women's World Cup**
9.00 **ATP Tennis** Recent highlights.
11.00 **British and Irish Lions Tour**
12.00 M'T **One Championship Weekly**
12.30 AM **PL Greatest Games**
1.00 **PDC Classics** Archive action.
2.00 **LIVE MMA: One Championship Prajanchai PK Saenchai v Jonathan Di Bella.** The ONE strawweight kickboxing world title bout in Bangkok.
5.30 **to 6.00** AM **PDC Classics**

TNT Sports 3

413 415 523 410 432

6.00 AM **LIVE Test Cricket India v West Indies.** The second day of the first Test in Ahmedabad.
1.00 PM **MLB Highlights**
2.00 **MLB: Off the Bat**
2.30 **MotoGP** From Indonesia.
3.00 **Premier League Reload**
3.15 **TNT Sports Cricket Reload**
3.30 **FIA World Endurance Championship Highlights**
4.30 **Ultimate Pool** Recent action.
6.00 **Inside Serie A** The latest news.
6.30 **MLB Highlights**
8.00 **Rylan: Homophobia, Football and Me** Homosexuality in football.
9.00 **MotoGP** From Indonesia.
9.30 **UFC Countdown**
10.30 **Fight Week** UFC 320 preview.
11.00 **UFC** Ulberg v Reyes.
2.00 AM **Tom Aspinall's Fight Lab**
2.30 **International T20 Cricket**
3.30 **TNT Sports Cricket Reload**
3.45 **Test Cricket Highlights**
4.45 **to 6.00** AM **LIVE Test Cricket India v West Indies.** Day three.

TNT Sports 4

414 416 524 411 434

6.00 AM **UEFA Europa League**
6.30 **UEFA Conference League**
7.00 **UEFA Europa League**
8.30 **UEFA Conference League**
9.30 **UEFA Champions League**
1.00 PM **UEFA Europa League & Conference League Highlights**
2.00 **UEFA Champions League**
4.00 **UEFA Europa League**
4.30 **UEFA Conference League**
5.00 **UEFA Europa League**
6.30 **UEFA Conference League**
7.30 **FIM Speedway Grand Prix**
8.30 **UEFA Europa League & Conference League Highlights**
9.30 **Champions League Magazine**
10.00 **Fishing: On the Bank**
11.00 **MLB Highlights** Recent action.
12.00 M'T **MLB Plays of the Week**
12.30 AM **MLB: Off the Bat**
1.00 **The Gallagher PREM**
2.00 **UTMB World Series Highlights**
3.00 **FIA World Endurance Championship** Six Hours of Fuji.
4.00 **to 6.00** AM **Men's Cycling**

Premier Sports 1

419 551

6.00 AM **NASCAR Highlights**
7.00 **World Surf League**
8.00 **Eredivisie Highlights**
9.00 **Euro Le Mans Highlights**
10.00 **World Surf League**
11.00 **NASCAR Highlights**
12.00 NOON **URC in 60** Round one.
1.00 PM **LaLiga Match Highlights**
2.00 **NHL Tonight** Highlights.
3.00 **Scottish Football Social Club**
4.00 **Top 14 Rugby Union Highlights**
4.30 **Argentine Primera Highlights**
5.00 **NASCAR Highlights**
6.00 **LaLiga Match Highlights**
6.30 **URC in 60** The opening round.
7.30 **LIVE United Rugby Championship Edinburgh v Ulster.** Coverage from Hive Stadium. Kick-off is at **8.05pm**.
10.30 **Top 14 Rugby Union Highlights**
11.00 **NASCAR Highlights**
12.00 M'T **World Surf League**
1.00 AM **Euro Le Mans Highlights**
2.00 **British Minibikes**
4.00 **to 6.00** AM **Eredivisie**

Premier Sports 2

420 552

6.00 AM **Top 14 Rugby Union** A rerun of Bayonne v Toulon.
8.00 **Brasileiro Serie A** A chance to see Corinthians v Flamengo.
10.00 **United Rugby Championship** Glasgow Warriors v Sharks.
12.00 NOON **GP Confidential**
12.30 PM **United Rugby Championship** Another chance to see Zebre v Edinburgh.
2.30 **LaLiga** Another chance to see Atlético Madrid v Real Madrid.
4.30 **URC in 60** The opening round.
5.30 **LIVE United Rugby Championship Stormers v Ospreys.** Coverage from DHL Stadium. Kick-off is at **6.00pm**.
8.00 **LIVE United Rugby Championship Dragons v Sharks.** Coverage from Rodney Parade. Kick-off is at **8.05pm**.
10.30 **Temples of Sport**
11.30 **LaLiga** Osasuna v Getafe.
1.30 **to 6.00** AM **United Rugby Championship**

Sky Sports F1

407 407 516 506 424 444

6.00 AM **F1 Features**
8.05 **LIVE F1 Academy** Coverage of the practice session in Singapore.
8.55 **F1 Features**
10.00 **LIVE Formula 1** The Singapore Grand Prix opening practice.
11.55 **LIVE F1 Academy** Coverage of qualifying from Singapore.
12.40 PM **F1 Features**
1.45 **LIVE Formula 1** The Singapore Grand Prix second practice.
3.15 **The F1 Show** A look ahead.
4.15 **Formula 1** Singapore Grand Prix.
5.30 **The F1 Show** A look ahead.
6.30 **Formula 1** Action from 2024.
7.30 **Formula 1** The Singapore Grand Prix practice sessions.
10.00 **The F1 Show** A look ahead.
11.00 **Formula 1** Action from 2024.
12.00 M'T **The F1 Show**
1.00 **to 6.00** AM **The Home of F1**

SKY SKY STREAM VIRGIN HD FREEVIEW HD FREESAT HD FREELY EE HD

KIDS WATCHLIST

Great shows for young viewers (from tots to teens) on linear TV and streaming

tv+ The Sisters Grimm

Available from Friday, Apple TV+

Based on the fantasy adventure books by Michael Buckley, this new animated series features a pair of orphaned sisters who are descended from storytellers, the Brothers Grimm. Daphne and Sabrina Grimm find themselves in a town that appears to be torn straight from the pages of a book of fairytales, as they investigate the strange mystery of what happened to their parents.

The series blends fantasy, discovery and adventure, with important lessons for all ages.

sky Kids Pip and Posy's Spooktacular Party

Available from Thursday, Sky Kids

Best friends Pip and Posy team up with their pals for this one-off autumnal Halloween celebration, which is available to stream on Sky Kids from Thursday.

When the pair both turn up dressed as witches for a friend's Halloween party, it all gets rather competitive – and more than a little scary when the power cuts out and everyone thinks they've spotted a ghost... Boo!

More great shows to watch this week...

Scooby-Doo Takeover

From Wednesday, Boomerang

With the spooky season upon us, there's no better way to get in a ghoulish mood than joining the Scooby-Doo gang as they take over Boomerang in October, with back-to-back episodes and new movies.

Buffy the Vampire Slayer

Seasons 1-7 available now, ITVX

With just a few weeks to go until Halloween, you might have enough time to watch all seven seasons of the 1990s supernatural teen drama.

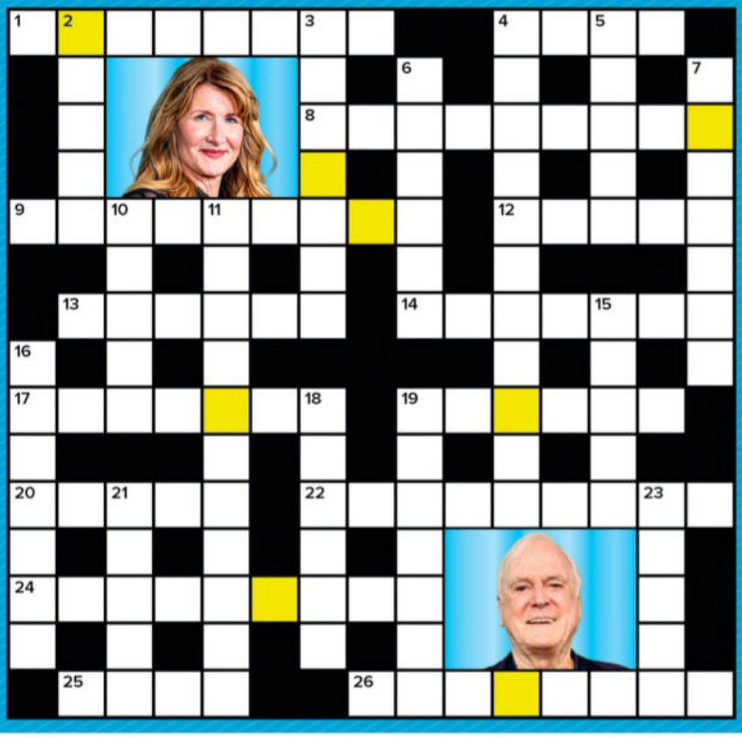
The Football Academy

Mon-Fri, CBBC & iPlayer

The documentary follows young aspiring footballers at the Tottenham Hotspur Academy. All episodes available on BBC iPlayer.

CROSSWORD

Solve the clues in our just-for-fun crossword puzzle and re-arrange the shaded squares so the letters spell out the name of an English actor (4,4). Answers at the bottom of the page – no cheating!



ACROSS

1 Nathalie --------, actor who starred as Missandei in *Game of Thrones* (8)
4 Sky sitcom starring Rupert Grint, ---- *Note* (4)
8 Looney Tunes feline who pursues Tweety (9)
9 Old C4 soap that starred Anna Friel (9)
12 Surname of former child-star twins Mary-Kate and Ashley, ----- (5)
13 Hit 2008 Beyoncé album, *I Am... Sasha* ------ (6)
14 *Baywatch* and *Epic Movie* actor, Carmen ------- (7)
17 Starred as Patsy Mount in BBC1's *Call the Midwife*, ------- Fennell (7)
19 *The* ------ *Game*, 1992 Neil Jordan film (6)
20 1990 Tom Hanks comedy film, *Turner &* ----- (5)
22 *Brief* ---------, classic 1945 romantic-drama movie starring Trevor Howard and Celia Johnson (9)
24 See picture clue: Star of 1993's *Jurassic Park* (5,4)
25 ---- Bunny, Warner Bros cartoon rabbit (4)
26 BBC sitcom that starred Zoë Wanamaker (2,6)

DOWN

2 Stephenie -----, author of the *Twilight* novels (5)
3 Star of Prime Video's *Mr & Mrs Smith*, Maya ------- (7)
4 1963 Beatles hit (3,5,3)
5 Star of 1984 film *Gremlins*, Phoebe ----- (5)
6 See picture clue: *Fawlty Towers* co-writer and actor, John ------ (6)
7 ------- Coyle, Mr Bates in *Downton Abbey* (7)
10 ----- Oyl, Popeye's long-time girlfriend (5)
11 American reality television show, *Keeping up with the* ---------- (11)
15 Christopher Nolan movie released in 2020 (5)
16 Played Marcus Brody in two *Indiana Jones* films, ------- Elliott (7)
18 *This Morning* co-presenter, Cat ------ (6)
19 ------- Rebel, English rock band with Steve Harley (7)
21 AJ -----, TV presenter and ex-*Strictly Come Dancing* contestant (5)
23 Iconic swashbuckling actor portrayed by Jude Law in 2005 film *The Aviator*, ----- Flynn (5)

CROSSWORD SOLUTION

ANSWER: Mark Addy **ACROSS:** 1 Emmanuel, 4 Sick, 8 Sylvester, 9 Brookside, 12 Olsen, 13 Fierce, 14 Electra, 17 Emerald, 19 Crying, 20 Hooch, 22 Encounter, 24 Laura Dern, 25 Bugs, 26 My Family. **DOWN:** 2 Meyer, 3 Erskine, 4 She Loves You, 5 Cates, 6 Cleese, 7 Brendan, 10 Olive, 11 Kardashians, 15 Tenet, 16 Denholm, 18 Deeley, 19 Cockney, 21 Oduduu, 23 Errol.

WORDS: LYNETTE BRIGHTON. PHOTOS: SHUTTERSTOCK, APPLE TV+, SKY KIDS, BBC.

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Recycle

Coming soon

Jamie Bell as Niall and Richard Gadd as Ruben

Half Man

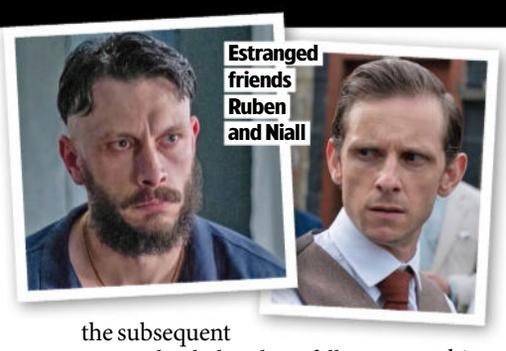
FIRST LOOK

Jamie Bell and Richard Gadd star in an emotive drama

BBC1's powerful series *Half Man* follows the tumultuous reunion of two estranged friends after years apart.

The six-part drama, which has been filmed in Glasgow and airs next year, is penned by *Baby Reindeer*'s Richard Gadd and sees him as Ruben, who was once as close as a brother to Niall, played by Jamie Bell.

But their reconnection results in a shocking moment of violence, and the truth about their complex relationship is examined as we discover how they met during their difficult teenage years in the 1980s, and the subsequent events that led to them falling out.



Estranged friends Ruben and Niall

TOP TEAM

While Stuart Campbell portrays the younger Ruben and Mitchell Robertson portrays the young Niall, Neve McIntosh is Niall's mother, Lori, and Marianne McIvor is Ruben's mother, Maura.

'I am delighted I will be playing Ruben alongside the incomparable Jamie Bell,' says Gadd. 'When I wrote the show, I did it with him in mind, never thinking for a second we would manage to land him. So I could not be happier for everything that has come to pass in getting him on board. He is one of the greatest actors of his generation.'

'I'm so excited to join this incredible creative team,' adds Bell. 'Richard has once again crafted something poignant and singular. I'm honoured to have been asked to bring this to life with him.'

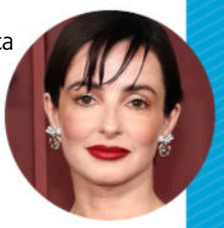
WHAT'S NEXT FOR...

Alexandra Roach

The actor will headline C4's thriller **Hunting Alice Bell** as Fran, who, along with several other women, is accused of being the titular accomplice to a murderous anaesthetist. But who is the real Alice?

Laura Donnelly

ITV1's crime drama **The Dark**, based on GR Halliday's novel *From the Shadows*, sees the actor as cop Monica Kennedy, who hunts for a killer after a man's body is found in the Scottish wilderness.

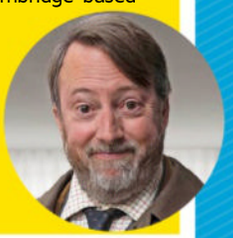


Michael Socha

In C4's action-packed drama **Deadpoint**, the actor will play an ex-soldier who leads a far-right extremist group that causes ructions in the Welsh mountains. With Callum Scott Howells and Christine Tremarco.

Coming Back

Filming is under way on the second run of BBC1's **Ludwig**, starring David Mitchell as the Cambridge-based crossword setter-turned-sleuth. Mark Bonnar joins the cast as a newspaper editor, along with Sian Clifford as a local MP.



Next week

On sale Tuesday 30 September

The Woman in Cabin 10

Keira Knightley's journalist turns sleuth in Netflix's thriller.

The Celebrity Traitors

Claudia Winkleman heads back to the castle in BBC1's spin-off.

Film Club

Can Noa (Nabhaan Rizwan) and Evie (Aimee Lou Wood) find romance in BBC3's comedy?

Frauds

In ITV1's drama Jodie Whittaker and Suranne Jones play con artists reuniting for a heist.

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WORDS: CAREN CLARK. PHOTOS: BBC, GETTY, ITV, NETFLIX

TV&Satellite week

121-141 Westbourne Terrace, London W2 6JR
Email tv&satweek@futurenet.com
For subscriptions inquiries, call 0330 333 1113
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Printed by Walstead UK Ltd

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Future plc is a public company quoted on the London Stock Exchange (symbol: FUTR)
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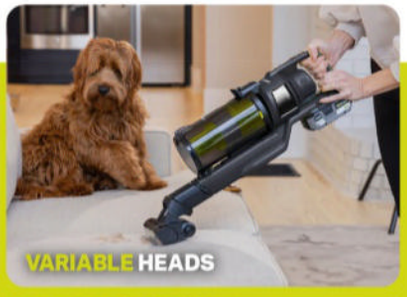

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